

# The Sanjio

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Drake Dowell, Jonathan Constantine, Jessie Helm, and Jared Clayburn in an intense volleyball match.

## Can't stop the fun

Livvy Knott // Editor

### Wind, waves, and cool temperatures can't spoil School Picnic

The 8th of September dawned cold and blustery as Andrews Academy students were bussed to Warren Dunes State Park for a day at the beach. As is the custom about this time every year, a school day is set aside for leisure and play. As is not customary, the day was especially cold and windy, producing

shivering, sweaters, and groups of huddling students.

New to this year's beach day was the greased watermelon competition, in which classmates competed to retrieve a Crisco-covered watermelon from the foamy waves. The winners of these contests (boys and girls were separate) were Jonathan Constantine and Julia Westfall from the freshmen, Zachary Randolph from the sophomores (their girls called it a draw), Jeremy Faehner and Christina Cribari from the Juniors, and Jared Clayburn and

Emilie Pichot from the seniors.

Quite anticlimactically, the final stage of this competition was cut short due to hazardous conditions. Teacher Thomas Baker reports that a park ranger approached him and asked that the students get out of the water because of the dangerous rip currents present. To stress the danger, the ranger informed Baker that a dead body had been found washed ashore on a beach farther north, somewhere in St. Joseph.

(see BEACH p3)

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# Soccer and Jesus

Livvy Knott // Editor

The most significant thing that happened to me during senior class trip was that I experienced a dramatic shift in life philosophy.

I now love soccer.

Maybe you don't understand how revolutionary this is. I have gone my entire life—right up until about 10 pm on September 22, 2010—absolutely hating soccer.

It wasn't that I hadn't been exposed to the sport; my dearest friends all love soccer and have played on teams together. I've gone to their games and supported them and been impressed with their skill. But me? Soccer? No, no. Definitely not.

This was the only sport in which I was still afraid of the ball. I couldn't wrap my mind around the

idea of controlling something with my feet. And oh how tiresome it seemed to run back and forth and back and forth for an entire game with a final score of something like 0-1 to show for it. On the days that I didn't passionately hate it, I was indifferent. Soccer was silly, I decided.

Then I played.

Wednesday night of class trip, all the boys were playing soccer in the concrete arena. Appropriately, all the girls were watching from the sidelines. Eventually, the boys got tired and headed off for the sauna, leaving a few of the more adventuresome girls to jump into the arena and demand to play. It was the strangest thing, because I found myself jumping into the arena demanding to play. I found myself playing. I found myself throwing my heart and soul into the game, and running and screaming in delight and frustration (as girls often do); and I found myself having a fantastic time.

And now I love soccer. I'm not scared of the ball anymore, and handling something with my feet is delightfully challenging. And oh the glory of each precious goal, after laboring so hard for it! What had I been thinking my whole life? I guess now I understand.

The same thing happens with us and God. There are so many connections that I'll leave you to draw on your own, but don't miss this: A lot of us will—at the very least—be indifferent toward Jesus Christ until we experience Him. And when we do, we'll be wondering what we were thinking our whole lives; because He is irresistible, and we will surely fall in love.

It's not that if you don't experience Jesus, you are a bad person. That's not it at all. I'm just saying, you're really, really, really missing out.

# Vespers: Taking worship to the extreme

Lifase Bilima // Newswriter

Andrews Academy is known for its spiritual programs that are incorporated into school activities such as class vespers, SA vespers, NHS vespers, or even Satellite. But what is our true motivation to attend such programs?

Cole Hill, a junior, said, "I attend to see friends, hear music, and sometimes to eat."

Joyce Yoon, a senior, said, "I attend vespers for two reasons: one, to keep the Sabbath and learn more about God; two, it doesn't hurt to see my friends."

Jasmine St. Hillaire, a junior, said, "I attend vespers/Fusion because of the music, but I only attend if my friends are going. But when I'm there I try to get something out of it."

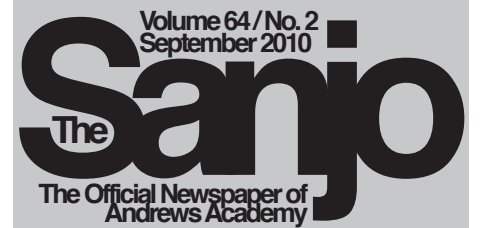
A quick survey of the 8:00 Newswriting class indicated that they attend vespers for the social part of it as well. The more I asked this question, the more it came to my attention that the majority of students attend vespers just to socialize. Now, there is nothing wrong with attending vespers for the social aspect, but it seems like people are taking socializing to the extreme. Is it not time to take the worship aspect to the extreme instead?

