

# Psychopharmacology for Mental Health Clinicians

ANDREWS UNIVERSITY

Location: Nethery Hall Room 001  
4 hours per session • An Approved Continuing Education Provider

*Description:* Social workers and counselors are often called upon to help clients explore the role of psychopharmacological interventions in the treatment of mental and emotional disorders. These sessions will survey the ways that professional caregivers view the use of medications and provide information on the effects and interaction of psychotropic and mood altering chemicals in the treatment of mental and emotional disorders. Four individual sessions will be offered on various aspects of psychopharmacology. *See reverse side for a description of each session.*



Marcia K. Wiinamaki,  
Psy.D., L.P.C.

**Each NASW approved session will stand on its own and provide 4 CEU's at a fee of \$59.00 for each session.**

## Registration Form

Psychopharmacology for Mental Health Clinicians

Name \_\_\_\_\_

Address \_\_\_\_\_

Email Address (for confirmation) \_\_\_\_\_

Phone Number \_\_\_\_\_

Social Work License # (as applicable) \_\_\_\_\_

Which session(s) will you be attending?

- Session 1: July 7th** (\$59.00) *Register no later than June 29th*
- Session 2: July 13th** (\$59.00) *Register no later than July 7th*
- Session 3: July 20th** (\$59.00) *Register no later than July 13th*
- Session 4: July 27th** (\$59.00) *Register no later than July 20th*
- Discounted rate for all 4 sessions (\$200.00)

This is also offered as a 2 credit academic course: SOWK 475 (undergraduate) or SOWK 675 (graduate)

Contact Admissions: 269-471-7771

Special rates:

- AU registered social work students \$15/session
- AU social work alumni \$30/session

**Payment due upon registration:**

**Total sessions:** \_\_\_\_\_ **at \$** \_\_\_\_\_ **for a total cost of \$** \_\_\_\_\_

- Check (Make payable to Andrews University)
- Credit Card (Visa Only) Name on Card: \_\_\_\_\_  
Number on Card: \_\_\_\_\_ Exp Date: \_\_\_\_\_

*\*In case of cancellation, refunds will be given only up to 5 days before a session*  
This form can be mailed with your check or faxed with credit card information to 269-471-3686,  
or mail completed forms to:

Social Work Department, 4141 Administration Drive, Berrien Springs, MI 49104-0038

**For questions contact: Sue Murray ♦ 269.471.3498 ♦ murrays@andrews.edu ♦ Subject line: SOWK CE**

# **Psychopharmacology for Mental Health Clinicians**

Nethery Hall, Room 001, Andrews University Campus, Berrien Springs, MI 49104-0038

Presenter: Marcia K. Wiinamaki, Psy.D., L.P.C.

**Session 1: Tuesday, July 7, 2009 8:30 a.m.-12:30 p.m.**

## **A Mental Health Clinician's Introduction to Psychopharmacology**

This session will address the mental health clinician's personal attitudes about psychiatric medications; how the mental health clinician may effectively function as a liaison and advocate for his/her client with the client's primary care physician, health-care provider, or psychiatrist; and how psychiatric medications frequently address the actual problem, rather than merely covering up the symptoms of several mental health diagnoses.

Objectives: (1) articulate and understand own attitudes toward psychiatric medications (2) define the role of the mental health clinician's involvement with clients' psychiatric medications; (3) explain and implement how the mental health clinician may effectively function as a liaison and advocate for his/her clients with the client's medication prescriber; and (4) be able to discuss how psychiatric medications may address the underlying physiological and psychological problems of a client.

**Session 2: Monday, July 13, 2009 8:30 a.m.-12:30 p.m.**

## **What Mental Health Clinicians Need to Know about Antidepressant Medications**

This session will address the basic brain anatomy and physiology; the basic mechanisms of action of the major types of antidepressants; specific information on each of the major antidepressants; and how to determine which antidepressant to recommend.

Objectives: (1) demonstrate a basic understanding of brain anatomy and physiology; (2) be able to articulate the basic mechanisms of action of the major types of antidepressants; (3) describe specific characteristics of each of the major antidepressants, including dosages and side effects; and (4) determine which antidepressant to recommend to a client's health-care provider based on type and characteristics of that client's depression symptoms.

**Session 3: Monday, July 20, 2009 8:30 a.m.-12:30 p.m.**

## **What Mental Health Clinicians Need to Know about Anti-anxiety Medications and Mood Stabilizers**

This session will address a basic review of brain anatomy and physiology; the basic mechanisms of action of the major types of anti-anxiety medications and mood stabilizers; specific information on each of the major anti-anxiety medications and mood stabilizers; and (how to determine which anti-anxiety medication or mood stabilizer to recommend based on symptoms of anxiety or mood instability.

Objectives: (1) demonstrate a basic understanding of brain anatomy and physiology; (2) be able to articulate the basic mechanisms of action of the major types of anti-anxiety medications and mood stabilizers; (3) describe specific characteristics of each of the major anti-anxiety medications and mood stabilizers, including dosages and side effects; and (4) determine which anti-anxiety medication or mood stabilizer to recommend to a client's health-care provider based on type and characteristics of that client's symptoms.

**Session 4: Monday, July 27, 2009 8:30 a.m.-12:30 p.m.**

## **What Mental Health Clinicians Need to Know about Anti-psychotic Medications and Psychostimulant Medications**

This session will address the basic mechanisms of action of the major types of anti-psychotic medications and psychostimulant medications; specific information on each of the major anti-psychotic medications and psychostimulant medications, and how to determine which anti-psychotic medication or psychostimulant medication to recommend based on symptoms of anxiety or mood instability.

Objectives: (1) be able to articulate the basic mechanisms of action of the major types of anti-psychotic medications and psychostimulant medications; (2) describe specific characteristics of each of the major anti-psychotic medications and psychostimulant medications; and (3) determine which anti-psychotic medication or psychostimulant medication to recommend to a client's health-care provider based on type and characteristics of that client's symptoms.