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He had been a monk, a diligent one at that. “I was indeed a pious monk and followed the rules of my order more strictly than I can express. If ever a monk could attain heaven by his monkish works, I should certainly have been entitled to it. If I had continued much longer, I should have carried my mortifications even to death.”

No matter his works and mortifications, however, the monk never sensed acceptance with God, never believed that he was good enough to be saved. His personal despair was so great that it was destroying him mentally and physically, because—believing in the reality of God’s wrath—he feared the prospect of ever having to face it.

After all, who wouldn’t?

Then one day, through his study of the Bible, a text jumped out at him that changed not only his life but the history of the world. “The just shall live by faith” (Rom. 1:17).

His eyes had been opened: his acceptance with God was based not on his works, not on his bodily mortifications, not on his deeds but on the merits of Christ. Never again would he be open to the delusions of a theology that placed the hope of salvation in anything other than the righteousness of Christ given to the believer through faith alone.

The monk was, of course, Martin Luther, who was used by God to start the great-
est religious revolt in Christian history: the Protestant Reformation.

For Luther, it all began in the book of Romans, the topic of this quarter’s study. It’s not surprising that the Protestant revolt against Rome began in Romans (ironically enough), because this book has played a key role in the history of Christian thought. All great movements in Christianity back to the pure gospel and to the theme of justification by faith have found their starting point in Paul’s Epistle to the Romans. The epistle contains a complete theological presentation of the gospel and of the hope that it presents to fallen humanity.

As we study Romans, we will follow a crucial rule, and that is: we will seek to discover what the words of Scripture were meant to say to those to whom they were first addressed. We will look at them in their immediate context; then, after that, we will seek their meaning for us today. This does not imply that the texts themselves change meanings; it implies, instead, that the truths taught by the Scriptures need to be applied to the present circumstances of those reading the texts.

We must, therefore, first discover what the words of Paul meant to the Roman Christians. What was he saying to them, and why? Paul had a particular reason for writing to that congregation. There were certain issues he wished to clarify, but the great truths that he taught as he clarified those issues were not restricted to only his first readers. On the contrary, these words have reverberated across the centuries, teaching millions the wonderful news of the gospel and its foundational doctrine—justification by faith. It was this light, light from the book of Romans, that scattered the darkness that had enveloped Luther and millions of others, light that revealed to them not only the great truth of Christ pardoning sinners but also the power of Christ to cleanse them from sin. And it is light from these pages that we, this quarter, will seek to uncover for ourselves as we study the great theme of salvation by faith alone as revealed in the book of Romans.

This quarter is based on work by Don Neufeld (1914–1980), who served as associate editor of the Review and Herald (now called the Adventist Review) for 13 years (1967–1980) and as one of the editors of The SDA Bible Commentary.

All great movements in Christianity back to the pure gospel and to the theme of justification by faith have found their starting point in Paul’s Epistle to the Romans.
How to Use This Teachers Edition

Get Motivated to Explore, Apply, and Create

We hope that this format of the teachers edition will encourage adult Sabbath School class members to do just that—explore, apply, and create. Each weekly teachers lesson takes your class through the following learning process, based on the Natural Learning Cycle:

1. Why is this lesson important to me? (Motivate);
2. What do I need to know from God’s Word? (Explore);
3. How can I practice what I’ve learned from God’s Word? (Apply); and

And for teachers who haven’t had time to prepare during the week for class, there is a one-page outline of easy-to-digest material in “The Lesson in Brief” section.

Here’s a closer look at the four steps of the Natural Learning Cycle and suggestions for how you, the teacher, can approach each one:

**Step 1—Motivate:** Link the learners’ experiences to the central concept of the lesson to show why the lesson is relevant to their lives. Help them answer the question, Why is this week’s lesson important to me?

**Step 2—Explore:** Present learners with the biblical information they need to understand the central concept of the lesson. (Such information could include facts about the people; the setting; cultural, historical, and/or geographical details; the plot or what’s happening; and conflicts or tension of the texts you are studying.) Help learners answer the question, What do I need to know from God’s Word?

**Step 3—Apply:** Provide learners with opportunities to practice the information given in Step 2. This is a crucial step; information alone is not enough to help a person grow in Christ. Assist the learners in answering the question, How can I apply to my life what I’ve learned?

**Step 4—Create:** Finally, encourage learners to be “doers of the word, and not hearers only” (James 1:22). Invite them to make a life response to the lesson. This step provides individuals and groups with opportunities for creative self-expression and exploration. All such activities should help learners answer the question: With God’s help, what can I do with what I’ve learned from this week’s lesson?

When teachers use material from each of these four steps, they will appeal to most every student in their class: those who enjoy talking about what’s happening in their lives, those who want more information about the texts being studied, those who want to know how it all fits in with real life, and those who want to get out and apply what they’ve learned.
Paul and Rome

SABBATH AFTERNOON

Read for This Week’s Study: Acts 28:17–31; Rom. 1:7; 15:14, 20–27; Ephesians 1; Phil. 1:12.

Memory Text: “First, I thank my God through Jesus Christ for you all, that your faith is spoken of throughout the whole world” (Romans 1:8, NKJV).

Ideally, in our study of the book of Romans, after a study of the historical background, we should begin with Romans 1:1 and then go through the entire book verse by verse. Because only one quarter has been allotted to the study of the book, we have had to be selective in what parts we can study. The book could easily take four quarters, not one, to explore. Hence, only the key chapters, in which the basic message is contained, will be covered.

It is extremely important that a student of the book of Romans understand the book’s historical background. Without that background, it will be difficult for the student to know what Paul is saying. Paul was writing to a specific group of Christians at a specific time for a specific reason; knowing, as much as possible, that reason will greatly benefit us in our study.

We must, in our imagination, go back in time, transport ourselves to Rome, become members of the congregation there, and then, as first-century church members, listen to Paul and the words that the Holy Spirit gave him at that time.

Amazingly enough, though written a long time ago and in a whole other context, the book has messages relevant to God’s people today, in every land and in nearly every situation. Hence, we need to heed prayerfully the words written here and apply them to our lives.

*Study this week’s lesson to prepare for Sabbath, July 3.
Date and Place

Romans 16:1, 2 indicates that Paul probably wrote Romans in the city of Cenchreae, which was near the eastern port of Corinth, in Greece. Paul’s mention of Phoebe, a resident of greater Corinth, establishes that place as the likely background for the letter to the Romans.

One of the purposes of establishing the city of origin of the New Testament epistles is to ascertain the date of writing. Because Paul traveled much, knowing where he was at a particular time gives us a clue to the date.

Paul established the church at Corinth on his second missionary journey, A.D. 49–52 (see Acts 18:1–18). On his third journey, A.D. 53–58, he visited Greece again (Acts 20:2, 3), and at this time he received an offering for the saints in Jerusalem near the end of his journey (Rom. 15:25, 26). The Epistle to the Romans was, then, written probably in the early months of A.D. 58.

What other important churches had Paul visited on his third missionary journey? Acts 18:23.

Visiting the Galatian churches, Paul discovered that during his absence false teachers had convinced the members to submit to circumcision and to keep to other precepts of the law of Moses. Fearing that his opponents might reach Rome before he arrived, Paul wrote a letter (Romans) to forestall the same tragedy happening in Rome. It is believed that the Epistle to the Galatians was written also from Corinth during Paul’s three months there on his third missionary journey, perhaps shortly after his arrival.

“In his epistle to the Romans, Paul set forth the great principles of the gospel. He stated his position on the questions which were agitating the Jewish and the Gentile churches, and showed that the hopes and promises which had once belonged especially to the Jews were now offered to the Gentiles also.”—Ellen G. White, The Acts of the Apostles, p. 373.

As we said, it is important in the study of any book of the Bible to know why it was written; that is, what situation it was addressing. Hence, it is important for our understanding of the Epistle to the Romans to know what questions were agitating the Jewish and Gentile churches. Next week’s lesson will deal with these questions.

What kinds of issues are agitating your church at present? Are the threats more from without or from within? What role are you playing in these debates? How often have you stopped to question your role, your position, and your attitudes in whatever struggles you’re facing? Why is this kind of self-examination so important?
The Lesson in Brief

**Key Text:** Romans 1:8

**The Student Will:**
- **Know:** Describe Paul’s interest in the Roman church.
- **Feel:** Appreciate the influence of individual churches on the spread of the gospel.
- **Do:** Determine to be a part of working with the church in its worldwide mission.

**Learning Outline:**

I. Know: Called to Be Saints

A. Though Paul traveled a good deal, building up the gospel work in previously unentered areas, how did his letter to the church in Rome document his concerns for a church he had not visited yet?

B. What would Paul’s concerns indicate about his vision for the gospel?

II. Feel: Known for Their Faith

A. Because Rome was at the center of the empire, the church in Rome held an important role in influencing the spread of the gospel. Because the church already was competent in teaching the gospel (Rom. 15:14), what might have moved Paul to have written this letter?

B. What influence might your church have in the worldwide work of the gospel? What message do you consider important in strengthening your church in its role?

III. Do: Working Freely Despite Chains

A. When Paul eventually came to Rome, he was in chains. How did Paul’s chains help to focus the notice of not only Romans but his fellow Christians on the preeminence of the gospel?

B. How have the circumstances of your life enabled you to contribute to the work of the church?

**Summary:** Though Paul had not visited Rome yet, he enlisted the church’s aid in establishing a good foundation for advancing the gospel throughout the empire.
Personal Touch

A letter is one thing, a personal visit another. That’s why Paul, even though he wrote to the Romans, announced in the letter that he intended to see them in person. He wanted them to know that he was coming, and why.

Read Romans 15:20–27. What reasons does Paul give for not having visited Rome earlier? What made him decide to come when he did? How central was mission to him in his reasoning? What can we learn about mission and witnessing from Paul’s words here? What interesting—and important—point does Paul make in verse 27 about Jews and Gentiles?

The great missionary to the Gentiles felt constantly impelled to take the gospel to previously unentered areas, leaving others to labor in areas where the gospel had been established. In the days when Christianity was young and the laborers few, it would have been a waste of valuable missionary power for Paul to work in already entered areas. He said, “So have I strived to preach the gospel, not where Christ was named, lest I should build upon another man’s foundation,” so that “they that have not heard shall understand” (Rom. 15:20, 21).

It was not Paul’s purpose to settle down in Rome. It was his aim to evangelize Spain. He hoped to get the support of the Christians in Rome for this venture.

What important principle can we take away for ourselves on the whole question of mission from the fact that Paul sought help from an established church in order to evangelize a new area?

Read again the verses in Romans 15:20–27. Notice how much Paul wanted to serve; that is, his great desire was to minister and to serve. What motivates you and your actions? How much of a heart of service do you have?
Learning Cycle

STEP 1—Motivate

Key Concept for Spiritual Growth: Like Paul, who preached Christ and His righteousness by letter, in person, and in chains, the mission of our lives should be the health and progress of the worldwide church.

Just for Teachers: Use this opening activity to help your students understand the global vision of Paul.

Opening Activity: Paul’s third missionary journey from Antioch, across what we know today as Turkey into Greece and down to Jerusalem, covered some twenty-seven hundred miles (4,350 kilometers) by land and by sea. The journey took more than four years, though three of these years were spent in Ephesus. Galatia was a relatively recent addition to the Roman Empire, having been added less than 100 years before the book of Romans was written, in A.D. 57 or 58.

Paul made many stops on this ambitious trip to visit the congregations he already had established in his early travels. He also wrote a number of letters to various churches during this journey. From Ephesus he wrote the first letter to the Corinthians; from Macedonia he wrote the second letter to the Corinthians; and from Corinth, he wrote the letters to the Galatians and Romans. It is likely that one of the reasons he wrote to Rome was to ask the church’s help for an even more ambitious journey to Spain.

Using a map of your part of the world, translate this trip into a journey your students readily can understand. For example, 2,700 miles is roughly the distance between Los Angeles, California, and Washington D.C., U.S.A.

Using the following Web sites, print some pictures of ancient Ephesus, Corinth, and Rome to help your students relate to these large and beautiful, yet idolatrous, cities that were great cities in Paul’s day.

http://www.cathydeaton.com/Concise%20Bible%20Atlas%209-2006%20No%2038.htm

http://catholic-resources.org/AncientRome/

Consider This: What type of man must Paul have been to undertake such travels and strive to keep current with the issues in all the Christian churches scattered across the empire? What was the consuming passion of his life? How can his passion help us better understand what our own should be for the church?
Paul Reaches Rome

“But when we came to Rome, the centurion delivered the prisoners to the captain of the guard; but Paul was permitted to dwell by himself with the soldier who guarded him” (Acts 28:16, NKJV). What does this text tell us about how Paul finally got to Rome? What lesson can we draw from this for ourselves about the unexpected and unwanted things that so often come our way?

Life can take some very strange turns. How often our plans, even the ones formulated with the best of intentions, don’t come out as we anticipated and hoped for. The apostle Paul did, indeed, get to Rome, but it probably wasn’t as he had expected.

When Paul reached Jerusalem at the end of his third missionary journey with his offering for the poor, which he collected from the congregations of Europe and Asia Minor, unexpected events awaited him. He was arrested and fettered. After being held prisoner for two years at Caesarea, he appealed to Caesar. Some three years after his arrest, he arrived in Rome, and (we can assume) not in the manner that he intended to when he first wrote to the Roman church years before about his intention to visit them.

What do the following texts tell us about Paul’s time in Rome? More important, what lesson can we learn from them? Acts 28:17–31.

“Not by Paul’s sermon[s], but by his bonds, was the attention of the court attracted to Christianity. It was as a captive that he broke from so many souls the bonds that held them in the slavery of sin. Nor was this all. He declared: ‘Many of the brethren in the Lord, waxing confident by my bonds, are much more bold to speak the word without fear.’ Philippians 1:14.”—Ellen G. White, *The Acts of the Apostles*, p. 464.

How many times have you experienced unexpected twists in your life that, in the end, turned out for good? (See Phil. 1:12.) How can, and should, those experiences give you faith to trust God for the things from which no good seems to have arisen?
STEP 2—Explore

Just for Teachers: In order to understand the challenges that faced Paul and the young Christian churches he was working with in Rome, as well as the other regions of the Roman Empire, it is important to examine with your class the cultural milieu in which Paul lived and worked.

Bible Commentary

I. The Times and Culture (Review Romans 16:1, 2 and Acts 18:23 with your class.)

Ephesus, where Paul stayed for three years on his third missionary journey before traveling on to Macedonia and Corinth, was a large, beautiful city of white marble. Centuries of generals and officials from various times had built monuments and temples to various deities and emperors, but Artemis, the goddess of childbirth, was the center of the most famous cult worship. A temple to Artemis, four times as large as the Parthenon in Greece, was one of the Seven Wonders of the World, and sales of idols to pilgrims from around the world were a large source of revenue. It is no wonder that Paul situated himself for so long at this crossroads of Asia, interested as he was in spreading the gospel to the ends of the world. Trouble from a silversmith, who felt that Paul’s teachings threatened the city’s trade, based on idolatry, led to Paul’s departure from Ephesus (Acts 19).

Idolatry was rampant in every city that Paul visited, but there were other challenges too. Paul’s letter to the Corinthians, written from Ephesus, mentions the immorality that was prevalent not only in society but that had crept into the church.

Corinth was an even larger crossroads of the nations. It had two ports and was wealthy, full of beautiful architecture, including a large temple to Apollo, and largely populated by self-made cosmopolitans. Paul stayed here for 18 months and worked as a tentmaker, and it was from here that he wrote to the church in Rome. While Corinth and Ephesus were large, famous, and beautiful, Rome was even larger and more important. Rome had a population of one million and was the center of trade for the empire. Paul’s interest in the church in Rome was at least partly because of the city’s centrality and influence, especially since Paul was planning to travel beyond Rome to Spain to evangelize that part of the world.

Consider This: What advantages might churches in cities such as Ephesus,
Called to Be “Saints”

**Here** is Paul’s salutation to the church in Rome. “To all that be in Rome, beloved of God, called to be saints: Grace to you and peace from God our Father, and the Lord Jesus Christ” (Rom. 1:7). What principles of truth, of theology, of faith, can we take away from his words here?

_____________________________

**Beloved of God.** While it is true that God loves the world, in a special sense God loves those who have chosen Him, those who have responded to His love.

We see this in the human sphere. We love in a special way those who love us; with them there is a mutual exchange of affection. Love demands response. When the response is not forthcoming, love is limited in its fullest expression.

**Called to be saints.** In some translations the phrase “to be” is in italics, which means that the translators have supplied the words. But they can be left out with the meaning intact. When they are omitted, we get the expression “called saints”; that is, “designated saints.”

“Saints” is the translation of the Greek hagioi, which literally means “holy ones.” *Holy* means “dedicated.” A saint is one who has been “set apart” by God. He or she still may have a long way to go in sanctification, but the fact that this person has chosen Christ as the Lord designates him or her as a saint in the Bible’s meaning of the term.

**Paul** says that they were “called to be saints.” Does this mean that some people are not called? How do Ephesians 1:4, Hebrews 2:9, and 2 Peter 3:9 help us understand what Paul means?

The great news of the gospel is that Christ’s death was universal; it was for all human beings. All have been called to be saved in Him, “called to be saints,” even before the foundation of the world. God’s original intention was for all humanity to find salvation in Jesus. The final fire of hell was meant only for the devil and his angels (Matt. 25:41). That some folk don’t avail themselves of what was offered doesn’t take away from the wonder of the gift any more than someone who goes on a hunger strike in a marketplace takes away from the wonderful bounties found there.

Think about it: even before the foundation of the world, God called you to have salvation in Him. Why should you not allow anything, anything at all, to hold you back from heeding that call?
Corinth, and Rome have had as centers of a worldwide work for the gospel? What special challenges do churches face, surrounded by idolatry and the immorality of city life?

II. A Good Reputation *(Review Romans 15:14 with your class.)*

While Paul had not visited Rome before nor founded the church there, he heard of the church’s reputation. Unlike the letters to Corinth, Paul has no strong denunciations to church members in Rome. He notes the “goodness” and “competence” of the Christians in Rome, that they were “complete in knowledge” *(Rom. 15:14, NIV)*.

Paul hoped that the Christians in Rome would be allies in his quest to evangelize the world. To this end he wrote the letter to the church in Rome, describing the great principles of the gospel. He stated persuasively that a practical application of the gospel met challenges that some of the Christian churches were facing, surrounded as they were by the pagan cultures of idolatry and immorality.

Because the church was still in its infancy, there also were challenges in regard to the shift from Jewish traditions to Christian ways of thinking. The Jewish traditions had been steeped so long in human machinations that their original godly purposes had been misunderstood or forgotten by many. But just which beliefs and practices were to be kept and which had been swept away, by means of type meeting antitype in the death of Christ, was not always clear. A decisive explanation of the foundations of the gospel was critical for the development of the young church.

**Consider This:** Though the church in Rome had not been established by any known apostle, it was vibrant and growing, and God was with it. What challenges do churches without much available, trained leadership face? How may these challenges be met?

III. Serving in Chains *(Review Acts 28:17–31 with your class.)*

Paul eventually reached Rome but not as a free man. Despite his chains, the gospel of Christ that was always on his heart, and was the continual burden of his exhortations and letters, was preached boldly to all who would listen. He wrote his epistles to the Ephesians, Philippians, and Colossians, and to Philemon from Rome.

**Consider This:** How did hardships affect Paul’s sense of mission?
World Reputation

“First, I thank my God through Jesus Christ for you all, that your faith is spoken of throughout the whole world” (Rom. 1:8).

It is not known how the congregation in Rome became established. The tradition that the church was founded by Peter or Paul is without historical foundation. Perhaps lay persons established it, converts on the Day of Pentecost in Jerusalem (Acts 2) who then visited or moved to Rome. Or perhaps at some later period converts moving to Rome witnessed to their faith in that world capital.

It is surprising that, in a few decades from Pentecost, a congregation that apparently had received no apostolic visit should be so widely known. “Notwithstanding the opposition, twenty years after the crucifixion of Christ there was a live, earnest church in Rome. This church was strong and zealous, and the Lord worked for it.”—Ellen G. White Comments, The SDA Bible Commentary, vol. 6, p. 1067.

“Faith” here probably includes the broader sense of faithfulness; that is, faithfulness to the new way of life they had discovered in Christ.

Read Romans 15:14. How does Paul there describe the church at Rome?

Paul selects three items as worthy of note in the Roman Christians’ experience:

1. “Full of goodness.” Would people say this of our own experience? As they associate with us, is it the abundance of goodness in us that attracts their attention?

2. “Filled with all knowledge.” The Bible repeatedly emphasizes the importance of enlightenment, information, and knowledge. Christians are urged to study the Bible and to become well-informed as to its teachings. “The words, ‘A new heart also will I give you,’ mean, ‘A new mind will I give you.’ A change of heart is always attended by a clear conviction of Christian duty, an understanding of truth.”—Ellen G. White, My Life Today, p. 24.

3. “Able . . . to admonish one another.” No one can thrive spiritually if isolated from fellow believers. We need to be able to encourage others and, at the same time, be encouraged by others.

What about your local church? What kind of reputation does it have? Or, even more important, does it even have one at all? What does your answer tell you about your local church? More important, if need be, how can you help improve the situation?
**STEP 3—Apply**

*Just for Teachers:* As in Paul’s day, larger churches often are situated in metropolises that may do a lot to support the development of younger churches in less populated and more remote areas. However, challenges exist in every region. Use the thought questions below to help your class reflect on not only the challenges faced by the global church but its place in the global picture.

**Thought Questions:**

1. What cities and regions of today are most influential in not only material trade but the exportation of thoughts and ideas that influence the rest of the world? How might today’s church make use of the position and influence of these channels of culture to spread the gospel of Christ around the globe? What challenges to the growth of healthy churches are present in the large cities of today? What challenges face younger, more remote churches?

2. Clear explanations of the principles of the gospel still are as important today as they were to the churches of Paul’s time. What challenges do churches face that may be met by a definitive “thus saith the Lord”? What sources of knowledge and support has God given us for our times?

**STEP 4—Create**

*Just for Teachers:* Suggest the following ideas to help your members put this week’s class discussion into practice during the following weeks or months.

1. Plan your own mission journey around your neighborhood. Who among your neighbors and community members have you been meaning to get to know and encourage in faith? Plan a series of visits over the next few months to develop these contacts into real friendships.
2. Develop a writing ministry in which you use letters and cards to share your faith in the local community, in prison ministry, or around the world.
3. Investigate plans for mission trips that are being made by local academies or church groups in your conference. ShareHim (http://global-evangelism.org/php/index.php) is another source of international evangelistic programs you may become involved in. Individuals in the class or the class as a whole may adopt a mission project to support, or plan to go yourselves.
4. As you contemplate the passion for the spread of the gospel that fueled Paul’s life, what special message do you have that deserves the devotion of your life? Challenge class members to search for their favorite passages of Paul’s declaration of mission and use them to design their own mission statements.

“While apparently cut off from active labor, Paul exerted a wider and more lasting influence than if he had been free to travel among the churches as in former years. As a prisoner of the Lord, he had a firmer hold upon the affections of his brethren; and his words, written by one under bonds for the sake of Christ, commanded greater attention and respect than they did when he was personally with them.”—Ellen G. White, *The Acts of the Apostles*, p. 454.

“To see the Christian faith firmly established at the great center of the known world was one of his dearest hopes and most cherished plans. A church had already been established in Rome, and the apostle desired to secure the co-operation of the believers there in the work to be accomplished in Italy and in other countries. To prepare the way for his labors among these brethren, many of whom were as yet strangers to him, he sent them a letter announcing his purpose of visiting Rome and his hope of planting the standard of the cross in Spain.”—Ellen G. White, *The Acts of the Apostles*, p. 373.

“The eternal God has drawn the line of distinction between the saint and the sinner, between converted and unconverted. The two classes do not blend into each other imperceptibly, like the colors of a rainbow, but are as distinct as midday and midnight.”—Ellen G. White, *Messages to Young People*, p. 390.

**Discussion Questions:**

1. Dwell on the question at the end of Thursday’s lesson. How could your class help improve your church’s reputation, if need be?

2. In class, share experiences about how a situation that at first seemed terrible was able to be turned to good. How can you use these experiences to help others who are struggling with unexpected calamities?

3. Dwell more on the idea that we were called to have salvation, even before the foundation of the world (see also Titus 1:1, 2; 2 Tim. 1:8, 9). Why should we find this so encouraging? What does this tell us about God’s love for all humans? Why, then, is it so tragic when people turn their backs on what has been so graciously offered them?
Jew and Gentile

Sabbath Afternoon


Memory Text: “The law was given by Moses, but grace and truth came by Jesus Christ” (John 1:17).

The first converts to Christianity were all Jews, and the New Testament gives no indication that they were asked to drop the practice of circumcision or to ignore the Jewish festivals. But when the Gentiles began to accept Christianity, important questions arose. Should the Gentiles submit to circumcision? To what extent should they keep other Jewish laws? Finally, a council was called at Jerusalem to settle the matter (see Acts 15).

Despite a firm decision by the council not to trouble the Gentiles with a host of regulations and laws, some teachers continued to plague the churches by insisting that Gentile converts to the faith were required to keep these rules and laws, including circumcision.

In some ways, these issues exist today, only in a different form. How often are we, as Seventh-day Adventists, accused of being Judaizers, or legalists, because of our adherence to the Ten Commandments (or, in actuality, our adherence to the Sabbath commandment)? How often do we hear that we are now under the New Covenant, and so the law (the Sabbath commandment) has been done away with?

On the other side, at times as a church we are confronted with those who would like to impose more Old Testament rules and regulations on us, as well.

Hence, Romans certainly has an important message for us today, as it did for the Roman church back then.

*Study this week’s lesson to prepare for Sabbath, July 10.
Better Promises

Read Hebrews 8:6. What is the message here? How do we understand what these “better promises” are?

Perhaps the greatest difference between the religion of the Old Testament and that of the New is the fact that the New Testament era was introduced by the coming of the Messiah, Jesus of Nazareth. He was sent by God to be the Savior. Men could not ignore Him and expect to be saved. Only through the atonement He provided could they have their sins forgiven. Only by the imputation of His perfect life could they stand before God without condemnation. In other words, salvation was through the righteousness of Jesus, and nothing else.

Old Testament saints looked forward to the blessings of the Messianic age and the promise of salvation. In New Testament times, the people were confronted with the question, Would they accept Jesus of Nazareth, whom God had sent as the Messiah, their Savior? If they believed in Him—that is, if they accepted Him for who He truly was and committed themselves to Him—they would be saved through the righteousness that He offers them freely.

Meanwhile, the moral requirements remain unchanged in the New Testament, because these were founded in the character of God and of Christ. Obedience to God’s moral law is just as much a part of the New Covenant as of the Old.

Read Matthew 19:17; Revelation 12:17; 14:12; and James 2:10, 11. What do these texts tell us about the moral law in the New Testament?

At the same time, the entire body of ritual and ceremonial laws that were distinctly Israelite, that were distinctly tied to the Old Covenant, all of which pointed to Jesus and to His death and ministry as High Priest, were discontinued, and a new order was introduced, one based on “better promises.”

Helping both Jew and Gentile to understand what was involved in this transition from Judaism to Christianity was one of Paul’s principal aims in the book of Romans. It would take time to make the transition.

What are some of your favorite Bible promises? How often do you claim them? What choices are you making that can stand in the way of having these promises fulfilled in your life?
The Lesson in Brief

**Key Text:** John 1:17

**The Student Will:**

- **Know:** Describe the great divide between legalism and righteousness by faith in the early church as well as in the church today.
- **Feel:** Appreciate Paul and other church leaders’ passionate defense of righteousness by faith.
- **Do:** Examine his or her life for evidence of the light and power of grace, as well as the gift of obedience.

**Learning Outline:**

I. **Know: The Slide Toward Works**

- **A** Some Jewish Christians emphasized Jewish laws and traditions as necessary for Gentile converts to follow, while others emphasized salvation by faith alone as critical for Jews and Gentiles alike. What were the consequences?
- **B** How did Paul and other church leaders face the first faction in the church?

II. **Feel: Better Promises**

- **A** Why were Paul and other leaders in the church so ardent about not burdening Christian believers with superfluous religious traditions?
- **B** What are the “better promises” (*Heb. 8:6, NIV*) held out to believers? What were some of the regulations that the church felt were important to note as still binding?

III. **Do: Commitment to Grace**

- **A** Where do you stand in relationship to religious traditions and righteousness by faith?
- **B** What importance does obedience to God’s law have in your life?
- **C** How are you championing the importance of grace in your life, as well as in your witness?

**Summary:** Like the early Christian church, there is still the tendency to focus on what we do, rather than depending entirely on Christ’s atoning sacrifice and His promise to live out His life in us.
Jewish Laws and Regulations

As time allows, skim through the book of Leviticus. (See, for instance, Leviticus 12, 16, 23.) What thoughts come to your mind as you read all these rules and regulations and rituals? Why would many of these be all but impossible to follow in New Testament times?

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It is convenient for us to classify Old Testament laws into various categories: (1) moral law, (2) ceremonial law, (3) civil law, (4) statutes and judgments, and (5) health laws.

This classification is, in part, artificial. In actuality, some of these categories are interrelated, and there is considerable overlap. The ancients did not see them as separate and distinct.

The moral law is summed up by the Ten Commandments (Exod. 20:1–17). This law sums up the moral requirements of humanity. These ten precepts are amplified and applied in various statutes and judgments throughout the first five books of the Bible. These amplifications show what it meant to keep the law of God in various situations. Not unrelated are the civil laws. These, too, are based on the moral law. These define a citizen’s relationship to civil authorities and to his or her fellow citizens. They name the penalties for various infractions.

The ceremonial law regulated the sanctuary ritual, describing the various offerings and the individual citizen’s responsibilities. The feast days are specified and their observance defined.

The health laws overlap the other laws. The various laws relating to uncleanness define ceremonial uncleanness, and yet go beyond this to include hygienic and health principles. Laws regarding clean and unclean meats are based on physical considerations.

While the Jew probably largely thought of all these laws as a package, having all come from God, he or she must have made certain distinctions mentally. The Ten Commandments had been spoken by God directly to the people. This would set them apart as especially important. The other laws had been relayed through Moses. The sanctuary ritual could be kept only while a sanctuary was in operation.

The civil laws, at least in large part, could no longer be imposed after the Jews lost their independence and came under the civil control of another nation. Many of the ceremonial precepts could no longer be observed after the temple was destroyed. Also, after the Messiah came, many of the types had met their antitypes and no longer had validity.
Learning Cycle

STEP 1—Motivate

Key Concept for Spiritual Growth: The early church’s debate over whether—or how much—Christians must obey Old Testament laws mirrors our efforts today to strike a balance between law and grace in our own spiritual lives.

Just for Teachers: In this week’s lesson we discuss the issues faced by the early church in regard to the role of law and grace in one’s salvation.

The great American writer Ambrose Bierce defined a Christian as “one who believes that the New Testament is a divinely inspired book admirably suited to the spiritual needs of his neighbor.” One thing we can see from this is that Bierce hadn’t been exposed to the right kind of Christian. But, as in all canards, there is a grain of truth to it.

Bierce probably was referring to the garden-variety hypocrite, who believes that loving one’s neighbor, caring for the least of these, and so on, is a burden to be borne by someone other than oneself. As Luke 11:46 suggests, this school of thought has a long history.

But there’s another aspect implicit in Bierce’s scathing witticism equally worthy of consideration. Most of us would affirm that the New Testament teaches that we are saved by grace and that there is nothing we can do to be saved. But when you say “we,” does it include you? Do you truly believe you are saved by grace, or are you burdening yourself with things you must do to be accepted? Is the gospel for you, or is it just admirably suited to your neighbor?

Consider This: In Matthew 11:30, Jesus says that “‘my yoke is easy, and my burden is light.’ ” Why do we often feel a need to make it heavier for ourselves or others?

STEP 2—Explore

Bible Commentary

I. The Law as Jesus Saw It, and the Law as We See It in Jesus (Review with your class Matthew 5:17, 18 and Matthew 22:34–40.)
“What Must I Do to Be Saved?”

Read Acts 15:1. What issue was causing dissension? Why would some people believe that this wasn’t just for the Jewish nation? See Gen. 17:10.

