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~ **For Immediate Release** ~

## **Lakeland Offers Class on Nutrition in Cancer Treatment**

(ST. JOSEPH) – Lakeland Health will offer a free nutrition class to cancer patients undergoing treatment and their families. “Nutrition Matters in Cancer Treatment” will be held on Wednesday, March 25, from noon to 1:00 p.m. in the Houseworth Conference Room at the Marie Yeager Cancer Center, 3900 Hollywood Road, St. Joseph.

Led by a Lakeland Health registered dietitian, the class will include information about healthy eating habits, ways to enhance overall well-being and quality of life during and after cancer treatment, and managing side effects while maintaining adequate nutrition.

For more information or to register, call (269) 556-2808 or (866) 260-7544. A complimentary bag lunch will be provided to all participants.

Visit [www.lakelandhealth.org](http://www.lakelandhealth.org) or find Lakeland Health on [Facebook](#) or [Twitter](#) for more classes and events.

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