



SYLLABUS

PSYC 101 Introduction to Psychology

202341

PSYC 101 Introduction to Psychology

School of Distance Education

Self-Paced Format

This course follows a self-paced online format. This format allows you to set your own pace of study. While you have 180 days from your start date to complete the course with Andrews University, it is your responsibility to meet any deadlines set by your home institution. The last day to withdraw with a full refund is 15 days after your start date. See [more withdrawal details here](#).

Instructor Contact

Please refer to course in LearningHub for the teacher contact information.

Communication with your Instructor

It is important to remember that while the Internet is available 24 hours a day, your instructor is not. You can expect that I will respond to an e-mail message from you within *one (1) business day* during the week, but may not be available on the weekends.

Other Assistance

Username and password assistance	helpdesk@andrews.edu	(269) 471-6016
Technical assistance with online courses	dlit@andrews.edu	(269) 471-3960
Technical assistance with Achieve	bfw.technicalsupport@macmillan.com	1-800-936-6899
Exam requests and online proctoring	sdeexams@andrews.edu	Call: (269) 471-6566
Distance Student Services - any other questions	sdestudents@andrews.edu	Text: (269) 397-4477

Part 1: Course Information

Course Descriptions

Principles of psychology including the study of growth, perception, learning, thinking, motivation, emotion, personality, and mental health.

Required Text/Material

The required text for this course is an e-book, **embedded in its companion workbook, Achieve**, which contains assigned interactive learning activities.

Myers, D. G., & DeWall, C.N. (2022). *Exploring Psychology*, 12th edition. ISBN: 9781319433222 Purchase directly through the link to publisher materials provided in your course space.

NOTE: *It is most important that if you choose to purchase a print textbook to **make sure that your purchase comes with a Achieve access code**—which may not be so if you purchase a used book or perhaps choose to rent a book! You will need this **access code** to register on the Achieve companion workbook site for this course.*

Credit Hour and Commitment

This course is offered for 3 semester credits. Therefore, it is expected that you will spend a minimum of 135 hours total on this course through the semester. *This translates to at least 9 hours per module/chapter.* It is very important that you budget your time well. Plan for the time you need to carefully read/study through your text chapters, for participation in the learning activities and blog posts, and for completing chapter quizzes, mid-term and final exams.

A recommended schedule to divide your time per module is provided:

Readings: 3 hours

Lecture Overview: 30 mins

LaunchPad Assignments: 2 hours

Interactive Discussions: 30 mins

Quiz: 1 hour

Work towards Final Project: 1 hour

Regular revision in advance preparation for quizzes and exams: 1 hour

Program Learning Outcomes (PLO)

1. Students will think critically about human thought and behavior in individuals, social-cultural, and ecological systems. (Introductory level)
2. Students will write effectively about theories, data, and research in the behavioral sciences. (Introductory level)

Student Learning Outcomes

Outcome	Learning Activities	AU UFOs
1. Develop an appreciation for how ‘fearfully and wonderfully made’ God’s human creation is by examining the intricacy and complexity evidenced in human behavior, thought-processes, and emotions.	Chapter overviews Weekly class emails Biweekly discussions/ Reflective blog	IS.FND.4
2. Evaluate claims about human behavior using knowledge of psychology, the scientific method and an integration of biblical foundations.	Chapter overviews Weekly class emails Achieve activities Discussions/Reflective blog	FI.FND.3
3. Gain an understanding of the concepts and terms in the many areas of psychology, including: significant schools of psychology, research methods, sensation, perception, learning, memory, thinking, language and intelligence, human development, emotions, stress and health, personality, social psychology, psychological disorders, and psychotherapies.	Weekly readings Achieve activities Weekly quizzes Group Presentation	FI.FND.3
4. Become aware of the major psychological approaches to the study of behavior and mental processes.	Chapter 1 (history) Emphasis throughout of broad biopsychosocial approaches	IS.FND.8a

