



Health Practitioners: Expressions of Interest

Sanctuary Sanitarium is a new growing Medical, Health & Wellbeing Practice in Pyrmont Sydney, Operating for just over 20 months, Sanctuary's aim is to deliver a new concept in health through an integrated and whole person approach to healthcare.

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Sanctuary GPs are pivotal to the success of Sanctuary and are a key entry point to our allied health services and health programs. We are extending our GP services and are looking for doctors who are passionate about a genuine care and whole person health approach. If you are a General Practitioner and would like to be part of Sanctuary we would love to hear from you.

Please contact Group Manager Brenda Rea

brea@sanctuary.sanitarium.com.au or Ph: 9506 0400 or 0410 518 791

Are you a Health Practitioner?

We are also compiling a network listing of health practitioners to access for future job opportunities, advice/support or general feedback as required. If you are a health practitioner and would like to be on our database, please register your interest at Adventist Employment. [www.adventistemployment.org.au]







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ADRA receives \$2m from European Union

Honiara, Solomon Islands

ADRA Solomon Islands signed the first 21 agreements out of 28 projects to be funded by the European Union.

Funding exceeds \$US2 million and the projects will target 55 villages in the nine provinces of the Solomon Islands. Completion is scheduled for May 18, 2013.

Slx new clinics will be constructed and 12 renovated. Two staff houses and community toilets will be built at each clinic, while solar power will be installed to run a fridge to store vaccines. Lighting and a permanent water supply will also be provided.



Many of the clinics are part of the "Adopt-a-Clinic" program, an initiative of the South Pacific Division.

In addition, 37 other villages will receive a permanent water system and awareness training on sanitation, hygiene and general health. Most are on isolated islands and atolls, where people are forced to drink brackish

Jones Adventist College (Vella Lavella, Western Province) will receive a new dining hall and kitchen.

A further three villages will receive coconut mills to support their econo-

> my by making coconut oil. ADRA Solomon Islands has been provided with two large vessels to transport all the materials and technical support required to complete the

Some villages still require Adopt-a-Clinic partners: Baniata, Viru, Valasi, Mataga, Su'ulopo, Manuopo and Honoa. A partner is also needed for Jones Adventist College.





For more details on these projects contact ADRA Solomon Islands country director Barry Chapman at <bchapman@adra.org.sb> or the SPD Health Department.—Barry Chapman

Lifestyle program gets a facelift

Filming for the new CHIP (Complete Health Improvement Program) resource series began on May 15, and will take six weeks to shoot in both Sydney and selected locations in the United States.

The series will be filmed by the Adventist Media Network, under the direction of Kyle Portbury. The script was prepared following wide consultation with experts in lifestyle medicine, dietitians and behaviour change experts both in Australia and internationally, as well as church health directors and administrators.

CHIP is a lifestyle program that enables participants to achieve effective control and reversal of chronic Western lifestyle diseases using an evidence-based approach, in harmony with the health message of the Seventh-day Adventist Church. The new CHIP resources will be focused around three themes of lifestyle medicine-the Head, the Hand and the Heart. Each session will consist of 45 minutes of filmed content, which will be supported by local CHIP facilitators who will present the action and reflection component that is necessary for behaviour change. The Hand segment will provide practical information about how to implement these lifestyle changes and will be presented by Dr Darren Morton, an exercise physiologist and senior lecturer at Avondale College.

CHIP provides a unique opportunity for Seventh-day Adventist churches to interact in a very positive way with their community. The updated



resources will be released at the CHIP summits-Tui Ridge, NZ, Nov 2-4, 2012 and Avondale College, NSW, Feb. 1-2, 2013. See <www.chiphealth.org. au> and <www.chip.org.nz> for more details.-Paul Rankin/Rachel Rankin



Guts and glory

James Standish

When I was a boy, I had one toy I valued over all others: Action Man. I had the Action Man space suit, deep sea diver kit, jungle explorer outfit, the English *and* the German army uniforms, a parachute that actually worked, Scots Guards and Grenadier Guards uniforms, and the scuba diving set—with bright orange wetsuit, tiny goggles, diving knife, air tanks and flippers. I played endlessly with this most manly of, let's face it, dolls. I imbued Action Man with all my hopes and dreams for a life of guts and glory.

Now here I am in mid-life; never having been attacked by wild lions, no wartime acts of daring to my name, no skydiving, deep sea diving, sovereign guarding or space walking. I've had a few adventures, granted, but not quite in the vein of my childhood imagination.

When I look back at those wild backyard adventures there is one thing I never imagined Action Man being—a courageous follower of Christ. Why? Maybe it's because I confused Christianity with being a respectable, polite member of the middle class. Christianity, to my boyhood brain, was all about respect for authority, obedience and civility.

But, it turns out, the Christ of the Bible was none of these. He had no problem calling the leaders of His day liars, fools and hypocrites—where is the deference in that? And as for civility, He physically attacked the moneychangers and bluntly confronted the dominant paradigms of His day. And as for living a middle class life? He was as far away from it as you could get.

He was, it turns out, the ultimate action Man. And to this day, His life remains the greatest example of an eventful, challenging, adventurous and meaningful life in the history of the world.

But all I saw as a boy was "gentle Jesus, meek and mild", swaddled in monotony and stuffiness. And let's face it, when you're a boy, that's hardly the challenging sort of thing you're aspiring to.

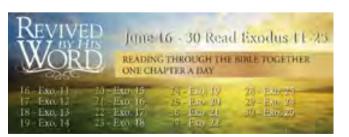
Around the world, however, I've run into some impressively radical Christians. I thought that may end when we settled back into staid Wahroonga, but my colleague, Kent Kingston, has thankfully brought radical Christians to me via the guests he books for the *InFocus* TV program.

In just the last few weeks, I've had the pleasure of meeting Valerie Browning, an Australian nurse who married into a nomadic tribe in Ethiopia and has been working with them for decades to improve their health and education. Then there was the "machine gun preacher", Sam Childers, who upon accepting Christ, took on the cause of the threatened children of southern Sudan in the most direct manner—by shooting back at the militias trying to abduct them. I'm not sure if the shooting equates to Christ attacking the money-changers or to Peter cutting off an ear, but I do know Sam Childers is credited with saving the lives of more than 1000 vulnerable, precious little children.

Then there was Jon and Lisa Owen, who left their middle class roots to live in a troubled area of Sydney for no reason other than to provide practical love and care for drug addicts, victims of abuse, alcoholics and anyone else who needs a place to stay, a friend and something good to eat.

Each one of these impressively unique Christians inspires me to be a radical Christian in the unique way God is leading. To me, that means standing up and being brave about my faith, even when it's mocked by society. I never want to be ashamed of the Gospel, even the parts that are inconvenient. I want to use every ounce of talent God has entrusted to me in His cause. I aim to live an authentic faith that may not always be pretty or polite, but consistently emulates the rough and tumble life of my Saviour. I don't want my life to be built around the boring rituals and manners of middle class life. No, I want to have the guts to be a radical disciple; I'll trust Christ to take care of the glory.

James Standish is communication director for the South Pacific Division.



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Gone fishing?

Jarrod Stackelroth

Those eyes. Eyes he had seen burning with fierce anger at the injustice of the world. Eyes he had seen watering with compassion, bursting with kindness. Those eyes had looked upon the wonders of the temple, the sores of the leper, multitudes of the seeking.

Now those eyes were focused on him alone. You could drown in the sadness of those mysterious depths. The disappointment he saw there stung like a whip. The memories of that fateful dinner came flooding back. The Master had predicted this and he, Peter, had argued. He was ready to fight. All that talk had sounded defeatist. Hadn't Jesus seen the crowds crying "Hosanna!"?

His Messiah—the Prophet, the Visionary, the Healer—had chosen Peter, had made certain promises, had pulled him off his boat and onto centre stage. Now, his dreams were turning into a nightmare. And the worst of it? After all the boasts and posturing, he had just denied his Rabbi. He had cursed and sworn that he had never met Him. Jesus had told him it would be so and he had fiercely denied it. But now here they were, those eyes piercing deep into his soul. And the rooster crowed.

I have denied Christ. I have ignored the Holy Spirit's call, allowing fear and people's perceptions to glue me to my seat. I have been embarrassed keeping the Sabbath, telling people what I believe. More than that, I have denied His image (my body) through self-gratification, gluttony and low self-esteem. I have put others down, cursed and lost my temper. I have frightened those weaker than myself instead of pointing them to Christ. Whatever I put before Christ, effectively denies Him to the world.

