

**Understanding Emotional and Mental Health in Adolescents:
Is it Just a Phase or a Serious Problem?**

Curriculum: Mental and Behavioral Health: Understanding Emotional and Mental Health in Adolescents

Date/time: **Friday April 5, 2019** -- 9:00 AM-12:15pm
Location: **Andrews University, Chan Shun Hall, Whirlpool Room**
4185 E. Campus Circle Drive, Berrien Springs, MI 49104
Social Work CECH's: 3 hours --Approval pending
Presenter: **Kendell Casey, LMSW**



Training Objectives: As a result of this training, participants will be prepared to:

- Understand the relationship between behaviors and emotional and mental health in youth and how behavior can inform us when something is wrong.
- Understand the differences between intentional misbehavior and behavior as a stress response and evidence-based interventions to address emotional and mental health concerns.
- Understand risks and protective factors affecting emotional and mental health well-being in youth and ways to build resiliency.

Description This course will focus on adolescents with behaviors that are disruptive in multiple domains, potentially disrupting home or foster care placements and often leading to involvement in the juvenile justice system. Behavior in youth is communication and misbehavior is not always willful. Learning what their behavior is telling us about their emotional well-being and mental health can help us to respond more effectively with the most appropriate intervention. Attendees will learn risks and protective factors influencing emotional and mental health along with strategies to respond effectively to build resiliency.

Registration Form

Understanding Emotional and Mental Health in Adolescents: Is It Just a Phase or a Serious Problem?

Friday, April 5, 2019, 9:00am-12:15pm

Name: _____

Employer: _____

Address: _____

Email address (for confirmation): _____

Phone number: _____

Cost: Free to all DHHS and private agency child welfare workers
\$45.00 all others; \$15 for students

Method of Payment:

Check (*Made payable to: Andrews University*)

Credit Card (*Visa, MasterCard, Discover, American Express*)

Name on card: _____ Exp. Date: _____

Card number: _____ V-Code: _____

This course is approved by the Michigan Social Work Continuing Education Collaborative.
Please visit our website: <http://andrews.edu/socialwork> (click on "Continuing Education") for updates regarding other CEU's.

This form can be downloaded, scanned, and emailed to swceu@andrews.edu.

Or mail completed form with your check to:

Andrews University, Department of Social Work, 4141 Administration Drive, Berrien Springs, MI 49104-0038