Outcome	Learning Activities	AU UFOs
5. Become familiar with major research findings and theories of the field.	Weekly readings Achieve activities Weekly quizzes	EC.FND.3 IS.FND.1 IS.FND.8a
6. Understand that theories and principles of psychology apply to everyday behavioral issues.	Achieve activities Weekly emails Biweekly discussions	EC.FND.2
7. Apply psychological principles to your own life to gain a better understanding of human diversity, developing a better acceptance of yourself and others.	Biweekly discussions Reflective blog	EC.FND.5 IS.FND.8b IS.FND.8d

Mental Health Support

Andrews University seeks to foster belonging and care. It is not uncommon for students to face challenges that hinder academic progress, like academic stress, sleep disturbances, managing multiple responsibilities, relationship issues, anxiety or feelings of despair or depression. If you or someone you know is grappling with any of these concerns, we urge you to seek assistance. The university offers valuable, free resources that can help address these problems effectively.

- If you are struggling with this class, please contact the course instructor as soon as possible.
- Contact your academic advisor if you are struggling in multiple classes or unsure whether you are making the most of your time at, or unsure what academic resources are available at Andrews University
- Students in the U.S., access [Andrews Telehealth](#) for new medical, counseling therapy, psychiatry, and diet & nutrition support to [schedule a consultation](#).
- **If you are experiencing a mental health crisis, contact Academic Live Care 24/7 remote crisis services at 1-866-349-5575.**
- **Contact 911 for life threatening emergencies.**

Additional information and resources are at the [School of Distance Education Student Wellbeing webpage](#).

Part 2: Course Methods and Delivery

Methods of Instruction

Methods of instruction include assigned readings from the textbook and the online course materials in LearningHub, participation in interactive learning exercises on the Achieve companion workbook site, bi-weekly forum discussion posts and responses to classmates, a group presentation, a reflective blog, weekly lesson quizzes, and two exams. *Regular participation* in the course is *essential* to good performance.

Technical Requirements

- It is vital that you have a consistent, reliable Internet connection (DSL, LAN, or cable connection desirable).
- Recommended that you have a back-up plan (i.e. access to a computer lab, or a library that may have a computer and WiFi) that you may use temporarily should you experience any outage or disruption to your regular service
- **Chrome** (Chrome 28 and above) or Firefox (Firefox 13 and above) are the best choices among browsers. Problems may occur with assignments when a not fully-compliant HTML5 browser is used (like MS Edge, Internet Explorer or Safari)
- If you have any questions regarding content of the course, please contact Dr Webster (penelopew@andrews.edu).
- If you have technical questions regarding **LearningHub**, contact dlit@andrews.edu OR call 269-471-3960.
- If you have technical questions regarding **Achieve**, click on the “Help” tab in the top right corner of the Achieve home page, OR contact bfw.technicalsupport@macmillan.com OR call 1-800-936-6899.

LearningHub Access

This course is delivered online through LearningHub at <http://learninghub.andrews.edu>

Your username and password are your Andrews username and password. ***Please use your Andrews username and password for all communications to do with this course.*** This is the address to which all communications to you will be sent.

You need to activate your username and password to access LearningHub. Please do this online here: <https://vault.andrews.edu/vault/pages/activation/information.jsp> if you haven't already. If you need assistance, call or email us: (296) 471-6016 or <mailto:helpdesk@andrews.edu>.

If you need technical assistance at any time during the course, or to report a problem with LearningHub, please email dlit@andrews.edu or call (269) 471-3960.

Achieve/Macmillan Access

This course uses Achieve for your interactive materials.

To access Achieve, click on the link in your course. ***Only access through the link in your course space. Going directly through Achieve could mean that you end up in the wrong course space.*** Follow the instructions for getting access to your materials. You will need an access code that can be purchased with the new textbook or purchase it directly at this time.

Step by Step Instruction

- Access Publisher/Launch Pad Materials
- Click on the link
- Click “here”
- Put in AU email address
- Click Submit
- Check mark “I have read the Legal Terms”
- Click “I agree to the Legal Terms”

- Put in your name and password
- Reenter your information
- Click Register
- Put in the purchased passcode, if necessary use the trial version if you are waiting for an access code to arrive with a textbook or you can purchase the code directly at this site.

If you need assistance with accessing the publisher materials, please email dlit@andrews.edu.

Part 3: Course Requirements

Important Note: Activity and assignment details will be explained in detail within each learning module. If you have any questions, please contact your instructor.