While the apostles united with the ministers and lay members at Antioch in an earnest effort to win many souls to Christ, certain Jewish believers from Judaea “of the sect of the Pharisees” succeeded in introducing a question that soon led to widespread controversy in the church and brought consternation to the believing Gentiles. With great assurance, these teachers asserted that in order to be saved, one must be circumcised and must keep the entire ceremonial law. The Jews, after all, always had prided themselves on their divinely appointed services, and many of those who had been converted to the faith of Christ still felt that since God had once clearly outlined the Hebrew manner of worship, it was improbable that He would ever authorize a change in any of its specifications. They insisted that the Jewish laws and ceremonies should be incorporated into the rites of the Christian religion. They were slow to discern that all the sacrificial offerings had but prefigured the death of the Son of God, in which type met antitype, and after which the rites and ceremonies of the Mosaic dispensation were no longer binding.

Read Acts 15:2–12. How was this dispute to be settled?

“While looking to God for direct guidance, he [Paul] was ever ready to recognize the authority vested in the body of believers united in church fellowship. He felt the need of counsel, and when matters of importance arose, he was glad to lay these before the church and to unite with his brethren in seeking God for wisdom to make right decisions.”—Ellen G. White, The Acts of the Apostles, p. 200.

It’s interesting that Paul, who often talked about his prophetic calling and how Jesus had called him and gave him his mission, was so willing to work with the larger church body. That is, whatever his calling, he realized that he was part of the church as a whole and that he needed to work with it as much as possible.

What is your attitude toward church leadership? How cooperative are you? Why is cooperation so important? How could we function if everyone was doing only what he or she wanted, independent of the larger body?
Early in His ministry Jesus made clear that His purpose was not to nullify or destroy the law as revealed in the Old Testament but to fulfill it. In keeping with this purpose, the early Christians took the law very seriously.

Fundamental to the Christian theology of God’s law were two things: Jesus’ teaching about the law and Jesus’ fulfillment of the law in His life, death, and resurrection.

First, Jesus’ teaching about the law intended to strip it to its essentials. In Matthew 22:34–40, when a Pharisee asked Him which is the greatest of the commandments, Jesus brought it down to its elements: love of God and love of one’s fellow humans. As such, Jesus gave His followers—present and future—a basis to judge and evaluate all their actions, thoughts, and attitudes, even those that may have seemed outwardly law-abiding but were motivated perhaps wrongly or were damaging to others.

Second, Jesus attempted, in His life and ministry, to direct His disciples away from the wrongheaded legalism of the Pharisees and others who attempted to obey the law in their own strength. This lesson is just as relevant for us today. While obedience to the law is important and necessary, salvation comes by looking to Jesus: His example and His finished work on our behalf.

Consider This: What can one see to be underlying Jesus’ teaching about the law, and how did the Christian Pharisees of Acts 15:5 undercut it, even while possibly seeming plausible and logical?

II. Jews, Gentiles, and Others  
(Review with your class Acts 15.)

From the earliest days, circumcision was a sign underlying the unique relationship of the Israelites/Jews to God. The circumcision of every human male in his household ratified Abraham’s covenant with Yahweh.

The person who was circumcised in body also was required to be circumcised in mind and heart, as commanded in Deuteronomy 10:16, Deuteronomy 30:6, and Jeremiah 4:4. One who was circumcised in heart and mind was one who responded readily to God’s call and leading, someone who literally had given up something to follow God. The physical act was extremely painful for an adult male, and those Gentiles who underwent it and became full converts to Judaism were regarded highly.

It is important to realize that Paul and the other apostles recognized the spiritual meaning of circumcision and respected it. However, at the same time, true circumcision is that of the heart (Rom. 2:29).

Consider This: All the laws of God, even those that might have seemed
“No Greater Burden”

Read Acts 15:5–29. What decision did the council come to, and what was its reasoning?

The decision was against the contentions of the Judaizers. These folk insisted that the Gentile converts be circumcised and keep the entire ceremonial law, and that “the Jewish laws and ceremonies should be incorporated into the rites of the Christian religion.”—Ellen G. White, *The Acts of the Apostles*, p. 189.

It’s interesting to note in verse 10 how Peter depicted these old laws as a “yoke” that they were unable to bear. Would the Lord, who instituted those laws, make them a yoke on His people? That hardly seems so. Instead, over the years some of the leaders had, through their oral traditions, turned many of the laws, which were meant to be blessings, into burdens. The council sought to spare Gentiles from these burdens.

Notice, too, that there was no mention or question of the Gentiles not needing to obey the Ten Commandments. After all, could we imagine the council telling them not to eat blood, but that it was acceptable to ignore the commandments against adultery or murder and the like?

What rules were placed on the Gentile believers (*Acts 15:20, 29*), and why these specific ones?

Although Jewish believers weren’t to impose their rules and traditions on Gentiles, the council wanted to make sure that the Gentiles didn’t do things that would have been deemed offensive to the Jews who were united with them in Jesus. The apostles and elders, therefore, agreed to instruct the Gentiles by letter to abstain from meats offered to idols, from fornication, from things strangled, and from blood. Some say that, because Sabbath keeping wasn’t specifically mentioned, it must not have been meant for the Gentiles (of course, the commandments against lying and murder weren’t specifically mentioned either, so that argument means nothing).

Could we, in some ways, be laying burdens on people that are not necessary but are more from tradition than divine command? If so, how? Bring your thoughts to class on Sabbath.
difficult or painful, were intended to be a blessing to those who fol-
lowed them in the right spirit. Conversely, how can these same laws
become an intolerable burden even to those who sincerely desire to
follow God?

III. Christian Pharisees? (Review with your class Acts 15:5.)
Christian Pharisees. To the average reader of the New Testament,
this phrase is about as paradoxical, or even downright contradictory,
as “pacifists for nuclear proliferation.” And yet that is what the indi-
viduals described in Acts 15:5 were—they were Christians, and they
were Pharisees. Most translations describe them as “of the sect of the
Pharisees who had believed.” As such, they believed that Jesus was the
Messiah. Their contention that new converts must be circumcised and
obey the laws of Moses was considered seriously by the church but
ultimately rejected and dismissed.

Like the Pharisees, we all come to Christ bearing baggage. These
may be bad habits. Or they may be false or unnecessary beliefs about
God, others, ourselves, or the universe at large. God accepts us as we
are—and so should the church—but He wants to help us grow beyond
these things. All that is necessary is for us to be willing to listen, to
have circumcised hearts and ears. At some point, we must decide which
attachments are most important to us.

Consider This: In what ways are you, like the “Christian Pharisees,”
clinging to beliefs, customs, or habits that are false or no longer useful
to your walk with God?

STEP 3—Apply

Just for Teachers: Encourage your students to use these questions
to think about the Christian hope as it relates to their own lives and
to the world at large.

Thought Questions:

1 What distinguishes the Ten Commandments—or the moral law—
from all the other ceremonial, civil, and health laws? In responding to
people who accuse Seventh-day Adventists of being legalists, why is it
significant that the Sabbath commandment is one of the ten?
The Galatian Heresy

However clear the counsel, there were those who sought to go their own way and who continued to advocate that the Gentiles keep Jewish traditions and laws. For Paul, this became a very serious matter; that is, it wasn’t trifling over the fine points of faith. It had become a denial of the gospel of Christ itself.

Read Galatians 1:1–12. How serious does Paul see the issue he is confronting in Galatia? What should that tell us about how important this question is?

As stated before, the Galatian situation in large degree prompted the content of the letter to Rome. In the Epistle to the Romans, Paul further develops the theme of the Galatian epistle. The Judaizers were contending that the law God had given them through Moses was important and should be observed by Gentile converts. Paul was trying to show its true place and function. He didn’t want these people to gain a foothold in Rome as they had done in Galatia.

It is an oversimplification to ask whether in Galatians and Romans Paul is speaking of ceremonial or moral laws. Historically, the argument was whether or not Gentile converts should be required to be circumcised and keep the law of Moses. The Jerusalem council had already ruled on this question, but some refused to follow its decision. Some read in Paul’s letters to the Galatians and the Romans evidence that the moral law, the Ten Commandments (or, in truth, only the fourth commandment), is no longer binding on Christians. Yet, they are missing the point of the letters, missing the historical context and issues that Paul was addressing. Paul, as we’ll see, stressed that salvation was by faith alone and not by keeping the law, even the moral law—yet that isn’t the same thing as saying that the moral law shouldn’t be kept. Obedience to the Ten Commandments was never an issue; those who make it one are reading back into texts a contemporary issue, one that Paul wasn’t dealing with.

How do you respond to those who claim the Sabbath is no longer binding upon Christians? How can you show the truth of the Sabbath in a way that complements the integrity of the gospel?
Application Questions:

1. The resolution of the problem of whether to require circumcision and observance of Jewish law of Gentile converts was clearly a compromise in some ways. Paul is on record as saying that the eating of meat sacrificed to idols was in itself not significant (1 Cor. 8:4). Why was Paul, who could be so uncompromising on some things, willing to accept this compromise? Is there any guidance here for us as to when it is acceptable to compromise?

2. The temptation to indulge some form of legalism is universal. What is it about legalism that appeals to us? Is it always easy to distinguish between legalism—or the desire to achieve salvation by one’s own efforts in scrupulously obeying the law—and a sincere desire to do one’s best for God?

3. Do we encounter legalistic situations in our church today, similar to what Paul faced, when we introduce converts to the faith? How can we better acclimate converts to Seventh-day Adventism and the legitimate expectations we have about finances (tithing)? Diet? Health practices (nonsmoking and non-drinking of alcohol, for example)? Sabbath observance? Furthermore, how do we acclimate them to these expectations while, at the same time, protecting them from those who would give them false information about requirements, based more upon personal opinions and preferences than upon the Bible?

STEP 4—Create

Just for Teachers: This week we have explored the ways in which God’s law related to the Christian faith as it developed in the first century and how it applies today to our experience as Christians and Seventh-day Adventists.

Look at the books of the Pentateuch, such as Leviticus, Numbers, and Deuteronomy, where we find the bulk of the Old Testament laws. Write down on index cards individual laws and where they are found in the text. Make enough cards that each class member can receive one. Starting in whatever order you choose, have each member read aloud what is on his or her card. Ask whether that particular law is a moral, ceremonial, civil, or health law, and how we know. You also might want to explore possible spiritual applications of laws that fall into the ceremonial or civil category. What principles were behind them?

“But if the Abrahamic covenant contained the promise of redemption, why was another covenant formed at Sinai? In their bondage the people had to a great extent lost the knowledge of God and of the principles of the Abrahamic covenant. . . .

“The people did not realize the sinfulness of their own hearts, and that without Christ it was impossible for them to keep God’s law; and they readily entered into covenant with God.”—Ellen G. White, Patriarchs and Prophets, pp. 371, 372.

“Through the influence of false teachers who had arisen among the believers in Jerusalem, division, heresy, and sensualism were rapidly gaining ground among the believers in Galatia. These false teachers were mingling Jewish traditions with the truths of the gospel. Ignoring the decision of the general council at Jerusalem, they urged upon the Gentile converts the observance of the ceremonial law.”—Ellen G. White, The Acts of the Apostles, p. 383.

Discussion Questions:

1. In class, go over your answer to Wednesday’s final question. In what ways might your local church or you in your own home or maybe even you with yourself be laying burdens on others (or on yourself) that are not necessary? How can we recognize whether we are really doing these things? Or might we be in danger of going too far the other way? That is, how can we recognize whether we have become too lax in our lifestyle and standards to the point where our lives don’t reflect the high calling that we have in Christ?

2. What are some of the arguments folk use to claim that the Ten Commandments are no longer binding on Christians today? How do we answer those claims? Why, on the face of it, are those claims so wrong, and why in many cases do those who make such claims not really live as though they believe the Ten Commandments are no longer binding?

3. Read again the first 12 verses in Galatians 1. Notice how uncompromising and how fervent Paul was regarding his understanding of the gospel. What should that tell us about how, at times, we must stand absolutely unwavering in certain beliefs, especially in a day and age of pluralism and relativism? How does this show that certain teachings cannot be compromised in any way?
All Have Sinned

SABBATH AFTERNOON

Read for This Week’s Study: Rom. 1:16, 17, 22–32; 2:1–10, 17–23; 3:1, 2, 10–18, 23.

Memory Text: “All have sinned, and come short of the glory of God” (Romans 3:23).

Unless a person acknowledges that he or she is unrighteous, that person will sense no need for justification (God’s declaration of a sinner as righteous in His eyes). Therefore, for Paul, the first step in justification is that a person recognize himself or herself as a helpless, hopeless sinner. In building this argument, Paul presents first the terrible depravity of the Gentiles. These have sunk as low as they have because they have pushed God from their memories. Paul then shows that the Jews are just as bad, the point being that none can save themselves with their good works.

Ellen G. White makes it so clear: “Let no one take the limited, narrow position that any of the works of man can help in the least possible way to liquidate the debt of his transgression. This is a fatal deception. If you would understand it, you must cease haggling over your pet ideas, and with humble hearts survey the atonement.

“This matter is so dimly comprehended that thousands upon thousands claiming to be sons of God are children of the wicked one, because they will depend on their own works. God always demanded good works, the law demands it, but because man placed himself in sin where his good works were valueless, Jesus’ righteousness alone can avail. Christ is able to save to the uttermost because He ever liveth to make intercession for us.”—Ellen G. White Comments, The SDA Bible Commentary, vol. 6, p. 1071.

*Study this week’s lesson to prepare for Sabbath, July 17.
Not Ashamed of the Gospel

“I am not ashamed of the gospel: it is the power of God for salvation to every one who has faith, to the Jew first and also to the Greek. For in it the righteousness of God is revealed through faith for faith; as it is written, ‘He who through faith is righteous shall live’ ” (Rom. 1:16, 17, RSV). What do these verses say to you? How have you experienced the promises and hope found in them?

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Several key words occur in this passage:

1. Gospel. This word is the translation of a Greek word meaning literally “good message” or “good news.” Standing alone, the word may refer to any good message; but modified as it is in this passage by the phrase “of Christ,” it means “the good news about the Messiah” (Christ is the transliteration of the Greek word meaning “Messiah”). The good news is that the Messiah has come and all people may be saved by believing in Him. In Jesus and in His perfect righteousness—and not in ourselves, or even in God’s law—can one find salvation.

2. Righteousness. This word refers to the quality of being “right” with God. A specialized meaning of this word is developed in the book of Romans, which we shall bring out as our study of the book proceeds. It should be pointed out that in Romans 1:17, the word is qualified by the phrase “of God.” It is righteousness that comes from God, a righteousness that God Himself has provided. As we’ll see, this is the only righteousness good enough to bring us the promise of eternal life.

3. Faith. In Greek the words translated believe and faith (KJV) in this passage are the verb and noun forms of the same word: pisteuo (“believe”), pistis (“belief” or “faith”). The meaning of faith as related to salvation will unfold as we progress in the study of Romans.

Do you ever struggle with assurance? Do you have times when you truly question whether or not you are saved, or even if you can be saved? What brings these fears? What are they grounded on? Might they be grounded in reality? That is, could you be living a lifestyle that denies your profession of faith? If so, what choices must you make in order to have the promises and assurances that are for you in Jesus?
The Lesson in Brief

Key Text: Romans 3:23

The Student Will:
Know: Describe the depth of depravity of both pagans and professed Christians without Christ.
Feel: Sense the desperate need for a saving relationship with Christ.
Do: Fall on Christ in acknowledgment of our complete brokenness and of His power and willingness to save.

Learning Outline:
I. Know: Hopeless Without Christ
   A Why must we first recognize our utter brokenness and the impossibility of any hope or help outside of God’s saving power?
   B How could those who have been blessed with a knowledge of God but are not intimate with Him be in even deeper trouble than those who don’t know God?

II. Feel: Looking Up
   A As we sense the horror of our depravity and our great need for God, we could choose to lose ourselves in feelings of discouragement and despair, or we could throw ourselves on God’s goodness. What have we experienced in our own lives that demonstrates our great need of God and our daily need of a Savior?
   B What have we experienced that demonstrates God’s great love and His compassion toward us?

III. Do: Relying on Christ
   A How do we respond to the overwhelming evidence of our sinful nature?
   B How can we express daily, in prayer, not only the reality of our need but our acceptance of Christ’s provisions for our salvation?

Summary: Christians and pagans alike must acknowledge their utter need and complete reliance on Christ’s power to save them from their sinful natures.
The Human Condition

**Read** Romans 3:23. Why is this message so easy for us, as Christians, to believe today? At the same time, what could cause some people to question the truthfulness of this text?

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Amazingly enough, some folk actually challenge the idea of human sinfulness, arguing that people are basically good. The problem, however, stems from not understanding what true goodness is. People can compare themselves to someone else and feel good about themselves. Even the mobster Al Capone was a saint compared to Adolph Hitler. However, when we contrast ourselves to God, and to the holiness and righteousness of God, none of us would come away with anything other than an overwhelming sense of self-loathing and disgust.

The verse also talks about “the glory of God.” The phrase has been variously interpreted. Perhaps the simplest interpretation is to give the phrase the meaning it has in 1 Corinthians 11:7, “He [man] is the image and glory of God” (*RSV*). In Greek, the word for “glory” may be considered as loosely equivalent to the word for “image.” Sin has marred the image of God in man. Sinful man falls far short of reflecting the image or glory of God.

**Read** Romans 3:10–18. Has anything changed today? Which of those depictions best describes you, or what you would be like were it not for Christ in your life?

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As bad as we are, our situation is not hopeless. The first step is for us to acknowledge our utter sinfulness and also our helplessness in and of ourselves to do anything about it. It is the work of the Holy Spirit to bring about such conviction. If the sinner does not resist Him, the Spirit will lead the sinner to tear away the mask of self-defense, pretense, and self-justification and to cast himself or herself upon Christ, pleading His mercy: “‘God, be merciful to me, the sinner!’” *(Luke 18:13, NASB)*.

When was the last time you took a good hard cold look at yourself, your motives, your deeds, and your feelings? This can be a very distressing experience, can’t it? What’s your only hope?

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Learning Cycle

STEP 1—Motivate

**Key Concept for Spiritual Growth:** It only is through the grace of God that we receive the gift of salvation.

**Just for Teachers:** In this week’s lesson, we discuss and explore the fact that mere human goodness does not measure up to the righteousness of God.

In the eighteenth century thoughtful people began to look around at Western society and realized that, despite all the pretensions to Christianity and morality, people still were not good. In fact, they were pretty bad, and maybe civilization—emphatically including the church—was at fault. Was it possible, they asked, that people in what they called “the state of nature” were essentially good and that it was the church, state, and society that made people appear to be bad?

As explorers came back from other regions with reports of diverse societies that seemed to live in idyllic harmony with nature, these thinkers took the reports as confirmation of their suspicions. From this marriage of legitimate dissatisfaction with the status quo and poorly understood and patronizing accounts of other societies, the concept of the noble savage was born.

Since then, varieties of ideologies and philosophies have attempted to return humanity to its natural, virtuous, and happy state. Most attempts have ended in disappointment or catastrophe. Personal and social morality appears to be in free fall. If society makes us bad and nature makes us bad, what hope is there? Read on!

**Consider This:** Why is the fact of our sinful nature so hard for us to accept?

STEP 2—Explore

**Bible Commentary**

I. **Not Ashamed of the Gospel** *(Review with your class Romans 1:16, 17 and 1 Corinthians 1:23.)*
From the First to the Twenty-first Century

At the turn of the twentieth century, folk lived with the idea that humanity was improving, that morality would increase, and that science and technology would help usher in a utopia. Human beings, it was believed, were essentially on the path toward perfection; that is, through the right kind of education and moral training, humans could improve themselves and their society. All this was supposed to start happening, *en masse*, as we entered into the brave new world of the twentieth century.

Unfortunately, things didn’t quite turn out that way, did they? The twentieth century was one of the most violent and barbaric in all history, thanks—ironically enough—in great part to the advances of science, which made it much more possible for people to kill others on a scale that the most depraved madmen of the past could only dream about.

What was the problem?

**Read** Romans 1:22–32. In what ways do we see the things written there, in the first century, being manifested today in the twenty-first century?

When humanity lost sight of God, a floodgate of sin and error and degradation opened. We, today, each of us, are living the consequences of that problem. In fact, unless we are moment by moment surrendered to God, we become part of the problem, as well.

**Focus specifically on Romans 1:22, 23.** How do we see this principle being manifested now? By rejecting God, what have humans in our century come to worship and idolize instead? And, in so doing, how have they become fools? Bring your answer to class on Sabbath.
In Paul’s time, as now, there were many voices preaching many different gospels. Some of them were Christian, plus something else. Perhaps it was some form of legalism inherited from the Pharisees. Or maybe it was a mixture of the teachings of Christ plus unique cosmologies and road maps of the afterworld that enabled the bearer to get to heaven just a little bit faster. All these things were presented as “the gospel” but with just a little more power, supposedly.

With all these choices, why would the prospective believer want to settle for Paul’s gospel, which was simply Christ crucified and resurrected? It was just so simple! Too simple. Or so it might have seemed to one viewing it without the eyes of faith.

In reality, Paul’s gospel was the gospel. The gospel not of Paul but of Christ. And it did not need supplementation from outmoded legalisms or speculative cosmologies. It did not need more power; it was the very power of God. And here’s the really shocking thing: it not only wasn’t helped by the addition of “something else”; it could not coexist with that “something else.”

However, there was, in fact, something else: faith, the new sense that God gives us so we can perceive His mighty works. To the person without it, the gospel was simplistic and illogical. How could the death of a historical individual in a remote outpost of the Roman Empire achieve salvation for me? This thinking was in direct contrast to the philosophical and religious systems—then and now—that appealed to the hearer with powerful logic, flattery, and complex explanations of the meaning of life.

The gospel of Paul—and Christ—may have seemed weak and foolish to the intellectuals of late antiquity, as it does to many postmoderns today; yet its true power can be seen in the lives of those people who allow God to give them the new sense known as faith and to change them through it. All of us want to be better than we are, but only God can do that for us, and the gospel is His means.

**Consider This:** Why is the gospel of Christ crucified and resurrected all that we need for salvation?

**II. Leading to Repentance** *(Review with your class Romans 2:4–12.)*

In this passage Paul is addressing people who believe that they are justified by their works, look down on other people who are presumably less righteous than they are (but are really just less knowledgeable),
Jews and Gentiles Together

In Romans 1, Paul was dealing specifically with the sins of the Gentiles, the pagans, those who had lost sight of God a long time ago and, thus, fallen into the most degrading practices.

But he wasn’t going to let his own people, his own countrymen, off the hook either. Despite all the advantages that they had been given (Rom. 3:1, 2), they, too, were sinners, condemned by God’s law, and in need of the saving grace of Christ. In that sense, in the sense of being sinners, of having violated God’s law, and of needing divine grace for salvation, Jews and Gentiles are the same.

Read Romans 2:1–3, 17–24. What is Paul warning against here? What message should all of us, Jew or Gentile, take from this warning?

“Do not think yourself better than other men, and set yourself up as their judge. Since you cannot discern motive, you are incapable of judging another. In criticizing him, you are passing sentence upon yourself; for you show that you are a participant with Satan, the accuser of the brethren.”—Ellen G. White, The Desire of Ages, p. 314.

It’s often so easy to see the sins of others and to point them out. How often, though, are we guilty of the same kinds of things, or even worse? The problem is that we tend to turn a blind eye on ourselves, or we make ourselves feel better by looking at just how bad others are in contrast to ourselves.

Paul will have none of that. He warns his countrymen not to be quick to judge the Gentiles, for they, the Jews—even as the chosen people—were sinners, in some cases even more guilty than the pagans they were so quick to condemn because, as Jews, they had been given more light than the Gentiles.

Paul’s point in all this is that none of us is righteous, none of us meets the divine standard, none of us is innately good or inherently holy. Jew or Gentile, male or female, rich or poor, God-fearing or God-rejecting, we all are condemned, and were it not for the grace of God, as revealed in the gospel, there would be no hope for any of us.

How big of a hypocrite are you? That is, how often do you, even if only in your own mind, condemn others for things that you, yourself, are guilty of? How, by taking heed of what Paul has written here, can you change?
and yet themselves fail to meet their own standards. We can imagine them rationalizing—giving themselves leeway that they never would give others—because they are somehow God’s favorites. Surely God would overlook their tiny transgressions, because they are otherwise so exemplary.

Paul rightly points out that their transgressions are not so tiny and that they, in fact, do all or most of what they condemn others for doing. In assuming that they are somehow exempt from judgment, they are contradicting their own theology and condemning, not others, but themselves. They are, in fact, worse off than an ignorant person who has a rudimentary sense of right and wrong and attempts to live by it.

Another point is that while we are all sinners and fail to keep the law, our failure is not something we can take lightly. Everyone sins, but there is no safety in numbers. Obedience to the law is expected, and if we fail, we are condemned. God has redeemed us through His grace, but the steep price was the bloody, painful, and lonely death of His Son.

**Consider This:** Why did Paul, in referring to the rewards and punishments of obeying or disobeying the law, emphasize that these things would come to “the Jew first and also of the Greek”? (Rom. 2:9, NKJV).

**STEP 3—Apply**

**Just for Teachers:** Encourage your students to use these questions to think about the Christian hope as it relates to their own lives and to the world at large.

**Thought Questions:**

1. Paul makes it a point to refer to the “gospel of Christ” in Romans 1:16, as well as later in 1 Corinthians 9:16–18. For most of us, there is only one gospel, and it pertains to Jesus Christ. But clearly, Paul thought that there were other, competing (and false) gospels. He makes this more explicit later on in Galatians 1:6–9. In recent decades we have seen that this was literally true in the discovery of gospels that served mainly to use Christ to espouse some pet idea or doctrine. What kind of false gospels exist today?
Repentance

A five-year-old boy pushed his little sister down, and the parents made him say he was sorry. He didn’t want to, and out of the side of his mouth, with no sincerity and gaze boring into the ground, he barely squeezed out, “Sorry.” Hardly true repentance, for sure.

With that story in mind, read the following: “Despisest thou the riches of his goodness and forbearance and longsuffering; not knowing that the goodness of God leadeth thee to repentance?” (Rom. 2:4). What message is here for us?

We should notice that God’s goodness leads, not forces, sinners to repentance. God uses no coercion. He is infinitely patient and seeks to draw all men by His love. A forced repentance would destroy the whole purpose of repentance, would it not? If God forced repentance, then would not everyone be saved, for why would He force some and not others to repent?

What comes to those who resist God’s love, refuse to repent, and remain in disobedience? Rom. 2:5–10.

In these verses, and frequently throughout the book of Romans, Paul emphasizes the place of good works. Justification by faith without the deeds of the law must never be construed to mean that good works have no place in the Christian life. For instance, in verse 7, salvation is described as coming to those who seek for it “by patient continuance in well doing.” Though human effort can’t bring salvation, it is part of the whole experience of salvation. It’s hard to see how anyone can read the Bible and come away with the idea that works and deeds don’t matter at all. True repentance, the kind that comes willingly from the heart, always will be followed by a determination to overcome and put away the things that we need to repent of.

How often are you in an attitude of repentance? Is it sincere, or do you tend just to brush off your faults, shortcomings, and sins? If the latter, how can you change? Why must you change?
Learning Cycle CONTINUED

2 It has been preached from the pulpit that “you don’t have to be good to be saved, but you have to be saved to be good.” Do you agree or disagree? Why? Is it possible to be good without being saved, and if so, what is meant by “good” in this context?

Application Questions:

1 Why is it so difficult to convince people today of human sinfulness? Why is it crucial to a saving acceptance of Jesus Christ? How would you tactfully present this concept to those who do not understand or accept it?

2 What are the dangers of a too-acute perception of the sins of others? See Romans 2.

STEP 4—Create

Just for Teachers: This week we have learned that none of us is acceptable in the eyes of God without the intercession of Christ. But in His infinite mercy God the Father accepted Christ’s willing sacrifice, and through this offering we are accepted as though we never had sinned. Emphasize that just as all are equally sinners on their own merits, all are equally righteous if they accept Christ’s sacrifice on their behalf.

To emphasize the level of holiness we would have to reach to be acceptable to God on our own merits, do the following: Fill a pitcher with water. Label it in big block letters as “Almost Pure Water.” If that doesn’t get the idea across, be sure to ask your class if anyone wants a drink of “almost pure water.” Have cups or glasses available. They almost certainly will ask what makes the water almost pure rather than pure. Say that it contains about 1 percent silt, pesticide runoff, and unidentified chemical waste, but that the other 99 percent is definitely the finest, purest spring water. Ask again if anyone wants to drink it. They probably won’t.

Make the point that our almost-goodness is the same to God. Even if we are 99 percent righteous—and we probably aren’t—we are also 1 percent poison. For the water to be fit to drink, it has to be filtered or distilled to remove the impurities. Jesus is our filter or distiller.

“Many are deceived concerning the condition of their hearts. They do not realize that the natural heart is deceitful above all things, and desperately wicked. They wrap themselves about with their own righteousness, and are satisfied in reaching their own human standard of character; but how fatally they fail when they do not reach the divine standard, and of themselves they cannot meet the requirements of God.”—Ellen G. White, *Selected Messages*, book 1, p. 320.

“A terrible picture of the condition of the world has been presented before me. Immorality abounds everywhere. Licentiousness is the special sin of this age. Never did vice lift its deformed head with such boldness as now. The people seem to be benumbed, and the lovers of virtue and true goodness are nearly discouraged by its boldness, strength, and prevalence. The iniquity which abounds is not merely confined to the unbeliever and the scoffer. Would that this were the case, but it is not. Many men and women who profess the religion of Christ are guilty. Even some who profess to be looking for His appearing are no more prepared for that event than Satan himself. They are not cleansing themselves from all pollution. They have so long served their lust that it is natural for their thoughts to be impure and their imaginations corrupt.”—Ellen G. White, *Testimonies for the Church*, vol. 2, p. 346.

**Discussion Questions:**

1. In class, go over your answers to Tuesday’s question. How do we see this principle manifested in today’s society?

2. Look at the second quote from Ellen G. White in Friday’s study. If you see yourself in there, what is the answer? Why is it important not to give up in despair but to keep claiming God’s promises—first, of forgiveness; second, of cleansing? Who is the one that wants you to say, once and for all, “It’s no use. I’m too corrupt. I can never be saved, so I might as well give up”? Do you listen to him or to Jesus, who will say to us, “Neither do I condemn thee: go, and sin no more”? *John 8:11.*

3. Why is it so important for us as Christians to understand basic human sinfulness and depravity? What can happen when we lose sight of that sad but true reality? Into what errors can a false understanding of our true condition lead us?
In this lesson we come to the basic theme of Romans: justification by faith. The phrase is a figure based on law. The transgressor of the law comes before a judge and is condemned to death for his transgressions. But a substitute appears and takes the transgressor’s crimes upon himself, thus clearing the criminal, who—by accepting the substitute—stands before the judge not only cleared of his guilt but regarded as never having committed the crimes for which he was first brought into court. And that’s because the substitute—who has a perfect record—offers the pardoned criminal his own perfect law-keeping. Thus, the guilty one stands before the judge as having never transgressed.

No one is saying that the person was innocent. On the contrary, his guilt is presumed. The good news is that, despite the guilt, he is pardoned.

In the plan of salvation, each of us is the criminal. The substitute, Jesus, has a perfect record, and He stands in the court in our stead, His righteousness accepted in place of our unrighteousness. Hence, we are justified before God, not because of our works but because of Jesus, whose righteousness becomes ours when we accept it “by faith.” Hence the term “justification by faith.” No matter our past, when we accept Jesus we stand before God in His righteousness, the only righteousness that can save us.

Talk about good news! In fact, the news can’t get any better than that.

*Study this week’s lesson to prepare for Sabbath, July 24.*
The Deeds of the Law

Read Romans 3:19, 20. What is Paul saying here about the law, about what it does and what it does not or cannot do? Why is this point so important for all Christians to understand?

Paul is using the word *law* in its broad sense as the Jew in his day understood it. By the word *Torah* (the Hebrew word for “law”), a Jew even today thinks particularly of God’s instruction in the first five books of Moses but also more generally in the entire Old Testament. The moral law, plus the amplification of this in the statutes and judgments, as well as the ceremonial precepts, was a part of this instruction. Because of this, we may think of the law here as the system of Judaism.

To be under the law means to be under its jurisdiction. The law, however, reveals a person’s shortcomings and guilt before God. The law cannot remove that guilt; what it can do is lead the sinner to seek a remedy for it.

As we apply the book of Romans in our day, in which Jewish law is no longer a factor, we think of law particularly in terms of the moral law. This law can’t save us any more than the system of Judaism could save the Jews. To save a sinner is not the moral law’s function. Its function is to reveal God’s character and to show people wherein they fall short of reflecting that character.