As a junior at AA, I have noticed certain groups of people in the audience. You have the texters, the talkers, the couples, the people who can't sit still, the ones who just have to stay outside the chapel and talk, or even the people who just attend because of the free food. It seems

as if no one is there to receive a blessing.

It wasn't until my sophomore year that I asked myself what I was gaining from vespers through socializing to the extent that I missed the spiritual message. Perhaps it's time for some of us to change our mindset and how we act when we attend vespers. One thing that we should notice is that if we attend vespers with the mindset of simply socializing, we will miss the blessing that God has in store for us.

What if the texters put their phones down, the talkers start listening, the couples start focusing on what's going on, the people who can't sit down actually sit down, the people outside actually come inside, and the



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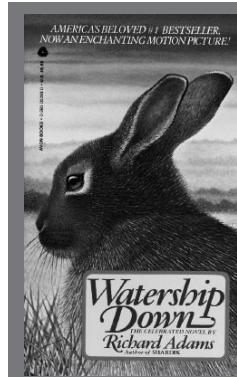
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free-food people come not only for that but for the vespers? If we just do that, it will be a different audience than you have ever seen at vespers here at AA. We will receive more of a blessing than ever, and we will not only see a change in the vespers but perhaps a change in us.

Let's take the worship aspect to the extreme this year and still have fun socializing. Only then will we see what God has been storing up for us.



## Watership Down: Much More than Rabbits

Emilie Pichot // Newswriter

I never thought I could get emotionally attached to rabbits. Much less rabbits that are merely characters in a book. But, that's just what they are: characters. They are, as English teachers would say, personified. They speak, obviously, yet they're much more human than that. They have consciences, seek a better society, fight their evil enemies,

and know right from wrong.

The author, Richard Adams, created Watership Down after the advice of his two young daughters who had been listening to his story every morning during the car ride to school. The story follows two particular rabbits, Hazel and Fiver, on their journey to find a better warren to live in. They and their companions, meanwhile, encounter other warrens that are unhappy and strange.

Watership Down can be considered both fantasy and political allegory. Fantasy, because obviously rabbits do not naturally speak and think. But more interestingly, political allegory because Adams refers to several different kinds of governments and suggests the importance of listening to the wise or prophets.

The governments Adams refers to includes a communist society - the leader has complete control over his warren and often uses violence - and a socialist society - the rabbits are all equal to each other but are in denial of the dangers surrounding their warren - to contrast with Hazel's democratic style of leading his troupe of rabbits. He makes good decisions for the benefit of the other rabbits and was chosen as their leader.

Adams advocates listening to the wise or prophets because that is what inspired the rabbits in the first place to leave their warren and search for a safer one. They also have a "god"-like figure called El-ahrairah, whose legends and stories are retold to help the rabbits get out of trouble. One example

is when Hazel suggests making friends with other friendly animals to form diplomatic relationships, then another rabbit reminds him that, "El-ahrairah did it once..." and goes on to tell a story of when El-ahrairah used other animals to make a spy look like a fool at crucial trial.

Despite their human-like characteristics, the author maintains their rabbit nature, creating an interesting and engaging fantasy tale. The rabbits still are very much animal: they're not romantic, their goal is survival, and their instincts often beat their brains. Nonetheless, when I had finished reading I missed them just as I have missed human characters in other books.

# BEACH

(continued from cover)

One of the more traditional beach day events is the tug-o-war, though this year's results were shocking. Incredibly, in the very first round, the freshmen defeated the seniors (some claim due to the absence of seniors Brock Vance and Jessie Helm). Though a few rumors have circulated indicating junior involvement, all accusations have been denied—except reports against teacher and freshman sponsor David Sherman. "I tell you what," said Sherman when questioned, "I saw that the Freshman were losing, so I just reached over and gave a little tug, and the next thing I know all the seniors are on the ground." The final outcome proved the juniors the ultimate victors.

The volleyball tournament—another norm of beach day—was a big draw for participants and those who were simply too cold to do anything but curl up and watch. The winning team included Jared Clayburn, Drake Dowell, Brock Vance, David Regal, and Cristina Perez—all seniors.

Another customary event was the waterballoon toss, won by Grace Coburn and Livvy Knott.

