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Raafat Kamal, the new president of the church’s Trans-European Division, acknowledged that Seventh-day Adventists face an enormous challenge in twenty-first-century Europe, but said he believed new ways would be found to share the message of Jesus’ second coming.

Kamal was elected on July 10 by the General Conference’s Executive Committee, the top governing body of the Seventh-day Adventist Church, to replace Bertil Wiklander as president of the 22-nation region that includes Britain, the Netherlands, Scandinavia, and a swath of countries stretching from Finland to Cyprus.

“The Seventh-day Adventist Church has a unique prophetic message for the people of Europe at the end of time,” said Kamal, referring to the three angels’ messages in Revelation 14.

“I am excited about the opportunities that we have within our reach, and humbled by the fact that God is using us to accomplish His mission,” he said in an interview. “The question before us is how God will transform our minority church from being a fortress influenced by secular society into a force to transform local communities.”

Kamal, who has served as the division’s field secretary and Wiklander’s assistant for the past seven years, said a spiritual decline accompanied by growing materialism presented a challenge for the Adventist Church.

“Europe, possibly for the first time in 1,000 years, is now a mission field,” he said.

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Realigned by Prayer

A friend and I recently spent more than a year praying for an outcome that initially seemed so logical I hardly thought it worth asking God to make it happen.

My friend needed a job; a job was opening up. He was the ideal candidate; he should obviously get the offer. All I needed when we began to pray was for God to confirm the wisdom of our judgment—and, of course, arrange the details.

But when the job did not materialize; when slowdowns and frustrations attended the process; when my colleague found it necessary to seek other employment to support his family, the nature of my praying changed. As we wrestled month by month with what began to look increasingly impossible, the certainties with which I started vanished into weariness.

Our conversations—and our praying—increasingly focused on the importance of learning to wait upon the Lord, surrendering our sense of what should happen to the possibility that what we wanted might not be His will. A dozen times we asked hard questions of our motives: were we praying only so we could claim success as men in prayer—a confirmation that we deserved God’s goodness?

Over time, our praying changed. We learned that we are owed nothing by Omnipotence, and have no claim on anything except as Jesus offers it. What once seemed logically inevitable became an outcome that we knew deep in our bones only Christ could bring about.

And when, at last, an offer came and the job was secured, we found a gratitude we wouldn’t have known if we had never waited. With the psalmist we murmured in deep thankfulness, “This was the Lord’s doing; it is marvelous in our eyes” (Ps. 118:23).

Though we had prayed for change in others, we were the ones most changed by months of praying. God gave us what we truly needed—hearts more aligned with Him and with His will.

As you read this month’s special cover feature about answered prayer, invite the Lord to also work in you the change and growth that praying always causes.

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Adventists account for only about 0.04 percent of the 203 million people living in the division’s territory, or one in every 2,415 people, he said.

World church president Ted N. C. Wilson said new methods were needed to sensitize people to religion and to find approaches that reach their hearts. “We will be praying that the new president will help to increase the focus on these very important eternal objectives that are very precious to the Seventh-day Adventist Church,” he said in an interview.

Wiklander, who turns 68 in September, said he was retiring for personal reasons and had reached the decision with his wife.

“I have had the privilege and joy of serving the church as division president for 19 years, which is a long time considering the amount of travel required,” he said. “In my Swedish culture one retires at 65 years of age, and I have passed that.” He said he looks forward to spending more time with family, serving the church through biblical scholarship, and seeking God through music, art, and poetry.

Rafat (pronounced: Rah-afat) Kamal, 50, was born in Lebanon and holds two undergraduate degrees, in business and theology, as well as four master’s degrees, in systematic theology; educational administration and curriculum; Islamic philosophy and theology; and business administration. He married Heidi Kamal Kendel, a native of Norway and registered nurse, in 1987, and together they have two daughters.

Asked what inspires him, Kamal pointed to Lamentations 3:22, 23, which reads: “Through the Lord’s mercies we are not consumed, because His compassions fail not. They are new every morning; great is Your faithfulness.”

“I’m inspired to know and experience God’s faithfulness, love, mercies, and compassions new every morning,” he said.

— Andrew McChesney, news editor, Adventist World

Russia: Nine Teens in Hot Water for Skipping Sabbath Exam

Adventist leaders in Russia appealed to the Russian government to intervene after nine Adventist teenagers were barred from advancing to the tenth grade for refusing to take a final exam on the Sabbath.

