

# Processing Load And Biopotentials: An Evaluation Of A Consumer Electroencephalogram (EEG)

By. Kristen Bishop

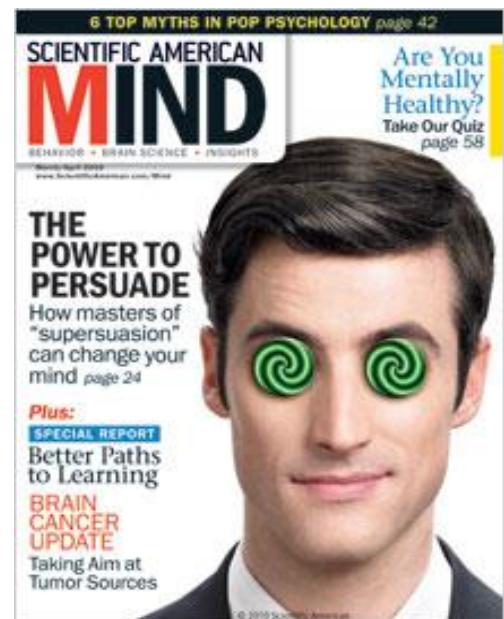
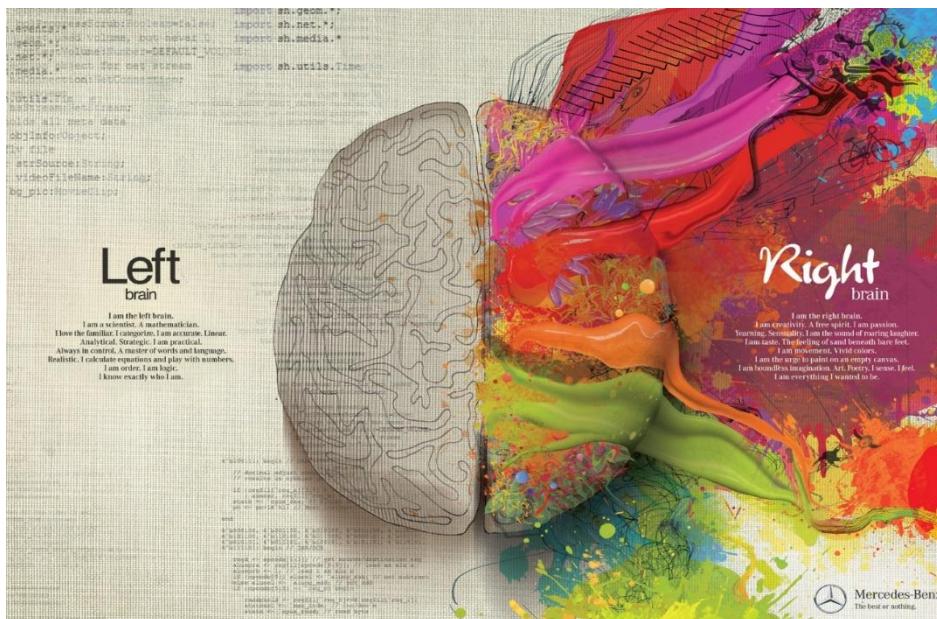
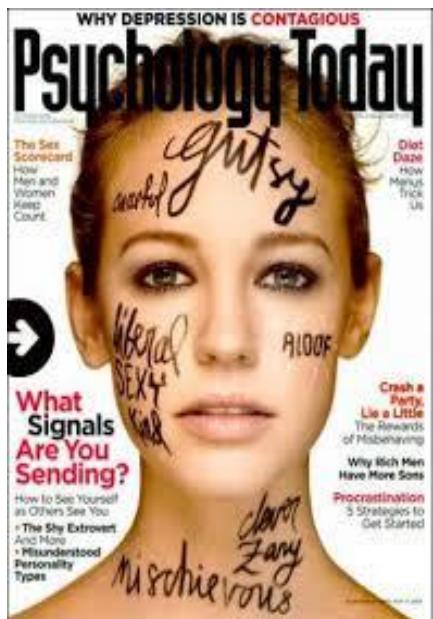
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J.N. Andrews Honors Program

# Introduction

- ▶ Popular Psychology
- ▶ Marketing for consumers
- ▶ Testing of Devices



# NeuroSky

- ▶ A single channel Electroencephalogram device from NeuroSky
- ▶ Concentration & Meditation
- ▶ Claims of this device have not been tested
- ▶ The purpose of my study is to test this device, specifically NeuroSky claims of concentration.

The screenshot displays the NeuroSky mobile application interface. At the top, there are two sections: 'Discover your brain in 5 minutes!' featuring a musical note icon and 'Are you ready for SpeedMath?' featuring a calculator icon. Below these are two large icons: 'Concentration' (yellow sun-like face) and 'Meditation' (blue smiling face). The main area contains five cards with icons and descriptions: 'FOCUS' (lightning bolt), 'RECHARGE' (person meditating), 'LISTEN' (music note), and 'PLAY' (gaming controller). Each card also includes a brief explanatory text. At the bottom right, it says 'Test your level of control with mini games or download over 100 more apps from NeuroSky.com'.

Discover your brain in 5 minutes!

Are you ready for SpeedMath?

Concentration

Meditation

FOCUS  
See your level of focus and learn how to raise or lower your level of attention.

RECHARGE  
View your level of calm and learn how to clear your mind of distracting thoughts.

LISTEN  
Listen to your favorite music and discover how it effects your brainwaves.