Your Schedule

In LearningHub, you will access online lessons, course materials, and resources. This course is self-paced. You must complete the course within 180 days. This is the Consortium policy. You may have a stricter deadline imposed by graduation, financial aid, or other restrictions.

Start by creating a schedule for completion of the course.

- Determine your deadline. Do you need a transcript sent to your home institution?
- Working from your deadline, count backwards. Allow 2 weeks after you take your final exam for your final grade to be calculated. Allow another 2 weeks for the transcript to be processed and sent.
- Now use the suggested schedules to create a schedule for yourself that ensures completion 4 weeks before your deadline.

Submit your course plan to your instructor within LearningHub AND discipline yourself to make regular progress.

Assessment Descriptions

Engagement each module on LearningHub follows a three-part sequence (Engage-Explore-Evaluate):

ENGAGE

- A short video lecture overview on Learning Hub introduces the material in each lesson module
- A chapter in your text is assigned for careful reading through
- A PowerPoint presentation located on Learning Hub illustrates and visually outlines key concepts in point form. The PowerPoints also provide a good outline of content for review.

EXPLORE

- In this section, a URL will link through to Achieve on the publishers' website, which contains access to an e-book, interactive learning materials, video clips, and a self-check quiz.
- Points for each lesson are accumulated by participating in all learning activities assigned in Achieve.
- A short self-check quiz in Achieve, as a final assignment, will help you test your own

learning for each lesson—before proceeding on to take the closed-book Lesson Quiz under EVALUATE in LearningHub.

- In working through the participation activities in Achieve, reference to and use of the textbook (or e-book) is encouraged.

EVALUATE

- *Blogs:*

In alternate modules throughout the course questions are posed in a discussion/blog format. You are encouraged to reflect on all the questions provided, and choose ONE on which you will post your thoughts, perspectives, observations and key learnings (A total of 20 points is available for each blog post).

- *Reflective Blog:*

In the final module you will have the opportunity to journal your reflections (**50 points**) on what you found personally significant and/or of practical value in what you have learned from the content covered in this course (more detail in the **Reflective Blog** in Module 15 in LearningHub)

- *Presentation:*

You will be able to choose a topic that you would like to research a little further, and on this topic develop a short PowerPoint presentation (see Presentation Guidelines and Rubric). (100 points)

- *Lesson Quizzes:*

- A lesson quiz (**50 points**) provides the opportunity to assess learning on each week's lesson.
- You will have one attempt and a 1-hour time limit to complete each quiz.
- Each 50 point quiz will include:
 - 25 Multiple Choice Questions (2 points each)
- Within Achieve you will find **optional** LearningCurve assignments for each chapter section that you may find helpful to engage with in reviewing chapter content. Questions are given to help you test your knowledge, and should you not get the right answer, you can opt for a hint, or be taken to the source in your text to review. A good way to use the testing effect to prepare for your weekly lesson quiz in LearningHub!
- You may review your quiz attempt (and receive feedback) after the quiz is closed and graded, usually by the beginning of the week following the due date.
- The lesson quizzes at the end of each week are 'closed book'/on-your-honor assessments. *This means that you will take them under test conditions. They are provided to establish what you have learned from engagement in the previous two sections.*

- *Mid-term and Final Exams (100 points each).*

- At midterm and at the end of the course you will complete an exam. You will have 2 hours (120 mins) to complete each exam, which will be comprised of 50 MC questions (2 point each) .
- Exams will follow the same format (MC) as the weekly quizzes
 - Exams are to be taken under the supervision of a proctor and under ‘test’ conditions (see ‘Exams’ below)
 - **Lessons 1-7** must be completed before the **mid-term exam** (over material in Chapters 1-7) is taken
 - **Lessons 8-15** must be completed before the **final exam** (over material in Chapters 8-15) is taken.

Exams

All exams must be taken under supervision of a proctor. Follow prompts in the course space to set up your exam session. In each module that contains an exam, you will find what to review and what materials are allowed (if any) during the exam.

Please read the important information about taking exams and how online proctoring works at www.andrews.edu/distance/students/exams.html. Follow the instructions that apply to your situation on the [exam request form](#) to set up your exam session.