School officials, who had flatly rejected requests for flexibility, appeared to back down after the appeal on behalf of the students. All were ninth graders in the southern city of Belgorod who had missed the state exam in mathematics on Sabbath, May 31.

Federal education authorities, who had scheduled the exam for that day, had anticipated that some students might not be able to attend for religious reasons. So they ordered public schools across the country to offer the exam to those students on June 16 or June 19.

Adventist students in other parts of Russia took the exam on June 16, four Adventist leaders with the Euro-Asia Division said in a letter to the Russian government.

But education officials in the Belgorod region, which includes the city of Belgorod and is located along the border with Ukraine, refused to administer the exam on an alternative day.

“We believe that this situation is unacceptable and call on the leadership of the Russian Federation as well as public and religious associations to take all legal measures to eliminate these violations in the Belgorod region,” the letter said.

The letter also said local school principals and education officials had “crudely and offensively” pressured Adventist parents to tell their children to reject their religious beliefs and take the exam.

“Even in Soviet times, during the persecution of all religious organizations, officials did not deprive the children of religious families the opportunity to receive a secondary education,” it said.

The appeal appeared to have worked. Belgorod officials later agreed to let the nine students take the math exam shortly before the start of the school year on September 1.

— Andrew McChesney, news editor, Adventist World

Philippines: White Estate Branch Office Opens

A branch office of the Ellen G. White Estate has opened at the Adventist International Institute of Advanced Studies (AIIAS) in the Philippines, the second such facility to be established outside the U.S.

The branch office contains copies of Ellen White documents and other historical materials from the main office at the world church’s General Conference headquarters in Silver Spring, Maryland, United States, and it will provide AIIAS seminary students as well as local Adventists and non-Adventists alike with increased opportunities to study the church’s heritage, Adventist officials said.

“What we are doing is acknowledging what you already know—that international students come to AIIAS to prepare to work for the Lord’s cause,” James Nix, director of the Ellen G. White Estate in Maryland, said at an inaugura-
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Italy: ADRA Assists With Immigrant Crisis

- Italian workers with ADRA, the relief agency of the Adventist Church, have distributed several hundred personal hygiene kits and staged a gospel music concert for a group of African immigrants fished out of the Mediterranean Sea by the Italian Navy.

The Italian naval ship Etna docked in the Sicilian port of Palermo in mid-June after picking up 767 immigrants in various operations across the Mediterranean, including a group from a shipwreck off the coast of Libya that killed 10 and left 15 others seriously burned.

On the next Sabbath ADRA workers visited a community center sheltering 280 immigrants from Ghana, Gambia, Nigeria, Ivory Coast, Mali, and Guinea.

“This allowed us to see firsthand what the real and immediate needs are and what we can do to help make them feel welcomed and loved,” said Luca Alfano, project leader of ADRA in Italy.

The following Monday ADRA volunteers handed out about 300 personal hygiene kits containing essential items such as soap, toothbrushes, toothpaste, and towels to the immigrants.

That evening the Palermo Ghanaian Adventist gospel choir performed a musical program at the center. “We tried to convey warmth and solidarity with these people who were visibly lost, disoriented, and insecure,” Alfano said.

ADRA was working with the community center to provide other assistance, including lessons in the Italian language, workshops, and various recreational and cultural activities.

— Adventist World staff

Colombia: Parade Points to Sabbath

- Here’s a novel way to share the Sabbath: create a city parade with seven floats, each representing a day of Creation week.

That’s what Adventist church members did in the Colombian city of Cúcuta, just across the border from Venezuela, to showcase the Sabbath, a Creation expo, and the launch of an evangelistic campaign.

Dubbed “Creation Caravan,” the seven colorfully decorated floats on trucks rolled through the main streets.

Continued on next page
Adventist Church Launches
Breathe-Free 2, a New Stop-Smoking Program

Program creator Daniel Handysides says the key to helping smokers quit is personal relationships.

Imagine a designated smoking area outside your Adventist church. The man seated in your pew quietly slips out of the building during the Sabbath sermon. A few minutes later he returns, the strong scent of smoke clinging to his dark suit. You smile at him and continue listening to the sermon.

No big deal.

This scenario is part of the vision of Breathe-Free 2, a brand-new stop-smoking program that the Seventh-day Adventist Church’s Health Ministries department launched this summer. The program is pinning its hopes for success on a combination of scientific research, an open-source Web site, and the personal relationships that participants develop as they take the course.

