

# **ASSOCIATES DEGREE IN HEALTH SCIENCES**



DIGITAL PROGRAM GUIDE

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# From the Chair

Welcome to the Associates Degree in Health Science program at Andrews University.

At a time when the world needs more compassion, more service, and more skilled hands ready to help—this program offers you a way to step in.

We designed this degree for people who want to make a difference. People who are just getting started but already know they want their work to matter. You'll study the science, yes—but you'll also learn how to care for people, how to lead with integrity, and how to show up in a world that could use more kindness.

You don't need to have it all figured out. You just need the drive to grow and the heart to serve. And if you bring that, we'll walk with you every step of the way.

So if you're ready to build something solid—something that can open doors, help others, and carry your values into your work—then this is your next step.

Let's get started.

A handwritten signature in black ink that reads "Jean Cadet". The signature is written in a cursive, flowing style.

**MDIV, MPH, MD**



# WHY CHOOSE ANDREWS UNIVERSITY

Since its founding in 1874, Andrews University has been dedicated to integrating rigorous scholarship, quality research, and practical Christianity into its curriculum. What began as a small school in Battle Creek, Michigan, with just 12 students, has grown into the most recognized Adventist educational institution in the world.

Named after John Nevins Andrews, a pioneering thinker and the first overseas missionary of the Seventh-day Adventist Church, the University embodies his legacy of thoughtful inquiry and compassionate action.

Andrews attracts students from across the U.S. and around the globe, offering a culturally diverse, faith-focused environment that prepares graduates to lead with both knowledge and purpose.



Out of 23 Michigan private universities in 2024 Niche Best Colleges.



Out of 12 Michigan Christian Colleges in 2024 Niche Best Colleges.



Tied with University of San Francisco, and out of 439 national universities ranked in 2024 U.S. News Best Colleges.



Out of 24 Michigan Small Colleges in 2024 Niche Best Colleges.

# WHY ANDREWS UNIVERSITY

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## LIVE WHOLLY

### **Nurture Your Body, Mind & Spirit**

Andrews University has a foundational commitment to wellness. Our community promotes physical, mental and spiritual development.



## EXPLORE INTENTIONALLY

**Discover Your Future.** Andrews is a place where our students can explore their futures to best understand and pursue God's plans for their lives.



## LEARN DEEPLY

**Create & Research.** Andrews offers unparalleled opportunities for its students to study and learn in ways that consistently expand beyond specific assignments.



## ENGAGE GLOBALLY

**Understand Our World.** Andrews offers students distinctive ethnic and cultural diversity opportunities that equip them to better understand and change the world.

Andrews University is the heartbeat of Adventist Education; the place where talents and ideas are inspired. We are a diverse and innovative community ready to help the next generation of World Changers deepen their knowledge, enrich their faith and change the world.

ANDREWS UNIVERSITY  
PHOTOGRAPHY BY UNIVERSITY COMMUNICATION



## WHAT OUR STUDENTS ARE SAYING



The wealth of knowledge I gained through my courses, practicing motivational interviewing with peers, and completing my DI internship helped me realize how essential my role is as both educator and counselor. Andrews University didn't just equip me, it prepared me to meet people where they are. I am a proud world changer in the beautiful town of Fort Bragg, where I am privileged to help people eat well, feel better, and enjoy life on the Pacific Coast.

**SAFARI DUSHIME**  
CLASS OF 2022

Being part of Andrews University allowed me to expand on my nutritional knowledge while providing me with immeasurable experiences through the DI internship. The experience that I was able to get through internship helped to successfully prepare me for the role that I am currently in. The skills that I developed and the network of professionals that I was connected with during my time at Andrews University led to being hired in a dream position at the University of Notre Dame.

