AHC Newsletter

March, No. 3, 2011

College Life

- Here at Avondale College, the semester is in full swing and the place is a busy hum of people and activities. It is just a pity that we don't all get a three month Christmas break as most students do.

Heritage News:

- **Historical Form**: We wondered why we didn't get any responses to our historical form - until we realised that we forgot to attach it to our last newsletter! The form is attached this time and we request that you would be so kind as to complete it with as much information as you know (i.e. maybe you can only help us out with details of a dedication – please do!). Also, please pass the form on to others who might be able to help!
- According to the National Gallery of Australia (NGA), our Pacific collection is "among the finest to be found anywhere in Australia." We are very honoured to have five of our Solomon Island artifacts currently being featured in NGA's exhibition, *Varilaku: Pacific Arts from the Solomon Islands*. This display opened on the 28th of February and continues until the 29th of May.

We are grateful!

- For those who diligently send to the Adventist Heritage Centre their donations or publications, we would like to say a big thank you. You are helping us preserve today’s history for future generations. Your newsletters, reports, yearbooks and the like provide invaluable information for us and other researchers!

1900s Stove

- We recently received a <1900's stove which is now on exhibit at Sunnyside Historical Home. Isn't it a beauty!

Long Play?

- It is amazing to notice the way technology has evolved over time. I (Bethany) process audio-visual artifacts. In this work, I have been fascinated by noting the limitations of the early gramophone records, which could typically only fit one song to a side as compared with today's MP3 CDs. I have the entire Bible on 4 MP3 CDS – I doubt such a possibility would have even entered the mind of even the most visionary back then!

Wise Words 100 Years Old:

- Begin each new morning by resolving to find something in the day to enjoy. Cultivate happiness as an art or science.

100 Years Ago:

From the March 1911 issues of the 'Australasian Record':

- A poor woman in Sumatra, whose house had been used for some time for evening classes, finally brought her children to Sabbath school. The invitation had been open for a long time before she took up on it, but once she started coming, she and her two girls came every week, not only for Sabbath school, but also for a Wednesday morning children's class. She had to walk two miles to make the trip! *Now isn't that heartwarming?*
- Signs Publishing was taken by surprise at the public reception of their first issue of “Life and Health”. The bi-monthly health magazine was set to be on sale til the end of March, but all of the 12,500 copies
Historical thoughts on Good Teeth:
Why take care of your teeth? According to the Life and Health magazine of Jan-Feb, 1926 “good teeth” are important for the following reasons:

- "After our food is properly selected, it must be properly prepared by the organs and juices of the body for assimilation. This calls for thorough mastication. Without good teeth there cannot be thorough mastication. Without thorough mastication there cannot be thorough digestion. Without perfect digestion there cannot be proper assimilation. Without proper assimilation there cannot be adequate nutrition there cannot be health. And without health what is the use of life? Hence the paramount important of good teeth!"
- *Now wasn't that a mouthful!*

Photo Identification:
Can you help us identify this photo? Please email any information you have about it to heritage@avondale.edu.au  *(Note: email to request larger version).*

Where was the photo was taken?
What was the event?
What was the date?
Who are the people (left to right, front to back)?

*Updated January Photo Answers!* John Coltheart Sydney City Mission, 1961
*Front Row (L – R):* Pr John Coltheart, Iris Pedrana, Pr Len Dyason
*Back Row:* Pr Raymond Mitchell, Pr Errol Wright, Pr Ray Trimm, Pr Lester Hawkes, Pr Herbert Bryant, Pr Edward Ho

*Note:* We have now received fairly consistent answers on the faces we were previously unclear about. The answers above have been updated from your emails. Once again, we thank you!

If you have any comments or questions:

**Phone:** (02) 4980 2313
**Email:** heritage@avondale.edu.au
**Web:** [http://heritage.adventistconnect.org/](http://heritage.adventistconnect.org/)
**Mail:** Adventist Heritage Centre, PO Box 19, Cooranbong, NSW, 2265, AUSTRALIA

*Until next time, don’t forget: our collection is growing because of your assistance.*

*Your AHC Team*
Not spam
Forget previous vote