

Freshman Year—Orientation

- Complete Freshman Orientation Week & Career Assessment Testing
- Attend Group Review Session to review assessment results
- If you are not required to attend Group Review Sessions schedule an appointment with a counselor at the Counseling & Testing Center for review of assessment results
- Visit the CTC, meet the staff, and become familiar with the resources of the office
- Meet with your assigned academic advisor to plan curriculum and determine course options
- Schedule an appointment at the Student Success and become acquainted with the support services available at Student Success
- Explore career paths and increase awareness of connection between academic major and career choices with academic advisor/CTC counselor/or through AU Careers.
- Research occupations and careers of interest through the CTC resource library, on-line services, university library, and other resources
- Complete periodic on-line searches to become more familiar with the different career choices related to specific academic majors
- Search for opportunities to develop professional work ethics through volunteer work and job opportunities
- Conduct informal interviews with faculty, friends, family, and the alumni network to enhance understanding of different careers
- Research part-time and summer job opportunities- Attend a summer employment workshop
- Contact your advisor about your department's schedule of career fairs and make plans to attend the fairs
- Plan to attend career related events offered through the CTC, Student Success Center, and other university departments
- Begin to create your resume and professional portfolio.
- Seek assistance at AU Careers, CTC, Student Success Center, and or your Academic department