AU Online Calendar

Friday, September 23
- Outreach Visitation-Lamson
- SMC Vespers
- Week of Spiritual Emphasis

Saturday, September 24
- New Life Service

Andrews Agenda

For full details of this week's announcements, view the Online Edition: [www.andrews.edu/agenda/](http://www.andrews.edu/agenda/)

Campus
Outreach Ministries
Installment Payments Due
3 on 3 Basketball Tourney

Sunday, September 25
CM Sunday Projects
"Let's Move!" Day
"Committed" in Concert

Monday, September 26
September Faculty Meeting
PROPEL Coed Worship

More Events »
Area Church Listings
Worship times, speakers and sermon titles
Full List...

Classifieds
Buy, sell, trade or share!
Full List...

Have An Announcement?
Please submit information for the Andrews Agenda to agenda@andrews.edu or by visiting the agenda submissions page and use your Andrews login and password. To add an event to the AU Online Calendar, visit the events submissions page and use your Andrews login and password.

Announcements

- Children's Ministry Volunteers Needed
- Doctoral Defense: Pastor Young Uoo Suh
- Run, Ride, Row
- Socrates Tutoring Program
- Students, Staff, Faculty: All are Invited to Alumni Homecoming 2011
- Levterov Doctoral Defense
- SMC Vespers at The Grove
- Carry Your Country's Flag in the Parade, Then Raise it at Flag Raising

Community Announcements

- Let's Move! Day
- Join the Master Guide Club!
- Berrien Springs Camera Club: October Meeting

Life Stories

- Thank you for a Successful 27th Almost Anything Goes
Andrews in the News

- **WSJM Radio: Andrews Study Shows Walnuts Help Learning**
- **WNDU: Can eating walnuts make you smarter?**

The Andrews Agenda is sent twice a week to the Andrews University community from the Office of Integrated Marketing & Communication

**Contact Us**

Phone: 269-471-3322  
Email: [agenda@andrews.edu](mailto:agenda@andrews.edu)  
Web: [www.andrews.edu/agenda/](http://www.andrews.edu/agenda/)  
Address: Integrated Marketing & Communication  
Andrews University  
Berrien Springs, MI 49104-1000
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<th>Date</th>
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<th>Event</th>
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<td>SEPTEMBER 1</td>
<td>8am-5pm</td>
<td>Leadership In-Res Virtual Field Research</td>
<td>SEM; Doctor of Ministry</td>
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<td>SEPTEMBER 5</td>
<td>6pm</td>
<td>Ongoing Fitness Events at PMC</td>
<td>Pioneer Memorial Church</td>
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<td>SEPTEMBER 23</td>
<td>11:30am-12:20pm</td>
<td>Fall Week Of Spiritual Emphasis</td>
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<td>Outreach Ministries</td>
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<td>Installment Payments Due</td>
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<td>SEPTEMBER 24</td>
<td>9pm</td>
<td>AU 3 on 3 Basketball Tournament</td>
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<td>SEPTEMBER 25</td>
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<td>CM Sunday Projects</td>
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<td>&quot;Let's Move!&quot; Day</td>
<td>Pioneer Memorial Church</td>
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<td>7pm-9pm</td>
<td>&quot;Committed&quot; in Concert</td>
<td>Howard Performing Arts Center</td>
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<td>SEPTEMBER 26</td>
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<td>September General Faculty Meeting</td>
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<td>Open Word Bible Study</td>
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<td>University Chapel</td>
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<td>ChemSem - Dennis Wesolowski</td>
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<td>Women’s Cardinal Soccer</td>
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<td>SEPTEMBER 29</td>
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<td>Alumni Homecoming Weekend</td>
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<td>Siegfried H. Horn Lectureship</td>
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<td>SEPTEMBER 30</td>
<td>8am</td>
<td>Last day to apply for December degree</td>
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<td>NET 2011- Prophecies Decoded</td>
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<td>12:30pm</td>
<td>Pizza, Pop, and Professionals</td>
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<td>Outreach Visitation-Lamson</td>
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<td>Alumni Homecoming Parade</td>
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<td>International Flag Raising Ceremony</td>
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<td>Homecoming Vespers</td>
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<td>Revive Vespers</td>
<td>Student Life</td>
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<td>Revive Vespers with Dennis Priebe</td>
<td>Student Life</td>
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<td>BSCF Reunion</td>
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<td>Alumni Harvest Picnic</td>
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<td>Alumni Gala Concert</td>
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<td>9pm</td>
<td>Cardinals vs. Alumni Basketball Game</td>
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<td>OCTOBER 2</td>
<td>8am-2pm</td>
<td>SR Beach 2 Bank</td>
<td>Social Recreation</td>
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<td>8am-11am</td>
<td>Alumni/BTCU 5 &amp; 10K Run</td>
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<td>Agriculture Alumni Breakfast</td>
<td>College of Technology</td>
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<td>Women's Cardinal Soccer</td>
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<td>Howard Series: The City of Tomorrow</td>
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<td>Coed Worship</td>
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<td>8pm-9pm</td>
<td>Intramural Captains’ meeting</td>
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<td>Seminary Worship</td>
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<td>Investment Planning &amp; Markets Seminars</td>
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<td>Global Leadership Choices</td>
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<td>A healthy U: Lunch &amp; Learn</td>
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<td>Women's Cardinal Soccer</td>
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<td>Coed Worship with Ken Micheff</td>
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<td>11:30am-12:30pm</td>
<td>University Forum</td>
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<td>4:30pm-5:30pm</td>
<td>ChemSem - Mark Griep</td>
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<td>Women's Cardinal Soccer</td>
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<td>New Life Fellowship 20th Anniversary</td>
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<td>Leadership In-Res Intensive</td>
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<td>Men's Cardinal Soccer</td>
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<td>Howard Center presents: Julia Lindsay</td>
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<td>OCTOBER 10</td>
<td>6am-8pm</td>
<td>Fall Recess: October 10-11</td>
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<td>8am-6pm</td>
<td>Columbus Day</td>
<td>Ruth Murdoch</td>
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<td>Seminary Worship</td>
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<td>DMin Staff Meeting</td>
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<td>Classes Resume</td>
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<td>OCTOBER 13</td>
<td>10am-noon</td>
<td>Seminary: Mission in Africa Conference</td>
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<td>University Chapel</td>
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<td>ChemSem - Petar R. Dvornic</td>
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<td>Outreach Visitation - Lamson</td>
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<td>Sinfonietta Fall Concert</td>
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<td>OCTOBER 16</td>
<td>Rescheduled Cedar Point Trip</td>
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<td>OCTOBER 17</td>
<td>8am-6pm</td>
<td>University Preview</td>
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<td>OCTOBER 18</td>
<td>8am-8pm</td>
<td>180 Symposium</td>
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<td>Academic Discovery Choices</td>
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<td>Fall Flu Shots</td>
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<td>ChemSem - Mark Merrick</td>
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<td>Youth Leadership Development</td>
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## Today's Menu - Sep 18/Sep 24

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<th>Sunday</th>
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<th>Wednesday</th>
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<td><strong>Breakfast</strong></td>
<td>Fresh Berry and Almond Strata</td>
<td>Scrambled Eggs</td>
<td>Diced Potatoes</td>
<td>Omelet Bar</td>
<td>Fruit Bar</td>
<td>Oatmeal</td>
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<td>Vegetable Lo Mein</td>
<td>Teriyaki Vegetables</td>
<td>Jasmine Rice</td>
<td>Asian Sesame Tofu</td>
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<td>Hot Dog Bar:</td>
<td>Buns</td>
<td>Wheat</td>
<td>Pretzels</td>
<td>Vegan Chili</td>
<td>Cheese</td>
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Andrews University is a Seventh-day Adventist institution of higher education  
Phone: 1-800-253-2874  
E-mail: enroll@andrews.edu  
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Berrien Springs, Michigan 49104
Students, Staff, Faculty: All are Invited to Alumni Homecoming 2011

Andrews University will celebrate Alumni Homecoming 2011 on September 29-October 2.