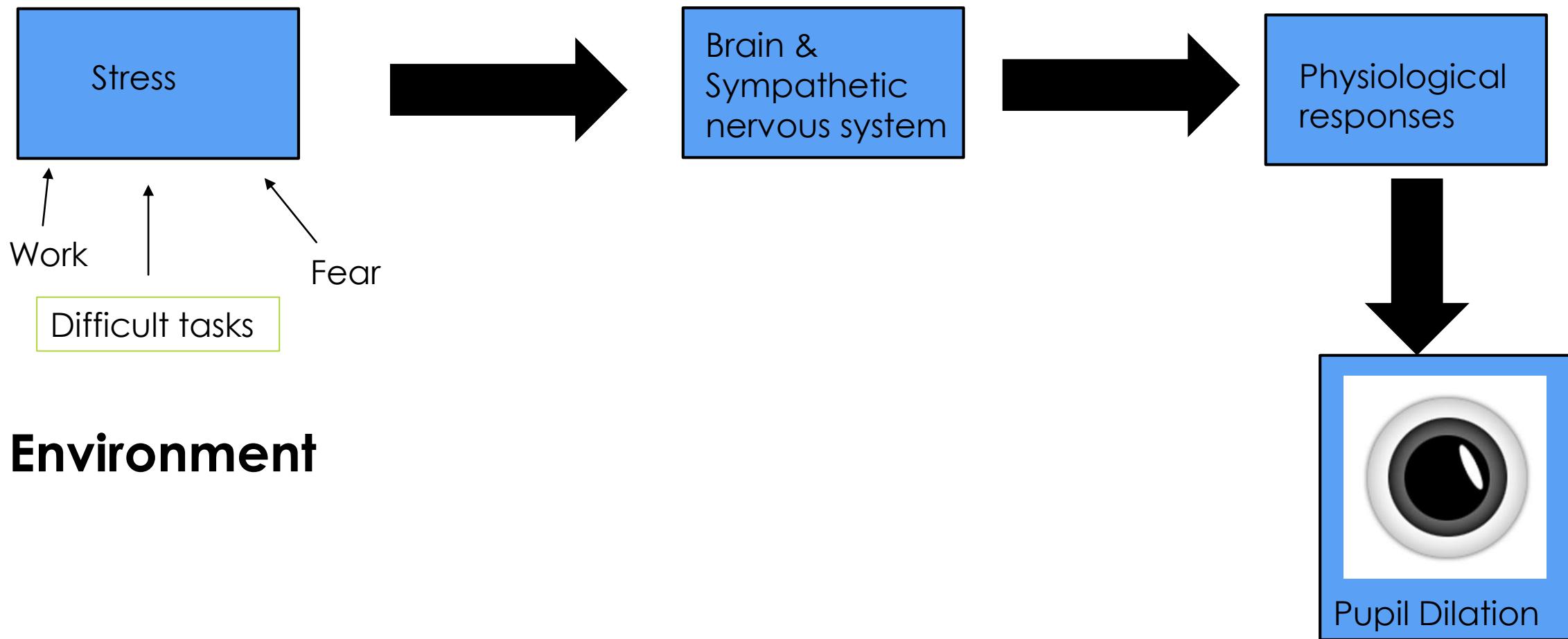
PLAY  
Test your level of control with mini games or download over 100 more apps from NeuroSky.com

# Literature Review

- ▶ Concentration can be measured by looking at alpha waves on an EEG readout (Klimesch, 1999).
- ▶ Concentration can also be measured using pupil dilation.
- ▶ Pupil dilation studies (Kahneman & colleagues, 1969; Bijleveld, Custards & Aarts).

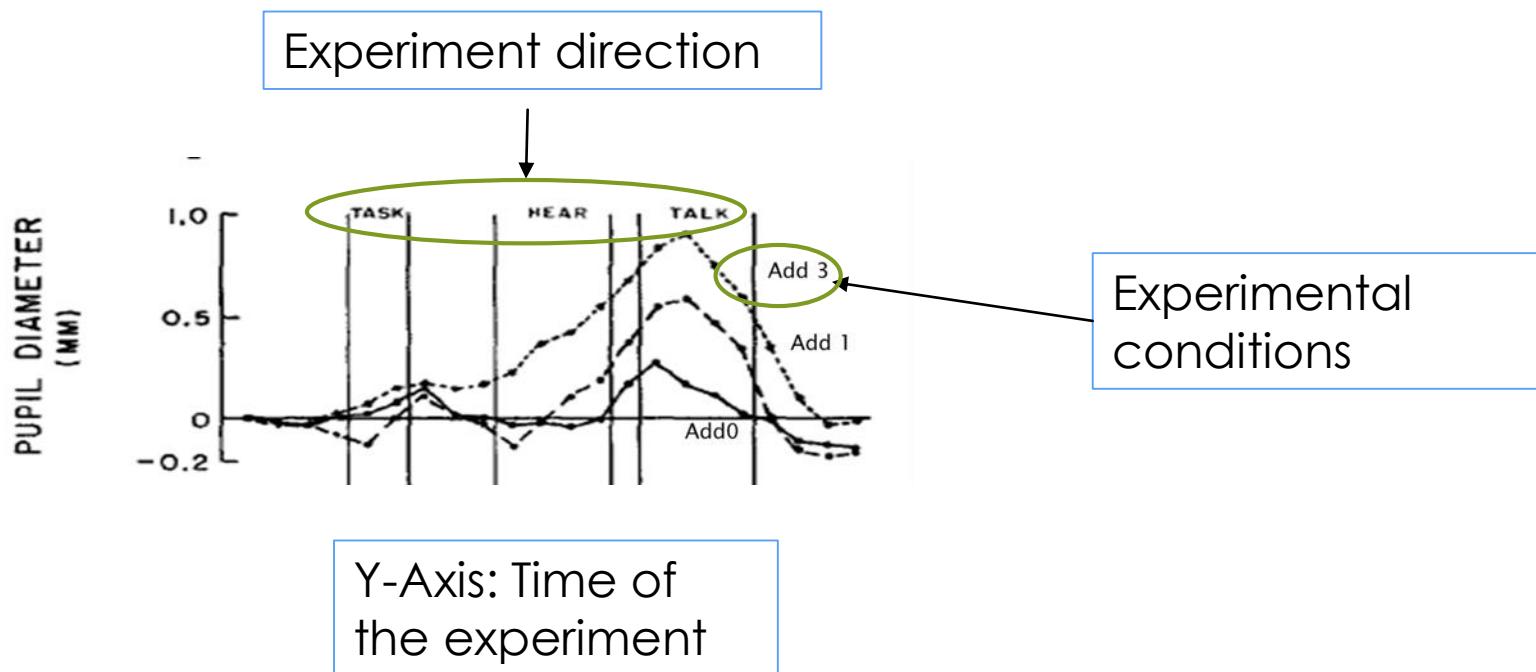
**Hypothesis:** Pupil dilation does indeed measure concentration, and if the NeuroSky device measures concentration, the readout of the EEG output should correlate with the pupil dilation studies.

# How the Pupil works



# Experiment 1: Methodology

- ▶ Replicate Kahneman and colleagues 1969 study.



