SCHOOL OF HEALTH PROFESSIONS

POST PROFESSIONAL PHYSICAL THERAPY PROGRAMS AND ORTHOPEDIC RESIDENCY
POST PROFESSIONAL
PHYSICAL THERAPY
PROGRAMS CATALOG
Welcome to the Andrews University Postprofessional Physical Therapy programs! If you are an orthopedic physical therapist we offer coursework to meet almost all of your continuing education needs. Andrews University is partnered with the North American Institute of Orthopedic Manual Therapy (NAIOMT) allowing us to offer comprehensive continuing education in orthopedics along with manual therapy of the spine and peripheral joints. NAIOMT courses can also be used towards certification as a manual therapist, an orthopedic residency program and a fellowship in manual therapy! Plus, you can receive academic credit for any coursework that you take through Andrews!

Andrews is the only university in the country offering a Doctor of Science (DScPT) in orthopedic manual therapy! The DScPT is considered by the American Physical Therapy Association as being a terminal degree in physical therapy, suitable for opening doors in academic institutions for teaching opportunities. Furthermore, the DScPT represents a clinical specialty doctorate indicating clinical mastery, and validated through the academic degree process! Pair the DScPT with the NAIOMT fellowship from the American Academy of Orthopedic Manual Therapy (AAOMPT) and you will be recognized as top in the field with regards to your knowledge of orthopedics and manual therapy.

As a Christian institution, Andrews University is also concerned about you as a person. We work diligently to create a nurturing environment to assist you in pursuing your dreams. When you become involved with our programs we consider you to be a part of our physical therapy family and we will do anything we can to make your academic journey personally fulfilling. As an adult learner, working full-time and juggling family life along with your education, this type of support is invaluable.

Thank you for your interest in our coursework and programs. Not sure if you want to pursue an advanced degree, residency or fellowship? Come experience any of our courses in a continuing education format and see how Andrews can meet your future needs of orthopedic manual therapy education.

Sincerely,

Kathy Berglund
DScPT, FAAOMPT, COMT, OCS, ATC
Director, Post Professional Programs
Department of Physical Therapy

Contact:
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Email: ptpostpro@andrews.edu
Web: andrews.edu/pt
TRANSITIONAL DOCTOR OF PHYSICAL THERAPY (T-DPT)
The T-DPT program is for practicing physical therapists wanting to transition to a DPT degree. Coursework is completed primarily through independent study, with two intensive sessions on the Berrien Springs campus. The T-DPT student will enhance his or her skills in medical screening, differential diagnosis, pharmacology, radiology and laboratory science, clinical leadership, education and research. This degree transitions the clinician to the academic standard of the entry-level DPT graduate. The program is designed so students can continue working as physical therapists while completing the T-DPT degree.

DOCTOR OF SCIENCE IN PHYSICAL THERAPY (DScPT)
The Doctor of Science in Physical Therapy (DScPT) is designed to enhance the skills of practicing physical therapists in the area of orthopedic manual therapy. Andrews University is partnered with the North American Institute of Orthopedic Manual Therapy (NAIOMT) to provide the clinician with the skills to become a certified manual or manipulative therapist. For the BS or MSPT student, this degree also further enhances the key areas identified in the T-DPT program above. The DScPT program offers:

• FREEDOM TO WORK WHILE EARNING YOUR DEGREE
  The program is designed so students can continue working as physical therapists while completing the DScPT degree.

• NAIOMT TRAINING
  The North American Institute of Orthopedic Manual Training (NAIOMT) is one of the institutes offering a Fellowship program recognized by the American Academy of Orthopedic Manual Physical Therapy (AAOMPT). NAIOMT’s Fellowship program was approved by AAOMPT in 1998 and credentialed by the APTA in 2000. AAOMPT is a member of the International Federation of Manual Physical Therapists (IFOMPT). Our degree represents one of the most clinically based programs in the country, as clinicians also earn certification as manual or manipulative therapists through NAIOMT or its equivalent. The NAIOMT training features nationally and internationally known instructors such as Erl Pettman and Jim Meadows.

• MARKETABLE CREDENTIALS
  Graduates of the DScPT program are able to market their services as specialists in musculoskeletal dysfunctions to physicians, insurance companies and the general public. Holding a DScPT enhances graduates’ ability to produce better outcomes, ensuring a higher rate of third party reimbursement for services, and allows clinicians to apply for faculty positions at entry-level DPT programs.

HOW OUR PROGRAMS ARE STRUCTURED
The T-DPT and DScPT programs are structured to include a combination of short-course format sessions on our campus and interactive distance learning sessions done at home. Each on-campus session is six days, beginning on Sunday and ending on Friday. Interactive distance learning sessions occur over a span of three–four months. These sessions consist of guided readings, projects, assignments and examinations that are completed at home. In addition, students are required to participate in class discussions occurring online in a bulletin board format. These discussions are an integral part of the distance education coursework, allowing both students and professors to exchange ideas and valuable clinical information.

For students holding a BS or MSPT degree upon entrance into the program the schedules are as follows:

T-DPT Schedule
Year 1
  • Two on-campus sessions
  • One distance learning session

Year 2
  • Three distance learning sessions
  • Completion of Capstone project

DScPT Schedule (For BS or MS students)
Year 1
  • Three on-campus sessions
  • One distance learning session

Year 2
  • Three on-campus sessions
  • Two distance learning sessions

Year 3
  • Three on-campus sessions
  • Completion of elective options
  • Completion of Capstone project*
  • Completion of 60 hours of supervised clinical practice*
  • Completion of manual therapy certification*

* The student may work on all of these throughout the program and complete them at any time. Students have six years from the start of the program to fulfill all degree requirements.
WHEN TO ENTER THE PROGRAM
For students holding a bachelor’s or master’s degree, there is one entry point per year into both programs, which occurs in August. For students holding a DPT degree and entering the DScPT program, there are two entry points per year: one in May and one in October.

