

THE COUNSELING AND TESTING CENTER PRESENTS...

Psychoeducational Groups

(Class-like Structure)

Substance Awareness

This group experience provides participants an opportunity to understand the impact of drug use on physiological development, social interactions, and academic success. This group is both educational and supportive.

Participants will become more aware of their brain function, and learn how to improve their overall health.

Two Starting Dates: September 16 & November 4, 2014

Tuesdays 11.30—12.30 pm

CTC Conference Room |

Bell Hall, Suite 123

Co-facilitators: G. Ellis & R. Morales

Anger Management

Anger is an emotion we all experience; however sometimes we struggle to cool our fuse. This group experience offers an interesting look on the concept of Anger— How to identify it, define it, & manage it.

Starting Date: October 21, 2014

Tuesdays 11:00-12:30 p.m.

Conference Room | Damazo Hall

Co-facilitators: S. Lewin & O. Brathwaite

Support Groups

Sex, Relationships, and You

This group will explore themes related to sexuality, boundaries and relationships.

Starting Date: October 17, 2014

Fridays 11.00—12.30 pm

Leadership Lab | Student Center

Facilitator: Counselor D. Mitchell

Managing the Cyber world

This group is designed to explore concerns related to Social Media, Online Chatting, Gaming and other aspects of the virtual world.

Starting Date: October 17 2014

Fridays 11.00—12.30 pm

Conference Room | Damazo Hall

Facilitator: Counselor J. Gonzalez

Psychotherapy Groups

Women's Group

Are you seeking intentional growth as you tackle 21st Century Challenges?

Come join us.

Starting Date: October 22, 2014

Wednesdays 9.00—10.30 am

CTC Conference Room |

Bell Hall, Suite 123

Facilitator: Dr. C. Woolford-Hunt

Men's Group

Come explore topics unique to men on sexual identity; sexual concerns; anger & violence; pornography; responsibility; addictions; relationship dynamics and conflict resolution.

Starting Date: October 17, 2014

Fridays 11.00—12.30 pm

CTC Conference Room |

Bell Hall, Suite 123

Facilitator: Dr. C. Denda

If interested, please call to register NOW

SPACE IS LIMITED

GROUPS MEET WEEKLY

Contact Us:  Counseling & Testing Center

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