# Experiment 1: Methodology

- ▶ Replicated Kahneman and colleagues 1969 study
  - ▶ Task of the subject
  - ▶ Addition problems while on the eye tracker

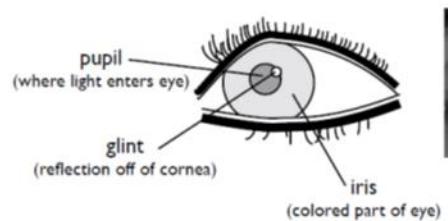
## Methodology



# Experiment 1: Methodology

## ► Equipment

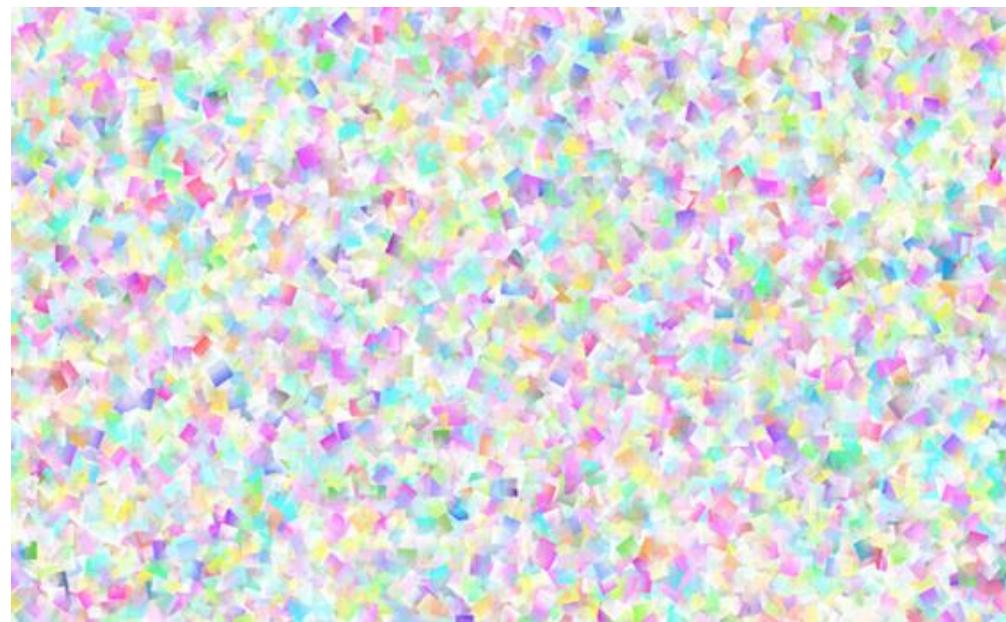
- 60 Hz dark pupil infra-red eye tracker.



# Experiment 1: Methodology



Set-up with Subject

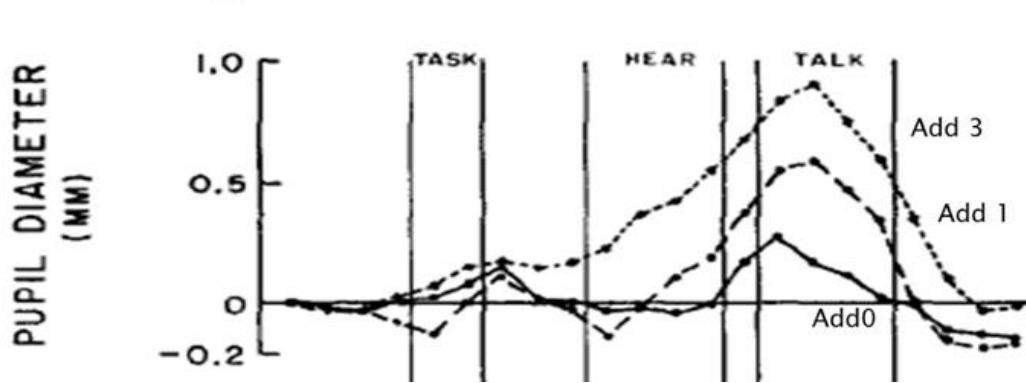


Screen subjects looked at.

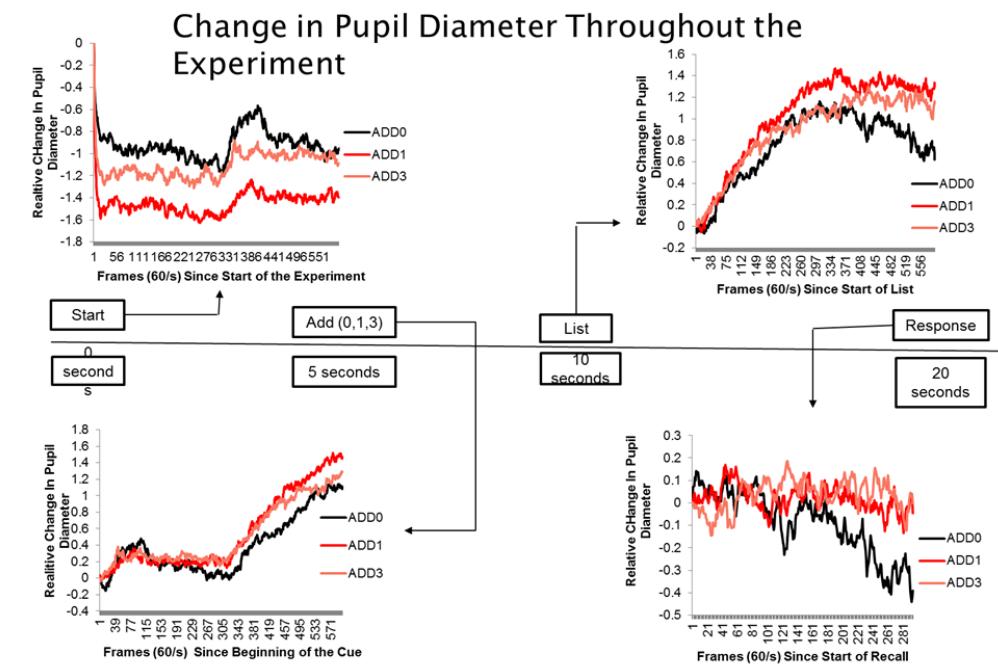
# Experiment 1: Methodology

- ▶ Participants
  - ▶ 29 students
  - ▶ 4 males & 25 females
  - ▶ 3 removed from data analysis

