

A photograph of a man with a beard and a white head covering holding a baby behind a chain-link fence. The man is looking directly at the camera with a serious expression, while the baby looks away. The fence is in the foreground, creating a grid pattern over the scene.

R

COMPASSION CRISIS

ARE CHRISTIANS DOING ENOUGH TO CARE
FOR REFUGEES 12

NEWS

ADVENTIST ELDER APPOINTED TO GOVERNMENT ROLE 6

ADVENTIST RECORD | AUGUST 4, 2018
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Mamarapha College Ltd.

FOR ABORIGINAL & TORRES STRAIT ISLANDERS

RTO Code 2026

“Friends, I’m inviting you today to reflect on Mamarapha College and our ministry of sharing the Gospel with Indigenous people from cities to extremely remote communities.

During the past two years we have had record enrolments which have stretched our resources to the limit.

Today, we are asking for your help. This is your opportunity to engage in a significant and unique ministry that is changing the lives of Indigenous Australians.

In 2018 we are on track for a record number of student baptisms.

On behalf of all staff and students thank you for giving.”



—Pr David Garrard
Principal Mamarapha College

Mamarapha College Offering 25 AUGUST, 2018

This Australia wide offering will enable the ongoing discipleship training by “the project” of faith called Mamarapha College.

THE SABBATH EXCUSE

A close friend of mine is on an exciting journey, getting to know God better. In fact, I am amazed and inspired at how God has helped him and changed him in the past couple of months. From a secular Australian background, he is embracing the tenets of belief wholeheartedly, reading and studying and coming up with lots of questions.

A recent question he had was difficult. His supervisor wanted him to attend an awards event on a Friday night. From the outset, he had told them he wouldn't work on Sabbath. However, they were trying to convince him to attend, stating that it was required and that they had already paid for it, subtle pressures applied along the way. He called me, not sure what to do. I could hear the conflict in his voice. He wanted to conform and didn't want to rock the boat at his new job, but also wasn't sure of the spiritual ramifications of one choice or another.

I encouraged him but didn't give him an answer straight away. We would chat about it, face to face, later that night, when we could read some verses together and talk it through, so he'd be comfortable with his decision.

So, when I had a spare moment, I sat down to write out some thoughts to share with him, to prompt some reflection and ideas on why he was choosing to keep this day special and what might be appropriate—some of which I'm including here.

I ask myself these questions when deciding whether or not to do something on Sabbath:

Who am I doing it for: God, others, myself?

Who am I serving: God, others, myself?

Who does it bring glory to? Who does it demonstrate is most important in my life?

The Sabbath is a gift from God—it is a parcel of time in the week given to us to rest and to spend time with Him and those we love (including church family).

Keeping the Sabbath reminds us that God is in control and that we owe our lives and allegiance to Him.

By trying to set stringent rules we undermine the

relational aspects of Sabbath. By trying to cut corners or make excuses to do stuff we place other things before God. For example, it's clear where our priorities lie if we miss our child's birthday party for a business meeting.

We can't make Sabbath an excuse to avoid building relationships or to sleep all day. There must be opportunities to help and heal on Sabbath as Jesus did.

I told my friend: "at the end of the day this is a tough decision that no-one can force you to make one way or the other. You need to decide for yourself and you need to pray about it. Pray for strength and for God to give you courage if you choose not to go."

Our beliefs are made up of a million little decisions and stands that we make, especially for the right thing in the face of adversity. Every time we don't stand, our witness is diminished.

That's why it is so good to share the good news with people when we can. It causes us to refresh and revisit our own beliefs. It challenges our practice and our priorities. This is a challenge we all face as Seventh-day Adventist Church members. We ask ourselves what is right and wrong on Sabbath and what will we do when our beliefs and convictions are chal-

lenged. I've been challenged by discipling him as it has forced me to ask myself questions. Am I just conforming to Sabbath observance or am I making the most of the Sabbath hours?

What will he do?

My friend stood his ground and told his employer he couldn't attend. He told me he didn't want to set a precedent and be asked to work back on Fridays, especially in the future. They were fine with it and his supervisor said he would explain to the higher ups. I praise God for this chance for my friend to exercise his faith and for this reminder of why mine is important.

Please pray for him as he finds his feet and establishes and grows in his faith.

JARROD STACKELROTH
EDITOR
@JStackelroth



OUR BELIEFS ARE MADE UP OF A MILLION LITTLE DECISIONS AND STANDS THAT WE MAKE . . .

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TACKLE THE TRACK

The site of one of our region's most important battles—Kokoda in Papua New Guinea—was integral in repelling a fierce, determined enemy. Yet a far more deadly invader is on the march through the South Pacific and next year the Kokoda Track will once again be a central battle in the war.

Before Kokoda was ever known, early Adventist missionaries—the Carrs and the Locks—trekked the village trails, taking the transforming gospel to those in spiritual darkness. Over a period of 30 years they created mission stations in Bisiatabu and Efogi. By the time the Australian soldiers famously withstood the Japanese onslaught along this trail and caused a hurried Japanese retreat, most of the people were disciples of Jesus and Seventh-day Adventists. The famous “fuzzy wuzzy angels”, who supported the wounded and carried the injured soldiers, were mostly Adventists. This was real faith in action.

PNGUM president Pastor Kepsie Elodo, who is from Efogi, and my son and I are walking the Kokoda Track in July 2019. We want to thank and encourage God's people along the track to be faithful and witness to the thousands of Australians who walk it each year. We have already produced a special *Signs* magazine for the descendants of the “fuzzy wuzzy angels” to give to those they support along the track.

We also want to tackle the modern Pacific threat—diabetes. One in four Pacific Islanders has diabetes, and lifestyle diseases make up 80 per cent of the disease burden in the South Pacific. The SPD Discipleship Ministry Team health focus is supporting the raising of funds for the 10,000 Toes campaign. They have a strategy to prevent diabetes and literally save 10,000 toes. If you would like to walk the Kokoda Track with us, all you have to do is raise funds for the 10,000 Toes campaign. For more information please email <pam@10000toes.com>. Trekking the Kokoda can still be a grace-filled act of faith.



GLENN TOWNEND
SPD PRESIDENT
/SPDpresident

NEWS

ADVENTISTS ELECTED TO PARLIAMENT

TRACEY BRIDCUTT

Two Seventh-day Adventists are new Members of the Cook Islands Parliament after the country held its general election.

Kitai Manuela Teinakore and Tereapii Maki-Kavana, both from the island of Aitutaki, are newly-elected Members of Parliament (MPs). They join re-elected MP Toka Hagai, also an Adventist, who represents Rakahanga. Cook Islands Prime Minister Henry Puna, who comes from an Adventist family, was also re-elected.

The result has been welcomed by Cook Islands Mission president Pastor Eliu Eliu. “They will be positive contributors to the wellbeing of our nation,” he said.

South Pacific Division youth director Nick Kross, who recently



COOK ISLANDS PARLIAMENT.

conducted discipleship and youth leadership training in Cook Islands, said: “These guys are all active Adventists, they are all engaged in churches, so that's excellent for the country and excellent for our Church as well, to see that sort of representation.”

The country is split into 24 electorates. More than 7500 people voted in the June 14 election.

GOVERNMENT HELPS FUND SCHOOL REBUILD

APISALOME SERU/MARITZA BRUNT

The Seventh-day Adventist Church in the Trans Pacific has received government funding to rebuild an Adventist school in Vanuatu.

The Kwataparen School project, one of four junior schools on Tanna Island to be rebuilt, was launched on July 9. The launch was attended by Vanuatu Education Minister Jean Pierre Nirua, government officials, community and church members, and other stakeholders.

The upgrades will include a boys' and girls' dormitory with a toilet block, an administration

building, a dining hall with kitchen and two staff houses, and repairs to an existing classroom and two staff houses.

Mr Nirua thanked the community for their patience, prayers and commitment to the project, asking for support for the smooth running of the rebuilding work.

Vanuatu Mission CFO Apisalome Seru, representing the Adventist Church, delivered a response to the Minister for Education. “It was a humbling experience,” he said. “Many community members and church members attended the launch and

the Minister for Education gave them time to ask questions that were answered by his team.”

Total funding for the project is close to \$A2m and it is expected to be completed by July 2019.



A STONE IS UNVEILED TO MARK THE LAUNCH OF THE PROJECT.

AUSTRALIAN TEENS CHOSEN TO LEAD

MARITZA BRUNT

More than 80 teenagers from across Australia gathered in Sydney (NSW) for the Seventh-day Adventist Church in Australia's (AUC) CHOSEN teen leadership convention.

Held in Lane Cove, the conference has run every second year since 2008 and comprises Adventist teens aged 14 to 16 who have displayed leadership qualities in their local churches.

