## Trauma Informed Focus (8 Credits)

Students completing a focus in Trauma Informed Practice will:

- Gain understanding of trauma and its impact in individuals, families, groups, organizations and communities.
- Understand key principles of trauma-informed systems of care in multiple settings.
- Recognize compassion fatigue and means to work towards prevention and treatment of secondary traumatic stress.
- Acquire and practice specific interventions to promote the healing of trauma.

Some jobs you might expect to obtain with this area of focus include the following:
- Marriage and Family Counselor, Child/Adolescent Therapist, Mental Health Clinician, Hospital Social Worker, Addictions Therapist, Foster Care Worker, Adoption Case Worker, Child Protective Services Worker, Child Welfare Supervisor.

- *SOWK475-675 Understanding Trauma (2)
- *SOWK646 Trauma & Advanced Crisis Intervention (2)
- *SOWK543 Assessment & Treatment of Victims of Violence (2)
- SOWK405/505 Medical Social Work (2)
- SOWK559 Death & Grief in Contemporary Society (2)
- SOWK514 Children & Families at Risk (2)
- SOWK568 Treatment of Substance Abuse (2)
- SOWK628 Treatment of Adult Mental Disorders (2)
- SOWK624 Evidence-based Therapies (2)
- SOWK626 Therapy with Children & Adolescents (2)

*Required. Other 2 credits your choice from remaining list.

## Marriage and Family Focus (8 Credits)

Students completing a focus in Marriage and Family will:

- Learn therapeutic models for working with children, couples, and families.
- Gain understanding of common problems with children, adolescents, couples, and families.
- Practice specific interventions in working with children, adolescents, couples, and families.

Some jobs you might expect to obtain with this area of focus include the following:
- Marriage and Family Counselor, Child/Adolescent Therapist, Mental Health Clinician.

- *SOWK649 Advanced Family Therapy (2)
- *SOWK626 Therapy With Children & Adolescents (2)
- *SOWK640 Interventions in Martial Conflict (2)
- *SOWK646 Trauma & Advanced Crisis Intervention (2)
- SOWK514 Children & Families at Risk (2)
- SOWK651 Foundations of Biblical Counseling (2)
- SOWK543 Assessment & Treatment of Victims of Violence (2)
- SOWK559 Death & Grief in Contemporary Society (2)
- SOWK624 Evidence-based Therapies (2)
- SOWK675 Topics: Dealing with Difficult People (2)
- SOWK475-675 Understanding Trauma (2)

* Required 3 out of 4 for focus, last 2 credits your choice.
Mental Health Focus (8 Credits)

Students completing an focus in Mental Health will:

- Learn and apply therapeutic models in addressing client concerns.
- Study evidence-based therapeutic models and specific interventions for treatment of common mental disorders.
- Complete a treatment plan based on assessment and diagnosis for clients.

Some jobs you might expect to obtain with this area of focus include the following: Mental Health Clinician, Family Counselor, Hospital Social Worker, Addictions Therapist.

- *SOWK624 Evidence-Based Therapies (2)
- *SOWK628 Treatment of Adult Mental Disorders (2)
- *SOWK646 Trauma & Advanced Crisis Intervention (2)
- *SOWK675 Topics: Psychopharmacology (2)
- SOWK626 Therapy with Children & Adolescents (2)
- SOWK651 Foundations of Biblical Counseling (2)
- SOWK568 Treatment of Substance Abuse (2)
- SOWK475-675 Understanding Trauma (2)

* Required 3 out of 4 for focus, last 2 credits your choice.

Medical Social Work Focus (8 credits)

- *SOWK505 Medical Social Work (2) Spring
- *SOWK646 Trauma & Advanced Crisis Intervention (2)
- *SOWK559 Death & Grief in Contemporary Society (2)
- *SOWK675 Topics: Psychopharmacology (2)
- SOWK675 Topics: Dealing w/Difficult People (2)
- SOWK651 Foundations of Biblical Counseling (2)
- SOWK568 Treatment of Substance Abuse (2)
- PBHL646 Spirituality & Healthcare (2)
- SOWK475-675 Understanding Trauma (2)

*Required for focus, last 2 credits your choice.

Human Services Management (9 Credits)

Students completing a focus in Human Services Management will:

- Develop administrative capabilities necessary for the public and private sector.
- Learn and practice management competencies that include interpersonal, intellectual, and technical skills in the areas of executive leadership, resource management, strategic management, and community collaboration.

Some jobs you might expect to obtain with this area of focus include the following: Social Services Director, Program Administrator, Social Work Supervisor.

- *BSAD530 Management of Not For Profits (3)
- *BSAD515 Organizational Behavior (3)
- *CIDS573 Project Cycle Management (3)
- COMM585 Organizational Communication (2 or 3)
- SOWK675/CIDS535 Topics: Budgeting, Fundraising, and Grantsmanship (1 or 2 credits)
- MKTG500 Survey of Marketing (2)

* Required for focus. Other listed courses are optional for additional knowledge.

