

Are you Struggling?

**Join our Weekly
Grief Support
Group**
Starts 9/23

Are you walking through the difficult journey of grief and longing for a safe place to process, share, and heal? Join us for a supportive and compassionate gathering designed to help you take each step with understanding and strength.



Every Tuesday
6:30 pm – 8:00 pm
Room S215

This group provides a safe and caring environment where you can:

- Share your story with others who understand
- Receive encouragement and support for your grief journey.
- Learn healthy ways to cope and find hope in the midst of loss

*Only 10 spaces available
to ensure intimacy and
support.*



Counseling &
Testing Center
Andrews University