**ALEXANDRA KRAGER**, BS NUTRITION  
SCIENCE & MS NUTRITION & WELLNESS,  
CLASS OF 2023 AND 2024.

# DISCOVER THE SCHOOL OF POPULATION HEALTH, NUTRITION & WELLNESS

PHOTOGRAPHY BY UNIVERSITY COMMUNICATION | ANDREWS UNIVERSITY



At Andrews University's health sciences program, our associates degree prepares students to become compassionate, skilled health professionals through a rigorous, Christ-centered educational experience. The program blends evidence-based coursework with hands-on labs and community engagement, fostering critical thinking, scientific literacy, and ethical responsibility.

Small class sizes allow for personalized mentorship from expert faculty with specialties in health care executive administration, health care regulations & policies, lifestyle medicine and more. Our supportive, faith-informed learning environment empowers students to become effective communicators and leaders in promoting health and wellness.

Whether pursuing a path toward becoming an entry-level health care job or preparing for your bachelors degree in the health professions, students benefit from a comprehensive curriculum that aligns with their career goals and personal calling. Our commitment to academic excellence and real-world application ensures every graduate is equipped to make a lasting impact through nutrition.



AVAILABLE SUPPORT

# Our Faculty

Our dedicated faculty are central to preparing students for impactful careers in health care. Students often highlight the personalized mentorship they receive and the accessibility of professors who are deeply invested in their academic and personal growth.

With expertise in health care executive administration, health care regulations & policies, lifestyle medicine and more. Our faculty combine real-world experience with strong academic foundations. Their guidance helps foster a collaborative, inclusive learning environment where students are challenged, supported, and inspired.

This approach equips students with the confidence, professionalism, and purpose to live out the Andrews mission: "Seek Knowledge. Affirm Faith. Change the World."

Jean Cadet is Chair and Associate Professor at Andrews University, School of Population Health, Nutrition & Wellness and director of the Gospel, Health and Education Ministries, a volunteer organization that focuses on promoting healthy behaviors and preaching the gospel of Christ in selected U.S. communities and in rural Haiti.

He also has over 30 years of experience in the fields of public health and general medicine. Some of his public health experience included: serving as an epidemiologist/data analyst for the Virginia department of health; working as a public health prevention specialist for the Centers for Disease Control and Prevention (CDC), where he also provided technical assistance to the New Hampshire State Health Department, the World Health Organization in Guinea, Conakry, West Africa.

He also supported CDC's assistance to the Haitian community after the 2010 earthquake and during the 2011 cholera outbreak there. His medical experience included: being a primary care provider at multiple clinics in rural Haiti where he experienced first-hand the impact of spirituality on healthcare in those communities. He also has experience in pre-hospital emergency care in New Jersey and Georgia.

Cadet earned a medical doctor degree from the Faculty of Medicine and Pharmacy of Haiti; an Educational Commission for Foreign Medical Graduate (ECFMG) certificate from the ECFMG board in Pennsylvania; a Master of Public Health from Emory University, Rollins School of Public Health with a focus on behavioral sciences, health education, and epidemiology; and a Master of Divinity from Andrews University.

He has been actively involved in the Seventh day Adventist church for over 30 years, serving as youth director, church health ministry director, Sabbath school teacher, deacon, elder, evangelist, and field health coordinator for the Adventist Development and Relief Agency (ADRA). He has lead multiple short term medical mission trips to rural Haiti to support the medical and spiritual works there.



**JEAN CADET** | Associate Professor of Public Health Chair; Director: BSPH and MHA



**MICHELLE KNUDSON** | Administrative Assistant to the Chair

Michelle Knudson serves as the Administrative Assistant to the Chair for the Department of Public Health, Nutrition & Wellness at Andrews University. In this role, she supports the daily operations of the department, coordinates student and faculty needs, and ensures the smooth functioning of academic and administrative processes.

With a background in organizational support, project coordination, and community engagement, Michelle brings a wealth of experience from a variety of professional settings—including education, marketing, and health-related services. She is known for her attention to detail, resourcefulness, and commitment to fostering a welcoming and efficient environment for students and staff alike.

