



## Digital Program Guide

*Bachelor of Science*

# NUTRITION SCIENCE & DIETETICS

Empowering Your Future  
In Healthcare





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Explore the structure, outcomes, and opportunities offered through our Nutrition Science & Dietetics program. Learn how this degree can prepare you for a purpose-driven career in health.

Discover how our hands-on approach, plant-based focus, and expert faculty set you up for success in a growing and impactful field.

## 01 Welcome Message from the Chair

Hear from Dr. Jean Cadet, our program chair, as he shares the vision, mission, and unique strengths of our Nutrition Science & Dietetics program.

## 02 Why Choose Andrews University

Join one of the nation's most diverse universities and study under expert faculty in the School of Population Health, Nutrition & Wellness—where faith, research, and real-world learning come together.

## 03 Program Overview

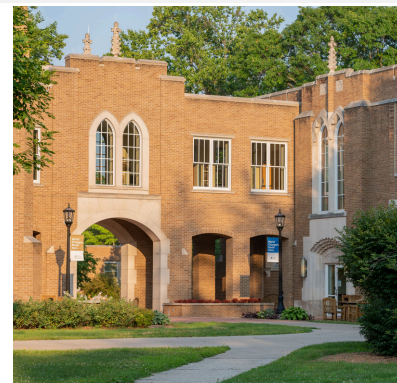
Explore program strengths, concentrations, career paths, admissions requirements, and rising opportunities in plant-based nutrition—all with accessible tuition and support.

## 04 Student Life & Campus Experience

Discover the wonders of life on our scenic Michigan campus, where a diverse student body, welcoming community, and flexible housing options support your academic journey.

## 05 Faith & Spiritual Life

Explore how our faith-based environment encourages whole-person development and prepares you to serve with purpose and compassion.



**World  
Changers  
Made  
Here.**



## Message From The Chair

Welcome to the **Bachelor of Science in Nutrition Science & Dietetics program at Andrews University!** Our mission is to empower students with the knowledge and skills to transform lives through evidence-based nutrition and holistic wellness. As the demand for qualified nutrition professionals continues to rise, now is the perfect time to invest in a career that makes a real difference.

What makes our program unique is our commitment to blending scientific excellence with a values-driven approach.

You'll gain hands-on experience, engage with expert faculty, and explore cutting-edge research in a learning environment that prioritizes both professional and personal growth. Whether your goal is to become a registered dietitian, advance in healthcare, or influence public health policy, our program will equip you with the tools to succeed.

Join us at Andrews University, where your passion for health and nutrition can shape a healthier future for individuals and communities worldwide.

**JEAN CADET, MDIV, MPH, MD**



# Why Choose **Andrews** **University**

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## Why Choose Andrews University?

Since its founding in 1874, Andrews University has been dedicated to integrating rigorous scholarship, quality research, and practical Christianity into its curriculum. What began as a small school in Battle Creek, Michigan, with just 12 students, has grown into the most recognized Adventist educational institution in the world.

Named after John Nevins Andrews, a pioneering thinker and the first overseas missionary of the Seventh-day Adventist Church, the University embodies his legacy of thoughtful inquiry and compassionate action.

Andrews attracts students from across the U.S. and around the globe, offering a culturally diverse, faith-focused environment that prepares graduates to lead with both knowledge and purpose.

**#1**   
Top Private University  
In Michigan

Out of 23 Michigan private universities  
in 2024 Niche Best Colleges.

**#1**   
Best Christian  
Colleges

Out of 12 Michigan Christian Colleges in  
2024 Niche Best Colleges.

**#1**   
Top Ranked National  
University For Ethnic  
Diversity

Tied with University of San Francisco, and  
out of 439 national universities ranked in  
2024 U.S. News Best Colleges.

**#1**   
Best Small  
Colleges

Out of 24 Michigan Small Colleges in  
2024 Niche Best Colleges.



## LIVE WHOLLY

### Nurture Your Body, Mind & Spirit |

Andrews University has a foundational commitment to wellness. Our community promotes physical, mental and spiritual development.



## EXPLORE INTENTIONALLY

**Discover Your Future |** Andrews is a place where our students can explore their futures to best understand and pursue God's plans for their lives.





## LEARN DEEPLY

**Create & Research** | Andrews offers unparalleled opportunities for its students to study and learn in ways that consistently expand beyond specific assignments.



## ENGAGE GLOBALLY

**Understand Our World** | Andrews offers students distinctive ethnic and cultural diversity opportunities that equip them to better understand and change the world.