The Office of Alumni Services has planned a full weekend of events with something for everyone! Some require an RSVP. Visit alumni.andrews.edu/homecoming for complete details on:

- Wes Christiansen Memorial Golf Outing (pre-register)
- Undergraduate Learning Center Open House & Tour
- Tambunan’s Pizza, Pop and Professionals (RSVP)
- 24th Annual Homecoming Parade
- International Flag Raising Ceremony (Sign up)
- Damazo Hall Dedication and Reception
- Harvest Picnic
- Alumni Gala Concert
- Ride, Run, Row (pre-register)
- Ride for AU (pre-register)
- More


Contact the Office of Alumni Services for more information
p: 269-471-3591
w: alumni.andrews.edu/homecoming
e: alumni@andrews.edu

Friday, September 23, 2011

Let’s Move! Day

Sunday, September 25
2-6 p.m., Pioneer Memorial Church

Let’s Move! Day is a special event designed to you and your family promote fitness and fight obesity. This is a free event sponsored by PMC Health & Wellness Ministries and the Department of Nutrition & Wellness at Andrews University. Fitness classes for various participants are offered at two times in the afternoon, featuring Certified Personal Trainers and student fitness interns. Want to come, but can’t leave the kids at home? Childcare is provided!

For more information, and to register, please email health@pmchurch.org.
Schedule of Events

2:00 - 3:15 p.m.
Beginner Fitness Class
Advanced Fitness Class
Specialized Fitness (Pilates)
Kids’ Fitness Class (ages 7 - 10)

3:30-4:45 p.m.
Beginner Fitness Class
Advanced Fitness Class
Specialized Fitness (Flexibility/Back Health)
Kids’ Fitness Class (ages 4 - 7)

5-6 p.m.
Fitness Adventure Walk

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**Lose Your ID Card? Steps to Take**

**ATTN: Students on a meal plan or have an account for use at the Andrews Bookstore or ITS accounts associated with their ID Card:**

If you lose your ID card, stop by the Office of Dining Services to have it put on "Lost" status. This ensures no one else is able to use your card to make purchases. You also need to report it as lost: www.andrews.edu/go/myid

If you have a meal plan and have lost your ID card, the Office of Dining Services can provide a temporary meal ticket ($25 deducted from their meal plan +$2 fee). This allows you to still be able to charge meals to your account until you replace your card.

Questions? The Office of Dining Services is open from 9 a.m.-5:30 p.m. Monday-Thursday, and 9 a.m.-noon on Fridays. You can also call 269-471-3161.

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**Children's Ministry Volunteers Needed**

Sept. 30-Oct. 29
Co-curricular credit available

The upcoming Net 2011, hosted at Pioneer Memorial Church, is in need of children's ministry volunteers. Needs include greeters, musicians, teachers, story tellers, and babysitters. The children will be divided into two age groups: 0-3 and 4-7.

Please sign up at www.pmchurch.org and click on Prophecies Decoded. Contact Filip Milosavljevic at filipm@andrews.edu if you have questions.

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**Doctoral Defense: Pastor Young Uoo Suh**

Friday, September 23
9 a.m., Room 307, Administration Building

In partial fulfillment of the requirements for the degree, Doctor of Ministry, Pastor Suh will defend his DMin project dissertation, entitled, "AN EQUIPPING STRATEGY FOR NUMERIC GROWTH AT THE DENVER KOREAN SEVENTH-DAY ADVENTIST CHURCH."

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**Contact:** Filip Milosavljevic
filipm@andrews.edu

**Contact:** Yvonna Applewhite
dminla@andrews.edu
For Students Only: Pizza, Pop & Professionals
Friday, Sept. 30
12:30 p.m., Great Lakes Room, Campus Center

RSVP required

This event is open to all students and provides an invaluable opportunity to learn and network with professionals in the field. Students will hear practical advice and have a chance to ask questions of an alumni panel, consisting of this year’s honored alumni. This event is made possible by the generous sponsorship of Tim (BBA ‘90) and Ellen (MSMT ‘80) Tambunan. Co-hosted by the Office of Alumni Services and the Counseling & Testing Center.

Run, Ride, Row
Sunday, October 2
8 a.m., Alumni House Backyard

Registration and packet pick-up begin at 7 a.m.
RSVP required

Calling all athletes! Come join us for Andrews’ version of the triathlon, involving running, bicycling and canoeing. Two of our popular events, the Homecoming 5K Run and Beach 2 Bank are combined. This event is sponsored by the Department of Student Activities & Athletics.
AUSA Events: 3-on-3 Basketball; Rides to Walmart and Target

The Andrews University Student Association has a couple of weekend options especially for students:

- The AUSA 3-on-3 basketball tournament begins with registration at 7:45 p.m. on Saturday, Sept. 24.
- On Sunday Sept. 25 AUSA is offering free transportation to Walmart and Target. The bus will be leaving from PMC at 2 p.m. and returning at 5 p.m.

Contact: Andrew Moll admoll25@gmail.com

Socrates Tutoring Program

If you can read, write, and count, you can help somebody. Socrates provides the opportunity... You provide the hope.

Attached is the list of Socrates sites, contact names, emails and phone numbers. We also give a simple step-by-step procedure for anyone (faculty, staff or student) to get involved.

Contact: Desmond Murray murrayd@andrews.edu

Wednesday, September 21, 2011

Levterov Doctoral Defense

Thursday, September 29
9:30 am, Administration Building, Room 307

Theodore Levterov will defend his dissertation in partial fulfillment of the PhD: Religion degree in the area of Adventist Studies. Levterov’s dissertation title is, "The Development of the Seventh-day Adventist Understanding of Ellen G. White’s Prophetic Gift, 1844-1889". Those wishing to attend must make their request by calling # 6002 no later than September 28.
SMC Vespers at The Grove
Friday, Sept. 23
5:30 p.m., The Grove

SMC Vespers. Come for fellowship, games, a spiritual connect and, of course, s'mores.

Monday, September 19, 2011

Carry Your Country's Flag in the Parade, Then Raise it at Flag Raising
Friday, Sept. 30
Parade: Meet at PMC Parking Lot at 4:30 p.m.
Flag Raising: Meet at the Administration Building parking lot at approximately 6:15 p.m.

We invite YOU to be a part of TWO Andrews traditions–The Alumni Parade and the International Flag-raising ceremony! Whether you are simply proud of your international roots; have served as a missionary outside the U.S.; or are currently part of our international student body, we invite you to participate in both of these meaningful Alumni Homecoming events on Friday, September 30. You are welcome and encouraged to bring your friends and family to participate.

Carry your flag in the Alumni Parade, which will organize at 4:30pm in the PMC parking lot. The flag raising is immediately following.

Flag-bearers do not need to be natives of the specific country. Also, if you have international dress, you are invited to wear it for both occasions.

To participate, email your name and country of interest to imc@andrews.edu.
PMC Health and Wellness Event Schedule

The ever-popular Pizza 101 and Sushi 101, as well as weekly fitness clubs, health seminars, and more!

See attachment for full schedule.