# MEET YOUR PROFESSORS

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**GRETCHEN KRIVAK**  
Assistant Professor



**MELISSA POUA**  
Assistant Professor



**SHERRI ISAAK**  
Associates Professor



**ROBERT ZDOR**  
Professor



**JEAN CADET**  
Associate Professor of Public  
Health Chair; Director: BSPH  
and MHA



**BENJAMIN NAVIA**  
Professor



## SET YOURSELF APART

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Earn your associates degree signed and verified by Andrews University. Courses can fill quickly, so start your enrollment now.

## Associates Degree in Health Science

Welcome to Andrews University's Health Science Program—an in-demand and flexible program that offers an entry point to various bachelor-level health-related professions.

### Program Duration:

This program is typically completed in less than two years of full-time study. That is only 18 months.

Students engage in a combination of healthcare foundation knowledge, ethical and professional conduct, effective communication, critical thinking and problem solving, and career awareness and preparation.

### What you'll learn:

- **Anatomy & Physiology** – learn about the structure and function of the human organism.
- **Nutrition** – Learn about the basic principles of nutrition science, biochemical functions, and the changes in physiological needs with age.
- **Health services administration** – learn how to examine structures and functions of management and their application in public health
- **Introduction to Applied Statistics** – Learn key stats to analyze data, spot trends, and make smarter decisions – without the confusing math.
- **Law, Policy, and Ethics in Healthcare** – Learn about patients rights, legal frameworks, ethical decision-making, access to healthcare, and more.
- **Medical Terminology** – An in-depth study of medical terms and correlate them with the appropriate body system.
- And more+



## CAREER PATHS

- Medical assistant
- pharmacy technician
- Medical admissions clerk
- Administrative assistant
- Hospital registrar
- Financial liaison
- Scheduler
- and more+

# ASSOCIATES DEGREES ARE BOOMING

## JOIN THE MOVEMENT

- ✓ **Job Growth**  
1.9 million job openings annually
- ✓ **High-Demand**  
14.2% job growth by 2031
- ✓ **Competitive Salary**  
\$54-\$62k annual salary in Michigan

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# TUITION COSTS

# FINANCIAL AID

Associate Degree	Semester	Year
Tuition Package (15 credits)	\$5,410.00*	\$10,820.00*
Residence Hall (double occupancy, Lamson, Meier)	\$2,852.00	\$5,704.00
Residence Hall (double occupancy, Burman)	\$1,440.00*	\$2,880.00*
Residence Hall (double occupancy, Damazo)	\$2,907.00	\$5,814.00
Gold Meal Plan	\$2,511.00*	\$5,022.00*
Platinum Meal Plan	\$2,909.00	\$5,818.00
Books and Supplies (estimate, optional)	\$550.00	\$1,100.00
General Fees	\$680.00*	\$1,360.00*
<b>Totals</b>	<b>\$10,041.00</b>	<b>\$20,082.00</b>

\*Totals include asterisked items

To assist you in planning your educational journey, we've provided an overview of the program costs and financial aid options available at Andrews University.

For detailed information on residential housing options and associated costs, please refer to the **residence life section** of this guide.



## **FINANCIAL AID**

At Andrews University, we are committed to making high-quality education accessible and affordable. Students enrolled in the Health Sciences program benefit from competitive tuition rates and financial support options.

We encourage all applicants to explore financial aid opportunities, including:

- Federal financial aid for U.S. citizens and eligible non-citizens
- Employer tuition reimbursement programs
- Payment plans designed to help spread tuition costs over the semester

Our enrollment team is here to help you navigate the financial aid process and explore options that align with your budget and goals.

Invest in your future—an Associates Degree from Andrews University prepares you to make a lasting impact in your community and beyond.

For more details visit: [Student Financial Services](#)

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COMMUNICATION | **ANDREWS UNIVERSITY**

# STUDENT LIFE AND CAMPUS EXPERIENCE



Life at Andrews University offers students a vibrant and diverse community where lifelong friendships are forged through shared experiences, both inside and outside the classroom.