The Master! Peter threw himself into the water and swam to shore. As he worked up the courage to look into those eyes, Jesus spoke. "Simon, son of John, do you love me more than these?" Three times He asks the question.

Peter is reminded of his betrayal, his three denials. Is this the price he has to pay? Will Jesus humiliate him? Doesn't He know how much he loves Him? "You know everything. You know I love you." "Then feed my sheep."

Peter looks directly into those eyes. As Jesus speaks, Peter hears of the death he will face to glorify God. But Peter doesn't care. He knows he has been reinstated. He gets what Jesus is telling him. Stop thinking of yourself and take care of what is Mine. Peter realises with His three questions, Jesus has kept him accountable for his denial, but He has also undone it. Peter squares his shoulders and the old gleam is in his eye. He is back, with new understanding and a new resolution. He is beginning to catch the vision. Jesus says, "Follow Me" (See John 21).

Jesus calls us back from fishing to follow Him again. The shadow of the cross loomed large over Peter that day but it became a symbol of God calling him back. It reconciles me to God, takes away shame and guilt, and releases me to live victorious.

"Therefore if anyone is in Christ, he is a new creation; the old has gone, the new has come! . . . Be reconciled to God. God made Him who had no sin to be sin for us, so that in Him we might become the righteousness of God" (2 Corinthians 5:17-21).

INSIGHT

Religious liberty

As I write a very small group of us are representing the South Pacific Division at the Seventh World Congress for International Religious Freedom. Approximately 900 delegates from more than 60 countries have gathered to consider the status of religious liberty around the world. A large number of religious and government bodies are represented. Since the International Religious Liberty Association is an initiative of the Seventh-day Adventist Church, a majority of the delegates are from our faith community.

We in the South Pacific region are very fortunate and blessed. We have freedom to believe and to practice our religion according to our conscience. Such is not the case everywhere. At a conference such as this, there are opportunities to meet and to listen to people who have experienced subtle and not-so subtle inroads into their religious freedom. They come from many countries. Secularism is having its impact. While post-modernity claims tolerance, the reality in terms of government legislation and societal practice can be very different.

It has been said that the price of freedom is eternal vigilance. All of us need to be sensitised to changes in attitudes and legislation that could well impact on religious freedom. It can happen unexpectedly and very quickly. We need to pray and to act to ensure that the fundamental human right of freedom of religion is preserved and promoted in our societies.

Dr Barry Oliver is president of the South Pacific Division of the Seventh-day Adventist Church.



NEWS IN BRIEF



Truth and security

The Anglican bishop of Rochester in Kent, UK, says Bible verses are a great way to create a lifelong source of secure and memorable web passwords. For example, take the first letter from each word in "Father, into your hands I commit my spirit" (Luke 23:46) to produce FiyhlcmsL23v46.



Click and learn

"Journey of Jesus: The Calling" is the world's first Facebook game based on Christ's life. The player enters first century Palestine, meets characters involved with the story of Jesus and watches as the events of the gospels unfold. Around 300 million people play social networking games every week. -Lightside Games



Save our cathedral

Thousands of New Zealanders have rallied n Christchurch to protest the demolition of the landmark Anglican cathedral, which was badly damaged in the 2011 earthquake. But it's unlikely calls to halt the demolition will be successful, especially after another 5.2 magnitude shock caused further damage to the building.-stuff.co.nz



Arthur Blessitt carried a 3.5 metre wooden cross for 44 years, walking through every nation of the world. Now a 5 cm cross, cut from the original, is orbiting Earth on board the second stage of the Falcon 9 spacecraft. The cosmic memorial will remain in space for around a year. -www.



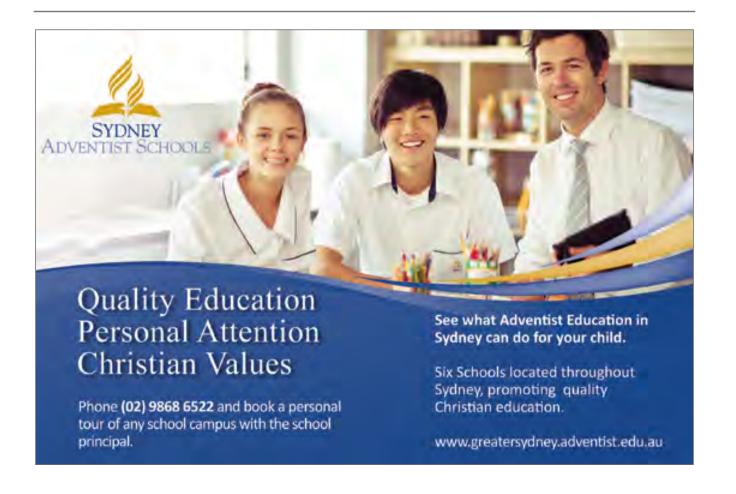
Big faith-big screen

Pre-production is underway to make the World War II story of Adventist conscientious objector Desmond Doss into a major Hollywood movie. Walden Media. which produced the Narnia films, is bankrolling the project, and Oscar nominee Randall Wallace will direct the film. Doss was a medic in the US army. – Adventist Today



Dubious evidence

The Iranian government press says that a centuries-old book held by Turkish authorities spells the downfall of Christianity. The leather manuscript may be a Syriac copy of the 222 chapter Gospel of Barnabas, which denies Jesus' divinity, mentions Mohammed and is widely regarded as ancient Muslim propaganda.-The West Australian





Ministers revitalised during summit

Pastors and their wives came together for a week of sharing, learning and fellowship during a ministerial summit for Samoa and American Samoa in April.

Focusing on the theme "You Divide and God Multiplies", the summit provided inspiring spiritual, social, personal and group discussions. There were many opportunities for interaction, and emphasis was placed on the role of the pastors to empower the laity through training, delegating and empowering our churches to be training centres.

Leading the team of guest speakers and presenters from the South Pacific Division (SPD) and Trans-Pacific Union (TPUM) Mission were Pastor Nos Terry and Dr David Tasker. Other team members included TPUM youth director, Pastor Maveni Kaufononga, Pastor Mike Sikuri and Marica Tokalau, Pastor Aseri Suka of the Fiji Mission, Dr John Skrzypaszek and Pastor Brett Townend.

SPD associate director of Health, Dr Chester Kuma.

emphasised healthy principles of diet and nutrition to reduce non-communicable diseases, which are prevalent in the South Pacific today.

"In all, the ministerial



summit succeeded to bring the workers together to further revitalise and empower them in their commitment to serve the Master in Samoa," said Julia Wallwork, communication director of the Samoa Mission. – Julia Wallwork/RECORD

New website aims to inspire

Wahroonga, New South Wales

A new website launched by the Adventist Development and Relief Agency (ADRA) Australia is aiming to equip and inspire Australians to make a positive impact on the

"We still have plenty to go up, but our new blog, profiles of each of our 40 plus international projects, and more resources for churches, schools and individuals have already been popular," said ADRA Australia communications coordinator Braden

"We really want to equip and inspire people to make a difference—our growing online presence is an important part of ADRA's ministry."

The new blog will be regularly updated with news, commentary, devotionals and reviews to inspire those passionate about ADRA's ministry and the cause of social justice. Visit <www.adra.org.au> to check out the new site today. -ADRA Australia

Pacific excited by Project Hope

The Trans-Pacific Union Mission (TPUM) plans to distribute more than 200,000 copies of The Great Hope, a condensed, modern English version of The Great Controversy, through Project Hope.

TPUM leaders are excited about the potential impact this distribution will have on their members and the community. "Our people are really hungry for this project," said TPUM's chief financial officer Francois Keet.

TPUM hopes to use the books in different ways. For example, Vanuatu Mission is planning to order enough books for each member to have two copies each—one to keep and read, and one to give to a friend. The Fiji Mission is going to set aside a large number of books for Indian outreach, funded by Indian evangelism special funds.

"We are building up our evangelism training and work

amongst our members and churches and see this project as heaven-sent to push this forward," said Fiji Mission general secretary Wame Sausau. "This is the kind of boost we need to stoke the fire under our churches and propel God's work forward in these times." Project Hope is part of the Great Controversy project, an initiative of the



General Conference to place the *Great Controversy* book in every home within reach of our members, churches and institutions. – Jarrod Stackelroth





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An initiative of International Children's Care Australia in partnership with the Seventh-day Adventist Australian Union Conference Youth Ministries Department







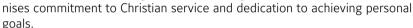
Young alumna's challenge to cherish the everyday

Cooranbong, New South Wales

Avondale's Young Alumna of the Year finds meaning in the routine of the everyday despite a burgeoning career as an artist and speaker.