“We’re very excited to have an updated smoking cessation program,” said Peter Landless, Health Ministries director. “We are aware that initially there will be minor adjustments, but we are working to achieve these as soon as possible.”

The cost-free program has roots in Breathe-Free, developed by the Adventist Church more than two decades ago, and the earlier Five-Day Plan to Stop Smoking, first introduced in 1959.

But it uses a completely new approach because attitudes toward smoking have changed drastically in recent years, said Daniel Handysides, who spent several years developing Breathe-Free 2 and tested it in the United Arab Emirates. Unlike in past decades, today’s smokers don’t need to be convinced that tobacco is bad for them, and they cannot be scared or lectured into quitting, he said.

“You cannot find a smoker in the world that does not know that cigarettes cause cancer,” said Handysides, assistant professor of health at Loma Linda University. “So our old model of lecture and fear doesn’t work.”

That meant new methods needed to be found to assist smokers, and Breathe-Free 2 is putting a special focus on personal relationships. While the program has a do-it-yourself version, it encourages smokers to join a local group where they can receive emotional support and, crucially, make new friends.

CREATION CARAVAN: Adventists show-casing the sixth day of creation during a parade in Cúcuta, Colombia.
“If you smoke and your friends smoke, it means you have to give up your whole circle of friends,” Handy said in an interview. “That’s a huge loss.”

There may be many circumstances that prompt a struggling smoker to light up, but the presence of other smokers, especially close friends, is a nearly irresistible temptation. No one wants to lose friends, of course, so Breathe-Free 2 invites smokers to bring along their friends to quit and to make new friendships. New friends could include the local program facilitator and other members of the Breathe-Free 2 group.

Many people who quit only succeed after seven to 10 attempts, and that’s why it is important to create a place they can smoke outside church, Handy said.

“It is my goal that every one of our churches will reach the point where they have smoking sections outside the church,” he said. “People should be able to feel comfortable coming to a Seventh-day Adventist Church as a smoker. We’re not wanting them to be a smoker,” he said. “But we should accept them right where they’re at, and be ready to work with them so that they can change and have a healthier lifestyle.”

The church that Handy said attends at Loma Linda University does not have a designated smoking area. Indeed, the entire campus is smoke-free.

Handy said he understands that some churches might balk at the idea of smoking areas, and his proposal, in a sense, is metaphorical. “I’m talking more about an attitude shift in which we allow smokers to come into church facilities without judgment,” he said.

Breathe-Free 2 got its start when Loma Linda University asked Handy to conduct Breathe-Free classes at military high schools in Abu Dhabi, one of the United Arab Emirates. The university approached Handy after getting a request for the classes from a nongovernmental organization, the International Commission for the Prevention of Alcoholism and Drug Dependency.

Handy wrote to the General Conference, the headquarters of the Adventist world church in Silver Spring, Maryland, for information about obtaining the course material. He learned that the General Conference was the sole publisher, and it printed the coursework on demand.

In short, the program was “anti-quated,” Handy said.

So with the blessing of the General Conference, he and his wife, Sandra, a family nurse practitioner, led a revamp of the program into Breathe-Free 2 and tested the results for 18 months in Abu Dhabi.

Handy said the success rate for Breathe-Free 2 is expected to be slightly higher than the 40 percent averaged by its two predecessors. No stop-smoking initiative has a rate topping 50 percent, he said.

Breathe-Free 2 targets only smokers who have a strong desire to quit because they have the best chance of success, Handy said.

“We want people already in the action phase,” he said.

Part of the advantage of the new program is that all materials are available online at breathefree2.com. In addition, anybody can download, translate, and upload them back to the site for other people to use.

The program initially was released only in English, but a Spanish translation was scheduled for release this year. Tentative discussions have started on translations in Russian, Polish, and Finnish.

Among the materials on the Breathe-Free 2 Web site is a world map showing the locations and contact details of the first 34 program facilitators and videos aimed at fostering group discussion and developing new friendships. The videos are only in English, but their scripts are available for download, allowing non-English groups to act them out or use them in other ways, Handy said.

The first phase of the program takes eight days to complete and is followed up with a series of meetings over the next days, weeks, and months.

“What’s important is establishing solid relationships that will go back and forth over the time that it takes to quit,” Handy said.
It is no doubt the most famous prayer ever uttered—“Our Father which art in heaven, hallowed be thy name...” (Matt. 6:9, KJV). Known as “The Lord’s Prayer,” this passage of Scripture records the simple yet profound prayer that Jesus taught His disciples during His Sermon on the Mount.