The sophomores took

the prize for the sand sculpture competition by shaping a pair of shoes. SA sponsor and teacher Richard Wright said that their sculpture was "unique and well done." Principal Cleon White was impressed with the level of class involvement.

"A good time was had by all," says senior Scott Snowden. Similar positive comments were shared by many students.



Yankun Li practices soccer dancing.



Rachel Brantley, Cristina Perez, Andrea Barton, Cody Wales and others huddle to keep warm.



"What had happened was . . ." explains Brock Vance.



Aaron Keiser and Daniel Szucs. We promise no one was dune jumping, Mr. White.

## Special assembly probes limits of first amendment

Givan Hinds // Newswriter

The Andrews Academy student body assembled in the chapel on Thursday, September 16, at 10:15 for a special celebration of the signing of the United States Constitution. The speaker, Mr. Brent Geraty, is an Andrews Academy alumnus and holds a Bachelor and a Masters degree in history from Andrews University, as well as a law degree from Yale University. He now works as a professor at Andrews University.

Geraty's presentation consisted of a video clip, an interactive discussion with the students regarding various current issues, and a question-and-answer period. The video clip provided facts about the Constitution, as well as a brief description of the men who signed it. Geraty was proud to point out that the signers of the Constitution were lawyers. He suggested that lawyers are the "heroes of the U.S."

Many students participated in the Q&A, taking on challenging questions that Geraty posed about certain legal dilemmas and by asking questions about the rights and freedoms made available to Americans through the Constitution.

The major points of the

conversation held after the clip focused on the issue of freedom of religion. Naturally, the issue of the pastor in Florida, Terry Jones, who planned to burn the Koran on 9/11 was part of the discussion, as was the issue of a mosque being built next to the site of the World Trade Center towers. Several students voiced their opinion about the matter, some suggesting that although Muslims have the constitutional right to build, to do so is insensitive.

A brief Q&A period followed the discussion, in which students asked Geraty several legal questions. The last question posed to Geraty was:

"What do you think will happen to America in the next five years?" Geraty responded that he believed America would not change much in five years, because it would require too much too soon, to make a large-scale shift of any kind in such a large country. He pointed out that it was the framers' intention to make the Constitution difficult to change or amend – and for good reason.

The Constitution Day assembly proved to be an informative experience, and the student body came away with a better understanding and appreciation for the rights expressed in our nation's Constitution.



Brent Geraty addresses students during special Constitution Day assembly.

## OCTOBER

- 4-8 Week of Prayer
- 4-8 2014 Nominations
- 11 Columbus Day
- 12-15 School Spirit Week
- 12 SA Bowl
- 13 PSAT
- 15-16 Alumni Weekend
- 16 Shyde Poke
- 22 SA Vespers
- 24 ACT
- 24 Jr/Sr Banquet
- 25-26 Parent/Teacher Conferences
- 28-30 Bell Choir Clinic
- 29 Class Vespers

### (BIRTHDAYS)

- 1 Samantha Porter  
Hayley Lofthouse
- 5 Jessica Thomas
- 6 Shelly Grellmann  
Lauren Bacchiocchi
- 15 Ngai Wong
- 17 Jared Clayburn
- 21 BJ Cress  
Jessica Yoong
- 23 Robert Benjamin
- 24 Chelcie Coleman  
Aaron Keiser
- 28 Kundani Makimu
- 30 Jiwoo Seo

# Seniors return to childhood

Emilie Pichot // Staff Writer

## Big, 'bad' upper-classmen take time to play

Every senior class has a class trip. This year's senior class, the class of 2011, went to Portage Lake Camp in Onekama, Michigan. The class trip allows the "old" students of Andrews Academy to be young again and rekindle relationships amongst each other for the year ahead. The itinerary was set up accordingly. Several games and activities were planned to promote child-like fun and to build memories.

On the first full day the class separated into groups to participate in the high ropes course. The camp workers emphasized that different people are challenged by different things to remind us to be sensitive to each other's nerves. But

despite a few traffic jams and nervous yelps, all went smoothly and everyone came down the zipline safe and proud. Many were soon to be reminded of this adventure the next day with aches and pains and several bruises.

The second day was designated "Community Service Day." Groups of seniors helped the camp workers in different tasks like wood splitting, trimming overgrowth on trails, gathering wood, and tearing down a fence surrounding a tennis court, among other things. The seniors enjoyed helping the camp workers, but when all was finished they were glad to go back to playing.