The program is jam-packed with events designed to stimulate and inspire a teen mind, with mentoring and leadership talks a highlight of each day. Trainer Graeme Fraunfelder led in morning and evening mixers, and the daily afternoon activities. Space was also provided twice a day to split into "Guy Talk" and "Girl Talk", focusing on topics relevant to teenagers.

"The teens are picked because of

their leadership ability, so our purpose is to grow that potential in every aspect of their lives—physically, spiritually, mentally and socially," said AUC director of youth ministries Pastor Jeff Parker.

"It has been really awesome," said Pastor Daniel Matteo, youth director for the Tasmanian Conference. "It's great to see kids stepping up and out of their comfort zones and doing things they've never done before."

Guest presenters included former Young Australian of the Year Glen Gerreyn, ADRA Open Heart International general manager Michael Were and Christian youth speaker Jodie Christinat. Melbourne young adult entrepreneur Lorraine Ngwenya was a guest presenter for the morning Teen Talk sessions and spoke about how identity affects all aspects of our lives.

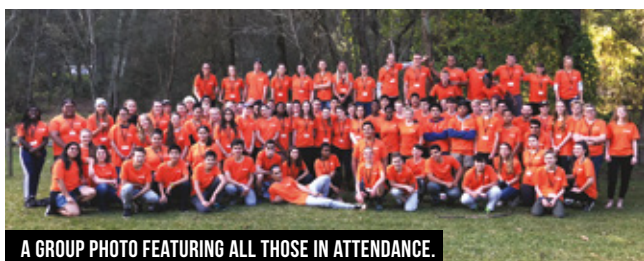
"I feel like until we know who we are we can't really do what we're meant to do," she said. "If we

know who we are in Christ, then we're empowered to live life the way He wants us to."

Each of the nine conferences across Australia was represented, with two young adult mentors from each conference also attending.

"I love camp experiences like this," said Melbourne mentor Michael Stekla. "You get to take on some kids and encourage them, have an influence in their life and see them grow throughout the week."

Success stories of growth from those involved with the CHOSEN program continue to surface. Taylah, a young adult from Tasmania, was the only young person at her church when she attended CHOSEN two years ago. After the experience, she went back to her pastor and told him she wanted to start a youth group—one which now has 10 young people regularly attending. "The life-changing experiences we have seen from this program are incredible," said Pastor Parker. "We are wanting our teens to step up in their local churches, not just to become better leaders but to actually shine as leaders."



A GROUP PHOTO FEATURING ALL THOSE IN ATTENDANCE.

LONG-SERVING TEACHERS HONOURED

ROSALIE MCFARLANE

Three teachers who have given 112 years of collective service to Tiarama Adventist Primary School in Tahiti were honoured on June 27 as they retired.

Linda Kurdykowski and John Flohr have each taught for 35 years, while Camelia Flohr has spent nearly 42 years as a teacher. On the retirement of Mavena Haumani she also took on the role of principal and ably led the school, constantly seeking to develop healthy, happy and well-educated followers of Jesus.

The teachers were thanked by current and past students in front of family, colleagues, the school community and educational professionals for the significant influence they have had

in their lives.

French Polynesia Mission education director Yann Atger said, "It is special to have people who are so loyal to their mission. We are very proud to have them as examples of service for God for our children."

Service medals and citations that spoke of their love and dedication were presented by New Zealand Pacific Union education director Rosalie McFarlane and French Polynesia Mission president Roger Tetuanui, and Mission staff recognised the tremendous service they have



L-R: FRENCH POLYNESIA EDUCATION DIRECTOR YANN ATGER, CAMELIA FLOHR, JOHN FLOHR, LINDA KURDYKOWSKI AND NZPUC EDUCATION DIRECTOR ROSALIE MCFARLANE.

provided to the mission of the Church.

Administrators of the Catholic and Protestant education systems in Tahiti also came to honour their respected colleagues, speaking of how humbled they were by the way the Seventh-day Adventist Church recognises those who have served in mission through education.

ADVENTIST ELDER APPOINTED TO GOVERNMENT ROLE

RUSSELL WORUBA

An associate senior church elder at Gordons Seventh-day Adventist church in Port Moresby has been appointed by the Papua New Guinea National Government as acting secretary for the Planning and Monitoring department.

Before taking his new seat, Koney Samuel invited local Conference secretary Pastor Rex Koi, stewardship director Pastor Fred Malawae, Gordons church pastor Wali Kapi and ADRA planning director Darren Yori to lead out in a special dedication service for his office.

Also present was Sepik Mission secretary Pastor Martin Sungu, who flew in from Wewak. Reading from *Pastoral Ministry* by Ellen White, Pastor Sungu challenged Mr Samuel



MR SAMUEL AT HIS NEW DESK.

and his staff on the importance of “not building walls” to separate them as believers from a dying world.

“We should not hide our Bibles under the office table

and lead this nation according to our own wisdom,” Pastor Sungu admonished. “God has called you Koney Samuel and it’s time to lead in the fear of God!”

Pastor Sungu reminded Mr Samuel that the planning department secretary is one of the most sought after positions in public service as it is mandated to prepare the national budget and to allocate foreign aid to key development projects among other key deliverables. Hence, it calls for an attitude of utter dependence on God for His wisdom and strength.

Dedicatory prayers were offered by the pastors and leaders before Mr Samuel took his seat in his appointed office.

Mr Samuel completed his Masters in Public Administration from Australian National University in 2014 and is currently the longest-serving officer in the planning department.

He is a native of Roma village in Maprik, East Sepik, and, with wife Nancy and their three daughters, has been active in building the village’s local church, pastor’s house and other projects, including at Gordons where they now live.

Mr Samuel thanked the church workers for the time together and asked them to continue praying for all in government.

LIFESTYLE MEDICINE SUMMIT 2018

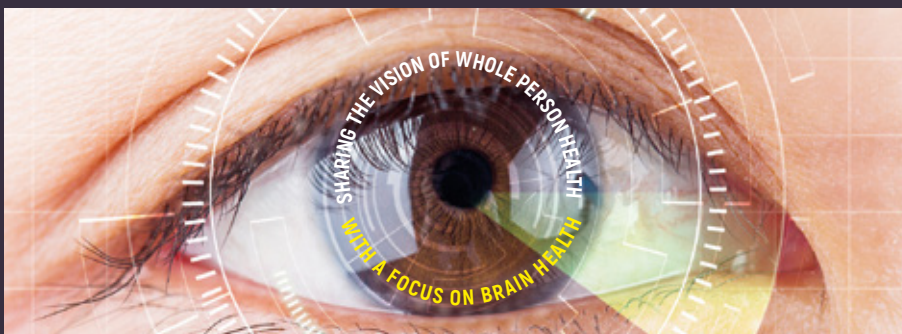
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LIMITED SEATS



GREATER SYDNEY TEAM SERVES IN TIMOR LESTE

ADRIAN RAETHEL/RECORD STAFF

A team from Greater Sydney Conference (GSC) took part in a variety of community outreach activities during a recent trip to Timor Leste.

The visit was part of a new Australian Union Conference initiative to support both the Laos and Timor Leste Missions.

The team, comprising 14 GSC staff and two spouses, conducted a health assessment at the Dili shopping plaza, school visits to talk about the dangers of smoking to high school students, a stop smoking program, maintenance work on the Adventist church building in Dili, and visits to a facility housing blind Timorese and to an orphanage.

More than 65 per cent of males and over 25 per cent of females in Timor Leste smoke. With no legal minimum

age restrictions, children as young as 10 years old can access cigarettes easily.

Businesses and schools operate six days a week from Monday to Saturday. Adventist students have been threatened, abused, assaulted and expelled from school for not attending classes on Saturday. Adults have been beaten by family members for joining the Church, with some also losing their jobs.

Despite reserves of oil and gas, Timor Leste is a poor country, with many people living on just US88c per day. Spiritualism and black magic are widespread. However, the people are gentle, friendly and hospitable.

While evangelism is very difficult, the Mission has grown to more than 600 members with one organised church, two companies and six groups. Medical mission work has been successful in building relationships.

"While we went to support the Mission, we were inspired by the courage, commitment and faithfulness of the members in trying and difficult circumstances," said GSC general secretary Adrian Raethel. "This sobering trip touched the soul of each person on the team."



THE GSC TEAM.

SIGNS OF THE TIMES APPOINTS ASSISTANT EDITOR

RECORD STAFF

Adventist Media has appointed Daniel Kuberek to serve as assistant editor for *Signs of the Times* magazine.

A journalism graduate from University of South Australia, Mr Kuberek also has digital marketing and film-making experience. Since December 2017 he has directed local church ministry CP Film Studio in Adelaide.

Mr Kuberek joins new editor Kent Kingston ahead of the magazine's relaunch in September.

"It's an exciting opportunity in an exciting time. *Signs* has always been a critical outreach ministry of the Church in Australia and New Zealand," said Mr Kuberek.

Tracey Bridcutt, head of news and

editorial, welcomed the appointment.