**150**

Andrews University 1874 • 2024



*"The wealth of knowledge I gained through my nutrition and dietetics courses, practicing motivational interviewing with peers, and completing my DI internship helped me realize how essential my role is as both educator and counselor. Andrews didn't just equip me—it prepared me to meet people where they are. I'm a proud world changer in the beautiful town of Fort Bragg, where I'm privileged to help people eat well, feel better, and enjoy life on the Pacific Coast."*

Safari Dushime, Class of 2022

**Live Wholly  
Explore Intentionally  
Learn Deeply  
Engage Globally**

Andrews University is the heartbeat of Adventist Education; the place where talents and ideas are inspired. We are a diverse and innovative community ready to help the next generation of World Changers deepen their knowledge, enrich their faith and change the world.



**WORLD CHANGERS MADE HERE**



## Hear What Our Students & Alumni Are Saying

*"Being part of the Nutrition and Wellness program at Andrews University allowed me to expand on my nutritional knowledge that I had learned during the undergraduate coursework, while providing me with immeasurable experiences through the DI internship. The clinical nutrition and management experience that I was able to get through my internship helped to successfully prepare me for the role that I am currently in, as well as passing the RD exam! The skills that I developed and the network of professionals that I was connected with during my time at Andrews University led to being hired in a dream position at the University of Notre Dame, and I am eternally grateful to each of them!"*

Alexandra Krager, BS Nutrition  
Science & MS Nutrition & Wellness,  
Class of 2023 & 2024



## Introduction to the School of Population Health, Nutrition, & Wellness

The Nutrition Science & Dietetics program at Andrews University delivers a transformative education grounded in academic excellence, Christian values, and a commitment to whole-person wellness. This Bachelor of Science degree equips students with the scientific knowledge, practical experience, and ethical foundation needed to lead in dietetics, public health, and wellness fields.

Courses are taught in the state-of-the-art Andreasen Center for Wellness, where students benefit from small class sizes, hands-on labs, and community-based learning. With a strong focus on evidence-based, vegetarian nutrition, the program prepares graduates to meet the rising demand for professionals who can guide individuals and communities toward healthier lives.

Our students embody the mission to “Seek Knowledge. Affirm Faith. Change the World,” using the power of nutrition to make a lasting global impact.





## Accreditation

The B.S. in Nutrition and Dietetics is a Didactic Program in Dietetics (DPD) accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) Academy of Nutrition and Dietetics

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Email: [ACEND@eatright.org](mailto:ACEND@eatright.org)

URL: [www.eatrightpro.org/ACEND](http://www.eatrightpro.org/ACEND)



## Our Faculty

At Andrews University's Nutrition Science & Dietetics program, our dedicated faculty are central to preparing students for impactful careers in dietetics, public health, and wellness. Students often highlight the personalized mentorship they receive and the accessibility of professors who are deeply invested in their academic and personal growth.

With expertise in plant-based nutrition, clinical dietetics, community health, and lifestyle medicine, our faculty combine real-world experience with strong academic foundations. Their guidance helps foster a collaborative, inclusive learning environment where students are challenged, supported, and inspired.

This approach equips students with the confidence, professionalism, and purpose to live out the Andrews mission: "Seek Knowledge. Affirm Faith. Change the World."



**JEAN CADET**

Associate Professor of  
Public Health  
Chair; Director: BSPH and  
MHA

### **EDUCATION**

MD, State University of Haiti  
MPH, Emory University  
Mdiv, Andrews University,

### **BIOGRAPHY**

Jean Cadet is Chair and Associate Professor at Andrews University, School of Population Health, Nutrition & Wellness and director of the Gospel, Health and Education Ministries, a volunteer organization that focuses on promoting healthy behaviors and preaching the gospel of Christ in selected U.S. communities and in rural Haiti.

He also has over 30 years of experience in the fields of public health and general medicine. Some of his public health experience included: serving as an epidemiologist/data analyst for the Virginia department of health; working as a public health prevention specialist for the Centers for Disease Control and Prevention (CDC), where he also provided technical assistance to the New Hampshire State Health Department, the World Health Organization in Guinea, Conakry, West Africa. He also supported CDC's assistance to the Haitian community after the 2010 earthquake and during the 2011 cholera outbreak there. His medical experience included: being a primary care provider at multiple clinics in rural Haiti where he experienced first-hand the impact of spirituality on healthcare in those communities. He also has experience in pre-hospital emergency care in New Jersey and Georgia.

Cadet earned a medical doctor degree from the Faculty of Medicine and Pharmacy of Haiti; an Educational Commission for Foreign Medical Graduate (ECFMG) certificate from the ECFMG board in Pennsylvania; a Master of Public Health from Emory University, Rollins School of Public Health with a focus on behavioral sciences, health education, and epidemiology; and a Master of Divinity from Andrews University.

He has been actively involved in the Seventh day Adventist church for over 30 years, serving as youth director, church health ministry director, Sabbath school teacher, deacon, elder, evangelist, and field health coordinator for the Adventist Development and Relief Agency (ADRA). He has lead multiple short term medical mission trips to rural Haiti to support the medical and spiritual works there.