On the third day, everyone left for Sleeping Bear Dunes and looked sleepy themselves. They picnicked on grilled hot-dogs, and Michael Thompson and Emilie Pichot were pre-

sented with three cupcakes and a celebratory "Happy Birthday," while friends stole the cupcake decorations. The beautiful dunes inspired some brave ones to run down an almost vertical dune and slowly crawl their way up while the less brave perched on the top and made sand art.

The last day was reserved for the "educational segment" required for the trip, so the troupe headed to Muskegon and visited the Great Lakes Naval and Memorial Museum, which exhibits the USS Silversides submarine that ranks third highest in amount of tons sunk during World War II. The museum allows its visitors to tour the submarine freely to get a feel for what it was like. Many students were fascinated with the submarine but felt that the toilets were too cramped and the sleeping quarters too cozy.

Throughout the trip many

students spent their free time playing several games. Whether it was the quite pointless but hilarious "Headmaster," the long and suspenseful "Mafia," quick carpetball, ping pong, a ball game in the gym, skate boarding, or tubing behind Mr. Wales' speed boat, everyone enjoyed being like kids again.

During the evening there was a small worship and song service. Every morning, noon and night present more delicious food at mealtime (despite the fact that the cook had, surprisingly, never cooked vegetarian before!). Only two injuries occurred: Alex Swensen fractured his ankle in two places while skate boarding, and Kyle Xu cut his eyebrow after taking a soccer ball to the face. After every wet and cold situation, students gathered around a campfire with s'mores or snuggled in the dry sauna that smelled of cedar wood.

The opening evening, David VanDenburgh—one of the sponsors along with Carrie Chao and John Reichert—shared that this was his first senior class trip in seventeen years. He went on to say that he felt the class of 2011 much more mature and capable of making the trip memorable than he was on his class trip. On that note, the class may be more mature but certainly acted like children again for on the last day, right before departure from the camp, children stories were being read aloud and the crowd surrounding the reader kept on growing.



Students lounging during picnic lunch near Sleeping Bear Dunes.

## Bad weather + great people = good times

Elaine Kamvazaana // Newswriter

This year's SA Campout took place September 10-12 in Muskegon, Michigan. Friday kicked off with beautiful weather as students pitched their tents and ate the greatest grilled cheese sandwiches ever (thanks to Mrs. Patty Banks). Yves Clouzet, the speaker for the weekend, spoke about "Standing up for Christ because we are the future."

Saturday morning, the group awoke to rain, which continued throughout the day. After church they hiked down to the beach to see something that has never happened in all the SA Campouts of AA: sophomore Yejin Kim committed herself to Christ and was baptized by her father in Lake Michigan. After the baptism, everyone enjoyed a cake brought by Mrs. Kim.

The Sabbath afternoon

activity was canoeing. Although it was raining, people were still eager to go. Junior Melody Collins said, "My favorite thing about the trip was canoeing!"

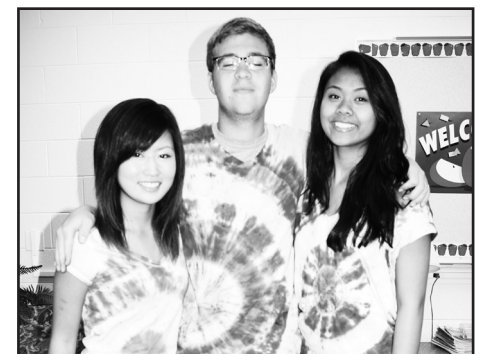
After Clouzet closed Sabbath, the group hiked down to the beach and played capture the flag. "I enjoyed capture the flag," said senior Jared Clayburn. Sophomore Noel Harris said, "I really liked capture the flag in the nighttime, with all the neon colors and tiki torches." After the game, students warmed up to a nice fire and s'mores, told some stories, and were able to get to know each other which junior Shane Glassford enjoyed.

The camp buzzed with nighttime activities as some of the students played Chubby Bunny, Dutch Blitz, other card games, or just sang around the

camp fire. Freshman Brenden Mutz said, "I enjoyed hanging out with friends and meeting new people." Meeting new friends is fun, but getting to know old ones is even better to junior Sergio Francisco, who said that he liked the nighttime "bonding."

SA Campout was a good opportunity to fellowship with others and get to know the school better, according to freshmen Cavan Miller and "Jonstantine" (Jonathan Constantine). On this trip, students became not only friends but a school family. "SA Campout was a great experience, but nothing beats sleeping in a tent with nine to eleven guys," said Callahan Wales. SA Campout brought students closer to each other and to God. Bad weather was no match for great people.

