

Brown Bag Series
Tuesday Nov. 6, 2012
12:30-1:30, Bell Hall, Cultural Lab



Creativity and Mood

Presented by Tami McClellan

-The connection between highly creative people and mood disorders:

<http://vimeo.com/17850317>

http://www.dailymotion.com/video/xebm7u_the-relationship-between-creativity_people

-Therapeutic Benefits of Creativity:

<http://www.youtube.com/watch?v=Q5LAvzN-VXo&feature=related>

<http://www.youtube.com/watch?v=-7alqKjHJXQ>

-Tips and techniques to integrate art therapy into practice:

<http://www.youtube.com/watch?v=n8zIBJDZanc&feature=relmfu>

<http://www.youtube.com/watch?v=-rOI2dng9AM&feature=relmfu>

http://www.youtube.com/watch?v=0jdc_PEWP9I&feature=relmfu

-Article:

Silvia, P., & Kimbrel, N. (2010) A Dimensional Analysis of Creativity and Mental Illness: Do Anxiety and Depression Symptoms Predict Creative Cognition, Creative Accomplishments, and Creative Self-Concepts? *Psychology of Aesthetics, Creativity, and the Arts*. V.4, 2-10. DOI:10.1037/a0016494