Since graduating from Avondale College of Higher Education in 2006, Joanna Darby has worked as a teacher and as a lecturer, become a mother, presented exhibitions and spoken at camps, churches, conferences and conventions. She received the Gabe Reynaud Award at the Manifest Creative Arts Festival in 2011 for excellence in using the creative arts for ministry. "But I keep trying to figure out where I am and what exactly it is that I do," she told staff members and students attending the Alumni and Graduation Forum.

Avondale Alumni Association president, Pastor Des Hills, announced Mrs Darby as the recipient of the award, presented to a member of the association aged 30 and under on the sixth anniversary of their graduation. It recog-



Mrs Darby adapted the biblical account of creation to illustrate how the everyday can obscure these goals. "Let there be washing, Facebook, nappy changes and a cuppa with a friend," she said. "It's easy to look somewhere else, sometime else or at someone else. We just want to be on our way, but perhaps all this is the way."

The message: God is in every day and God is in the everyday. "He doesn't mind repetition," said Mrs Darby, referring to days and seasons. "He created it, and it was good." The challenge: "When we fail to acknowledge the spiritual and the significant and the incredible in the everyday, we risk a sort of death, a death by boredom." Cherishing the everyday gives life meaning, she added.—*Brenton Stacey*

OPINION POLL RESULT

How should the Church deal with divorce?

Apply church discipline

4%

ICC Australia, a ministry, is independent of the Seventh-day Adventist Church organisation but is supportive of the Church.

Emphasise biblical teaching

23%

Provide non-judgmental support

63%

The church should stay out of it

10%

Opinion? Comment? Send a letter to <editor@record.net.au>.





hundreds of our

retired church

members."

With 580 registered campers from around Australia (along with some from New Zealand), the 2012 Grey Nomads Camp, held from May 4-12, at the North NSW Convention Centre at Stuarts Point, was the biggest to date.

Numbers swelled to more than 650 on each of the Sabbaths of the camp as the grey nomads worshipped together. The oldest attendees were 91, 92 and 93 years old respectively.

The theme of this year's camp was "Nothing to Fear ...", based on Ellen White's comment, "We have nothing to fear for the future, except as we shall forget the way the Lord has led us, and His teachings in our past history" (Review and Herald, October 12, 1905).

On the first Sabbath, attendees gave more than \$A20,000 to the World Changers Bible "The Spirit was Project (WCBP), which is an initiative of the South Pacific Division's (SPD) Youth Ministhere totally tries Department that aims to see thousands in the lives of of young people across the SPD equipped

with a Bible.

SPD Youth Ministries director, Pastor Nick Kross, said, "I had an amazing experience at the Grey Nomads Camp. The Spirit was there totally in the lives of hundreds of our retired church members. After the video and

10-minute promo, an offering was collected-\$A13,415 in notes alone! After I walked out, people came up to me in a line and handed me more pledges and cash.

"Right through lunch, retired pastors and others from all over Australia came up to me with cheques, cash and pledges. There was so much excitement up there and I felt the unity of the Church in a really amazing way. One retiree mentioned he had been saving for an item he was really keen to buy and had finally raised enough, but after the presentation, was convicted to give it all to WCBP."

The total raised Division-wide for WCBP is now more than \$A530,000.

Former associate editor of Adventist Review and Adventist World, Dr Roy Adams, was the keynote speaker for the

camp. North NSW (NNSW) Conference general secretary, Pastor Paul Geelan, said, "Dr Adams' evening programs were both inspiring and challenging. His sermon on the final Sabbath of camp focused on Philippians 3:12, where it talks about pressing on, forgetting about what was in the past. He made an appeal for people who have children who aren't in the Church anymore to come forward for special prayer. Around three guarters of the tent came forward. It was a real blessing for them to receive that prayer."

Other guest speakers included Dr Allan Lindsay, who took the 7.30 am daily devotionals and spoke about Adventist heritage, and Dr Don Hansen, who conducted morning Bible studies. The music, which was described as a "feast", was organised by Allan Dalton and Murray Oliver.

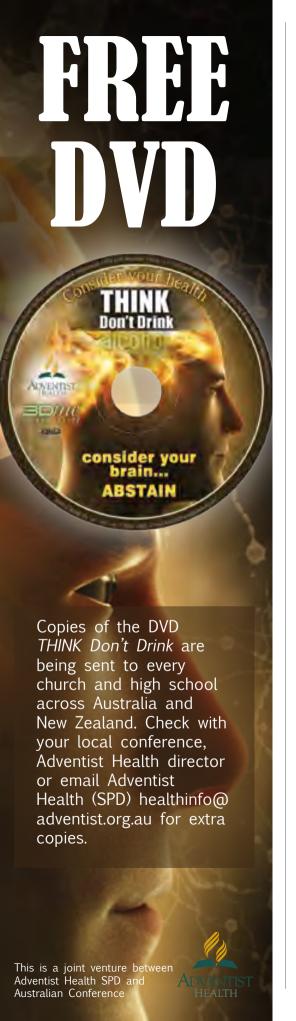
> Manuel Escórcio performed a special concert on the first Sabbath night of the camp, which was loved by attendees.

> During the week, afternoon workshops were held, focused on things like photography, estate planning and computing. The final Sabbath of the camp featured an afternoon MV program run by Pastor Bob Possingham before a 'Grey Nomads Got

Talent!' concert. The concert was hosted by David Woolley, and was greatly appreciated for the enjoyable and fun display of talents it showcased.

NNSW Conference president, Pastor Justin Lawman, said, "The camp's growth figures are really telling. We started with 238 Grey Nomads in 2009, which grew to 380 in 2010 and 436 in 2011. It's really exciting to see this, and many of this year's attendees have gone to every camp so far. The wonderful sense of unity makes it an incredibly happy, stress-free camp. It provides a sense of community for people at that time of life while providing them with a spiritual shot in the arm."

Adele Nash is editor of NorthPoint for the NNSW Conference.





OPINION

Not a tame lion

As a teenager I am at the stage of my life where I'm starting to ask questions - What's my life going to be like?. What do I want to do when I grow up?, What are my beliefs about God?, What's God like and who is He?

Many people think that God's like a protective bubble—as long as you go through the motions of going to church, reading your Bible and praying, then you'll go to heaven and nothing bad can ever happen to you. Now I'm not saying that doing that stuff is bad, but I don't think God's like that at all.

A quote from the Narnia series really helped me to discover what God is

Mr Tumnus: "Don't worry. We'll see him again." Lucy: "When?" Mr Tumnus: "In time. One day he'll be here and the next he won't. But you mustn't press him. After all, he's not a tame lion." Lucy: "No . . . but he is good."

I'm a huge Narnia fan. I've read all the books and watched all the movies, but when I first came across this concept, I didn't get it—it didn't make any sense (that's most likely because I was eight years old at the time, but that's beside the point). The point is, God's not tame and He can't be tamed. You can't tell God what to do.

I think that sometimes we try to manipulate God into doing what we want Him to do. We tell God to make our lives into a piece of cake and make the people who we don't like into goldfish. But God is God-He doesn't do what we want Him to do, He does what He knows is best for us because He loves us. God's not overly into cake or goldfish, He's a lot more interested in love in the truest sense and that includes our salvation, which for me can at times appear to be a right pain! But that's because God is a lot bigger, wiser, broader and deeper than anything I can understand. And it's because I live to be tamed by God, not the other way around.

Rachel Rankin is a student at Avondale School and completed a week of work experience with

OPINION POLL:

Is the European debt crisis a fulfillment of prophecy (Daniel 2)?

- Yes, the European nations will never become one
- No, the European Union remains strong and will consolidate further
- No, Daniel 2 does not apply to Europe

Visit < record.net.au > to answer this poll.

It's too early to say





Immunity for the cold and flu season

With winter looming, so is the inevitable cold and flu season. What has research found in relation to nutrients decreasing the incidence of the common cold?

VITAMIN C It has been found that vitamin C may help to reduce the duration of symptoms. However, it wasn't seen to reduce the frequency or severity of getting a cold or flu, prompting some researchers to conclude that the use of supplements may not be warranted. Foods high in vitamin C are citrus fruit, kiwi fruit, broccoli, cabbage and kumara.