“When you pray,” Jesus warned them, “[don’t] be like the hypocrites... But you, when you pray, go into your room, and when you have shut your door, pray to your Father who is in the secret place; and your Father who sees in secret will reward you openly” (Matt. 6:5, 6).

Some of the other prayers of Jesus include Him praising God for a revelation given to babes (Matt. 11:25, 26), the prayer to raise Lazarus from the dead (John 11:41, 42), a prayer for the Father’s glory (John 12:28), prayers for the church (John 17:1-26), deliverance (Matt. 6:9-13), for forgiveness of others (Luke 23:34), and in submission (verse 46).

**People of Prayer**

In addition to the beautiful prayers of Jesus, we have 74 prayers of other individuals recorded for us in the Bible. These prayers span the range of human emotions—while Habakkuk prayed for deliverance (Hab. 3:1-19), Christ’s disciples pleaded for boldness (Acts 4:24-31). Hagar prayed for consolation (Gen. 21:14-20), while Jehoshaphat pleaded for victory (2 Chron. 18:31). Cornelius prayed for enlightenment (Acts 10:1-33), and Daniel prayed for knowledge (Dan. 2:17-23). Both Peter and Elijah prayed (successfully) for the raising of the dead (Acts 9:40; 1 Kings 17:17-22).
Hannah earnestly prayed for a child (1 Sam. 1:10-17), and Rebekah prayed for understanding (Gen. 25:22, 23). Joshua pleaded for help and mercy (Joshua 7:6-9), and a leper prayed for healing (Matt. 8:2, 3).

Healing, guidance, justice, mercy, blessings, wisdom—these are just some of the things that believers down the ages have experienced by reaching out to God through prayer.

**Discovering the Joy and Privilege of Prayer**

Have you discovered the joy and privilege of prayer? “Prayer is the opening of the heart to God as to a friend,” we are told in a familiar passage from Ellen White’s devotional classic, *Steps to Christ*. “Not that it is necessary in order to make known to God what we are, but in order to enable us to receive Him. Prayer does not bring God down to us, but brings us up to Him.”

We need to pray for so many things, including our humility to recognize God as the leader of our lives and of this Advent movement. This movement was established to announce God’s great love for this world and His people as shown in the plan of salvation.

We need to pray for the latter rain of the Holy Spirit and the preparation of God’s church for the final loud cry. Prayers are needed for our mission outreach, and for the proclamation of the three angels’ messages of Revelation 14 and the fourth angel’s message of Revelation 18.

We should also remember to pray for revival and reformation in our own lives, as well as in the life of the church. We can support the Mission to the Cities initiatives around the world and comprehensive health ministry through our prayers. Integrated media and communication evangelism outreach, our publishing ministries, increased stewardship promotion and faithfulness around the world, pastoral and evangelistic meetings worldwide, and the youth One Year in Mission program are other church outreach ministries that will be blessed and encouraged through your prayers.

And the upcoming Annual Council this October and the 2015 General Conference session to be held next summer—all of these events and activities need to be bathed in prayer in order to achieve what God intends.

**Do My Prayers Really Matter?**

You might wonder if your prayers can really make a difference in the life of the church, or in your own personal life. In James 5:15, 16 we are reminded that “the prayer of a righteous person is powerful and effective” (James 5:16, NIV). And Jesus Himself says, “You may ask me for anything in my name, and I will do it” (John 14:14, NIV). He assures us that our Father in heaven will give good gifts to those who ask him (Matt. 7:11).

We are told that “the prayer of faith is the great strength of the Christian and will assuredly prevail against Satan. This is why he insinuates that we have no need of prayer. The name of Jesus, our Advocate, he detests; and when we earnestly come to Him for help, Satan’s host is alarmed. It serves his purpose well if we neglect the exercise of prayer, for then his lying wonders are more readily received.”

Last June, here at the General Conference, we met together for one hour every day for an entire work week for a special focus on prayer. We prayed earnestly for God to control each of us and this Advent movement. It was a tremendously encouraging time. We will have a similar prayer initiative at the world church headquarters from January 5-8, 2015. Please pray with us. God has promised great blessings when His people pray.