### **GRETCHEN KRIVAK**

Assistant Professor  
Director, Didactic Program in  
Dietetics; Interim Director,  
Fitness and Exercise Science  
Program

#### **EDUCATION**

BA, Bethel College - Exercise Science  
MS, Andrews University - Nutrition & Wellness  
Currently Working On: EdD, United States Sports Academy - Sports Management with  
Emphasis in Sports Health and Fitness  
RD (Registered Dietitian)  
CGFI (Certified Group Fitness Instructor)  
EIM - Level 1

#### **BIOGRAPHY**

Gretchen Krivak MS, RD, CGFI, EIM-1 is an Assistant Professor in the School of Population Health, Nutrition & Wellness at Andrews University, in Berrien Springs, Michigan. She has been a part of the Andrews faculty since 2010 and provides the school with her expertise in both nutrition and fitness. Gretchen graduated from Bethel College in Mishawaka, Indiana with her BA in Exercise Science. She completed her Master of Science at Andrews University in Nutrition and Wellness and she is currently working on her Doctorate of Education in Sports Management with an emphasis in Sports Health & Fitness through the United States Sports Academy in Daphne, Alabama. Gretchen is a Registered Dietitian and is part of the Dietetic Practice Group SCAN (Sports, Cardiovascular, and Wellness Nutrition). She is certified as a Group Fitness Instructor and Exercise is Medicine Specialist Level 1. She currently serves the school as the Director for the Nutrition Science and Dietetics Program and Interim Director for Fitness and Exercise Science.

Gretchen serves the Andrews University campus as a Wellness Ambassador and on the Wellness Council. She currently leads the Community Outreach Task Force for the Wellness Council and the Health & Fitness Expo Committee through the College of Health & Human Services. Gretchen has successfully planned the community Health & Fitness Expo event since 2012. She also serves on the College of Health & Human Services, Interprofessional Education Committee and the University Assessment Committee. Most recently, she became a site-reviewer for ACEND (Accreditation Council of Education in Nutrition and Dietetics) where she helps conduct site reviews for the field of Nutrition and Dietetics.



### **DIXON ANJEJO**

Associate Professor  
Director, MPH Program

#### **EDUCATION**

Doctor of Public Health, Loma Linda University  
Post Graduate Certificate in Geographical Information Systems (GIS), Loma Linda University  
Master of Science in Agriculture, Moi University  
Bachelor of Science in Agriculture, Andrews University

#### **BIOGRAPHY**

Dr. Dixon Anjejo serves as an Associate Professor at the Andrews University School of Nursing. He is an associate professor at the School of Population Health Nutrition and Wellness and is the Director of the Master of Public Health Program at Andrews University. He earned his Bachelor of Science in Agriculture from Andrews University, followed by a Master of Science in Agriculture from Moi University.

Dr. Anjejo further enhanced his expertise with a Postgraduate Certificate in Geographical Information Systems (GIS) and a Doctor of Public Health (DrPH) from Loma Linda University. His diverse educational background and extensive experience contribute significantly to his role in the BSN program.

#### **EDUCATION**

Master of Science in Human Nutrition, Andrews University  
Bachelor of Science in Dietetics, Andrews University

#### **BIOGRAPHY**

Sherri Isaak brings over 20 years of clinical nutrition expertise to Andrews University's School of Population Health, Nutrition & Wellness. She holds an MS in Human Nutrition from Andrews and is a Registered Dietitian Nutritionist, Certified Diabetes Care and Education Specialist, and Board-Certified in Advanced Diabetes Management. Additionally, Sherri is a Board-Certified Lifestyle Medicine Practitioner through the American College of Lifestyle Medicine.

At Andrews, she directs the Clinical Plant-Based Dietetic Internship and serves as interim director of the MS in Nutrition & Wellness program. Outside academia, she owns Isaak Nutrition Solutions, LLC, providing in-person and virtual medical nutrition therapy with a focus on plant-based eating, cardiovascular health, diabetes management, and weight loss. As a strategic consultant for Cecelia Health, Sherri helped develop a scalable, bilingual digital diabetes coaching program—earning her recognition as a Change Champion by the American Association of Diabetes Educators.

Sherri has contributed patient and professional content for organizations such as Weight Watchers, Bayer, Sanofi, Humana, Novo Nordisk, and GSK, and appeared as the plant-based nutritionist in the documentary The Jackie Film. Her published works include *How to Live Your Best Life with Diabetes* (Humana) and *Fitness Tools and Technology: Making a Difference for Your Patient with Diabetes*.

When she's not teaching or consulting, Sherri enjoys plant-based cooking, hiking, cross-country skiing, and mentoring dietetic interns—continuing her passion for guiding sustainable, life-changing health journeys.