COMPETENCY CREDIT
Students with relevant master’s degree coursework, special certification(s) and/or continuing education experience may receive competency credits (see below for details). The maximum number of credits awarded through this process is 14 credits in the t-DPT program and 32 credits in the DScPT program.

- Master’s degree
Students holding a master’s degree will have their transcripts evaluated for coursework obtained in the master’s program that applies to the doctoral curriculum. Up to 12 credits can be transferred into the doctoral program in this manner.

- DPT degree
Students entering the DScPT program holding a DPT degree will complete all of the NAIOMT courses in orthopedic manual therapy, 60 hours of supervised...
clinical practice, and approximately 16 other credits of course work including electives. Competency credit can be given for electives based on prior continuing education, certification, etc. Total number of credits is 38. Students entering the program with a DPT and previous manual therapy certification can have a personalized curriculum designed for them for a minimum of 32 credits.

- **Certifications**
  Students holding certifications in manual therapy, OCS, ATC, certified strength and conditioning coach, acupuncture, massage therapy, aquatic therapy and other areas can receive credit in the DScPT manual therapy curriculum and elective curriculum.

- **Continuing education**
  For every 15–20 contact hours of approved continuing education, students can receive one elective credit. Proof of attendance is required and additional academic work may be assigned to complete the credit requirements.

### PROGRAM LENGTH
- t-DPT: This 35-credit program can typically be completed in two years
- DScPT: This 64-credit program can typically be completed in three years
- Students transitioning from DPT to DScPT have to complete 38 credits which can typically be completed in two–three years
- Students transitioning from the Residency program to the DSc have to complete 22 credits which can typically be completed in two years

### CURRICULUM OUTLINE: BS AND MSPT STUDENTS

<table>
<thead>
<tr>
<th>Session 1 On Campus (DScPT and t-DPT)</th>
<th>Session 2 On Campus (DScPT and t-DPT)</th>
<th>Session 3A: Distance Learning (t-DPT)</th>
<th>Session 4: Distance Learning (DScPT and t-DPT)</th>
<th>Session 5A On Campus (DScPT)</th>
<th>Session 6A: Distance Learning (DScPT)</th>
<th>Session 7 On Campus (DScPT)</th>
<th>Session 8: Distance Learning (DScPT and t-DPT)</th>
<th>Session 9 On Campus (only DScPT)</th>
<th>Session 10 (only DScPT)</th>
<th>Session 11 On Campus (only DScPT)</th>
<th>Session 12 On Campus (only DScPT)</th>
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<tr>
<td>PTH500 Doctoral Colloquium......................... 2 CR</td>
<td>PTH740 Advanced Topics in Clinical Research ........................................ 3 CR</td>
<td>PTH549 Principles of Contemporary Leadership ........................................ 3 CR</td>
<td>PTH660 Applications of Clinical Research .... 2 CR</td>
<td>PTH538 NAIOMT Level II: Lower Quadrant..... 3 CR</td>
<td>PTH549 Principles of Contemporary Leadership ........................................ 3 CR</td>
<td>PTH537 NAIOMT Level II: Upper Quadrant...... 3 CR</td>
<td>PTH748 Educational Techniques for Healthcare Professionals .............. 2 CR</td>
<td>PTH538 NAIOMT Level II: Lower Quadrant..... 3 CR</td>
<td>PTH550 NAIOMT Supervised Clinical Practice ........................................ 6 CR</td>
<td>PTH567 NAIOMT Thoracic Spine .................. 2 CR</td>
<td>PTH746 Spirituality in Healthcare ................ 3 CR</td>
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<td>PTH545 Advanced Clinical Physiology .......... 3 CR</td>
<td>PTH718 Clinical Screening and Differential Diagnosis........................... 3 CR</td>
<td>PTH549 Principles of Contemporary Leadership ........................................ 3 CR</td>
<td>PTH740 Medical Diagnostics............................... 2 CR</td>
<td>PTH798 Capstone Experience ....................... 1 CR</td>
<td>PTH615 Clinical Pharmacology .................. 2 CR</td>
<td>PTH637 NAIOMT Level II: Upper Quadrant...... 3 CR</td>
<td>PTH646 Spirituality in Healthcare ................ 3 CR</td>
<td>PTH798 Capstone Experience ....................... 1 CR</td>
<td>PTH615 Clinical Pharmacology .................. 2 CR</td>
<td>PTH798 Capstone Experience ....................... 2 CR</td>
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<tr>
<td>PTH630 Clinical Research (Distance Learning) ........ 2 CR</td>
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<td>PTH798 Capstone Experience ....................... 2 CR</td>
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* After session 8, t-DPT students are eligible for graduation pending the completion of the Capstone Experience
* DScPT students are responsible for attaining the necessary elective credits through an approved plan with the program director. These credits are not reflected on this schedule
COURSE SCHEDULE & CURRICULUM OUTLINE DPT TO DSCPT (38 CREDITS)

<table>
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<tr>
<th>CR</th>
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<th>START DATE</th>
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<tr>
<td>3</td>
<td>PTH536</td>
<td>NAIOMT Level I</td>
<td>6 days on campus</td>
<td>October or April</td>
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<tr>
<td>3</td>
<td>PTH537</td>
<td>NAIOMT Level II Upper</td>
<td>6 days on campus</td>
<td>October</td>
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<td>3</td>
<td>PTH538</td>
<td>NAIOMT Level II Lower</td>
<td>6 days on campus</td>
<td>April</td>
</tr>
<tr>
<td>3</td>
<td>PTH546</td>
<td>NAIOMT Level III Upper</td>
<td>6 days on campus</td>
<td>March</td>
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<tr>
<td>3</td>
<td>PTH547</td>
<td>NAIOMT Level III Lower</td>
<td>6 days on campus</td>
<td>September</td>
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<tr>
<td>3</td>
<td>PTH548</td>
<td>NAIOMT Level IV</td>
<td>6 days on campus</td>
<td>March or September</td>
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<tr>
<td>3</td>
<td>PTH590</td>
<td>NAIOMT Thoracic Spine</td>
<td>3 days on campus</td>
<td>November</td>
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<td>3</td>
<td>PTH760</td>
<td>Applications of Research</td>
<td>Distance Learning</td>
<td>June through October</td>
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<td>4</td>
<td>PTH549</td>
<td>Principles of Cont. Leadership</td>
<td>Distance Learning</td>
<td>April through June</td>
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<td>6</td>
<td>PTH550</td>
<td>NAIOMT Supervised Clinical Practice</td>
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<td>PTH798</td>
<td>Capstone</td>
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<td>3</td>
<td>PTH549</td>
<td>Principles of Contemporary Leadership</td>
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<td>Electives</td>
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RESIDENCY CERTIFICATE* TO DSCPT (22 CREDITS)