School Social Work Focus (8 Credits)

Students completing an focus in School Social Work will:

- Learn and practice specific therapeutic tools and measures in working with children and adolescents.
- Study childhood disorders and therapeutic models in addressing these within a school system setting.

Some jobs you might expect to obtain with this area of focus include the following: School Social Worker, Case Manager, Guidance Counselor.

- *SOWK620 School Social Work (2)
- *GDPC644 Psychological Testing (3)
- *GDPC525 Psychology & Education of Exceptional Children (3)
- SOWK514 Children & Families at risk (2) (Suggested additional course)
- SOWK646 Trauma & Advanced Crisis Intervention (2)

* Required for focus, last 2 credits your choice.
International Social Work Focus (8 – 9 credits)

Students completing a focus in International Social Work will:

- Develop an understanding of global social problems, issues, and social structures.
- Study critical topics such as human rights, globalization, climate change, and how they affect clients’ bio-psycho-social wellbeing.
- Learn about social work and human services in other countries.
- Learn to effectively serve culturally diverse clients in the USA and abroad.

Some jobs you might expect to obtain with this area of focus could be: Counseling and aiding refugees and/or migrant workers; Facilitating international adoptions; Developing, managing and staffing international service-delivery programs; Researching international issues with a focus on improving people’s quality of life and addressing injustices.

___ *SOWK537 International Social Work (2)
___ *SOWK675/CIDS535 Topics: Budgeting, Fundraising, and Grantsmanship (1 – 2)
___ *CIDS573 Project Cycle Management (3)
___ SOWK646 Trauma & Advanced Crisis Intervention (2)
___ SOCIS08 Intro to Emergency Preparedness
___ †SOWK675 Topics: Humanitarian & Development course (1 – 4)
___ †SOWK675 Topics: International Poverty course (1 – 3)

* Required for focus, choose one additional course from the optional courses
† Optional Madagascar Tour courses

In addition, a 200 hour (minimum) international field experience is required, in consultation with the Director of Field Education, using one (or a combination) of the following options:

Option 1 – Madagascar Study Tour or other department international service tour (i.e. Puerto Rico, Thailand, etc)

Option 2 – Advanced Field Placement in approved international organization outside of the United States.

Option 3 – Advanced Field Placement in approved US based organization with an international mission and focus.

Christian Ministry Focus (8 credits)

Students completing an focus in Christian Ministry will:

- Prepare for various forms of ministry in which clinical and administrative skills in social work and theology are needed.
- Integrate both theological and social work knowledge, values and skills into a multifaceted approach to Christian service, thereby enhancing their usefulness as instruments of the Holy Spirit.
- Become sensitive to nontraditional ministry opportunities through exposure to theories and practice skills related to counseling approaches, person-in-environment, social and economic justice, human rights, and global perspectives from a Christian worldview.

Some jobs you might expect to obtain with this area of focus include the following: Church-based services coordinator, faith-based community organizer, Family life educator.

Pastoral Care:

Eight credits can be taken from the following courses:

- *SOWK651 Foundations of Biblical Counseling (2)
- †CHMN503 Marriage, Family & Interpersonal Relationships (3)
- †CHMN508 Tools for the Pastor’s Spouse (2-3)
- †CHMN526 Conflict Management in the Church (2-3)
- †CHMN540 Church and Urban Community (2-3)
- †CHMN553 The Church and Social Issues (2-3)
- SOWK475-675 Understanding Trauma (2)

Youth Ministry:

Eight credits can be taken from the following courses:

- *SOWK651 Foundations of Biblical Counseling (2)
- †CHMN619 Religious Experience in Adolescence (2-3)
- †CHMN626 Ministry to At-Risk Youth (2-3)
- †CHMN636 Seminar in Youth Ministry (2-3)

*Required for focus, last 6 credits your choice.
†Seminary course

Revised: 06-2019
Child Welfare Certificate (8 Credits)

Students who focus on Child Welfare will be certified as having completed a child welfare training program in the State of Michigan. In order to receive certification in child welfare the second-year internship needs to be at a child welfare, foster care, or adoptions agency that receives funding from the State of Michigan. With this focus area you will:

- Develop skills in working with families in crisis.
- Learn to identify child abuse signs and patterns and learn how to intervene.
- Develop intervention skills for at-risk children and adolescents.

Some jobs you might expect to obtain with this area of focus include the following: Foster Care Worker, Adoption Case Worker, Child/Adolescent Therapist, Child Protective Services Worker, Child Welfare Supervisor.

- *SOWK514 Children & Families at Risk (2) ©
- *SOWK543 Assessment & Treat. of Victims of Violence (2) ©
- *SOWK624 Evidence-based Therapies (2)
- SOWK675 Topics: Dealing w/Difficult People (2)
- SOWK646 Trauma & Advanced Crisis Intervention (2)
- SOWK640 Interventions in Marital Conflict (2)
- SOWK649 Advanced Family Therapy (2)
- SOWK626 Therapy w/Children & Adolescent (2)
- SOWK475-675 Understanding Trauma (2)

*Required for focus, last 2 credits are your choice.