"We're delighted to welcome Daniel to the Adventist Media editorial team," she said.

"We believe Daniel's multimedia skills will be an asset as we work towards the relaunch of *Signs*."



DANIEL KUBEREK.

NEWS GRABS



HALF A MILLION FOR MIGRANTS

Venezuelan refugees in the Brazilian cities of Boa Vista and Pacaraima recently received encouraging news: ADRA Brazil and the Office of US Foreign Disaster Assistance have partnered to provide more than half a million US dollars in immediate aid for the region. The project will assist more than 4500 people over a six-month period. —ANN



LONG LIVE THE HAYSTACK

Ella May Hartlein, credited with the invention of popular Adventist pot luck and Sabbath lunch food the "haystack", passed away on June 30, 2018, at the age of 98. Prior to her death, Mrs Hartlein worked for many years alongside her husband in Adventist academies across the United States. —*Adventist Review*



READY TO SERVE

Training is currently underway for South Korean Adventist pastors who wish to minister in North Korea as soon as the doors of opportunity open. Held in China, 24 pastors from the Korean Union Conference have volunteered to serve for the initiative. —NSD

FLASHPOINT



MAKING A DIFFERENCE

Over the past few months, the Coonabarabran ADRA Op Shop (NSW) has been making a difference through its decision to distribute \$A21,000 in funding to local community group organisations and overseas projects. This included \$2000 to Tonga following Tropical Cyclone Gita, the sponsorship of two children through Asian Aid, and providing hygiene kits to Masai women in Kenya through the Days for Girls program. The op shop was also visited by a team from ABC Kids, who produced a TV package encouraging young children to donate any used goodies to op shops in order to help the less fortunate. —*Vicki Poyser/Coonabarabran Times*



WELL DONE, DANI

Whangarei Adventist Christian School student Daniela Webster was recently honoured with the Sir Peter Blake Trust Leadership Award. The award, which recognises outstanding students in Years 5-8, was presented to Daniela by Westpac Bank representatives and Whangarei Mayor Sheryl Mai. Daniela was acknowledged for her assistance, respect and care of others, and her commitment and responsibilities in many areas of school life, including librarian, kitchen mini-chef and being a trusted teacher's assistant. "You've shown teamwork, compassion and commitment, and for that, we're really proud of you," said former All Blacks captain Richie McCaw to the recipients. "Keep up the great work." —*NNZC*



PNG ORDINATIONS

Four field ministers in the Sepik Mission (PNG) were ordained into full-time pastoral ministry at Taranga church, Wewak, on June 16. Currently serving in respective districts, the ministers—Desek Sowut (Wosera Gawi), Withlam Danny (Nuku), Reuben Apari (Aitape) and Peter Tony (Sirr, Wewak)—said they were grateful for their calling to serve God with their families. PNGUM ministerial secretary Pastor Benjamin Kola officiated at the ordination service, while Sepik Mission general secretary Pastor Martin Sungu also offered words of encouragement. The service was well attended, with singing groups from the Wewak Island District churches of Suanum, Sirr and Dandan a highlight of the day. —*Russell Woruba*



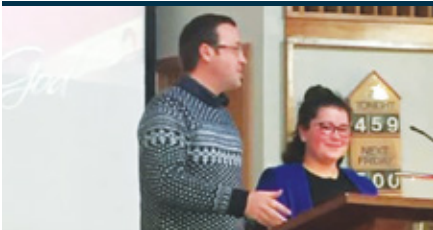
LESSONS FROM JERICO

This year's Northland Regional (NZ) was hosted by the Whangarei Adventist congregation, with around 280 people in attendance. Sabbath School highlighted the gift of Sabbath, with three testimonies from believers who discovered God's faithfulness as they chose to honour His special day. The sermon was presented by Pastor Eddie Tupa'i, who used the story of Jericho to challenge members to reflect on who occupies the throne of their hearts. After a delicious lunch, centred around fellowship and connectedness, the Whangarei team hosted a panel discussion with the NNZC team that explored the differences between church-centric and kingdom-centric focus. —*NNZC*



BACKYARD BLITZ

Young people and church members from the Griffith and Leeton Seventh-day Adventist churches (SNSW) recently joined their community to help clean up the yards of residents at a local aged care home. They worked from 9am until 1.30pm in and around four backyards, stopping only when the skip bin was full to the brim. "Our youth have been working here for a while—mowing lawns and cleaning up, and every now and then we run a program where we buy some chips and hang out with the young ones and play games," said youth leader Fusi Fidow. "It is really great to see." —*The Area News*



CHRISTCHURCH CELEBRATIONS

Papanui Adventist Church (South NZ) was delighted to witness the recent baptism of Vanessa Macey. Vanessa shared how members of the local church cared for her and showed an interest in her life, how teachers at Christchurch Adventist School nurtured her faith, and how a Conference youth event gave her an opportunity to make the decision to follow Jesus in her life, which she accepted. —*Stephen Wilson*



PRAYING PASTORS

Over the past month, pastors from across North New Zealand met with former North NZ Conference president Pastor Eddie Tupa'i and other team members for a meaningful time of prayer, pastoral care and support. Beginning in the Waikato and Bay of Plenty region and ending in Auckland, the NNZ team encouraged the ministers, asking church members to remember their pastors and families in prayer. —*NNZC/Record Staff*



FOUR MORE

In the Highlands of Papua New Guinea, the Adventist message is growing rapidly. In the district of Unggai in the Eastern Highlands Province, four pastors of Sunday churches recently left their churches and joined the Adventist Church. After studying Bible truths, they are now ready to be baptised, with the baptisms to take place at the end of this year. —*Komura Thompson*



LIVING HIS WORD WITH WAYNE BOEHM

LESSONS FROM THE LONGEST CHAPTER

What is the longest chapter in Genesis and what is it about? Chapter 24. The topic? Relationships, and more precisely, marriage. Several years ago, my wife Carol and I listened as a couple discussed how their marriage had been arranged. Twenty years on, three children and a lifetime of experience in ministry, they shared how God had richly blessed their marriage journey. It is with this cultural backdrop I now see Genesis 24 through new glasses.

CONSIDER Why is Genesis 24 such an important chapter?

Chapter 24 is a crucial transition point in the narrative. Abraham is nearing death, Sarah has just passed and Isaac is ready to marry.

CONSIDER Is chapter 24 really about marriage or a story of faithfulness?

CONSIDER Genesis 12:2; 15:5,6; 18:10. How does Abraham demonstrate his commitment and faithfulness to God's instruction? Read Genesis 24:1-9. Notice both the assurance and conviction of verse 7. How can this example compel you to live a life faithful to your calling? This story is the continuation of God's original promise—Isaac's wife would be used by God to grow future generations.

Charged with the awesome responsibility, Abraham's servant faithfully commits to his master's request. How can the servant's prayer act as a model for you as you seek to understand God's will? (v 12-15).

WHAT are the learning points?

1. God is faithful to His word—regardless of circumstances, God will accomplish his purpose
2. God guides the humble and those that diligently seek His will
3. Recognise answered prayers—Genesis 24:26,27
4. For those who are married, rejoice in the partner to whom God led you and for those that are looking, commit this matter to the Lord and look for His leading.

OUR FIRST MISSIONARY

Fairley Masters was born in Campbellpore, India, on November 23, 1869, the son of Captain George Masters, a British army officer. After his father retired from the army, the family emigrated to New Zealand, where the father became a government school teacher.

Fairley Masters trained as a blacksmith and, along with his parents, joined the Adventist Church after attending an evangelistic campaign held by AG Daniells in Ponsonby in 1888.

Encouraged by Pastor Daniells, Fairley entered literature evangelistic work in New Zealand in 1890, and did well, but found it very hard dealing with strong prejudice against book-sellers due to the dishonest activities of a secular book-seller at that time.

Called by Pastor Daniells, Fairley soon moved to Sydney, Australia, and successfully canvassed there too. From 1892 he attended the Bible School in Melbourne as a charter student for three years and graduated from the missionary course.

On September 8, 1894, the 22-year-old sailed from Australia to become Australasia's first overseas missionary.

Fairley engaged in literature evangelism and departmental work in India from 1894-1896. On his return from India and working in literature evangelism in Western Australia, Fairley met and married Esther Beatrice York. They had four children: George Maitland (1899), Percy Franklin (1901), Olive Dorothy (1905) and Gordon Fairley (1912).

Fairley Masters' Biographical Information Blank has no entries after August 1914, but other sources indicate that he spent more than 60 years in literature ministry and as a leader and trainer of literature evangelists. His son, Pastor George Masters, also became a missionary to the Indian people and, fluent in Hindi, served in that capacity in both India and Fiji.

Fairley Masters died on December 19, 1954. As Pastor Reuben Hare subsequently wrote, "During the course of his ministry, our late brother served in every state (of Australia) and also in New Zealand; and of him it can truly be said, 'Blessed are the dead which die in the Lord. . . that they may rest from their labours; and their works do follow them.'"

