## Health & Fitness EXPO

Learn • Play • Interact

SUNDAY, OCTOBER 14, 2018

12-3 P.M. Niles-Buchanan YMCA 905 Front St, Niles, MI

Win health & fitness related prizes!

**FREE ADMISSION** 

Mini workouts, cooking demos, games, kids' activities and more!

Visit andrews.edu/shp/healthexpo for complete information.