# Experiment 1: Results

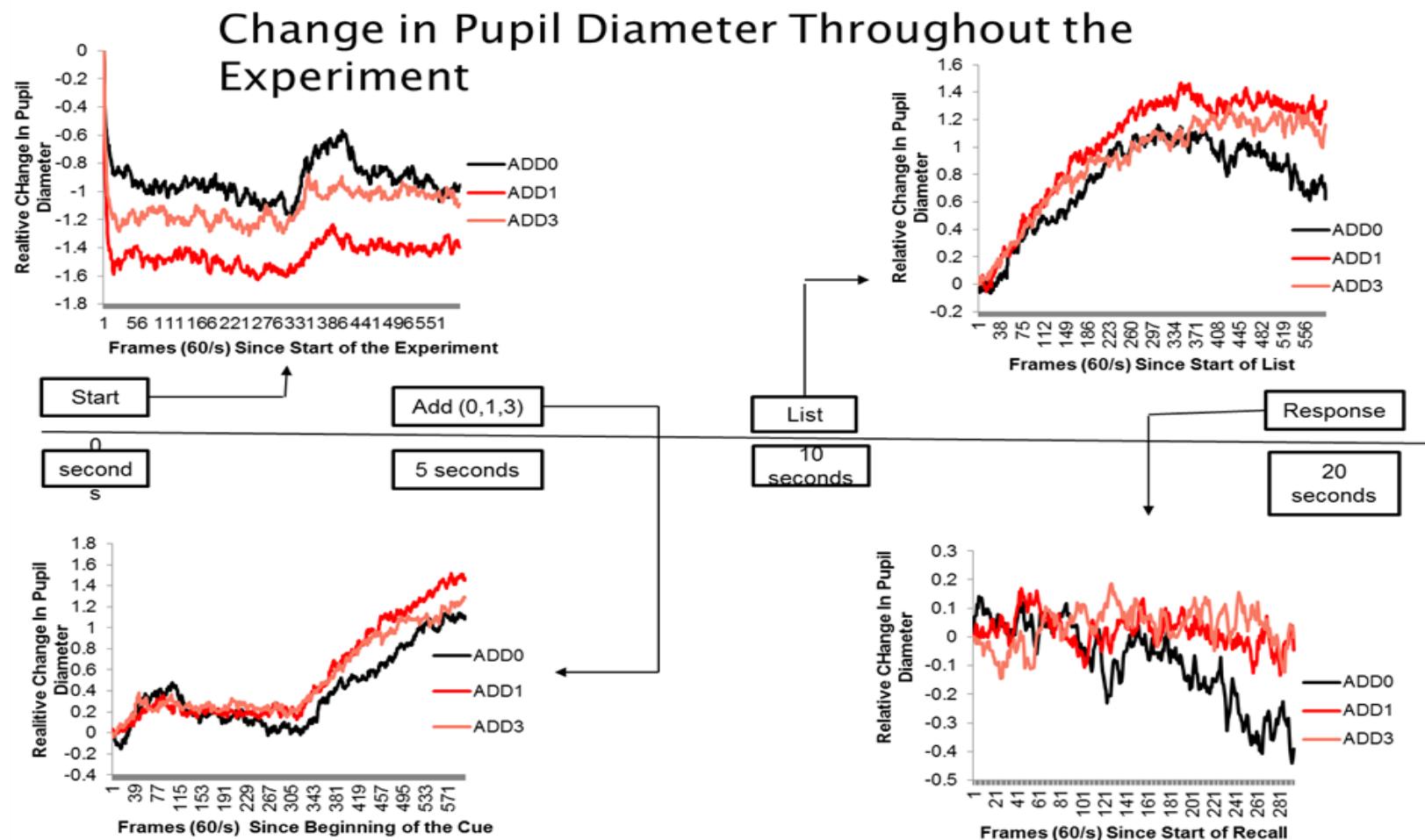


Original study



Experiment 1

# Experiment 1: Results



# Experiment 1: Statistics

- ▶ Eye tracking data was split into 4 groups
- ▶ R 3.0.2 using the aov function
- ▶ A one-way ANOVA was done on each group

Frames	F(2,50)	P
0-200	2.16	.13
200-400	2.92	.06
400-600	5.59	*.01
0-600	4.02	*.02

\* Significant values

# Experiment 1: Conclusions

## Conclusion 1

1969 study is accurate in their finding and is replicable.

## Conclusion 2

Task difficulty, or concentration, can be measured using an eye tracker.

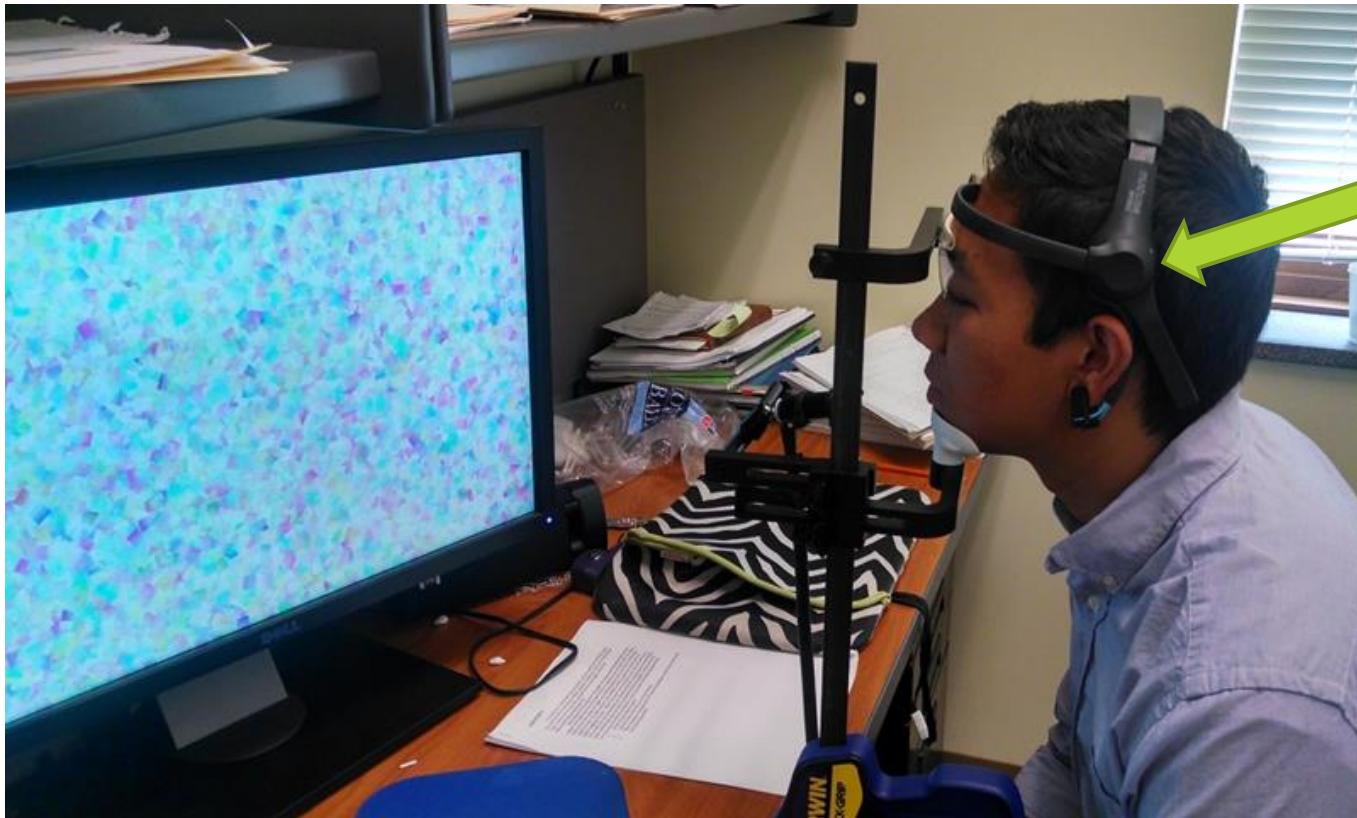
## Conclusion 3

We found the biggest increase in pupil size in the add 1 condition instead of the add 3 condition