Nestled in Southwest Michigan, just an hour and a half from Chicago and minutes from the stunning beaches of Lake Michigan, students can enjoy an amazing blend of city excitement and natural beauty.



Whether it's soaking up the sun on the beach, hitting the slopes for some winter fun, or exploring the cultural richness of nearby cities, there's always something exciting to do. Beyond academics, life at Andrews is filled with opportunities for adventure, personal growth, and lasting memories.





Culture Nights at Andrews University.

Sports enthusiasts, check out our options: basketball, volleyball, gymnastics, soccer, softball, and more.



Andreasen Wellness Center offers gym workouts, jacuzzi, sauna, swimming, Pilates, and more.

# RESIDENCE LIFE

Andrews University maintains a residential campus, requiring all single undergraduate students under age 22 to live in university residence halls, unless they are living with an approved family member or Andrews faculty or staff member.

Each residence hall is staffed with full-time professional staff, student deans, resident advisors, and support staff, aiming to create a community-based atmosphere where students can live and learn together. This environment fosters holistic development and encourages the formation of lifelong friendships among residents.

The university maintains three residence halls and one apartment complex:

1. Lamson Hall
2. Meier Hall
3. Burman Hall
4. Damazo Hall

[www.andrews.edu/housing](http://www.andrews.edu/housing)



## RESIDENCE LIFE

Life at Andrews University offers students a vibrant and diverse community where lifelong friendships are forged through shared experiences, both inside and outside the residences.

Lamson Hall is the residence hall for single female undergraduates under age 22 at Andrews University.

[Click here for more information.](#)



**Meier Hall** is the residence hall for single male undergraduate students under age 22 at Andrews University.

[Click here for more information.](#)

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## RESIDENCE LIFE

Lamson Hall is the residence hall for single female undergraduates under age 22 at Andrews University.

[Click here for more information.](#)



Life at Andrews University offers students a vibrant and diverse community where lifelong friendships are forged through shared experiences, both inside and outside the residences.



**Meier Hall** is the residence hall for single male undergraduate students under age 22 at Andrews University.

[Click here for more information.](#)

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Two separated residence halls, **Burman Hall and Damazo Hall**, for undergraduates age 22+ and graduates. [Click here for more information.](#)



**University Apartments** are available to married students, students with children, and single undergraduate (age 22+) or graduate students.

[Click here for more information.](#)

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# FAITH AND SPIRITUAL LIFE



## Faith And Spiritual Life

At Andrews University, students are offered a unique opportunity to grow spiritually in an environment that fosters a close relationship with God. As a Seventh-day Adventist institution, we prioritize not just academic excellence but also the development of strong moral principles and a deep spiritual foundation.

Our holistic approach to education nurtures the body, mind, and spirit, ensuring that students are well-equipped to make a meaningful impact in the world. Through worship services, spiritual retreats, and faith-based community activities, students are encouraged to explore and deepen their personal faith journey, creating a balanced and purpose-driven life.



## **GROW FAITHFULLY**

Nurture your spiritual journey. Andrews provides engaging faith-based activities, community worship, and service opportunities, that help guide you toward a deeper relationship with God.

## **TRANSFORM SPIRITUALLY**

Immerse in an atmosphere of spiritual growth. Andrews integrates spiritual development into every aspect of student life, ensuring you grow not just academically, but in your faith as well.





## TAKE THE NEXT STEP

As you explore your future in Health care, the Health Science program at Andrews University offers a strong foundation rooted in academic excellence, real-world application, and a supportive, faith-informed environment.

We're committed to helping you reach your goals. For more information about how our program can prepare you for a meaningful career in public health, health education, or nutrition and wellness, contact us today—we're here to answer your questions and help guide your next steps toward a purpose-driven future.



**APPLY TODAY**  
Scan QR code



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chshelp@andrews.edu



**KEEP PUSHING  
BOUNDARIES AND  
NEVER STOP  
GROWING.**

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