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<tr>
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<tr>
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<td>NAIOMT Level III Upper</td>
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<tr>
<td>3</td>
<td>PTH547</td>
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<td>2</td>
<td>PTH760</td>
<td>Applications of Research</td>
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<td>PTH798</td>
<td>Capstone</td>
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<tr>
<td>3</td>
<td>PTH549</td>
<td>Principles of Contemporary Leadership</td>
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*Only AU Residency Certificate accepted

FACULTY PROFESSIONAL BIO

Candice Hollingsead, PhD
Dr. Hollingsead graduated with a Bachelors of Science degree from Andrews University and a Doctorate in education with specializations in special education and educational administration from the University of Kansas. She has taught public school K-12 special education in least restrictive environments ranging from self-contained classrooms to full inclusion in general education. She holds licenses in K-12 music, special education, and administration. She was a professor for the College of Education, Minnesota State University, Mankato. Dr. Hollingsead was the chair for the Teaching, Learning & Curriculum Department at Andrews University from 2002-2006. She was Dean of the School of Education at Bethel College, in Indiana from 2006-2009. Currently, Dr. Hollingsead is employed at Northern State University in South Dakota.

Dave Musnick, MD
Musnick graduated with a master’s in Public Health from the University of California, Berkeley in 1981. He graduated from the University of California, San Francisco School of Medicine in 1986. He completed an internship in Internal Medicine at Kaiser Foundation Hospital, San Francisco in 1987; a residency in Internal Medicine at Virginia Mason Hospital, Seattle in 1989; and a fellowship in Sports and Musculoskeletal Medicine at the Sports Medicine Clinic, Seattle in 1990. In addition to a busy clinical practice, he has served as clinical and teaching faculty for “Seminar on Communications and Listening Skills in Health Care” and “Functional Nutritional Medicine;” clinical instructor, Department of Medicine and Department of Orthopedic Surgery at the University of Washington; clinical and teaching faculty, Bastyr University School of Medicine; and physician examiner and lecturer for the North American Institute of Orthopedic Manual Therapy (NAIOMT). He also has several publications to his credit.
COURSE DESCRIPTIONS

PTH500: Doctoral Colloquium—2 CR
A degree orientation course, which includes introduction to the degree(s), utilization of services at Andrews University; introduction to the Guide to Physical Therapy Practice; development of the degree contract and portfolio review.

PTH541: Physiological Basis for Exercise Prescription: Level I—3 CR
Using the system of Medical Exercise Therapy founded by Odvar Holten, this course covers the physiological basis for exercise prescription specifically related to the healing process. Testing strategies, formulas for exercise dosing and equipment conducive to this approach will be presented along with computer software developed to assist dosage and patient tracking.

PTH549: Principles of Contemporary Leadership—3 CR
Theory and application of complexity sciences to organizational management; exploration of key leadership roles and changing paradigm; presentation of methods to maximize personal and professional life.

PTH590: Comparative Religions & Cultural Diversity—2 CR
Information presented to allow the clinician to be sensitive to the different faith practices and cultures of their clients and how to use that information to treat the person in a professional manner conducive to healing.

PTH615: Clinical Pharmacology—2 CR
Develops a non-prescriptive knowledge of specific medications including indications, contraindications, precautions, adverse reactions and dosage, especially as related to physiological effects of physical therapy interventions.

PTH630: Clinical Research—2 CR
Introduces the student to the basic concepts of biostatistics and research design and the formulation of evidence based practice strategies.

PTH646: Spirituality in Healthcare—3 CR
A discussion of individual spiritual values; spiritual values from a Christian perspective; how faith and spirituality facilitate the healing process; and how these can be incorporated into patient care. Attention will be given to discerning/addressing the spiritual needs of the patients/clients, family members and ancillary medical staff in a professional environment.

FACULTY PROFESSIONAL BIO

Erl Pettman, PT, FCAMT, MCSP, MCPA, COMT
Pettman received his Diploma in Physiotherapy from the Nottingham School of Physiotherapy (England) in 1972, and from the National Academy of Acupuncture in 1976. He has served as examiner for the Canadian Manual Therapy Examinations since 1980, and was appointed Chief Examiner in 1982. In addition to his instruction for NAIOMT, he has been a certified manual therapy instructor for the Olaf Evenjth System since 1990. Pettman's chapter on Upper Cervical Instability was published in Modern Manual Therapy, second edition 1992, and he has presented papers at IFOMPT proceedings. Pettman developed the integrated quadrant system of evaluation in 1980, a three-month manual therapy course in western Canada in 1981, and founded the NAIOMT in 1984. He currently practices in Abbotsford, BC, Canada, and published a book on manipulative physical therapy of the spine.

Stacy Soappman, PT, DSc, COMT, FAAOMPT
Soapman received her physical therapy degree from Andrews University in 2001 and went on to receive her DScPT from Andrews in 2011. She received the designation of Certified Orthopedic Manipulative Therapist (COMT) in 2009 and later completed her fellowship training through NAIOMT in 2011. She is currently a Clinical Fellowship Instructor and serves on faculty for NAIOMT. Soapman's case study on facilitated segments in the lumbar spine and their peripheral manifestations was presented at IFOMT 2012 Canada. She currently works in outpatient orthopedics in Knoxville, Tenn., and serves as the fellowship and clinical residency instructor.