### **SHERRI ISAAK**

Associate Professor  
Director, Dietetic Internship



**WINSTON CRAIG**

Professor Emeritus

### EDUCATION

PhD in Organic Chemistry, University of Queensland  
Master of Public Health, Loma Linda University  
Registered Dietitian since 1983.

### BIOGRAPHY

Winston J Craig is Professor of Nutrition and Director of the dietetics internship program at Andrews University in Berrien Springs, Michigan, where he has taught health and nutrition classes since 1987. Dr Craig received his PhD degree in Organic Chemistry (in the field of terpenoid chemistry) from the University of Queensland in Brisbane, Australia and a Master of Public Health degree in Nutrition from Loma Linda University, California. He is a registered dietitian and holds membership in the American College of Nutrition, the American Society of Nutrition Sciences, the American Dietetic Association and Sigma Xi.

Before his tenure at Andrews University he was a faculty member at Loma Linda University, California and at the University of Massachusetts in Amherst. He has authored 20 articles for scholarly journals and over 225 nutrition articles for health publications. He is a regular contributor to Vibrant Life Magazine and has written seven chapters for various nutrition books. Books he has authored include Nutrition and Wellness: A Vegetarian Way to Better Health; The Use and Safety of Commonly Used Herbs and Herbal Teas; Eating for Good Health; Maintaining a Healthy Lifestyle; and Herbs for Your Health. In 2009, he co-authored the ADA position paper on vegetarian diets.

His research interests include the health-promoting properties of phytochemicals, the role of plant-based diet in preventing chronic diseases, and the disease-preventing properties of herbs and spices. His hobbies include wildlife and wildflower photography, travel, hiking, birding and backpacking.



**DAVE NOWACK**

Adjunct Professor

### EDUCATION

Doctor of Philosophy in Nutritional Biochemistry, Purdue University  
Master of Science in Medicinal Chemistry and Pharmacognosy, Purdue University  
Bachelor of Arts in Chemistry, Union College

### BIOGRAPHY

Dr. Dennis David Nowack is an Adjunct Professor in the Department of Chemistry & Biochemistry at Andrews University. He holds a PhD in Nutritional Biochemistry and an MS in Medicinal Chemistry from Purdue University. With over 40 years of experience in science education, Dr. Nowack brings a rich background in biochemistry, cancer research, and plant-based nutrition to the classroom.

His research has focused on cellular membrane dynamics, glycosylation in cancer, and the role of nutrition in disease prevention. Dr. Nowack is deeply committed to mentoring students and advancing public health through evidence-based science and faith-informed learning.



**BROOKE BENTON**

Adjunct Professor

### EDUCATION

Master of Science in Clinical Nutrition and Dietetics, East Carolina University  
Bachelor of Science in Nutrition and Dietetics, East Carolina University

### BIOGRAPHY

Brooke Benton, MS, RD, LDN, CDCES is a nationally recognized nutrition and diabetes expert with over 20 years of experience in clinical care, public health, higher education, and digital health innovation. She holds a Master of Science in Clinical Nutrition and Dietetics from East Carolina University and is a Certified Diabetes Care and Education Specialist.

Brooke currently serves as Senior Clinical Director at Cecelia Health, where she leads multidisciplinary teams delivering telehealth services for patients managing chronic health conditions. In addition to her leadership in clinical care, she has taught undergraduate nutrition science courses as a faculty member for Purdue University Global since 2007.

With a passion for empowering communities through education and wellness, Brooke brings a deep understanding of chronic disease prevention, patient engagement, and public health communication to her work. Her expertise in curriculum development, virtual care delivery, and diabetes education positions her as a valuable contributor to the mission of Andrews University's MPH program.



**EVELYN KISSINGER**

Adjunct Professor

### **EDUCATION**

Master of Science in Administration, Andrews University  
Bachelor of Science in Dietetics & Nutrition, University of Tennessee

### **BIOGRAPHY**

Evelyn Kissinger, MS, RDN is a registered dietitian, lifestyle consultant, international speaker, and educator with over four decades of experience in public health nutrition and wellness programming. She holds a Bachelor of Science in Dietetics & Nutrition from the University of Tennessee and a Master of Science in Administration from Andrews University.

Evelyn has led wellness initiatives across clinical, corporate, faith-based, and international settings, including roles as Nutrition Services Director, lactation consultant, health educator, and former instructor in the Department of Public Health, Nutrition & Wellness at Andrews University. She has developed and implemented evidence-based programs aimed at lifestyle disease prevention, diabetes reversal, stress management, and behavior change—many of which have been adopted by health organizations and church communities nationwide.