Whatever law it is—moral, ceremonial, civil, or all combined—the keeping of any or all in and of itself will not make a person just in God’s sight. In fact, the law never was intended to do that. On the contrary, the law was to point out our shortcomings and lead us to Christ.

The law can no more save than can the symptoms of a disease cure the disease. The symptoms don’t cure; they point out the need for the cure. That’s how the law functions.

How successful have your efforts in law-keeping been? What should that answer tell you about the futility of trying to be saved by keeping the law?
The Lesson in Brief

Key Text: Romans 3:28

The Student Will:

Know: Contrast the role of the law and the role of faith in justification.
Feel: Acknowledge the depths to which God went in order to take upon Himself the consequences for our sin.
Do: Accept Christ’s death on our behalf, which makes us righteous before God.

Learning Outline:

I. Know: Law and Love

A. How does the law create for us a picture of God’s perfection? Why is that perfection attainable only through faith in Christ?
B. Explain how Christ’s death is an acknowledgment of the great expectations of the law as something we owe but cannot pay and how God offers to accept Christ’s life and death for that debt.
C. How should we relate to God’s law and God’s love as illustrated by the Cross?

II. Feel: Foundations of Law and Love

A. How is the King of the universe able to uphold the lawful foundations of the universe and at the same time extend love, hope, and mercy to those who have been in variance with those critical principles?
B. In what ways does your heart stretch when you attempt to absorb the heights and depths of God’s reach?

III. Do: Our Response

A. What should our daily response be as we grasp the picture of the righteous requirements of the law of God and our dependence on Christ to be our righteousness?

Summary: The law of God is perfect, and humans never can reach this standard; but when we accept Christ’s righteousness, offered in place of our imperfections, God counts us as righteous.
Faith and Righteousness

“Now the righteousness of God without the law is manifested, being witnessed by the law and the prophets” (Rom. 3:21). How are we to understand what this text means?

This new righteousness is contrasted with the righteousness of the law, which was the righteousness with which the Jew was familiar. The new righteousness is called “the righteousness of God”; that is, a righteousness that comes from God, a righteousness that God provides, and the only one that He accepts as true righteousness.

This is, of course, the righteousness that Jesus wrought out in His life while here in human flesh, a righteousness that He offers to all who will accept it by faith, who will claim it for themselves, not because they deserve it but because they need it.

“Righteousness is obedience to the law. The law demands righteousness, and this the sinner owes to the law; but he is incapable of rendering it. The only way in which he can attain to righteousness is through faith. By faith he can bring to God the merits of Christ, and the Lord places the obedience of His Son to the sinner’s account. Christ’s righteousness is accepted in place of man’s failure, and God receives, pardons, justifies, the repentant, believing soul, treats him as though he were righteous, and loves him as He loves His Son.” —Ellen G. White, Selected Messages, book 1, p. 367. How can you learn to accept this wonderful truth for yourself? (See also Rom. 3:22.)

The faith of Jesus Christ is here, doubtless, faith in Jesus Christ. As it operates in the Christian life, faith is much more than intellectual assent; it is more than just an acknowledgment of certain facts about Christ’s life and His death. Instead, true faith in Jesus Christ is accepting Him as Savior, Substitute, Surety, and Lord. It is choosing His way of life. It is trusting Him and seeking by faith to live according to His commandments.
Learning Cycle

STEP 1—Motivate

Key Concept for Spiritual Growth: God will use any and all means in His power to bring us back into His family.

Just for Teachers: In this week’s lesson we discuss and explore faith as our only means for reconciliation with God.

We are all recidivist criminals. We can’t even remember when we started committing crimes. It just came naturally. After all, we grew up with other criminals, some of whom taught us—intentionally or not—how to commit more and better crimes.

We know the difference between right and wrong, so we can’t plead insanity. All our crimes are known to the judge, and there is no question of being innocent until proven guilty, because everyone knows we’re guilty. Being sorry doesn’t help. We face consecutive life sentences exceeded only by the consecutive death sentences.

There’s no hope. No lawyer is good enough to exonerate you, or even mitigate your punishment. But wait! Here comes that man that you’ve heard about. How can you describe him? Well, he’s something like a combination of the best points of Gandhi, Mother Teresa, Mozart, and Stephen Hawking, only better. He’s on his way to accept multiple Nobel prizes; but instead, he decides to come to your trial. To make a long story short, he accepts the penalties that are rightfully yours and gives you the honor that is rightfully his. Where is this in any law book? Suddenly you are on your way to Stockholm, and He is on the way to the penitentiary. How does this make you feel?

Consider This: As humans we have a difficult time forgiving others. How should we respond to God’s incredible act of forgiveness?

STEP 2—Explore

Bible Commentary


However good or righteous we think we are, our lives are full of sin. We know this truth, and our natural response is to cover our sins up. This
Grace and Justification

Keeping in mind what we have studied so far about the law and what the law cannot do, read Romans 3:24. What is Paul saying here? What does it mean that redemption is in Jesus?

What is this idea of “justifying,” as found in the text? The Greek word dikaioo, translated “justify,” may mean “make righteous,” “declare righteous,” or “consider righteous.” The word is built on the same root as dikaiosune, “righteousness,” and the word dikaioma, “righteous requirement.” Hence, there is a close connection between “justification” and “righteousness,” a connection that doesn’t always come through in various translations. We are justified when we are “declared righteous” by God.

Before this justification, a person is unrighteous, and thus unacceptable to God; after justification, he or she is regarded as righteous, and thus acceptable to Him.

And this happens only through God’s grace. Grace means “favor.” When a sinner turns to God for salvation, it is an act of grace to consider or declare that person to be righteous. It is unmerited favor, and the believer is justified without any merit of his or her own, without any claim to present to God in his or her own behalf except his or her utter helplessness. The person is justified through the redemption that is in Christ Jesus, the redemption that Jesus offers as the sinner’s substitute and surety.

Justification is presented in Romans as a punctiliar act; that is, it happens at a point in time. One moment the sinner is outside, unrighteous, and unaccepted; the next moment, following justification, the person is inside, righteous, and accepted.

The person who is in Christ looks upon justification as a past act, one that took place when he or she surrendered himself or herself fully to Christ. “Being justified” (Rom. 5:1) is, literally, “having been justified.”

Of course, if the justified sinner should fall away and then return to Christ, justification would occur again. Also, if reconversion is considered a daily experience, there is a sense in which justification might be considered a repeating experience.

With the good news of salvation being so good, what holds people back from accepting it? In your own life, what kinds of things cause you to hold back from all that the Lord promises and offers you?
reaction dates back to the Garden of Eden, when Adam and Eve realized that they were naked and made garments out of leaves (Gen. 3:7). In a way, this response is perfectly rational. Our sins separate us from both God and the better parts of ourselves. They need to be covered, so that we can relate to a holy God and discover the people God intended for us to be. But can we do this ourselves?

Proverbs 28:13 says simply that “he who conceals his transgressions will not prosper, but he who confesses and forsakes them will find compassion” (NASB). In other words, we cannot cover up our own sins and expect them to stay covered. What happens when we try to conceal our own sinful nature? First, our motives are not pure; when we hide our sins, we are motivated most often by the desire to appear to be good in the eyes of other people. God isn’t fooled, and deep down we know this.

Second, our concealment isn’t any good. Sooner or later, the real sinful self peeks around the corners of our mask. Consider the garments of leaves made by Adam and Eve. What happens to leaves once you pluck them off the tree? They wither, and there you are, still naked under your garments.

God wants to put your sin out of sight as much as you do—even more. He does not want just to hide it; He wants to blot it out. Only He can do it effectively. Refer again to Genesis 3. When God finds Adam and Eve and establishes what has happened, He makes garments out of skin to cover their nakedness. What’s the difference between their covering and God’s? Only the difference between leaves and leather. And that is the difference between failure and forgiveness.

In this context it is important to note that the term rendered “atonement” or “propitiation” in most English translations of Hebrews 9:5 is actually a reference to the mercy seat on the ark of the covenant. This seat was not truly a chair as we would think of it, but rather the lid that covered the ark of the covenant. On top of this plate were the two cherubim with outspread wings. At the mercy seat our sins are blotted out and banished from God’s sight. The words in the original Hebrew refer to covering more than to legal notions of atonement.

We want our sins out of sight. Only God, through the work of His Son Jesus Christ, can make them disappear for good.

**Consider This:** Do you trust God to cover up and blot out your sins, or are you still trying to do it yourself? If the latter, what is stopping you from seeking God’s forgiveness and compassion?
“His Righteousness”

In Romans 3:25, Paul expounds further on the great news of salvation. He uses a fancy word, *propitiation*. The Greek word for it, *hilasterion*, occurs in the New Testament only here and in Hebrews 9:5, where it is translated “mercy-seat.” As used in Romans 3:25, describing the offer of justification and redemption through Christ, *propitiation* seems to represent the fulfillment of all that was typified by the mercy-seat in the Old Testament sanctuary. What this means, then, is that by His sacrificial death, Jesus has been set forth as the means of salvation and is represented as the One providing the propitiation. In short, it means that God did what was needed to save us.

The text also talks about the “remission of sins.” It is our sins that make us unacceptable to God. We can do nothing of ourselves to cancel our sins. But in the plan of redemption, God has provided a way for these sins to be remitted through faith in Christ’s blood.

The word for remission is the Greek *paresis*, literally “passing over” or “passing by.” The “passing over” is in no sense an ignoring of sins. God can pass over the sins of the past because, by His death, Christ has paid the penalty for all people’s sins. Anyone, therefore, who has “faith in His blood” can have his or her sins remitted, for Christ has already died for them (1 Cor. 15:3).

**Read** Romans 3:26, 27. What point is Paul making here?

The good news that Paul was eager to share with all who would listen was that there was available to humanity “his [that is, God’s] righteousness,” and that it comes to us, not by works, not by our merit, but by faith in Jesus and what He has done for us.

Because of the cross of Calvary, God can declare sinners righteous and still be considered just and fair in the eyes of the universe. Satan can point no accusing finger at God, for Heaven has made the supreme sacrifice. Satan had accused God of asking of the human race more than He was willing to give. The Cross refutes this claim.

Satan expected God to destroy the world after it sinned; instead, He sent Jesus to save it. What does that tell us about the character of God? How should our knowledge of His character impact how we live? What will you do differently in the next 24 hours directly as a result of knowing what God is like?
II. Justified by Faith  *(Review with your class Romans 3:28.)*

God wants to forgive, conceal, and abolish our sins, and we want them forgiven, concealed, and abolished. How can we, unholy and unclean as we are, approach a God who is the polar opposite of all these things?

Once again, we run into the idea of faith. In our present state we cannot perceive accurately God if left to our own devices. So God freely gives us the means to communicate with Him. This means is called faith. Faith is not merely belief. In the Christian context, faith involves trust. Trust in God as a person. Trust that God is real and that He is working on our behalf.

Faith is not necessarily an emotion. We don’t always feel God’s presence, nor do we always feel *faithful*, or full of faith. Every human is going to have moments of doubt, moments during which he or she is walking down the street and suddenly wonders, “Is this for real? Or am I fooling myself?” Nor is faith something we arrive at through logic. It exists beyond logic, emotion, and all other human categories, because it is of divine origin.

When God gives us this faith, we can recognize and move past our human weaknesses. We can trust God to remove our sins and know that He has done it in a way that is beyond our usual ways of knowing and perceiving. In turn, we receive the power to become the people God meant us to be and to do the things that such people do.

**Consider This:** How does our faith change the way we live our lives in concrete, observable ways?

**STEP 3—Apply**

**Just for Teachers:** Emphasize to your students that we are saved not on the basis of our goodness but by the saving grace and goodness of God.

**Thought Questions:**

1. What, if any, parallels to Christ’s substitution for us are found in human law or justice? What does this tell us about how God’s law is incomprehensibly higher than human law? What does it tell us about the purpose of God’s law as compared to human law, which is concerned primarily with discipline and punishment?

2. In what ways are the righteousness of the law and the righteousness of God identical or complementary?
Faith and Works

“Therefore we conclude that a man is justified by faith without the deeds of the law” (Rom. 3:28). Does this mean that we are not required to obey the law, even if it doesn’t save us? Explain your answer.

In the historical context, Paul was speaking in Romans 3:28 of law in its broad sense of the system of Judaism. No matter how conscientiously a Jew tried to live under this system, if he or she failed to accept Jesus as the Messiah, that person could not be justified.

This verse is Paul’s conclusion from his claim that the law of faith excludes boasting. If a man were justified by his own actions, he could boast about it. But when he is justified because Jesus is the object of his faith, then the credit clearly belongs to God, who justified the sinner.

Ellen G. White gives an interesting answer to the question “What is justification by faith?” She wrote, “It is the work of God in laying the glory of man in the dust, and doing for man that which it is not in his power to do for himself.”—Ellen G. White, Testimonies to Ministers and Gospel Workers, p. 456.

Works of law cannot atone for past sins. Justification cannot be earned. It can be received only by faith in the atoning sacrifice of Christ. Therefore, in this sense, works of law have nothing to do with justification. To be justified without works means to be justified without there being anything in ourselves to merit justification.

But many Christians have misunderstood and misapplied this text. They say that all one has to do is to believe, while downplaying works or obedience, even obedience to the moral law. In so doing, they completely misread Paul. In the book of Romans, and elsewhere, Paul attaches great importance to the keeping of the moral law. Jesus certainly did, as well, as did James and John (Matt. 19:17; Rom. 2:13; James 2:10, 11; Rev. 14:12). Paul’s point is that, although obedience to the law is not the means of justification, the person who is justified by faith still keeps the law of God and, in fact, is the only one who can keep the law. An unregenerate person who has not been justified can never fulfill the requirements of the law.

Why is it so easy to get caught in the trap of thinking that because the law doesn’t save us, we need not worry about keeping it? Have you ever rationalized away sin by claiming justification by faith? Why is that a very dangerous position? At the same time, where would we be without the promise of salvation, even when tempted to abuse it?
Learning Cycle CONTINUED

How were people saved before Jesus Christ appeared on earth and lived and died? If they were saved in the same way, do you think they understood the concept of salvation the same as we do? Why or why not? In the same vein, what things might there be that we don’t understand about salvation at present but will understand more fully later?

Application Questions:

1. In the abstract, most of us can accept that sin is sin and that no one sinner is better than any other. On the other hand, most of us would rather live next to a hypocrite or a gossip than a mass murderer. Society also disdains or condemns some sins more than other sins. So, in what sense are all sins equal?

2. Christ’s sacrifice takes away the legal guilt of our sins, but we often may face present circumstances stemming from past actions. How can we make our acceptance by God seem real to us?

3. Only through Christ’s sacrifice and substitution for us can we keep the law. How, and why? Is it because we have more motivation? Do we have access to supernatural power that we didn’t before? Explain.

STEP 4—Create

Just for Teachers: This week we have learned that although we are not worthy of salvation, God has provided it for us anyway. Why would we ever want to go on with business as usual?

A key concept in this lesson is the idea of substitution. Christ’s record of perfect obedience to the law substitutes for our record of disobedience, haphazard obedience, or obedience for the wrong motives. Conversely, we may attempt to substitute our inferior righteousness for the righteousness that comes only from God.

To illustrate, emphasize the idea of substitution. In our world, there are all sorts of substitutes for things, some beneficial, others inferior to the original. Some examples of the beneficial kind: honey for sugar, soy for meat. Others are harmful: the milk scandal in Asia, for example, in which the manufacturers substituted melamine for added protein in dairy products, leading to illness and death. Ask for examples from the class. Be prepared to draw the spiritual analogies.

“Christ’s character stands in place of your character, and you are accepted before God just as if you had not sinned.”—Ellen G. White, Steps to Christ, p. 62.

“Grace is unmerited favor. The angels, who know nothing of sin, do not understand what it is to have grace exercised toward them; but our sinfulness calls for the exercise of grace from a merciful God.”—Ellen G. White, Selected Messages, book 1, pp. 331, 332.

“Faith is the condition upon which God has seen fit to promise pardon to sinners; not that there is any virtue in faith whereby salvation is merited, but because faith can lay hold of the merits of Christ, the remedy provided for sin. Faith can present Christ’s perfect obedience instead of the sinner’s transgression and defection. When the sinner believes that Christ is his personal Savior, then, according to His unfailing promises, God pardons his sin, and justifies him freely. The repentant soul realizes that his justification comes because Christ, as his substitute and surety, has died for him, is his atonement and righteousness.”—Ellen G. White, Selected Messages, book 1, pp. 366, 367.

“Though the law cannot remit the penalty for sin, but charges the sinner with all his debt, Christ has promised abundant pardon to all who repent, and believe in His mercy. The love of God is extended in abundance to the repenting, believing soul. The brand of sin upon the soul can be effaced only through the blood of the atoning Sacrifice . . . of Him who was equal with the Father. The work of Christ—His life, humiliation, death, and intercession for lost man—magnifies the law, and makes it honorable.”—Ellen G. White, Selected Messages, book 1, p. 371.

Discussion Questions:

1. Read over the texts for this week and then, in your own words, write a paragraph summarizing what they are saying. Share your paragraphs with each other in class.

2. Think about what it cost to save us: the death of the Son of God. What should that tell us about just how bad sin is? After all, if we stopped sinning and never did it again, why would that still not be enough to make us righteous before God? How can these facts help motivate us to resist the temptation to sin?

3. What are ways one could be tempted to abuse this wonderful news about salvation by faith alone? What trap is someone falling into who gets caught up in that kind of thinking? (See 2 Pet. 3:16, 1 John 3:7.)
**Read for This Week’s Study:** Gen. 15:6; 2 Samuel 11, 12; Rom. 3:20–23, 31; 4:1–17; Gal. 3:19; 1 John 3:4.

**Memory Text:** “Do we then make void the law through faith? God forbid: yea, we establish the law” (Romans 3:31).

In many ways, Romans 4 gets to the foundation of the biblical doctrine of salvation by faith alone. By using Abraham—the paragon of holiness and virtue—as an example of someone who needed to be saved by grace, without the deeds of the law, Paul left readers no room for misunderstanding. If the best one’s works and law-keeping weren’t enough to justify him before God, what hope does anyone else have? If it had to be by grace with Abraham, it has to be the same with everyone else, Jews and Gentiles.

In Romans 4, Paul reveals three major stages in the plan of salvation: (1) the promise of divine blessing (the promise of grace); (2) the human response to that promise (the response of faith); and, finally, (3) the divine pronouncement of righteousness credited to those who believe (justification). That’s how it worked with Abraham, and that’s how it works with us.

It is crucial to remember that for Paul, salvation is by grace; it’s something that is given to us, however undeserving we are. If we deserved it, then we’d be owed it, and if we’re owed it, it’s a debt and not a gift. And for beings corrupt and fallen as we are, salvation has to be a gift.

To prove his point about salvation by faith alone, Paul goes all the way to the book of Genesis, quoting Genesis 15:6—“Abram believed the Lord, and he credited it to him as righteousness” (NIV).

*Study this week’s lesson to prepare for Sabbath, July 31.*
The Law Established

Read Romans 3:31. What’s Paul’s point here? Why is this point important to us as Seventh-day Adventists?

In this passage, Paul states emphatically that faith does not make void God’s law. Even those who kept the law, even the entire Old Testament corpus of law, were never saved by it. The religion of the Old Testament, as that of the New, was always one of God’s grace given to sinners by faith.

Read Romans 4:1–8. How does this show that even in the Old Testament, salvation was by faith and not by works of the law?

According to this Old Testament narrative, Abraham was accounted righteous because he “believed God.” Therefore, the Old Testament itself teaches righteousness by faith. Hence, any implication that faith “makes void” (Greek katargeo, “renders useless,” “invalidates”) the law is false; salvation by faith is very much part of the Old Testament. Grace is taught all the way through it. What, for instance, was the entire sanctuary ritual if not a representation of how sinners are saved, not by their own works but by the death of a substitute in their stead?

Also, what else can explain how David was forgiven after the sordid affair with Bathsheba? Certainly it wasn’t law-keeping that saved him, for he violated so many principles of the law that it condemned him on numerous counts. If David were to be saved by the law, then David would not be saved at all.

Paul sets forth David’s restoration to divine favor as an example of justification by faith. Forgiveness was an act of God’s grace. Here, then, is another example from the Old Testament of righteousness by faith. In fact, however legalistic many in ancient Israel became, the Jewish religion was always a religion of grace. Legalism was a perversion of it, not its foundation.

Dwell for a few minutes on David’s sin and restoration (2 Samuel 11, 12, Psalm 51). What hope can you draw from that sad story for yourself? Is there a lesson here in how we in the church should treat those who have fallen?
The Lesson in Brief

Key Text: Romans 4:1, 2

The Student Will:

Know: Explain why an understanding of faith in God’s provisions for our righteousness has been the foundation of a right relationship with Him through the Old as well as the New Testament.

Feel: Sense the blessings of justification by faith.

Do: Abandon our own works and throw our entire trust on what Christ has done.

Learning Outline:

I. Know: Abraham’s Faith

A. Why was Abraham, father of both the circumcised and uncircumcised, accounted righteous? What is the significance of knowing that this accounting occurred long before the distinction between Jews and Gentiles, the giving of Mosaic laws, or Christ’s death on the cross?

B. Why has justification by faith, rather than by keeping the law, been a crucial belief for all people in all ages?

II. Feel: The Blessings of Justification

A. Though David sinned grievously, how was God able to forgive him?

B. What are the blessings that come from being justified by faith? (Rom. 4:6–8).

III. Do: Abandoning Self for Christ

A. Because the law doesn’t give life or righteousness but only distinguishes between righteousness and sin, what do we do to become righteous and to have eternal life?

B. How should those who are saved by Christ’s sacrifice relate to the law?

Summary: All people in every age have faced the same need to abandon any sense of working for salvation by following rules or rituals. Salvation comes only by allowing God to make us right through the blood that was shed for us in Christ Jesus.
Grace or Debt?

The issue Paul is dealing with here is much more than just theology. It gets to the heart and soul of salvation and of our relationship to God. If one believes that he or she must earn acceptance, that he or she must reach a certain standard of holiness before being justified and forgiven, then how natural to turn inward and to look to oneself and one’s deeds. Religion can become exceedingly self-centered, about the last thing anyone needs.

In contrast, if one grasps the great news that justification is a gift from God, totally unmerited and undeserved, how much easier and more natural is it for that person to turn his or her focus on God’s love and mercy instead of on self?

And in the end, who’s more likely to reflect the love and character of God—the one self-absorbed or the one God-absorbed?

Read Romans 4:6–8. How does Paul here expand on the theme of justification by faith?

“The sinner must come in faith to Christ, take hold of His merits, lay his sins upon the Sin Bearer, and receive His pardon. It was for this cause that Christ came into the world. Thus the righteousness of Christ is imputed to the repenting, believing sinner. He becomes a member of the royal family.”—Ellen G. White, Selected Messages, book 1, p. 215.

Paul then continues, explaining that salvation by faith was not only for the Jews but for the Gentiles, as well (Rom. 4:9–12). In fact, if you want to get technical about it, Abraham wasn’t Jewish; he came from a pagan ancestry (Josh. 24:2). The Gentile-Jewish distinction didn’t exist in his time. When Abraham was justified (Gen. 15:6), he was not even circumcised. Thus, Abraham became the father of both the uncircumcised and the circumcised, as well as a great example for Paul to use in order to make his point about the universality of salvation. Christ’s death was for everyone, regardless of race or nationality (Heb. 2:9).

Considering the universality of the Cross, considering what the Cross tells us about the worth of every human being, why is racial or ethnic or national prejudice such a horrible thing? How can we learn to recognize the existence of prejudice in ourselves and, through God’s grace, purge it from our minds?
Learning Cycle

STEP 1—Motivate

Key Concept for Spiritual Growth: God is the source of both the justice in His law and the grace seen in the atoning death of Jesus Christ that saves us from sin.

Just for Teachers: In this week’s lesson, we discuss and explore the relationship between God’s law and His grace.

Imagine that you were in a school that offered only one of two grades: pass or fail. The only problem was that in order to pass, you needed a perfect score on every quiz, every test, every paper. Even one wrong answer, just one, would ruin your chances of passing. In other words, you could get every question right, every time, and then get the last question on the last test wrong, and you would get the same failing grade as someone who got every question on every test wrong.

In a sense, that is what salvation is like. We need an absolute perfect score for salvation—absolute perfect holiness, absolute perfect obedience to God’s law. Anything short of that leads to a failing grade. The most wonderful saint who has even the most minor character fault is in the same boat as the nastiest and most degenerate criminal. Without absolute righteousness, we are lost.

Now, suppose in the school there was a student who not only got a perfect score but offered to share that score with you. That is, his perfect score would be yours, the only way you could possibly pass.

In a sense, that’s the gospel. None of us have a passing grade. All of us have missed more than one question for sure, for we all have violated the law. Jesus alone has perfect righteousness, and the good news of the gospel is that He offers that perfect righteousness to all who claim it truly by faith.

Consider This: God’s law stems from His righteousness and goodness and grace. Therefore, why does it make no sense that He would simply do away with it, as many Christians believe He did?

STEP 2—Explore

Bible Commentary

I. Abraham (Review with your class Genesis 15:6 and Romans 4.)
Promise and Law

“For the promise, that he should be the heir of the world, was not to Abraham, or to his seed, through the law, but through the righteousness of faith” (Rom. 4:13).

In this verse, “promise” and “law” are contrasted. Paul is seeking to establish an Old Testament base for his teaching of righteousness by faith. He finds an example in Abraham, whom all the Jews accepted as their ancestor. Acceptance or justification had come to Abraham quite apart from the law. God made a promise to Abraham that he was to be “heir of the world.” Abraham believed this promise; that is, he accepted the role that it implied. As a result God accepted him and worked through him to save the world. This remains a powerful example of how grace was operating in the Old Testament, which is no doubt why Paul used it.

Read Romans 4:14–17. How does Paul here continue showing how salvation by faith was central to the Old Testament? See also Gal. 3:7–9.

It’s important to remember, as we said in the beginning, to whom Paul is writing. These Jewish believers were immersed in Old Testament law, and many came to believe that their salvation rested on how well they kept the law, even though that was not what the Old Testament taught.

In seeking to remedy this misconception, Paul argued that Abraham, even prior to the law at Sinai, received the promises, not by works of the law (which would have been hard, since the law—the whole Torah and ceremonial system—was not in place yet) but by faith.

If Paul here were referring to the moral law exclusively, which existed in principle even before Sinai, the point remains the same. Perhaps even more so! Seeking to receive God’s promises through the law, he said, makes faith void, even useless. Those are strong words, but his point is that faith saves, and the law condemns. He’s trying to teach about the futility of seeking salvation by the very thing that leads to condemnation, because we all, Jew and Gentile, have violated the law, and, hence, we all need the same thing as Abraham did: the saving righteousness of Jesus credited to us by faith.
As humans we tend to put other humans on a pedestal, sometimes literally! Never is this tendency truer than in how we Christians view biblical figures and other great heroes of faith. What we forget is that they are heroes of faith. They are what they are because they had faith in what God could do through and for them, not because they were born with a special holiness gene that most of us lack.

Consider Abraham. Abraham is revered by three world religions that agree on little else. In the ancient world even pagans regarded Abraham as a figure worthy of respect. The pagan Roman emperor Alexander Severus (who ruled from A.D. 222–235), missing the point spectacularly and flamboyantly, included a bust of Abraham—along with others of Moses, Jesus, Orpheus, and Apollonius of Tyana—in his private chapel.

Yet, where did Abraham’s greatness lie? He “‘believed God, and it was reckoned to him as righteousness,’ ” as stated in Romans 4:3 (NASB), quoting Genesis 15:6.

Abraham had to have righteousness credited to him, because he was not righteous on his own. He made mistakes. Sometimes he based his decisions on cowardice and faithlessness. For example, review Genesis 12:10–20, in which he denies that Sarah is his wife and allows her to be taken by the pharaoh as a concubine, and his reprise of that error in regard to Abimelech in Genesis 20. And then there was his decision, in Genesis 16, to help God along in fulfilling the promise God had made to give him a son. In short, a close look reveals that Abraham’s past is as riddled with failures as any one of ours might be, and his is recorded in Scripture.

Nor was Abraham’s lineage particularly holy, although the Jewish people in Paul’s time took great pride in being of the lineage of Abraham. Abraham was a descendant of Noah, as was everyone else inhabiting the earth. Although the most evil antediluvians had died, leaving no heirs, descendants of Noah soon proved they had no mean talent for betraying and disappointing God. These were Abraham’s forebears.

Neither Abraham’s predisposition to goodness and holiness, nor his heritage, was particularly noteworthy, but Abraham was special, as any of us can be special: he believed that God could change him, work through him, and bless the world through him. He believed God, God accepted him as righteous, and God made him capable of righteousness.

Consider This: Just as God intended Abraham to bless the whole world in spite of his individual flaws, God wants to bless the whole world through all of us. How does Abraham’s story inspire you to believe in God as He believes in you?
Law and Faith

As we saw yesterday, Paul showed that God’s dealings with Abraham proved that salvation came through the promise of grace and not through law. Therefore, if the Jews wished to be saved, they would have to abandon trust in their works for salvation and accept the Abrahamic promise, now fulfilled in the coming of the Messiah. It’s the same, really, for everyone, Jew or Gentile, who thinks that their “good” deeds are all that it takes to make them right with God.

“The principle that man can save himself by his own works lay at the foundation of every heathen religion. . . . Wherever it is held, men have no barrier against sin.”—Ellen G. White, The Desire of Ages, pp. 35, 36. What does this mean? Why does the idea that we can save ourselves through our works leave us so open to sin?


If there had been a law that could impart life, it certainly would have been God’s law. And yet, Paul says that no law, not even God’s, can give life, because all have violated that law, and so all are condemned by it.

But the promise of faith, more fully revealed through Christ, frees all who believe from being “under the law”; that is, from being condemned and burdened by trying to earn salvation through it. The law becomes a burden when it’s presented without faith, without grace—because without faith, without grace, without the righteousness that comes by faith, being under the law means being under the burden and the condemnation of sin.

How central is righteousness by faith to your walk with God? That is, what can you do to make sure it doesn’t get blurred by other aspects of truth to the point where you lose sight of this crucial teaching? After all, what good are these other teachings without this one?
Grace and faith are words that usually are found in close proximity in the
New Testament. Ephesians 2:8 tells us that it is “by grace you have been
saved through faith” (NKJV). Faith is the only way we can reach out to God.
But even faith would be futile if God first did not reach out to us. God’s act
of reaching out to us is an act of grace, or unmerited favor.

In the Old Testament the word usually translated as “grace” refers to the
regard or favor of one person toward another, quite often for no apparent
motive or reason. Used theologically in the New Testament, it means much
the same, except that it is God who sees us and loves us simply because He
is and He does.

Besides grace, there is God’s law. God gave us the commandments, and
all we have to do is obey them. There are, after all, only ten. We try very
hard. But the reality is that apart from God, we lack the capacity to obey
even those ten simple truths.

Can God simply waive all or some of the requirements of the law? Not
without compromising His justice and holiness. But God can and does
extend more grace to us, which we perceive and appropriate through faith.
For the sake of the perfect life and atoning sacrifice of His Son, God views
us as sharing the righteousness of Jesus.

Consider This: How do we exercise God’s gift of faith to receive
His saving grace?

STEP 3—Apply

Just for Teachers: Encourage your students to use these questions
to think about the relationship between grace and God’s law.

Thought Questions:

1 A great many people in Paul’s time were confused about the relation-
ship between the law and grace. Some believed it was necessary to obey
the law in order to be worthy of receiving grace. Others even thought that
it was possible to obey the law without reference to grace, thus collecting
salvation as an account receivable, so to speak. What is the correct rela-
tionship between grace and law?
The Law and Sin

We often hear folk say that in the New Covenant the law has been abolished and then they proceed to quote texts that they believe prove that point. The logic behind that statement, however, isn’t quite sound, nor is the theology.

Read 1 John 2:3–6, 3:4, and Romans 3:20. What do these texts tell us about the relationship between law and sin?

A few hundred years ago, Irish writer Jonathan Swift wrote, “But will any man say that if the words drinking, cheating, lying, stealing were by Act of Parliament ejected out of the English tongue and dictionaries, we should all awake next morning temperate, honest and just, and lovers of truth? Is this a fair consequence?”—Jonathan Swift, *A Modest Proposal and Other Satires* (New York: Prometheus Books, 1995), p. 205.