DR LESTER DEVINE DIRECTOR EMERITUS,
ELLEN G WHITE/ADVENTIST RESEARCH CENTRE,
AVONDALE COLLEGE OF HIGHER EDUCATION.

INTRODUCING



The I AM series is an innovative new outreach resource, developed as a joint project between the Greater Sydney Conference and Adventist Media, to enable young professionals to introduce Jesus to their secular colleagues, classmates and friends.

Young professionals in the Seventh-day Adventist Church have this real sense that we have something very special to share with people in our community. While this definitely includes amazing prophecies about the future and environmentally-friendly, healthy living, what we have to contribute with the world goes deeper and is more personal.

Your friends may be looking for something more in life. They might be just about to finish their studies or have recently begun their dream careers, yet deep down they have this niggling feeling that there must be more to life.

Because we have experienced the difference that Jesus has made in our lives, we want to introduce our colleagues, classmates and friends to Him. We want them to be able to experience the spiritual satisfaction, lasting peace and incredible joy that only comes from developing a true relationship with Jesus.

MAKING CONNECTIONS

The I AM series is a resource that you can use to introduce your friends to Jesus. It has been developed for secular young professionals who are open to exploring more of the difference that Jesus can make in their lives.

It's a 10-week series with a Sabbath away where you can intro-

duce people to Jesus and share with them what the Sabbath experience is like. It consists of 13 video episodes that have been filmed on location with three presenters. Having three different presenters means that the episodes include different personalities and stories. Each viewer will probably resonate better with a different presenter, so overall the series will connect with more people.

There is also a Participant's Guide, which includes notes from all of the episodes as well as reflection questions and further resources to explore. You can give your friends one of the I AM series postcards as a reminder of when and where the series will be held. Facebook banners and posts have also been produced, which you can use to promote this series on social media.

HOW TO USE I AM

There are a number of ways that you can use the I AM series.

Firstly, it can be used as a resource for your small group to grow your group evangelistically. Your home is a particularly good environment for building relationships with people and discussing spiritual topics.

Secondly, you can use it in your youth group and have multiple groups led by different hosts in your church hall or on a university campus. Remember the key to success is to provide food every time!

If you are a leader of a youth Sabbath School class, you can use I AM as an outreach resource to invite people to go back to the basics of Christianity. You can also use it as a one-on-one Bible study tool to intro-

duce people to Jesus and the basics of Christianity. All you need is an iPad or smartphone and a location where you can have a relaxed and open conversation.

JUST THE START

Using I AM is only the start. Once you have completed the series with your secular friends, you can continue the journey by inviting them to go through one of the biblical biographies of Jesus with you, like the Gospel of Mark, or explore how faith transformed the professional life of Daniel.

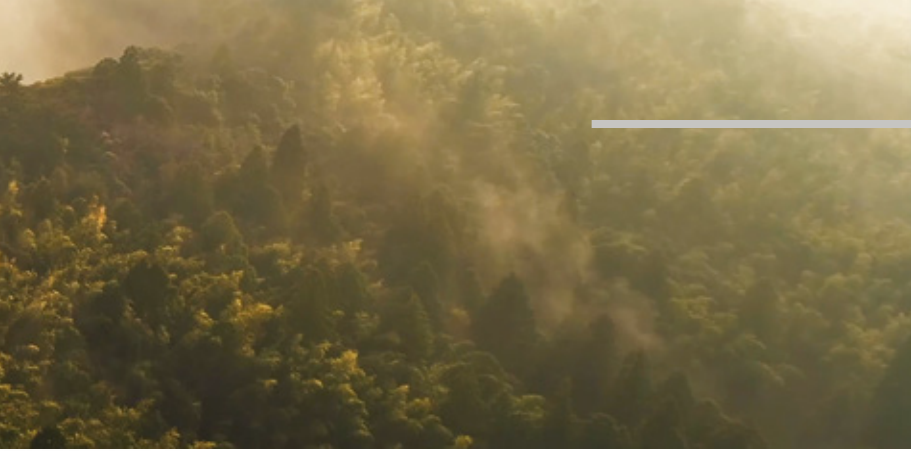
If your friends are really keen to go spiritually deeper, then you can head into the prophecies in Daniel or Revelation. The I AM series introduces the concept of baptism and being part of a church community, so if your friend is spiritually ready for that major step, you could grasp the opportunity and invite them to make a bigger commitment.

EMPOWERED AND EQUIPPED

Our vision is for I AM to be a tool so that Adventist young professionals are empowered and equipped to introduce their colleagues, classmates and friends to Jesus. We see a thriving movement of young professionals who are growing in their relationship with Jesus and their faith in Him.

Join the I AM journey at iam.org.au or go to facebook.com/IAMSeriesAdventist/

DR SVEN OSTRING PERSONAL MINISTRIES,
SABBATH SCHOOL, STEWARDSHIP AND DISCIPLESHIP
DIRECTOR, GREATER SYDNEY CONFERENCE.



THE I AM SERIES

- 1. MORE** Is there more to life?
- 2. PAIN** What's wrong with the world?
- 3. JESUS** Who was Jesus?
- 4. CROSS** Why did Jesus have to die?
- 5. SPIRIT** Who is the Holy Spirit?
- 6. BIBLE** Why is the Bible important?
- 7. PRAYER** How can I pray?
- 8. SABBATH** What is the Sabbath about?
- 9. HEALING** Does Jesus care about my health?
- 10. DEATH** What happens when I die?
- 11. HOPE** When will Jesus return?
- 12. SHARE** How can I share Jesus with others?
- 13. CHURCH** Why join a church?



"Since starting the series the Sabbath School has transformed, from one where everyone sat in a semi-circle and it was awkward and hard to get discussion, to one where people enter, grab breakfast, sit down around tables and we don't even need icebreakers anymore. The series includes great material that has made it easy for our youth to engage in discussion and the videos have been a brilliant tie-in and input. The quality of the production makes it very easy to watch."

—Matthew Hunter, Elizabeth Grove pastor

"Out of those who attend our group, about 30 per cent are returning youth who have not been present or regular [at church] for the past few years. We have also had three non-Christian friends come along and they have really enjoyed the program and discussions."—Raul Moran, Wetherill Park youth pastor

"The series was amazing because it has been designed for the young people who are searching for meaning in life and for answers to questions that they have. The real life stories in the episodes really touched our hearts and the conversations afterwards allowed us to have some deep discussions."—Tim Grant, design teacher and Caringbah youth leader

"The I AM series allows you to take people on a journey of learning to love God and each other through the presentations. Like an empty room, the series is like a box with paints, ornaments, picture frames, photographs, ready-to-assemble furniture and more, all in that empty room, waiting to be unpacked by a group of friends who want to discover God and each other together."—Nathaniel Tan, Perth CBD church plant

“Cursed is anyone who denies *justice* to foreigners . . .”¹

Whatever our political persuasion or attitude toward issues around asylum seekers and immigration, the Australian government’s treatment of the 1900 refugees held in indefinite detention on Manus Island and Nauru is abhorrent, a festering blight on any pretensions Australia has to being a decent, fair or generous nation. And it is primarily a matter of political expediency, meaning it continues because we are not sufficiently raising our voices to bring this inhumanity to an end.

In June, we saw two tragic examples of this. The first was Ali, a 63-year-old Afghan man with terminal lung cancer whose disease has likely progressed because of inadequate medical care while held on Nauru for the past five years. His repeated requests for transfer to Australia for proper palliative care and to be able to die with members of his extended family were denied. Only a national campaign and an open letter signed by more than 2000 Australian doctors persuaded the government to relent.²

The second story—another suicide among Australia’s refugees. An Iranian man named Fariborz Karami died on

June 15 on Nauru, after five years in detention and repeated warnings from his family about his mental health. In a heartbreaking letter to Australian authorities, his mother—also held on Nauru—described his death: “My 26-year-old son had his last breaths in your mouldy tents and closed his beautiful eyes to your abomination, injustice and disgusting policies.”³

For more than a month after his death (a delay that flouts his family’s cultural practices), Australia stubbornly insisted that Karami’s body be buried on Nauru or flown back to Iran—both places without enduring family connections or an appropriate funeral. It seems even a refugee’s body is a threat to our political self-centredness.⁴ Again, only after public pressure, was he allowed to be buried by his aunt in Australia.

Neither of these stories has anything to do with sovereign borders, national security or orderly migration. It is political bullying, adopted by both major political parties because opinion polls tell them there is no other way: “The denial of essential medical care has become the latest political tactic used against the refugees indefinitely imprisoned on Manus and Nauru.”⁵

As the Church, and as individuals, we need to be voices in our society for humanity. We must speak and act on behalf of these people who are being abused by our nation. As those 2000 doctors demonstrated, when enough people speak up, change happens.⁶

As people of faith, where we imagine ourselves in the stories Jesus told makes a significant difference in what they mean and how we respond. In the story of the Good Samaritan (see Luke 10:30–37), we are sometimes the victim and occasionally the unlikely hero. But most often we fill the roles of the “good” religious folks.