George E. Soper, PT, PhD
Soper completed his physical therapy education in 1966 and his Doctor of Philosophy in Physical Education and Physical Therapy combined in 1976 at the University of Iowa. Soper’s various administrative responsibilities over the past 30 years qualify him to teach the Leadership course. These duties range from chief physical therapist of a physical therapy department to senior vice president of a major medical center. He has been an adjunct professor at the Andrews University Department of Physical Therapy from 1987 to the present. His lectures are on the cutting edge in this time of transition and redevelopment. He regularly presents various aspects of management in the healthcare system to professional health groups and business organizations.
PTH718: Clinical Screening & Differential Diagnosis—3 CR
Knowledge and clinical skills designed for screening patients for medical conditions. Differential diagnosis is addressed through comparison of systematic signs and symptoms. Appropriate diagnostic tests which may indicate involvement of a problem outside the scope of PT practice are addressed. Enhances professional communication with other healthcare practitioners included in the referral process.

PTH730: Medical Diagnostics—2 CR
Addresses imaging, body chemistry values and data derived from musculoskeletal, neurologic, vascular, cardiac and pulmonary testing with the purpose of understanding the disease process. Application of knowledge will determine differential diagnoses.

PTH740: Advanced Topics in Clinical Research—3 CR
This course continues to cover the topics introduced in PTH630 in a more in-depth fashion. The student will learn how to set up a research study, as well as review the literature and analyze the validity of the information presented. An introduction to setting up outcome studies will also be covered.

PTH748: Education Techniques for Healthcare Professionals—1–2 CR
Examines and applies educational theory to skills utilized by the physical therapist in the classroom, community and clinical facility. Topics include the educational role of the physical therapist, the taxonomies of learning, learning styles, multiple intelligence and education technology.

PTH750: Professional Communication and Consulting—2 CR
An introduction to the integration of the physical therapist as a consultant. Discussion will include applying physical therapy consultation services to individuals, businesses, schools, government agencies and/or other organizations.

PTH760: Applications in Clinical Research—2 CR
Information presented on how to develop and present a publishable quality case study. Actual practice of doing an outcomes study in a clinical environment.

PTH798: Capstone Experience—1–10 CR
Serves as an essential outcome component to augment the professional development and new learning that occurs in didactic course work and demonstrates the ability of the graduate to make significant contributions to the profession and/or serve as a change agent in the field of physical therapy.

PTH536: NAIOMT Level I:
Intro. to the Fundamentals of Orthopedic Manual Therapy & Differential Diagnosis—3 CR
Appropriate skills in basic and objective selective tissue examination necessary for generating a provisional differential diagnosis of spinal dysfunction. Signs, symptoms, pathology and management of common spinal pathologies are reviewed. Selective tissue tensioning techniques for the peripheral joints are introduced. Cyriax’s principles are introduced.

PTH537: NAIOMT Level II:
Intermediate Upper Quadrant—3 CR
A comprehensive biomechanical and anatomical review of the upper thoracic, upper and lower cervical spine, shoulder, elbow, wrist and hand. Specific biomechanical assessment of each area is taught along with appropriate and effective treatment techniques for common injuries and mechanical dysfunctions.

PTH538: NAIOMT Level II:
Intermediate Lower Quadrant—3 CR
A comprehensive biomechanical and anatomical review of the lower thoracic and lumbar spines, the hip, knee, ankle and foot. Specific biomechanical assessment of each area is taught along with appropriate treatment techniques for common injuries and dysfunctions.
PTH546: NAIOMT Level III: Advanced Upper Quadrant—3 CR
Builds on the techniques learned in Level II and helps the student understand the kinetic chain interrelationships of the upper quadrant. Integrates information generated in the assessment to understand how remote dysfunctions can be casual or contributory. Advanced techniques are demonstrated along with new material on temporomandibular joint material and peripheral manipulation skills. Prerequisite: PTH537

PTH547: NAIOMT Level III: Advanced Lower Quadrant—3 CR
Builds on the techniques learned in Level II and helps the student understand the kinetic chain interrelationships of the lower quadrant. Presents advanced biomechanical tests and treatment and includes the sacroiliac and pubic joints. Discusses the integration of examination and treatment techniques. Prerequisite: PTH538

PTH548: NAIOMT Level IV: High Velocity Manipulation—3 CR
Instructs the student on the indications and contraindications, as well as the safe and effective application of spinal, pelvic and costal manipulation techniques. Prerequisites: PTH546 and 547

PTH550: NAIOMT Supervised Clinical Practice—4 CR
Using a 3-to-1 model, students will be required to do a minimum of 60 supervised clinical hours applying hands-on techniques with patients under the supervision of a certified NAIOMT clinical instructor. These hours can be done all at one time or split up according to the student’s desire.

PTH557: Thoracic Spine—2 CR
Provides a detailed look at the thoracic spine, covering anatomy, biomechanics, evaluation strategies and effective treatments including joint mobilization and manipulations. In addition, systemic and visceral causes of thoracic pain are reviewed and differential diagnosis is emphasized.

ELECTIVES
Students may develop a personal elective plan in areas of interest. Electives may involve continuing education courses available closer to home, or they may be chosen from the courses listed below. If there is enough student demand for a specific elective course, the course will be made available.

PTH590: Topics in _________ Physical Therapy—1–4 CR
Exists to allow independent direction in the elective track. Topic decided by student and advisor.

PROGRAM REQUIREMENTS

ELIGIBILITY REQUIREMENTS
• Baccalaureate degree from an accredited United States institution (or non-U.S. equivalent)
• English proficiency—students whose language of education is not English must take the TOEFL or MELAB exam
• Licensed Physical Therapist—to be eligible for this program you need to be a licensed physical therapist in the U.S. or Canada
• Minimum undergraduate GPA of 2.60

ADMISSION REQUIREMENTS
• Apply online at andrews.edu/apply
• Official transcripts of post-secondary coursework
• Recommendations—a minimum of three satisfactory recommendations must be turned in: one from a currently practicing physical therapist, one from a medical doctor, and one from another person familiar with the candidate
• Portfolio—If you hold a master’s degree or are a DPT trained clinician, you need to submit your portfolio. This has vital information related to your acceptance as well as determination for competency credits. See the section “Portfolio requirements” for more information.
• PTET (Physical Therapy Evaluation Tool) If your highest earned degree is at the bachelor’s level you must submit the results of PTET to allow us to evaluate your competency towards a master’s degree. For information on obtaining the PTET please visit the American Physical Therapy Association website at www.apta.org/PostprofessionalDegree/PTET/.
Your portfolio requirement for our degrees will be fulfilled with the PTET.