In the same way, if God’s law has been abolished, then why are lying, murder, and stealing still sinful or wrong? If God’s law has been changed, the definition of sin must be changed, too. Or if God’s law was done away with, sin must be, as well, and who believes that? (See also 1 John 1:7–10; James 1:14, 15.)

In the New Testament, both the law and the gospel appear. The law shows what sin is; the gospel points to the remedy for that sin, which is the death and resurrection of Jesus. If there is no law, there is no sin, and so what are we saved from? Only in the context of the law, and its continued validity, does the gospel make sense.

We often hear that the Cross nullified the law. That’s rather ironic, because the Cross shows that the law can’t be abrogated or changed. If God didn’t abrogate or even change the law before Christ died on the cross, why do it after? Why not get rid of the law after humanity sinned and thus spare humanity the legal punishment that violation of the law brings? That way, Jesus never would have had to die. Jesus’ death shows that if the law could have been changed or abrogated, that should have been done before, not after, the Cross. Thus, nothing shows the continued validity of the law more than does the death of Jesus, a death that occurred precisely because the law couldn’t be changed. If the law could have been changed to meet us in our fallen condition, wouldn’t that have been a better solution to the problem of sin than Jesus having to die?

If there were no divine law against adultery, would the act cause any less pain and hurt than it does now to those who are victims of it? How does your answer help you understand why God’s law is still in effect? What has been your own experience with the consequences of violating God’s law?
Learning Cycle continued

2 One of the reasons that the law cannot be changed or abolished is because its underlying principles represent the will and character of God and are, therefore, eternally valid. How would you describe those principles in two or three sentences or less?

3 Why is the belief that one gets to heaven or achieves salvation through one’s good deeds still so prevalent, even in Christian circles?

Application Questions:

1 Even with the knowledge that we are saved by grace, we tend to become obsessed with our own performance. What are the dangers of this obsession? How can we refocus?

2 Although Paul and other New Testament writers clearly emphasize the universality of Christ’s salvation, how do we still—even in the Christian church—put up barriers that may be artificial?

3 Abraham believed God’s promise, and the sign of his belief was circumcision. What are the outward signs by which we indicate our belief today?

STEP 4—Create

Just for Teachers: This week we have learned that God’s law is still valid because of (not in spite of) the salvation from sin we receive in Jesus Christ.

God’s law is not arbitrary. We especially can see this in the Ten Commandments, which sum up the rules for human behavior toward God and toward one another. Even the staunchest believer in the law’s nullification by the New Testament would not want to live in a society in which people ignore or consider optional the principles in the Ten Commandments.

Write one or more of the Ten Commandments on a dry erase board. Ask one of the class members to read it aloud. Ask what the principle might be behind that commandment and how else one might apply it.

“In that age of caste, when the rights of men were often unrecognized, Paul set forth the great truth of human brotherhood, declaring that God ‘hath made of one blood all nations of men for to dwell on all the face of the earth.’ In the sight of God all are on an equality.” —Ellen G. White, *The Acts of the Apostles*, p. 238.

“In order for man to be saved, and for the honor of the law to be maintained, it was necessary for the Son of God to offer Himself as a sacrifice for sin. He who knew no sin became sin for us. He died for us on Calvary. His death shows the wonderful love of God for man, and the immutability of His law.”—Ellen G. White, *Selected Messages*, book 1, p. 240.

“Righteousness is obedience to the law. The law demands righteousness, and this the sinner owes to the law; but he is incapable of rendering it. The only way in which he can attain to righteousness is through faith. By faith he can bring to God the merits of Christ, and the Lord places the obedience of His Son to the sinner’s account.” —Ellen G. White, *Selected Messages*, book 1, p. 367.

“If Satan can succeed in leading man to place value upon his own works as works of merit and righteousness, he knows that he can overcome him by his temptations, and make him his victim and prey. . . . Strike the door-posts with the blood of Calvary’s Lamb, and you are safe.”—Ellen G. White, *Review and Herald*, Sept. 3, 1889.

Discussion Questions:

1. Why is it important to understand salvation by faith alone without the deeds of law? What errors can that knowledge protect us from? What dangers await those who lose sight of this?

2. What other reasons can you give for the continued validity of God’s law, even when we understand that the law and obedience to it are not what save us?

3. Dwell more on this idea that because of the Cross all human beings are equal. Why is it that so often Christians, who have the Cross before them, seem to forget this important truth and can be guilty of racial or ethnic or even national prejudice?

4. As justified sinners, we have been made the recipients of grace and undeserved favor from God, whom we have sinned against. How should this fact impact how we deal with others? How full of grace and favor are we toward those who have wronged us?
Expounding the Faith

SABBATH AFTERNOON

Read for This Week’s Study: Romans 5.

Memory Text: “Therefore being justified by faith, we have peace with God through our Lord Jesus Christ: by whom also we have access by faith into this grace wherein we stand, and rejoice in hope of the glory of God” (Romans 5:1, 2).

Paul has established the point that justification, or acceptance with God, comes only through faith in Jesus Christ, for His righteousness alone is enough to give us the right standing with our Lord. Building on that great truth, Paul now expounds more on this theme. Showing that salvation has to be by faith and not by works, not even for someone as “righteous” as Abraham, Paul in a sense steps back and looks at the big picture—at what caused sin and suffering and death and how the solution is found in Christ and what He’s done for the human race.

Through the fall of one man, Adam, all humanity faced condemnation, alienation, and death; through the victory of one man, Jesus, all the world was placed on a new footing before God, one in which, by faith in Jesus, the record of their sins and the punishment due those sins could be remitted, could be forgiven and forever pardoned.

Paul contrasts Adam and Jesus, showing how Christ came to undo what Adam did and that by faith the victims of Adam’s sin could be rescued by Jesus, the Savior. The foundation of it all is the cross of Christ and His substitutionary death there—which opens the way for every human being, Jew or Gentile, to be saved by Jesus, who with His blood brought justification to all who accept Him.

Surely this is a theme worth expounding upon, for it’s the foundation of all our hope.

*Study this week’s lesson to prepare for Sabbath, August 7.
Therefore, Being Justified

Read Romans 5:1–5. On the lines below summarize Paul’s message. What can you take from that for yourself now?

“Being justified” is literally “having been justified.” The Greek verb represents the action as completed. We have been declared righteous, or regarded as righteous, not through any deeds of law but through our having accepted Jesus Christ. The perfect life that Jesus lived on this earth, His perfect law-keeping, has been credited to us.

At the same time, all of our sins have been laid on Jesus. God has reckoned that Jesus committed those sins, not us, and that way we can be spared the punishment that we deserve. That punishment fell on Christ for us, on behalf of us, so that we never have to face it ourselves. What more glorious news could there be for the sinner?

The Greek word translated “glory” in verse 3 is the one translated “rejoice” in verse 2. If it is translated “rejoice” in verse 3 also (as in some versions), the connection between verses 2 and 3 is more clearly seen. Justified people can rejoice in tribulation because they have fixed their faith and trust in Jesus Christ. They have confidence that God will work all things for good. They will consider it an honor to suffer for Christ’s sake. (See 1 Pet. 4:13.)

Notice, too, the progression in verses 3 through 5.

1. Patience. The Greek word hupomone means “steadfast endurance.” This is the type of endurance that tribulation develops in the one who maintains faith and who does not lose sight of the hope he or she has in Christ even amid the trials and suffering that can make life so miserable at times.

2. Experience. The Greek word dokime means literally “the quality of being approved,” hence, “character,” or more specifically, “approved character.” The one who patiently endures trials can develop an approved character.

3. Hope. Endurance and approval naturally give rise to hope, the hope found in Jesus and the promise of salvation in Him. As long as we cling to Jesus in faith, repentance, and obedience, we have everything to hope for.

What is the one thing in all your life that you hope for more than anything else? How can that hope be fulfilled in Jesus? Or can it? If not, are you sure you want to be putting so much hope in it?
The Lesson in Brief

Key Text: Romans 5:1, 2

The Student Will:
- **Know:** Comprehend that although all Adam’s children have sinned, we all may become children of Christ and part of the royal family when we accept what He has done to save the world.
- **Feel:** Rejoice in the peace that we have despite our trials, because of the hope and love poured out through the Spirit.
- **Do:** Accept the free gift of grace that Christ offers in order to live the life of one justified before God.

Learning Outline:

I. Know: Sin Through Adam, Grace Through Christ
- A The entire human race is condemned to death because of our father Adam. Why does Christ’s act of righteousness, on our behalf, make it possible to claim God’s family as our own?
- B If Christ’s death reconciles us to the Father, what more does His life accomplish on our behalf?

II. Feel: Rejoice in Hope and Love
- A Christ lived and died for us, but we are still in this world of pain and death. Yet, why may we rejoice in our sufferings?
- B What does the Spirit pour out into our hearts that helps us live a different reality now, the reality of eternal life?

III. Do: Pure Gift
- A What does it mean that the gift of grace is bigger than the baggage and threat of death?
- B By what daily activities can we demonstrate that we are rejoicing in God’s grace?

Summary: Though all suffer the consequences of sin, we can choose a different set of consequences, those of the peace, hope, and love that are the result of Christ’s righteousness.
God Seeking Humanity

**Read** Romans 5:6–8. What do these verses tell us about the character of God, and why are they so full of hope for us?

When Adam and Eve shamefully and inexcusably transgressed the divine requirement, God took the first steps toward reconciliation. Ever since, God has taken the initiative in providing a way of salvation and in inviting men and women to accept it. “When the fulness of the time was come, God sent forth his Son” (Gal. 4:4).

**Romans** 5:9 says that we can be saved from God’s wrath through Jesus. How do we understand what that means?

As the blood on the doorposts of the Israelites in Egypt on the eve of their departure protected the firstborn from the wrath that befell Egypt’s firstborn, so the blood of Jesus Christ guarantees that one who has been justified and retains that status will be protected when God’s wrath finally destroys sin at the end of the age.

Some folk struggle with the idea of a loving God having wrath. But it’s precisely because of His love that this wrath exists. How could God, who loves the world, not have wrath against sin? Were He indifferent to us, He would not care about what happens here. Look around at the world and see what sin has done to His creation. How could God not be wrathful against such evil and devastation?

What other reasons are we given to rejoice? (Rom. 5:10, 11).

Some commentators have seen in verse 10 a reference to the life that Christ lived on this earth, during which He wrought a perfect character that He now offers to credit to us. Though this is certainly what Christ’s perfect life accomplished, Paul seems to be emphasizing the fact that whereas Christ died, He rose again and is alive forevermore (see Heb. 7:25). Because He lives, we are saved. If He had remained in the tomb, our hopes would have perished with Him. Verse 11 continues with the reasons that we have to rejoice in the Lord, and that’s because of what Jesus has accomplished for us.
Learning Cycle

STEP 1—Motivate

**Key Concept for Spiritual Growth:** Because God has accepted us into His family, we have access to the incomparable assets of heaven, which are available to every Christian who desires to be like Jesus.

The human desire for acceptance seems insatiable. Billions are spent on cosmetics, hair care, and cosmetic surgeries in order to make people acceptable to others—not to mention excesses in fashion, home design, and automobiles. Teenagers pester parents for designer clothes (a *must* in order to avoid becoming social pariahs) and other such *necessities* because the fear of not being accepted is so strong.

Sadly, many never outgrow that fear. Is it any wonder, then, that many people find it impossible to believe that there is a God who accepts us just as we are, “without one plea”? Thus, our behaviors are shaped, not by a desire to do what is right but by a morbid fear that God will exclude us from heaven if we fail to *fall into line*. How many fearful people have driven others from God by telling them that He could not accept them if they ate this or wore a skirt that came above the knees or committed some faux pas? More important, how do we ever convince people who thus have been wounded that God is not like that and that He willingly accepts anyone who accepts the invitation of the cross of Christ—the Cross that offers us an eternal family membership?

**Opening Activity:** Distribute notepads, asking people to make an *honest* list of things they do to become acceptable to others. This may include things they spend money on but may also include things they do, such as agreeing with people when they really do not agree. Next, ask the class to make an *honest* list of things they have done to make God accept them. Finally, ask members to share one of the *safe* things on their list with the class.

**Discuss:** Compare the burden of earned acceptance with the freedom of unconditional acceptance.

STEP 2—Explore

**Bible Commentary**

I. Therefore, Being Justified *(Review Romans 5:1–5 with the class.)*
Death Swallowed Up

Death is an enemy, the ultimate one. When God created the human family, He designed that its members should live forever. With few exceptions humans do not want to die, and those who do, do so only after the greatest personal anguish and suffering. Death goes against our most basic nature. And that’s because, from inception, we were created to live forever. Death was to be unknown to us.

Read Romans 5:12. What is Paul describing here? What does this explain?

Commentators have argued more over this passage of Scripture than over most others. Perhaps the reason is, as noted in The SDA Bible Commentary, vol. 6, p. 529, that these commentators “attempt to use the passage for purposes other than Paul intended.”

One point they argue over is, in what way was Adam’s sin passed on to his posterity? Did Adam’s descendants share the guilt of Adam’s sin, or are they guilty before God because of their own sin? Though folk have tried to get the answer to that question from this text, that’s not the issue Paul was dealing with. He had a whole other object in mind. He is reemphasizing what he already stated, “for all have sinned” (Rom. 3:23). We need to recognize that we are sinners, because only that way will we realize our need of a Savior. Paul here was trying to get readers to realize just how bad sin is and what it brought into this world through Adam. Then he shows what God offers us in Jesus as the only remedy to the tragedy brought upon our world through Adam’s sin.

Yet, this text tells only of the problem, death in Adam—not the solution, life in Christ. One of the most glorious aspects of the gospel is that death has been swallowed up in life. Jesus passed through the portals of the tomb and burst its bonds. He says, “I am he that liveth, and was dead; and, behold, I am alive for evermore, Amen; and have the keys of hell and of death” (Rev. 1:18). Because Jesus has the keys, the enemy can no longer hold his victims in the grave.

What has been your own experience with the reality and the tragedy of death? Why, in the face of such a relentless enemy, must we have a hope in something greater than ourselves or greater than anything this world offers?
The lesson correctly states that “being justified” is more accurately translated “having been justified.” The action is complete. Paul chose to use legal metaphors in the book of Romans to explain our acceptance with God. Because Paul and other New Testament writers used a variety of metaphors to explain the concept of salvation, it is not unthinkable that in our day he might have used a familial model. If so, we rightfully may render the “you have already been legally exonerated” message of Romans as “you have already been accepted as part of God’s family.” Because this is an accomplished fact, it is clear that there is nothing that we can do to make it happen. It already has happened. Because we already are cleared legally and accepted into God’s family, we have access to the tools that God offers us so that we may become more like Jesus.

We may not be thrilled immediately when we see God’s tools. The first one here mentioned is suffering (problems and trials). The lumber and the nail might raise strong objections to the action of the saw and the hammer! But through their agency, in the hands of a Master Carpenter, something useful and beautiful may be built. Suffering teaches us to depend on Jesus and safeguards us against the temptation to arrogance and self-importance. Even more surprising is Paul’s assertion (see Rom. 8:17) that suffering makes us companions with Christ. Those who want to share Christ’s glory will want to share His suffering (see also 1 Peter 4).

Trials, by forcing us to exercise our faith muscles, develop endurance. The best runners spend considerable time training on hills because they know that steeper grades provide the most beneficial, though not the easiest, workouts. Endurance leads to strong character. Not surprisingly, dedicated distance runners attribute their success in academics, work, and even social endeavors to the discipline they cultivated through systematic running. Likewise, enduring Christians attribute their spiritual success to the discipline cultivated in facing trials in the company of Jesus. In turn, strong character supports “confident hope.” When the game is on the line, the knowledgeable coach puts the outcome of the game on the shoulders of his veterans, not his rookies. They are the ones who have been through the ups and downs and have cultivated a quiet confidence as a result. A life filled with God’s action against small hills gives confidence in His support when the mountains arise.

**Consider This:** How has suffering enabled you to have a closer walk with Jesus? Did suffering lead you to question your standing as a
Law Awakens Need

“Until the law sin was in the world: but sin is not imputed when there is no law. Nevertheless death reigned from Adam to Moses, even over them that had not sinned after the similitude of Adam’s transgression, who is the figure of him that was to come” (Rom. 5:13, 14).

What is Paul talking about here? The phrase “until the law” is paralleled with the statement “from Adam to Moses.” He is talking about the time in the world from creation to Sinai, before the formal introduction of the rules and laws of the Israelite system, which included, of course, the Ten Commandments.

“Until the law” means until the detailing of God’s requirements in the various laws given to Israel at Sinai. Sin existed before Sinai. How could it not? Were lying, killing, adultery, and idolatry not sinful until then? Of course they were.

What are some texts that reveal the reality of sin before Sinai?

It is true that prior to Sinai the human race generally had only a limited revelation of God, but they obviously knew enough to be held accountable. God is just and isn’t going to punish anyone unfairly. People in the pre-Sinai world died, as Paul here points out. Death passed upon all. Though they had not sinned against an expressly revealed command, they had sinned nevertheless. They had the revelations of God in nature, to which they had not responded and thus were held guilty. “The invisible things of him from the creation of the world are clearly seen . . . . so that they are without excuse” (Rom. 1:20).

For what purpose did God reveal Himself more fully in the “law”?
Rom. 5:20, 21.

The instruction given at Sinai included the moral law, though it had existed before then. This was the first time, however, according to the Bible, that this law was written and widely proclaimed.

When the Israelites began to compare themselves with the divine requirements, they discovered that they fell far short. In other words, “the offense” abounded. They suddenly realized the extent of their transgressions. The purpose of such a revelation was to help them to see their need of a Savior and to drive them to accept the grace so freely offered by God. As stressed before, the true version of the Old Testament faith was not legalistic.
member of God’s family, or did the experience confirm that you were on the same side as God? Will your witness for Christ be greater if you have had an easy life, or will it be easier if you have walked with Christ through many trials?

**STEP 3—Apply**

*Just for Teachers:* While the Bible clearly teaches that salvation and companionship with God are gifts, many Christians, as did the ancient Israelites, act as if it were an entitlement. Examine the following situations and ask the question, “How can I help others see that God owes us nothing, yet has offered us everything?”

**Activity:** Discuss what you might say to help people rejoice in the following situations:

- **A** Carlotta cannot believe that God has accepted her. She has terminal cancer and is a single parent to three small children younger than the age of ten. Her aunt, a self-proclaimed minister, has told her that if she is truly God’s child, He will heal her if she exercises enough faith. The doctor gives her six to twelve months to live.

- **B** Butch has just been released from prison, where he has spent half of his life on a murder conviction. He is sorry for his sins but because of his past, he cannot believe that God can save him.

- **C** Marlene is bitter because she has done everything to the best of her ability. She lost her job because she refused to work on Sabbath. She gave up eating many of her favorite foods because she wanted to “sanctify her body temple.” She threw her husband’s gambling buddies out of the house so that their bad example would not taint her children. Her husband has moved out, and the children want to live with him. Her attorney says that with her having no income, the court probably will let them. She wants to know why God has let her down.

**Thought Questions:**

1. Does claiming the promises of God mean that God always will come through for us in the way that we expect?
The Second Adam

“Therefore as by the offence of one judgment came upon all men to condemnation; even so by the righteousness of one the free gift came upon all men unto justification of life. For as by one man’s disobedience many were made sinners, so by the obedience of one shall many be made righteous” (Rom. 5:18, 19). What contrast is presented here to us? What hope is offered us in Christ?

As humans, we received nothing from Adam but the sentence of death. Christ, however, stepped in and passed over the ground where Adam fell, enduring every test on humanity’s behalf. He redeemed Adam’s disgraceful failure and fall, and thus, as our Substitute, He placed us on vantage ground with God. Hence, Jesus is the “Second Adam.”

“The second Adam was a free moral agent, held responsible for his conduct. Surrounded by intensely subtle and misleading influences, He was much less favorably situated than was the first Adam to lead a sinless life. Yet in the midst of sinners He resisted every temptation to sin, and maintained His innocency. He was ever sinless.”—Ellen G. White Comments, The SDA Bible Commentary, vol. 6, p. 1074.

How are Adam’s and Christ’s acts contrasted in Romans 5:15–19?

Look at the opposing ideas here: death, life; disobedience, obedience; condemnation, justification; sin, righteousness. Jesus came and undid all that Adam had done!

It is fascinating, too, that the word gift occurs five times in verses 15 through 17. Five times! The point is simple: Paul is emphasizing that justification is not earned; it comes as a gift. It is something that we don’t merit, that we don’t deserve. Like all gifts, we have to reach out and accept them, and in this case, with this gift, we claim it by faith.

What was the best gift you ever were given? What made it so good, so special? How did the fact that it was a gift, as opposed to something you earned, make you that much more appreciative of it? Yet, how could that gift even begin to compare with what we have in Jesus?
Learning Cycle CONTINUED

2. How can trial and suffering shape us in the image of Christ?

3. How can we develop quiet, hopeful confidence in God so that trials will not tempt us to doubt our acceptance with Him?

Witnessing:
Growing up, one of Dan’s primary motivations for righteous living was a desire not to do anything that would be an embarrassment to his parents (at least, not to be caught doing such things!). Being the grandson of migrant farm workers and sharecroppers, he appreciated the efforts his parents had expended to raise their standard of living and provide a safe, secure environment for the family. In some cases he accepted, although not always joyfully, the judgments and preferences of his parents out of respect for them (we are not talking, here, about matters of conscience or morals). However, it should be understood that no external pressure was applied by the parents for conformity. It was a willing decision based on acceptance within the family.

Dan’s relation to God was shaped by the same circumstances. Many times unrighteous actions were avoided because he felt that giving in to temptation would give Satan an opportunity to embarrass God for being so gracious to one so unworthy. He found God’s love to be a much stronger motivation to right living than threats of burning in hell, church censorship, or even public embarrassment.

Consider This: How do we determine whether our motive for correct behavior is fear of God or prior acceptance by Him?

STEP 4—Create

Just for Teachers: Humanity’s innate desire to save itself has led nearly all world religions to establish systems of righteousness that depend on human behavior for acceptance. Christianity alone says that acceptance depends on God’s action rather than ours. Because God has accepted us and loves us beyond all limits, He gives us every opportunity to become like Christ and does not withhold suffering from us. Through suffering we join Christ in the agonies of this life but also just as certainly in the glorious existence He has prepared for us.

Activity: Using the stories of how God has led the individuals in your class through trial and struggle to quiet confidence in their standing as children of God, develop a small pamphlet to be used by your class as a witnessing tool to share with friends, neighbors, coworkers, employees, and relatives (just to mention a few).

“Many are deceived concerning the condition of their hearts. They do not realize that the natural heart is deceitful above all things, and desperately wicked. They wrap themselves about with their own righteousness, and are satisfied in reaching their own human standard of character.”—Ellen G. White, Selected Messages, book 1, p. 320.

“There is great need that Christ should be preached as the only hope and salvation. When the doctrine of justification by faith was presented . . . , it came to many as water comes to the thirsty traveler. The thought that the righteousness of Christ is imputed to us, not because of any merit on our part, but as a free gift from God, seemed a precious thought.”—Ellen G. White, Selected Messages, book 1, p. 360.

“Trial is part of the education given in the school of Christ, to purify God’s children from the dross of earthliness. It is because God is leading His children that trying experiences come to them. Trials and obstacles are His chosen methods of discipline, and His appointed conditions of success. He who reads the hearts of men knows their weaknesses better than they themselves can know them. He sees that some have qualifications which, if rightly directed, could be used in the advancement of His work.”—Ellen G. White, The Acts of the Apostles, p. 524.

Discussion Questions:

1. How has your faith sustained you through some terrible trials? What things did you learn from these trials about yourself and about God? Also, what have you learned that might be of assistance to others who might be going through some hard times themselves?

2. Think about the reality of death, of what it does not only to life but to the meaning of life. Many writers and philosophers have lamented the ultimate meaninglessness of life because it ends in eternal death. How do we as Christians respond to them? Why is the hope we have in Jesus the only answer to that meaninglessness?

3. Just as Adam’s fall imposed a fallen nature on all of us, Jesus’ victory offers the promise of eternal life to all of us who accept it by faith, no exceptions. With such a wonderful provision right there for us, what holds people back from reaching out and eagerly claiming it for themselves? How can each of us help those who are seeking to better understand what Christ offers and what He has done for them?
Victory Over Sin

SABBATH AFTERNOON

Read for This Week’s Study: Romans 6, 1 John 1:8–2:1.

Memory Text: “Sin shall not have dominion over you: for ye are not under the law, but under grace” (Romans 6:14).

Having just expounded on justification by faith, apart from the deeds of the law, Paul then proceeds to answer the obvious question: if works can’t save us, why bother with them at all? Why not just keep on sinning?

Chapter 6 is his answer to this important question. Paul here is dealing with what commonly is understood as “sanctification,” the process by which we overcome sin and more and more reflect the character of Christ. Yet, the word sanctification itself appears nowhere in Romans. (The word sanctified occurs once, in Romans 15:16.)

Does this mean that Paul has nothing to say about what commonly is understood by sanctification? Not at all. He simply does not refer to it by that term.

In the Bible “to sanctify” means “to dedicate,” usually to God. Thus, to be sanctified is often presented as a past completed act. For example, “all them which are sanctified” (Acts 20:32). The sanctified ones in this definition are the ones who are dedicated to God.

But this biblical usage of “sanctify” in no way denies the important doctrine of sanctification or the fact that sanctification is the work of a lifetime. The Bible strongly endorses this doctrine, but it generally uses other terms to describe it.

This week we’ll look at another side of salvation by faith, one that easily can be misunderstood: the promises of victory over sin in the life of one saved by Jesus.

*Study this week's lesson to prepare for Sabbath, August 14.
Grace Abounding

In Romans 5:20, Paul makes a powerful statement: “But where sin abounded, grace did much more abound.” His point was that no matter how much sin there is or how terrible the results of sin are, God’s grace is sufficient to deal with it. *What hope that should bring for each of us, especially when tempted to feel that our sins are too great to be forgiven!* In the next verse, Paul shows that though sin has led to death, God’s grace through Jesus has defeated death and can give us eternal life.

**Read** Romans 6:1. What logic is Paul dealing with here, and how, in the verses that follow, does he respond to that kind of thinking? *Rom. 6:2–11.*

Paul follows an interesting line of argument in chapter 6 as to why a justified person should not sin. To begin with, he says that we shouldn’t sin, because we have died to sin. Then he explains what he means.

Immersion in the waters of baptism represents burial. What is buried? The “old man” of sin—that is, the body committing sin, the body dominated or ruled by sin. As a result, this “body of sin” is destroyed, so that we no longer serve sin. In Romans 6, sin is personified as a master who rules over his servants. Once the “body of sin” that served sin is destroyed, sin’s mastery over it ceases. The one who rises from the watery grave comes up a new person who no longer serves sin. He or she now walks in newness of life.

Christ, having died, died once and for all, but He is now alive forevermore. Death can no more rule Him. So, the Christian who is baptized has died to sin once and for all and should never again come under its dominion.

Of course, as any baptized Christian knows, sin doesn’t just automatically disappear from our lives once we come up out of the water. *Not being ruled by sin isn’t the same as not having to struggle with it.* We have a daily, moment-by-moment battle to keep reckoning ourselves dead to sin and alive unto Christ. Though the promises of victory are there, we must claim them—by faith. We always must remember, too, that God’s grace abounds, even when we sin. If not, what hope would any of us have, even after being baptized?

**What has been your experience with the power of sin in your life, even after baptism? What choices are you making that allow sin the power over you that it shouldn’t have, despite all the promises we have in the Bible for victory over it?**
The Lesson in Brief

Key Text: Romans 6:11

The Student Will:

Know: Compare and contrast being under the law and serving the master of sin with living under grace and obeying the Master of righteousness.
Feel: Nurture the attitudes and feelings of one alive to God and dead to sin.
Do: Choose to give God your will on a daily basis.

Learning Outline:

I. Know: Obedient to Sin or Grace

A When we share Christ’s death in baptism, we die to sin and are raised into life as Christ lives it, obedient to God. Why is it a life we can live only by means of God’s grace?
B We can have only one master. Is it possible to live this life of grace but also be subject to the rule of sin? Why, or why not?

II. Feel: Alive to Sin or God

A What does it mean to be alive to sin? Conversely, what does it mean to be alive to God?
B How does serving our sinful natures include feeling and desiring those things that oppose God’s way of life? What are those things?
C When we are dead to sin and alive to God, what kinds of feelings and desires do we have?

III. Do: Choose Today

A While we can’t change our hearts, how can we choose to submit our wills to God?
B What choices can we make this week that throw us wholeheartedly into a full-time life of living on God’s side, giving sin no vote at all?

Summary: If we are baptized into Christ’s death and rise to life in Him, filled with His grace and righteousness, He blesses us with holiness and eternal life.
Sin Personified

What admonition is given to us in Romans 6:12?

The word *reign* shows that “sin” is here represented as a king. The Greek word here translated “reign” means, literally, “to be a king” or “to function as a king.” Sin is all too willing to assume the kingship of our mortal bodies and dictate our behavior.

When Paul says “let not sin . . . reign,” he implies that the justified person can choose to prevent sin’s setting itself up as king in his or her life. This is where the action of the will comes in.

“What you need to understand is the true force of the will. This is the governing power in the nature of man, the power of decision, or of choice. Everything depends on the right action of the will. The power of choice God has given to men; it is theirs to exercise. You cannot change your heart, you cannot of yourself give to God its affections; but you can choose to serve Him. You can give Him your will; He will then work in you to will and to do according to His good pleasure. Thus your whole nature will be brought under the control of the Spirit of Christ; your affections will be centered upon Him, your thoughts will be in harmony with Him.”—Ellen G. White, *Steps to Christ*, p. 47.

The Greek word in Romans 6:12 translated “lusts” means “desires.” These desires may be either for good things or for bad; when sin reigns, it will make us desire the bad. The desires will be strong, even irresistible if we fight against them on our own. Sin can be a cruel tyrant, one who never is satisfied but who always comes back for more. Only through faith, only through claiming the promises of victory, can we overthrow this unrelenting master.

The word *therefore* in this verse is important. It goes back to what has been said before, specifically to what has been said in verses 10 and 11. The baptized person is now living “unto God.” That is, God is the center of his or her new life. The person is serving God, doing what pleases God and, therefore, cannot serve sin at the same time. He or she is “alive unto God through Jesus Christ.”

Go back over the quote from Ellen G. White in today’s study. Notice how crucial the concept of free will is. As moral creatures, we must have a free will, the power to choose right and wrong, good and evil, Christ or the world. Over the next 24 hours, try to keep track consciously of how you are using this moral free will. What can you learn about your use, or abuse, of this sacred gift?
Learning Cycle

STEP 1—Motivate

**Key Concept for Spiritual Growth:** God’s grace overflows so that it covers every sin and gives us a power that no temptation can overcome.

Has there ever been a time that God’s grace was needed more than today? Crime rates astound us. If these rates were confined to one region, we might be tempted to lay the blame on inadequate education, poverty, or some correctable condition. The globalization of corruption, however, does not allow such easy excuses. The answer for societal deterioration must lie elsewhere. Greed, corruption, and sexual scandal, at the highest levels of government and society, grab headlines nightly and demonstrate that sin is no respecter of caste or social position. Drug abuse prevails among the wealthy, as well as the poor. The problem is deeper and more pervasive than the politicians understand and the societal engineers are prepared for. Sin reigns. Incompetent human wisdom cannot reverse the drift into chaos and rescue us from the moral abyss.

We need help! Thank God we have it! Jesus defeated sin at the cross, and the Holy Spirit mediates the benefits of that victory to all who desire to conquer the temptation to sin. We have an Ally in heaven who cannot fail!

**Opening Activity:** Discuss this Charles Spurgeon excerpt: “His [God’s] help is more than help, for he bears all the burden and supplies all the need. ‘The Lord is my helper, I will not fear what man can do unto me.’

“Because He has already been our help, we feel confidence in Him for the present and the future. Our prayer is, ‘Lord be thou my helper’; our experience is, ‘The Spirit also helpeth our infirmities.’ ”—Charles Spurgeon, *Faith’s Check Book* (Springdale, Penn.: Whitaker House, 1992), p. 14.

**Questions for Discussion:** What does Spurgeon mean by saying that God bears all the burdens and supplies all the need? How does this understanding help us define grace?

