Dear Supporter,

With hospitals open around the clock and well-stocked pharmacies on every corner, it's easy for us to forget that in the developing world even the most basic medical care is often nonexistent.
In Mozambique, a newlywed avoids an HIV test, an expectant mother faces complications at home, and a family is plagued by chronic diarrhea from drinking dirty water. The conditions of extreme poverty there mean that the risk of death is high for all of them.

Your support today can be the difference between life and death.

http://www.adra.org/site/R?i=VeTWDz1imvDgsEkRaHopyA

ADRA is helping to bring better health care to impoverished regions such as Mozambique, focusing on prevention, healthy living, and medical care.

Prevention of disease and disability begins in the womb and continues throughout life. Interventions such as bringing prenatal care to more women, providing immunizations and vitamins for babies, and training health workers to counsel people about HIV status and treatment all play a role in stopping the spread of disease in communities.

Healthy living practices are changing the way of life in villages. ADRA is introducing new farming techniques and crops for added nutritional benefits and digging new wells for clean water. We're building sanitary latrines and training people in basic hygiene, such as hand washing, so instances of waterborne illnesses are dropping.

ADRA is building new clinics to bring medical care closer to more people, but we're also training health workers to treat minor conditions at home. Simple innovations, such as bicycle ambulances, are saving lives and mean that a woman in labor or an injured person can reach a clinic when walking isn't an option.

With your help, we can do much more in Mozambique and around the world. Give now to show those living in poverty how much you care.

http://www.adra.org/site/R?i=bgd-RmWoD30EEp34jn59GQ

Gratefully yours,

Jonathan Duffy
President
Contact ADRA, Connect with ADRA

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Silver Spring, MD 20904

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