# Experiment 2: Methodology

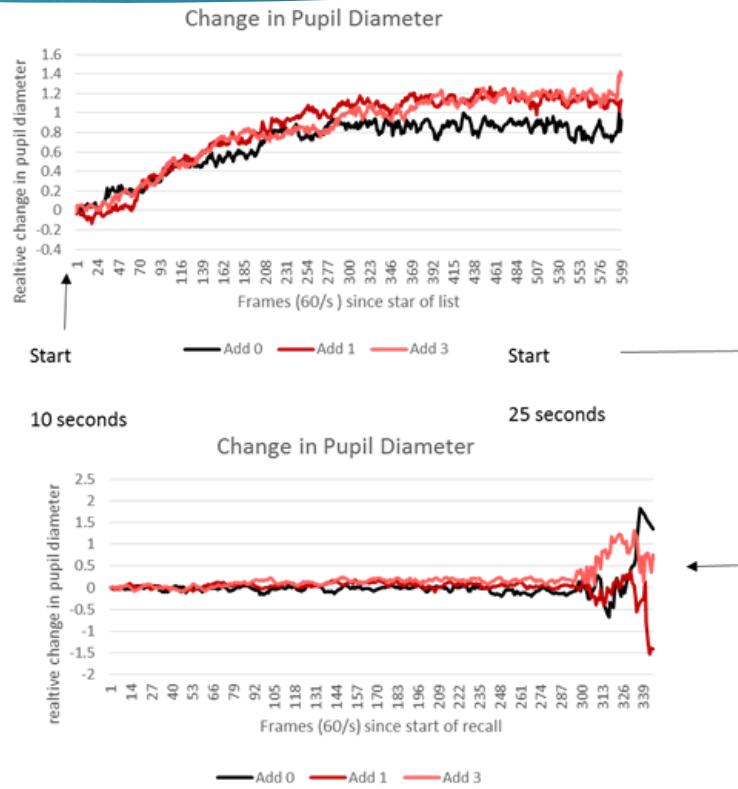
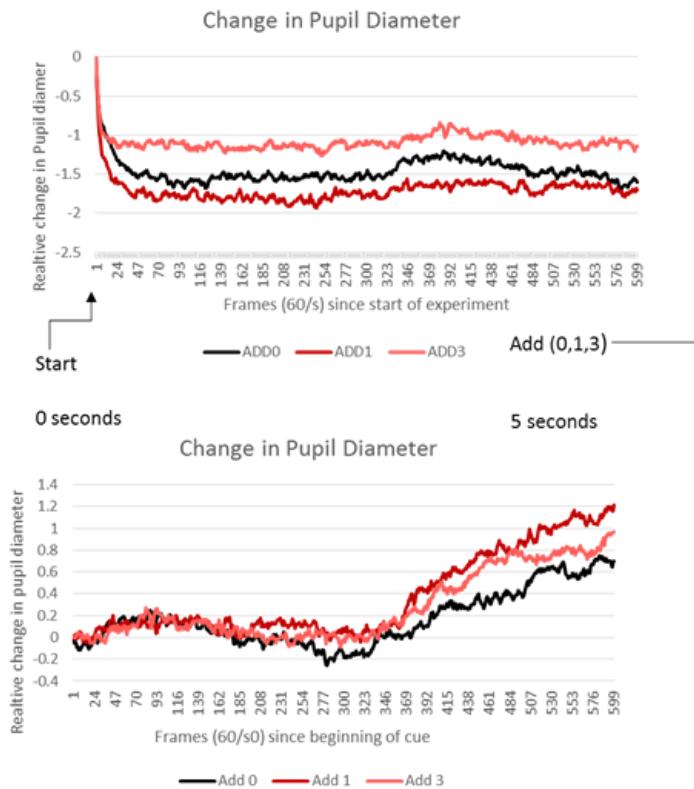
- ▶ Same methodology as experiment 1, but with the NeuroSky device.
- ▶ 31 subjects
  - ▶ 8 males 24 females
  - ▶ 5 removed from data analysis ( for track loss and recording failure)

# Experiment 2: Methodology



NeuroSky Headband

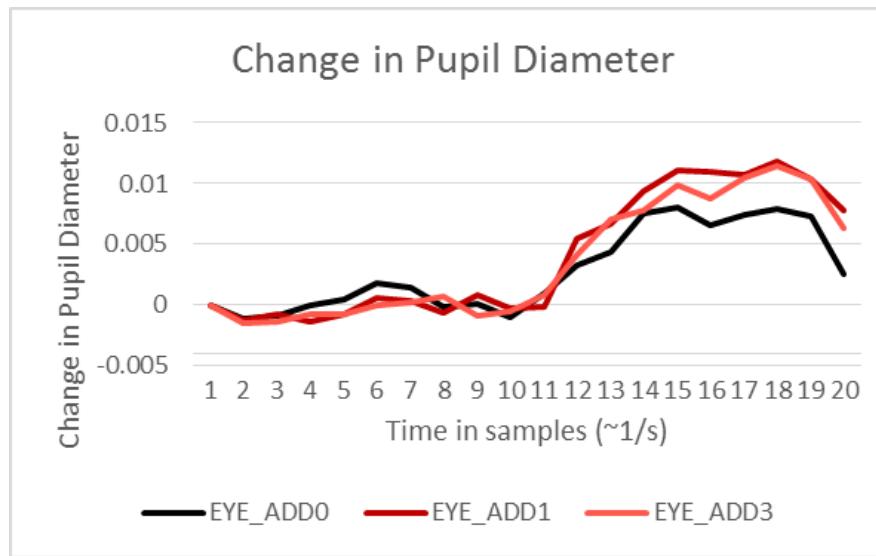
# Experiment 2: Conclusions



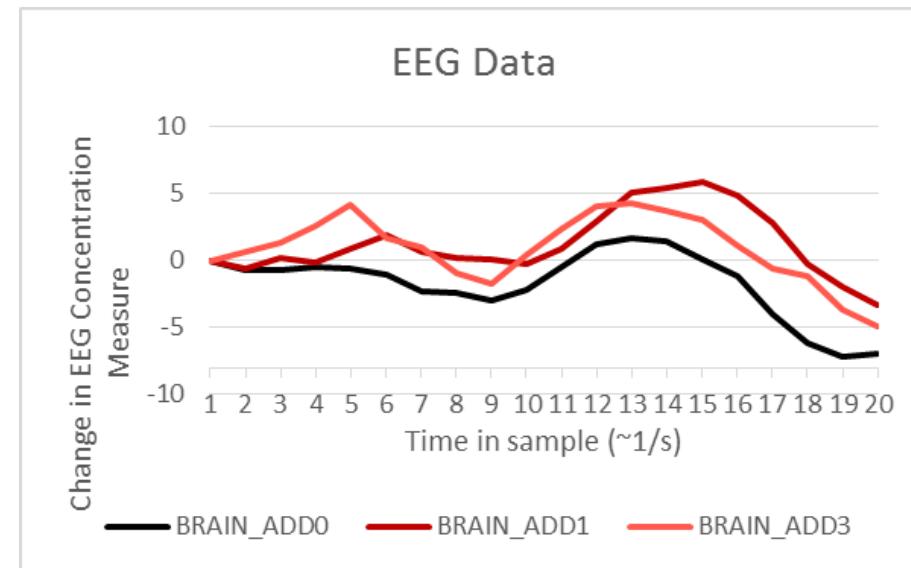
Similar waves as found in the 1969 study and in experiment 1