- **Professional history or resume** describing employment, research or special projects

### PORTFOLIO REQUIREMENTS

The Portfolio is needed for clinicians applying to the t-DPT or DScPT program, who currently hold a master’s or DPT degree. This portfolio should include:

a. **CURRICULUM VITAE (CV)**—including the following categories, where applicable:
   - Current home address
   - Complete work history starting from first job after completion of entry-level degree, including the job site, position held and length of employment
   - Education summary
   - Continuing education activity since licensure, including course title(s), course sponsor and number of contact hours
   - Teaching experience summary
   - Business experience summary
   - Publications
   - Scientific and professional presentations
   - Membership in scientific and professional societies and/or organizations
   - Consultative and advisory positions held
   - Certifications achieved
   - Community service activities

b. **COPY OF CONTINUING EDUCATION CERTIFICATES**

c. **COPY OF PROFESSIONAL CERTIFICATIONS**

### PROGRAM COSTS

For information regarding costs, please visit the cost section at andrews.edu/shp/pt/postpro.
ORTHOPEDIC RESIDENCY

The North American Institute of Orthopedic Manual Therapy (NAIOMT), a national provider of orthopedic manual therapy continuing education and Andrews University, home of the Doctor of Science degree program in orthopedic manual therapy, have created a dynamic partnership to offer a manual therapy based orthopedic residency program. Both institutions are dedicated to the postgraduate education of physical therapists, producing “master” clinicians whose skills in differential diagnosis and clinical reasoning produce superior outcomes in the clinical environment, setting them apart from their peers.

OVERVIEW
An 18-month postprofessional clinical mentorship and postgraduate educational curriculum designed to prepare the physical therapist as an orthopedic clinical specialist with a focus in manual therapy and clinical reasoning.

DIDACTIC STRUCTURE
The didactic curriculum required for the program is as follows:

1. PTH536 NAIOMT Level 1 Principles of Differential Diagnosis in Orthopedic Manual Therapy: Initiates the development of critical clinical thinking in orthopedics and predominantly utilizes assessment principles described by James Cyriax, MA, and other orthopedic experts. This level assists the student in basic medical screening, rational differential diagnosis and selection of manual and mechanical interventions of the musculoskeletal system.
2. PTH537 NAIOMT Level II Upper Quadrant: Includes detailed biomechanical assessment and manual therapy techniques of the upper and lower cervical spine, shoulder girdle, elbow, wrist and hand joints.
3. PTH538 NAIOMT Level II Lower Quadrant: Detailed biomechanical assessment and manual therapy techniques of the thoracolumbar junction, hip, knee, foot and ankle joints.
4. PTH557 NAIOMT Thoracic Spine: Detailed biomechanical assessment and manual therapy techniques of the thoracic spine, to include the segmental tissues as well as the costotransverse and costovertebral joints.
5. PTH730 Medical Diagnostics: An online course which provides information regarding imaging procedures with emphasis on the utilization of standard x-ray’s for the musculoskeletal system and differential diagnosis. Also has a small component dealing with laboratory science and pertinent lab tests and values for conditions associated with musculoskeletal pain. Includes observation hours.
6. PTH609 Evidence-Based Orthopedic Clinical Practice: A Research Review: An online review of research methodology and design and data analysis designed to allow an objective analysis of the literature concerning aspects of clinical practice. Covers the current research evidence regarding orthopedic clinical practice with analysis toward clinical utilization.
7. PTH608 Post-Surgical Management of Common Orthopedic Conditions: An online course covering the most common surgical procedures in orthopedic clinical practice and principles for successful postoperative management in physical therapy practice.
8. APTA Home Study Pharmacology: Reviews the common pharmacological agents used in successful management of most musculoskeletal pain problems.
CURRICULAR FLOW

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<th>Period</th>
<th>Course Title</th>
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<td>Sept. 1–Dec. 31</td>
<td>NAIOMT Level I Post-Surgical Management of Common Orthopedic Pathologies</td>
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<tr>
<td>Jan. 1–April 30</td>
<td>Evidence-Based Orthopedic Clinical Practice: A Research Review Home Study Pharmacology Course</td>
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<td>May 1–Aug. 30</td>
<td>Level II Lower Extremity Medical Diagnostics</td>
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<td>July 1–Sept. 30</td>
<td>Level II Upper Extremity</td>
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<tr>
<td>Oct. 1–Jan. 30</td>
<td>Level II Thoracic Spine</td>
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<td>Feb. 1–April 1</td>
<td>Complete Live Patient Exams</td>
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Each NAIOMT course represents six days of instruction, with the exception of the Thoracic Spine course which is three days. These classes are offered at strategic sites around the country and are offered either as two three-day courses spanning two weekends or as a six-day module (offered at Andrews University). Each NAIOMT course will also have an online component for the resident to complete that will span approximately three–four months. This will include readings, class discussions, case studies and exams. The resident will be able to use each faculty member as a mentor during the time that the particular course is being offered. Upon successful completion of the program, the resident will receive 17 graduate credits from Andrews University that could be used towards a future postprofessional degree. The resident will also be halfway through the coursework needed for certification as a manual therapist through NAIOMT.

OUTCOME MEASURES

1. Each course will have its own outcome measures including tests, case studies, projects, literature reviews and online class discussions. The emphasis in each course will target the resident’s clinical reasoning process. The resident will be expected to use the anatomical, biomechanical, physiological and research evidence presented in their curriculum to effectively evaluate, differentially diagnose, prepare and execute a treatment program.