GARLIC Research has shown that the incidence of colds was reduced in people taking a garlic supplement over the winter months. This result needs to be validated by further research, but garlic is well worth including in your diet.

ZINC Review papers have found that the use of zinc supplements reduced the duration and severity of cold symptoms when taken within 24 hours of noticing the first symptom. Although these studies included zinc as supplements

in much higher concentrations than would be possible to consume naturally, we should aim to get zinc from natural sources unless diagnosed with a deficiency by a doctor.

PROBIOTICS Probiotics are live microorganisms that are believed to provide health benefits. They are found most commonly in foods which have live cultures, like yoghurt. Studies have shown using yoghurt fermented with particular probiotic strains* caused a decrease in the incidence of common cold episodes and a reduction in the number of sick days.

Although it's believed that specific nutrients can have a positive effect on our immune system, further research is needed in this area.

> * Lactobacillus plantarum, Lactobacillus paracasei, Lactobacillus bulgaricus.

Mediterranean vegetable bake

Preparation time: 20 minutes Cooking time: 30 minutes Serves: 6

- 2 teaspoons olive oil
- 1 medium onion, chopped
- 1 red capsicum, chopped
- 2 zucchinis, sliced
- 1 cup sliced mushrooms
- 1 x 500g jar tomato pasta sauce
- 1 x 300g can butter beans, rinsed and drained
- 1. Heat oil in a saucepan and sauté onion, capsicum and zucchini until soft. Add mushrooms and sauté for 1 minute. Stir through pasta sauce, butter beans, basil and salt. Heat
- 2. Pour mixture into a large casserole

- 2 tablespoons chopped fresh basil 1/4 teaspoon salt (optional)
- 1 large eggplant
- 2 teaspoons olive oil, extra

Crumble

2 Weet-Bix, crushed 1/4 cup grated fat-reduced cheese 2 teaspoons olive oil

dish. Cut egaplant into 1cm slices. Brush eggplant with extra oil and grill until golden on both sides. Arrange eggplant over bean mixture. Sprinkle with combined crumble.

3. Bake in a moderate oven, 180°C, for 30 minutes or until crumble is crisp.

balanced diet that includes a wide range of foods rich in vitamins and

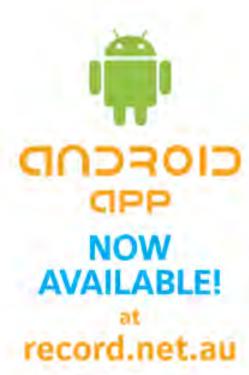
BEST ADVICE:

Consume a healthy.

NUTRITION INFORMATION PER SERVE: Kilojoules 580 kJ (140 cal); Protein 6g; Total fat 8g; Carbohydrate 11g; Sodium 305 mg; Potassium 613mg; Calcium 92mg; Iron 1.5mg; Fibre 4g.

Call and speak to one of our qualified nutritionists at Sanitarium Lifestyle Medicine Services on 1800 673 392 (in Australia) or 0800 100 257 (in New Zealand). Alternatively, email us at nutrition@sanitarium.com.au (Australia) or nutrition@sanitarium.co.nz (New Zealand). Don't forget to order our free cookbook, Food for Health and Happiness, by visiting our website www.sanitarium.com.au or www.sanitarium.co.nz

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MY MINISTRY IDEA

I retired in 1992, which was earlier than I had prepared for. However, I believe there was a purpose in doing so. Having some background in fine arts. I decided to make fridge magnets. I painted scenes of the local area on small pieces of wood. On the back of the magnets I pasted a short message: "JESUS loves Me, Do I love JESUS?"

In the 19 years since retiring, I've painted more than 7000 magnets and given them all away with a silent prayer. The magnets have gone to people we've contacted in our travels and at shopping centres and hospitals we've visited. I've been blessed greatly by this hobby-just to hear the words "thank you" and see smiles on people's faces.

One evening as my wife, Betty, and I were watching the TV news, the phone rang. We knew the caller from about a year ago, when she'd nursed Betty in hospital for a lengthy period. During that time I'd given this nurse a magnet, which she said was beautiful and put it in her pocket.

The nurse said she'd had a very stressful time these last few months and had been very discouraged. She somehow remembered that there was a piece of wood in her handbag that might help. She rummaged through the bag, found the fridge magnet at the bottom, turned it over and read: "JESUS loves Me, Do I love JESUS?" She said the words hit her like a bolt of lightning. She felt the weight of her troubles fall off her shoulders. "Yes," she said, "I do love Jesus and I want to be like Him now."

The woman thanked me several times and said the magnet was now on her fridge to remind her of what Jesus had done for her. – Milton McFarlane

MY CHURCH

MANTOA. Vanuatu Wesley Jerethy

Mantoa Adventist Church has about 200 members. Many are students who come to Port Vila to attend university from across the Pacific. We also have very successful children's programs. But it wasn't always that way.



About a year ago, we added a "One Day Church" structure to our church. The new structure is our "lambs' shelter" where we hold children's programs. Before we had the shelter, we didn't have many children-but now our children's programs have become very popular. We now have many children from across the area coming every Sabbath-even if their parents don't come. People greatly appreciate our children's programs.

Our church is in a continual cycle of evangelism, innovation and growth.



e may look at the Seventh-day Adventist Church today with its burgeoning membership around the Pacific, and forget the level of

personal sacrifice involved in building it. But we forget those stories at our own collective peril, for it is through them we come to understand how precious the message is that God has entrusted to us.

FEATURE

Mission service in the Pacific has come with an awful price. In 1920, Pearl Tolhurst was the first Avondale student to die in mission service. It is thought that more than 60 Adventist national and expatriate missionaries and their dependents have paid the ultimate price in our region since then. The torpedoing of the *Montevideo Maru* during the heat of World War II and its impact on our community is just one example.

It was December 1941 and all women and children were directed to be evacuated from Papua and the Mandated Territory of New Guinea. Within seven months, the Japanese Navy had pushed back the Australian Army, taken over Rabaul, on the island of New Britain, and established a base from which to plan the invasion of mainland New Guinea and the Solomon Islands.

Soon after the Japanese occupied Rabaul, the remaining male missionaries and other expatriates were rounded up and arrested. The Japanese considered prisoners of war a hindrance, having to be guarded and fed. On June 22, 1942, the prisoners held in Rabaul were placed aboard a Japanese cargo ship, the Montevideo Maru. Nine days later, the ship with its human cargo was on its way to Hainan Island in the northern Philippines. The American submarine, the *USS* Sturgeon, captained by Lt Cdr Wright, pursued the Montevideo Maru and, in the fog of war, confused it with the Japanese destroyer, Rio de Janeiro Maru. Unaware that it was carrying Allied prisoners and civilians, Wright torpedoed and sank the ship before dawn on July 1.

It was the greatest single loss of Australian life in WWII. Among the prisoners of war on this ship were Adventist missionaries, Pastor E M Abbott and Trevor Collett, along with an Adventist government medical assistant, Len Thompson. Pastor E M Abbott was a graduate of the business course at Avondale and, after various appointments in both Australia and New Zealand, he became superintendent of the New Guinea Mission. He'd delayed his holiday in Australia in order to avoid depleting the field of expatriate pastors during Pastor and Mrs Tutty's holidays. His location placed him within easy reach of the invading forces when

they arrived. When the prisoners were packed onto the Montevideo Maru, he was among them. This courageous, self-sacrificing Christian was only 34.

by Lester Devine

Trevor Collett was a self-supporting missionary in Papua New Guinea working in the timber industry when war broke out. In the early days of the war, he and his wife found themselves looking after 500 refugees dumped on Emira Island by German raiders. He sailed a mission vessel to get help and supplies for them from the government. Many of those rescued were New Zealand citizens, and the Prime Minister of NZ, Peter Fraser, wrote to Collett and thanked him for his part in rescuing these survivors.

In 1942, Collett and Pastor A S Atkins, a leader in the New Guinea Mission, left Emira, with the hope of joining other missionaries to make their escape from the Japanese. But Pastor Atkins came to believe it was his duty to stay at his post. Another factor in his decision to remain behind was his deteriorating health as a result of asthma and his desire not to be a burden on the others trying to get to safety. He encouraged their escape while he continued to work around the clock looking after soldiers desperately ill-particularly with dysentery. Collett, concerned about Atkins' failing health, chose to remain and help look after him.