# Experiment 2: Conclusions

## Eye study



## EEG Study



The curves of the lines for both the eye data and EEG data are very similar

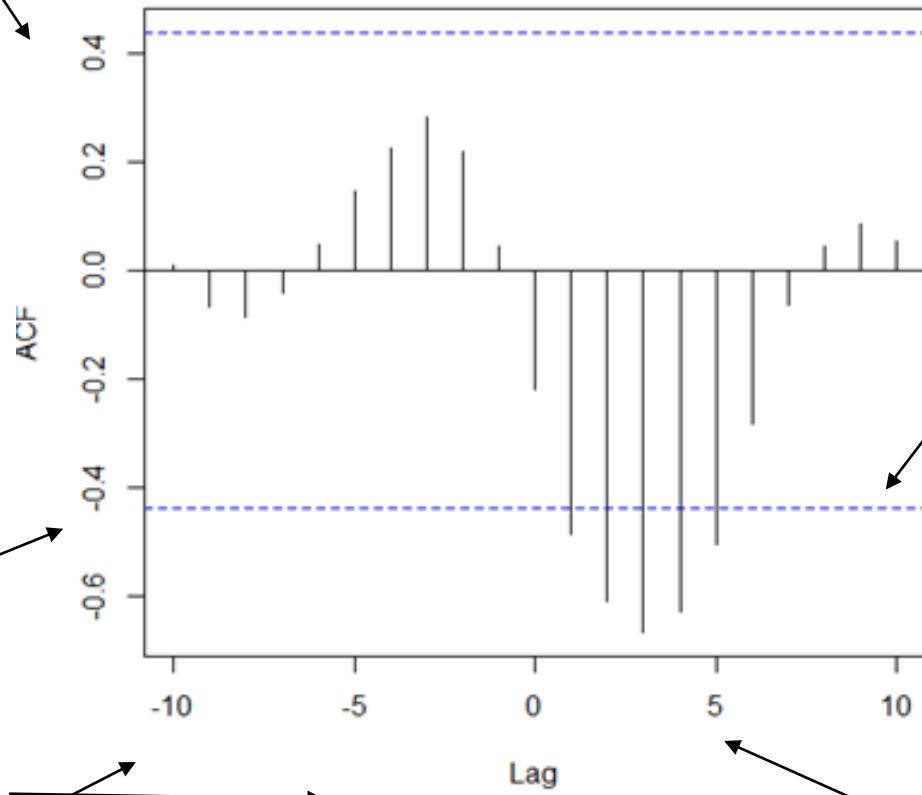
Positive correlation: the lines are moving together

X-axis: ACF = Auto correlation function, correlation( $r$ ) number

Negative correlation: the lines are moving apart

Y-axis: Time  
Negative lag: EEG wave preceding the eye wave

Add 0 condition

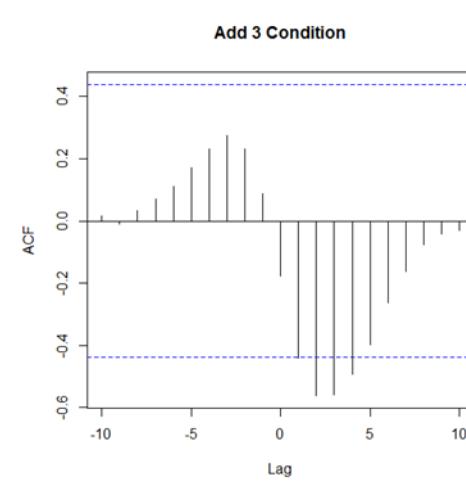
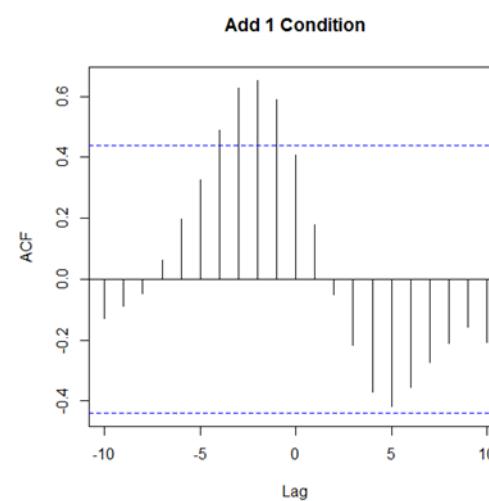
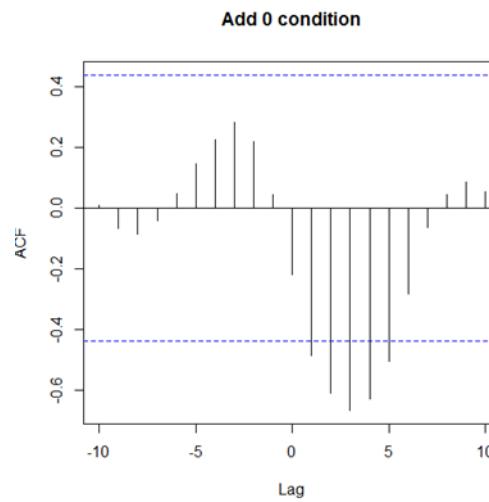


