



THE GRADUATE SCHOOL

Andrews  University

MASTER OF SCIENCE IN NUTRITION & WELLNESS

Welcome to the Graduate School at Andrews University. The faculty, staff, and students of the Nutrition & Wellness Department are pleased that you want to connect with our MS program in Nutrition and Wellness. As the professional market continues to demand higher knowledge and advanced degrees, graduate study is progressively a wise, sophisticated, and practical career move. Our goal is to connect you with comprehensive instruction—including international exposure, personal student-professor interaction, excellent advising, opportunities for research, up-to-date technology education, and an emphasis on the professional enhancement—that will give you the understanding, application, and competitive edge you need to become a leader in your profession.



WHY CHOOSE ANDREWS

Our MS in Nutrition and Wellness is a unique program, and the only of its kind among Seventh-day Adventist colleges and universities. It is a program on cutting edge and meets the growing trends of the nutrition-related professions. In addition to relevant coursework and real world work experience, our MS program offers:

- **INTERNATIONAL EXPOSURE.** Our national and international reputation attracts students from all parts of the world, including Asia, Africa, Europe, North America and the Caribbean. In fact, Andrews University is consistently recognized by *US News and World Report* as one of the top ten campuses for international and ethnic diversity in the nation. Andrews is a place where students and faculty learn from each other and grow in their understanding and ability to work with other cultures and backgrounds. Most of our faculty members have either worked or lived outside the United States, and our alumni hold positions of responsibility in many countries across the globe. This unique combination of students, alumni, and faculty has allowed us to develop a truly global network of business and management skills and scholarship.
- **INDIVIDUAL ATTENTION.** MS students get to know, and work closely with, their real professors. This exposure enriches the learning process, as students are able—and encouraged—to relate and practice their ideas, aptitudes, and education in real and tangible ways.
- **HIGHLY QUALIFIED FACULTY.** Our faculty enrich the classroom with their broad knowledge and experiences, and serve their students by keeping abreast of changes and progression within the professional field. They are as diverse in personality and nationality as they are in their expertise and the types of positions they've held. Our faculty have also conducted seminars and workshops in North America, Europe, Caribbean, Australia, New Zealand, South Africa, and Asia.
- **SUSTAINABLE EDUCATION.** For over a decade, Andrews University has received recognition as one of the top 250 universities in the United States in U.S. World News & Report's Best American Colleges. We educate students to develop superior skills, and to understand not only current knowledge and practices, but also to have the abilities to learn and adapt after graduation.

OUR MISSION

The mission of the Nutrition Department of Andrews University is to prepare dietetic and nutrition professionals for service in church, society, and the world and to influence the community-at-large to affirm the Seventh-day Adventist lifestyle, including the vegetarian diet.

WHAT CAN I DO WITH AN MS IN NUTRITION AND WELLNESS?

Ideally suited for individuals who already have careers and are looking for expanding their services, abilities, or changing focus, the MS in Nutrition and Wellness is a professional enhancement degree. Students from a wide variety of backgrounds may apply to the program. The degree is quite versatile and is extremely useful in a variety of settings including:

- Wellness Centers
- Corporate Wellness
- Physicians' Practice Groups
- Health Education
- Health Promotion
- Private Consulting
- Athletic Clubs
- Teaching
- Community Outreach
- Research

PROGRAM INFORMATION

The MS in Nutrition and Wellness typically can be finished in 3 to 4 semesters. Three options are available for completing the program.

- Option 1: Do a thesis based upon original research.
- Option 2: Non-thesis option that involves a completion of a project rather than a research thesis.
- Option 3: Non-thesis option available only to those planning to seek registration with the American Dietetic Association (ADA). This option includes the completion of a Dietetic Internship that involves 8 months of full-time work in the areas of clinical nutrition, community nutrition, and food service administration. Students who chose this option normally take several additional classes to become eligible for the dietetic internship.

Research may be conducted in the area of fitness, herbal remedies, health promotion, corporate wellness, and other areas of wellness

ADMISSIONS INFORMATION

Applicants to the MS program must submit an Andrews University Graduate Application and meet the general graduate admissions requirements (listed in the Andrews University Bulletin).

- A four-year baccalaureate degree from an accredited American university or senior college, or its equivalent outside the United States.
- A minimum undergraduate GPA of 2.60
- If English is not the first language and/or not the language of instruction in secondary and post-secondary study, a minimum score TOEFL score of 550 on the paper-based test or 213 in the computer-based test, or a MELAB score of 80.
- Complete and submit Graduate Record Examination (GRE) or Graduate Management Aptitude Test (GMAT) scores. No minimum score is required.

CURRICULUM INFORMATION

Core Requirements	20CR
Nutrition & Wellness	3CR
Current Issues in Nutrition & Wellness	3CR
Nutrition & Wellness Programs	2CR
Survey of Marketing	2CR
Exercise Physiology	4CR
Professional Experience	2CR
Research Methods	2CR
Research Seminar	2CR

Suggested Electives to be chosen from:	4-9CR
Theories & Techniques of Counseling	3CR
Nutrition and Aging	2CR
Stress and Weight Management	2CR
Marketing Strategy	3CR
Behavior Modification	3CR

Choose one of the following:	
Research Thesis	6CR
Project	3CR
Internship	8CR

FACULTY

Bennett D. Chilson, Assistant Professor of Dietetics
BS, Union College
MS, University of Nebraska
Registered Dietitian

Evelyn Kissinger, Assistant Professor of Nutrition
BS, University of Tennessee, Knoxville
MS, Andrews University
Registered Dietitian

Winston J. Craig, Professor of Nutrition
BSc, Honors, University of Newcastle
MPH, Loma Linda University
PhD, University of Queensland
Registered Dietitian

Magaly R. Hernandez, Assistant Professor of Nutrition
BS, Andrews University
MPH, Loma Linda University
Registered Dietitian

Peter Pribis, Assistant Professor of Nutrition
MD, King Charles University, Prague, Czech Republic
DrPH, Loma Linda University



connect



SEEK KNOWLEDGE. AFFIRM FAITH. CHANGE THE WORLD.

P	800.253.2874	269.471.3311
W	ANDREWS.EDU/NUTRITION	
E	DEPTNUTR@ANDREWS.EDU	

NUTRITION & WELLNESS

FOR MORE INFORMATION CONTACT:
 NUTRITION & WELLNESS DEPARTMENT
 ANDREWS UNIVERSITY
 BERRIEN SPRINGS, MI 49104-0400
 WEB: ANDREWS.EDU/NUTRITION/MSNUTR.HTML
 EMAIL: DEPTNUTR@ANDREWS.EDU
 PHONE: 269.471.3370
 FAX: 269.471.3485

FOR APPLICATION INFORMATION CONTACT:
 GRADUATE ADMISSIONS
 ANDREWS UNIVERSITY
 BERRIEN SPRINGS, MI 49104-0620
 WEB: ANDREWS.EDU/GRAD
 EMAIL: GRADUATE@ANDREWS.EDU
 PHONE: 269.471.6321 OR 800.253.2874
 FAX: 269.471.6246