On March 13, 1942, Pastor Atkins, totally exhausted, died in the Japanese controlled hospital in Rabaul, two days after the completion of a difficult forced march. At this point Collett attempted to escape, but it was too late. He was captured and became a prisoner of war. Pastor Atkins was buried in the Catholic cemetery at Kokopo, near Rabaul, and not far from the contemporary Sonoma College.

Len Thompson was another Adventist on the *Montevideo* Maru. Trained at Sydney Sanitarium, he became a medical assistant in the New Guinea Government service and, very much to his credit, continued his work for the local people in the early days of the Japanese occupation, until he too became a prisoner of war.

On Sunday, July 1, the Australian Government is dedicating a Rabaul and Montevideo Maru memorial at the Australian War Memorial in Canberra. This presents a perfect time for us to remember the commitment and sacrifice of those who have gone before; reflect on our present freedom; and, just as importantly, help build on the foundation of their pioneering efforts.

Dr Lester Devine is director emeritus of the Ellen G White/Adventist Research Centre at the Avondale College of Higher Education



AVE YOU GOOGLED ELLEN WHITE? IF YOU HAVE, you've likely found the White Estate and a few other helpful sites—along with sites that attack her credibility, ethics and reliability. The critical sites recycle the usual quotes taken out of context, repeat well-worn character attacks, and focus like lasers on a few snippets taken from her close to 100,000 pages of writing that are, indeed, difficult to understand (what is surprising to any of us who have written and subsequently discovered our words have been misunderstood, is how few difficult to understand statements there are in those thousands and thousands of pages).

But what I find most interesting about the attacks—particularly those on her health advice—is how out of date the attacks are. And as medical science advances, more and more of her statements that were used to "prove" her wrong, are actually being confirmed. Ironically, in the process, the very statements once used to knock her, are today bolstering the case for Ellen White's prophetic gift.

Let's look at one example. Some websites have attacked Ellen White's statements about "cancerous germs". An example from the website "Ellen White Exposed" illustrates the attacks:

"Mrs White taught that the cancer germ was transmitted to humans by eating meat, but there is no evidence that cancer is transferred to humans in that manner."

Really? Someone should tell the medical community. But before we hear from them, let's look at what Ellen White actually said on the subject.

As early as 1864, Ellen White referred to one of the causes of cancer using the word "humour", a term commonly understood in her day as a fluid or vapour. Specifically, she stated: "Cancerous humour, which would lay dormant in the system their life-time, is inflamed, and commences its eating, destructive work."

More than 40 years later she used more modern

"People are continually eating flesh that is filled with tuberculous and cancerous germs. Tuberculosis, cancer and other fatal diseases are thus communicated."² She used the term "germs" at a time when its meaning was very broad, as it predated the use of the word "virus".

Today, even the most vocal critics have to admit that there are viral causes for some cancers, and there is no controversy over the cause of tuberculosis. What critics focus on are bacteria. They define "germs" narrowly to exclude viruses, even though in Ellen White's time the medical community referred to all communicable diseases, whether they be viruses or bacterial infections, as "germs". Incorrectly applying modern nomenclature to writings more than a century old, they then allege that Ellen White was wrong, because they think bacteria do not cause cancer. But they are woefully ignorant of the huge amount of recent scientific data unveiling a number of bacteria as likely causes of some of the commonest cancers of our era.

Hence, even if Ellen White's statements are read to only refer to bacteria, there can still be no doubt she was spot on.

Medical science concludes bacteria cause common cancers

In 2006, cancer expert, Professor Max Parkin, estimated that 18 per cent of the global cancer burden was attributable to infectious agents, both bacteria and viruses:³

"Several infectious agents are considered to be causes of cancer in humans . . . The estimated total of infection-attributable cancer in the year 2002 is 1.9 million cases, or 17.8 per cent of the global cancer burden. The principal agents are the bacterium *Helicobacter pylori* (5.5 per cent of all cancer), the human papilloma viruses (5.2 per cent), the hepatitis B and C viruses (4.9 per cent), Epstein-Barr virus (1 per cent), human immunodeficiency virus (HIV)



together with the human herpes virus 8 (o.9 per cent). Relatively less important causes of cancer are the schistosomes (o.1 per cent), human T-cell lymphotropic virus type I (o.03 per cent) and the liver flukes (o.02 per cent)."

Commenting on this in the highly authoritative journal, *Clinical Microbiology*, the authors, Chang and Parsonnet, state: "Although this estimate includes viruses and parasites in addition to bacteria, we believe it to be quite conservative, as it is based on only a few well-established causative pathogens. The estimate does not include the many types of cancers reviewed here for which a bacterial etiology is suspected but has not yet been proven definitively."

Their conclusion?

"As cancer continues its climb as the leading cause of death in developed nations, understanding the long-term effects of bacteria has become increasingly important as a possible means of cancer prevention."

It has been known for some time that bowel cancer, the second-commonest internal cancer in the Western world, has its highest incidence in the United States, Argentina and Australia. It is hardly a coincidence that these three countries are the largest beef-eaters and producers in the world. Even as long ago as 1951, a bacterium called *Streptococcus bovis* was isolated from the faeces of a high proportion of bowel cancer sufferers. *S. bovis* exists in the intestines of beef and dairy cattle, and in excess may cause serious disease in them, such as "bloat". Whilst evidence of a causal relationship between this bacterium and bowel cancer is still debated, the evidence is building rapidly that *S. bovis* colonisation of the human intestine transmitted from meat products has an insidious long-term carcinogenic effect.

"A study by Ellmerich, et al, in 2000 proposed that *S. bovis* and antigens from the bacterial cell wall promoted the progression of preneoplastic colonic lesions in rats . . . Perhaps *S. bovis* causes chronic inflammation, thereby promoting carcinogenesis, or the bacteria may secrete a metabolite that induces neoplastic change" (Quoted by Westling et al)⁶.

A research article by Biarc et al concluded:

"These data support the hypothesis that colonic bacteria can contribute to cancer development particularly in chronic infection/inflammation diseases where bacterial components may interfere with cell function."⁷

This research has been supported by others in the field. Drs Chang and Parsonnet in their article enumerate a number of cancers in humans that are now either known or suspected to be caused directly or indirectly by bacteria. These include the following:

1. Gastric (stomach) cancer: more than 60 per cent of all cases are caused by chronic infection with the bacterium *Helicobacter pylori. Helicobacter* organisms, including *H. pylori*⁸, are readily found in chickens and meat for human consumption. ^{9 10}

- 2. Colorectal cancer: there is a strong association with *Streptococcus bovis* and some other bacteria.
- 3. Bile duct cancer is associated with chronic infections with *Salmonella enterica* and *Helicobacter* species in many cases.
- 4. Cervical cancer in women is associated with chronic *chlamydia trachomatis* infection, which may act as a cocarcinogen with the human papilloma virus (HPV).
- 5. Prostate cancer: some cases have been associated with chronic infection of the prostate with *Propionibacte-rium* acnes.
- 6. The so-called "MALT" sub-types of lymphomas are often associated with chronic infections with *Helicobacter*, *Chlamidophila psittaci* and *Borrelia burgdorferi*.

 Conclusion

Returning to Ellen White's original description of these causes of cancer, we note that she indicates that the process is slow and insidious. This is in contrast to the rapid and often quickly fatal infections widely understood in her day. She says that "cancerous humours" (ie, something of an infected fluidic nature) would "lay dormant in the system their life-time" before they commenced their "eating, destructive work". Using slightly different terms, modern science would describe the cancer-causing process as occurring in just the same way.

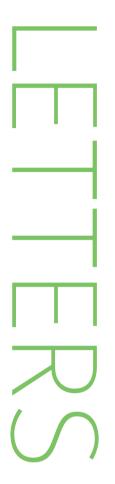
Moreover, today's medical research has fully and comprehensively backed up her assertion that "cancerous germs" are a cause of cancer. Is it remarkable that a woman with very little formal education, no medical training and writing over a century ago was able to pinpoint the cause of many cancers? Yes, it is. Is it equally remarkable that today, critics continue to blindly ignore the mounting evidence supporting her visionary statements. And even some of us can easily be led to doubt by these ill-informed attacks.

Surely the mounds of scientific research that now support her insights should give us pause before falling for the attacks. Yes, there are statements she made that remain unconfirmed by modern science. Rather than blithely believing, therefore, that she is wrong, we'd be wise to give science a little more time to catch up.

