

Counseling Psychology PhD Program

Brown Bag Series

Tuesday November 27, 2012 at 12:30- 1:30

Chinese Calligraphy & Health

The therapeutic effects of Chinese calligraphy:

https://www.youtube.com/watch?v=zflp_T1W-UQ

https://www.youtube.com/watch?v=X6JZB3_R-IY&feature=relmfu

Articles:

Kao, H. (2010). Calligraphy therapy: A Complementary approach to psychotherapy. *Asia Pacific Journal of Counseling and Psychotherapy*. Vol. 1, 55- 66



Presented by:
Anna Liu

