



group fitness class

or swim lane



Visit our website at

<u>andrews.edu/wellnesscenter</u>

Click this link on our

homepage

9:49

account.

• Students taking online classes will need to use the login instructions below and select a "Student of AU (Non Campus) membership option when signing up.

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• If you are NOT a current employee, faculty emeritus or on-campus student of AU, you must select the "Local Account" login option and use a non-AU email address to

Sign Up for Classes/Swim Lanes

Log into your account and register for a class or swim lane HERE.

Hour

Sunday: 9 a.m.-8 p.m.

Monday – Thursday: 5:30 a.m. – 10 p.m.

Friday: 5:30 a.m.-3 p.m.

Saturday: CLOSED

Pool/Healing Oasis Hours

*Members, please check our schedule for up to date changes due to pool rentals, maintenance, etc. Or call 269-471-6090.





| 9:50 | ••• 5G+ 🗩 ' |
|--------------------|---------------|
| Class Registration | 된 Log In |
| Scheduling | |
| Class Registration | CALENDAR VIEW |
| Category | |
| All | - |
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| Start Date | |
| 2/8/2024 | |
| End Date | |
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Select "Add to Home

Screen"

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| * | Class Registration andrews.dserec.com Options > | × |
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you've created to

access the Class

Registration page.



Login to your user

<mark>account.</mark>

***Only those with active**

memberships will be

able to register for a

class/swim lane.

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| Class Registration | ∃ Log In |
| Scheduling | |
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| Andrews Univers | ity |
| Class Registration | Hi, Rachel Keele 🗸 |
| Scheduling My Classes | |
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If desired, select "day"

to further narrow

viewing results.

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| Scheduling | My Classes | |
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| today | day | we month |
| < | FEBRUARY 8 | , 2024 > |
| | Thur | sdav |
| 12am | | Judy |
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| AA 🔒 | andrews.dse | rec.com උ |
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Select the class or swim

time you'd like to

register for by clicking



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|------|--|
| | |
| 6am | ^{6:00am - 7:00am} Pilates - Spring 2024 |
| 7am | |
| 8am | H2O Fit - Spring 2024 |
| 9am | |
| 10am | |
| 11am | 11:15am - 12:15pm Beginping Circuit Training - |
| 12pm | 12:20pm - 1:05pm |
| 1pm | (Cardio Drumming - Spring 2024) |
| 2pm | |
| 3pm | |
| 4pm | |
| 5pm | 5:15pm - 6:00pm Bog inpping Eitpor 5:30pm - Power Beats - ! |
| 6pm | 6:05pm - CIRCL MALIEN CO. 6:15pm - 7:00pm GRIT Stren, 6:30pm - 7:30p |
| 7pm | Cross- |
| 8pm | |
| 9pm | |

Now click "Register"

| | | ; —) |
|---|---|--------------|
| Beginning Registratio | Circuit Training on | × |
| Instructor | Melissa Rodgers | |
| Schedule | 2/8/2024 11:15am - 12:15pm | |
| Space | Bridgetown Studio | |
| Class Overvi | ew: | |
| This class foc resistance wo and is geared strength, whil fitness. Great | uses on high repetition, low orkouts with short rest interva l primarily at improving muscl le improving cardiovascular for all levels! | ls e |
| | | _ |
| Closes on 2/8 11:14am. Ava slots: 17 | /2024 ilable REGISTER | |
| Closes on 2/8 11:14am. Ava slots: 17 5pm 5:15pm Bagir | - 6:00pm | |
| Closes on 2/8 11:14am. Ava slots: 17 5pm 5:15pm Begin 6pm 6:05pm | - CIRCL Mathing Carl | |
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Mobile Provider drop

down menu, then click

"Register" again.

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|-----------------------------|---------|
| 👿 Feb 8, Thu 11:15am - 12:1 | 5pm |
| 🚬 Melissa Rodgers | |
| Pridgetown Studio | |
| | |
| REGISTRATION INFO | |
| Name: | |
| Rachel Keele | |
| Email: | |
| rachelkeele@andrews.edu | |
| Phone: | |
| 200 | |
| Mobile Provider: | |
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| 25 🕂 | ✓ | | Start | |
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| 25 | Class Beginning Circuit Training i Adult Lap Swim i | \$ | Start 02/08/20 11:15am 02/08/2024 01:00pm | VIEW |
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Have a question? Email

<u>thewellnessclub@andrews.edu</u>

