Deals of the Month from Adventist Book Center

**Special Deal of the Month Offer for The Amazing Health Cookbook**

Adventist Book Center is offering a special deal for the month of January on The Amazing Health Cookbook. This offer is available exclusively to members of the Adventist community. The book provides healthy eating tips and recipes that align with the principles of the health message. To take advantage of this offer, visit the Adventist Book Center website or contact them directly for more information.
Amazing Health Cookbook
by Barbara Watson

Eating nutritious meals is one of the ingredients of a balanced, healthy lifestyle, and this cookbook is packed with delicious plant-based recipes, tried-and-true favorites with a vegan twist and innovative dishes to tempt your palate. Discover the mouthwatering, nourishing goodness of:

- Maple Walnut Granola
- Orange Cranberry Bread
• Pineapple Breakfast Pudding
• Cajun Gumbo des Herbes
• Veggie Patch Flatbread
• Aussie Potato Bake
• French Onion Soup
• Linguine with Artichoke Hearts
• Carob Mocha Mousse
• Pecan Pie
• Vanilla Ice Cream

Since dining on such tasty, wholesome fare is only part of the total equation, explore the other facets of optimal health in a special section devoted to the eight secrets of living longer and stronger. You can be a happier, healthier you!

Retail price of $19.99

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