Significant level of  $p = .05$

Positive lag: Eye wave preceding EEG wave

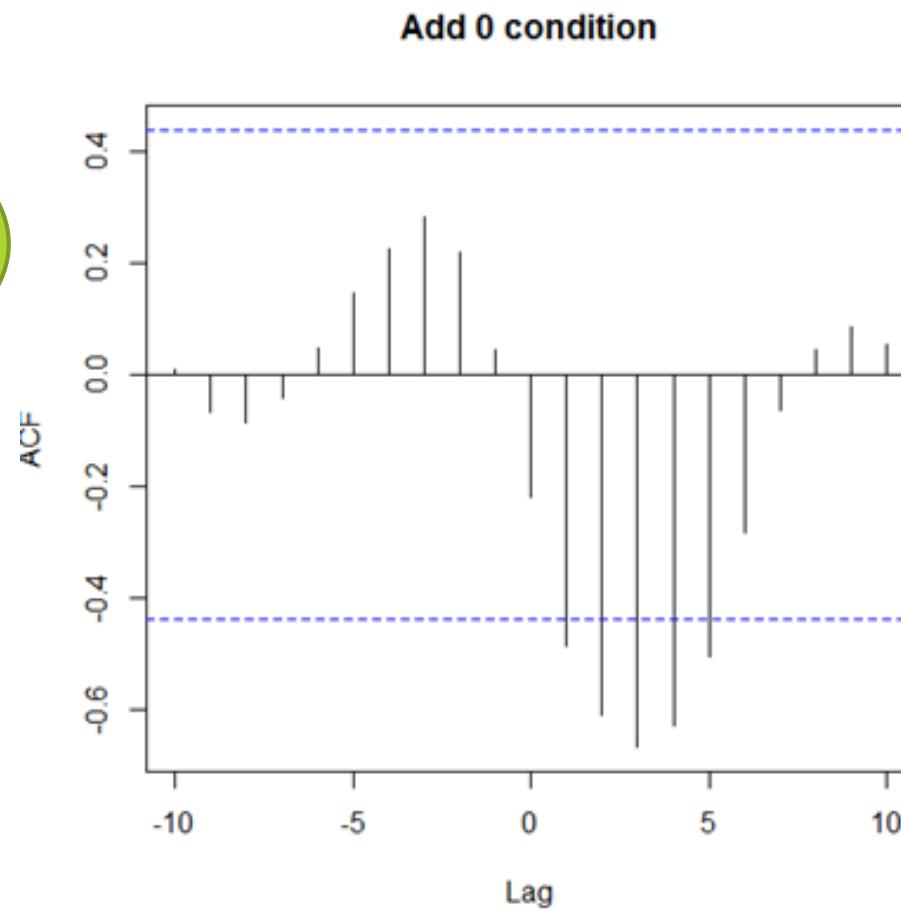
# Experiment 2: Statistics

- ▶ A cross-correlation was done to see how similar the lines were.



# Experiment 2: Results

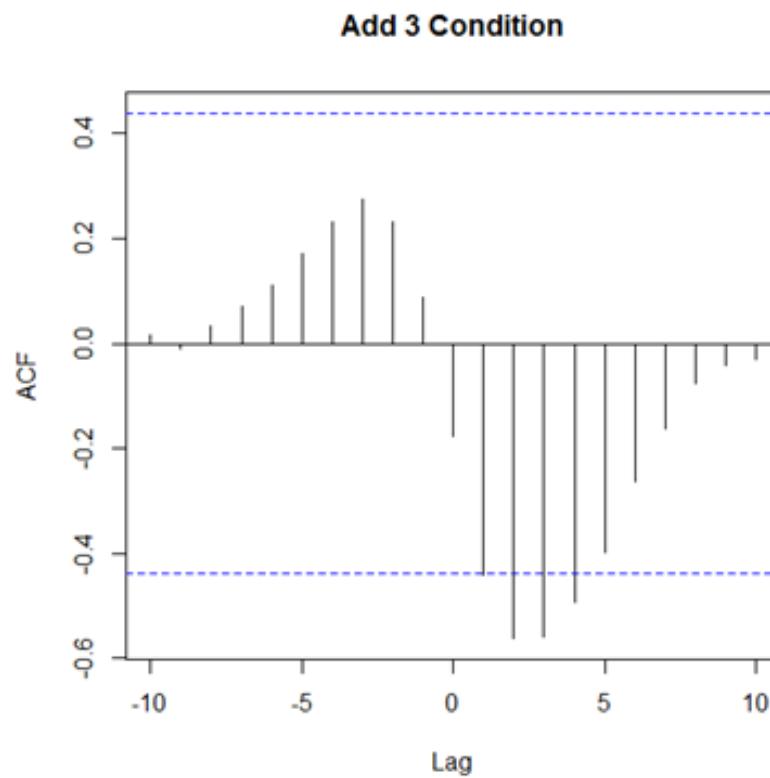
Positive correlation with a negative lag