## Senior Spirit Week



Mayu Kumarocho, Ray Ulrich, and Rachellynne Brantley on "Dress like a friend" day.



Dr. Niels-Erik Andreasen presents at Senior Convocation.

# Energy drinks: the price you pay

Alex Swenson // Newswriter

## A can of Monster might cost more than pocket change

Energy drinks, the popular teenage energy supplements, could be hazardous to your health.

Marketed as an essential drink for an active lifestyle, energy drinks such as Red Bull, N.O.S., Monster, and RockStar are a common form of soft drinks advertised to boost energy. They do not provide energy in the form of calories but instead contain large amounts of stimulants and herbs. A quick source of energy to keep you awake a few more

hours, or to help jump-start your morning, might seem like a convenient solution. And many users report increased alertness, more energy, better performance in sports, faster ability to think, and even feeling better about themselves. With energy drinks so freely available, on a long day, teens will consume three or more to keep up the pace.

There is a price to pay, however. Besides the extra alertness and good feeling you get, there are several side effects.

The high amounts of stimulants and sugar in these energy supplements are shown to give users a 'buzz' of sorts, meaning users get an effect similar to that of amphetamines

or alcohol. This effect can become extremely addictive, and when your body runs out of the new energy source you crash. Think of your body as a car going down the road. When the energy drinks are introduced to your system, your body kicks it to high gear and goes full speed straight through your day, never slowing down to rest. When this energy source is used up, it's as if you are taking a corner at 150mph. You will crash.

Besides the addicting and crashing effects of energy drinks, there is a much more serious concern. The FDA limits caffeine contents in soft drinks to 71 milligrams per 12 fluid ounces. Energy drinks, however, are marketed as

dietary supplements, meaning, the FDA does not review or approve the products before they are marketed. By comparison, energy drinks can contain up to 400 milligrams of caffeine per 12 fluid ounces. This means that it is actually possible to overdose on the stimulants in energy drinks the same way as you could on any drug. The results of which can be deadly.

Several bad reactions to energy drinks have been reported to U.S. poison control centers. From 2002 to 2004, 41 cases of caffeine abuse from caffeine-enhanced beverages were reported. In the year 2000, Ross Cooney, 18, from Ireland,

(see DRINK p6)

# From Germany with love

Jaeyoung (Nancy) Lee // Newswriter



His name is Tobias Os- enau. He is tall, has curly blond hair, wears a friendly smile and, often, a plaid shirt and jeans. His favorite American food is "hay- stacks". His favorite subject is history, and his favorite color is blue.

He came to America to improve his English skills and to have new experiences. When he has free time he says he most likely spends it with his friends. He misses his family and friends, but he really misses going out when he wants to go because there are no shopping malls near his American home, and he

has to wait until his guardian has time to take him shopping.

In Germany his house is located in a suburb of the city of Cologne so he can go to the center of the city without a car. While he is in America he wants to visit Willow Creek, an evangelical church in Chicago.

Tobias's father is a controller, someone who analyzes the money spent and the money earned in a business. Then he organizes the information so others can use it to help the business grow. All of his family is Seventh-day Adventist, so he chose Andrews Academy. He

got some information about Andrews Academy from books and his parents.

His favorite things about Michigan are the lakes. He says, "Lakes in America are beautiful." And his favorite thing about Andrews Academy are friends. He says, "Students at Andrews Academy are friendly." About his school days, he says "It is good, but a little hard because they have a lot of writing and English." Almost everything in America is really interesting to him because it is new for him. Tobias likes Andrews Academy and America.

# Long-time homeschool student adjusts to AA

Jasmine St. Hillaire // Newswriter

After ten years, junior Hannah Baxter has decided to depart from a life of homeschooling and immerse herself in studies at Andrews Academy. So far, she says, she is enjoying Andrews Academy and making friends slowly yet surely.

Being taught by her mother through elementary, and teaching herself throughout her high school years, Hannah says is much different from being at AA. She said that the classes at Andrews seem easier. A lot of that has to do with the fact that the timing is different, she said. When homeschooling, a lot more is accomplished in a shorter amount of time. Rather than spending days doing homework and every once in a while a test, Hannah would spend very little time on homework and do her tests right away.

It might seem that some-

one would have difficulty focusing in the classroom when accustomed to working alone but, on the contrary, Hannah is an auditory learner and has no problem zoning in to what the teacher is saying. She also thanks her homeschooling for helping her develop strong studying habits.