As co-author of multiple health intervention series and books—including *Living Free*, *Simple Solutions*, and *Foods for Thought*—she brings a dynamic approach to combining science, behavior change, and spiritual health. Evelyn continues to teach health and lifestyle transformation courses through Andrews University's Seminary and leads health ministry initiatives for the Michigan Conference of Seventh-day Adventists. Her passion lies in empowering individuals, congregations, and communities to pursue vibrant health—physically, mentally, and spiritually.



## Hear What Our Students & Alumni Are Saying

*"I moved from my hometown of Chicago to beautiful Berrien Springs to attend Andrews University. I quickly fell in love with SW Michigan and can no longer imagine living anywhere else. The vibrant sunsets, lush trees, sprawling fruit orchards, and the pristine beaches that surround the area have benefitted my mental health and brought me needed peace. Andrews is also a very diverse campus and located near several bigger cities, so it is the perfect mix of small town and city, neither isolating nor overwhelming. The plant-based emphasis that Andrews offers is unlike any other ACEND-accredited nutrition program. The health and environmental benefits of a plant-based diets are well covered in the curriculum and backed up by decades of evidence-based research. It was a privilege to study nutrition at a Seventh Day Adventist institution, as this group of people are world-renown for their health and longevity. The program prepares students to formulate vegan, vegetarian, and omnivorous diets to serve individuals with diverse cultural and medical needs."*

Hayley Mellish, BS in Nutrition Science & Dietetics,  
Class of 2024, MS in Nutrition & Wellness  
Class of 2025



# Bachelor of Science in **Nutrition Science & Dietetics**

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PROGRAM OVERVIEW

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## Bachelor of Science in Nutrition Science & Dietetics

**Welcome to Andrews University's Bachelor of Science in Nutrition Science & Dietetics**—an ACEND-accredited, comprehensive degree designed to prepare students for impactful careers in nutrition, dietetics, and wellness.

**Duration:** The program typically spans four academic years (eight semesters), with the first two years focused on general education and prerequisite courses, followed by two years in the professional program. During the final two years, students complete foundational science courses, specialized nutrition coursework, and hands-on learning experiences. This structure equips students with both the theoretical knowledge and practical skills essential for success in a variety of nutrition and dietetics settings.

**Curriculum Highlights: Key areas include:**

- Medical Nutrition Therapy
- Nutrition & Metabolism
- Community Nutrition
- Food Service Management
- Nutrition Through the Lifecycle
- Research Methods in Nutrition

This rigorous, evidence-based curriculum prepares students to pursue the Registered Dietitian Nutritionist (RDN) credential, graduate study, or a variety of health-focused careers.



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## Program Structure & Concentrations

**Nutrition Science Concentration** - The Nutrition Science concentration is ideal for students who are passionate about the biological and chemical foundations of nutrition and its role in preventing disease and promoting wellness. This concentration provides rigorous training in areas like metabolism, biochemistry, and nutritional assessment—perfect for those pursuing research, public policy, or clinical graduate programs.

### What You'll Learn:

✓ **THE METABOLIC AND BIOCHEMICAL MECHANISMS OF NUTRITION**

Explore how nutrients are absorbed, metabolized, and utilized by the body at the cellular and systemic levels.

✓ **THE ROLE OF NUTRIENTS IN CHRONIC DISEASE PREVENTION**

Understand how diet influences the development and management of conditions like diabetes, heart disease, and obesity.

✓ **RESEARCH METHODOLOGIES AND SCIENTIFIC COMMUNICATION**

Learn how to design studies, analyze data, and communicate findings effectively in academic and professional settings.

✓ **NUTRITION POLICY AND PUBLIC HEALTH STRATEGIES**

Examine how policy and community-level interventions shape nutritional health outcomes and equity.



### Career Pathways

- **Biomedical research** in universities, government agencies, or private labs
- **Public health nutrition**, focusing on nutrition policy and community health initiatives
- **Pharmaceutical or nutraceutical industries**, developing and testing health-related products
- **Pre-professional pathways**, including medical, dental, physician assistant (PA), or pharmacy school

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## Program Structure & Concentrations

**Dietetics Concentration-** The Dietetics concentration is designed for students who want to become Registered Dietitian Nutritionists or pursue careers in clinical and community nutrition. This ACEND-accredited track includes specialized coursework in medical nutrition therapy, community nutrition, and food service management, providing students with the foundational knowledge and skills required to apply for a dietetic internship (DI)—a key step toward earning the RDN credential.

### What You'll Learn:

✓ **MEDICAL NUTRITION THERAPY FOR VARIOUS HEALTH CONDITIONS**

Learn to assess nutritional needs and create individualized diet plans for patients managing chronic diseases and medical conditions.

✓ **COMMUNITY-BASED NUTRITION EDUCATION AND ENGAGEMENT**

Develop and deliver nutrition programs that promote public health and wellness in diverse populations and underserved communities.