Attachments

2011-2012_health_ministry_events.pdf

Contact: health@pmchurch.org

Sunday, September 18, 2011

Cardinal Yearbook Contributors Needed!

The 2012 Cardinal Yearbook is looking for student artists, photographers, and writers who are willing to work on a contract basis taking photographs, creating illustrations, designing info-graphics, writing essays, and crafting short works of lyrical verse. You will get paid! If you are interested (and you know you are), contact the yearbook staff at 2012CardinalYearbook@gmail.com.
Thursday, September 15, 2011

Cedar Point Trip Rescheduled for Oct. 16
The Cedar Point trip, sponsored by the Office of Student Activities & Athletics, has been rescheduled for Sunday, Oct. 16. Andrews’ transportation (the bus) is full, however, students who can provide their own transportation are still able to purchase tickets at the reduced group rate of $33. Tickets cannot be charged to ID cards. The deadline to purchase tickets is Friday, Oct. 7. Contact srfun@andrews.edu or knowlton@andrews.edu for more information or to purchase tickets.

Category: Campus Announcements

ACES Service Change
During the next few weeks, Telecommunications will be making some upgrades to the campus cable TV system, commonly referred to as ACES.

On Friday, September 16, between the hours of 8 a.m. and noon there will be two service outages. The first outage will last approximately 2 hours and will impact all ACES users. The second service outage will also be approximately 2 hours long and will impact many ACES users in the University Apartments only.

In the next 2 weeks we will begin delivering our premium content digitally. We will distribute a new channel lineup to our premium subscribers at that time.

In early October, we will discontinue delivering premium content via analog. All premium subscribers will need a “Clear QAM” capable TV or other tuning device to pick up ACES content after this change has been made. A vast majority of new TVs sold in the last 5 years have this capability.

In the following weeks, we will add significant content to our basic lineup as well, all in digital and some of it in high definition. Some of the existing analog basic content will also be available in digital. An updated basic/premium channel lineup will be distributed after this basic “enhancement” is complete.

At this time, no decision has been made on when basic analog service will cease. ACES users who have analog only TV’s can still receive basic signals for the time being.

For further information, contact Telecommunications at telecom@andrews.edu, x3455, or www.andrews.edu/go/telecom.

Category: Campus Announcements

Fall Flu Shots: Free for Faculty, Staff and Their Families
Wednesday, October 19, 2011
11 a.m.-3 p.m., Lincoln Room, Dining Services

Cost: Free to qualifying employees and their dependents (18 years and older)

Please sign up via email benefits@andrews.edu on or before October 13, 2011.

Academy or RMES Employee? Please contact your school’s office for more information.

Supervisors and Office Managers: Please post in your department for employees who do not have.
Supervisors and Office Managers: Please post in your department for employees who do not have ready access to email. Thank you.

Flu Shot Clinic offered by Lakeland

October Blood Drive

Category: Campus Announcements

Monday, October 31 and Tuesday, November 1

Pioneer Memorial Church

Mark your calendars for the blood drive!

Monday: 11:15 a.m. - 5:15 p.m.
Tuesday: 3 p.m. - 9:00 p.m.

Contact: Sara Rudolph rudolphs@andrews.edu

Tuesday, September 13, 2011

City of Tomorrow Comes to the Howard Performing Arts Center

Category: Campus Announcements

Sunday, October 2
7 p.m., Howard Performing Arts Center

City of Tomorrow, a woodwind quintet from Evanston, Ill. and gold medal recipient from the Senior Wind Division of the 2010 Fischoff National Chamber Music Competition, makes a stop at the Howard Performing Arts Center as part of their Winner's Tour throughout the Midwest. Tickets are $5 for general seating. Student tickets are free of charge.

About the City of Tomorrow:

City of Tomorrow is a woodwind quintet based in Evanston, Illinois. The ensemble was formed in 2007 with the aim of uniting young artists in the north suburbs of Chicago. The group quickly found success, winning first place in the 2007 and 2008 Fischoff National Chamber Music Competitions, and second place in 2009. The group has performed throughout the region, including two residencies at the University of Chicago, and tours regularly in the Midwest, the east coast, and as far as Spain. The group is the recipient of several grants and serves as the resident quintet of the Robert Crown Community Center in Evanston. The group is also a founding member of the Chicago Chamber Players. City of Tomorrow performs nearly 40 concerts each year and presents the annual Evanston Wind Ensemble Festival, a free festival celebrating music for woodwind ensembles. The group's discography includes two albums: Solis and Requiem.

Sunday, October 2, 7 p.m., Howard Performing Arts Center

City of Tomorrow, a woodwind quintet from Evanston, Ill. and gold medal recipient from the Senior Wind Division of the 2010 Fischoff National Chamber Music Competition, makes a stop at the Howard Performing Arts Center as part of their Winner's Tour throughout the Midwest. Tickets are $5 for general seating. Student tickets are free of charge.

A healthy U: Lunch & Learn

Category: Campus Announcements

Tuesday, Oct. 4
12:30-1:30 p.m., Lincoln Room, Dining Services

Lunch & Learn is a chance for Andrews faculty/staff to get exposure to different wellness topics and learn new information. Participants can enjoy a complimentary lunch while listening to the presenter. Must RSVP at least 4 days prior to the event. Only 50 slots available.
From the Office of the President: The Employee United Way Campaign

Dear Colleagues:

Each year at this time we participate in the local United Way fundraising campaign. It is an employee campaign; Andrews does not provide any corporate support. And of course participation is completely voluntary. United Way supports many local agencies and services that assist needy families and children in our neighborhood. I believe it is a worthy cause. In past years our Andrews family has contributed in excess of $10,000 and I hope we can do so again. During the week of September 12 you should receive by campus mail a United Way pledge form. It is self-explanatory but if you have a question, feel free to contact Dalry in my office. She has volunteered again this year to be the campus representative. Please submit your completed forms to the Office of the President, campus mail 0670, or you may hand deliver it if you wish.

On behalf of United Way I thank you for your generous support of our local community.

Niels-Erik Andreasen
President

Siegfried H. Horn Lectureship

Sept. 29, 2011
8 p.m., Newbold Auditorium, Buller Hall

This multi-media presentation will highlight collaborative research by six teachers and their students at Tall Hisban and vicinity in Jordan. Participating teachers include Robert Bates, History; Patrice Jones and Kristen Witzel, Communication; Oystein S. LaBianca, Behavioral Sciences and Institute of Anthropology; Brian Manley, Art and Design; Media Smith, Architecture.
Archaeology; Brian Manley, Art and Design; Martin Smith, Architecture.
This lecture is free and open to the public.
Sponsored by the Institute of Archaeology, Horn Museum, and Department of Behavioral Science.

Contact: Jacob Moody  
horncurator@andrews.edu 269-471-6180

Category: Campus Announcements

New Life Fellowship 20th Anniversary
Silent Praise Reunion Concert, Friday, Oct. 7, 7 p.m.
Sabbath Morning Service, Saturday, Oct. 8, 10:30 a.m.
DMC Reunion Concert, Saturday, Oct. 8, 7 p.m.
All events are at the Howard Performing Arts Center.
For more information visit www.newlifereunion.com.

Category: Campus Announcements

Limited Services in Office of Academic Records for Thurs., Sept. 15
The Office of Academic Records will be on a staff retreat on Thursday, September 15. Front office services will remain open but will be limited. Staff members in the back offices will be out of the office for the day, but will return to the office on Friday morning at 9 a.m.