- 1. Appeal to Mothers p 27
- 2. Ministry of Healing p 313
- 3. Parkin, DM, The global health burden of infection-associated cancers in the year 2002. Int J Cancer. 2006 Jun 15;118(12):3030-44
- 4. Chang, AH & Parsonnet, J. The role of bacteria in oncogenesis. Clinical Microbiology 2010, Oct; 23(4), 837-57
- 5. 18. Ellmerich S, Scholler M, Duranton B, et al. Promotion of intestinal carcinogenesis by Streptococcus bovis. Carcinogenesis 2000;21:753 6.
- 6. Westling et al, Diseases of the Colon & Rectum, 2006, Aug. vol. 49(8), p 1226
- 7. Biarc et al, Journal of Carcinogenesis 2004, Aug. vol 25(8), p 1477
- 8. Helicobacter pylori was first shown to be the principal cause of gastric ulceration by the Australian scientists Barry Marshall and Robin Warren in 1982.
- 9. Nebbia P et al, Identification of enteric Helicobacter in avian species. Schweiz Arch Tierheilkd. 2007 Sep;149(9):403-7.
- 10. Dimola S, Caruso ML. Anticancer Res. 1999 Sep-Oct;19(5B):3889-94. Helicobacter pylori in animals affecting the human habitat through the food chain

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BLESSED ARE THE PEACEMAKERS

Danny Bell, WA

David Trim's article (Religious Wars, RECORD, May 5) is both timely and relevant given the state of the world. I see potential for a misapplication, however, in calls for "peacemaking" in several articles and feel the need to say that Christians are not all called to create peace.

The peace that the Bible speaks of is mainly that which is experienced internally by one who surrenders to Christ. This peace sustains the Christian through all kinds of emotional and physical turbulence in their lives.

When Jesus said "Blessed are the peacemakers", He did so when blessing followers who had various strengths and temperaments. Some were "merciful", some were "persecuted" and some were blessed because they "hungered and thirsted for righteousness". Not all Christians are called to be peacemakers. This is evident in the gift lists in Romans, Corinthians and Ephesians where Christ's followers are to be given a variety of qualities, among which are wisdom, knowledge, exhortation, prophecy and martyrdom.

MILITARY SERVICE Steve Sleight, NSW

I commend the author of "Religious Wars" (RECORD, May 5) for his engaging idea of "just wars". The author objects to military service careers for Adventists, there being no provision for Sabbath keeping nor guarantee of the just use of force.

But once admitting the benefits of and endorsing just wars, we thereby commit ourselves to an action. We are logically obliged to participate in every sector of military service in just causes.

It is hardly a moral act to claim religious exemption from duty allowing others to become cannon fodder in our place. If a cause is just then it remains a just cause on Sabbath and becomes your Sabbath. After all, it is well to do good on the Sabbath, albeit distasteful. To refrain from doing good allows evil to flourish. No-one can guarantee the just use of force. However it may be more justly used if wise people embrace and retain control of it.

Our Lord did not repudiate the sword to Peter but a spontaneously violent style of problem solving. Jesus previously instructed His disciples (Luke 22:16) that a sword was worth selling your coat for! When John the Baptist is approached by soldiers wanting to repent (Luke 3:14) he says nothing about changing careers! Jesus becomes complicit in military service by healing a centurion's servant (Matthew 8:8). Cornelius, also a centurion (Acts 10), is the first Gentile to receive the Holy Spirit.

It appears, therefore, that there is a case for wise, responsible, professionally deployed military as a tool against evil and we should be in it!

WARM GLOW Bruce Price, Qld

I have just finished reading the special Papua New Guinea Union Mission edition of RECORD (March 31) and feel I should drop you a line of thanks for what you are doing.

It was positive, newsy, inspiring and uplifting. It was so refreshing to read an edition of the RECORD from front to back and put it down with a warm glow in one's heart, feeling proud to be an Adventist and more determined to support God's work, which is going forth triumphantly despite all the negative criticism!

GOD AND THE ARTS? Wolfgang Stefani, PhD (Music and Religion), SA

It was good to see a thoughtful article on the arts by Daniel Reynaud published in RECORD (May 19). However, I respectfully observe that while Dr Reynaud makes some valid points, he is reflecting a particular view of the arts that has its roots in Augustine but is by no means a unanimous view of the arts among thoughtful Christians.

The contention that "approaching art from a theological perspective leads to confusion" is particularly concerning. How is it that the arts-such a pervasive and influential part of contemporary life-are somehow more legitimately understood by reference to purely aesthetic criteria, apart from theology? I thought "God orientation" was an enlightened plumb line for all Christian endeavour and thinking (Proverbs 1:7 and 9:10).

The arts are a wonderful gift of God to sinful mortals, but if we are to think about them in a balanced way we must include in the discussion such issues as the value-laden nature of artistic style and the nature of human creativity in light of the Fall as well as do more extensive work on the non-verbal arts in Scripture.

Thank you for opening the discussion, but, if we are to engage in it, please make it a truly representative and thorough one.



God can help

life's changing

circumstances

immutability gives

us adjust to

because His

us stability.

OT LONG AGO THE RESIDENTS OF SAMOA braced for chaos and possible carnage in their peaceful country. It wasn't a tsunami, earthquake or sudden war they were preparing for. The Pacific island nation of 180,000 people prepared to implement a new law requiring motorists to drive on the opposite side of the road. It would mark the world's first road switch since Ghana, Nigeria and Sierra Leone changed sides in the 1970s, and one of the only instances of switching from the right to the left; virtually every other change has been the reverse.¹

The reason for the switch was economic, opening the nation to low-cost, used cars from left-driving Australia and New Zealand. But the financial benefits weren't sufficient to quell the concerns of many in the country who feared the inevitable traffic chaos, crashes and possible fatalities. An organisation named PASS (People Against Switching Sides) was organised to lobby the government into reversing the impending law.

Churches were packed in the lead up with members praying for protection. The Samoan government did everything it could to minimise the negative consequences of the new law, broadcasting continuous public service announcements from the Prime Minister cautioning people not to drive if "you've been drinking, you're feeling tired or if you've just had a fight with your wife". In spite of all the hubbub, the law went into effect and the country managed to adjust without incident.

What a great example of how people sometimes have to face change and adjust to it, whether they want it or not.

Change is a part of life. But how well do we cope with the inevitable adjustments life requires from time to time? The average person aged between 18 and 38 will change jobs 10 times in their lifetime.² That's a lot of jobs and a lot of change. Many of us will also move homes—multiple times. I've moved my family four times in the past five years so I know all too well that moving house requires numerous adjustments. And, sadly, for all of us there are even more traumatic changes we will experience. Some of us will find out we have a child with learning disabilities, serious allergies or even a life-threatening illness. One day all of us face the reality of finding out very bad news from our doctor about our own health, and most of us will experience the almost unimaginably painful loss

when someone we deeply love dies.

All of these events, and many more like them, require radical adjustments in how we live and think and talk and plan. Change can certainly be deeply distressing, but it's also an unavoidable part of living in a fallen world.

The good news is that God can help us make the necessary adjustments that life requires. The Bible testifies of men and women who leaned on God in the most turbulent of times. These were ordinary people bracing

for chaos or carnage, forced to make adjustments due to life's circumstances. They could lean on God because of His immutability. That's a fancy word that describes His unchangeability. Malachi 3:6 says: "I, the Lord, do not change." God can help us adjust to life's changing circumstances because His immutability gives us stability.

Are you facing changes that will require adjustments to the way you live? We need to trust God to help us get through this period and we'll find His strength will anchor our life like nothing else. Change is nearly always difficult—but by relying on God, that difficulty doesn't have to overwhelm us.

1 Randy James, "Why Don't We All Drive on the Same Side of the Road", Time, 05

2 David Terkaninan, "Lifetime Career Changes", Occupational Outlook Quarterly, Summer 2006.

Casey Wolverton is pastor of Glenvale church, Toowoomba, Qld.

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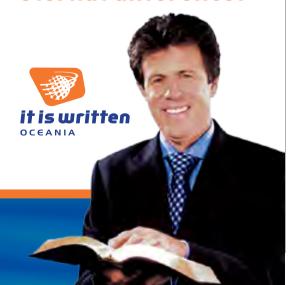
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RECORD REWIND

The San's first patient

On January 1, 1903, the Sydney Sanitarium opened in Wahroonga with unpretentious but enthusiastic ceremonies even though much of the building was incomplete. Indeed, the weatherboards only had priming paint applied and just a few patient rooms were fully painted and furnished. The third storey accommodated the staff, but it was still without windows. Hessian was on the floor and draped over the door openings.