✓ **FOOD SERVICE SYSTEMS AND OPERATIONS MANAGEMENT**

Gain hands-on experience managing food service operations, including menu planning, budgeting, procurement, and food safety compliance.



### Career Pathways

- **Clinical Dietitian** – Provide nutrition care in hospitals, outpatient clinics, long-term care facilities, rehab centers, private practices, or home healthcare settings
- **Sports Nutritionist** – working with athletes to optimize performance and recovery
- **Food Service Management Dietitian** – serving in schools, hospitals, universities, and corporate wellness programs
- **Community Nutritionist** – supporting public health initiatives in organizations like WIC, food banks, senior nutrition programs, and faith-based community health efforts

A smiling male doctor with grey hair and a beard, wearing a white lab coat over a blue shirt. He is holding a basket of fresh fruits and vegetables, including bananas, tomatoes, and bell peppers. A stethoscope is visible around his neck. The background is a solid blue color with a vertical orange line running through the center.

# Plant-Based Nutrition Is On The Rise

*Join the Movement!*



 **12% → 26%**

**Rising Adoption of Plant-Based Diets.** The percentage of Americans following plant-rich diets has more than doubled over the past decade —from 12% to nearly 26%.\*

 **\$113.05 BILLION**

**Projected Global Plant-Based Food Market by 2031.** The global plant-based food market is expected to reach \$113.05 billion by 2031, growing at a CAGR of 12.3% from 2024 to 2031.\*\*



 **\$8.1 BILLION**

**U.S. Plant-Based Market Size in 2023.** Consumer demand continues to rise, with the U.S. plant-based food market reaching \$8.1 billion in 2023.\*\*\*

\* Sahathevan, S., Churilov, L., & Skelly, R. (2021). Plant-Based Diets in Health and Disease: A Review.  
\*\* Meticulous Research®. (2024). Plant-Based Food Market to be Worth \$113.1 Billion by 2031.  
\*\*\* Good Food Institute. (2024). U.S. Plant-Based Market Overview 2023.

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# Fuel a Growing Movement—and **Become a Registered Dietitian Nutritionist (RDN)**

The plant-based health movement is transforming the way people eat, heal, and thrive. From hospitals and wellness clinics to schools and the food industry, the demand for professionals trained in evidence-based, vegetarian nutrition is rapidly expanding.

At Andrews University, our Nutrition Science & Dietetics program prepares you to meet this demand—and take the next step toward becoming a Registered Dietitian Nutritionist (RDN).

Here's how it works:

## STEP 01

### **Earn Your Bachelor's Degree**

Complete an ACEND-accredited Didactic Program in Dietetics (DPD) at Andrews University and receive a Verification Statement confirming your eligibility for supervised practice.

## STEP 02

### **Complete Supervised Practice**

Apply to a Dietetic Internship (DI)—like the one offered at Andrews—and complete at least 1,000 hours of hands-on training in clinical and community settings.

## STEP 03

### **Earn a Graduate Degree (Accelerated program available)**

As of January 1, 2024, a graduate degree is required to sit for the RDN exam. Andrews offers a seamless transition into the MS in Nutrition & Wellness to fulfill this requirement.

## STEP 04

### **Pass the RDN Credentialing Exam**

Once you've completed both your internship and graduate degree, you'll be eligible to sit for the national Registration Examination for Dietitian Nutritionists.

Whether you're passionate about clinical nutrition, wellness coaching, nutrition education, or developing plant-forward food products, the RDN credential is your gateway to leadership in this expanding field.

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## Bachelor of Science in Nutrition Science & Dietetics)

### ADMISSIONS REQUIREMENTS

Start your journey in nutrition and dietetics with a clear, two-step admissions process.

#### **Step 1: Apply to Andrews University**

Students interested in the Bachelor of Science in Nutrition Science & Dietetics must first apply and be accepted to Andrews University as undergraduate students. Admission is flexible, with multiple entry points available depending on your academic background. General undergraduate requirements include:

- Completion of a high school curriculum or GED
- ACT or SAT scores
- English language proficiency (for international students)

To learn more, visit [andrews.edu/admissions/freshman](https://andrews.edu/admissions/freshman)

#### **Step 2: Apply to the Nutrition & Dietetics Program**

In your junior year, you'll apply for admission into the Nutrition & Dietetics program. A minimum cumulative GPA of 3.0 is required, along with the completion of prerequisite coursework in science and general education.

Admission to the program allows you to begin specialized coursework and pursue one of two concentrations: Nutrition Science or Dietetics, depending on your professional goals.