Category: Campus Announcements
FEATURED EVENTS
2011-2012

3RD ANNUAL FITNESS EXPO AND 5K
August 28, 2011, 9:00 am
Andrews University’s Johnson gym. FREE for AU students, faculty, and staff, and $15 for the public. Refreshments and awards.

PIONEER RUNNERS SPRING RUN-OFF
May 13, 2012, 9:00 am

De-clutter your life!
Jan. 8, 2012, 2:00 pm
Think: ‘Ultimate Home Makeover.’ De-clutter your living spaces. The winner of our drawing gets one FREE in-home house-cleaning and reorganization day. Light refreshments. The cost is $5 per adult, and $2 for students. Free babysitting!

Simple Solutions
Jan. 12 – Feb. 2, 6:00 pm
Simple Solutions is a four-session (Thursdays), dynamic lifestyle intervention program. Learn how to deal with stress and depression in a more positive way and discover the relationships between biblical and scientific principles of a healthy lifestyle and better coping ability. The cost is $2 per person. Free babysitting!

Back Health
Jan. 29, 2012, 2:00 pm.
This seminar will provide attendees with an easy-to-follow training plan. It will also include demonstrations, fitness plans, and hands-on examples. The cost is $2 per person. Free babysitting!

SPECIAL EVENTS
2011-2012

Let’s MOVE’ DAY
September 25, 2011, 2:00 pm
Join us for an afternoon of exercise demonstrations, challenges, and fun activities.

‘HEALTHY HOLIDAY MEALS’
November 13, 2011, 4:00 pm
Prepare healthy, holiday dishes, and stay within a budget. The demonstration will also include how to make inexpensive, edible gifts. The cost is $5 per adult, and $3 for students. Free babysitting!

Pioneer Memorial Church
8655 University Boulevard
Berrien Springs, MI 49103
Web: www.pmchurch.org
E-mail: health@pmchurch.org
Phone: 269-471-6565

2nd Annual ‘Sushi 101’
February 26, 2012, 4:00 pm
Healthy food doesn’t have to be bland food! Learn how to prepare vegetarian sushi. A full Japanese meal is provided. The cost is $7 per adult, and $3 for students. Free babysitting!

3rd Annual ‘Pizza 101’
April 8, 2012, 4:00 pm
We will demonstrate how to prepare traditional, healthy, and delicious pizza. A full pizza and salad meal is provided. The cost is $5 per adult, and $3 for students. Free babysitting!

ONGOING EVENTS
2011-2012

Weekly exercise classes
Sept. 2011– April 2012, 6:00 pm
FREE group exercise classes on Mondays and Wednesdays from 6-7pm at PMC. Classes are instructed by certified personal trainers. All fitness levels are welcome to join. We provide dumbbells and exercise mats—all you need is appropriate clothing and shoes.

Walking club
Sept. 2011– April 2012, 9:00 am
FREE Sunday morning walking club walks for 30-60 minutes outdoors (or indoors when the weather is poor). All Fitness levels are welcome!

Running club
Sept. 2011– April 2012, 8:00 am
FREE Sunday morning running club meets every week, unless travelling to a running event. Suitable for all fitness levels. There are different pace groups.

S.T.E.P. walking club
Sept. 2011– April 2012, 8:00 am
Just for moms. Starting August 29th come join STEP (Spending Time in Exercise & Prayer) on Monday mornings during the school year as we spend time walking and praying for our children. No cost.
First Griggs Grads at Andrews
On Sunday, July 31, 42 MBA students from Vietnam marched into history at Andrews University, becoming the first graduating class of Griggs University to participate in Andrews University commencement exercises since ownership of Griggs was transferred to Andrews in November of 2010. The students had traveled to Berrien Springs, Mich. from Vietnam, where each one is a working professional, to graduate at their American university. Read full story.

AMG Project Aids Berrien County
Berrien County is full of hidden treasures—fruit stands, mom-and-pop cafés, wineries, little museums, and the ubiquitous beaches. Area residents can enjoy sun-warmed peaches or find antiques in the villages, but how to draw people off the highway to your u-pick farm or ice cream shop? Together with the Bridgman/Lake Township Economic Growth Alliance, Martin Smith, assistant professor of architecture, and the Architecture Missions Group, both of the Andrews University School of Architecture, are conducting a Wayfinding Study along a 6-by-16 square mile area known as the Shawnee Road Corridor. Read full story.
First Griggs Grads at Andrews

Date: September 9, 2011
Contact:
Website: http://www.griggs.edu/
Phone: 269-471-6570

On Sunday, July 31, 42 MBA students from Vietnam marched into history at Andrews University, becoming the first graduating class of Griggs University to participate in Andrews University commencement exercises since ownership of Griggs was transferred to Andrews in November of 2010. The students had traveled to Berrien Springs, Mich. from Vietnam, where each one is a working professional, to graduate at their American university.

Griggs University dates back to 1909 when Frederick Griggs, an Adventist educator, convinced the Seventh-day Adventist Church’s leadership that the church needed a correspondence school “to fill in the gaps that the resident schools could not fill.” His vision was to make Adventist education available around the world while still bringing the same quality education to those unable to attend traditional schools.

Over the next 100+ years, 380,000 individuals have obtained a faith-based education through Griggs University. For this most recent graduating class, their story first begins with the fall of 2007 decision by Griggs University to enter into a partnership with the Center for Educational Technology & Career Development (ETC), an associate organization of the National University of Vietnam in Hanoi and Ho Chi Minh City. They began offering both BBAs and MBAs, and classes formally launched in March 2008 making Griggs the only fully licensed American university to offer an MBA in Vietnam. The very first graduating class from this partnership participated in Commencement exercises at Griggs’ previous location, the General Conference of Seventh-day Adventist headquarters in Silver Spring, Maryland.

"With Griggs in Maryland, it was definitely a distance education program housed within an office building," says Trinh Phuong Nhi, program coordinator for ETC. "Here, at Andrews, there are students, a library and a busy campus. It makes a big difference in the eyes of our students. We were very excited to hear the good news that Griggs merged with Andrews because not only is Andrews the flagship Seventh-day Adventist university, but it also has a good reputation outside of the Seventh-day Adventist system."

The graduating students represent a wide spectrum of working professionals, from business owners and customs border officers, to sales and marketing executives and educators, even medical doctors and securities stock market traders. All are living and working in Vietnam, a nation that has been making headlines as having one of the top 10 fastest growing economies in the world.
Hoang Ha, senior sales and marketing director for Yamaha Motor Vietnam, is one of the Griggs University graduates. Ha and his fellow classmates spent two years, meeting for class two days out of the week, working toward their MBA. “It was a great program and was very flexible, which is a great benefit for a working professional.” Ha says of his graduation experience, “Andrews was amazing. I didn’t expect it to be so big. Graduation was very emotional for me and unlike anything I’ve experienced before.”

The Griggs/ETC program started with 33 students. In just four years, it has grown to over 3,000, adding about 100 new students every month. “It’s grown so fast!” said Alayne Thorpe, president of Griggs University and dean of the School of Distance Education at Andrews University. “Vietnam is growing at such a rate that they need business leaders to help steer the economy in the right direction. It’s a wonderful thing to feel that we’ve actually made an impact on a country.”

With enrollment numbers skyrocketing, some may wonder why the Griggs program in Vietnam is so successful. Thorpe says, “We have a very good partner in ETC and are affiliated with the National University of Vietnam. They are positioned in the country in a way that they are able to find the very best teachers in the country, and many of them are international business people hailing from places such as the United States, Australia, South African and many from Europe, all of whom are in Vietnam due to the rapid growth of the Vietnamese economy.”