Please note that an exam code is never released to the student. All students must present photo identification before each exam session. Exams can only be proctored after a deadline with approval directly from the instructor to the Testing Center (sdeexams@andrews.edu or 269-471-6566). No exam is returned to the student for review. To aid studying for future exams, you may request the instructor to provide summary feedback on an exam.

Suggested 8 Week Schedule

Week	Module	Lessons	Readings Overview & Text (Exploring Psychology) (PLO 1; SLO 1, 2) [Engage]	Assignments Achieve (PLO 1; SLO 3, 4, 5) [Explore]	LearningHub (PLO 1, 2; SLO 1, 3, 6, 7) [Evaluate]
Intro		These items will need to be completed before you will have access to the rest of the course	Orientation Course Overview Introductions Academic Integrity	Schedule Introduce Yourself Academic Integrity Quiz Academic Integrity Statement	
1	1	Lesson 1: Thinking Critically with Psychological Science	Lesson 1 Overview in LH Ch 1 Lesson 1 PPT	Achieve Ch 1 participation assignments	(Introductions/Meet & Greet) Lesson 1 Quiz
	2	Lesson 2: The Biology of Behavior	Lesson 2 Overview in LH Ch 2 Lesson 2 PPT	Achieve Ch 2 participation assignments	Lesson 2 Quiz Blog 1
2	3	Lesson 3: Consciousness and the Two-track Mind	Lesson 3 Overview in LH Ch 3 Lesson 3 PPT	Achieve Ch 3 participation assignments	Lesson 3 Quiz
	4	Lesson 4: Developing Through the Lifespan	Lesson 4 Overview in LH Ch 4 Lesson 4 PPT	Achieve Ch 4 participation assignments	Lesson 4 Quiz Blog 2
3	5	Lesson 5: Sex, Gender, and Sexuality	Lesson 5 Overview in LH Ch 5 Lesson 5 PPT	Achieve Ch 5 participation assignments	Lesson 5 Quiz
	6	Lesson 6: Sensation and Perception	Lesson 6 Overview in LH Ch 6 Lesson 6 PPT	Achieve Ch 6 participation assignments	Lesson 6 Quiz Blog 3
4	7	Lesson 7: Learning	Lesson 7 Overview in LH Ch 7 Lesson 7 PPT	Achieve Ch 7 participation assignments	Lesson 7 Quiz
	PROCTORED Exam 1 (midterm) Review: <i>Exploring Psychology</i> , Chs 1-7				
	8	Lesson 8: Memory	Lesson 8 Overview in LH Ch 8 Lesson 8 PPT	Achieve Ch 8 participation assignments	Lesson 8 Quiz (Presentation topic due)
5	9	Lesson 9: Thinking, Language & Intelligence	Lesson 9 Overview in LH Ch 9 Lesson 9 PPT	Achieve Ch 9 participation assignments	Lesson 9 Quiz Blog 4
	10	Lesson 10: Motivation & Emotion	Lesson 10 Overview in LH Ch 10 Lesson 10 PPT	Achieve Ch 10 participation assignments	Lessons 10 Quiz
6	11	Lesson 11: Stress, Health & Human Flourishing	Lesson 11 Overview in LH Ch 11 Lesson 11 PPT	Achieve Ch 11 participation assignments	Lesson 11 Quiz Blog 5
	12	Lesson 12: Social Psychology	Lesson 12 Overview in LH Ch 12 Lesson 12 PPT	Achieve Ch 12 participation assignments	Lesson 12 Quiz Presentation DUE

Week	Module	Lessons	Readings Overview & Text (Exploring Psychology) (PLO 1; SLO 1, 2) [Engage]	Assignments	
				Achieve (PLO 1; SLO 3, 4, 5) [Explore]	LearningHub (PLO 1, 2; SLO 1, 3, 6, 7) [Evaluate]
7	13	Lesson 13: Personality	Lesson 13 Overview in LH Ch 13 Lesson 13 PPT	Achieve Ch 13 participation assignments	Lesson 13 Quiz Blog 6
	14	Lesson 14: Psychological Disorders	Lesson 14 Overview in LH Ch 14 Lesson 14 PPT	Achieve Ch 14 participation assignments	Lesson 14 Quiz
8	15	Lesson 15: Therapy	Lesson 15 Overview in LH Ch 15 Lesson 15 PPT	Achieve Ch 15 participation assignments	Lesson 15 Quiz Reflective Blog
	16	PROCTORED Exam 2 (Final) Review: <i>Exploring Psychology</i> , Chs 8-15			

