

# BS Nutrition Science & Dietetics

## Recommended Schedule

(Nutrition Science Emphasis)\*\*\*

| Fall Semester   | FRESHMAN                      | Time     | Day   | Credits   | Spring Semester         | FRESHMAN                              | Time     | Day   | Credits   |
|-----------------|-------------------------------|----------|-------|-----------|-------------------------|---------------------------------------|----------|-------|-----------|
| BIOL 165        | Foundations of Biology        | 12:30    | MTWRF | 5         | BIOL 166                | Foundations of Biology                | 12:30    | MTWRF | 5         |
| BIOL 165 L      | Foundations of Biology Lab    | 14:00    | T     | 0         | BIOL 166 L              | Foundations of Biology Lab            | 14:00    | T     | 0         |
| ENGL 115        | College Writing I             | 8:30     | MWF   | 3         | COMM 104                | Communication Skills                  | 8:00     | TR    | 3         |
| RELT 100        | God & Human Life              | 10:30    | MWF   | 3         | CHEM 132                | General Chemistry II                  | 9:30     | MTWRF | 4         |
| CHEM 131        | General Chemistry I           | 9:30     | MTWRF | 4         | CHEM 132 L              | General Chemistry II Lab              | 14:30    | M     | 0         |
| CHEM 131 L      | General Chemistry Lab         | 14:30    | M     | 0         | FDNT 230                | Nutrition                             | 11:30    | MWF   | 3         |
|                 | <b>Total credits</b>          |          |       | <b>15</b> | HLED 120                | Fit for Life                          | 10:30    | T     | 1         |
| Summer Semester | FRESHMAN                      | Time     | Day   | Credit    | <b>Total credits</b>    |                                       |          |       |           |
| MATH 191        | Calculus                      | 12:30    | MTWR  | 4         |                         |                                       |          |       |           |
| SOCI 119        | Principles of Sociology       | 9:30     | MWF   | 3         |                         |                                       |          |       | <b>16</b> |
| Fall Semester   | SOPHOMORE                     | Time     | Day   | Credits   | Spring Semester         | SOPHOMORE                             | Time     | Day   | Credits   |
| CHEM 231        | Organic Chemistry I           | 8:30     | MTWRF | 3         | CHEM 232                | Organic Chemistry II                  | 8:30     | MTWRF | 3         |
| CHEM 241 L      | Organic Chemistry I Lab       | 18:00    | T     | 1         | CHEM 242 L              | Organic Chemistry II Lab              | 13:30    | T     | 1         |
| FDNT 124        | Food Science                  | 13:00    | TR    | 3         | ENG 215                 | College Writing                       | 12:30    | TR    | 3         |
| FDNT 124 L      | Food Science Lab              | 14:00    | T     | 0         | RELT 250                | Personal Spirituality & Faith         | 11:30    | MWF   | 3         |
| PHYS 141        | General Physics I             | 10:30    | MTWRF | 4         | PHYS 142                | General Physics II                    | 10:30    | MTWRF | 4         |
| PHYS 141 L      | General Physics I Lab         | 12:30    | W     | 0         | PHYS 142 L              | General Physics II Lab                | 15:30    | W     | 0         |
| PSYC 101        | Intro to Psychology           | 14:00    | MW    | 3         |                         | <b>Total credits</b>                  |          |       | <b>14</b> |
|                 | <b>Total credits</b>          |          |       | <b>14</b> |                         |                                       |          |       |           |
| Fall Semester   | JUNIOR                        | Time     | Day   | Credits   | Spring Semester         | JUNIOR                                | Time     | Day   | Credits   |
| BIOL 260        | General Microbiology          | 11:30    | MWF   | 4         | FDNT 352                | Food Service Management II            | 9:30     | MW    | 3         |
| BIOL 260L       | General Microbiology Lab      | 14:00    | MW    | 0         | FDNT 352 L              | Food Service Management Lab           | 15:30    | M     | 0         |
| FDNT 310        | Nutrition in Life Cycle       | 9:30     | MWF   | 3         | FDNT 485                | Nutrition & Metabolism                | 10:30    | MWF   | 3         |
| FDNT 351        | Food Service Management I     | 10:30    | MW    | 3         | BSAD 384                | Human Resources Mgt.                  | 14:00    | MW    | 3         |
| FDNT 351 L      | Food Service Management Lab   | Arranged |       | 0         | PBHL 440                | Fundamentals of Spirituality & Ethics | 12:30    | TR    | 3         |
| BCHM 421        | Biochemistry                  | 8:30     | MTWF  | 4         | MUHL 214 *              | Enjoyment of Music *                  | 10:00    | TR    | 3         |
| FTES Elective   |                               |          |       | 1         | FDNT 118                | Profession in Dietetics               | 14:30    | T     | 1         |
|                 | <b>Total credits</b>          |          |       | <b>15</b> |                         | <b>Total credits</b>                  |          |       | <b>16</b> |
| Fall Semester   | SENIOR                        | Time     | Day   | Credits   | Spring Semester         | SENIOR                                | Time     | Day   | Credits   |
| FDNT 441        | Medical Nutrition Therapy I   | 10:00    | TR    | 3         | FDNT 442                | Medical Nutrition Therapy II          | 13:00    | TR    | 3         |
| FDNT 451        | Medical Nutrition Therapy Lab | 14:30    | R     | 1         | FDNT 452                | Medical Nutrition Therapy Lab         | 14:30    | R     | 1         |
| FDNT 448        | Nutrition & Wellness          | 10:30    | MWF   | 3         | FDNT 422                | Community Nutrition II                | 14:30    | W     | 2         |
| FDNT 498        | Research Methods              | 9:30     | T     | 2         | FDNT 422 L              | Community Nutrition Lab               | Arranged |       | 0         |
| FDNT 498 L      | Research Methods Lab          | 9:30     | R     | 0         | FDNT 460                | Seminar: EG White                     | 18:30    | T     | 1         |
| RELB 210        | Jesus in His Time & Ours      | 12:30    | TR    | 3         | FDNT 490                | Program Review                        | 12:30    | F     | 1         |
| FDNT 421        | Community Nutrition I         | 12:30    | MW    | 2         | BSAD 355                | Management & Organization             | 10:00    | TR    | 3         |
| FDNT 421 L      | Community Nutrition Lab       | 13:30    | M     | 0         | HIST 110                | World Views, Culture & Gods**         | 9:30     | MWF   | 3         |
|                 | <b>Total credits</b>          |          |       | <b>14</b> |                         | <b>Total credits</b>                  |          |       | <b>14</b> |
|                 |                               |          |       |           | <b>CREDIT TOTAL 125</b> |                                       |          |       |           |

Updated 1/2015 \* may be substituted with the following classes: PHTO210, ENGL255, PHIL224, ARTH 220, MUHL 258, a course in Studio Art, or 3 credits in Ensemble Music.

\*\* may be substituted with the following classes. HIST 117, HIST 118, HIST 204, HIST 205

\*\*\* Recommended for Pre-Med, Pre-Dent, Pre-Physician Asst., other Health Profession majors, or those pursuing Graduate School.

Optional: 1) Take BIOL 465, 465L (Histology and Histology Lab) during the Spring Semester of the Senior Year. 2) If pursuing RD Path & DPD Verification Statement, must take MKTG 310 Principles of Marketing

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