The students gather two days a week, studying together in a classroom with live professors. They also benefit from this web-enhanced program, meaning some course content is delivered online.

It’s also a very practical program, with appeal to working professionals. “It doesn’t teach just theory. It’s so much more than that,” says Thorpe. “On both sides, we have both said this program is stronger because of the other partner. The more we learn from each other, the more we grow together and the stronger we are.”

-Written by Keri Suarez, media relations specialist, Office of Integrated Marketing & Communication
AMG Project Aids Berrien County

Date: September 9, 2011
Contact: architecture@andrews.edu
Website: http://www.andrews.edu/arch/programs/missions_group.html
Phone: 269-471-6003

Berrien County is full of hidden treasures—fruit stands, mom-and-pop cafés, wineries, little museums, and the ubiquitous beaches. Area residents can enjoy sun-warmed peaches or find antiques in the villages, but how to draw people off the highway to your u-pick farm or ice cream shop?

Together with the Bridgman/Lake Township Economic Growth Alliance, Martin Smith, assistant professor of architecture, and the Architecture Missions Group, both of the Andrews University School of Architecture, are conducting a Wayfinding Study along a 6-by-16 square mile area known as the Shawnee Road Corridor. The Shawnee Road Corridor extends from Berrien Springs to Bridgman, and includes Baroda.

The study is intended to attract visitors to the area and develop growth along the road through improved and descriptive signage. "The immediate need is for signage, but we are also working with the villages and communities to protect the rural character of the area," says Smith. "We want to get visitors from Chicago, Indianapolis and Grand Rapids into the areas and discover all the little jewels that are here." And the Economic Growth Alliance wants to maintain the rural setting that adds even more charm.

Preliminary plans designate Berrien Springs as a center for culture and recreation; Baroda as farm and wine country; and Bridgman as a beach town. Three types of signs have been proposed: a regional sign welcoming visitors to the overall region; district signs showing each village’s specialty; and “trailblazer” signs to point out individual attractions.

The AMG and the School of Architecture have been involved in local community development projects for the last decade. They proposed an urban design for downtown Berrien Springs about ten years ago, assisted with the Oronoko Township Hall, and have contributed to a number of individual local projects. This spring, they worked with their first civic client.

This past May, Martin Smith and a team of four student interns began developing two options for a 50-year master plan for the proposed Berrien County Complex in Benton Harbor, Mich. The plans include an animal control building, the first stage of the project and slated to begin construction in the near future; a power plant and health department, incarceration complexes, and in the next 15 to 50 years, a courthouse, administrative offices and other public buildings. The county will hire local contractors to construct the buildings as funded, but chose Andrews University’s Architecture Missions Group to design the master plan in part because of their civic-minded design philosophy.

"Institutions of the community such as government, education, and others ought to be integrated for the benefit of the community,” says Smith. "Projects like the Wayfinding Study and the County Complex get Andrews University more involved in the community,” which is one of AMG’s missions.

The AMG has also been participating in preliminary talks with the town of Berrien Springs to determine the safest routes to school, to promote walking and biking.

-Samantha Snively, student news writer, Office of Integrated Marketing & Communication
WSJM Radio: Andrews Study Shows Walnuts Help Learning
If you have a quiz coming up with true or false questions--- better eat your walnuts. Andrews University Professor of Nutrition and Wellness Peter Pribis's study on walnuts shows that eating the "superfood" can mildly improve your chances of getting correct answers. The study made it into the British Journal of Nutrition. Read and Listen to the full story.

Category: Andrews in the News

WNDU: Can eating walnuts make you smarter?
A new study conducted by a local university shows eating walnuts may actually make you smarter. Researchers at Andrews University say walnuts can help increase your ability to discover true from false. Read and Watch the full story.

Category: Andrews in the News

NAD NewsPoints: Peter Pribis' Walnut Study
Eating walnuts boosts cognitive function, according to an Andrews University Study Published in the British Journal of Nutrition. Students ate one half cup of walnuts daily for eight weeks. Read the full story here.

Category: Andrews in the News

MarketWatch.com: Walnuts Boost Cognitive Function
True or False: Walnuts can improve the odds of correctly answering a true or false question. The answer is true according to newly published research in the British Journal of Nutrition (http://journals.cambridge.org/walnuts). The study conducted by researchers at Andrews University in Berrien Springs, Mich., found that walnuts--already known for being a power food--can help increase inferential reasoning, specifically, the ability to discover true from false. Read full story.

Category: Andrews in the News

Thursday, September 15, 2011

Niles Daily Star: 'Sing-Off' Stars to Perform at Andrews
Committed, winners of NBC's a capella series "The Sing-Off," will be bringing their vocal talents to Andrews University on Sunday, September 25 at 7 p.m. Read the full story.

Category: Andrews in the News

Sunday, September 11, 2011

Herald-Palladium: Triumphing over terror
Three men share memories, hopes and fears after 9/11

How did the events of Sept. 11, 2001, change individual lives and the life of the nation? How are we still...
changing, and what can we gain from those terrible events? Three men, two of whom were in the South Tower of the World Trade Center when it was hit, share their experiences and hope for a stronger America.  

Read full story.

Category: Andrews in the News
Andrews Study Shows Walnuts Help Learning

Joe Garber Reporting
If you have a quiz coming up with true or false questions--- better eat your walnuts. Andrews University Professor of Nutrition and Wellness Peter Pribis's study on walnuts shows that eating the "superfood" can mildly improve your chances of getting correct answers. The study made it into the British Journal of Nutrition:

Listen:

Pribis says that acid, an amino acid, is what is helping the brain solve the questions -- it helps your ability to make inferences:

Listen:

The true or false test was one of many tests done on participants eating walnuts. Two groups ate banana bread each day for eight weeks, one group had ground walnuts in the bread, the other didn't.
A new study conducted by a local university shows eating walnuts may actually make you smarter.

Researchers at Andrews University say walnuts can help increase your ability to discover true from false.

The study is called, "Effects of Walnut Consumption on Cognitive Performance in Young Adults," and it was led by associate professor of nutrition and wellness Peter Pribis.

"Walnuts truly are a power food which is loaded with all kinds of powerful nutrients which can be beneficial not only for your heart but also for your brain," Pribis said.

The team tested to see if supplementing walnuts into the diets of young adults would improve memory, intuition, mood and critical thinking skills.

"Students consuming walnuts showed a significant improvement in inference after consuming one-half cup of walnuts daily for eight weeks," Pribis said. "Walnuts will obviously not make you a critical thinker; this comes after years of studying. However, students and young professionals in fields that involve a great deal of critical thinking or decision-making could benefit from regularly eating walnuts," he added.

Participants in the study were given banana bread with or without walnuts and instructed to eat the bread three times per day. They were later assessed based on bloodwork, psychological analysis and written exams.

Significant results were found in the participants' inference skills, particularly when it came to answering true or false questions.
Pribis plans to continue his study on walnuts. He hopes to explore the effect of walnuts on people with depression.

Find this article at:

Check the box to include the list of links referenced in the article.

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9-19-11 Walnuts Boost Cognitive Function

Andrews University Study Published in British Journal of Nutrition

Berrien Springs, Mich.—True or False: Walnuts can improve the odds of correctly answering a true or false question. The answer is true according to newly published research in the British Journal of Nutrition. A study conducted by researchers at Andrews University in Berrien Springs, Mich., found that walnuts—already known for being a power food—can help increase inferential reasoning, specifically, the ability to discover true from false.