STEP 2—Explore

**Bible Commentary**

I. Sin Personified *(Review Romans 6:12 with the class.)*
Under the Law?

Read Romans 6:14. How are we to understand this text? Does it mean that the Ten Commandments are no longer binding on us? If not, why not?

Romans 6:14 is one of the key statements in the book of Romans. And it’s one we often hear, usually quoted in the context of someone telling us Adventists that the seventh-day Sabbath has been abrogated.

Yet, that’s obviously not what the text means. As we asked before, how could the moral law be done away with and sin still be a reality, because the moral law is what defines sin? If you were to read all that came before in Romans, even in just chapter 6, it would be hard to see how, in the midst of all this discussion about the reality of sin, Paul were to suddenly say, “Besides, the moral law, the Ten Commandments, which defines sin, has been abolished.” That makes no sense.

Paul is saying to the Romans that the person living “under the law”—that is, under the Jewish economy as it was practiced in his day, with all its man-made rules and regulations—will be ruled by sin. In contrast, a person living under grace will have victory over sin, because the law is written in his or her heart and God’s spirit is allowed to guide his or her steps. Accepting Jesus Christ as the Messiah, being justified by Him, being baptized into His death, having the “old man” destroyed, rising to walk in newness of life—these are the things that will dethrone sin from our lives. Remember, that is the whole context in which this verse appears, the context of the promise of victory over sin.

We should not define “under the law” too restrictively. The person who supposedly lives “under grace” but disobeys God’s law will not find grace but condemnation. “Under grace” means that through the grace of God as revealed in Jesus, the condemnation that the law inevitably brings to sinners has been removed. Thus, now free from this condemnation of death brought by the law, we live in “newness of life,” a life characterized and made manifest through the fact that, being dead to self, we are no longer slaves to sin.

How have you experienced the reality of a new life in Christ? What tangible evidence can you point to that reveals what Christ has done in you? What areas are you refusing to let go of, and why must you let them go?
Learning Cycle CONTINUED

How does one distinguish between pure and evil desires? The distinction may not be that simple. The Greek word, *epithumia*, often translated “lust,” is simply the word for “desire” and can be neutral (Mark 4:19), and even good, as when Paul spoke of his *epithumia* to be with Christ (Phil. 1:23). However, translators almost universally consider the *epithumia* of Romans 6:12 to have a negative meaning (KJV, NKJV, NASB—“lust”; NIV—“evil desires”; NLT—“lustful desires”; RSV, NRSV, and MLB use “passion”; [while technically a neutral term, it can carry the romance-novel connotation of forbidden sexual desire]; TEV, CEV, and NEB use the neutral term “desire”). Clearly, translators use context to determine the shade of meaning they assign to it. The distinction between pure and evil desire comes down to God’s expressed will. Sexual desire is a God-given instinct, pure until expressed outside of God’s will; hunger is a natural desire, pure until leading to excess; even desire for wealth is not evil of itself until it becomes greed. Desire becomes perverted from its original God-intended purpose to some excess or destructive behavior. God gave us the Bible so that we may discern what His purposes are.

Once the Holy Spirit guides our knowledge of God’s purposes, there is good news; we are not left alone nor powerless! Christ’s sacrifice freed us from sin’s reign and empowers us to live holy lives—if we choose. Through his alter ego Geraldine, comedian Flip Wilson carved the expression “The devil made me do it” into international consciousness; but no one legitimately can excuse sin on this basis, for the devil cannot force us to do anything. He stands powerless when we have chosen to allow the Holy Spirit to control our lives. Therein lies the real battle: Will we surrender control to God, or will we wrestle the reins of life away from Him?

Consider This: How does God propose to purify my desires and motives? How do we sometimes get in the way of His divine purposes?

II. Under the Law? *(Review Romans 6:14 with the class.)*

Some commentators assert that Paul is dismissing the Ten Commandments in these verses. How odd that Paul would say something contrary to Christ’s express statement (Matt. 5:17–19) regarding the law! If we follow Paul’s reasoning, we will not jump to such erroneous conclusions. Paul’s argument is that the law defines right from wrong, thus teaching us what sin is. The person who violates the law comes under legal jurisdiction. The person who is not violating the law (not sinning) is not under legal jurisdiction (the law).
Two Contending Masters

Read Romans 6:16. What point is Paul making? Why is his argument very black and white here? That is, it is either one or the other, with no middle ground. What lesson should we draw from this very clear contrast?

Paul comes back to the point again that the new life of faith does not grant liberty to sin. The life of faith makes possible victory over sin; in fact, only through faith can we have the victory that is promised us.

Having personified sin as a king ruling over his subjects, Paul now returns to the figure of sin as a master demanding obedience of his servants. Paul points out that a person has a choice of masters. He can serve sin, which leads to death, or he can serve righteousness, which leads to eternal life. Paul doesn’t leave us any middle ground here or any room for compromise. It’s one or the other because, in the end, we face either eternal life or eternal death.

Read Romans 6:17. How does Paul expand here on what he said in verse 16?

Notice how, interestingly enough, obedience is linked to correct doctrine. The Greek word for “doctrine” here means “teaching.” The Roman Christians had been taught the principles of the Christian faith, which they now obeyed. Thus, for Paul, correct doctrine, correct teaching, when obeyed “from the heart,” led to the Romans becoming “servants of righteousness” (vs. 18). We sometimes hear that doctrine does not matter, just as long as we show love. That’s a very simplistic expression of something that’s not so simple. As stated in an earlier lesson, Paul was very concerned about the false doctrine to which the Galatian church had succumbed. Thus, we need to be careful about statements that somehow denigrate the importance of correct teaching.

Servants of sin, servants of righteousness: the contrast is very stark. If, after baptism, we sin, does this mean that we are not truly saved? Read 1 John 1:8–2:1. How do these texts help us understand what it means to be a follower of Christ and yet still subject to falling?
An officer arrests me (puts me under the law) when I exceed the speed limit. If I were not speeding, he would not “put me under the law.” Conversely, the fact that I am not speeding does not mean there are no speed limits. The fact that by God’s grace I am no longer under sin’s power does not mean there are no Ten Commandments. Paul never says there is no law; he simply asserts that we are not under it because, by divine power, we need not sin. Sin puts us under the law; when we stop breaking the law, we are no longer “under it.”

**Consider This:** How would we know what sin is if there were no law? How does God propose to help us get out from under the law (that is, stop sinning)?

**STEP 3—Apply**

**Just for Teachers:** Even among those whose belief system teaches that God’s overflowing grace is sufficient to forgive and empower, there is sometimes an emotional disconnect between what we believe and what we feel. How do we make that connection so that belief and feeling are synchronized? Have two volunteers read the following dialogue and discuss:

**Activity:**

**SARAH.** Why do I keep falling for these guys? Am I some kind of loser or something?

**NINA.** Sarah, you shouldn’t be so hard on yourself.

**SARAH.** I mean, it must be written on me somewhere. . . . Is it on my back, on my forehead, what? “NAIVE GIRL—TAKE ADVANTAGE!”

**NINA.** Sarah, stop!

**SARAH.** That’s the problem, I can’t stop. I keep making the same stupid mistakes again and again. What’s wrong with me? Am I ever going to learn?

**NINA.** You can start over.

**SARAH.** Uh-oh. I can feel it coming. This is the God-talk, right? “Oh, Sarah, God can forgive anything!” Well, I used up my share a long time ago.

**NINA.** Don’t think like that. The woman at the well had a half dozen guys and—

**SARAH, interrupting.** So you’re saying I’ve got some competition, huh?

**NINA.** I didn’t mean it that way.

**SARAH.** Well, I mean, why doesn’t God stop me from doing such stupid stuff?
Fruit Unto Holiness

Keeping in mind what we have studied so far in Romans 6, read the rest of the verses (19–23). Summarize on the lines below the gist of what Paul is saying. Most important, ask yourself how you can make real in your life the crucial truths that Paul is addressing. Ask yourself, too, what are the issues at stake here?

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Paul’s words here show that he fully understands the fallen nature of humanity. He talks about the “infirmity of your flesh.” The Greek word for “infirmity” means also “weakness.” He knows what fallen human nature, left on its own, is capable of. Thus, again, he appeals to the power of choice—the power we have to choose to surrender ourselves and our weak flesh to a new master, Jesus, who will enable us to live a righteous life.

Romans 6:23 often is quoted to show that the penalty for sin—that is, the transgression of the law—is death. Certainly sin’s penalty is death. But in addition to seeing death as sin’s penalty, we should see sin as Paul describes it in Romans 6—as a master dominating his servants, duping them by paying them off with the wages of death.

Notice, too, that in his development of the figure of the two masters, Paul calls attention to the fact that the service of one master means freedom from the service of the other. Again we see the clear choice: one or the other. There is no middle ground. At the same time, as we all know, being free from the dominion of sin doesn’t mean sinlessness, doesn’t mean we don’t struggle and, at times, even fall. It means, instead, that we are no longer dominated by sin, however much a reality it remains in our life and however much we must daily claim the promises of victory over it.

Thus, this passage becomes a powerful appeal to anyone who is serving sin. This tyrant offers nothing but death as payment for doing shameful things; therefore, a reasonable person should desire emancipation from this tyrant. In contrast, those who serve righteousness do things that are upright and praiseworthy, not with the idea of thus earning their salvation, but as a fruit of their new experience. If they are acting in an attempt to earn salvation, they are missing the whole point of the gospel, the whole point of what salvation is, and the whole point of why they need Jesus.
**Learning Cycle** CONTINUED

**Nina.** Like I started to say, Jesus forgave her just like He’s always willing to forgive you. But you have to be willing to accept it.

**Sarah.** Yeah, yeah. I know you’re right; but why can’t I feel it? Why don’t I feel forgiven?

**Application Questions:**

1. How can I help others (or myself) gain full confidence in God’s promise of forgiveness and empowerment?
2. How do I deal with repeated failure?
3. How can I say No to temptation?

**Witness:**

Little Jimmy went skating at the youth center one night when the concession stand was running a special—unlimited free refills on drinks. Because it was paid for already, Jimmy kept refilling until he could hold it no longer, and then he had an accident. Many Christians seem to display the same attitude when it comes to God’s unlimited grace. Because the payment for sin already has been made, they reason that they need not exercise self-control, for they can return any time for a forgiveness refill. Unfortunately, many Christians have suffered through unnecessary accidents as a result of this philosophy. Apparently, in Paul’s day, some even were suggesting that sinning more would make God appear even more gracious!

**Discuss:** How do we guard against the error of limiting God’s grace but also avoid the error of presuming upon it?

**STEP 4—Create**

**Just for Teachers:** The heart of the gospel is enunciated in Romans 6. Because of Christ’s sacrifice, God saves to the outer limits and empowers surrendered souls to overcome temptation. The suggested closing activity requires advance preparation but offers an enduring visual experience of the concepts studied.

**Activity:** Near the end of class bring in a person bound in several layers of rope, gagged, handcuffed, blindfolded, and chained. Have the class set the prisoner free.

**Discuss:** How does this experience graphically illustrate the way in which Christ sets us free from sin? What does it tell us about His power to save to the uttermost?

“He [Jesus] did not consent to sin. Not even by a thought did He yield to temptation. So it may be with us. Christ’s humanity was united with divinity; He was fitted for the conflict by the indwelling of the Holy Spirit. And He came to make us partakers of the divine nature. So long as we are united to Him by faith, sin has no more dominion over us. God reaches for the hand of faith in us to direct it to lay fast hold upon the divinity of Christ, that we may attain to perfection of character.”—Ellen G. White, *The Desire of Ages*, p. 123.

“At our baptism we pledged ourselves to break all connection with Satan and his agencies, and to put heart and mind and soul into the work of extending the kingdom of God. . . . The Father, the Son, and the Holy Spirit are pledged to cooperate with sanctified human instrumentalities.”—Ellen G. White Comments, *The SDA Bible Commentary*, vol. 6, p. 1075.

“A profession of Christianity without corresponding faith and works will avail nothing. No man can serve two masters. The children of the wicked one are their own master’s servants; to whom they yield themselves servants to obey, his servants they are, and they cannot be the servants of God until they renounce the devil and all his works. It cannot be harmless for servants of the heavenly King to engage in the pleasures and amusements which Satan’s servants engage in, even though they often repeat that such amusements are harmless. God has revealed sacred and holy truths to separate His people from the ungodly and purify them unto Himself. Seventh-day Adventists should live out their faith.”—Ellen G. White, *Testimonies for the Church*, vol. 1, p. 404.

**Discussion Questions:**

1. **Though we have all these wonderful promises of victory over sin, the fact is that we all—even as born-again Christians—are aware of just how fallen we are, how sinful we are, and how corrupt our hearts can be. Is there a contradiction here? Explain.**

2. **In class, give a testimony about how Christ has changed your life.**

3. **However important it is that we always remember that our salvation rests only in what Christ has done for us, what dangers arise if we overemphasize that wonderful truth to the exclusion of the other part of salvation: that of what Jesus does in us, to transform us into His image? Why do we need to understand and emphasize both these aspects of salvation?**
Lesson 8  *August 14–20

The Man of Romans 7

SABBATH AFTERNOON

Read for This Week’s Study: Romans 7.

Memory Text: “Now we are delivered from the law, that being dead wherein we were held; that we should serve in newness of spirit, and not in the oldness of the letter” (Romans 7:6).

Few chapters in the Bible have created more controversy than has Romans 7. Concerning the issues involved, *The SDA Bible Commentary* says, “The meaning of vs. 14–25 has been one of the most discussed problems in the whole epistle. The main questions have been as to whether the description of such intense moral struggle could be autobiographical, and, if so, whether the passage refers to Paul’s experience before or after his conversion. That Paul is speaking of his own personal struggle with sin seems apparent from the simplest meaning of his words (cf. vs. 7–11; [Ellen G. White, *Steps to Christ*, p. 19; Ellen G. White, *Testimonies for the Church*, vol. 3, p. 475]). It is surely also true that he is describing a conflict that is more or less experienced by every soul confronted by and awakened to the spiritual claims of God’s holy law.”—*The SDA Bible Commentary*, vol. 6, p. 553.

Bible students differ on whether Romans 7 was Paul’s experience before or after conversion. Whatever position one takes, what’s important is that Jesus’ righteousness covers us and that in His righteousness we stand perfect before God, who promises to sanctify us, to give us victory over sin, and to conform us to “the image of his Son” (*Rom. 8:29*). These are the crucial points for us to know and experience as we seek to spread “the everlasting gospel” to “every nation, and kindred, and tongue, and people” (*Rev. 14:6*).

*Study this week’s lesson to prepare for Sabbath, August 21.*
Bound to the Law?

Read Romans 7:1–6. What illustration does Paul use here in order to show his readers their relationship to the law, and what point is he making with that illustration?

Paul’s illustration in Romans 7:1–6 is somewhat involved, but a careful analysis of the passage will help us to follow his reasoning.

In the overall context of the letter, Paul was dealing with the system of worship established at Sinai; that is often what he means by the word law. The Jews had difficulty grasping the fact that this system, given to them of God, should end with the coming of the Messiah. This is what Paul was dealing with—Jewish believers still not ready to abandon what had been such an important part of their lives.

In essence, Paul’s illustration is as follows: a woman is married to a man. The law binds her to him as long as he lives. During his lifetime she cannot consort with other men. But when he dies, she is free from the law that bound her to him (vs. 3).

How does Paul apply the illustration of the law of marriage to the system of Judaism? Rom. 7:4, 5.

As the death of her husband delivers the woman from the law of her husband, so the death of the old life in the flesh, through Jesus Christ, delivers the Jews from the law they had been expected to keep until the Messiah fulfilled its types.

Now the Jews were free to “remarry.” They were invited to marry the risen Messiah and thus bring forth fruit to God. This illustration was one more device Paul used to convince the Jews that they were now free to abandon the ancient system.

Again, given all else that Paul and the Bible say about obedience to the Ten Commandments, it doesn’t make sense to assert here that Paul was telling these Jewish believers that the Ten Commandments were no longer binding. Those who use these texts to try to make that point—that the moral law was done away with—really don’t want to make that point, anyway; what they really want to say is that only the seventh-day Sabbath is gone, not the rest of the law. To read these verses as teaching that the fourth commandment has been abolished or superceded or replaced with Sunday is to give them a meaning that the words were never intended to have.
The Lesson in Brief

**Key Text:** Romans 7:22, 23

**The Student Will:**

**Know:** Recognize that our sinful nature wages war against God’s law and that we must die to the old system of lifeless rules that focus on our work rather than on Christ’s work.

**Feel:** Sense our helplessness in doing good without Christ’s intervention.

**Do:** Die to the old passions aroused by sin in order to live freely in the way of the Spirit.

**Learning Outline:**

I. Know: War With Our Sinful Nature

A. Our sinful nature is at war with the longing we have to live in harmony with God’s law. Why must we die to our natural sinful self in order to live in the Spirit?

B. What kinds of behaviors, hereditary or habitual, are examples of doing what comes naturally? How are these behaviors extensions of our sinful nature?

II. Feel: Helpless to Do Good

A. If we can’t do the good we’d like to do, who or what is really in control of our lives? Discuss.

B. What is the only remedy for our helpless, out-of-control condition?

III. Do: Living Freely

A. In what way do we die to our sinful desires?

B. How are we buried with Christ?

C. What are the freedoms that a life in the Spirit offers, and what must we do to live this kind of life?

**Summary:** Only death to our natural, sinful self and its desires makes it possible for a new way of life in Christ.
Is the Law Sin?

If Paul is talking about the whole law system at Sinai, what about Romans 7:7, in which he specifically mentions one of the Ten Commandments? Doesn’t that refute the position, taken yesterday, that Paul was not talking about the abolition of the Ten Commandments?

The answer is No. We must keep in mind, again, that the word law for Paul is the whole system introduced at Sinai, which included the moral law but wasn’t limited to it. Hence, Paul could quote from it, as well as from any other section of the whole Jewish economy, in order to make his points. However, when the system passed away at the death of Christ, that didn’t include the moral law, which had existed even before Sinai and exists after Calvary, as well.

Read Romans 7:8–11. What is Paul saying here about the relationship between the law and sin?

God revealed Himself to the Jews, telling them in detail what was right and what was wrong in moral, civil, ceremonial, and health matters. He also explained the penalties for violation of the various laws. Violation of the revealed will of God is here defined as sin.

Thus, Paul explains, he would not have known if it was a sin to covet without having been informed of that fact by the “law.” Because sin is the violation of the revealed will of God, where the revealed will is unknown, there is no awareness of sin. When that revealed will is made known to a person, he or she comes to recognize that he or she is a sinner and is under condemnation and death. In this sense, the person dies.

In Paul’s line of argument here and throughout this section, he is trying to build a bridge to lead the Jews—who revere the “law”—to see Christ as its fulfillment. He is showing that the law was necessary but that its function was limited. The law was meant to show the need of salvation; it never was meant to be the means of obtaining that salvation.

“The apostle Paul, in relating his experience, presents an important truth concerning the work to be wrought in conversion. He says, ‘I was alive without the law once’—he felt no condemnation; ‘but when the commandment came,’ when the law of God was urged upon his conscience, ‘sin revived, and I died.’ Then he saw himself a sinner, condemned by the divine law. Mark, it was Paul, and not the law, that died.”—Ellen G. White Comments, The SDA Bible Commentary, vol. 6, p. 1076.

In what sense have you “died” before the law? How, in that context, can you understand what Jesus has done for you by giving you a new life in Him?
Learning Cycle

**STEP 1—Motivate**

*Key Concept for Spiritual Growth:* Through the law alone we cannot find salvation—it is only through Christ that we can be saved.

*Just for Teachers:* The following activity is designed to introduce the following concepts:

- The law shows us the will of God and, thereby, also defines sin. Without the law, we wouldn’t know what sin is.
- The law is good and just, but the law alone is not our means to salvation. That comes through the grace of Christ.

*Opening Activity:* The Rules game. You will need pens and note cards, a kitchen timer, and small “rewards” (raisins, cookies, marshmallows, and so on) to give everyone who isn’t “out” when the timer rings. You, as the teacher, will be the arbiter of the rules.

Ask each member of your class to write one rule that they think will be very hard for people to obey for the next five minutes (such as, don’t blink, don’t talk, try to balance on one foot continuously, hold a hymnal in an outstretched hand for the duration).

The game is simple. Obey the rules and receive a reward. Failure to obey eliminates you from the game, and you are ineligible to receive the reward.

Pick two or three rules from the suggestions that are possible to attempt simultaneously. Share those rules with the class. Set the timer for five minutes. Count as *out* everyone who *sins* by failing to adhere to the rules.

You, as the arbiter of the rules, have the ability to *forgive* those who are *out* and send them back to the game, but they still must try to adhere to the rules. Also, keep reminding your class of the rules.

It shouldn’t be long before everyone in the class has been *out* at least once, some more than others. Keep your eye on the timer and be sure that everyone has been *forgiven* in time to receive a reward when the time expires. Give everyone in the class a reward.

*Questions for Discussion:* Ask, by show of hands, how many were
The Holy Law

Read Romans 7:12. How do we understand this text in the context of what Paul has been discussing?

Because the Jews revered the law, Paul exalts it in every way possible. The law is good for what it does, but it can’t do what it was never meant to do—to save us from sin. For that we need Jesus, because the law—whether the entire Jewish system or the moral law in particular—cannot bring salvation. Only Jesus and His righteousness, which comes to us by faith, can.

Whom does Paul blame for his condition of “death,” and what does he exonerate? Why is that distinction important? Rom. 7:13.

In this verse, Paul is presenting the “law” in the best sense possible. He chooses to blame sin, not the law, for his terrible sinful condition; that is, his working “all manner of concupiscence [lust]” (vs. 8). The law is good, for it is God’s standard of conduct, but as a sinner, Paul stood condemned before it.

Why was sin so successful in showing up Paul as a terrible sinner? Rom. 7:14, 15.

Carnal means “fleshy.” Thus, Paul needed Jesus Christ. Only Jesus Christ could take away the condemnation (Rom. 8:1). Only Jesus Christ could free him from slavery to sin.

Paul describes himself as “sold under sin.” He is a slave to sin. He has no freedom. He can’t do what he wants to do. He tries to do what the good law tells him to do, but sin won’t let him.

By this illustration, Paul was trying to show the Jews the need of the Messiah. He already had pointed out that victory is possible only under grace (Rom 6:14). This same thought is reemphasized in Romans 7. Living under the “law” means enslavement to sin, a merciless master.

What has been your own experience with how sin enslaves? Have you ever tried to play with sin, thinking you could control it as you wished, only to find yourself under a vicious and merciless taskmaster? Welcome to reality! Why, then, must you surrender to Jesus, and die to self daily?
Learning Cycle  

out at least once. The wages of sin are death. As slaves to the law, they would have been worthy of death, wouldn’t they? Were those who were out more than the others any more dead than those who failed only once or twice? Did those who failed less earn a greater reward? How do the answers help illustrate that we cannot be saved through our own efforts?

STEP 2—Explore

Just for Teachers: In light of Christ’s sacrifice, grace, and forgiveness, what value does the law have? What purpose does it serve today?

Bible Commentary

I. The Purpose of the Law (Review Romans 7:7 and Romans 7:9–12 with the class.)

God’s law is as necessary now as it was in heaven before the creation of humanity. For without the guiding principles of the law, how would humans ever fully know the will and the holy character of God?

Keeping the law, however, cannot save us. Salvation by works is dead-end religion and a burden to the believer. In Acts 15:10, Peter echoes this thought when he refers to the law as “‘a yoke that neither we nor our fathers have been able to bear’” (*NIV*). Paul takes this idea a step further when he states that “the very commandment that was intended to bring life actually brought death” (*Rom. 7:10, NIV*), exposing his sin.

So if the law clearly can’t save us, then what can it do? First and foremost, the law serves to tell us what is right and wrong. Paul states this point very clearly in Romans 7:7 when he says, “Indeed I would not have known what sin was except through the law. For I would not have known what coveting was if the law had not said, ‘Do not covet’” (*NIV*).

Second, the law carries a penalty for breaking it and thus implies the need for an Advocate, a Savior, to plead our case in the heavenly court—a Lawyer who can overturn the judgment in our favor. The need for mercy in the face of the penalty of breaking the law cannot be overstated. Civic penalties for breaking individual laws may vary from country to country, but the ultimate penalty of sin is death.
The Man of Romans 7

“If then I do that which I would not, I consent unto the law that it is good. Now then it is no more I that do it, but sin that dwelleth in me” (Rom. 7:16, 17). What struggle is presented in these verses?

Using the law as a mirror, the Holy Spirit convicts a person that he or she is displeasing God by not fulfilling the requirements of the law. Through efforts to meet those requirements, the sinner shows that he or she agrees that the law is good.

What points that Paul had already made did he repeat for emphasis?
Rom. 7:18–20.

To impress upon a person his or her need of Christ, the Holy Spirit often leads the person through an “old covenant” type of experience. Ellen G. White describes Israel’s experience as follows: “The people did not realize the sinfulness of their own hearts, and that without Christ it was impossible for them to keep God’s law; and they readily entered into covenant with God. Feeling that they were able to establish their own righteousness, they declared, ‘All that the Lord hath said will we do, and be obedient.’ Exodus 24:7. . . . Only a few weeks passed before they broke their covenant with God, and bowed down to worship a graven image. They could not hope for the favor of God through a covenant which they had broken; and now, seeing their sinfulness and their need of pardon, they were brought to feel their need of the Saviour revealed in the Abrahamic covenant.”—Ellen G. White, Patriarchs and Prophets, pp. 371, 372.

Unfortunately, by failing to renew their dedication to Christ daily, many Christians are, in effect, serving sin, however loathe they may be to admit it. They rationalize that, in reality, they are undergoing the normal experience of sanctification and that they simply still have a long way to go. Thus, instead of taking known sins to Christ and asking Him for victory over them, they hide behind Romans 7, which tells them, they think, that it is impossible to do right. In reality, this chapter is saying that it is impossible to do right when a person is enslaved to sin, but victory is possible in Jesus Christ.

Are you having the victories over self and sin that Christ promises us? If not, why not? What wrong choices are you, and you alone, making?
Learning Cycle CONTINUED

But thank God that Jesus’ death paid the penalty of death. He died the death we deserved so that we might have eternal life, and that death fulfilled the righteous demands of His law. Clearly, the law itself was never intended to sanctify us. Nor was it ever meant to be our means to salvation. As such, it is limited in what it can accomplish. Only through the grace of Christ can we be saved.

Consider This: Why did God give humans His law? What is the danger of getting so caught up in the letter of the law that you forget the spirit of it?

- What are the limitations of the law? With Jesus’ death paying the ransom for our sins, what is the purpose of the law?
- Why can’t keeping the law save us? Why is Christ’s sacrifice our only true means of salvation?

STEP 3—Apply

Just for Teachers: Remind your class of the game that they played in the opening activity. Ask them to think about it in the context of trying to follow God’s law, yet still falling victim to sin on a daily basis.

All class members would, no doubt, agree that from the outset of the game they wanted to follow the rules, right? Naturally, they wanted to receive the reward. It is highly doubtful that any wanted to enter the game with the goal of being eliminated. We all would live as slaves to the law but for Christ’s sacrifice that liberates us.

Questions for Discovery:

1. How does the law help us define what the will of God is and what sin is?
2. Without the law, or if the law remains unknown, does sin exist? Explain your answer.
3. Just as in the game, if we do not know the law, how can we know what sin is? Is there any way for God to be a just God without giving us the law? Explain.
Delivered From Death

Read Romans 7:21–23. How have you experienced this same struggle in your own life, even as a Christian?

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In this passage, Paul equates the law in his members (his body) with the law of sin. “With the flesh,” Paul says, he served “the law of sin” (Rom. 7:25). But serving sin and obeying its law means death (see vss. 10, 11, 13). Hence, his body—as it was now functioning in obedience to sin—fittingly could be described as “the body of this death.”

The law of the mind is God’s law, God’s revelation of His will. Under conviction of the Holy Spirit, Paul consented to this law. His mind resolved to keep it, but when he tried, he couldn’t, because his body wanted to sin. Who hasn’t felt that same struggle? In your mind you know what you want to do, but your flesh clamors for something else.

How can we be rescued from this difficult situation we find ourselves in? Rom. 7:24, 25.

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Some have wondered why, after reaching the glorious climax in the expression “I thank God through Jesus Christ our Lord,” Paul should refer once more to the struggles of the soul from which he apparently had been delivered. Some understand the expression of thanksgiving as a parenthetical exclamation. They believe that such an exclamation follows naturally the cry, “Who shall deliver?” They hold that before proceeding with an extended discussion of the glorious deliverance (Romans 8) Paul summarizes what he has said in the preceding verses and confesses once again to the conflict against the forces of sin.

Others suggest that by “I myself,” Paul means, “left to myself, leaving Christ out of the picture.” However these verses are understood, one point should remain clear: left to ourselves, without Christ, we are helpless against sin. With Christ we have a new life in Him, one in which—though self will constantly arise—the promises of victory are ours if we choose to claim them. Just as no one can breathe for you or cough for you or sneeze for you, no one can choose for you to surrender to Christ. You alone can make that choice. There’s no other way to attain for yourself the victories that are promised us in Jesus.
Learning Cycle continued

4 Just because forgiveness exists, why is that not a license for lawbreaking?

5 Discuss whether it was the rules themselves that enabled participants to receive the reward or forgiveness and grace that freed them from the penalty or something else.

6 Ask if there are rules they would have been able to follow had they had help from the arbiter. In what ways does this idea help us to understand that it is only through Christ’s help that we can overcome sin?

7 What steps do we need to take as Christians in order to avoid being caught up in the cycle of legalism and truly embrace Christ’s gift of forgiveness and grace?

STEP 4—Create

**Just for Teachers:** Romans 7 provides each individual in your class with a starting point for introspection. Encourage them to examine how they personally relate to the law and how Paul’s teachings about the law might affect their spiritual lives. Finally, encourage them to think about how they relate to God’s plan of salvation.

**Activity:** What are some things that you personally are struggling with that can be used as an illustration of what Paul has said about the law, dying to sin, and to grace?

Think of a couple things that you would like to work on with Christ in this regard. Work these goals into your daily prayer life. Invite God into your life specifically in these areas and ask for His help and daily guidance in achieving them. Ask for God’s help to free you from the chains of sin. Ask God to help you daily die to sin and live in grace through Christ’s sacrifice, so that with His help you may be free of the condemnation of the law.

“There is no safety nor repose nor justification in transgression of the law. Man cannot hope to stand innocent before God, and at peace with Him through the merits of Christ, while he continues in sin.” —Ellen G. White, Selected Messages, book 1, p. 213.

“Paul desires his brethren to see that the great glory of a sin-pardoning Saviour gave significance to the entire Jewish economy. He desired them to see also that when Christ came to the world, and died as man’s sacrifice, type met antitype.

“After Christ died on the cross as a sin offering the ceremonial law could have no force. Yet it was connected with the moral law, and was glorious. The whole bore the stamp of divinity, and expressed the holiness, justice, and righteousness of God. And if the ministration of the dispensation to be done away was glorious, how much more must the reality be glorious, when Christ was revealed, giving His life-giving, sanctifying, Spirit to all who believe?”—Ellen G. White Comments, The SDA Bible Commentary, vol. 6, p. 1095.

Discussion Questions:

1. Who do you think the man of Romans 7 is? Paul, before or after conversion? Or is this chapter talking about something else entirely? What justification do you have for your answer? In class, discuss the answers given.

2. How do we explain the fact that even baptized, born-again Christians struggle with sin? Shouldn’t we automatically overcome everything? Or will we always be sinning? Or is the answer somewhere in between?

3. What potential dangers arise from the view that, as Christians, we will always be sinning, always be falling, always be violating God’s law, no matter what? On the other hand, what potential dangers arise from the view that as Christians we must overcome every wrong thing in our lives, every wrong thought, every wrong tendency—no matter what, or else we are not saved?

4. In the end, regardless of whatever position folk take on the man of Romans 7, what promises can we take from Romans 7 for ourselves that will help us understand what it means to be followers of Jesus?
Romans 8 is Paul’s answer to Romans 7. In Romans 7 Paul speaks of frustration, failure, and condemnation; in Romans 8 the condemnation is gone, replaced with freedom and victory through Jesus Christ.

Paul was saying in Romans 7 that if you refuse to accept Jesus Christ, the wretched experience of Romans 7 will be yours. You will be slaves to sin, unable to do what you choose to do. In Romans 8 he says that Christ Jesus offers you deliverance from sin and the freedom to do the good that you want to do but your flesh won’t allow.