Before the opening ceremony the first patient arrived by horse-drawn taxi. A storekeeper whose shop was near the Wahroonga railway station had watched as part of 80 acres (32 hectares) of bush and orchard was being turned into "a home of health" or "a sanitarium" to promote "remedial agencies", including "the simple agencies of nature, such as pure air, pure water, electricity, cleanliness, proper diet, purity of life, suitable exercise, recreation, rest and a firm trust in God".

Lewis Butler was desperate. A husband and father of six children, he was gravely ill. We wish we knew why he or his family chose to rush to the untried Sanitarium, a partially-built enterprise with no record of success. More than nine decades later the institution would open an emergency department. But this was an emergency at the dawn of the 20th century!

When Lewis Butler was admitted for emergency treatment, the attending physician remarked gloomily that it looked as though the San might lose its first patient. But the storekeeper survived.

In fact, impressed by the care he received, Butler and his family became Seventh-day Adventists, an experience that was shared by 30 other patients within the next three years. Eventually all of Butler's children joined the Adventist workforce, as have many of his descendants. It was an encouraging beginning for the mission of the new institution.

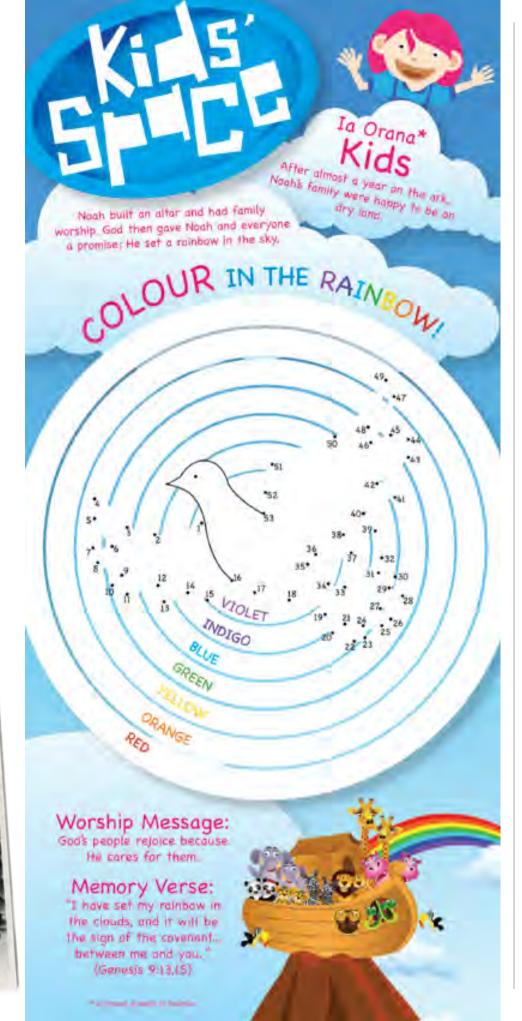
Between 1903 and 1928, 224 nurses graduated from the San's various courses for nurses and nearly 200 others received between two months and two years of training in the institution.

The San was not making much money but, with massive help from its nurses, it was making lives.

Arthur Patrick is an honorary senior research fellow for Avondale College of Higher Education.

Picture right: Lewis Butler, first patient at the San, and his wife.







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२ FLASHPOINT



Shave for slaves

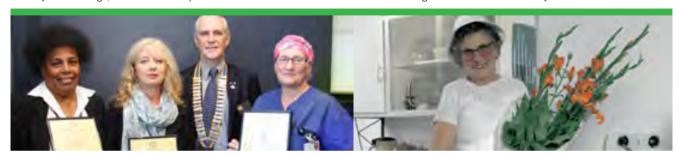
Avondale College student Leathan Fitzpatrick shaved his trademark dreadlocks in March. In doing so, \$4000 was raised for survivors of human trafficking and sexual exploitation. Inspired by his efforts, Darling Downs Christian School (Qld) chaplain Kate Wolverton also shaved her head, raising a further \$900. The school's year 8 girls also got involved, organising their own "crazy hair day" and raising \$100. —Adrian Fitzpatrick

Special day for four families

Four children (Darryl, Hannah, Sydney and Tamika) were dedicated at Whyalla church (SA) in February. The ceremony, officiated by Pastor Don Fehlberg, signified the commitment of families to raise their children according to godly precepts.—*Grapevine*

Ordination of Uili Mauga

Uili Mauga was ordained at Murdoch University, WA, on March 31. Many friends and church members gathered for the ceremony—a testament to the impact Uili has made on people's lives. During the ordination service, Uili shared how God has led and blessed his life and ministry. Conference president, Pastor Glenn Townend, provided the charge, and Pastor Terry Johnson, who Uili is assisting in the Youth Department, gave the address on the day. —Steve Goods/NewsWest



San staff honoured by Rotary

The Rotary Club of Wahroonga enjoyed breakfast at Sydney Adventist Hospital (SAH) on May 9, followed by an awards presentation where San staff were honoured. The recipients were Pam Reid, clinical nurse specialist, cardiac theatre, who received the Bill Leventhal (Clinical) Award; and Pride of Workmanship awardees Louise McKenzie, RN and assistant nursing unit manager, women's health; Alison Sayer, midwife; and Mereani Tokainamena, hospitality supervisor. Rotary president Rob Hamilton presented the awards, which recognise commitment to SAH and the provision of service excellence.—Sydney Adventist Hospital

Housewife superstar turns 95

Tasmanian icon and Devonport church's most senior member, Majorie Bligh, celebrated her 95th birthday with family and friends in April. In nine-and-a-half decades, Majorie has been a homemaker, author, newspaper columnist, commentator, humourist, television personality, gardener and world traveller. She is also a relation of Captain William Bligh of the famed "mutiny on the Bounty". A biography entitled *Housewife Superstar-The Very Best of Marjorie Bligh*, written by Danielle Wood, was released last year. —*Dean and Diane Way/Tasda*



Fighter pilots touch down

In March, a number of fighter pilots touched down in Strathfield. Their landing strip was the hall floor at Sydney Adventist College, NSW. Their planes were not full-sized, of course—they were members of the Strathfield Indoor Flying Club who had come to share their love of model aircrafts. Students were entranced by the demonstration, which included both classic and the latest aircraft models.—*J Jackson*

Where it all began. . .

A special Heritage Sabbath was held at North Fitzroy church (Vic) on May 5 to remember the way God began the Adventist Church in Australasia. The full day program included heritage displays, heritage passbook for kids, historical re-enactments and horse and carriage rides. Many visitors had family connections to Adventist pioneers. —Denis Hankinson/Phyona McMahon

Jesus the focus at hat parade

Instead of wearing rabbit ears or other secular hat options, three young Henderson College (Vic) students decided to represent Jesus at their school's Easter hat parade in March. Six-year-old Reagan wore a hat depicting the Second Advent, complete with King Jesus and a number of shining angels. Brothers Jack and Noah (7 and 8 years) felt a hat was not enough and dressed in costume as Jesus and Simon of Cyrene.—IntraVic

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ANNIVERSARIES

Irvine. Victor and Beverly Irvine celebrated their 50th wedding anniversary with family and friends on 11.12.11, in Warburton, Vic. Their family, Andrew (Liesa, Sean and Riley) and Maree (Peter and Daniel Watts) organised the event. The couple were married by Pastor M M Stewart on 11.12.1961 in Brisbane Central church. They worked for the Church in Papua New Guinea for nine years and for many years in Australia. They thank God for His many blessings upon their lives.



Morton. Bob and Jean Morton were married 15.4.1962 in

Wahroonga church, Wahroonga, NSW. They have two children, Darlene Hector and Leisa Standish, and four grandchildren, Bradley Hector, Michelle Hector, Shea Standish and Skve Standish. Bob and Jean celebrated their 50th anniversary surrounded by three generations of family and friends. Congratulations Bob and Jean!

WEDDINGS



Butler-Pitchford. Matthew Barry Butler, son of

Builders, plumbers and general handymen/women needed for a fly'n'build project in the Solomon Islands, September 2-16, 2012.

building a new church for the village. Currently needing trade-skilled people in building and plumbing. For further details or expressions of interest, contact AVS on (02) 9847 3278—Anna Downing.