Peter Pribis, associate professor of nutrition and wellness, led the study, “Effects of Walnut Consumption on Cognitive Performance in College-aged Population.” Pribis, along with a team of student researchers, tested whether a short, intensive supplementation of a diet with walnuts can have an effect on memory, intuition, mood and critical thinking skills in young adults. In short—would a walnut-heavy diet increase cognitive function?

“We discovered that students who consumed walnuts experienced a small improvement in critical thinking, specifically inferential reasoning,” says Pribis.

Using two test groups of Andrews University students, each group ate two slices of banana bread daily for eight weeks: one group ate banana bread with ground walnuts and the other group ate banana bread without walnuts present. Each student in each group was tested for inferential reasoning by reading a short narrative followed by five statements. Students then decided whether the statements were true, partially true, false, partially false or there was not enough information to make a judgment.

“Students consuming walnuts showed a significant improvement in inference after consuming one-half cup of walnuts daily for eight weeks,” says Pribis. “Walnuts will obviously not make you a critical thinker; this comes after years of studying. However, students and young professionals in fields that involve a great deal of critical thinking or decision-making could benefit from regularly eating walnuts.” Pribis concludes further research should be done to gain a deeper understanding about the impact of walnuts on cognition.

The study was funded by a grant from the California Walnut Commission. The group did not have any input on the study design or findings.

Founded in 1874, Andrews University is the flagship institution of higher education for the Seventh-day Adventist Church, located one-half mile east of the U.S. 31 Bypass in Berrien Springs, Mich.

Keri Suarez Media Relations Specialist
Office of Integrated Marketing & Communication
Andrews University
269-471-3348
Walnuts Boost Cognitive Function

BERRIEN SPRINGS, Mich., Sept. 19, 2011 /PRNewswire via COMTEX/ -- True or False: Walnuts can improve the odds of correctly answering a true or false question. The answer is true according to newly published research in the British Journal of Nutrition (http://journals.cambridge.org/walnuts). The study conducted by researchers at Andrews University in Berrien Springs, Mich., found that walnuts--already known for being a power food--can help increase inferential reasoning, specifically, the ability to discover true from false.

Peter Pribis, associate professor of nutrition and wellness, led the study, "Effects of Walnut Consumption on Cognitive Performance in Young Adults." Pribis, along with a team of student researchers, tested whether a short, intensive supplementation of a diet with walnuts can have an effect on memory, intuition, mood and critical thinking skills in young adults. In short--would a walnut diet improve cognitive functions?

"We discovered that students who consumed walnuts experienced improvement in critical thinking, specifically inferential reasoning," says Pribis. Using two test groups of Andrews University students, each group ate two slices of banana bread daily for eight weeks: one group ate banana bread with ground walnuts and the other group ate banana bread without walnuts present. Each student was tested for inferential reasoning by reading a short narrative followed by five statements. Students then decided whether the statements were true, partially true, false, partially false or there was not enough information to make a judgment.

"Students consuming walnuts showed a significant improvement in inference after consuming one-half cup of walnuts daily for eight weeks," says Pribis. "Walnuts will obviously not make you a critical thinker; this comes after years of studying. However, students and young professionals in fields that involve a great deal of critical thinking or decision-making could benefit from regularly eating walnuts." Pribis concludes further research should be done to gain a deeper understanding about the impact of walnuts on cognition.

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SOURCE Andrews University

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‘Sing-Off’ stars to perform at Andrews

By Daily Star

Published 11:40pm Wednesday, September 14, 2011

Committed, winners of NBC’s a capella series “The Sing-Off,” will be bringing its vocal talents to Andrews University on Sunday, Sept. 25 at 7 p.m.

The group began as a quartet at Forest Lake Academy in 2003, and expanded into a sextet in 2005. Today, Committed is Maurice Staple (first tenor), Alain Gervais (tenor, lead vocals, beat box), Theron Thomas Jr. (tenor 3, lead vocals), Geston Pierre (bass), Robert Pressley Jr. (tenor 4, lead vocals, beat box) and Dennis Baptiste Jr. (baritone). Pierre is a graduate student at Andrews University.

After winning the 2010 nationally televised competition with a record number of votes, the group signed a contract with Epic Records and recently released a self-titled album that combines their jazz background with their gospel roots.

“There’s a little bit of something for everybody,” said Gervais.

The group’s repertoire, well-sampled on the album, reinvents audience favorites such as Al Green’s “Let’s Stay Together;” Michael Jackson’s “Hold My Hand;” and “Sweet Home Alabama,” as well as powerful gospel songs such as “Down by the Riverside” and an original composition, “Break Free.”

Committed understands the power of the human voice both to entertain and to change lives. When they performed Michael Jackson’s “Hold My Hand” on “The Sing-Off,” one judge and several of the singers cried. Their songs are also a tribute to God’s continual power in their lives.

“It’s a blessing to be able to do this,” Pierre said. “We’re just enjoying the journey.”

Tickets for Committed can be purchased by calling the Howard Performing Arts Center box office at (269) 471-3560 or (888) 467-6442. Tickets for reserved seating are $25, faculty and staff tickets are $20 and Andrews University student tickets are $5. Special rates apply for groups and Flex Series tickets. Learn more by visiting www.howard.andrews.edu.
Thank you for a Successful 27th Almost Anything Goes
David Faehner, vice-president for University Advancement, would like to thank all those who made the 27th annual Almost Anything Goes at Andrews University a success. The event was a great success and it wouldn’t have been possible without your participation, support and contribution. Check out some photos of the event in Week in Pictures. Thank you for keeping the tradition of AAG alive!

Contact: David Faehner dfaehner@andrews.edu 269-471-3122

Passing of Fares Magesa's Father
Israel Magesa, father of Fares Magesa (Student Financial Services), has passed away. Viewing will be on Sunday, September 25, from 2 to 5 p.m. at Allred Funeral Home in Berrien Springs. The funeral will be on Monday, September 26, at 12 noon at the Fil-Am Church. There will be another viewing at 11 a.m. on Monday. Please remember the family in your prayers during this time of loss.

Memorial Service for Murray Robinson
Sabbath, Oct. 1
3:30 p.m., Village SDA Church, Berrien Springs

A memorial service for Murray Robinson, an Andrews alum and former Andrews employee, will be held on Sabbath, October 1, 2011, at the Berrien Springs Village SDA Church at 3:30 p.m. Murray’s children, Susan Smith, Carol Blehm, Vivien Oxley, Peter Robinson and David Robinson would like to invite you to come and celebrate his life and share your remembrances of him with us.
Join the Master Guide Club!

Saturday, October 1
6 p.m., Berrien Springs Spanish SDA Church

Join the Master Guide Club! Earn your Master Guide alongside others. Meetings will be once a month and all requirements will be taught. We will be initiating our meetings on October 1, 2011 at 6:00 p.m. To register or for more information contact Angélica Villamizar at villangel@gmail.com. Sponsored by the Berrien Springs Spanish SDA Church.
Monday, September 19, 2011

**Berrien Springs Camera Club: October Meeting**

*Wednesday, October 5*

*7 p.m., Berrien Springs Public Library*

The monthly meeting of the Berrien Springs Camera Club will take place on Wednesday, Oct. 5, at 7 p.m. in the Berrien Springs Public Library. This month's program consists of a competition of slides and digital images, either projected or printed, submitted by members, the first competition of the current season.

There will be two select topics for the month. In addition, "Nature" is always an acceptable category, as are "Open" (any subject) and "Portraits." The two select categories for the October competition are "On the Farm" and "Railroading." "Nature" photos are to show nothing from human hands (no wires, fences, cultivated flowers, etc.). Thus a member can submit images in any of five categories or a combination thereof.