**Praying for the Holy Spirit**

If you have not already done so, I invite you to join us in prayer. For the past three years Seventh-day Adventists around the world have been part of a global prayer chain—praying each day at 7:00 a.m. and 7:00 p.m. We pray for the Holy Spirit’s presence in our families, leaders, churches, and communities. We are told that “Aa chain of earnest, praying believers should encircle the world . . . to pray for the Holy Spirit.” If you would like
more information about the “7-7-7” Global Prayer Chain, or more information and resources about prayer, visit: www.revivalandreformation.org/prayer.

One day, while encouraging His disciples to be persistent in prayer, Jesus told the story of one woman who refused to give up. “‘In a certain city there was a judge who did not fear God and did not respect man. There was a widow in that city, and she kept coming to him, saying, ’Give me legal protection from my opponent.’ For a while he was unwilling; but afterward he said to himself, ’Even though I do not fear God nor respect man, yet because this widow bothers me, I will give her legal protection, otherwise by continually coming she will wear me out.’” And the Lord said, ‘Hear what the unrighteous judge said; now, will not God bring about justice for His elect who cry to Him day and night, and will He delay long over them? I tell you that He will bring about justice for them quickly. However, when the Son of Man comes, will He find faith on the earth?’” (Luke 18:2-8, NASB).

Prayer is exercising faith, believing that God does hear us when we talk to Him, and will answer in the time and way that He knows is best.

Stories

GLOW: Giving Light to Our World

Giving Light to Our World—GLOW—is an outreach initiative that originated in California, United States, but is now branching out to other world divisions. It’s based on the concept of church members distributing GLOW tracts—free of charge—at every opportunity. The tracts are currently being printed in 45 languages.

Here is a short story that depicts lives touched by GLOW in the Czech Republic:

One day Eric Dunn, who lives in the small town of Protivín, Czech Republic, was out walking with his young son. After arriving at a nearby park, Eric noticed two young men sitting in a gazebo. They were pulling cigarettes out of their pockets, getting ready to smoke.

“My son wanted to go to the play area on the other side of the gazebo, so we had to walk by them,” Eric explained, “even though I didn’t really want to.”

Once in the play area, Eric suggested to his son that they give the two men some GLOW tracts. They first prayed, and then Eric and his son—each one carrying a tract—approached the young men and asked if they could give them the flyers. They responded, “Sure,” so Eric and his son handed them the tracts.

“Are the flyers religious?” one of the men asked. Eric explained that they were. “Do you believe in God?” the man continued.

That sparked a conversation that resulted in Eric making two new friends. They have since participated together in activities such as rock climbing, and engaged in additional spiritual conversations.

“My son’s persistence brought some light to these two young men,” Eric says. “I’ve learned that many times the people we least feel inclined to evangelize are the most open to the gospel.”

Stories are compiled by Pacific Union Conference, United States, GLOW director Nelson Ernst and International GLOW coordinator Kamil Metz. To learn more about GLOW, go to sdaglow.org. To watch video GLOW testimonies, go to vimeo.com/user13970741.
The Question of Marijuana

By Peter N. Landless and Allan R. Handysides

My teenage son has been watching and reading the news. There have been many reports regarding legalization of marijuana in numerous parts of the world, and even reports stating health benefits. Are there dangers related to its use?

You have asked a most important question! Legalization of marijuana is in the news worldwide. There’s pressure for legal use for recreational purposes, and also recommendations by some for use for certain medical conditions. Currently marijuana is one of the most commonly used illegal drugs in the world. In the United States about 12 percent of people 12 years of age or older have reported using it in the past year. Rates of use are particularly high in young people.*

Regular use of marijuana by teenagers and adolescents is especially concerning because young people are particularly vulnerable to its dangerous side effects and consequences of use.