Hannah Baxter planned on attending Andrews partly because her sister, Sarah Baxter, enrolled and because her previous homeschooling co-op changed their statement of faith. What once used to be available to all Christians, and anyone who believed in a creator, was limited to those who believed in "eternal damnation," not accepting anything other than the bible as truth - i.e. Ellen White. Those restrictions and others prompted Hannah and her family to take a stand for their faith.

Being at Andrews Acade-

my has required some social adjustments as well. "It's different seeing people everywhere you go," Hannah said. When Hannah was homeschooling, her social network consisted mainly of those at her church, Stevensville SDA. She describes her relationship with her friends there as "close knit." Now, her social circle has expanded. Hannah also mentioned that the worship styles are slightly different than the more traditional style she is accustomed to.

Hannah has always been interested in politics, so naturally she took the challenge of running for class office as president or vice president. She took a unique approach by saying, "There is a bigger and different world out there, and there is more than what we get classed into. I want us to be exceptional instead of ordinary people."

Hannah didn't win, but she did get recognized with her campaign poster and the motto "rebelution." She made it clear that she'd be running again next year.

Hannah is prepared to take on new experiences, facing the challenges with an open mind and a positive attitude. She is confident and ready for Andrews Academy.



# Facebook and your future

Celeste Herrera // Newswriter

## Privacy? It ended with social networking sites

The headline reads, "Teenager uses Facebook to invite friends to her 15th birthday party and gets 21,000 RSVPs."

Rebecca Jevleau from Herfordshire, England, posted her birthday party invitation on Facebook but forgot a minor detail: to uncheck the little box that says, "anyone can view and RSVP," before clicking on "create event." One would think that the private affair feature should be on by default in any event posted. Unfortunately, nothing is private on the web, especially on Facebook.

Users do not realize that everything posted on Facebook can be seen around the world, posing serious privacy risks.

A family in Missouri posted a family Christmas photo on Facebook and later found out through a college friend that their photo was being used as advertisement in a grocery store in Prague, Czech Republic. Mario Bertucio, the storeowner said he took the photo from the Internet not knowing it belonged to a real family. Odd, but people will steal not only photos but also any information posted.

People feel free to express in words and photos what they feel and think. This has caused serious situations for many.

An employee of a nursing home in Minnesota was fired for posting pictures of herself and patients because it violated the home's privacy policy.

Jason Brown, a firefighter and paramedic, created and posted a video clip with a cartoon doctor and a paramedic responding to an emergency at the hospital. He thought it was funny but his department felt insulted by the video clip and fired him.

A high school teacher in Georgia was fired for posting pictures of her drinking beer and wine, although these pictures were taken during her summer vacation at the Guinness Brewery in Ireland.

These cases illustrate the potentially serious results of posting personal information to Facebook. In most cases, users had no idea they would get in trouble for posting their personal photos or videos on Facebook.

Yet, there are users who feel brave enough to post insults, foul language and pornog-

raphy, blatantly inviting trouble. Additionally, there are stalkers that use Facebook to aggravate and bully others. Many take advantage of the impersonal nature of cyberspace to say things they would not be able to say to someone in person.

Still, some are trying to be careful with what they post on Facebook.

The sidebar to this article includes two interviews with Andrews Academy students about their experience with Facebook.

*The following is an interview with senior Alex Swenson (AS).*

**S:** Do you use a Facebook account?

**AS:** Yes, I use it every day.

**S:** Do you think Facebook is safe? Why?

**AS:** It depends. It can be safe if you know how to use it. Blackmail or spread rumors about your boss in your Facebook and you can get fired for what you have that's inappropriate there.

**S:** Have you seen inappropriate things on Facebook?

**AS:** Yes, sexually suggestive remarks, suggestive photos, threats and gossip.

**S:** Do you post inappropriate things on Facebook?

**AS:** I try not to. I sometimes gossip but I try to stay out of other people's drama.

**S:** Do you know the consequences for doing that?

**AS:** Yeah, one of them is your mom viewing your Facebook. Another, is your friends might see what you posted about them or their friends and get upset.

**S:** How do you feel towards posts on Facebook?

**AS:** Revenge. People are looking for someone to pity them.

**S:** Why post something in the first place? Is it important to you?

**AS:** Yeah, Facebook is like a public journal. They'll post random things for no reason. People don't need to know what exactly is on their mind.