Prints, at least 5" x 7" in size, should be mounted, with the title and photographer's name on the back. Digital submissions, however, need to be sent in a week ahead, with instructions for submitting them on the club's Web site: [http://photoclub.berrienspringsmi.us/](http://photoclub.berrienspringsmi.us/)

Any member may submit up to 10 projected images and/or 10 prints for the competition, but no one is obligated to do so. Pictures are shown one at a time, and three judges score them by machine. The total points determine whether a photo is rated "honor," "acceptance," or "out." A slightly lower rating will be used for beginners in hopes of encouraging them in photography. From the "honors," a Slide-of-the-Month and a Print-of-the-Month are selected. Photographers' names are not revealed for the "out" category. No one need feel embarrassment; this is a group of friends sharing experiences and tips for better photography.

All are welcome. Refreshments will be served.

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Contact: Madeline Johnston

[johnston@andrews.edu](mailto:johnston@andrews.edu)

Category: Community Announcements
Just Listed Crest Haven


Contact: Dixie L. Wong-Broker/Owner
dixie@dixewong.com 269-473-1234

Category: Classifieds » Property for Sale

Tuesday, September 13, 2011

JUST REDUCED: VRANA

JUST REDUCED $25,000: See 5994 Vrana in Kantorberry Subdivision in Berrien Springs. To learn more view at: www.Homes2Love.com or Call Dixie at: 269-473-1234

Contact: Dixie L. Wong-Broker/Owner
dixie@dixewong.com 269-473-1234

Category: Classifieds » Property for Sale
Student seeking reliable cheap car
I'm in serious need of a car. Price at 1500 maximum (can be a little flexible). No major problems, dings and dents acceptable. Respond asap. Email at address below. Thank you

Contact: Vyncia A Hazel hazel@andrews.edu 2696352579

Naturalist's Delight Home for Sale
See this home at www.Homes2Love.com

Contact: Dixie L. Wong-Broker/Owner dixie@dixewong.com 269-473-1234
Apartment for Rent

LUXURY one bedroom basement apartment fully furnished in walking distance from the University. Includes utilities—AC, hot air, electrical, water, sewer, garbage pick-up—laundry, and internet.

$350/mo + deposit

Male occupancy only (shared kitchen and shower with two other males)

Available immediately

203-321-5032; brejaal@andrews.edu

Contact: Alexandru Breja  brejaal@andrews.edu

Friday, September 16, 2011

Roomate needed

Female roommate needed to share a beechwood apartment on the Andrews university campus. Rent is $335 per month including utilities and internet.

Contact: Gunilla  gdaaku@yahoo.com

Wednesday, September 14, 2011

House for Rent in Walking Distance to Andrews


Price: $800.00, you pay utilities. Will be available at the end of this month (September).

Contact me at: rollanvila889@hotmail.com or 471-7976

House for Rent

$775 + Utilities/month

Great location! Located only 15 miles from Andrews and 7 min from Wal-Mart in Niles!

708 Oak Street
Niles, MI 49120

<table>
<thead>
<tr>
<th>Bedrooms</th>
<th>2</th>
<th>Baths</th>
<th>2</th>
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<tbody>
<tr>
<td>Square ft</td>
<td>1500</td>
<td>Parking space</td>
<td>Up to 4</td>
</tr>
<tr>
<td>Washer/dryer</td>
<td>Negotiable</td>
<td>Furnished</td>
<td>Negotiable</td>
</tr>
<tr>
<td>Pets</td>
<td>Not Allowed</td>
<td>Available for rent</td>
<td>Immediately</td>
</tr>
</tbody>
</table>

Amenities:

- Within walking distance of library, shopping, and bus routes
- Large kitchen storage space, upstairs bath built in Jacuzzi!
- Upstairs balcony, New Roof, New paint, New Carpet, New fixtures
Looking for roommate to help take over a lease that ends in May 2012

Looking for a serious roommate to move in next month. Rent is $235 plus utilities and mowing fee. House is really small but cute and cozy. About a 5 minute drive to Andrews University campus. Contact me for more details. Only serious inquiries. Thanks

Contact: Johanna E  johannae@andrews.edu

Tuesday, September 13, 2011

4-bedroom House for Rent

4 bedroom home for rent at 6366 Smith Road (right across from Park Ridge Estates) that is immaculate with 2 1/2 baths and has all new appliances and leaves a washer and dryer also. Home is natural gas and A/C and one acre-rent is $1,200 a month. Call (269) 325-0668.

Saturday, September 10, 2011

Apartment for Rent

LUXURY basement one bedroom fully furnished apartment in private house remodeled 2008. Walking distance from the University. Includes utilities—AC, hot air, electrical, water, sewer, garbage pick-up—laundry, and internet.

$350/mo + deposit. Male occupancy only (shared kitchen and shower with two other males).

Available immediately. 203-321-5032. brejaal@andrews.edu.

Contact: Alexandru Breja  brejaal@andrews.edu

Category: Classifieds » Property for Rent
Lose Your ID Card? Steps to Take

ATTN: Students on a meal plan or have an account for use at the Andrews Bookstore or ITS accounts associated with their ID Card:

If you lose your ID card, stop by the Office of Dining Services to have it put on "Lost" status. This ensures no one else is able to use your card to make purchases. You also need to report it as lost:

www.andrews.edu/go/myid

If you have a meal plan and have lost your ID card, the Office of Dining Services can provide a temporary meal ticket ($25 deducted from their meal plan +$2 fee). This allows you to still be able to charge meals to your account until you replace your card.

Questions? The Office of Dining Services is open from 9 a.m.-5:30 p.m. Monday-Thursday, and 9 a.m.-noon on Fridays. You can also call 269-471-3161.

Free Black Kitten

Free black kitten to a loving family or individual. She is about 6 or 7 weeks old, litter box trained, playful and friendly to a fault. Litter box and kitten food are also free. She is from a farm nearby and her mother died about 1 week ago. We would rather keep her but cannot because of our existing alpha-female cat. Call for more details.

Attachments

black_kitten.jpg

Contact: Dennis hollings@andrews.edu 269-449-0892
**Free Black Kitten**
Free black kitten to a loving family or individual. She is about 6 or 7 weeks old, litter box trained, playful and friendly to a fault. Litter box and kitten food are also free. She is from a farm nearby and her mother died about 1 week ago. We would rather keep her but cannot because of our existing alpha-female cat. Call for more details.

**Attachments**
black_kitten.jpg

**Contact:** Dennis  hollings@andrews.edu  269-449-0892  
**Category:** Classifieds » Lost and Found » Misc for Sale » Personal Services

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**Sunday, September 18, 2011**

**Selling Black bookcase and Black table**
Selling a BRAND NEW Black Oak finish 5 shelf bookcase for only $35......Aaaaand a square black table for $20.

2-for-1 deal! Buy both for $50

**Contact:** Annalee  reida@andrews.edu  
**Category:** Classifieds » Misc for Sale

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**Thursday, September 15, 2011**

**Lower the price! Cars needed**
Student SERIOUSLY in need of car. If you know someone who has, or if you have a car that you want to get rid of, please contact hazel@andrews.edu.

**Contact:** Vyncia Hazel  hazel@andrews.edu  2696352579  
**Category:** Classifieds » Misc for Sale » Personal Services

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**Baby Items for Sale**

- Baby Swing  $20
- Baby Bounce  $25
- Baby Car Seat  $25
- Bassinet  $30
- Magnavox TV  $10
- Dining Table / with Chairs  $15
- Couch  $50

Contact: preachermanshel@gmail.com or call 269-350-8720.