These characters are often skipped over as the necessary “bad guys” before we get to the good bit of the story. But given the context in which

this story was told—a religious lawyer wanting to argue about how far his “neighbour” responsibility extended—and Jesus’ scathing criticism of religious leaders as those who “never lift a finger” to help others (see Luke 11:46), it seems they are the main point of the story. And, too often, they are us. We accept what we walk past.

As such, we silence the excuses and resist the political lies about “illegals” and “queue-jumpers”. These stories are about real people—like us in almost every way. Whatever the justifications for “border protection”, they will never justify this kind of treatment of human beings. We speak not despite being religious people, but because we are people of faith who have a larger understanding of our human family and a larger call to love, serve and welcome.

When we know these stories, being faithful looks political. For Ali, for Karami’s family, for those suffering on Manus and Nauru, for our nation, for ourselves, for our faith and our Church, and for God’s sake, write to your elected representatives now.⁷

And let’s pray for these families, men and women, held in our detention centres, and for those who make the decisions that determine their fate.

1. Deuteronomy 27:19, NLT.

2. Ben Doherty, “Dying refugee receiving care at Gold Coast hospital after Nauru move,” *The Guardian* (Australia), June 29, 2018.

3. Ben Doherty and Sada Vasefi, “You hate us that much?” Mother of refugee who killed himself on Nauru berates Australia,” *The Guardian* (Australia), June 28, 2018.

4. Sada Vasefi and Ben Doherty, “Mother of Nauru refugee who killed himself begs to bury him in Australia,” *The Guardian* (Australia), July 6, 2018.

5. Daniel Webb, Statement at the 38th Session of the United Nations Human Rights Council, July 2, 2018.

6. See <<https://doctorsmakechange.org>>.

7. <www.aph.gov.au/Senators_and_Members>.

NATHAN BROWN BOOK EDITOR, SIGNS PUBLISHING.



The gospel in the storm

Stories in the Bible are not just superficial entertainment—they often carry great significance. In fact, every story included in the biblical record has a purpose. In each story of prophet, priest or king, under every rock and in every corner of Scripture, we find the gospel and the story of Jesus in some way illustrated.

The stories of Daniel serve as keys to unlocking the prophecies. Jesus' miracles illustrated His sermons. For example, He heals a blind man then declares He is the Light of the World. He feeds the multitudes then declares Himself to be the Bread of Life. He raises a dead man and follows it with a sermon on how He is the Resurrection and the Life.

So why was Luke so comprehensive and specific about Paul's boat trip to Rome in AD 63? Apart from the fact that the story is peppered with the pronoun "we", which indicates Luke was an eyewitness to the account, there is a much larger picture. And it is this: Paul had spent almost 30 years proclaiming the message of justification by faith throughout the empire. The book of Acts, though wrongly called "The Acts of the Apostles" in our English versions (because it is really the Acts of the Holy Spirit), primarily deals with the conversion and subsequent life of Paul. How fitting then that it concludes with a story that illustrates the message of justification by faith. Paul was on his way to Rome and it is that epistle that so clearly outlines the most significant truth in the New Testament.

Consider the story (Acts 27). They set sail for Italy with Julius and his Augustan cohort. The journey was difficult and ill-advised. Then comes the storm where they manifestly try to save themselves and it is only when they follow what God says that all on board are saved. Notice how they attempt salvation by self-works

in verses 13–17, where they do everything possible to "secure the boat" and bring it to safety. Then they throw the cargo overboard (v19) and "cast out with their own hands" the tackle. Finally "all hope of being saved was lost and abandoned".

If you can save yourself then go and do it! If you are righteous, the text says "he that is righteous, let him be righteous still". I say that sarcastically because you cannot save yourself, nor are you righteous. But if you think so, go your way and try it—vainly try it—for surely when you have fanned your best works into a flame and walked by the light of the sparks of the fire that you have kindled, you shall lie down in sorrow and be astonished that you were ever so mad as to dream of self-salvation or justification by your own works.

At this point in the story Paul has a message (v21–26) of salvation!

They cast out the four anchors and prayed! We have four anchors for our storms: prayer, Bible study, fellowship and worship. Notice how Paul (and his message) is now the dominating personality in the storm. Notice Paul's courageous example with the Bread of Life in verse 35. From that they were all encouraged and took bread themselves. Like Paul we dispense the Bread of Life to a dying world.

Amazingly, they have another go at self-salvation, contrary to Paul's word, (v40) with disastrous results (v41,42). However, all were saved by grace in the end by following the words of Paul (v43,44) and all reached the shore.

After the storm and salvation, there comes a picture illustration of the new earth, where there is no sickness and disease (28:7–10).

The gospel in a voyage—bon voyage to you too!

ROSS CHADWICK PASTOR OF DUNGOG
CHURCH, NSW.

SEEKING JUSTICE

Christ's ministry in the heavenly sanctuary

There is a sanctuary in heaven, the true tabernacle that the Lord set up and not humans. In it Christ ministers on our behalf, making available to believers the benefits of His atoning sacrifice offered once for all on the cross. At His ascension, He was inaugurated as our great High Priest and began His intercessory ministry, which was typified by the work of the high priest in the holy place of the earthly sanctuary. In 1844, at the end of the prophetic period of 2300 days, He entered the second and last phase of His atoning ministry, which was typified by the work of the high priest in the most holy place of the earthly sanctuary. It is a work of investigative judgement, which is part of the ultimate disposition of all sin, typified by the cleansing of the ancient Hebrew sanctuary on the Day of Atonement. In that typical service the sanctuary was cleansed with the blood of animal sacrifices, but the heavenly things are purified with the perfect sacrifice of the blood of Jesus. The investigative judgement reveals to heavenly intelligences who among the dead are asleep in Christ and therefore, in Him, are deemed worthy to have part in the first resurrection. It also makes manifest who among the living are abiding in Christ, keeping the commandments of God and the faith of Jesus, and in Him, therefore, are ready for translation into His everlasting kingdom. This judgement vindicates the justice of God in saving those who believe in Jesus. It declares that those who have remained loyal to God shall receive the kingdom. The completion of this ministry of Christ will mark the close of human probation before the second advent. (Leviticus 16; Numbers 14:34; Ezekiel 4:6; Daniel 7:9-27; 8:13, 14; 9:24-27; Hebrews 1:3; 2:16, 17; 4:14-16; 8:1-5; 9:11-28; 10:19-22; Revelation 8:3-5; 11:19; 14:6, 7; 20:12; 14:12; 22:11, 12)

“Justice sharpens the point of prophetic poetry and convicts the believer that those who follow Christ, who call themselves Christians, must necessarily care for the poor, the weak and the oppressed. It is hypocrisy to lift certain themes out of scripture and neglect this one.”—Ken Wystema¹

I learned the word “advocacy” as a 10-year-old when I did a school project about environmental sustainability. Back then, I understood advocacy to be the act of standing up for something or someone who needed protection. When I commenced law school as a 17-year-old, my concept of advocacy had been somewhat warped by television dramas such as *Suits* and *The Good Wife*. I thought legal life would see me waxing lyrical in courtrooms and frequenting the boardrooms of skyscrapers in Tokyo, Hong Kong and Singapore in a well-cut power suit, advocating for corporate clients. I perceived the legal profession as cut-throat, fast-paced, lucrative and glamorous. In some spheres that summary is authentic, but it was not to be my story.

Fast forward a decade and I was a fully-fledged lawyer. Rather than boardrooms and skyscrapers, I found myself holding meetings in the cool of a makeshift tent next to a billabong in the far north of Western Australia. I wore jeans and a t-shirt; such was the stifling heat of our simple yet stunning meeting place. My boots were covered in a thick layer of red dust. My clients were not the movers and shakers of Asian conglomerates but proud Aboriginal elders who, despite living and thriving for many centuries, were engaged in a struggle for state government recognition that they were the traditional owners of the land on which we met. Children wandered the meeting space, barefoot and happy,

stopping every so often to wrap me and my colleague in an enthusiastic bear hug. Whenever one of the little ones ventured too close to the water’s edge, an elder issued a strict decree in the local dialect, summoning the child back to the safety of the meeting tent. The billabong’s resident crocodile wouldn’t be fed that day.

My experience working for Aboriginal clients is a far cry from the bright lights of corporate law. Representing those communities both in and out of the courtroom was an extremely fulfilling experience—professionally and spiritually. It required me to develop the trust of my clients, manage the complexities of the case, and walk with them through the peaks and troughs that characterise litigation. It reinvented my understanding of advocacy and gave me a precious insight into the character of Jesus, our Advocate. For me, nowhere else in Scripture is Jesus’ advocacy so clear as in the doctrine of the investigative judgement.