# **Big Dreams, Real Support: Up to Full Tuition for Every Admitted Student**

College is a big investment—Andrews University is here to help. **Every admitted student receives the Andrews Partnership Scholarship, ranging from \$8,000 up to full tuition per year for the duration of the program.**

# Program Costs & Financial Aid

## PROGRAM COSTS

**Important Reminder:** Every admitted student gets at least \$8,000/year off tuition for the duration of the program. Most pay significantly less than the listed price.

Undergraduate	Semester	Year
Tuition package (12-16 credits)	\$17,520.00*	\$35,040.00*
Tuition (under 12 credits)	\$1,460.00/credit	
Tuition (over 16 credits)	\$1,201.00/credit	
Residence Hall (double occupancy, Lamson, Meier)	\$2,966.00*	\$5,932.00*
Residence hall (double occupancy, Burman)	\$1,440.00	\$2,880.00
Residence Hall (double occupancy, Damazo)	\$2,852.00	\$5,704.00
Gold Meal Plan	\$2,611.00*	\$5,222.00*
Platinum Meal Plan	\$3,127.00	\$6,254.00
Books and Supplies (estimate, optional)	\$550.00	\$1,100.00
General Fees	\$707.00*	\$1,414.00*
Professional Fee for BS Nutrition & Dietetics (on-campus program)**	\$406.00*	\$812.00*
<b>Totals</b>	<b>\$24,210.00</b>	<b>\$48,420.00</b>

\*Totals include asterisked items

\*\*For junior and senior year only

To assist you in planning your educational journey, we've provided an overview of the program costs and financial aid options available at Andrews University.

For detailed information on residential housing options and associated costs, please [refer to the Residence Life section of this guide](#).

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## Program Costs & Financial Aid

### FINANCIAL AID

At Andrews University, we're committed to helping you make your education more affordable through a variety of financial aid options.

Every admitted student receives the Andrews Partnership Scholarship (APS), ranging from \$8,000 up to full tuition per year for the duration of the program.

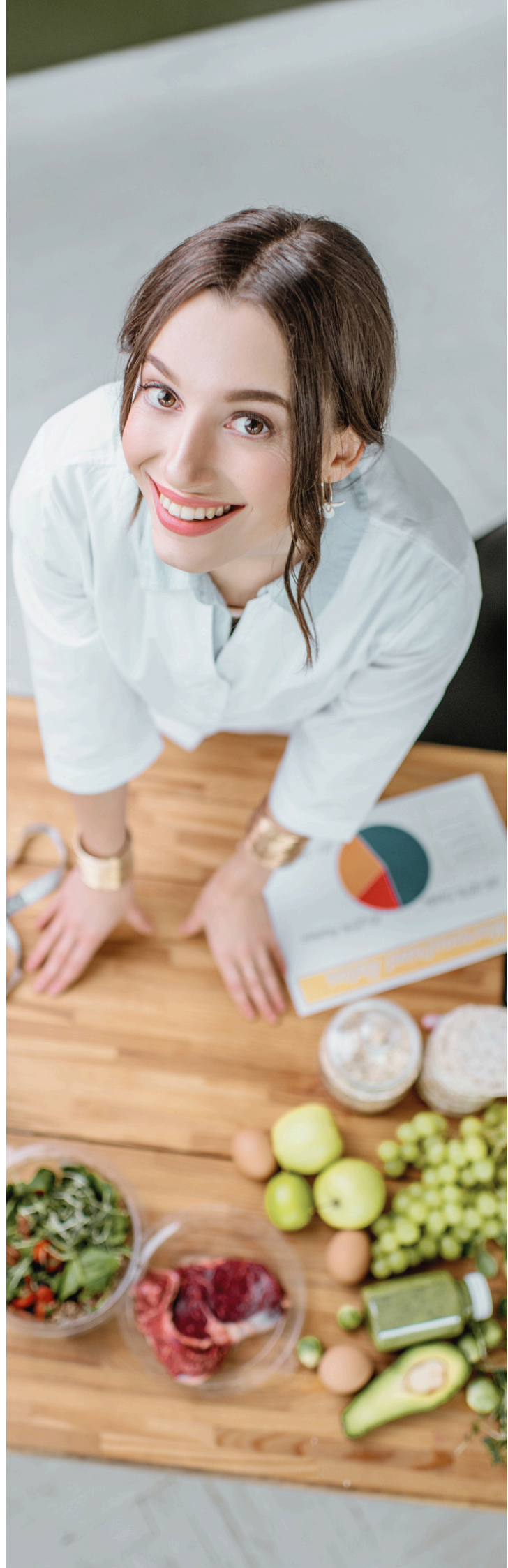
In addition to APS, students may qualify for a variety of financial aid options, including federal and state grants, work-study programs, and student loans.

The Academy of Nutrition and Dietetics (AND) Foundation also has various scholarships available to eligible students. Information regarding these scholarships may be obtained from The Academy of Nutrition and Dietetics Foundation website <https://www.eatrightfoundation.org>.