Suggested 16 Week Schedule

Week	Module	Lessons	Readings Overview & Text (Exploring Psychology) (PLO 1; SLO 1, 2) [Engage]	Assignments Achieve (PLO 1; SLO 3, 4, 5) [Explore]	LearningHub (PLO 1, 2; SLO 1, 3, 6, 7) [Evaluate]
Intro		These items will need to be completed before you will have access to the rest of the course	Orientation Course Overview Introductions Academic Integrity	Schedule Introduce Yourself Academic Integrity Quiz Academic Integrity Statement	
1	1	Lesson 1: Thinking Critically with Psychological Science	Lesson 1 Overview in LH Ch 1 Lesson 1 PPT	Achieve Ch 1 participation assignments	(Introductions/Meet & Greet) Lesson 1 Quiz
2	2	Lesson 2: The Biology of Behavior	Lesson 2 Overview in LH Ch 2 Lesson 2 PPT	Achieve Ch 2 participation assignments	Lesson 2 Quiz Blog 1
3	3	Lesson 3: Consciousness and the Two-track Mind	Lesson 3 Overview in LH Ch 3 Lesson 3 PPT	Achieve Ch 3 participation assignments	Lesson 3 Quiz
4	4	Lesson 4: Developing Through the Lifespan	Lesson 4 Overview in LH Ch 4 Lesson 4 PPT	Achieve Ch 4 participation assignments	Lesson 4 Quiz Blog 2
5	5	Lesson 5: Sex, Gender, and Sexuality	Lesson 5 Overview in LH Ch 5 Lesson 5 PPT	Achieve Ch 5 participation assignments	Lesson 5 Quiz
6	6	Lesson 6: Sensation and Perception	Lesson 6 Overview in LH Ch 6 Lesson 6 PPT	Achieve Ch 6 participation assignments	Lesson 6 Quiz Blog 3
7	7	Lesson 7: Learning	Lesson 7 Overview in LH Ch 7 Lesson 7 PPT	Achieve Ch 7 participation assignments	Lesson 7 Quiz
		PROCTORED Exam 1 (midterm) Review: Exploring Psychology, Chs 1-7			

Week	Module	Lessons	Readings	Assignments	
			Overview & Text (<i>Exploring Psychology</i>) (PLO 1; SLO 1, 2) [Engage]	Achieve (PLO 1; SLO 3, 4, 5) [Explore]	LearningHub (PLO 1, 2; SLO 1, 3, 6, 7) [Evaluate]
8	8	Lesson 8: Memory	Lesson 8 Overview in LH Ch 8 Lesson 8 PPT	Achieve Ch 8 participation assignments	Lesson 8 Quiz (Presentation topic due)
9	9	Lesson 9: Thinking, Language & Intelligence	Lesson 9 Overview in LH Ch 9 Lesson 9 PPT	Achieve Ch 9 participation assignments	Lesson 9 Quiz Blog 4
10	10	Lesson 10: Motivation & Emotion	Lesson 10 Overview in LH Ch 10 Lesson 10 PPT	Achieve Ch 10 participation assignments	Lessons 10 Quiz
11	11	Lesson 11: Stress, Health & Human Flourishing	Lesson 11 Overview in LH Ch 11 Lesson 11 PPT	Achieve Ch 11 participation assignments	Lesson 11 Quiz Blog 5
12	12	Lesson 12: Social Psychology	Lesson 12 Overview in LH Ch 12 Lesson 12 PPT	Achieve Ch 12 participation assignments	Lesson 12 Quiz Presentation DUE
13	13	Lesson 13: Personality	Lesson 13 Overview in LH Ch 13 Lesson 13 PPT	Achieve Ch 13 participation assignments	Lesson 13 Quiz Blog 6
14	14	Lesson 14: Psychological Disorders	Lesson 14 Overview in LH Ch 14 Lesson 14 PPT	Achieve Ch 14 participation assignments	Lesson 14 Quiz
15	15	Lesson 15: Therapy	Lesson 15 Overview in LH Ch 15 Lesson 15 PPT	Achieve Ch 15 participation assignments	Lesson 15 Quiz Reflective Blog
16	16	PROCTORED Exam 2 (Final) Review: <i>Exploring Psychology</i> , Chs 8-15			