Paul continues, explaining that this freedom was purchased at infinite cost. Christ the Son of God took on humanity, the only way He could relate to us, could be our perfect example, and could become the substitute who died in our stead. He came “in the likeness of sinful flesh” (vs. 3). As a result, the righteous requirements of the law can be fulfilled in us (vs. 4). In other words, Christ made victory over sin, as well as meeting the positive requirements of the law, possible.

Because of space limitations, we will cover only the first 17 verses of Romans 8. As time allows, read the rest of the chapter, which is filled with wonderful assurances of God’s love. These verses powerfully point us to the hope we should have as people who are “more than conquerors through him that loved us” (vs. 37) and who, out of that love, “spared not his own Son, but delivered him up for us all” (vs. 32).

*Study this week’s lesson to prepare for Sabbath, August 28.*
Freedom From Condemnation

“There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit” (Rom. 8:1). What does “no condemnation” mean? No condemnation from what? And why is this such good news?

“In Christ Jesus” is a common phrase in the Pauline writings. For a person to be “in” Christ Jesus means that he or she has accepted Christ as his or her Savior. The person trusts Him implicitly and has decided to make Christ’s way of life his or her own way. The result is a close personal union with Christ.

“In Christ Jesus” is contrasted with “in the flesh.” It also is contrasted with the experience detailed in chapter 7, where Paul describes the person under conviction before his or her surrender to Christ as carnal, meaning that he or she is a slave to sin. The person is under condemnation of death (vss. 11, 13, 24). He or she serves the “law of sin” (vss. 23, 25). This person is in a terrible state of wretchedness (vs. 24).

But when the person surrenders to Jesus, an immediate change is wrought in his or her standing with God. Formerly condemned as a lawbreaker, that person now stands perfect in the sight of God, stands as if he or she had never sinned, because the righteousness of Jesus Christ completely covers that person. There is no more condemnation, not because the person is faultless, sinless, or worthy of eternal life (he or she is not!), but because Jesus’ perfect life record stands in the person’s stead; thus, there is no condemnation.

But the good news doesn’t end there.

**What** frees a person from slavery to sin? Rom. 8:2.

“The law of the Spirit of life” here means Christ’s plan for saving humanity, in contrast with “the law of sin and death,” which was described in chapter 7 as the law by which sin ruled, the end of which was death. Christ’s law instead brings life and freedom.

“Every soul that refuses to give himself to God is under the control of another power. He is not his own. He may talk of freedom, but he is in the most abject slavery. . . . While he flatters himself that he is following the dictates of his own judgment, he obeys the will of the prince of darkness. Christ came to break the shackles of sin-slavery from the soul.”—Ellen G. White, *The Desire of Ages*, p. 466. Are you a slave, or are you free in Christ? How can you know for sure?
The Lesson in Brief

**Key Text:** Romans 8:1

**The Student Will:**

**Know:** Outline the means by which Christ frees us from the condemnation of sin and leads us to become children of God through life in His Spirit.

**Feel:** Describe the feeling that causes us to cry “Abba, Father” (Rom. 8:15), as well as how and through whom it comes about.

**Do:** Share in the sufferings of Christ, as well as in His glory.

**Learning Outline:**

I. Know: Free From Condemnation

A When Christ became our sin offering, the righteous requirements of the law were met. Not only are we justified, but as we submit to His Spirit, our minds and bodies are controlled by Him. What does it mean to be fully under the control of Christ, mind and body and spirit?

B What does the Spirit do that enables us to live as God’s children?

II. Feel: Abba, Father

A Not only does the Spirit make our minds and bodies over to be Christlike rather than sinful, He remodels our relationships into those of sons and daughters of God, with an intimacy that cries out in recognition of our close connection to Him. What hope does this recognition give us when we come to God after having fallen away?

B Using the intimate relationships with which you are familiar, what might you expect an intimate relationship with God to feel like?

III. Do: The Suffering and the Glory

A Those who are intimate share both suffering and happy times. In what ways do we share in the reproaches and self-denial of Christ?

B How are we more than conquerors through Christ in the midst of our suffering and trials?

**Summary:** When we die with Christ, we are raised to live as Christ lived, and so we live as children of God, controlled by the Spirit.
What the Law Could Not Do

However good, the “law” (the ceremonial law, the moral law, or even both) cannot do for us what we need the most, and that is to provide the means of salvation, a means of saving us from the condemnation and death that sin brings. For that, we need Jesus.

Read Romans 8:3, 4. What did Christ do that the law, by its very nature, cannot do?

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God provided a remedy by “sending his own Son in the likeness of sinful flesh,” and He “condemned sin in the flesh.” The incarnation of Christ was an important step in the plan of salvation. It is proper to exalt the Cross, but in the outworking of the plan of salvation, Christ’s life “in the likeness of sinful flesh” was extremely important, too.

As a result of what God has done in sending Christ, it is now possible for us to meet the righteous requirement of the law; that is, to do the right things that the law requires. “Under the law” (Rom. 6:14), this was impossible; “in Christ” it is now possible.

Yet, we must remember that doing what the law requires doesn’t mean keeping the law well enough to earn salvation. That’s not an option—never was. It means simply living the life that God enables us to live; it means a life of obedience, one in which we have “crucified the flesh with its passions and desires” (Gal. 5:24, NKJV), a life in which we reflect the character of Christ.

“Walk” in verse 4 is an idiomatic expression signifying “to conduct oneself.” The word flesh here denotes the unregenerate person, whether before or after conviction. To walk after the flesh is to be controlled by selfish desires. In contrast, to walk after the Spirit is to fulfill the righteous requirement of the law. Only through the help of the Holy Spirit can we meet this requirement. Only in Christ Jesus is there freedom to do what the law requires. Apart from Christ, there is no such freedom. The one who is enslaved to sin finds it impossible to do the good he or she chooses to do (see Rom. 7:15, 18).

How well are you keeping the law? Putting aside any notions of earning salvation by the law, is your life one in which the “righteousness of the law” is fulfilled? If not, why not? What kind of lame excuses are you using to rationalize your behavior?
Learning Cycle

STEP 1—Motivate

**Key Concept for Spiritual Growth:** No amount of human effort can provide the peace and freedom that Christ offers us through the agency of His Spirit.

When a prisoner receives an executive pardon, there is a period of time between the declaration of the pardon and the actual release. After release there is a period of adjustment in which the prisoner begins the transition from jailed felon to restored citizen. During this period the felon relearns the ways and skills of being free. In cases of parole, most jurisdictions appoint an officer to assist the former felon in making the choices that will safeguard against a return to crime and ensure a satisfactory adjustment to freedom.

We have spent hours studying the process by which God, our Eternal Executive, brought about freedom. We have reviewed God’s declaration and the sacrifice that makes this pardon possible. We have considered erroneous interpretations of the divine-justice system. We even have explored the struggle that the felon has undergone. Now it is time not merely to declare the prisoner free but actually set the prisoner free. We focus our attention on how the person imprisoned in spiritual death shakes off the shackles and discovers eternal life.

**Activity:**

**Option A:** If you know someone who has been imprisoned and is open to discussing the experience, interview that person beforehand and then open class with the interview. Restrict the discussion to the person’s experience of confinement (loss of family contact; having a daily dictated routine; bad/inadequate food, medical services, and such; being restricted to a small space; and so on), avoiding a discussion of the specific reason for the incarceration so as to protect the person’s privacy. Consider former felons, or even prisoners of war. Have him or her contrast the confinement with their current freedom.

**Consider This:** What happens to a person in confinement? What liberties are restricted? How does this person’s experience help us to understand the ways in which sin confines and binds us?

**Option B:** Have members make individual lists of things that restrict their freedom (such as finances, physical handicaps, poor health, time commitments).
Flesh Versus Spirit

“They that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit. For to be carnally minded is death; but to be spiritually minded is life and peace” *(Rom. 8:5, 6).* Dwell on these texts. What basic message comes through from them? What do they say to you about how you are living your life?

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“After,” here, is used in the sense of “according to” (Greek *kata*). “Mind” here means “to set the mind on.” One group of people sets its mind on fulfilling natural desires; the other sets its mind on the things of the Spirit, to follow His dictates. Because the mind determines actions, the two groups live and act differently.

**What is the carnal mind unable to do?** *Rom. 8:7, 8.*

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To have one’s mind set on fulfilling the desires of the flesh is, in reality, to be in a state of enmity against God. One whose mind is thus set is unconcerned about doing the will of God. He or she even may be in rebellion against Him, openly flouting His law.

Paul wishes especially to emphasize that, apart from Christ, it is impossible to keep the law of God. Again and again Paul returns to this theme: no matter how hard one tries, apart from Christ one cannot obey the law.

Paul’s special purpose was to persuade the Jews that they needed more than their Torah (law). By their conduct they had shown that, in spite of having the divine revelation, they were guilty of the same sins of which the Gentiles were guilty *(Romans 2).* The lesson of all this was that they needed the Messiah. Without Him they would be slaves of sin, unable to escape its dominion.

This was Paul’s answer to those Jews who couldn’t understand why what God had given them in the Old Testament was no longer enough for salvation. Paul admitted that what they had been doing was all good, but they also needed to accept the Messiah who had now come.

Look at your past 24 hours. Were your deeds of the Spirit or of the flesh? What does your answer tell you about yourself? If of the flesh, what changes must you make, and how can you make them?
Consider This: Ask class members to project how their lives might be different if they were free from the impediment.

STEP 2—Explore

Just for Teachers: Caiaphas the high priest once proclaimed that it was best that one man die for the nation. He was thinking only about politics, not salvation; but the irony is that Jesus’ death provided salvation for Israel, and the Bible writers saw it in a spiritual sense that Caiaphas never intended. Similarly, we can look back at Janis Joplin’s mantra in her song “Me and Bobby McGee,” which says that “freedom’s just another word for nothin’ left to lose,” and see truth that she probably never realized. In the original context, this lyric is an expression of despair, but for the Christian, it is a statement of fact. Freedom truly means that we have nothing left to lose. We have been emptied of self and therefore can experience no further loss. Ironically, it is the acknowledgment of this emptiness that allows the Holy Spirit to fill us and give us peace and freedom. Having lost all in Christ, we are finally free. Our central question then becomes “How can I experience the freedom Jesus freely offers?”

Bible Commentary

I. Freedom From Condemnation (Review Romans 8:1–6 with your class.)

News flash—there is no longer condemnation for those who live in Jesus. But who are those people? Here Paul introduces a key metaphor that is replayed throughout the first half of the chapter. Those who are in Jesus are those who walk after the Spirit, rather than after the flesh. English Reformer William Tyndale, cited in John Stott’s Romans, wrote in 1526: “Now go to, reader... Remember that Christ made not this atonement, that thou shouldest anger God again; neither died he for thy sins, that thou shouldest live still in them; neither cleansed he thee, that thou shouldest return (as a swine) unto thine old puddle again; but that thou shouldest be a new creature and live a new life after the will of God and not of the flesh.”—John Stott, Romans (Downers Grove, Ill.: InterVarsity Press, 1994), p. 182. The flesh stands as a metaphor for our life apart from Christ. It pictures the totality of life apart from God—the sum of our desires, interests, pursuits, and passions. The “flesh” covers every aspect of our self-focused, self-centered lives (not merely our sexual dimensions, as with some Victorian interpretations).

The Spirit is just the opposite, representing the emptied self filled with
The Spirit in Us

Paul continues his theme, contrasting the two possibilities that people face in how they live: either according to the Spirit—that is, the Holy Spirit of God, which is promised to us—or according to their sinful and carnal nature. One leads to eternal life, the other to eternal death. There is no middle ground. Or, as Jesus said, “He who is not with Me is against Me, and he who does not gather with Me scatters” (Matt. 12:30, NKJV). It’s hard to get plainer, or more black and white, than that.

Read Romans 8:9–14. What is promised to those who surrender themselves fully to Christ?

The life “in the flesh” is contrasted with life “in the Spirit.” The life “in the Spirit” is controlled by the Spirit of God, the Holy Spirit. He is in this chapter called the Spirit of Christ, perhaps in the sense that He is a representative of Christ, and through Him Christ dwells in the believer (vss. 9, 10).

In these verses, Paul returns to a figure he used in Romans 6:1–11. Figuratively, in baptism “the body of sin,” that is, the body that served sin, is destroyed. The “old man is crucified with him” (vs. 6). But, as in baptism, there is not only a burial but also a resurrection, so the person baptized rises to walk in the newness of life. This means to put to death the old self, a choice that we have to, of ourselves, make day by day, moment by moment. God does not destroy human freedom. Even after the old man of sin is destroyed, it still is possible to sin. To the Colossians Paul wrote, “Mortify [put to death] therefore your members which are upon the earth” (Col. 3:5).

Thus, after conversion there still will be a struggle against sin. The difference is that the person whom the Spirit indwells now has divine power for victory. Furthermore, because the person has been so miraculously freed from the slave master of sin, he or she is obligated never to serve sin again.

Dwell on this idea that the Spirit of God, who raised Jesus from death, is the same one dwelling in us, if we allow Him to. Think about the power that is there for us! What keeps us from availing ourselves of it as we should?
God. The Spirit-filled person desires a new life that is defined by God’s standard of righteousness as revealed in Scripture. Though not yet possessing perfect character, this person is oriented by a desire to please God rather than satisfy self. Miracle of miracles, this means that what the law requires can be accomplished satisfactorily in us. We no longer “have to” beat our spouses, lie publicly, humiliate our children, cheat on taxes, murder, steal, or commit adultery! (Or gossip, slander, dominate, have our way all the time, and so on.) We are freed from that behavior in Jesus.

A key to this changed life resides in the choices we make with our mind. The Greek word phroneo, “mind” (Rom. 8:5), implies more than passive thought, suggesting intent and focus. The spiritual-minded person focuses on God’s revealed will, while the flesh-dominated person accepts the default position of “do whatever suits me.” The first has divine purpose; the second has none. What we focus on we become. By focusing on Jesus, we become more like Him.

Consider This: How can Christians tell if they are living in the flesh or in the Spirit? What is the difference, if any, between a “flesh person” who sins and a believer who sins? What evidence exists to prove that the law can be fulfilled in us?

II. Adoption Versus Bondage (Review Romans 8:15–17 with the class.)

Here Paul introduces a new metaphorical pair—children versus slaves. Leaving behind the legal metaphors that dominated his earlier exposition, Paul turns to familial ones to summarize his position. Perhaps this shift signals a move from the head to the heart, as well.

Anciently both children and slaves were regular members of the household. Yet, no one would be confused about the roles each played. Children stood to inherit the family wealth, while the slaves’ role was to follow the owners’ orders.

The “flesh person” functions as a slave, doing out of fear and obligation what the law states. The believer, however, obeys the heavenly Parent out of love, seeing God’s ways as His respected desires rather than as tyrannical restrictions. Here Paul’s language mirrors his earlier letter to the Galatians in chapter 4, where he compares slaves and children. He rejoices (vs. 7) that “you are no longer a slave, but a son . . . an heir” (NIV).

Consider This: Is your spiritual walk a slave walk or an heir walk? Do you see God’s ways as restrictive or liberating? Why?
Adoption Versus Bondage

**How** does Paul describe the new relationship in Christ? *Rom. 8:15.*

What hope is found in this promise for us? How do we make it real in our lives?

The new relationship is described as freedom from fear. A slave is in bondage. He lives in a state of constant fear of his master. He stands to gain nothing from his long years of service.

Not so with the one who accepts Jesus Christ. First, he or she renders voluntary service. Second, he or she serves without fear, for “perfect love casteth out fear” (*1 John 4:18*). Third, adopted as a son or daughter, he or she becomes heir to an inheritance of infinite worth.

“The spirit of bondage is engendered by seeking to live in accordance with legal religion, through striving to fulfill the claims of the law in our own strength. There is hope for us only as we come under the Abrahamic covenant, which is the covenant of grace by faith in Christ Jesus.”—Ellen G. White Comments, *The SDA Bible Commentary,* vol. 6, p. 1077.

**What** gives us the assurance that God has indeed accepted us as children? *Rom. 8:16.*

The inward witness of the Spirit confirms our acceptance. While it is not safe to go merely by feeling, those who to the best of their understanding have followed the light of the Word will hear an inward authenticating voice assuring them that they have been accepted as children of God.

Indeed, Romans 8:17 tells us that we are heirs; that is, we are part of the family of God and, as heirs, as children, we receive a wonderful inheritance from our Father. We don’t earn it; it is given to us by virtue of our new status in God, a status granted to us through His grace, which has been made available to us because of the death of Jesus on our behalf.

**How close are you to the Lord?** Do you really know Him, or just about Him? What changes must you make in your life in order to have a closer walk with your Creator and Redeemer? What holds you back, and why?
**Learning Cycle CONTINUED**

**STEP 3—Apply**

*Just for Teachers:* Note that verse 2 is the only place within Romans 8 in which Paul uses first-person singular (set *me* free). This freedom was something that Paul experienced personally, not some theoretical schema that he propounded for argument’s sake. So it should be with us. We offer two options for application. If you saved your second quarter teacher’s guide, refer to the Apply section of lesson 2 (“The Power of Choice”). The sketch “The Puppet and the Wind” is based on Romans 8. (Note: That lesson is valuable as supplemental material for our current study.) The other option is described below. Either way, focus on things that set us free.

*Activity:* The battle for the mind is the battle for the soul. What we think about becomes who we are. Make a group list of practical methods that members use to focus on spiritual things. The list might include such things as prayer; listening to Christian music; singing, reading/memorizing scripture; nature hikes; mission trips; and sharing their faith.

**Thought Questions:**

1. If we become what we think, how can pornography advocates claim that porn is harmless?

2. How do we replace the tendency to focus on earthly things with a focus on spiritual things?

**STEP 4—Create**

*Just for Teachers:* The message that God’s Spirit fills us with peace and sets us free cannot be kept secret. Like the woman at the well, we are compelled to share the news. The following activity serves a double purpose, providing a visual illustration of freedom and a practical witnessing opportunity.

*Activity:* Purchase 100 large biodegradable balloons. Inside each balloon, insert a slip of paper with the message: *I am the heart of a balloon. Once I was tied down by fear, failure, anxiety, inadequacy, put-downs, and hang-ups; but one day a strong wind broke my strings and set me free to soar. If you want to be free, too, write me at [your address], and I’ll send you lessons on how you can be free.* Inflate the balloons with helium, tie them with string, and release them together. Recommendation: After church, have a class dinner followed by this activity.

“The plan of salvation does not offer believers a life free from suffering and trial this side of the kingdom. On the contrary, it calls upon them to follow Christ in the same path of self-denial and reproach. . . . It is through such trial and persecution that the character of Christ is reproduced and revealed in His people. . . . By sharing in the sufferings of Christ we are educated and disciplined and made ready to share in the glories of the hereafter.”—*The SDA Bible Commentary*, vol. 6, pp. 568, 569.

“The chain that has been let down from the throne of God is long enough to reach to the lowest depths. Christ is able to lift the most sinful out of the pit of degradation, and to place them where they will be acknowledged as children of God, heirs with Christ to an immortal inheritance.”—Ellen G. White, *Testimonies for the Church*, vol. 7, p. 229.

“One honored of all heaven came to this world to stand in human nature at the head of humanity, testifying to the fallen angels and to the inhabitants of the unfallen worlds that through the divine help which has been provided, everyone may walk in the path of obedience to God’s commands. . . .

“Our ransom has been paid by our Savior. No one need be enslaved by Satan. Christ stands before us as our all-powerful helper.”—Ellen G. White, *Selected Messages*, book 1, p. 309.

**Discussion Questions:**

1. **Read again the quotes from Ellen G. White in Friday’s study. What hope can we take from them for ourselves? More important, how can we make these promises of victory real in our own lives? Why, with so much offered us in Christ, do we keep on falling far short of what we really could be?**

2. **What are practical, daily ways you can have your mind “set . . . on the things of the Spirit” (Rom. 8:5, RSV). What does that mean? What does the Spirit desire? What do you watch, read, or think about that makes this difficult to achieve in your life?**

3. **Dwell more on this idea that we are either on one side or the other in the great controversy, with no middle ground. What are the implications of that stark, cold fact? How should the realization of this important truth impact how we live and the choices we make, even in the “small” things?**
Redemption for Jew and Gentile

SABBATH AFTERNOON

Read for This Week’s Study: Romans 9.

Memory Text: “Therefore hath he mercy on whom he will have mercy, and whom he will he hardeneth” (Romans 9:18).

As it is written, Jacob have I loved, but Esau have I hated. . . . For he saith to Moses, I will have mercy . . . and I will have compassion on whom I will have compassion” (Rom. 9:13, 15).

What is Paul talking about here? What about human free will, and the freedom to choose, without which very little of what we believe makes sense? Are we not free to choose or reject God, or are these verses teaching that certain people are elected to be saved and others to be lost, regardless of their own personal choices?

The answer is found, as usual, by looking at the bigger picture of what Paul is saying. Paul is following a line of argument in which he attempts to show God’s right to pick those whom He will use as His “elected” ones. After all, God is the One who carries the ultimate responsibility of evangelizing the world. Therefore, why can He not choose as His agents whomever He wills? So long as God cuts no one off from the opportunity of salvation, such an action on God’s part is not contrary to the principles of free will. Even more important, it’s not contrary to the great truth that Christ died for all humans, and His desire is that everyone have salvation.

As long as we remember that Romans 9 is not dealing with the personal salvation of those it names but with their call to do a certain work, the chapter presents no difficulties.

*Study this week’s lesson to prepare for Sabbath, September 4.
Paul’s Burden

“And ye shall be unto me a kingdom of priests, and an holy nation. These are the words which thou shalt speak unto the children of Israel” (Exod. 19:6).

God needed a missionary people to evangelize a world steeped in paganism, darkness, and idolatry. He chose the Israelites and revealed Himself to them. He planned that they would become a model nation and thus attract others to the true God. It was God’s purpose that by the revelation of His character through Israel, the world should be drawn unto Him. Through the teaching of the sacrificial service, Christ was to be uplifted before the nations, and all who would look unto Him should live. As the numbers of Israel increased, as their blessings grew, they were to enlarge their borders until their kingdom should embrace the world.

Read Romans 9:1–12. What point is Paul making here about the faithfulness of God amid human failures?

Paul is building a line of argument in which he will show that the promise made to Israel had not completely failed. There exists a remnant through whom God still aims to work. To establish the validity of the idea of the remnant, Paul dips back into Israelite history. He shows that God has always been selective: (1) God did not choose all the seed of Abraham to be His covenant, only the line of Isaac. (2) He did not choose all of the descendants of Isaac, only those of Jacob.

It’s important, too, to see that heritage, or ancestry, does not guarantee salvation. You can be of the right blood, the right family, even of the right church, and yet be lost, still be outside the promise. It is faith, a faith that works by love, that reveals those who are “children of the promise” (Rom. 9:8).

Look at the phrase in Romans 9:6: “For they are not all Israel, which are of Israel.” What important message can we find there for ourselves, as Adventists, who in many ways play the same role in our day that the ancient Israelites did in theirs?
The Lesson in Brief

**Key Text:** Romans 9:21

**The Student Will:**
- **Know:** Discuss God’s fairness in choosing how and through whom He accomplishes His will.
- **Feel:** Sense the largeness and all-encompassing justice of a God who, through both known and mysterious means, works to offer salvation to everyone.
- **Do:** Resolve to be part of the trusting, obedient remnant whom God can use to work out His purposes.

**Learning Outline:**

I. Know: Working With God’s Choices
- **A** Though God chose to work out His plan of salvation through Israel, the plan did not work out as God originally had desired. What were the consequences of Israel’s decisions to depend on their own righteousness rather than God’s?
- **B** What was God’s original plan for Israel, and why did they fail to carry it out?

II. Feel: The Big Picture
- **A** While we may not understand the big picture of how God works, what gives us confidence that every detail of God’s way is just and compassionate?

III. Do: Vessels of God’s Making
- **A** Into whatever type of vessel God chooses to make us, it is up to us to allow Him, by faith, to make us righteous sons and daughters and to use us as He pleases in His work. What are some of the methods God, the Master Potter, uses to form us into vessels for His work?
- **B** What mistakes did the children of Israel, as God’s remnant, make that we need to avoid?
- **C** How can we have a different history than Israel as God’s remnant people?

**Summary:** If we are to be children of the promise, we can’t rest on any merit of our own. We must accept, by faith, God’s provisions for our salvation and cooperate with Him in His plans.
Elected

“It was said unto her, The elder shall serve the younger. As it is written, Jacob have I loved, but Esau have I hated” (Rom. 9:12, 13).

As stated in the introduction for this week, it is impossible to understand Romans 9 properly until one recognizes that Paul is not speaking of individual salvation. He is here speaking of particular roles God was calling upon certain individuals to play. God wanted Jacob to be the progenitor of the people who would be His special evangelizing agency in the world. There is no implication in this passage that Esau could not be saved. God wanted him to be saved as much as He desires all men and women to be saved.

Read Romans 9:14, 15. How do we understand these words in the context of what we have been reading?

Paul is again not speaking of individual salvation, because in that area God extends mercy to all, for He “will have all men to be saved” (1 Tim. 2:4). “The grace of God that bringeth salvation hath appeared to all men” (Titus 2:11). But God can choose nations to play a role, and though they can refuse to play that role, they cannot prevent God’s choice. No matter how hard Esau may have willed it, he could not have become the progenitor of the Messiah nor of the chosen people.

In the end, it was no arbitrary choice on the part of God, not some divine decree, by which Esau was shut out from salvation. The gifts of His grace through Christ are free to all. We’ve all been elected to be saved, not lost (Eph. 1:4, 5; 2 Pet. 1:10). It’s our own choices, not God’s, that keep us from the promise of eternal life in Christ. Jesus died for every human being. Yet, God has set forth in His Word the conditions upon which every soul will be elected to eternal life: faith in Christ, which leads the justiﬁed sinner to obedience.

You, yourself, as if no one else even existed, were chosen in Christ even before the foundation of the world, to have salvation. This is your calling, your election, all given to you by God, through Jesus. What a privilege, what a hope! Why, all things considered, does everything else pale in comparison to this great promise? Why would it be the greatest of all tragedies to let sin, self, and the flesh take away from you all that’s been promised you in Jesus?
Learning Cycle

**STEP 1—Motivate**

**Key Concept for Spiritual Growth:** God has provided redemption for all, regardless of race, caste, ethnicity, color, or gender.

There were obviously some ethnic tensions in the Roman church—not surprising for a capital city that had become the melting pot for the empire. No doubt the church reflected the diversity of the general populace. The crucial confrontation, however, was between the Jewish population and the other people groups (nations, Gentiles). As is so often the case, tensions rise between different ethnic and national groups.

**Activity:** To several quart-sized jars, filled with water, add food color in the following combinations: (1) red and blue, (2) yellow and blue, (3) yellow and red. Ask the question “Do we see red, yellow, or blue anymore?” Of course, we now see purple, green, and orange. The point is that when the church blends together perfectly, we will no longer see us and them, because in Christ we will have become something totally different—a new humanity.

**Discuss:** What steps should be taken to achieve the goal of unity?

**STEP 2—Explore**

**Just for Teachers:** In addressing the problem of exclusivity, Paul first establishes (Romans 1–3) that there is no room for boasting, because everyone equally is lost. If we are all destined for hell, there is little motivation to fight over bragging rights. Paul, however, wants us to know that God has a plan of salvation that is available to all peoples. Therefore, his second attack on exclusivity is based on that universal availability. There is no room for boasting, because we are all equally redeemed by the same mercy of God that shows no partiality (Romans 4–8). As with spiritual gifts, God does choose some persons for various roles of service in His plan of redemption. However, the reception of the gift is no occasion for boasting but rather an opportunity for humility expressed through serving others.
Mysteries

“For my thoughts are not your thoughts, neither are your ways my ways, saith the Lord. For as the heavens are higher than the earth, so are my ways higher than your ways, and my thoughts than your thoughts” (Isa. 55:8, 9).

Read Romans 9:17–24. Given what we have read so far, how are we to understand Paul’s point here?

In dealing with Egypt at the time of the Exodus in the manner He did, God was working for the salvation of the human race. God’s revelation of Himself in the plagues of Egypt and in the deliverance of His people was designed to reveal to the Egyptians, as well as to other nations, that the God of Israel indeed was the true God. It was designed to be an invitation for the peoples of the nations to abandon their gods and to come and worship Him.

Obviously Pharaoh had already made his choice against God, so that in hardening his heart God was not cutting him off from the opportunity of salvation. The hardening was against the appeal to let Israel go, not against God’s appeal for Pharaoh to accept personal salvation. Christ died for Pharaoh, just as much as for Moses, Aaron, and the rest of the children of Israel.

The crucial point in all this is that as fallen human beings, we have such a narrow view of the world, of reality, and of God and how He works in the world. How can we expect to understand all of God’s ways when the natural world, everywhere we turn, holds mysteries we can’t understand? After all, it was only in the past one hundred fifty or two hundred years that doctors learned it might be a good idea to wash their hands before performing surgery! That’s how steeped in ignorance we have been. And who knows, if time should last, what other things we will discover in the future that will reveal just how steeped in ignorance we are today?

Sure, we don’t always understand God’s ways, but Jesus came to reveal to us what God is like (John 14:9). Why, then, amid all of life’s mysteries and unexpected events, is it so crucial for us to dwell on the character of Christ and what He has revealed to us about God and His love for us? How can knowing what God’s character is like help us stay faithful amid trials that seem so unjustified and so unfair?
**Bible Commentary**

I. **Elected** *(Review Romans 9:1–15 with the class.)*

In democratic societies, we automatically tie elections to voting. In divine matters, only one vote counts—God’s. His choices are not subject to human alteration. When humans try to frustrate God’s purposes, God never loses; only disobedient humans lose out. Therefore, when He chose to save our world, the outcome was never in doubt. Those who try to frustrate that purpose are the only losers.

Some people have a difficult time understanding God’s sovereign choice. They view it as interfering with human freedom. Scripture, however, is clear *(see Rom. 8:28–30)* that biblical predestination is according to God’s foreknowledge.

“God may foresee each individual choice that will be made, but His foreknowledge does not determine what that choice shall be. . . . Bible predestination consists in the effective purpose of God that all who choose to believe in Christ shall be saved (John 1:12; Eph. 1:4–10). . . . But God’s knowledge about what individuals will do does not interfere with what they actually choose to do any more than a historian’s knowledge of what people did in the past interferes with their actions. Just as a camera records a scene but does not change it, foreknowledge looks into the future without altering it.”—*Seventh-day Adventists Believe . . .* (Hagerstown, Md.: Review and Herald® Publishing Association, 1988), pp. 21, 22.

Furthermore, when God chooses who will execute His divine purpose, the decision is not subject to human review. God chose Moses, not Korah; David, not Jonathan; Jacob, not Esau. The impact of these choices must have been most obvious to the Jews: If the plan of redemption was solely in God’s hands, who were they, mere humans, to exclude the Gentiles from the kingdom? God was free to choose whomever He desired, and He desired that all, Gentiles included, be saved *(1 Tim. 2:4)*. Peter’s reasoning in Acts 10 for ministering to the Gentiles is essentially the same: If ministering to this group is divinely endorsed, how can we fight against God’s will? Paul drives the argument home with quotations from Hosea and Isaiah that indicate that God had drawn the Gentiles into His family *(Rom. 9:25–29)*.

A curious divergence of interpretation regarding these passages has led to widely divergent approaches to evangelism. Some suggest that God arbitrarily has chosen some to be lost and others to be saved. Thus, they question why efforts should be expended to reach the lost. If it is predetermined, what
Ammi: “My People”

In Romans 9:25, Paul quotes Hosea 2:23, and in verse 26 he quotes Hosea 1:10. The background is that God instructed Hosea to take “a wife of whoredoms” (Hos. 1:2) as an illustration of God’s relationship with Israel, because the nation had gone after strange gods. The children born to this marriage were given names signifying God’s rejection and punishment of idolatrous Israel. The third child was named Loammi (Hos. 1:9), meaning literally “not my people.”

Yet, amid all this, Hosea predicted the day would come when, after punishing His people, God would restore their fortunes, take away their false gods, and make a covenant with them. (See Hos. 2:11–19.) At this point those who were Loammi, “not my people,” would become Ammi, “my people.”