Applications open in February and are due in April. Scholarships range from \$500-\$25,000. See the website for more details and deadlines.

Our financial aid team is here to help you explore all available resources so you can focus on preparing for your future without unnecessary financial burden.

[For more details, visit the Andrews University Student Financial Services page](#)





# Student Life & Campus Experience

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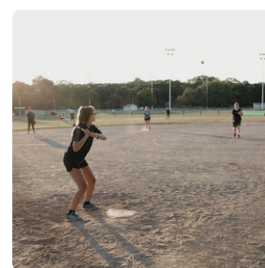


## Student Life And Campus Experience

Life at Andrews University offers students a vibrant and diverse community where lifelong friendships are forged through shared experiences, both inside and outside the classroom.

Nestled in Southwest Michigan, just an hour and a half from Chicago and minutes from the stunning beaches of Lake Michigan, students can enjoy an amazing blend of city excitement and natural beauty.

Whether it's soaking up the sun on the beach, hitting the slopes for some winter fun, or exploring the cultural richness of nearby cities, there's always something exciting to do. Beyond academics, life at Andrews is filled with opportunities for adventure, personal growth, and lasting memories.



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*“When I go to my class, there are students from all around the world with different perspectives. I don’t even have to travel outside of the country to experience different cultures, and foods from all over the world.”*

Jhoana Mortera

## Enjoy A World of Diversity & The Best That Southwest Michigan Has To Offer!



WORLD CHANGERS MADE HERE



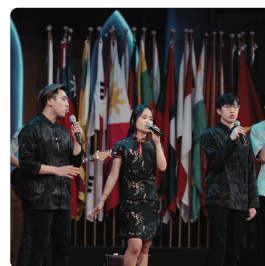
## Residence Life

Andrews University maintains a residential campus, requiring all single undergraduate students under age 22 to live in university residence halls, unless they are living with an approved family member or Andrews faculty or staff member.

Each residence hall is staffed with full-time professional staff, student deans, resident advisors, and support staff, aiming to create a community-based atmosphere where students can live and learn together. This environment fosters holistic development and encourages the formation of lifelong friendships among residents.

The university maintains three residence halls and one apartment complex:

- Lamson Hall
- Meier Hall
- University Towers
- University Apartments





## Residence Life

Life at Andrews University offers students a vibrant and diverse community where lifelong friendships are forged through shared experiences, both inside and outside the



### Lamson Hall

Lamson Hall is the residence hall for single female undergraduates under age 22 at Andrews University.

[Click here for more information.](#)



### Meier Hall

Meier Hall is the residence hall for single male undergraduate students under age 22 at Andrews University.

[Click here for more information.](#)



## Residence Life

Life at Andrews University offers students a vibrant and diverse community where lifelong friendships are forged through shared experiences, both inside and outside the



### University Towers

Two separated residence halls, Burman Hall and Damazo Hall, for undergraduates age 22+ and graduates.

[Click here for more information.](#)



### University Apartments

University Apartments are available to married students, students with children, and single undergraduate (age 22+) or graduate students.

[Click here for more information.](#)



# Faith & Spiritual Life

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## Faith And Spiritual Life

At Andrews University, students are offered a unique opportunity to grow spiritually in an environment that fosters a close relationship with God. As a Seventh-day Adventist institution, we prioritize not just academic excellence but also the development of strong moral principles and a deep spiritual foundation.

Our holistic approach to education nurtures the body, mind, and spirit, ensuring that students are well-equipped to make a meaningful impact in the world. Through worship services, spiritual retreats, and faith-based community activities, students are encouraged to explore and deepen their personal faith journey, creating a balanced and purpose-driven life.





## **GROW FAITHFULLY**

**Nurture your spiritual journey |** Andrews provides engaging faith-based activities, community worship, and service opportunities, that help guide you toward a deeper relationship with God.



## **TRANSFORM SPIRITUALLY**

**Immerse in an atmosphere of spiritual growth |** Andrews integrates spiritual development into every aspect of student life, ensuring you grow not just academically, but in your faith as well.





## Take The Next Step

As you explore your future in health and wellness, the Bachelor of Science in Nutrition Science & Dietetics program at Andrews University offers a powerful foundation rooted in academic excellence, hands-on experience, and a supportive, faith-informed environment.

We're committed to helping you reach your goals. For more information about how our program can prepare you for a meaningful career in nutrition, dietetics, or wellness, contact us today—we're here to answer your questions and help guide your next steps toward a purpose-driven future.

### School of Population Health, Nutrition, & Wellness



Scan the QR Code  
To Apply Today!



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**KEEP** *Pushing*  
**BOUNDARIES AND**  
*Never* **STOP**  
**GROWING.**

**World  
Changers  
Made  
Here.**