**S:** Do you think we need privacy? Is it better not to post anything at all?

**AS:** Yes. As said before, your boss looking at your Facebook can think, "What kind of employee do I have?" It's illegal.

**S:** What would you do if you saw anyone close to you post inappropriate things?

**AS:** I tend to go and question them like in biblical terms, etc. I ask them, "Would you like the whole world to see it?"

*The following is an interview with freshman Avia Lowe (AL).*

**S:** Do you have a Facebook account?

**AL:** Yeah, I use it whenever I have time.

**S:** Do you think Facebook is safe? Why?

**AL:** No. I don't think so. There are people wanting to look at your stuff and they can.

**S:** Have you seen inappropriate things on Facebook?

**AL:** I guess. People doing dumb things.

**S:** Do you post inappropriate things on Facebook?

**AL:** No, I don't. My parents would kill me.

**S:** Do you think we need privacy?

**AL:** Yeah, I think so, because you should be able to post something and not have the whole world knowing about it.

**S:** Do you think Facebook can affect your future?

**AL:** Yeah, you can lose your job or upset family members.

**S:** What would you do if you saw anyone close to you post inappropriate things?

**AL:** I would tell them it's wrong. I would be the better influence on them.

The fact that Facebook, like anything else on the web, is not private, even when set as private, puts users in much danger. Information posted can be seen throughout the world, including criminals. Facebook and anyone using it know exactly where people are and what they are doing. Hackers, stalkers and criminals say that much can be deduced by comments, photos, and mood and wall postings. All of this information makes it extremely easy for criminals to take advantage of the unsuspecting.

If people do not educate themselves in this matter, even their lives may be in danger.

## DRINK

(continued from p5)

died after he shared four cans of Red Bull with his friends and played in a basketball match.

Based on the contents of most energy drinks, if you had one energy drink every hour, studies have shown you could easily be in the hospital by the end of the day. And although doctors say death by caffeine is rare, research on the effects of

# Community Service Day



Students proudly display muscles after working hard in their community.



Freshman Emily Sherman with dog at animal shelter.



Aldeana Foster and Samantha Kissinginger restoring window frame.

Facebook founders thought that this would be a better world if people shared a little bit about themselves, but some people may be overdoing it, spending far too much time online and publicizing sensitive information. Even Mark Zuckerberg, the CEO of Facebook, admitted that users of Facebook are "dumb" for putting their life on the website – for him and the world to see.

energy drinks on young people is limited. It is uncertain whether long-term use causes long-term damage, but one thing is for sure: energy drink consumption increases health risks, and studies have shown that the risks outweigh the benefits.



Junior AJ Poole evades senior Ray Ulrich's attempt to pull flag.

# School defeats seniors

Becky Ray // Newswriter

## War paint and a traditional Haka dance couldn't push the Seniors to victory

It was a warm late summer afternoon filled with hope and energy as the School and Senior girls teams took to the field behind Andrews Academy for the annual Senior vs. School Flagball game on Tuesday, September 14, 2010.

The School girls, clad in red and white jerseys, lined up across the fifty yard line from the Seniors who wore glitter and body paint to match their black and bright pink jerseys that Senior Jessie Helm said were cho-

sen because they, "look intimidating."

With much enthusiasm and support from team mates, coaches Dan Jardine for the Senior team and Daniel Reichert for the School team, as well as onlookers, the girls' game proceeded to unfold over the football field. During the first half of the game, junior Christiana Atkins made a touchdown for the School team, with junior Ashley Reichert gaining an extra point. The game continued without any more points being scored for either side, bringing the game to a close with a win for the School team, 7-0. Junior Rachel Gray commented, "It was a really good experience, we learned good teamwork, and we got to be really good friends."

Following the School girls victory, the School and Senior guys teams began the second game. Some players stood out for their mohawks, while others stood out for their skills and speed. And then there was Cody Wales, with his hair sprayed to an eye-catching lavender.

Highlights of the game included a touchdown pass thrown by half-back Brock Vance and interceptions caught by juniors Jeremy Faehner, AJ Poole, and senior Michael Thompson. Brandon von Dorpowski, Andrew Simpson, and Brian Davisson scored touchdowns for the School team, and while the Seniors fought to defeat the lower classmen, the two touchdowns made by Philip Jardine and Michael VanderWaal were

not enough to push them to victory, concluding the game with a score of 27-14. Debbie Weithers said of the School guys team, "They practiced a lot, had a good coach, and you can really tell."