In Paul’s day, the Ammi were “even us . . . not of the Jews only, but also of the Gentiles” (Rom. 9:24). What a clear and powerful presentation of the gospel, a gospel that from the start was intended for the whole world. No wonder we as Seventh-day Adventists take part of our calling from this verse: “Then I saw another angel flying in the midst of heaven, having the everlasting gospel to preach to those who dwell on the earth—to every nation, tribe, tongue, and people” (Rev. 14:6, NKJV). Today, as in Paul’s day, and as in the days of ancient Israel, the good news of salvation is to be spread to all the world.

Read Romans 9:25–29. (Notice how much Paul quotes the Old Testament to make his point about the things that were happening in his day.) What is the basic message found in all these verses? What hope is being offered there to his readers?

The fact that some of Paul’s kinsmen rejected the appeal of the gospel gave him “great heaviness and continual sorrow” in his heart (Rom. 9:2). But at least there was a remnant. God’s promises do not fail, even when humans do. The hope we can have is that, in the end, God’s promises will be fulfilled, and if we claim those promises for ourselves, they will be fulfilled in us, as well.

How often have people failed you? How often have you failed yourself and failed others? Probably more times than you can count, right? What lessons can you learn from these failures about where your ultimate trust must lie?
is the point? Those, however, who understand that God has invited all peoples who were not included previously have been spurred to endure hardships and even martyrdom for the sake of spreading the gospel. Before the Cross, all humanity—regardless of race, caste, status, or ethnicity—are equal. How crucial that of all people Christians never forget this point.

Consider This: How can embracing Paul’s message contribute to racial harmony within the church? What pitfalls that would impede evangelistic fervor await the church? How can Paul’s message protect us against the temptation to assume a position of superiority among believers? How is our spiritual security compromised when we fail to deploy God’s spiritual gifts in evangelism and service?

STEP 3—Apply

Just for Teachers: What glorious news we have been commissioned to deliver: those who were not God’s people now are! We celebrate adoptions, acquired citizenship, and other tokens of belonging. How are we doing with the greatest experience of inclusion—extending the invitation to others to join God’s family? What practical steps are we taking to ensure that all people groups in our communities have the opportunity to bask in the divine light of Romans 9?

Activity: Make a list of all the people groups in your community. Do this in a vertical column, allowing space to the right of the listing for further notation. After compiling the list, discuss each group, noting in the blank space what the church is doing to reach each one. Be specific. Are some groups being overlooked or neglected? Generate ideas for reaching them. What do we know about their needs, culture, language, history, and national experience? What can our class do to reach at least one group beyond our own ethnicity or culture?

Application Questions:

1. What information should I gather about other people groups so that I can be an effective instrument in God’s hands for sharing the gospel?
Stumbling

“What shall we say then? That the Gentiles, which followed not after righteousness, have attained to righteousness, even the righteousness which is of faith. But Israel, which followed after the law of righteousness, hath not attained to the law of righteousness. Wherefore? Because they sought it not by faith” (Rom. 9:30–32). What’s the message here, and, more important, how can we take this message, written in a certain time and place, and apply the principles to ourselves today? How can we avoid making the same mistakes in our context that some Israelites did in theirs?

In words that cannot be misunderstood, Paul explains to his kinsmen why they are missing out on something God wishes them to have, and more than that, on something they were actually pursuing but not achieving.

Interestingly, the Gentiles whom God had accepted had not even been striving for such acceptance. They had been pursuing their own interests and goals when the gospel message came to them. Grasping its value, they accepted it. God declared them righteous because they accepted Jesus Christ as their Substitute. It was a transaction of faith.

The problem with the Israelites was that they stumbled at the stumbling stone (see Rom. 9:33). Some, not all (see Acts 2:41), refused to accept Jesus of Nazareth as the Messiah whom God had sent. He did not meet their expectations of the Messiah; hence, when He came, they turned their backs on Him.

Before this chapter ends, Paul quotes another Old Testament text: “As it is written, Behold, I lay in Sion a stumblingstone and rock of offence: and whosoever believeth on him shall not be ashamed” (Rom. 9:33). In this passage Paul shows, again, just how crucial true faith is in the plan of salvation (see also 1 Pet. 2:6–8). A rock of offense? And yet, whoever believes in Him shall not be ashamed? Yes, for many, Jesus is a stumbling block, but for those who know Him, and love Him, He is another kind of rock, “the rock of my salvation” (Ps. 89:26).

Have you ever found Jesus to be a “stumbling block” or a “rock of offense”? If so, how so? That is, what were you doing that brought you into that situation? How did you get out, and what did you learn so that, one hopes, you never find yourself in that type of contrary relationship with Jesus again?
Learning Cycle CONTINUED

2 What spiritual gifts, skills, and natural abilities has God blessed my class with that can be devoted to freeing the lost?

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3 Why have certain groups in our community been overlooked?

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4 How can our church cultivate the seed of Christian witness?

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STEP 4—Create

Just for Teachers: Build a vehicle for delivering the gospel message to a group discussed above. Because there is a cognitive component to conversion, exercise care in finding the best literature/study material available for your endeavor.

Activity:

1 Put a booth on campus during Community Resource Day to invite students to join your church drama group, biking club, or softball team.

2 Sponsor temperance periodicals for the library.

3 Sponsor a free music giveaway drawing at a basketball game (use music that students relate to, of course).

“There is an election of individuals and a people, the only election found in the word of God, where man is elected to be saved. Many have looked at the end, thinking they were surely elected to have heavenly bliss; but this is not the election the Bible reveals. Man is elected to work out his own salvation with fear and trembling. He is elected to put on the armor, to fight the good fight of faith. He is elected to use the means God has placed within his reach to war against every unholy lust, while Satan is playing the game of life for his soul. He is elected to watch unto prayer, to search the Scriptures, and to avoid entering into temptation. He is elected to have faith continually. He is elected to be obedient to every word that proceedeth out of the mouth of God, that he may be, not a hearer only, but a doer of the word. This is Bible election.”—Ellen G. White, *Testimonies to Ministers and Gospel Workers*, pp. 453, 454.

“No finite mind can fully comprehend the character or the works of the Infinite One. We cannot by searching find out God. To minds the strongest and most highly cultured, as well as to the weakest and most ignorant, that holy Being must remain clothed in mystery. But though ‘clouds and darkness are round about Him: righteousness and judgment are the foundation of His throne.’ Psalm 97:2, R.V. We can so far comprehend His dealing with us as to discern boundless mercy united to infinite power. We can understand as much of His purposes as we are capable of comprehending; beyond this we may still trust the hand that is omnipotent, the heart that is full of love.”—Ellen G. White, *Education*, p. 169.

Discussion Questions:
1. Certain Christians teach that, even before we were born, God chose some to be saved and some to be lost. If you happened to have been one of those whom God, in His infinite love and wisdom, preordained to be lost, then no matter the choices you make, you are doomed to perdition, which many people believe means burning in hell for eternity. In other words, through no choice of our own, but only through God’s providence, some are predestined to live without a saving relationship with Jesus here in this life, only to spend the next one burning forever in the fires of hell. How does that view contrast with our understanding?

2. How do you see the Seventh-day Adventist Church and its calling in the world today paralleling the role of ancient Israel in its day? What are the similarities and the differences? In what ways are we doing better? Or are we doing worse? Justify your answer.
Lesson 11  *September 4–10

The Election of Grace

SABBATH AFTERNOON

Read for This Week’s Study: Romans 10, 11.

Memory Text: “I say then, Hath God cast away his people? God forbid. For I also am an Israelite, of the seed of Abraham, of the tribe of Benjamin” (Romans 11:1).

This week’s lesson covers Romans 10 and 11, with a focus especially on chapter 11. It’s important to read both chapters in their entirety in order to continue to follow Paul’s line of thinking.

These two chapters have been, and remain, the focal point of much discussion. One point, however, comes clear through them all, and that is God’s love for humanity and His great desire to see all humanity saved. There is no corporate rejection of anyone for salvation. Romans 10 makes it very clear that “there is no difference between the Jew and the Greek” (Rom. 10:12)—all are sinners and all need God’s grace as given to the world through Jesus Christ. This grace comes to all—not by nationality, not by birth, and not by works of the law but by faith in Jesus, who died as the Substitute for sinners everywhere. Roles may change, but the basic plan of salvation never does.

Paul continues with this theme in chapter 11. Here, too, as stated earlier, it’s important to understand that when Paul talks about election and calling, the issue isn’t one of salvation but one of the role in God’s plan for reaching the world. No one group has been rejected for salvation; that was never the issue. Instead, after the Cross, and after the introduction of the gospel to the Gentiles, particularly through Paul, the early movement of believers—both Jew and Gentile—took on the mantle of evangelizing the world.

*Study this week’s lesson to prepare for Sabbath, September 11.
Legalism can come in many forms, some more subtle than others. Those who look to themselves, to their good deeds, to their diet, to how strictly they keep the Sabbath, to all the bad things they don’t do, or to the good things that they have achieved—even with the best of intentions—are falling into the trap of legalism. We must every moment of our lives keep before us the holiness of God in contrast to our sinfulness; that’s the surest way to protect ourselves from the kind of thinking that leads folk into seeking their “own righteousness,” which is contrary to the righteousness of Christ.

Romans 10:4 is an important text that catches the essence of Paul’s entire message to the Romans. First, we need to know the context. Many Jews were “going about to establish their own righteousness” (Rom. 10:3) and seeking “the righteousness which is of the law” (Rom. 10:5). But with the coming of the Messiah, the true way of righteousness was presented. Righteousness was offered to all who would fix their faith in Christ. He was the one to whom the ancient ceremonial system had pointed.

Even if one includes in the definition of law here the Ten Commandments, this doesn’t mean that the Ten Commandments were done away with. The moral law points out our sins, our faults, and our shortcomings and thus leads us to our need of a Savior, our need of forgiveness, our need of righteousness, all of which are found only in Jesus. In that sense, Christ is the “end” of the law, in that the law leads us to Him and His righteousness. The Greek word for “end” here is teloes, which also can be translated “goal” or “purpose.” Christ is the final purpose of the law, in that the law is to lead us to Jesus.

To see this text as teaching that the Ten Commandments—or specifically the fourth (what folk really mean)—are now nullified is to draw a conclusion that goes against so much else of what Paul and the New Testament teach.

Do you ever find yourself proud about how good you are, especially in contrast to others? Maybe you are “better,” but so what? Compare yourself to Christ, and then think about how “good” you really are.
The Lesson in Brief

Key Text: Romans 11:5, 6

The Student Will:

Know: Recognize that if God can graft in others to fulfill His plan, He just as readily can replace any unbeliefing graft with original stock that learns to believe; salvation for all is His ultimate goal.

Feel: Sense that God’s overarching purpose is to show mercy and to save all whom He can.

Do: Extend mercy and compassion to both Gentile and Jew alike, as God does.

Learning Outline:

I. Know: Stock or Graft

A Why must we, whether we are Jews or Gentiles, acknowledge that our status with God rests on our acceptance of God’s works and abandonment of our own ways?

B How should we, who are grafted on as children of the promise, treat the promise that gives us status as God’s children?

C How should we treat those to whom the promise originally was given?

II. Feel: Mercy

A Why are all, Gentile or Jew, equally undeserving of God’s salvation and equally blessed by His mercy? By extension, what does this truth teach us about how we are to relate to one another?

B What experiences with God’s mercy have both Gentiles and Jews had? Why is it important not to gloat in our advantages but to realize the responsibilities that God’s gifts of mercy place upon us?

III. Do: Being a Vessel of God’s Mercy

A How does our experience with God’s mercy help us extend mercy to others?

Summary: In the end, both Jews and Gentiles have been called to share the gospel with the world.
The Election of Grace

Read Romans 11:1–7. What common teaching does this passage clearly and irrevocably deny?

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In the first part of his answer to the question, “Hath God cast away his people?” Paul points to a remnant, an election of grace, as proof that God has not cast away His people. Salvation is open for all who accept it, Jew and Gentile alike.

It should be remembered that the early converts to Christianity were all Jews—for example, the group that was converted on the Day of Pentecost. It took a special vision and miracle to convince Peter that the Gentiles had equal access to the grace of Christ (Acts 10; compare Acts 15:7–9) and that the gospel was to be carried to them, as well.

Read Romans 11:7–10. Is Paul saying that God purposely blinded to salvation the part of Israel that rejected Jesus? What’s wrong with that idea?

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In these verses, Paul quotes from the Old Testament, which the Jews accepted as authoritative. The passages that Paul cites represent God as giving to Israel a spirit of slumber, preventing their seeing and hearing. Does God blind people’s eyes to prevent them from seeing light that would lead them to salvation? Never! These passages must be understood in the light of our explanation of Romans 9. Paul is not talking of individual salvation, for God rejects no one group en masse for salvation. The issue here, instead, as it has been all along, deals with the role that these folk play in His work.

What is so wrong with the idea that God has rejected en masse any group of people in terms of salvation? Why is that counter to the whole teaching of the gospel, which at the core shows that Christ died to save all human beings? How, for example, in the case of the Jews, has this idea led to tragic results?
Learning Cycle

STEP 1—Motivate

Key Concept for Spiritual Growth: God’s grace is sufficient to restore us when we fail His purpose and His plan.

Activity: Read this parable and discuss: One night, while the carpenter was away, the toolbox opened, and the tools began to discuss their existence and purpose. The screwdriver lamented that she quietly was used and seldom noticed. The saw also was disenchanted with his purpose, noting that other saws had gone on to become musical instruments and did not have to put up with the sawdust. The wrench complained that he outshined many hood ornaments and felt denigrated when used to work with nuts. The hammer boasted that she had the highest pedigree, being crafted of the finest hickory and stainless steel. Why was she subjected to constant contact with the common iron found in nails? Other tools spoke about their superiority or how the carpenter favored them. None, however, wanted to be used for the purpose for which they had been created. Eventually, many tools plotted their escape. In the morning the carpenter noticed that many of his tools were missing. Of course, this slowed his work. Months passed. Gradually, the carpenter found his tools. The hammer was rusty. The saw was dull, and the screwdriver was bent. The wrench never was located. Meanwhile, the carpenter had replaced some of the missing tools but was unwilling to throw the rusty, bent, dull ones away. He painstakingly restored them. One night the tools were overheard. There was sadness over the wrench, who never had come back, but more rejoicing over the carpenter who had restored the others to usefulness.

Consider This: What are the earmarks of legalistic religion? How does legalism impede evangelism? What roadblocks must be removed for God to restore His original purpose?

STEP 2—Explore

Just for Teachers: Individuals, bent on establishing their own righteousness, impede rather than facilitate God’s saving purpose. How can we avoid both the pitfalls of legalism and license (the “anything goes” philosophy)?

CONTINUED
The Grafted Branch

Read Romans 11:11–15. What great hope does Paul present in these verses?

In these verses, we find two parallel expressions: (1) “their [the Israelites’] fulness” (vs. 12), and (2) “the receiving of them [the Israelites]” (vs. 15). Paul envisioned the diminishing and the casting away to be only temporary and to be followed by fullness and reception. This is Paul’s second answer to the question raised at the beginning of this chapter, “Hath God cast away his people?” What appears to be a casting away, he says, is only a temporary situation.

Read Romans 11:16–24. What is Paul saying to us here?

Paul likens the faithful remnant in Israel to a noble olive tree, some of whose branches have been broken off (the unbelieving ones)—an illustration he used to prove that “God hath not cast away his people” (vs. 2). The root and trunk are still there.

Into this tree the believing Gentiles have been grafted. But they are drawing their sap and vitality from the root and trunk, which represent believing Israel.

What happened to those who rejected Jesus could happen also to the believing Gentiles. The Bible teaches no doctrine of “once saved, always saved.” Just as salvation is freely offered, it freely can be rejected. Though we have to be careful of thinking that every time we fall we are out of salvation, or that unless we are perfect we aren’t saved, we need to avoid the opposite ditch as well—the idea that once God’s grace covers us, there is nothing we can do, no choices we can make, that will take the provision of salvation away from us. In the end, only those who “continue in his goodness” (vs. 22) will be saved.

No believer should boast of his or her own goodness or feel any superiority over his or her fellow human beings. Our salvation was not earned; it is a gift. Before the Cross, before the standard of God’s holiness, we all are equal: sinners in need of divine grace, sinners in need of a holiness that can be ours only through grace. We have nothing of ourselves to boast about; our boasting should be only in Jesus and what He has done for us by coming into this world in human flesh, suffering our woes, dying for our sins, offering us a model for how we are to live, and promising us the power to live that life. In it all, we are completely dependent upon Him, for without Him we would have no hope beyond what this world itself offers.
Bible Commentary

I. The End of the Law (Review Romans 10:1–4 with the class.)

This passage is not saying that God has abolished the Ten Commandments or the Old Testament. The Greek word for “end” means ending in the sense of “finish line,” the “goal” toward which movement is directed, as in “outcome.” In other words, the teaching of the Torah (Moses’ books), including the Ten Commandments, leads us to the finish line, who is Christ. Far from leading to license—“do anything you want because God ditched the Ten Commandments”—Paul establishes the value of the Torah, specifically, and the Old Testament, generally, in pointing us to Christ.

Consider This: Can the idea that the Ten Commandments have been abolished be reconciled with Jesus’ testimony in Matthew 5:17–19? Justify your response.

II. The Grafted Branch (Review Romans 11:11–24 with the class.)

Knowing that the heart is deceitful, Paul cautions the Gentile believers. He does not want them to be ensnared by the entitlement attitude of his Jewish brothers. To prevent this mistake, he reminds them that they were grafted branches; the Jewish branches had been removed for one cause—that of disbelief. Clearly, the Gentiles could be removed for the same reason. The determining factor for all was trust. Those who continued trusting were “in,” and those who ceased trusting were “out,” regardless of ethnic background. Once again, Paul undercut the entitlement attitude that divided the Roman church.

Consider This: How do we address the entitlement attitude (“Do things my way—I’m a fifth-generation member”) that still plagues churches? How do genuine conversion and evangelistic activities mitigate the human tendency toward exclusiveness?

STEP 3—Apply

Just for Teachers: Even with the best intentions, we can lose sight of the purpose of the church, turn inward, and trust in our goodness rather than in God’s. At that point we need His grace more than ever,
A Mystery Revealed

Read Romans 11:25–27. What great events is Paul predicting here?

Christians have been discussing and debating these few verses for centuries now. A few points, however, are clear. For starters, the whole tenor here is that of God reaching out to the Jews. What Paul is saying comes in reply to the question raised at the beginning of the chapter, “Hath God cast away his people?” His answer, of course, is no, and his explanation is (1) that the blindness (Greek porosis, “hardness”) is only “in part,” and (2) that it is only temporary, “until the fulness of the Gentiles be come in.”

What does “the fulness of the Gentiles” mean? Many see this phrase as a way of expressing the fulfillment of the gospel commission, in which all the world hears the gospel. “The fulness of the Gentiles” has come in when the gospel has been preached everywhere. The faith of Israel, manifested in Christ, is universalized. The gospel has been preached to all the world. The coming of Jesus is near. At this point, then, many Jews start coming to Jesus.

Another difficult point is the meaning of “all Israel shall be saved” (vs. 26). This must not be construed to mean every Jew will by some divine decree have salvation in the end time. Nowhere do the Scriptures preach universalism, either for the entire human race or for a particular segment. Paul was hoping to save “some of them” (vs. 14). Some accepted the Messiah, some rejected Him, as it is with all people groups.

Commenting on Romans 11, Ellen White speaks of a time “in the closing proclamation of the gospel” when “many of the Jews . . . will by faith receive Christ as their Redeemer.”—Ellen G. White, The Acts of the Apostles, p. 381.

“There is a mighty work to be done in our world. The Lord has declared that the Gentiles shall be gathered in, and not the Gentiles only, but the Jews. There are among the Jews many who will be converted, and through whom we shall see the salvation of God go forth as a lamp that burneth. There are Jews everywhere, and to them the light of present truth is to be brought. There are among them many who will come to the light, and who will proclaim the immutability of the law of God with wonderful power.”—Ellen G. White, Evangelism, p. 578.

Take some time to think about the Jewish roots of the Christian faith. How could a selective study of the Jewish religion help you better understand your Christian faith?
and He promises it! While God promises to restore us when we turn from our deviation, how can we stay true to the mission from the start?

**Activity:** Read the following dialogue between the delivery truck (DT) and the parade float (PF) and discuss ways to **stay on the right track**.

**PF.** Hey, little guy, you want to get in the big show?
**DT.** The what?
**PF.** The parade.
**DT.** Oh . . . Why?
**PF.** To show off, guy. What were you thinking? Say, what are you doing now?
**DT.** I’m a delivery truck . . . You know, I deliver stuff that people need.
**PF.** Really? Like, who ever notices? I’m not trying to be critical, but your tires are worn out, your windshield’s dusty, and your bed’s a mess. Is it worth it?
**DT.** True, most people don’t appreciate the deliveries; but sometimes you meet the family that just couldn’t live without *that* package, and that’s so rewarding!
**PF.** Sounds like work. Hey, look, I stay in a nice heated garage with stained-glass windows and a staff dedicated to keeping me polished and presentable. All I have to do is drag the float a few times before adoring crowds. I’m not boasting, but it’s a fact—there’s lots of applause. Want to sign on?
**DT.** I don’t know. It looks like an awfully big burden to pull.
**PF.** No sweat! It only looks substantial, but there’s really not much to it. There’s a frame covered with lightweight chicken wire to make it look big. We deck the wire out in flower petals so that it looks impressive. Only problem is that the petals decompose after a couple of days, and it looks shabby and stinks.
**DT.** What do you do then?
**PF.** We hide it in the warehouse and redo it. By the time people see it again it’s OK. They never know the difference.
**DT.** Sounds like an awful lot of work to keep up appearances.
**PF.** Yeah, but how many first-place ribbons do you get from pretty girls in your business? Check out my portfolio!
The Salvation of Sinners

Paul’s love for his own people is clearly apparent in these verses. How hard it must have been for him to have some of his countrymen fight against him and against the truth of the gospel. And yet, amid it all, he still believed that many would see Jesus as the Messiah.

Read Romans 11:28–36. How does Paul show God’s love, not just for the Jews but for all humanity? How does he here express the amazing and mysterious power of God’s grace?

All through these verses, though a contrast is made between Jews and Gentiles, one point stands clear: God’s mercy and love and grace are poured out upon sinners. From even before the foundation of the world, God’s plan was to save humanity and to use other human beings, nations even, as instruments in His hands to fulfill His divine will.

Read carefully and prayerfully verse 31. What important point should we take from this text about our witness, not just to Jews but to all people with whom we come in contact?

No doubt, through the centuries, had the Christian church treated the Jews better, many more might have come to their Messiah. The great falling away in the early centuries after Christ, and the extreme paganization of Christianity—including the rejection of the seventh-day Sabbath in favor of Sunday—certainly didn’t make it any easier on a Jew who might have been drawn to Jesus.

How crucial, then, that all Christians, realizing the mercy that has been given to them in Jesus, display that mercy to others. We can’t be Christians if we don’t (see Matt. 18:23–36).

Is there someone to whom you need to show mercy, who perhaps doesn’t deserve it? Why not show this person that mercy, no matter how hard that might be? Isn’t that what Jesus has done for us?
DT. Thanks, but no thanks.  
PF, awkward silence. You know, I used to be in deliveries myself. Then I found this parade and show gig . . . I kinda miss just being real. Back then it wasn’t about me. It was all about the package . . . I guess you can’t go back though.  
DT. You never know, big guy. I think the boss is still looking for guys like the real you.

Application Questions:

1. How do we avoid a pharisaical focus on our accomplishments and appearances?

2. Why is the desire for admiration sometimes stronger than the call to service?

3. How is evangelistic fervor rekindled once we have been disengaged from God’s mission?

STEP 4—Create

Just for Teachers: There are times for action. When we think of the church’s mission, we usually think of actions. However, even in the context of evangelism, we need quiet reflection to look into the mirror of our own souls. Close the study with a quiet period in which members ask themselves how much time they devote to keeping up appearances versus delivering the message.

Activity: Because this is an individual activity, it may be completed at home. Ask members to list their weekly activities and future plans and dreams. Have them categorize which ones are more about keeping up appearances and which are more about delivering the message. Ask them to contemplate what they will do with the information.

“Notwithstanding Israel’s failure as a nation, there remained among them a goodly remnant of such as should be saved. At the time of the Saviour’s advent there were faithful men and women who had received with gladness the message of John the Baptist, and had thus been led to study anew the prophecies concerning the Messiah. When the early Christian church was founded, it was composed of these faithful Jews who recognized Jesus of Nazareth as the one for whose advent they had been longing.”—Ellen G. White, The Acts of the Apostles, pp. 376, 377.

“Among the Jews are some who, like Saul of Tarsus, are mighty in the Scriptures, and these will proclaim with wonderful power the immutability of the law of God. . . . As His servants labor in faith for those who have long been neglected and despised, His salvation will be revealed.”—Ellen G. White, The Acts of the Apostles, p. 381.

“In the closing proclamation of the gospel, when special work is to be done for classes of people hitherto neglected, God expects His messengers to take particular interest in the Jewish people whom they find in all parts of the earth. As the Old Testament Scriptures are blended with the New in an explanation of Jehovah’s eternal purpose, this will be to many of the Jews as the dawn of a new creation, the resurrection of the soul. As they see the Christ of the gospel dispensation portrayed in the pages of the Old Testament Scriptures, and perceive how clearly the New Testament explains the Old, their slumbering faculties will be aroused, and they will recognize Christ as the Saviour of the world. Many will by faith receive Christ as their Redeemer.”—Ellen G. White, The Acts of the Apostles, p. 381.

Discussion Questions:

1. In the last days, as God’s law and especially the Sabbath come into sharp focus, is it not reasonable to think that the Jews—many of them as serious about the Ten Commandments as Adventists are—will have a role in helping to clarify some issues before the world? Discuss.

2. Why should, of all churches, the Adventist Church be the one most successful in reaching out to Jews? What can you or your local church do in seeking to reach Jews in your community, if anything?

3. What can we learn from the mistakes of many in ancient Israel? How can we avoid doing the same things today?
**Love and Law**

*Sabbath Afternoon*

**Read for This Week’s Study:** Romans 12, 13.

**Memory Text:** “Be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God” (Romans 12:2).

However much Paul was seeking to disabuse the Romans of their false notions of the law, he also calls all Christians to a high standard of obedience. This obedience comes from an inward change in our heart and mind, a change that comes only through the power of God working in a person surrendered to Him.

Romans contains no hint that this obedience comes automatically. The Christian needs to be enlightened as to what the requirements are; he or she must desire to obey those requirements; and, finally, the Christian should seek the power without which that obedience is impossible.

What this means is that works are part of the Christian faith. Paul never meant to depreciate works; in chapters 13 to 15 he gives them strong emphasis. This is no denial of what he has said earlier about righteousness by faith. On the contrary, works are the true expression of what it means to live by faith. One could even argue that because of the added revelation after Jesus came, the New Testament requirements are more difficult than what was required in the Old. New Testament believers have been given an example of proper moral behavior in Jesus Christ. He and no one else is the pattern we are to follow. “Let this mind be in you, which was also in Christ Jesus” (Phil. 2:5).

The standard doesn’t—can’t!—get higher than that.

*Study this week’s lesson to prepare for Sabbath, September 18.*
Living Sacrifices

With chapter 11, the doctrinal part of the book of Romans ends. Chapters 12 through 16 present practical instruction and personal notes. Nevertheless, these concluding chapters are extremely important, because they show how the life of faith is to be lived.

For starters, faith is not a substitute for obedience, as if faith somehow nullifies our obligation to obey the Lord. The moral precepts are still in force; they are explained, even amplified in the New Testament. And no indication is given, either, that it will be easy for the Christian to regulate his or her life by these moral precepts. On the contrary, we’re told that at times it could be difficult, for the battle with self and with sin is always hard (1 Pet. 4:1). Christians are promised divine power and given assurance that victory is possible, but we are still in the world of the enemy and will have to fight many battles against temptation. The good news is that if we fall, if we stumble, we are not cast away but have a High Priest who intercedes on our behalf (Heb. 7:25).

Read Romans 12:1. How does the analogy presented here reveal how we as Christians are to live? How does Romans 12:2 fit in with this?

In Romans 12:1, Paul is alluding to Old Testament sacrifices. As, anciently, animals were sacrificed to God, so now Christians ought to yield their bodies to God, not to be killed but as living sacrifices dedicated to His service.

In the time of ancient Israel, every offering brought as a sacrifice was examined carefully. If any defect was discovered in the animal, it was refused, for God had commanded that the offering be without blemish. So, Christians are bidden to present their bodies “a living sacrifice, holy, acceptable unto God.” In order to do this, all their powers must be preserved in the best possible condition. Though none of us are without blemish, the point is that we are to seek to live as spotlessly and as faithfully as we can.

It’s always so easy to come up with excuses for our sins and faults, isn’t it? What’s your common excuse for falling into the same thing again and again? Isn’t it about time to start putting away the excuses and claim the promises, for isn’t God’s power greater than your excuses?
The Lesson in Brief

Key Text: Romans 13:10

The Student Will:
Know: Describe the results of faith in the life, reflected in how we treat others.
Feel: Nurture respect and brotherly love for one another.
Do: Use our gifts wisely in the service of the body of Christ.

Learning Outline:

I. Know: Gifted for Service

A Why must our lives be a daily offering of worship and obedience to the One who gave His life for us?
B In what ways is this offering of worshipful obedience to God to be expressed in our daily behavior?
C Why is it so important for us to care for the body of believers in Christ?
D How is the way we relate to one another an outgrowth of our faith in what God has done for us?

II. Feel: Love Completes the Law

A How is feeling loving toward others related to acting lovingly?
B How does treating others lovingly fulfill the law?
C In this context, how is love related to faith?

III. Do: Serving Christ’s Body

A In what ways has each of us been given a gift to serve and build up the body of Christ?
B What are the gifts that we need most in our church?
C How can you use your gifts in a loving way, while valuing the contributions of others?

Summary: The way we value, nurture, and serve others is a spiritual act of worship. As in faith, we accept the gift of God’s mercy; we extend God’s love and mercy to others and so fulfill the requirements of the law to love one another.
Thinking of Oneself

We have talked a great deal this quarter about the perpetuity of God’s moral law and have stressed again and again that Paul’s message in the book of Romans is not one that teaches the Ten Commandments are done away with or somehow made void by faith.

Yet, it’s easy to get so caught up in the letter of the law that we forget the spirit behind it, and that spirit is love—love for God and love for one another. While anyone can profess love, revealing that love in everyday life can be a different matter entirely.

Read Romans 12:3–21. How are we to reveal love for others?

As in 1 Corinthians 12 and 13, after dealing with the gifts of the Spirit, Paul exalts love. Love (Greek agape) is the more excellent way. “God is love” (1 John 4:8). Therefore, love describes the character of God. To love is to act toward others as God acts and to treat them as God treats them.

Paul here shows how that love is to be expressed in a practical manner. One important principle comes through, and that is personal humility, a willingness of a person “not to think of himself more highly than he ought” (Rom. 12:3), a willingness to “give preference to one another in honor” (vs. 10, NASB), and a willingness not to “be wise in your own opinion” (vs. 16, NKJV). Christ’s words about Himself, “Take my yoke upon you, and learn of me; for I am meek and lowly in heart” (Matt. 11:29), catch the essence of it.

Of all people, Christians should be the most humble. After all, look at how helpless we are, look at how fallen we are; look at how dependent we are, not only upon a righteousness outside of ourselves for salvation but on a power working in us in order to change us in ways we never can change ourselves. What have we to brag of, what have we to boast of, what have we in and of ourselves to be proud about? Nothing at all. Working from the starting point of this personal humility, not only before God but before others, we are to live as Paul admonishes us to in these verses.

Read Romans 12:18. How well are you applying this admonition in your own life right now? Might you need some attitude adjustments in order to do what the Word tells us here?
Key Concept for Spiritual Growth: The outgrowth of a proper relationship with God is a satisfactory and satisfying relationship with God’s creation.

In addressing the root causes for the divisions within the Roman church, Paul has written his most thorough exposition regarding the nature of redemption. There is no basis for superiority within the church, because everyone, Jew or Gentile, receives salvation in the same way—trusting the finished work of Christ on Calvary for the expiation (forgiveness) of sins. There is no alternative route to heaven, and no amount of earthly goodness can purchase salvation. This understanding of redemption forms the foundation for the latter portion of the book in which Paul sketches the practical outworking of God’s grace in our lives. He discusses the nature of our relationships with other believers, our enemies, and earthly government. Love, the defining factor, is the sieve through which all choices regarding relationships must be strained. Love is the standard by which those choices will be judged. Law can define the surface behaviors that readily are visible, but only love defines the heart.

