January is a spectacular month to enjoy the beauty of winter! This month we would like to take a little time to focus on some goals, ideas, health, and hope for the new year. One of our featured books this month is, *The Vegetarian Advantage*, a book full of practical advice to better your health and tips to help you find realistic successful tools to become a smart vegetarian. The January book of the month is *40 Days, Prayers and Devotions for the Second Coming*, an incredible book to help strengthen your relationship with Christ, and prepare you for the second coming. This month only, spend $50 in our store and receive a reusable shopping bag Free! Happy New Year! We hope you take the time to enjoy your friends, family and the beauty of the new year.

**The Vegetarian Advantage**

In *The Vegetarian Advantage* you will learn how to ensure your nutritional needs are being met and how to avoid the pitfalls made by many new vegetarians. Meal planning guidelines and pointers on how to adopt a plant based diet will teach you how to become a “smart vegetarian.” Quantity pricing available. Paperback, 80 pages. $2.49.

**January ABC Deal of the Month**

Dennis Smith returns with another life-changing 40-day spiritual journey to revive your spiritual experience. $12.99, Order during January and save $4.00!
Revive Us Again
New from Mark Finley and as a direct response to the new General Conference president's mandate to emphasize revival within the Adventist church, Revive Us Again does not present some new startling, sensational information on revival and the Holy Spirit. But it leads the reader through God’s Word and the writings of Ellen G. White to life changing spiritual principles. As you read, open your mind to the deep moving of the Holy Spirit and place yourself in an atmosphere of spiritual renewal. Quantity pricing available. Hardback, 128 pages. $7.99.

The First 7 Years
Dr. Kay Kuzma’s most important book about a child’s most important years. In this ambitious book, Kay gives parents the information they must have for meeting children’s needs in the critical areas of love, individuality, emotions, discipline, cognitive learning, moral character, and personal value. Paperback, 191 pages. $29.99.

Don’t Eat The Soup As Hot As They Cook It!
Learn with Bob Picco, and his family and friends, as they master the skills to manage their stress soup effectively in today’s 24/7 world. Paperback, 141 pages. Regular 14.95. Sale $8.97.

Easy ways to shop at your ABC

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        www.LibreriaAdventista.com
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By Phone: 1-800-765-6955

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Food Specials

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Fast cooking in a Slow Cooker Every Day of the Year
Over 300 low fat, cholesterol-free recipes await you. Recipes designed to fit most cookers. This cookbook offers valuable tips for adapting your favorite recipes for a slow cooker and also saving time. Spiral Bound, 144 pages. $14.95.

Undivided
Six dedicated young men formed a music ministry called Undivided Music Group, who are totally focused on the gospel through music. The intricacies of their melodic arrangements in combination with the lyrical content have to be heard to be believed. Audio CD. $15.98.

Counsels On Health
Topics in this volume include Essentials to Health, Diet and Health, Outdoor Life and Physical Activity, Teaching Health Principles, and Holiness of Life as well as practical advice for doctors, nurses, and others who are engaged in healthcare. Hardback, 688 pages. $17.99.

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Choplets
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