With another loss for the Seniors, the four teams gathered on the field to congratulate each other. Senior Brock Vance emphasized the positive, saying, "The music was hype," referring to the music that was broadcast during the game. "I liked how everyone was having fun. It was like one big party." And indeed it was, as players and onlookers alike sang and danced to the music on the sidelines. Senior Chris Fa'asoa also taught a number of players a traditional Samoan war dance, the Haka. Pleased with the outcome of the game, junior Amante Gonzalez exclaimed, "All we do is win!" Fellow junior Patrick Grzybowski stated, "School rocks!" When asked if he had expected a School win, Patrick replied, "Just a little bit."

Parents Positively Involved (PPI) was present for the hungry spectators and players, selling a variety of foods and drinks. Parent Debbie Weithers commented, "The moms are happy to be out here feeding the kids; we're happy to encourage them in sports and school work." Another PPI member, Soledad Herrera commented, "I signed up because it sounded like fun and we get to be involved in school events."

For all students, parents, and friends involved, the annual Senior vs. School flagball game is a tradition enjoyed and anticipated by many, not only for the game itself, but for the fellowship and fun.



Senior Eric Bates gains a few yards with sophomore Andrew Simpson and junior Patrick Grzybowski close behind.



Junior Brian Davisson, school team quarterback, sets up for a pass.



Apparently, cheerleading has nothing to do with victory for these senior ladies.

# PUT ON YOUR GAME FACE





**President**  
Brian Davisson



**Vice President**  
Hayley Lofthouse



**Pastor**  
Alyson Drew



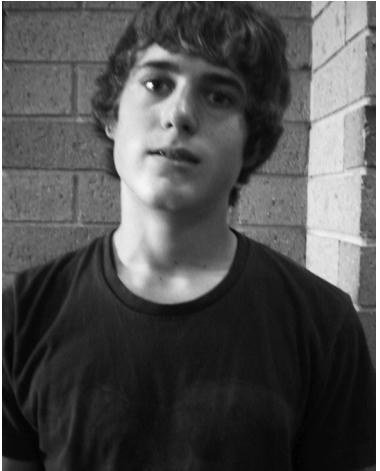
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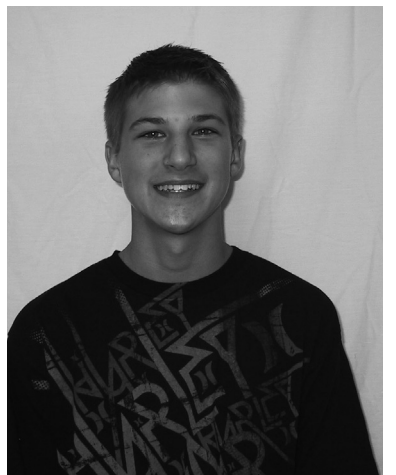
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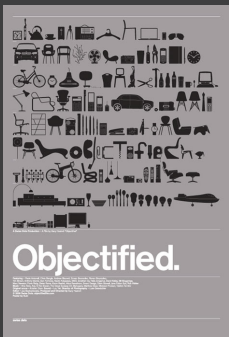
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Katie DeWind



**Representative**  
Shelly Grellmann



**Representative**  
Jordan Mondak



**Scott Snowden // Newswriter**

Objectified is a documentary about our complex relationship with manufactured objects and, by extension, the people who have designed them. The director explores the transition of ideas from the creator's sketchbook to the consumer's everyday life.

The film explores the

everyday objects that people do not pay much attention to, from the toothpick at your favorite restaurant to the car you drive to get there. Everything is designed in one way or another but, in fact, the most well-designed things you own are often times overlooked.

I was amazed at the possibilities that have been set by these groundbreaking designers, being able to shape common items that are usually hidden away into grand pieces of art. These designers were able to use unconventional reasoning to correct conventional problems, creating goods using state-of-the-art technology not to waste a single reusable material, allowing large amounts of items

such as keyboards or chairs to be mass produced.

Though I have viewed this film multiple times, I am still astounded by the amount of information I receive from it. I began looking at manufactured items in a new way, trying to think out of the box in terms of comfort, shape, as well as the possibilities that these Ideas could bring about. Who knows, maybe you're the designer for the next generation? Only time will tell.

If you would like to watch Objectified, the film is currently on netflix instant streaming for those of you with an account.



**NHS Vice President**  
Christiana Atkins

*The Sanjo Staff apologizes for accidentally omitting NHS Vice President Christiana Atkins from the August 2010 issue.*