Sanitarium Weet-Bix Kids TRYathlon Sunday, June 24, Logan,

Old. Be part of the biggest kids' triathlon series in the world. Includes: check-in processing; assisting at meeting point; meet and greet; assisting at finish line; numbering; transition marshalling; swim leg marshalling; crowd control; bike leg marshalling; run

leg marshalling. Volunteers are expected from 6am to approx 12.30pm. You will get a T-shirt/cap, water bottle, snack bars and

backpack, and a free Weet-Bix breakfast. Sanitarium will donate

to your church's Pathfinder Club an amount equal to \$25 for every

volunteer that turns up and assists on the day. Please contact AVS at <volunteers@adventist.org.au> or phone (02) 9847 3275.

Fourteen days in Katurasele Village in the Choiseul Province while

Barry and Gave Butler (NSW). and Michelle Anne Pitchford, daughter of Donald and Deanna Pitchford (Springwood, Qld), were married 5.4.12 in Springwood church. It was a magnificent day that saw them begin their new lives together in a way

VOLUNTEERS

that celebrated God's continuing leadership in their relationship. The spiritual tone of their wedding was appreciated by all.



Eiao-Demirdag. Iorangi Eiao, son of Mana and Tumaru Eiao, and

Zeynep Demirdag, daughter of Rus and Sheba Demirdag, were married 4.12.11 in Ponsonby church. It was a day with showers of blessings!

Paora Teaukura, Tony Moala Clifton Glasgow



Everingham-Lovai. Timothy Everingham, son of Wayne

Everingham and Marie Claire Loumean, and Melynda Lovai, daughter of Kelly and Allison Lovai (Springwood, Qld), were married 1.4.12 in a beautiful garden setting at Matilda Homestead.

Sean Berkelev



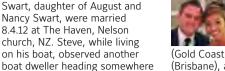
Gambrill-Morris. Edward (Ted) Gambrill, son of Grant and

Bettie Gambrill (Cooranbong, NSW) and Jasmin Morris, daughter of Mitchell and Tanya Morris, were married 18.3.12 in Ted's parents' home in Martinsville. They were married by their friend. Pastor Wayne French. The couple are living and working in Dubbo.

Wayne French

Hawes-Swart. Stephen Albert Hawes, son of Allan and Ardella Hawes, and Monique Danielle

Russ Willcocks



every Sabbath. He discovered the person was going to church and asked if he could come along too. Not only did he discover a church family, but also Monique. Steve and Monique exchanged vows, and committed to grow together as they include God at the centre of their lives. They

Wayne Hurlow, Grant Burton



plan to live in Nelson.

King-Bozyk. Simon King, son of Douglas and Sharon King, and

Adelle Bozvk, daughter of Richard and Dianne Bozyk, were married 11.3.12 at the Joondalup Resort, WA. Simon works as a manager at Sanitarium's Carmel College Factory and Adelle is a nurse. They will be setting up home in Byford, 25km south of Perth. We wish them all the best and God's blessings.

Terry Johnson



Low-Hastings-Ison. Anthony Laurence Low. son of Peter Low

(Gold Coast, Old) and Althea Low (Brisbane), and Jackie Lynn Togonon Hastings-Ison, daughter of the late Robin Hastings-Ison and Nina Hastings-Ison (Brisbane), were married 8.4.12 at Springwood church. It was a very lovely, fun-filled wedding. André van Rensburg

OBITUARIES

Allen, Graham Bryce, born 5.12.1944; died 1.4.12 when struck by a car while bike riding. He is survived by his wife, Barbara: children, Louise Smith. (Launceston, Tas) and Scott (Tumbi, NSW); five grandchildren; and his siblings, Malcolm (Moss Vale) and Noreen Devine (Wyongah). Graham loved his Lord and his church, and was an active member of Gosford church. He owned one of the largest commercial building companies on the Central Coast, and was well known and respected in the community. He

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worked tirelessly for the Church in the SPD, organising and funding different mission projects, and his construction company also built many church buildings, including SPD office extensions and Avondale College church. The very large attendance at his funeral, and the tributes from church leadership and community and business leaders, reflected the high regard in which he was

Malcolm Allen, John Hammond

Arnold, Patricia, born 8.2.1939 in Ballarat, Vic; died 23.11.10 in Ballarat. On 6.9.1959, she married Thomas Arnold in Ferntree Gully church. She was predeceased by her oldest son. Jim. in 1984. She is survived by her husband: her children. Janet and Graeme Berry (Albury, NSW), Patricia and Dale Eastwood. (Tas), Angela and Les Mazur (Melbourne): Leanne and Sam Nicolaci (Ararat), Tom and Cheralee (Snake Valley), Andy and Melinda (Melbourne): and eight grandchildren. Pat and her husband were founding members of the Grevillea church. Ballarat.

Brian Lawty

Houston, Ronald James, born 21.6.1928; died 10.3.12 in Millmerran, Qld. On 16.2.1951, he married Gwen. He is survived by his wife; their daughters, Maxine and Christine: and his sister, Olive. Ron left school at 14 and worked at a family farm in Warwick. Later he worked on bulldozers, in sawmills and at a sugar mill at Childers. Ron was



a faithful church member and served in just about every church office. He loved truck driving and ran the Tummaville school bus for 25 years. He invested much time in community children and. with Gwen, ran Vacation Bible Schools for 30 years. Ron loved collecting and restoring things. The Millmerran Shire Council purchased his collection and it is now at the Historical Society in the "Ron Houston Family Museum".

Douw Venter, Clive Butcher

Irwin, Archibald Leslie (Les), born 24.2.1930 in Brisbane, Old; died 5.3.12 in Royal Brisbane and Women's Hospital. On 4.4.1953. he married Valda Violet Irwin. He is survived by his wife; and his children. Carol Anderson (Hervey Bay), Chris (Rockhampton) and Garry (Brisbane). Les was a theologian in his own right with a self-taught grasp of biblical languages. He sleeps in Jesus awaiting the great reunion. Joe Webb

Johnson, Arthur, born 29.6.1941 in Toronto. NSW; died 7.3.12 peacefully at

Warburton, Vic, after a brave battle with a long, debilitating illness. He is survived by his wife, Sibilla Johnson (Wesburn); his children and their spouses. Andrew Johnson (Wesburn). Sonva and Jonathan Moncrieff. Wendy and Jerry Johnson (all of Gippsland); siblings, Kelvin and Frances Johnson (Cooranbong, NSW) and Evol and Fred Hocking (Blacktown); and grandchildren,



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For more information: ph 02 9847 2296 <leedunstan@adventistmedia.org.au> To order direct (freecall): ph 1800 035 542 <subscriptions@signsofthetimes.org.au> Michael, Sarah, Emma and Claire. Arthur worked at Sanitarium for 38 years as an accountant and manager. He helped to establish Sanitarium in Papua New Guinea. He served the local church faithfully as a treasurer for many vears. He is sadly missed.

> Wayne Stanley, Darren Croft Rob Steed. Trevor Rowe Murray Thackham

Martin, Alma Wray, born 14.1.1918 in Hawthorn, Vic: died 12.4.12 in the Avondale Retirement Village, NSW. On 23.12.1936, she married Phillip Martin at Moonee Ponds, Vic. She was predeceased by her husband in 2008, and her sons, Alwyn and Desmond. She is survived by her son, Daryl and his wife Mariorie (Cooranbong). and their sons, Chrys, David and Bryan and families. Wray was a loyal wife and a faithful mum who loved her family. She and Phillip lived in a number of places while working for Sanitarium. She loved her Church and awaits the great reunion day.

Adrian Craig, Rex Cobbin Darvl Martin

Stroe, Michael, born 20.11.1927 in Romania; died 12.2.2012 in Tin Can Bay, Qld. On 27.9.1987, he married Marcela in Melbourne, Vic. He is survived by his wife. Michael was a loving husband and a faithful member of the Gympie church. He lived a rich life in his love of the Lord, and was a devoted missionary, serving in Romania, Siberia and Hungary, with his last mission to the Ukraine in 2011. Michael was also involved in establishing the Romanian church in Melbourne.

Emanuel Piturlea

Wright, Lesley (nee Johnson/ Flett), born 14.12.1927 in Yarra Junction, Vic; died 15.3.12 in Mildura, after a sudden illness. She is survived by her children, Felicity Johnson (Aldinga, SA), Carol Parbs (Loxton), Glen Flett

(Cairns, Old); and her siblings, Margaret Clark (Mildura, Vic) and Ken (Wesburn). Leslev worked for Sanitarium in Warburton. She trained as an enrolled nurse at Mildura from 1965 and retired in Mildura

Luis Bermudez

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