

ANDREWS UNIVERSITY

# Community Health & Wellness Expo

*The whole family can enjoy samples, activities and giveaways and learn what Andrews departments and local businesses have to offer to improve wellbeing! Meet a therapy pet, try a destressing doodle activity and more!*

*at the* **ANDREASEN CENTER FOR WELLNESS**

**Sunday, Sept. 28,  
10 a.m.–2 p.m.**

HEALTHY  
COOKING  
DEMO  
11 A.M.

ANDREWS  
STUDENTS

*Visit each booth to get  
cocurricular credit and a  
chance to win your choice  
of Apple Watch or Fit Bit*



*don't miss  
THE FIRE  
TRUCK*

**FREE**  
TO THE PUBLIC

SPONSORED BY

**United**  
FEDERAL CREDIT UNION



Andreasen  
Center for Wellness

*Featuring Local Businesses*

JC&K Teas ▪ Regenerate Physical Therapy  
The Salt Haven ▪ Lavender Fields Farm  
Hong's USA Taekwondo ▪ BOBA ▪ NoraCare  
Berrien Springs-Eau Claire Rotary Club *and more!*