The Bible is abundantly clear in its message that justice is close to the heart of God and is an intrinsic component of the Christian life. We are well versed as to the content of texts such as Micah 6:8 and James 1:27, but the Adventist understanding of the investigative judgement is a beautifully profound illustration of God’s commitment to doing justice. Our fundamental belief about the investigative judgement really takes on depth and form when read in conjunction with the great courtroom scene

of Daniel 7:9–12. In this chapter we find the white-haired Ancient of Days seated on a fiery throne, presiding over the heavenly record books that lay open before Him. Modern-day judges can but dream of evoking such majesty and respect! Further detail as to the meticulous happenings in the heavenly courtroom are provided by Ellen White: “As the books of record are opened in the judgement, the lives of all who have believed on Jesus come in review before God. Beginning with those who first lived upon the earth, our Advocate presents the cases of each successive generation, and closes with the living. Every name is mentioned, every case closely investigated.”²

Who are the characters in this scene? You and I are the accused. We are on trial, facing the death penalty. The courtroom is tense—the stakes are high. Satan appears as the arrogant and vindictive prosecutor, who craftily hurls evidence of unbelief and misconduct before the court. If he can make us look sufficiently unworthy, recalcitrant and unrepentant, then that will disentitle us from entry into the kingdom of God. But then there’s Jesus, our Lawyer. Wise, calm and humble, He pleads on our behalf before God to admit us to His eternal kingdom.³

Jesus embodies all of the attributes of a good lawyer. His preparation is meticulous, He is a gifted orator and He thinks quickly on His feet. Since Jesus knows our individual stories intimately, there is no-one better



placed to construct a sound and logical mitigation narrative that contextualises our poor decisions. As Satan builds his case and we begin to question the legal basis for our right to access the kingdom of God, Jesus soothes our concerns and confidently pushes on with our defence. I imagine sitting next to Him at the bar table. He whispers to me throughout the proceedings, "I died so that you can live. My grace is sufficient for you."

Most importantly, Jesus believes in the vindication of His clients and, by His death, has a vested interest in our case. Ellen White records that the climax in the proceedings takes place when Jesus tenders His own "wounded hands" as evidence in our favour, stating "I know them by name, I have graven them on the palms of my hands."⁴ Imagine the response of those in the courtroom's public gallery—what an unexpected twist to the proceedings! This is no ordinary lawyer. He doesn't rely upon the theatrics of His counterpart to impress the Judge. Instead, He subjected Himself to the pain, humiliation and death that would otherwise be ordered upon us, His beleaguered and guilty client. He is the perfect Advocate.

Earthly court proceedings inherently have a sense of uncertainty about them because the outcome is subject to the actions of imperfect human lawyers, questionable evidence and the deliberations of fallible human judges. Thankfully, that is not the case in God's courtroom. In Daniel 7:21,22 we are told, ". . . judgement was given in favour of the holy ones of the Most High, for the time had come, and the holy ones took possession of the kingdom". It is because of Jesus that we can step boldly into the heavenly courtroom, so that if we have repented of our sins and committed our lives to God, we can be confident of Jesus' ability to secure judgement in our favour.

For me, the beautiful image of

Jesus the Advocate gives strength and rigour to my Christian faith and crucial meaning to my chosen vocation. As someone "to whom much has been given",⁵ more than anything I want my faith to translate into action. I want the fruits of my life to be tangible and have real-world consequences that reveal the kingdom of God. Understanding that Jesus speaks well of me before God and does everything possible to ensure that I can live a fulfilled and peaceful life for eternity makes me want to do what I can to ensure God's other beloved children have the same opportunity, notwithstanding their lot in life.

Advocacy is neither glamorous nor lucrative. It requires one to become intimately accustomed and entwined with the unlovely people and powers in our society. Pursuing justice on behalf of Christ is a challenging and often thankless calling. Advocates may be dismissed as a "social justice warrior" or worse, even by members of their own faith community. Be encouraged! Don't be dissuaded by such short-sightedness. Just as Jesus advocates for us in our imperfect, broken and unlovely state, we are called to do the same for the marginalised and oppressed in our respective spheres of influence, that they too might know that with Jesus, victory is certain.

1. *Pursuing Justice: The Call To Live and Die for Bigger Things* by Ken Wystema, published February 11, 2013, by Thomas Nelson, page 31.
2. *The Great Controversy*, p 483.
3. *The Great Controversy*, pp 483–485.
4. *The Great Controversy*, p 484.
5. Luke 12:48.



LESLEIGH BOWER

General secretary of the Western Australian Conference.



RUSTED ONTO THE PEWS

Thank you for "Growing young: how to save our Church" (June 16).

It is regrettable that sermon time in our church is unproductive for most of our children. They are disengaged, occupying themselves with video games or colouring. Our church has children storytime—the adults do the talking, when it should be our children telling their stories to us. It seems we are rusted on to the way things have always been, unable to free things up, so as to finally become a movement. The Bible is timeless, its advice is always relevant. Holiness is happiness, and there is a way for all of us, young and old, to have fun in church. But Puritanical church culture inherited long ago still lingers on. That which was acceptable 150 years ago, was bearable 50 years ago, now is irrelevant. Young people have devices that are more "fun" than church. The Bible has a solution, but cultural change is needed.

Henry Firus, Vic

HOW MUCH SUPPORT CAN WE GIVE?

Our Church has probably never been in such great need of our support.

Yes, heartfelt prayer is needed, mission work must continue and increased funding is essential. But there are many ways to help promote our various outreach programs here at home. For some of us, direct participation is a possibility or maybe even a necessary action; for others, there are many possible alternatives.

One area in need of our support is our educational institutions. It is difficult to understand why some members who are financially able refuse to make use of some of the finest educational facilities (even though many non-members are so keen to avail themselves of these valuable resources).

Most members know Sanitarium supports the Church and every member can support Sanitarium. Wouldn't it be great if every member resolved to eat or

drink a Sanitarium product at least once a day? There are so many terrific varieties to choose from so there's no excuse. *Signs of the Times* subscriptions? Help your neighbour? Love your enemies? The list goes on—and no-one is exempt!

Terry Annable, NSW

THIRD STATION

The June 30 *Record* includes the article: "First ABC set up in Adventist heartland". The last paragraph reads: "Bisiatabu is the site of Papua New Guinea's first Seventh-day Adventist mission station, set up in 1908. This year marks 110 years of Adventism at the site."

As the son of missionary EA Boehm and having lived in PNG for more than 75 years, as I remember things, there have been three Bisiatabu stations. The first was on the northern ridge around three kilometres from the current site. This was on the side of the track the pack horses used to open up the area. The

second site was two kilometres south-east from the old station where permanent buildings were erected for operating the rubber plantation that had started producing. It was beside a new road from Laloki River to Owens Corner, the commencement of the Kokoda Track.

We as a family lived at this station after World War II for around a year. In 1945, however, Division leaders felt it not right that the Church be involved in commercial activities so sold the station (rubber plantation and all processing buildings and equipment).

My father then was able to buy the Royal Papuan Jail property two kilometres from the plantation and we moved across to that and builders arrived from Australia—Anderson (Central Coast, NSW) and Johnson (WA) who built the existing third Bisiatabu mission station out of war-time buildings bought at Wards Strip, Port Moresby.

Ken Boehm, NSW

28 SERIES

I am collecting the 28 Fundamentals that are printed in *Adventist Record* but believe I may have missed one.

Could you please clarify if there is an article between April 7, 2018 and May 5, 2018 issues. I look forward to your advice.

Corinne Knopper

Editor's note: Glad you are enjoying the series. The April 21 issue was our special AUC edition and did not have a 28 Fundamental article in it. If you have missed any, they are all available at our website <record.adventistchurch.com>.

NOTE: Views in "Have your say" do not necessarily represent those of the editors or the denomination. Comments should be less than 250 words, and writers must include their name, address and phone number. All comments are edited to meet space and literary requirements, but the author's original meaning will not be changed. Not all comments received are published.



CAN YOU BE AN UNHEALTHY VEGETARIAN?

Vegetarian diets are known for their health benefits, but there are still things you need to watch out for to make sure your diet is healthy.

There's no doubt that vegetarian diets are good for your health. Research shows that people following a balanced plant-based diet are consistently slimmer and healthier than meat eaters. They also have a lower risk of cardiovascular disease, certain cancers and type 2 diabetes—that's a big tick in anyone's book.

But not all vegetarians are healthy. Like any diet, it comes down to what you pack on your plate.

Plant-based diets are typically rich in fruits, vegetables, whole grains, nuts and legumes, but that's not always the case. You could just as easily load your meat-free plate with creamy pastas or mountains of white bread.

Foods that are highly processed, such as refined carbs, are the nemesis of any diet and when it comes to being vegetarian, regularly indulging in these types of foods can actually wipe out the health benefits gained from eating meat-free.