Opening Activity: Bring two toy cars to class. The first one should have functional wheels but no motor. The second one should be a remote-controlled car. It is best if the cars are approximately the same size. First, discuss the similarities in their appearance. (For example, they both have wheels, a chassis, a windshield, bumpers.) From the outside they look very much the same. Second, discuss their differences. (For example, one has a motor, one does not; one has a power source, one does not; one is remotely controlled.) Now ask your class to compare the good citizen with the Spirit-controlled Christian. First, discuss the similarities of their appearance and actions. Next, discuss their differences.

Consider This: While we appreciate the good deeds of the unconverted, what does the Christian have that they are missing? When the road is easy (downhill), the nonmotorized car can move forward just as the remote-controlled car can; but only one has power to move on a flat or uphill surface. What advantage does the Spirit-powered Christian have over the good citizen when the road gets tough?
Relationship to Government

Read Romans 13:1–7. What basic principles can we take from these verses about how we are to relate to the civil power of government?

What makes Paul’s words so interesting is that he wrote during a time when a pagan empire ruled the world, one that could be incredibly brutal, one that was at its core corrupt, and one that knew nothing about the true God and would, within a few years, start a massive persecution of those who wanted to worship that God. In fact, Paul was put to death by this government! Yet, despite all this, Paul was advocating that Christians be good citizens, even under a government like that?

Yes. And that’s because the idea of government itself is found throughout the Bible. The concept, the principle of government, is God-ordained. Human beings need to live in a community with rules and regulations and standards. Anarchy is not a biblical concept.

That being said, it doesn’t mean that God approves of all forms of government or how these governments are run. On the contrary. One doesn’t have to look too far, either in history or in the world today, to see some brutal regimes. Yet, even in situations like these, Christians should, as much as possible, obey the laws of the land. Christians are to give loyal support to government so long as its claims do not conflict with the claims of God. One should consider very prayerfully and carefully, and with the counsel of others, before embarking on a path that puts him or her in conflict with the powers that be. We know from prophecy that one day all of God’s faithful followers will be pitted against the political powers in control of the world (Revelation 13). Until then, we should do all that we can, before God, to be good citizens of whatever country in which we live.

“We are to recognize human government as an ordinance of divine appointment, and teach obedience to it as a sacred duty, within its legitimate sphere. But when its claims conflict with the claims of God, we must obey God rather than men. God’s word must be recognized as above all human legislation. . . .

“We are not required to defy authorities. Our words, whether spoken or written, should be carefully considered, lest we place ourselves on record as uttering that which would make us appear antagonistic to law and order. We are not to say or do anything that would unnecessarily close up our way.”—Ellen G. White, *The Acts of the Apostles*, p. 69.
in the ancient world, scriptural teaching always bears practical purposes. It exists for transformation rather than entertainment. Redemption is the catalyst for changed lives. Relationships merely are not improved—they are reinvented. Paul proceeds to establish the standards that define the goals toward which every Christian strives. Impossible attainments without God’s promised empowerment and spiritual control now become expected achievements for every sincere believer. How would the world be different if Christians everywhere accepted these admonitions? How attractive would Christianity become if our lives reflected these values?

Bible Commentary

I. Living Sacrifices (Review Romans 12:1, 2 with the class.)

Some have read Greek dualism into the writings of Paul, supposing that his castigation of the flesh and elevation of the Spirit indicated contempt for the physical aspects of being. Nothing could be further from the truth. These verses underscore the importance of our bodies. Certainly this passage reflects the temple’s sacrificial rituals whereby an unblemished animal was slaughtered and offered to the Lord. Paul now admonishes his readers to offer their bodies as “living sacrifices.” Clearly Paul’s specialized treatment of the word flesh, metaphorically representing the totality of human existence without God, was not intended to belittle the spiritual importance of the body. The body, housing our mental, social, physical, emotional, and spiritual faculties, was submitted completely to God—“sacrificed.” However, living sacrifices, not dead offerings, were required of Christians.

Consider This: What are the spiritual implications of becoming “living sacrifices”? In what way is this offering of self to God our logical, rational, or reasonable service? What characteristics of the biblical living sacrifices—Christ and Isaac—might we emulate?

II. Thinking of Oneself (Review Romans 12:3–21 with the class.)

Having previously addressed the foundation for the church’s divisions, Paul turns to the solution, which includes humility in service. Comparing the Corinthian correspondence, we discover similar emphases: the unity and importance of various body parts and the divine


Relationships to Others

“Owe no man any thing, but to love one another: for he that loveth another hath fulfilled the law” (Rom. 13:8). How are we to understand this text? Does it mean that if we love, we have no obligation, then, to obey the law of God?

As Jesus did in the Sermon on the Mount, Paul here amplifies the precepts of the law, showing that love must be the motivating power behind all that we do. Because the law is a transcript of the character of God, and God is love, to love, therefore, is to fulfill the law. Yet, Paul is not substituting some vague standard of love for the precisely detailed precepts of the law, as some Christians claim. The moral law is still binding, because, again, it is what points out sin—and who is going to deny the reality of sin? However, the law truly can be kept only in the context of love. Remember, some of those who brought Christ to the cross then ran home to keep the law!

Which commandments did Paul cite as samples to illustrate the principle of love in law-keeping? Why these in particular? Rom. 13:9, 10.

Interestingly, the factor of love was not a newly introduced principle. By quoting Leviticus 19:18, “Thou shalt love thy neighbour as thyself,” Paul showed that the principle was an integral part of the Old Testament system. Again Paul appealed to the Old Testament to support his gospel preaching. Some argue from these texts that Paul is teaching that only the few commandments mentioned here are in effect. If so, does this mean, then, that Christians can dishonor their parents, worship idols, and have other gods before the Lord? Of course not.

Look at the context here. Paul was dealing with how we relate to one another. He was dealing with personal relationships, which is why he specified the commandments that centered on these relationships. His argument certainly shouldn’t be construed as nullifying the rest of the law. (See Acts 15:20, 1 Thess. 1:9, 1 John 5:21.) Besides, as the New Testament writers point out, by showing love to others, we show our love to God (Matt. 25:40; 1 John 4:20, 21).

Think about your relationship to God and how it is reflected in your relationships with others. How big a factor is love in those relationships? How can you learn to love others the way God loves us? What stands in your way of doing just that?
distribution of spiritual abilities (*charismata*) bestowed on believers to enable loving service (*1 Cor. 12:12–31*). Service extended beyond hospitality to the faithful includes sacrificial kindness directed toward persecutors of Christians. Undoubtedly, Paul remembered his persecution of believers and their kindness toward him. These abilities were given not for personal self-glorification but for building and enlarging God’s kingdom.

**Consider This:** What effect does an attitude of humility and loving service have on divided congregations? Where should that attitude originate? How might God perceive believers who fail to utilize their spiritual abilities?

### III. Relationship to Government
*(Review Romans 13:1–7 with the class.)*

Christian responsibility extends to governmental relationships. Remember “render therefore unto Caesar” (*Matt. 22:21*)? Legend says that one Texas lawmaker exclaimed, “Get the government out of our business!” One can only hope his preacher delivered a sermon about this passage and corrected his rebellious attitude. Governments divinely are ordained. Even ineffectual governments are preferable to anarchy.

Cooperating with governmental authorities (including honest payment of taxes) is included in the Christian’s ethical mandate. Obviously, this does not include compromising spiritual values or violating divine commandments.

**Consider This:** How do we determine which conditions make serving both divine counsel and national interests incompatible? What is our proper course of action under such circumstances?

### IV. Nearer Than We Believed
*(Review Romans 13:11–14 with the class.)*

How interesting that proximity to the lawgiver encourages compliant behavior! Every wallet-protecting motorist reduces excessive speed when surprised by police officers. Certainly proximity to our “love-givers” elicits compliant behavior also (at least during the dating phase!). Paul summons “proximity,” Christ’s impending return, as a motivation for righteous living. Therefore, “don’t participate in the darkness of wild parties and drunkenness, or in sexual promiscuity and immoral living, or in quarreling and jealousy” (*vs. 13, NLT*).
Nearer Than We Believed

“And that, knowing the time, that now it is high time to awake out of sleep: for now is our salvation nearer than when we believed” (Rom. 13:11).

As we have stated all quarter, Paul had a very specific focus in this letter to the Romans, and that was to clarify for the church at Rome, especially the Jewish believers there, the role of faith and works in the New Covenant context. The issue was salvation and how a sinner is deemed righteous and holy before the Lord. To help those whose whole emphasis had been on law, Paul put the law in its proper role and context. Though, ideally, Judaism, even in Old Testament times, was a religion of grace, legalism arose and did a lot of damage. How careful we as a church need to be that we don’t make the same mistake.

Read Romans 13:11–14. What event is Paul talking about here, and how should we be acting in anticipation of that event?

How fascinating that Paul here was talking to the believers, telling them to wake up and get it together because Jesus was coming back. The fact that this was written almost two thousand years ago doesn’t matter. We must always live in anticipation of the nearness of Christ’s coming. As far as we all are concerned, as far as our own personal experiences go, the Second Coming is as near as the potential for our own death. Whether next week or in 40 years, we close our eyes in death, and whether we sleep only 4 days or for 400 years—it makes no difference to us. The next thing we know is the second coming of Jesus. With death always potentially just around the corner for any of us, time is indeed short, and our salvation is nearer than when we first believed.

Though Paul doesn’t deal much in the book of Romans with the Second Coming, in the Thessalonian and the Corinthian letters he covers it in much more detail. After all, it’s a crucial theme in the Bible, especially the New Testament. Without it, and the hope it offers, our faith is, really, meaningless. After all, what does “justification by faith” mean without the Second Coming to bring that wonderful truth to complete fruition?

If you knew for certain that Jesus was coming next month, what would you change in your life, and why? Now, if you believe you need to change these things a month before Jesus comes, why shouldn’t you change them now? What is the difference?
Learning Cycle CONTINUED

STEP 3—Apply

Just for Teachers: The human commission of glorifying God and living harmoniously with God’s creatures is captured by one word: love. Human behavior, being influenced by multiple factors, fails to reveal completely the contents of the heart (see Matt. 7:22, 23). Splendid performances frequently are motivated by selfish, egotistical purposes. Behavior and appearances must be superseded by genuine heart religion. Unless our devotion exceeds the pretense of the Pharisees, we never will enter the kingdom of heaven. Anything falling below the standard of genuine love is neither satisfactory to God nor satisfying for us.

Thought Questions:

1. What is meant by genuine heart religion, and how does the Christian achieve this goal?

2. What are the standards of genuine love that God has set for us? How can we allow our hearts to become transformed by these standards? In what ways can we become more susceptible and responsive to God’s guidance and direction in our devotion to Him and to others?

3. What experience replaces hollow, appearance-conscious religion?

STEP 4—Create

Just for Teachers: How does love fulfill God’s law in our experience so that our lives are satisfactory to God and satisfying to us? Discuss spiritual gifts in the context of the above question to introduce the final activity. How is God pleased when we utilize those gifts for His glory? How does utilizing our abilities bring personal satisfaction?

Activity: Reread Romans 12:6–8; list the various gifts mentioned. Invite members to take pictures of activities during the coming week that they feel illustrate the gifts list and bring them to the next class.

“In the Bible the will of God is revealed. The truths of the Word of God are the utterances of the Most High. He who makes these truths a part of his life becomes in every sense a new creature. He is not given new mental powers, but the darkness that through ignorance and sin has clouded the understanding is removed. The words, ‘A new heart also will I give you,’ mean, ‘A new mind will I give you.’ A change of heart is always attended by a clear conviction of Christian duty, an understanding of truth. He who gives the Scriptures close, prayerful attention will gain clear comprehension and sound judgment, as if in turning to God he had reached a higher plane of intelligence.”—Ellen G. White, My Life Today, p. 24.

“The Lord . . . is soon coming, and we must be ready and waiting for His appearing. Oh, how glorious it will be to see Him and be welcomed as His redeemed ones! Long have we waited, but our hope is not to grow dim. If we can but see the King in His beauty we shall be forever blessed. I feel as if I must cry aloud: ‘Homeward bound!’ We are nearing the time when Christ will come in power and great glory to take His ransomed ones to their eternal home.”—Ellen G. White, Testimonies for the Church, vol. 8, p. 253.

Discussion Questions:

1. In class, go over the question at the end of Thursday’s lesson. What were the answers folk gave, and how did they justify them?

2. The question of how we are to be good citizens and good Christians can at times be very complicated. If someone were to come to you seeking advice about standing for what he or she believed was God’s will, even though it would put him or her in conflict with the government, what would you say? What counsel would you give? What principles should you follow? Why is this something that we should proceed on only with the utmost seriousness and prayerful consideration? (After all, not everyone thrown into the lions’ den comes out unscathed.)

3. What do you think is harder to do: to keep strict adherence to the letter of the law or to love God and love others unconditionally? Or, could you argue that this question presents a false dichotomy? If so, why?
Sabbath Afternoon

Read for This Week’s Study: Romans 14–16.

Memory Text: “Why dost thou judge thy brother? or why dost thou set at nought thy brother? for we shall all stand before the judgment seat of Christ” (Romans 14:10).

Someone approached a famous rabbi of antiquity and asked him to explain the whole meaning of the Torah while standing on one leg. “Do not do to another,” the rabbi said on one leg, “what seems to you to be hurtful; that is the whole Torah. All the rest is commentary.”

Whether or not one agrees with the rabbi’s statement, he does have a point. Some aspects of our faith are foundational and others mere “commentary.” This week’s lesson looks at some of that “commentary.” What this means is that all that came before focused very much on the foundational principles of salvation. What is the role of the law—be it the whole Old Testament system or just the Ten Commandments—in the area of salvation? Paul needed to define clearly what are the grounds upon which God accepts a person. Perhaps the whole thing could be summarized by the pagan jailer’s question, “What must I do to be saved?” (Acts 16:30).

With that explained, Paul now engages in some “commentary.” Though very strong on some points, Paul takes a much freer attitude regarding other things. That’s because these things are nonessentials, “commentary,” as it were. Yet, at the same time, though the issues themselves might not have been crucial, the attitude the Christians had toward each other in dealing with these issues was.

*Study this week’s lesson to prepare for Sabbath, September 25.
The Weak Brother

In Romans 14:1–3, the question was the eating of meats that may have been sacrificed to idols. The Jerusalem council (Acts 15) ruled that Gentile converts should refrain from using such foods in their diet. But there was always the question as to whether meats sold in public markets had come from animals sacrificed to idols (see 1 Cor. 10:25). Some Christians didn’t care about that at all; others, if there were the slightest doubt, chose to eat vegetables instead. The issue had nothing to do with the question of vegetarianism and healthful living. Nor is Paul implying in this passage that the distinction between clean and unclean meats has been abolished. This is not the subject under consideration. If the words “he may eat all things” (Rom. 14:2) were taken to mean that now any animal, clean or otherwise, could be eaten, they would be misapplied. Comparison with other New Testament passages would rule against such an application.

Meanwhile, to “receive” one weak in the faith meant to accord him or her full membership and social status. The person was not to be argued with but given the right to his or her opinion.

What principle should we take, then, from Romans 14:1–3?

_____________________________________________________

It’s important, too, to realize that Paul in verse 3 does not speak negatively of the one “weak in the faith.” Nor does he give this person advice as to how to become strong. So far as God is concerned, the overscrupulous Christian (judged overscrupulous, apparently, not by God but by his or her fellow Christians) is accepted. “God hath received him.”

How does Romans 14:4 amplify what we’ve just looked at?

_____________________________________________________

Though we need to keep in mind the principles seen in today’s lesson, are there not times and places where we need to step in and judge, if not a person’s heart, at least the actions? Are we to step back and say and do nothing in every situation? Isaiah 56:10 describes watchmen as “dumb dogs, they cannot bark.” How can we know when to speak and when to keep silent? How do we strike the right balance here?
The Lesson in Brief

**Key Text:** Romans 15:5

**The Student Will:**

**Know:** Explain the importance of letting each person follow God’s will as best as he or she knows how, while at the same time being sensitive to how our actions affect others around us.

**Feel:** Value unity in Christ as a principle that informs both our independence and interdependence.

**Do:** Do whatever it takes to contribute to peace and the building up of Christ’s body.

**Learning Outline:**

I. Know: Unified in Diversity

- A While we each may have a different understanding of what God is asking us to do, why must we accept and encourage one another in the following of our individual consciences and be willing to learn from one another?

- B What are some of the differences that arise when church members follow their consciences in obeying God?

- C How can these differences lead to division, and how can they lead to growth?

II. Feel: Valuing One Another

- A Though it is important to follow our individual consciences, why must we also be sensitive to how the things we do influence others?

- B How should we relate to church members who express concern over our lifestyle or actions or over differences with us in spiritual matters?

III. Do: Building Up the Body

- A What are some of the ways we can foster a spirit of unity among a body of believers who are different in many ways?

**Summary:** Though we all may have differences in how we understand our duty to God, as we foster acceptance and respect and learn from one another we will grow closer as a result.
With What Measure You Mete

Read Romans 14:10. What reason does Paul give here for us to be careful about how we judge others?

We tend to judge others harshly at times, and often for the same things that we ourselves do. How often, though, what we do doesn’t seem as bad to us as when others do the same thing. We might fool ourselves by our hypocrisy, but not God, who warned us: “Judge not, that ye be not judged. For with what judgment ye judge, ye shall be judged: and with what measure ye mete, it shall be measured to you again. And why beholdest thou the mote that is in thy brother’s eye, but considerest not the beam that is in thine own eye? Or how wilt thou say to thy brother, Let me pull out the mote out of thine eye; and, behold, a beam is in thine own eye?” (Matt. 7:1–4).

Of what significance is the statement from the Old Testament that Paul introduced here? Rom. 14:11.

The citation from Isaiah 45:23 supports the thought that all must appear for judgment. “Every knee” and “every tongue” individualizes the summons. The implication is that each one will have to answer for his or her own life and deeds (vs. 12). No one can answer for another. In this important sense, we are not our brother’s keeper.

Keeping the context in mind, how do you understand what Paul is saying in Romans 14:14?

The subject is still foods sacrificed to idols. The issue is, clearly, not the distinction between the foods deemed clean and unclean. Paul is saying that there is nothing wrong per se in eating foods that might have been offered to idols. After all, what is an idol anyway? It is nothing (see 1 Cor. 8:4), so who cares if some pagan offered the food to a statue of a frog or a bull?

A person should not be made to violate his or her conscience, even if the conscience is overly sensitive. This fact the “strong” brethren apparently did not understand. They despised the scrupulousness of the “weak” brethren and put stumbling blocks in their way.

Might you, in your zeal for the Lord, be in danger of what Paul is warning about here? Why must we be careful not to seek to be the conscience of others, no matter how good our intentions?
Learning Cycle

STEP 1—Motivate

Key Concept for Spiritual Growth: Believers may agree on the principles of Scripture but disagree on the methods of living out those principles. In such cases, grace and understanding should take precedence over judgment and condemnation.

Because Rome was a cultural melting pot, it is not surprising that the believers’ various backgrounds led to divergent understandings about living the Christian life. While Jewish and Gentile Christians alike were committed to Jesus as their Savior, their cultural upbringing induced a certain amount of tension as the two groups tried to live out their commitment. The Jerusalem Council (Acts 15) was an attempt to resolve the disputes between the two groups; but the fact that the book of Romans was written several years after the council testifies to the difficulty of resolving these differences.

If the early church, nearest in historical time to the advent of Christ, had these difficulties, should we be surprised that churches today struggle for harmony? Does your church include various ethnic groups? How has the church blended those various strengths? Has variety produced disharmony?

Age is another factor that often divides churches. Social scientists even speak of youth culture as if it were a separate entity, encapsulating unique values, social patterns, and language. Does harmonious interaction between various age groups exist in your church? Do cultural battles erupt over musical preferences, Sabbath observance, and evangelistic methodology? When Christians disagree, how are differences resolved—split churches, acrimonious exchanges, judgmental rhetoric? Perhaps understanding, open-mindedness, compassionate listening, and flexibility characterize your church. Blessed indeed are those who have experienced the latter rather than the former!

Having established a common theological foundation, Paul now addresses the cultural disagreements in practice that threatened to fracture the church.

Activity: Bring a large transparent glass container for filling. First, fill the container with large rocks. Ask, Is the container full? The expected response is “full.” Next bring out your hidden sack of sand, pouring sand into the container. Ask if the container is now full. Expect an affirmative answer, though some may hesitate because they were proven wrong before. Next bring out your hidden water bottle and fill the container again.

Discuss: How does the activity visibly illustrate the importance of being open-minded and creative in our approach to God’s work? Why should
Giving No Offense

Read Romans 14:15–23 (see also 1 Cor. 8:12, 13). Summarize on the lines below the gist of what Paul is saying. What principle can we take from this passage that we can apply in all areas of our lives?

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In verses 17–20 Paul is putting various aspects of Christianity into proper perspective. Although diet is important, Christians ought not to quarrel over the choice on the part of some to eat vegetables instead of flesh meats that might have been sacrificed to idols. Instead, they ought to focus on righteousness, peace, and joy in the Holy Spirit. How might we apply this idea to questions of diet today in our church? However much the health message, and especially the teachings on diet, can be a blessing to us, not everyone sees this subject the same way, and we need to respect those differences.

In verse 22, amid all this talk about leaving people to their own conscience, Paul adds a very interesting caveat: “Blessed is the man who does not condemn himself by what he approves” (NIV). What warning is Paul giving here? How does this balance out the rest of what he is saying in this context?

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Have you heard someone say, “It is none of anyone’s business what I eat or what I wear or what kind of entertainment I engage in”? Is it really? None of us lives in a vacuum. Our actions, words, deeds, and even diet can affect others, either for good or for bad. It’s not hard to see how. If someone who looks up to you sees you doing something “wrong,” he or she could be influenced by your example to do that same thing. We fool ourselves if we think otherwise. To argue that, well, you didn’t force the person is beside the point. As Christians, we have a responsibility to one another, and if our example can lead someone astray, we are culpable.

What kind of example do you present? Would you feel comfortable with having others, particularly young people or new believers, following your example in all areas? What does your answer say about you?
Learning Cycle CONTINUED

there always be space available for newer ideas and methodologies alongside older concepts?

STEP 2—Explore

Just for Teachers: Intellectual theorists oftentimes propose grandiose schemes that disintegrate into grander failures when tested by real-world conditions. Can Paul’s theology endure the real-world “heat” of cultural crossfire? This battleground is a minefield waiting to explode! How should church leaders facilitate healing and reconciliation when disagreements erupt among the faithful?

Bible Commentary

I. The Weak Brother (Review Romans 14:1–4 with the class.)

Multitudes of decisions regarding a variety of lifestyle choices are made every day. Christians believe that no decision is unimportant, because their total existence belongs under the lordship of Christ. Christians also live in community; therefore, an isolationist position is impossible.

What happens when different standards and disagreements regarding Christian practices emerge among the faithful? Unfortunately, one unacceptable option surfaces too frequently—belittling those more scrupulous. Paul’s contemporaries wrestled over foods sacrificed to idols and the observance of ceremonial sabbaths. Seventh-day Adventists today debate similar matters—dietary regimen, acceptable fashion, appropriate Sabbath observance, interracial marriage, and musical preferences. Divine mandates and guidelines are sometimes variously interpreted, but oftentimes the debate surrounds issues that are not addressed specifically in Scripture. These cases are not unimportant, and believers extrapolate principles from Scripture to guide their decision making regarding emerging technologies and freshly encountered cultural differences.

Certainly caution must be exercised to avoid ditches on either side. The first ditch is imagining that Scripture directly addresses every cultural situation. The second is naively believing that Scripture has nothing to say about those situations. Prayerful study of scriptural principles, under divine guidance, has delivered the church from disintegration throughout Christian history. Should scrupulous believers, however, suffer belittling by fellow
Observance of Days

In this discussion about not judging others who might view some things differently than we do, and not being a stumbling block to others who might be offended by our actions, Paul brings up the issue of special days that some want to observe and others don’t.

Read Romans 14:4–10. How are we to understand what Paul is saying here? Does this say anything about the fourth commandment? If not, why not?

About what days is Paul speaking? Was there a controversy in the early church over the observance or nonobservance of certain days? Apparently so. We get a hint of such controversy in Galatians 4:9, 10, where Paul berates the Galatian Christians for observing “days, and months, and times, and years.” As we noted in lesson 2, some in the church had persuaded the Galatian Christians to be circumcised and to keep other precepts of the law of Moses. Paul feared that these ideas might harm the Roman church, as well. But perhaps in Rome it was particularly the Jewish Christians who had a hard time persuading themselves that they need no longer observe the Jewish festivals. Paul here is saying, Do as you please in this matter; the important point is not to judge those who view the matter differently from you. Some Christians, apparently, to be on the safe side, decided to observe one or more of the Jewish festivals. Paul’s counsel is, Let them do it if they are persuaded they should.

To bring the weekly Sabbath into Romans 14:5, as some argue, is unwarranted. Can one imagine Paul taking such a laid-back attitude toward the fourth commandment? As we have seen all quarter, Paul placed a heavy emphasis on obedience to the law, so he certainly wasn’t going to place the Sabbath commandment in the same category as folk who are uptight about eating foods that might have been offered to idols. However commonly these texts are used as an example to show that the seventh-day Sabbath is no longer binding, they say no such thing. Their use in that manner is a prime example of what Peter warned that people were doing with Paul’s writings: “As also in all his epistles, speaking in them of these things; in which are some things hard to be understood, which they that are unlearned and unstable wrest, as they do also the other scriptures, unto their own destruction” (2 Pet. 3:16).

What has been your experience with the Sabbath? Has it been the blessing it was meant to be? What changes can you make in order to experience more fully what the Lord offers you in the Sabbath?
Christians for being unable to accept certain things conscientiously? “No,” says Paul. Neither should the scrupulous (“weak”) condemn those who conscientiously view things differently.

Christians are not at liberty to compromise matters clearly defined and directly addressed in Scripture. Christians must also acknowledge that most day-to-day decisions do not fall into that category. Believers should humbly and prayerfully approach God for the wisdom to know the difference.

All cultures are contaminated by sin. Believers are not compelled to accept Western materialism or islander voodoo practices because those are cultural trademarks. Defending practices on the basis of culture alone is inadequate. God expects a higher standard. However, condemning practices on the basis of culture alone is equally indefensible.

**Consider This:** How should conscientious Christians relate to fellow believers who practice their faith differently? What usually happens when believers direct condemnation against differently minded Christians? How do believers determine what is the irreducible foundation of the gospel and what are matters of preference? How should believers react when arrogant members belittle them?

**II. With What Measure You Mete** *(Review Romans 14:10 with the class.)*

Romans 14:10 may be described as Paul’s trump card. For the unconvinced reader this principle is the bottom line: judge others harshly here and divine judgment will fall on you in similar manner and extent *(see Matt. 7:1–4).* Conversely, those who humbly approach differences of opinion in debatable areas, who exercise a merciful attitude, may expect mercy on their day of accountability.

**Consider This:** How does Romans 14:10–12 relate to Matthew 6:14, 15? Can Christians be firm and uncompromising, as well as uncritical and nonjudgmental?

**III. Giving No Offense** *(Review Romans 14:15–23 with the class.)*

Human influence is our responsibility. We are accountable for our influence on others. How can a believer glibly dismiss this responsibility when it could be the difference in another person’s eternal destiny? Which should be more important—that person’s eternal salvation or exercising my Christian freedom? The principle of personal accountability does not
Fitting Benediction

**Read** Romans 15:1–3. What important Christian truth is found in these texts?

**In** what way do these texts capture so much of what it means to be a follower of Jesus?

**What** other verses teach the same idea? Most important, how can you, yourself, live out this principle?

**As** Paul brought his letter to a close, what varied benedictions did he utter? Rom. 15:5, 6, 13, 33.

The God of patience means the God who helps His children to endure steadfastly. The word for “patience,” *hupomone*, means “fortitude,” “steadfast endurance.” The word for “consolation” may be translated “encouragement.” The God of encouragement is the God who encourages. The God of hope is the God who has given hope to humankind. Likewise, the God of peace is the God who gives peace and in whom one may have peace.

What a fitting benediction in a letter whose dominant theme is righteousness by faith—encouragement, hope, peace! How sorely our present world needs these.

**After** numerous personal greetings, how did Paul bring his letter to a close? Rom. 16:25–27.

Paul ends his letter in a glorious ascription of praise to God. God is the one in whom the Roman Christians, and all Christians, can safely put their trust to confirm their standing as redeemed sons and daughters of God, justified by faith and now led by the Spirit of God.

Paul is thrilled to be the herald of such glorious news. He calls this news “my gospel.” What he means is the gospel he proclaims. But what he preaches has been confirmed by the preaching of Jesus and by the messages of the prophets. It was kept secret, not because God did not want humanity to know, but because people refused light from heaven, preventing God from giving them further light. Moreover, there were some aspects of the plan that people would be unable to grasp until the Messiah came in human flesh. He gave a demonstration, not only of what God is like but also of what humanity may become by laying hold of divine power. The new kind of life would be one of “obedience of faith”; that is, obedience springing from faith in the Lord, who through grace justifies sinners by the righteousness given to all who claim it for themselves.
Learning Cycle CONTINUED

prohibit us from helping scrupulous believers inform their consciences regarding Christian freedoms, but it does caution us about arrogantly ignoring their feelings.

In light of this discussion, consider the following situation. Jonathan heard that Frederick’s creates the best salad in town. Although he has never imbibed alcoholic beverages, he knows that Frederick’s also has a reputation throughout the metropolitan area as the drunk’s hangout. He dines at Dominick’s instead. Is eating at Frederick’s sinful? No. Is dining at Dominick’s perhaps more considerate?

Consider This: Does this principle offer more conservative members undue leverage? If we are the more “conservative conscience,” how can we avoid making others feel uptight?

STEP 3—Apply

Just for Teachers: Discuss the principles of Romans 14 and 15. How can believers make their world more principled and tolerant at the same time?

Thought Question:

What role should our educational system play in developing discernment, tolerance, and compassion?

STEP 4—Create

Just for Teachers: Paul’s passion for a church united in spreading the gospel of freedom in Christ must be replicated in our generation. Dialogue regarding matters of practice are necessary; battles are not.

Activity: Write a new song that stresses the themes of partnership, tolerance, and Christian self-sacrifice in the context of this study; or read/sing hymn 353 in The Seventh-day Adventist Hymnal. Tell what you plan to do to live out the themes of either song over the next few months.

“I was shown the danger of the people of God in looking to Brother and Sister White and thinking that they must come to them with their burdens and seek counsel of them. This ought not so to be. They are invited by their compassionate, loving Saviour to come unto Him, when weary and heavy-laden, and He will relieve them. . . . Many come to us with the inquiry: Shall I do this? Shall I engage in that enterprise? Or, in regard to dress, Shall I wear this or that article? I answer them: You profess to be disciples of Christ. Study your Bibles. Read carefully and prayerfully the life of our dear Saviour when He dwelt among men upon the earth. Imitate His life, and you will not be found straying from the narrow path. We utterly refuse to be conscience for you. If we tell you just what to do, you will look to us to guide you, instead of going directly to Jesus for yourselves.”—Ellen G. White, *Testimonies for the Church*, vol. 2, pp. 118, 119.

“We are not to place the responsibility of our duty upon others, and wait for them to tell us what to do. We cannot depend for counsel upon humanity. The Lord will teach us our duty just as willingly as He will teach somebody else. . . . Those who decide to do nothing in any line that will displease God, will know, after presenting their case before Him, just what course to pursue.”—Ellen G. White, *The Desire of Ages*, p. 668.

“There have ever been in the church those who are constantly inclined toward individual independence. They seem unable to realize that independence of spirit is liable to lead the human agent to have too much confidence in himself and to trust in his own judgment rather than to respect the counsel and highly esteem the judgment of his brethren.”—Ellen G. White, *The Acts of the Apostles*, pp. 163, 164.

**Discussion Questions:**

Given some of the themes of this week, how do we as Christians find the right balance in the following cases:

1. **Being faithful to what we believe, yet not judging others who see things differently from the way we do?**

2. **Being true to our own conscience and not seeking to be the conscience for others, while at the same time seeking to help those whom we believe are in error? When do we speak, and when do we keep silent? When are we culpable if we do keep silent?**

3. **Being free in the Lord and yet at the same time realizing our responsibility to be a good example for those who might look up to us?**