**Attachments**
items_for_sale.docx

**Contact:** Sheldon Smith  preachermanshel@gmail.com  269-350-8720  
**Category:** Classifieds » Misc for Sale

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**Wednesday, September 14, 2011**

**For Sale: 1995 Chevrolet Suburban**
- Mechanic owned for past 11 years, well maintained.
- 4 WD
- 350 Engine
- 4 speed automatic with overdrive

**Category:** Classifieds » Misc for Sale
8 passenger seating
Cloth seats
Asking $2000
Contact: Evan @ 269-208-1077

Category: Classifieds » Misc for Sale

Car for Sale
This car is Mitsubishi 2004. It's in excellent condition. I am selling because I have another car for the family. So, only for $3,300.
All wheels are new.

Contact: Freddy Sanchez
sanchezv@andrews.edu 787-516-3994

Category: Classifieds » Misc for Sale

Tuesday, September 13, 2011

Ginormous Estate Garage Sale
Sept. 16 & 18
Thur, Fri, & Sun.
8a - 6p
9566 Poole Drive, 2 mi. west of Berrien off of Shawnee
Rescheduled due to weather and adding LOTS more items............
Like-new fridge, new 30" gas stove, desks, futon couch/bed, table & chairs, baby bassinets, excellent infant car seat, kids toys, clothes, winter coats, good guitar, generators, air conditioners (for next summer), jacuzzi tubs, 6 person hot tub, 4 X 4" Troy-Bilt lawn tractor, Craftman work bench, much more!
269-876-7055 for info.

Category: Classifieds » Misc for Sale

Monday, September 12, 2011

Student seeking reliable cheap car
I'm in serious need of a car. Price at 1500 maximum (can be a little flexible). No major problems, dings and dents acceptable. Respond asap. Email at address below. Thank you

Contact: Vyncia A Hazel
hazel@andrews.edu 2696352579

Category: Classifieds » Misc for Sale » Property for Sale

2002 Honda Civic
139,000 Miles
The positives: Runs great, used it every day but moved out of the country two weeks ago. Great on gas!
The negatives: Previous cosmetic work apparent. Transmission has a little slip until it warms up.
Please email pdah@andrews.edu or call 269-815-0330 with good times to meet in downtown Berrien Springs so that I can arrange with my friend to show you the car. Only serious inquiries please since I am asking my friend to take time out of his schedule. $3,750 or OBO Thanks!!!! Phil

Contact: Philip Dah
pdah@andrews.edu 269-815-0330

Category: Classifieds » Misc for Sale
Showing Category: Classifieds
Showing Type: Employment Opportunities

Friday, September 23, 2011

Need Someone to do the Cleaning?
Or babysitting? Or yardwork?

A nice young Christian lady is available :) Want to get your yard clean up before the winter come? Or too busy with your housework? I could help!

Had some experiences with cleaning houses before. Available during the week and any time at your convenience.

If you have a little one at house? thats okay too! I can help watch over your kids as well while you are at work!

Contact: hoyi_2@hotmail.com 4015423100

Category: Classifieds » Employment Opportunities » Personal Services

Tuesday, September 13, 2011

Hair Braiding

Looking for someone to do your braids in a style of your choice? I'm available and prices are very affordable!!!! Please call 269-519-2048 or email me at junway75@gmail.com to schedule an appointment.

Thanks!!

Contact: Terri junway75@gmail.com 269-519-2048

Category: Classifieds » Employment Opportunities » Personal Services
Need Someone to do the Cleaning?
Or babysitting? Or yardwork?

A nice young Christian lady is available : ) Want to get your yard clean up before the winter come? Or too busy with your housework? I could help !

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Contact: hoyi_2@hotmail.com  401-542-3100
Category: Classifieds » Employment Opportunities » Personal Services

True Color Now Offering Pedicures

True Color Hair Studio is offering $20 pedicures to those who book a pedicure between now and October 12th. Call today!  269-473-3211

Contact: True Color Hair Studio  269-471-3211
Category: Classifieds » Personal Services

Guitar Lessons [Affordable Prices]

Call Now for Guitar Lessons  978-353-9309

Submit Your Application Online Today

Mention this ad and where you saw it. You will get a 1-hour free recording session of one piece from the guitar curriculum.

- Study with a well-seasoned musician
- From no experience to a competent level
- Learn guitar music notation
- Study at your own pace
- Private or Group instruction and Online Help

Choose from the following selection of courses:

- Basic Guitar - Three Modules [No Pre-requisites]
- Classical Guitar - Four Modules [Basic Guitar II Required]
- Flamenco Guitar - Four Modules [Basic Guitar II Required]
- Jazz/Blues Guitar - Six Modules [Basic Guitar II Required]
- Electric Guitar - [Basic Guitar I Required]

Note: Pre-requisites may be waived based on the student’s skills at the instructor’s discretion.

CALL NOW TO ENROLL FOR FALL INSTRUCTION

For more information, visit Bolero Guitar Resources Website today. Once you submit the online application, you will receive a free Guitar Start-up Packet.

Contact: Bolero Guitar Resources boleroguitar@giffyshop.com
Category: Classifieds » Personal Services

Agenda :: Andrews University
http://www.andrews.edu/agenda/category/Classifieds/type/Personal+Services
Free Black Kitten
Free black kitten to a loving family or individual. She is about 6 or 7 weeks old, litter box trained, playful and friendly to a fault. Litter box and kitten food are also free. She is from a farm nearby and her mother died about 1 week ago. We would rather keep her but cannot because of our existing alpha-female cat. Call for more details.

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black_kitten.jpg

Contact: Dennis  hollings@andrews.edu  269-449-0892
Category: Classifieds » Lost and Found » Misc for Sale » Personal Services

Monday, September 19, 2011

Babysitting and Language Tutoring Available
Babysitting and Language Tutoring, together or separately. See attachments for full details.

Attachments
anon_tutor.pdf
anun_babysitting.pdf

Contact: Barbara Gonzalez  269-697-3791
Category: Classifieds » Personal Services

Friday, September 16, 2011

Roomate needed
Female roomate needed to share a beechwood apartment on the Andrews university campus. Rent is $335 per month including utilities and internet.

Contact: Gunilla  gdaaku@yahoo.com  269-487-7577
Category: Classifieds » Personal Services » Property for Rent

Thursday, September 15, 2011

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Category: Classifieds » Misc for Sale » Personal Services

Tuesday, September 13, 2011

Hair Braiding
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Thanks!!

Contact: Terri  junway75@gmail.com  269-519-2048
Category: Classifieds » Employment Opportunities » Personal Services

Friday, September 9, 2011
Calculators to Namibia
Charitable Calculators (www.charitablecalculators.org) is looking for a reliable way to deliver 40 TI-92 calculators to a school in Namibia. Please contact Marian Prince (269-426-6705) if you are traveling to Namibia soon and are willing to serve. Thank you.

Contact: Marian Prince  mprince@andrews.edu
269-426-6705

Category: Classifieds » Personal Services
Do you need some help with Spanish or French?

Native Spanish speaker, spent last 2 years in France. Ready to help you master either language.
DO YOU NEED HELP...

WITH YOUR KIDS?

BABY SITTING
EUROPEAN GIRL WILLING TO TAKE CARE OF YOUR PRECIOUS ONES AND TEACH THEM FRENCH AND SPANISH.

FROM 0 TO 12 YEARS OLD