According to medical professionals, eating an unhealthy vegetarian diet can put you at an even higher risk of illness than someone eating a well-balanced diet that includes meat and dairy.

So how can you avoid common mistakes and ensure you are eating a healthy vegetarian diet?

Try giving your favourite dishes a meat-free refresh for a healthier version with bags of flavour. Switch mince meat for lentils and mushrooms for a rich bolognese, or add broad beans or chickpeas to soups or curries. Adopting a vegetarian lifestyle doesn't mean you have to miss out.

Try our other tips for healthy vegetarian eating and enjoy the plant-based benefits!

Visit sanitarium.com.au or sanitarium.co.nz for more great ways to improve your health.



Apple almond crumble

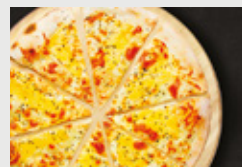
A slight twist on this old classic dessert provides a real treat for those wanting to end their meal with a healthy indulgence.

Find this recipe and hundreds more at:

Australia: sanitarium.com.au/subscribe
New Zealand: sanitarium.co.nz/subscribe

 Sanitarium Health and Wellbeing is now on Facebook!

TIPS FOR HEALTHY VEGETARIAN EATING



KEEP IT BALANCED

Balance is best for any healthy diet. Focus on fresh, whole foods and avoid overly processed foods where possible. Just because something is vegan or labelled "vegetarian-friendly" may not mean it is a healthier option—like cheese pizza.



DON'T FORGET PROTEIN

An important thing to keep in mind when going vegetarian is making sure you swap meat-based protein for plant-based protein sources. Eat foods like tofu, tempeh and legumes, and don't forget about delicious plant-based meat alternatives.



MIX IT UP

Different fruits, vegetables and grains will nourish you in different ways, so it's important to mix up the menu to make sure you aren't missing out on essential vitamins, minerals and healthy fats. As well as protein, focus on getting healthy carbs, good fats, calcium, iron and vitamins in your diet.

Sanitarium
health & wellbeing

HI KIDS!

KIDS SPACE



ELISHA BLESSES THE WOMAN OF SHUNEM

Whenever Elisha passes through Shunem, a well-to-do woman gives him meals. She and her husband agree to add a room on the roof of their house for Elisha's visits. Elisha is grateful and wishes to do something for them. Because they have no children, Elisha tells the woman that she will have a son next year. And she does. One day this son gets sick and dies. His mother goes to find Elisha and brings him to her home. Her son is restored to life.

HELP ELISHA GET TO THE SHUNAMMITE WOMAN'S SON

COLLECT THE WORDS ALONG THE WAY TO FINISH THE VERSE.

God gives me more than I can imagine.

TO

ABLE

UP

GOD

GIVES

DO

SO

MORE

THE

IMMEASURABLY

AND

ASK

IMAGINE

MORE

DOWN

MEMORY VERSE

"(He) is _____ than all we _____ or _____." Ephesians 3:20



SOUTH PACIFIC DIVISION Church Planting Conference 2019

February 10-13

Avondale College

Online Registration <https://events.adventist.org.au/ew/app/registration/index.html?e=3048>



Appreciation

DAVEY. Maxine and family thank everyone for their prayers, loving support, tributes and condolences, both before and after the death of Pastor Eric Davey.

Wedding

JOHN-KNIGHT. Meljo John, son of George and Mary John (India), and Ashleigh Knight, daughter of Alvin and Sonia Knight (East Warburton, Vic), were married on 14.1.18 at Projekt 3488 reception centre in Warburton. Meljo is continuing his work as a business assessor and Ashleigh is teaching at Edinburgh College in Lilydale.

Morrie Krieg

Obituaries



BRANDSTER (BRANDSTATER), Donald Arthur, born 31.8.1927 in Wahroonga, NSW; died 2.6.18 in Cooranbong. In 1947 he married Norma Fiddymont, but the marriage ended after 27 years. In 1980 he married Betty Meers, who predeceased him in 2016. He is survived by his third wife Shirley O'Malley; children Wayne and Cheryl; stepchildren Patricia, Mary and Stuart; grandchildren; and great-grandchildren. Don moved into Avondale House in 2016, then later into the independent living units in the Avondale Retirement Village complex. Don was a unique, generous and determined man.

Abel Iorgulescu

DEAN, Rodney James, born 3.6.1934 in Mildura, Vic; died 4.2.18. He married Ethel Atkins, who predeceased him in 1996. He was also predeceased by children Christopher and Margaret, granddaughter Andrea Chapman and great-granddaughter Kalani Hardy-Hawkins. Rodney married Joyce Simpson in 1999. He is survived by Joyce (Mildura); children Heather and Graeme Chapman (Mildura), Arthur (Ranelagh, Tas), and Pauline and Boyd Hardy (Helidon Qld); sister Marlene and John Davis (Colac, Vic); six grandchildren; and six great-grandchildren. Rodney loved his Lord and his church and loved worshipping God each week.

Loren Pratt

HORNE, Allan George, born 6.4.1931; died 8.6.18 in South Morang, Vic. He is survived by his wife Joyce; and sons Raymond, Rodney, Darren and Allister. Allan was dearly loved. He now sleeps, resting until Christ returns.

Rod Anderson

ROBERTS, Esther, born 12.4.1932 in Shan State, Myanmar; died 20.6.18 in Melbourne, Vic. On 10.12.1959 Esther married Meshack. She is survived by her husband; children Colin, Melville Kelvin and Crystallyn; grandchildren Elijah, Shohana and Jasmine; and two great-grandchildren (all of Melbourne). Esther was a great woman of faith who was always encouraging people to look to Jesus and His saving grace. Her life of faith impacted many people. She sleeps, awaiting the resurrection day.

Brian Lawty



SHARP, Daisy Evelyn (nee Hunt), born 10.6.1921; died 26.3.18 in Cooranbong, NSW. On 18.10.1945 she married Olyn Sharp, who predeceased her in 1973. She was also predeceased by Rosemary in 1977. Daisy is survived by Merolyn, Lyndon, Josephine, Denise and Lloyd. Daisy and Olyn will both be remembered by people over the years who were influenced to go out and see the world in a more sensitive and thoughtful way—especially in the Papakura region (NZ), Longburn College and at Avondale College (NSW). Daisy was a fierce advocate for the arts and, as a practising artist and teacher, promoted the enjoyment of seeing and being in the world as a dynamic and wonder-filled experience. Originally from New Zealand, she lived in Cooranbong (NSW) from 1980 onwards. She died peacefully, aged 96.

Kenn Duke



THIELE, Nellie Noreen (nee Evans), born 22.11.1924 in Millaa Millaa, Qld; died 23.1.18 in Innisfail. In 1950 she married Eric Thiele, who predeceased her in 2000. She is survived by her son David (Cooranbong, NSW), daughter Joyce (Innisfail), two grandchildren; and three great-grandchildren. Nellie and Eric joined the Innisfail Adventist church in 1962 as a result of an evangelistic campaign run by Pastor Ivan Vickory, who was their next door neighbour at the time. Nellie served for many years as the church librarian and deaconess,

as well as being active in a ministry of hospitality.

James London, David Thiele

ADVERTISING

ALLROUND TRAVEL

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RESEARCH INTO REVERSING TYPE 2 DIABETES

A researcher within the Lifestyle Research Institute at Avondale College is looking for volunteers to participate in a clinical trial using a lifestyle program for improving and reversing symptoms of Type 2 diabetes. Contact <linda.cloete@avondale.edu.au/> Ph 94803630.