2. Each resident will perform three live patient exams as a final oral/practical component of their residency. These will cover one spinal, one lower extremity and one upper extremity patient. The resident must independently take the complete history, perform a comprehensive examination and administer the first treatment, demonstrating appropriate utilization of clinical skills and reasoning according to NAIOMT standards.
3. The curriculum is designed such that each resident, upon completion of this program, will have been taught skills necessary to successfully pass the APTA Orthopedic Clinical Specialist exam.

4. Each resident will receive a certificate of residency completion after successfully passing all courses, the live patient exams and clinical mentorship hours.

**CLINICAL MENTORSHIP**

Clinical mentorship will take place in a NAIOMT-approved clinical site. Residents who are currently working full-time may submit their current place of employment for approval. Residents may also be assigned to approved residency sites who have agreed to offer a residency spot for this program. Any clinical mentorship site must have at least one clinician who is an orthopedic clinical specialist or OCS or a certified manual physical therapist on staff. The clinic will provide the 150 hours of 1:1 supervision of the orthopedic clinic resident during the 18-month residency. NAIOMT will be involved in each step of this process, providing the clinical guidelines and evaluation tools needed to assess the resident’s progress. Each clinical mentorship site will have a NAIOMT representative designated to assist them with the mentorship process. Each resident will be assigned a NAIOMT faculty mentor to be used in addition to the faculty mentors providing the didactic curriculum.

**BENEFITS OF COMPLETING THE NAIOMT/ANDREWS RESIDENCY PROGRAM**

This program provides the student with all necessary coursework and materials to successfully complete the OCS exam as set forth by the APTA designating clinical specialty in orthopedics. In addition, the NAIOMT/Andrews clinical residency program provides a focus on manual therapy, giving the resident the hands-on skills needed to effectively treat most patients. NAIOMT offers further certification as a manual therapist and a fellowship program in manual therapy, which the resident can continue following completion of this program. Furthermore, all of the coursework in this program can be utilized towards an advanced doctorate in the future, if the resident wishes to pursue that option.

**PROGRAM COST**

Current costs for the residency program can be found at andrews.edu/shp/pt or www.naiomt.com. Cost includes tuition and fees for the didactic curriculum (17 post-graduate credits), portal for online education delivery, access to library services during the term of the residency, NAIOMT oversight of clinical mentorship hours for the clinical partner, and NAIOMT mentorship of the resident by approved NAIOMT and Andrews faculty. Please note: the total cost does not include any expenses associated with attending the required NAIOMT courses nor the cost of any textbooks required for each course.
APTA CREDENTIALING
As previously indicated, NAIOMT is currently an APTA credentialed provider of fellowship education in manual therapy. Application for APTA credentialing of this residency program is pending.

ADMISSION REQUIREMENTS
• Fill out the included application
• Official transcripts of post-secondary coursework
• Statement of Purpose explaining why you wish to join this program
• Three Recommendation Forms
  a. If you are a new graduate, you must have one from a faculty member of your physical therapy program; one from a CI that you worked with on an internship and one of your choosing (no family members)
  b. If you graduated more than three years ago, please provide one from your immediate supervisor, one from either a physical therapist you have worked with or a faculty member from your educational program and one of your choosing (no family members)
• Curriculum Vitae/Resume—Provide an updated copy including the following information:
  a. Educational background
  b. Employment history related to physical therapy if applicable
  c. Clinical internship descriptions from entry level education program if a new graduate or <1 year of clinical practice
  d. Licensure information: either provide a copy of a current PT license or plans to attain licensure if a new graduate
  e. Any continuing education or elective education related to the field of orthopedic and/or manual physical therapy
  f. Any certifications received such as CSCS, ATC, etc.

INFORMATION FOR CLINICAL PARTNERS

BENEFITS OF BECOMING A CLINICAL PARTNER
This program is truly a “turnkey” operation, allowing any orthopedic physical therapy clinical setting processing the necessary components set forth by the APTA and who has qualified staff mentors to offer a residency position! This saves the clinic both time and money over the long run as creating, implementing and then accrediting a residency program involves resources many clinics can’t afford to spare.

The many benefits include:
• Recruitment of staff
• Retention of existing staff by offering mentoring and teaching opportunities
• Staff development
• Increased productivity

CLINICAL PARTNERSHIP FINANCIAL MODELS
It is expected that the resident will be a full-time employee of the clinical partner for the duration of the residency program. This benefits the clinical partner from both a staffing and productivity standpoint. With regards to financial compensation to cover the cost of the residency program, there are several options including:

1. Term-of-employment contract: The clinical partner may require that in exchange for the clinic covering the cost of the residency program, the resident sign on for a certain number of years of employment, whatever is deemed necessary to cover the appropriate costs. Penalties and payback arrangements can be outlined by the clinical partner in the event that the resident decides not to fulfill that contract.
2. Reduced Salary: The clinical partner may offer full-time employment with benefits appropriate for a new hire but reduce the expected salary by whatever amount the clinical partner feels is equitable.

BECOMING A CLINICAL PARTNER
To become a clinical partner, please fill out the included application.
NAIOMT CERTIFICATION/FELLOWSHIP

NAIOMT is an APTA accredited fellowship program for clinicians wishing to become fellows of the American Academy of Orthopedic Manual Physical Therapy (AAOMPT). Most of the coursework used for the DScPT program can be counted towards the fellowship requirements if the student is concurrently enrolled in both the DSc and NAIOMT fellowship programs. This is a major benefit for the student wishing to follow this track, saving much time and money! For more information about the fellowship program please visit the NAIOMT website at www.naiomt.com.

TO APPLY:

t-DPT and DScPT students:
Please apply online at andrews.edu/apply.

Residents and Clinical Partners applying to the Orthopedic Residency Program:
Please complete the included application.

