LEADERS IN THE FIELD

J. Montagano Lectureship Series



Shauna Shapiro, PhD | Clinical Psychologist Santa Clara University

The Science of Mindfulness: What You Practice Grows Stronger

> Friday, November 6, 2020 11:45 AM - 1:15 PM EST

> > **Live Virtual Event**

Zoom link available upon registration

FREE
Registration required
Please contact
Monica Cervantes
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