Completing Assignments

All assignments for this course will be submitted electronically through LearningHub unless otherwise instructed. Assignments and exams must be completed **within 180 days** of course registration date. This timeframe is subject to change depending on deadlines set by your home institution.

Part 4: Grading Policy

Graded Course Activities

Category	Percent %	Description
Assignment	20%	Participation in all assigned learning activities in Achieve
	5%	Reflective Blog
Blog	10%	Blog Posting
Major Project	10%	Group/Solo Presentation
Quizzes	25%	Lesson Quizzes (closed-book tests)
Exam	15%	Midterm exam
	15 %	Final semester exam
	100%	Total percent possible

Viewing Grades in LearningHub

- Click into the course.
- Click This Course in the top menu
- Select Grades in the drop-down

Letter Grade Assignment

Letter Grade	Percentage
A	93-100%
A-	90-92%
B+	88-89%
B	83-87%
B-	80-82%
C+	78-79%
C	73-77%
C-	70-72%
D	60-69%
F	0-59%

Part 5: Course Policies

Withdrawal and Incomplete Policies

The current withdrawal policy can be found online at <https://www.andrews.edu/distance/students/gradplus/withdrawal.html>. The incomplete policy is found online at <http://www.andrews.edu/web/llmsc/moodle/public/incompletes.html>.

Maintain Professional Conduct Both in the Classroom and Online

The classroom is a professional environment where academic debate and learning take place. Your instructor will make every effort to make this environment safe for you to share your opinions, ideas, and beliefs. In return, you are expected to respect the opinions, ideas, and beliefs of other students—both in the face-to-face classroom and online communication. Students have the right and privilege to learn in the class, free from harassment and disruption.

Academic Accommodations

Students who require accommodations may request an academic adjustment as follows:

1. Read the Andrews University Disability Accommodation information at <https://www.andrews.edu/services/sscenter/disability/>
2. Download and fill in the disability form at <http://www.andrews.edu/services/sscenter/disability/accommodationsreqform.pdf>. Preferably type answers. To save a digital copy, 1) print to file and save or 2) print and scan. Email the completed form and disability documentation (if any) to success@andrews.edu or fax it to (269) 471-8407.
3. Email sdestudents@andrews.edu to inform the School of Distance Education that a disability has been reported to Student Success.

Commitment to Integrity

As a student in this course, and at the university, you are expected to maintain high degrees of professionalism, commitment to active learning, participation in this course, and integrity in your behavior in and out of this online classroom.

Commitment to Excellence

You deserve a standing ovation based on your decision to enroll in, and effectively complete this course. Along with your pledge of “commitment to Integrity” you are expected to adhere to a “commitment to excellence.” Andrews University has established high academic standards that will truly enhance your writing and communication skills across the disciplines and in diverse milieu with many discourse communities in the workplace.

Honesty

Using the work of another student or allowing work to be used by another student jeopardizes not only the teacher-student relationship but also the student’s academic standing. Lessons may be discussed with other students, tutors may help to guide a student’s work, and textbooks, encyclopedias and other resource materials may be used for additional assistance, but the actual response must be the student’s own work. A student who gives information to another student to be used in a dishonest way is equally guilty of dishonesty.

Any violation of this policy will be taken before the Higher Education Academic and Curriculum Committee for appropriate punitive action.

AI Generated Work

Student work may be submitted to AI or plagiarism detection tools in order to ensure that student work product is human created. The submission of AI generated work constitutes plagiarism and is a violation of the Andrews University academic integrity standards for students.

Part 6: Further Resource

Myers, D. & Jeeves, M.A. (2003). *Psychology through the eyes of faith*. New York: HarperCollins Publishers. [This little book is a compilation of essays on topics covered in the scope of an introduction to psychology text that you may find interesting reading]