North American Institute of Orthopaedic Manual Therapy
APPLICATION FOR ADMISSION INTO THE ORTHOPEDIC RESIDENCY PROGRAM

CONTACT INFO

Mail to: Postprofessional Physical Therapy Program
        Andrews University
        8515 East Campus Circle Drive
        Berrien Springs MI 49104-0420
        Phone: 269-471-6305
        Fax: 269-471-2867
        Email: ptpostpro@andrews.edu
        Web: andrews.edu/shp/pt

NOTE: Please include the application fee of $40 (non-refundable) with this application.
INTERNATIONAL STUDENTS: Please attach a photocopy of the page in your passport that contains your biographical information to this application.

STUDENT INFORMATION

Last/Family Name ______________________________________ First Name ______________________________________
Middle Name ______________________________________ Maiden/Previous Name(s) _________________________
Home: Street Address __________________________________________________________
City ___________________________ State ________ Zip Code ________ Country ________
Home Telephone ___________________________ Cell Phone ___________________________
Email Address _____________________________________________________________
Work Telephone ___________________________ Fax Number __________________________
Temporary Mailing Address: Street Address ______________________________________
City ___________________________ State ________ Zip Code ________ Country ________
Temporary Telephone ___________________________ At temporary address from M/D/Y ________ M/D/Y ________
Gender □ Male □ Female Birth Date: M/D/Y __________________ U.S. Social Security Number _________________
Citizenship □ US Citizen □ Student Visa □ Exchange Visitor Visa Country of Citizenship __________________________

FOR NON-U.S. CITIZENS ONLY: Are you a permanent resident of the United States?
□ Yes: State ___________________________ Alien Card: ___________________________
□ No: Choose one: □ Student Visa F-1 □ Visitor’s Visa B-2 □ Dependent J-2 □ Exchange Visitor □ J-1 Sponsored □ Refugee Visa
        Work Telephone ___________________________ Fax Number __________________________

Ethnicity □ Hispanic □ Non-Hispanic

Race: Your disclosure/non-disclosure of the information below will not affect your eligibility for admission. The federal government requests that we collect this data for statistical purposes. The categories below do not denote scientific definitions of anthropological origins; we and the government recognize that the categories are not perfect or inclusive of everyone's complex backgrounds. Nevertheless, please select the one group with which you most closely identify.

□ Black □ American Indian or Alaskan Native □ Asian □ Pacific Islander □ White

Marital Status □ Single □ Married □ Separated □ Divorced □ Widowed

Religious Preference □ Seventh-Day Adventist □ Other Denomination □ None

PROGRAM DATA

What is your anticipated term of enrollment? Month __________ Year ________
APPLICATION FOR ADMISSION INTO THE ORTHOPEDIC RESIDENCY PROGRAM continued

DISABILITY SERVICES: Qualified students with disabilities are encouraged to inform the university of their disability and enter into a dialogue regarding ways in which the university might reasonably accommodate them. The university can only respond to what it knows. It is the student's responsibility to provide necessary documentation of disabilities from a qualified, licensed professional before accommodation can be considered. For more information, contact Student Services at 269-471-3215.

PLEASE READ AND SIGN: The information I have provided is complete and accurate, and I understand that any omission of information could significantly delay my acceptance. I further understand that any falsification of admission documents is reason for immediate cancellation of my application and/or denial to Andrews University.

Signature ___________________________ Date ________________

EDUCATIONAL HISTORY

Highest earned degree _______________________ Date (mo/yr) ________________

Have you previously attended Andrews university or one of our college or university affiliates? (Visit andrews.edu for a list of our affiliates)

☐ No ☐ Yes: attended from mo/yr ________ to mo/yr ________ degree received and date __________________ Andrews ID number ________________

Please list all other colleges and universities you have attended (use an additional sheet if necessary):

1) Name of Institution __________________________
   Attended from (mo/yr): _________________ to (mo/yr): _________________
   City, State, Country __________________________
   Degree and Major Completed __________________________
   Actual Date of Completion __________________________

2) Name of Institution __________________________
   Attended from (mo/yr): _________________ to (mo/yr): _________________
   City, State, Country __________________________
   Degree and Major Completed __________________________
   Actual Date of Completion __________________________

3) Name of Institution __________________________
   Attended from (mo/yr): _________________ to (mo/yr): _________________
   City, State, Country __________________________
   Degree and Major Completed __________________________
   Actual Date of Completion __________________________

4) Name of Institution __________________________
   Attended from (mo/yr): _________________ to (mo/yr): _________________
   City, State, Country __________________________
   Degree and Major Completed __________________________
   Actual Date of Completion __________________________

5) Name of Institution __________________________
   Attended from (mo/yr): _________________ to (mo/yr): _________________
   City, State, Country __________________________
   Degree and Major Completed __________________________
   Actual Date of Completion __________________________

6) Name of Institution __________________________
   Attended from (mo/yr): _________________ to (mo/yr): _________________
   City, State, Country __________________________
   Degree and Major Completed __________________________
   Actual Date of Completion __________________________

STATEMENT OF PURPOSE—(Prepare on a separate sheet)

Type a statement of purpose that describes in detail the nature and purpose of your interest in pursuing graduate education to meet your personal, professional, and academic goals; your philosophical perspective; and what you hope to accomplish professionally in ten years following the completion of your proposed course of study. Explain why you are choosing graduate education at Andrews University and how you would relate to receiving your healthcare education in a Christian environment. Please include your name and birthdate. Mail back to the Postprofessional Physical Therapy, Andrews University, 8515 E Campus Circle Dr., Berrien Springs, MI 49104-0420.
## Applicant Information and Authorization

To be completed by applicant

Please complete the top portion of this form, check the appropriate box below, sign and date. Take or mail this evaluation form to a person who knows you well. Urge the recommender to return these forms to us immediately, since your application will not be processed until our office receives these evaluations. If the forms are to be returned from outside the United States, affix the required air mail postage. NOTE: Recommendations from relatives are not accepted.

Full name

Birth Date: M/D/Y

U.S. Social Security Number

☐ I waive my rights to examine this evaluation.  ☐ I do not waive my rights to examine this evaluation.