Significant negative correlation with a positive lag

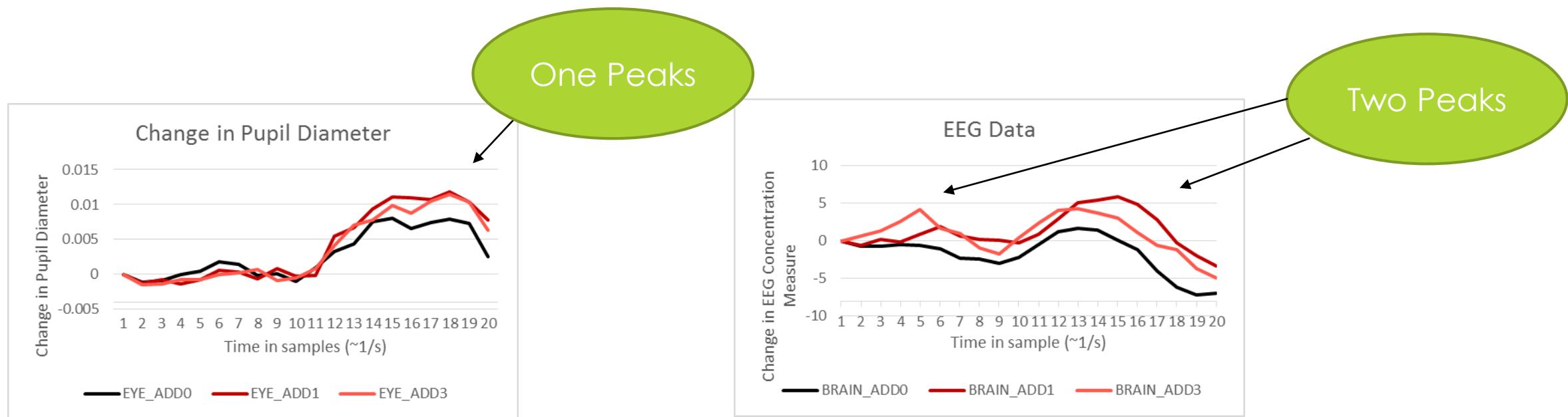
# Experiment 2: Results

A positive correlation with a negative lag



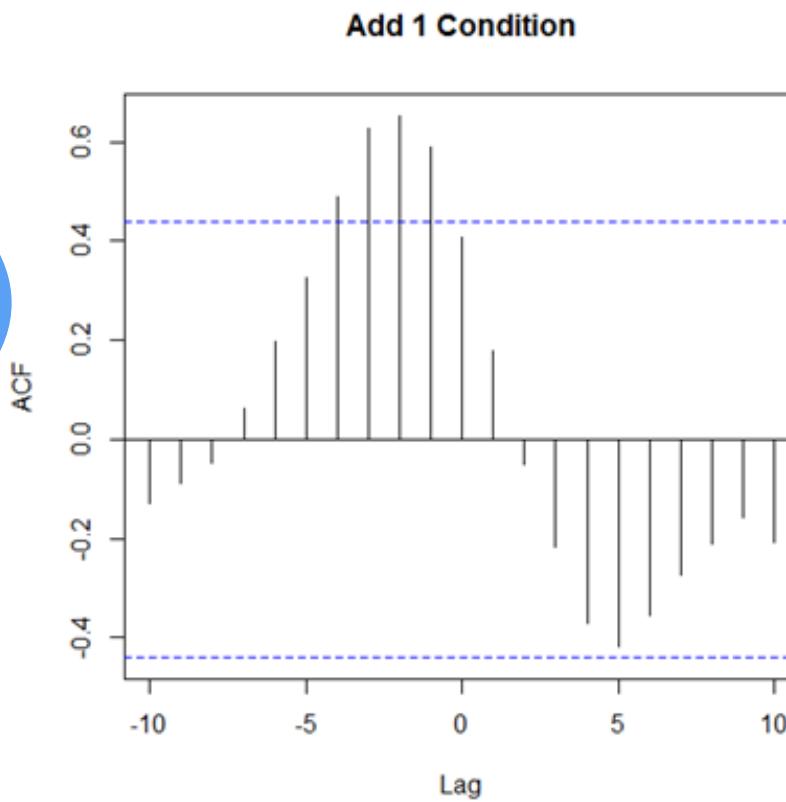
A significant negative correlation with a positive lag

# Experiment 2: Results



# Experiment 2: Results

Significant positive correlation with a negative lag



Negative correlation with a positive lag

# Experiment 2: Results

## What this means

- ▶ Only one condition fit the Brain/pupil model
- ▶ The baseline and add 3 condition are almost identical
- ▶ The NeuroSky device, actually measures concentration.
- ▶ More sensitive than pupil dilation measurements

# Implications & Limitations

## Implications

- ▶ Can be used for simple studies.
- ▶ Classroom use
- ▶ Layperson use
- ▶ Low cost

## Limitations

- ▶ Single channel
- ▶ Sampling rate

# Concluding Thoughts

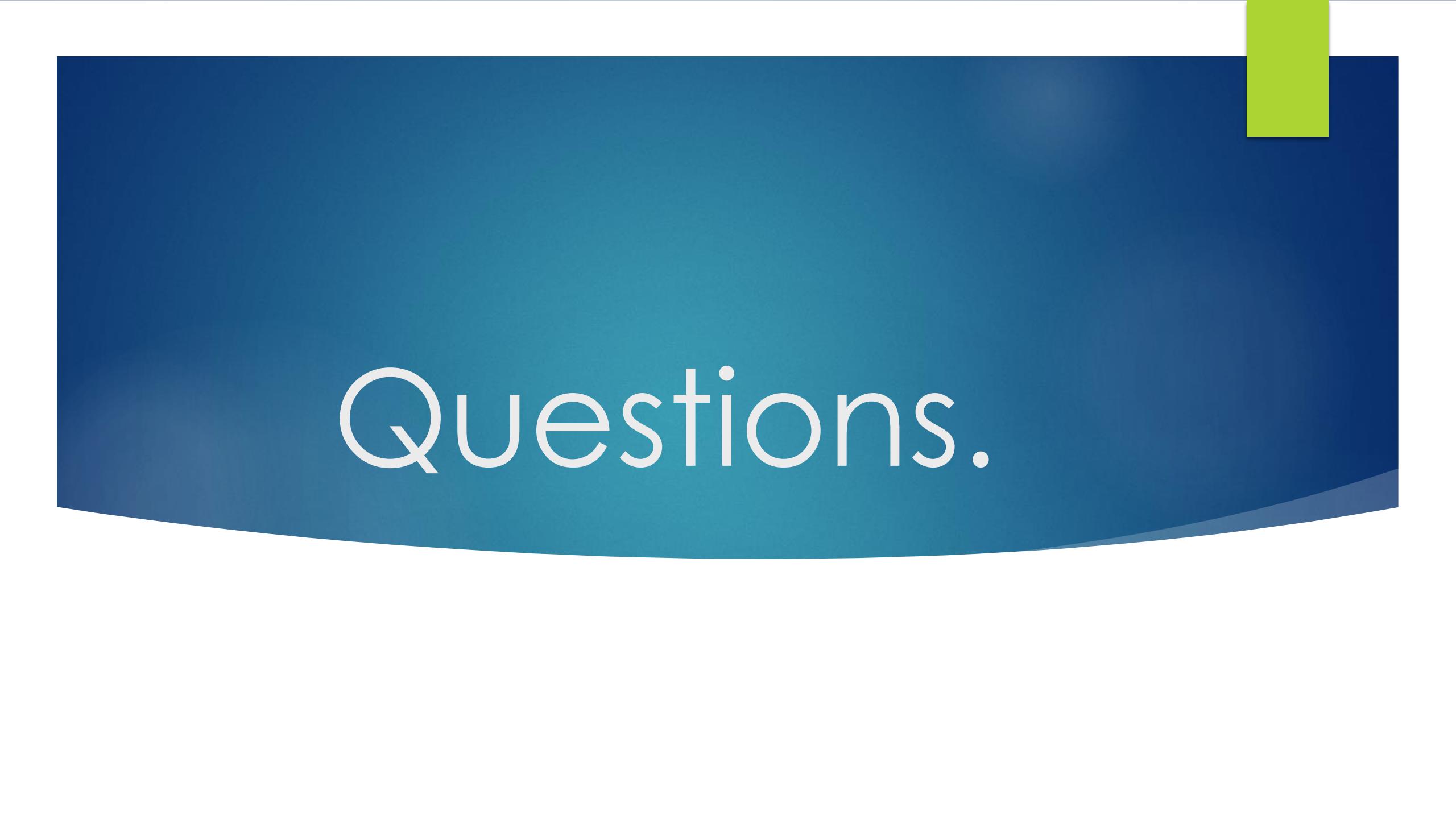
- ▶ The claims of the NeuroSky device are true regarding concentration.
- ▶ Laypeople are really getting what they believe they are buying.
- ▶ This equipment has been validated for use in teaching and simple research projects.
  - ▶ Example: teaching EEG in physiological psychology class

# Selected Bibliography

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Questions.