NEXT ISSUE: ADVENTIST WORLD, AUGUST 11

POSITIONS VACANT

PRINCIPAL—ESPERANCE CHRISTIAN SCHOOL ESPERANCE, WA

Seventh-day Adventist Schools (WA) Ltd is seeking a dedicated Adventist educator to fill the role of principal at Esperance Christian School, commencing January 2019. The successful applicant will have experience in educational leadership, manage the educational programs of the school, maintain a positive organisational culture, have a strong vision for the school and, most importantly, be a strong spiritual leader. It is essential to have a current visa that entitles the applicant to work in Australia. A full role description is available on request from the director of education Rhonda Belson: <rhondabelson@adventist.org.au>; phone 0428 459 294. Applications should include a cover letter and CV (with three work-related referees listed and local pastor contact details). Applications should be submitted directly to the director of education at the above email address. **Applications close August 29, 2018.**

YOUTH MINISTRY DEPARTMENTAL ASSISTANT GREATER SYDNEY CONFERENCE (EPPING, NSW)

Greater Sydney Conference is seeking an enthusiastic and competent individual to provide support for the youth ministries department. This full-time position requires an individual who has a heart for ministry and service, self-motivated, well organised, has a high level of computer skills, and excellent written and oral communication. Commencing August, this role involves providing administrative and clerical support to the youth directors, developing design concepts and final artwork for all promotions and publishing material, maintaining the youth website and other social media networks, and assisting with the organisation and running of youth department events and activities. Please see the Adventist Employment website for additional details. For further information and a full job description please contact Ian Low, human resources manager: <ianlow@adventist.org.au>. **Applications close August 10, 2018.**

FUNERAL ARRANGER**NORTH NEW SOUTH WALES CONFERENCE, COORANBONG, NSW**

The North New South Wales Conference is seeking to appoint a funeral arranger to provide a range of cemetery and funeral services. This will include liaising with customers and coordinating the smooth running of ceremonies. In addition, this role will support the funeral director to ensure professional and compassionate service is provided to the bereaved. To discuss the role or to request a job description, please contact Matthew Brown: (02) 4951 8088 or via email <matthewbrown@adventist.org.au>. Applications are to be submitted in writing via email to <amyedwards@adventist.org.au>, addressing the essential and desirable criteria outlined in the Performance Profile. **Applications close August 6, 2018.**

FUNERAL DIRECTOR**NORTH NEW SOUTH WALES CONFERENCE, COORANBONG, NSW**

The North New South Wales Conference is seeking to appoint a funeral director to provide a range of cemetery and funeral services. This will include coordinating functions both internal and external to the cemetery team and supporting the cemetery manager to ensure professional and compassionate service is provided to the bereaved. To discuss the role or to request a job description, please contact Matthew Brown: (02) 4951 8088 or via email <matthewbrown@adventist.org.au>. Applications are to be submitted in writing via email to <amyedwards@adventist.org.au>, addressing the essential and desirable criteria outlined in the Performance Profile. **Applications close August 6, 2018.**

GRAPHIC DESIGNER (MATERNITY LEAVE COVER)**ADVENTIST MEDIA, WAHROONGA, NSW**

Adventist Media is looking for a full-time graphic designer to join the editorial team to fill a maternity relief role for 12 months, with the ability to start in early September. In this role you will be preparing designs for both print and digital production, with the main focus on the design and layout of magazines produced by Adventist Media. The successful applicant will have tertiary qualifications in graphic design or a related discipline, previous experience in a similar role, an advanced level of skill and knowledge of Adobe Creative Suite especially InDesign, Photoshop and Illustrator, high level organisational skills, including the ability to prioritise tasks in order to meet strict deadlines, a high standard of attention to detail, excellent communication and interpersonal skills with the ability to work with people at all levels. For more information on the position visit <adventistemployment.org.au>. To apply, please send your resume and portfolio to Tracey Bridcutt <traceybridcutt@adventistmedia.org.au>. **Applications close August 10, 2018.**

OFFSET PRINTING TRADESPERSON**ADVENTIST MEDIA, WARBURTON, VIC**

As a printer you will have experience operating multi-colour sheet-fed presses and have exceptional colour management skills with the ability to work under pressure and to deadlines. You will have mechanical aptitude, be willing to learn and be flexible. The successful applicant will have a commitment to producing high-quality work and be customer focused with high attention to detail. They will take pride in their work and have a genuine interest in fulfilling the mission of the Church with a positive and proactive work attitude. They will be physically fit, reliable, flexible and willing to work shifts as required. A forklift licence is an advantage. For further

information or for applications in writing (including a current CV), please contact Ray Portbury, production manager on (03) 5965 6300 Monday to Thursday; or email <ray.portbury@signspublishing.com.au>. **Applications close August 28, 2018.**

SANITARIUM SCHOLARSHIP PROGRAM**BERKELEY VALE, NSW**

Are you looking to study a business, science, engineering or finance degree? Do you want to be part of an organisation where people and purpose matter? Sanitarium Health & Wellbeing, along with the Seventh-day Adventist Church, are thrilled to offer Year 12 Adventist students the opportunity to apply for a new and exciting scholarship program. The scholarships on offer will include payment of 50 per cent of university tuition fees (HECS) for each year of the degree, 10-12 weeks paid internship per year of study, mentoring by industry professionals across Sanitarium Health & Wellbeing and career opportunities upon graduation. For more information about this exciting opportunity and to apply, please visit <sanitariumscholarship.com> Available for Australian and New Zealand resident students only. **Applications open August 1, 2018 and close September 30, 2018.**

VOLUNTEER ADRA OP SHOP MANAGER**BUSSELTON, WA**

Are you looking for a rewarding challenge in a beachside holiday location? The Busselton ADRA Op Shop has been successfully operating since 2002. With current leadership retiring, we are looking for a new shop manager to continue to develop a centre of influence in the community. A passionate heart to minister to those in need, managerial and administrative qualities, and the ability to lead and delegate are essential. We are seeking a dependable, self-motivated person with the ability to communicate and work with the local management committee. This position is best suited to someone with a "can do" attitude and adaptability. Basic accounting and computing skills are preferable but not essential. Legitimate business expenses will be reimbursed as per our volunteer policy. A job description for this volunteer position, as well as more details, are available at <https://www.adra.org.au/work-for-us/>. If this role sounds like your calling, please email your CV, along with a covering letter outlining why you believe you are suited to this role and how you can contribute to this mission, to Suzanna Cuplovic: <suzannacuplovic@adra.org.au> See: ADRA Op Shop Busselton on Facebook. **Applications close August 7, 2018.**

RECEPTIONIST, ACCOUNTS CLERK AND PERSONAL ASSISTANT**AUSTRALIAN UNION CONFERENCE, RINGWOOD, VIC**

This is a great opportunity to join our team in this new, diverse role. We are looking for a person with a strong passion to serve the Church, who enjoys working with people in a pleasant, professional and confidential manner. The successful person will not only need skills for reception, but have an understanding of accounts to assist the accounting services team. The position will also include some minor personal assistant duties. This role is made for someone who likes some variety in their job and who is able to tackle various duties at the same time. This is a full-time role, commencing immediately. For more details or to request a job description, please contact Lorraine Atchia: <lorraineatchia@adventist.org.au>. **Applications close August 14, 2018.**

FOR MORE AVAILABLE POSITIONS VISIT: ADVENTISTEMPLOYMENT.ORG.AU



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SDA Deaf Church Down Under



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*Operated by the SDA Deaf Church Down Under, in cooperation with Christian Services for the Blind and Hearing Impaired.

For more information and online registration:

Website: www.sdadeafdu.org/camp2018.htm

SMS: 0409 711 346

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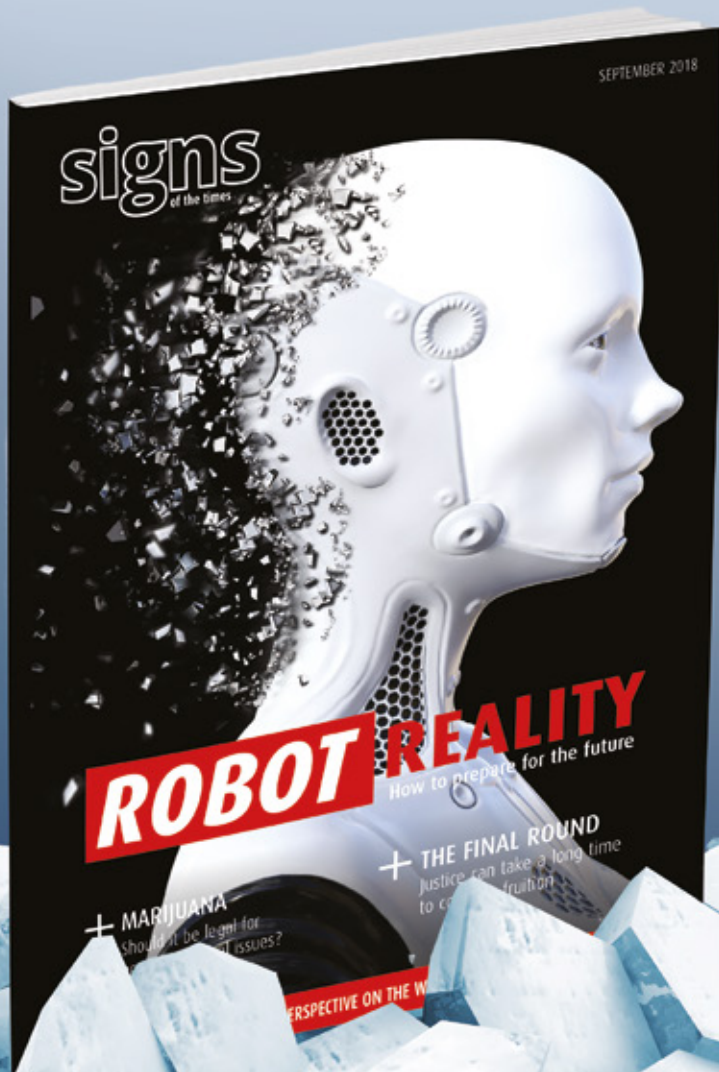


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