Signature    Date

## Recommendation

To be completed by recommender

The above-named applicant is applying for graduate school and considers you to be in a position to evaluate his/her ability to successfully pursue a graduate program. If the applicant has checked above that he/she does not waive his/her rights to examine this evaluation, he/she will have the right to examine it. Please return this form today in order to expedite the evaluation of this candidate's application. We will appreciate a confidential assessment from you concerning this applicant. Thank you for your cooperation.

How long have you known the applicant? ___________ In what capacity? ___________

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Signature ___________________________ Name (please print) ___________________________ Date ___________

Institution ___________________________ Position ___________________________ Phone number ___________

Mailing Address ___________________________
POSTPROFESSIONAL PHYSICAL THERAPY
ANDREWS UNIVERSITY
100 US HIGHWAY 31
BERRIEN SPRINGS MI 49103-9900

Please fold this with your additional sheet (if applicable) inside and the university address on the outside. Tape or staple the edges together and return it to the Postprofessional Physical Therapy office at Andrews University.
ANDREWS UNIVERSITY ORTHOPEDIC RESIDENCY PROGRAM RECOMMENDATION FORM

APPLICANT INFORMATION AND AUTHORIZATION—To be completed by applicant

Please complete the top portion of this form, check the appropriate box below, sign and date. Take or mail this evaluation form to a person who knows you well. Urge the recommender to return these forms to us immediately, since your application will not be processed until our office receives these evaluations. If the forms are to be returned from outside the United States, affix the required air mail postage. NOTE: Recommendations from relatives are not accepted.

Full name __________________________

Birth Date: M/D/Y ____________________ U.S. Social Security Number _______-

☐ I waive my rights to examine this evaluation. ☐ I do not waive my rights to examine this evaluation.

Signature _______________ Date _______________

RECOMMENDATION—To be completed by recommender

The above-named applicant is applying for graduate school and considers you to be in a position to evaluate his/her ability to successfully pursue a graduate program. If the applicant has checked above that he/she does not waive his/her rights to examine this evaluation, he/she will have the right to examine it. Please return this form today in order to expedite the evaluation of this candidate's application. We will appreciate a confidential assessment from you concerning this applicant. Thank you for your cooperation.

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Signature ___________________________ Name (please print) ________________________ Date ________________

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Full name ______________________
Birth Date: M/D/Y ____________________ U.S. Social Security Number ____________-________-______________

☐ I waive my rights to examine this evaluation. ☐ I do not waive my rights to examine this evaluation.

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<td>9. CRITICAL THINKING</td>
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<td>10. STRESS MANAGEMENT</td>
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Signature ____________________________ Name (please print) ____________________________ Date __________________________

Institution ____________________________ Position ____________________________ Phone number ____________________________

Mailing Address ____________________________
Please fold this with your additional sheet (if applicable) inside and the university address on the outside. Tape or staple the edges together and return it to the Postprofessional Physical Therapy office at Andrews University.
1. CLINIC INFORMATION

Clinic Name: __________________________________________________________
Clinic Address: _________________________________________________________

Phone Number(s): ______________________________________________________
Fax Number: ___________________________________________________________
Contact Person at Clinic: _________________________________________________
E-mail Address: _________________________________________________________

Type of Clinic: (private PT-owned, hospital-based, MD-owned, etc.)

Number of FTE physical therapists: ____________________________
Number of OCS clinicians employed by clinic: __________________________
Number of manual therapy certified clinicians employed by clinic and organization certified through: _______________________
Average number of patient visits per week at clinic: _______________________
Average number of patients per day seen by FTE clinicians: __________________

Description of patient base by average percentage seen per month (should equal 100%):

______________  a. Acute/subacute orthopedic
______________  b. Chronic orthopedic
______________  c. Neck
______________  d. Shoulder
______________  e. Elbow/wrist/hand
______________  f. Low back/thoracic spine/pelvic girdle
______________  g. Hip
______________  h. Knee
______________  i. Ankle/foot

= 100%
Description of Clinical Setting:

Number of square feet __________________________

List of equipment available at the clinical site ____________________________________________
__________________________________________________________________________________
__________________________________________________________________________________
__________________________________________________________________________________

Number of treatment rooms __________________________

Services provided outside of traditional PT (health and wellness programs, exercise classes, etc.) __________________________
__________________________________________________________________________________
__________________________________________________________________________________

Other educational opportunities available through site (shadowing MD's, observing surgery, etc.) __________________________
__________________________________________________________________________________
__________________________________________________________________________________

Number of residency slots offered: ________________

2. CREDENTIALS OF PRIMARY CLINICAL MENTOR

Please submit an updated curriculum vitae of the primary clinical mentor at your facility who will be responsible for the 1:1 mentorship of each residency slot offered. Please include educational background, work history, continuing education and certifications along with experience in providing clinical education.

3. CLINICAL PARTNER STATEMENT OF PURPOSE

Please submit a one-page typed statement of why this residency slot will be beneficial to the clinic and what the goals of participation in this program are.

Please submit completed applications to:

Postprofessional Physical Therapy Program
Attn: Administrative Assistant
Andrews University
8515 East Campus Circle Drive
Berrien Springs MI 49104-0420

Email: ptpostpro@andrews.edu
Phone: 269-471-6305
Web: andrews.edu/pt
TESTIMONIALS

"After a few years of seeing what many other educational systems had to offer, I knew that in w I had found something special. Rather than feed the student a singular philosophy, the NAIOMT sequential coursework provides a challenging framework from which to become a better critical thinker. It is deeply rooted in anatomical and biomechanical science, and challenges you to look more critically at the things you see every day in practice. In so doing, the therapist becomes a better diagnostician, and generates their own philosophy with a strong scientific foothold for continued growth."

“Andrews University provides an environment for learning that I have yet to see equaled anywhere. If you are looking for somewhere to escape distractions and get down to the business of learning this is the place for you. Retention and flow are significantly better resulting in immediate improvement in clinical skills and clinical reasoning.”