So what are the dangers?
- Long-term use can lead to addiction. Some studies show that approximately 9 percent of those who experiment with marijuana will become addicted. This is a similar percentage to those who become alcoholics after experimenting with alcohol. This number rises dramatically the younger the age of debut, and if there is any family history of alcoholism. This is a particularly significant problem in adolescence as the brain actively develops during this stage of life.
- Marijuana use negatively affects nerve-connection development within the brain. These effects continue into adulthood and can become permanent.
- Like tobacco, marijuana has been shown to be a gateway drug, meaning that those who use it are at higher risk for use of other and even more dangerous recreational drugs.
  - It has been associated with an increased risk of mental health disorders such as anxiety and depression.
  - Marijuana impairs thinking and reasoning functions of the brain. Youth who are regular users underperform at school.
  - It impairs driving ability and is related to increased vehicle accidents, including fatal events. The risk of accidents increases significantly with the use of marijuana and alcohol at the same time.
  - It leads to lung damage with long-term problems such as chronic bronchitis. There’s a possible association with lung cancer, but the risk isn’t as significant as with smoking tobacco.
  - Marijuana use has been associated with blood vessel diseases, causing heart attacks and strokes. How this occurs, however, is not yet fully understood.
  - There’s much current research in trying to harness positive health benefits that may derive from the tetrahydrocannabinol (THC) in certain conditions such as cancer, HIV and AIDS, nausea, multiple sclerosis, and epilepsy. As well as attempting to ascertain and prove benefits, much research is also being directed toward avoiding the negative effects of the substance, especially with the method of delivery. There’s no doubt that smoking marijuana is detrimental to the lungs and vascular system, in addition to the negative effects on the brain. As more studies become available and as delivery systems improve (for example, the development of tablets, sprays, injections), we will become better informed as to whether there are meaningful methods of application with which benefits exceed the dangers in given disease situations.

In summary, marijuana is a dangerous drug that should be avoided. It’s addictive and significantly affects the mind, psyche, personality, and body. The only avenue through which the Holy Spirit connects with us is our mind, and we must keep it clear and unclouded. The push for legalization of marijuana doesn’t indicate safety of use. We need only look at the severe harm caused by tobacco and alcohol, both of which are legalized poisons.

We do well to remember that our body is the temple of the Holy Spirit, and that true temperance encourages us to use wisely those things that are healthy and to avoid all things harmful.*

* Some information in this article was based on “Adverse Health Effects of Marijuana Use,” New England Journal of Medicine 370, no. 23 (June 5, 2014): 2219-2227.

Peter N. Landless, a board-certified nuclear cardiologist, is director of the General Conference Health Ministries Department.

Allan R. Handysides, a board-certified gynecologist, is a former director of the General Conference Health Ministries Department.
In early February 2011 a news item made headlines: *Confessions by iPhone*. The Catholic Church in the United States had approved a confession application for smartphones. For only $2 (US$1.99, to be exact) an application called “Confession” leads believers step by step through the confession of their sins, even adjusting automatically to age, gender, and marital status. A user first needs to check off which of the Ten Commandments he or she has broken. Specific confessions can be texted, as stated on the manufacturer’s Web site. In response the program makes suggestions as to which prayers can be used for restitution. Sinners not so well versed in Scripture can even download Bible texts, together with the corresponding prayers.

According to the developer’s Web page (www.littleiapps.com), the application was developed by a Catholic priest and has been the first iPhone app to receive an *imprimatur* (that is, the official approval by the Catholic Church), which was given by Bishop Kevin C. Rhodes of the Diocese of Fort Wayne-South Bend. The app should help Catholic Christians lose their fear of confessions, said Patrick Leinen, cofounder of Little iApps. But anyone who thinks that a priest is no longer needed to forgive sins is wrong. “This app is an aid intended to help a person prepare for the sacrament of confession. It is not intended to function as a replacement for confession!”

**Confession Time**

Aha! So there is no “drive-by confession,” the confession in the subway or doctor’s waiting room. And whoever does not have a smartphone has to continue, as before, to rack their brains to remember all the sins they have committed, until they are confessing them at their next church visit. The cost of forgiveness required by the priest is probably more than $2—measured in time, toil, and self-denial. A huge effort for the *ego te absolvo.*

Ostensibly we Adventists have it easier: We do not need a confession app, nor even a priest who prescribes 20 special prayers and then absolves us from our guilt. We have this promise in the Word of God: “If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness” (1 John 1:9). This confession can be done anytime and anywhere. We do not need a smartphone or other modern technology, nor do we need a confessional or a priest. Our prayers are carried directly to God’s throne in the Most Holy Place by the Holy Spirit (Heb. 6:19). This probably happens faster than the speed of light.
And yet for many of God’s children it is easier to ask for forgiveness than to accept forgiveness by faith. We often say: “I cannot forgive myself.” Perhaps it is hard for us to believe in forgiveness, because we don’t feel it. The burden of guilt weighs heavily on our shoulders and sits like a ton of bricks on our chest so that we can no longer breathe or walk upright. But our feelings of guilt do not tell the truth. They contradict the fact that God has indeed forgiven, even though we have no human being to audibly express this forgiveness, nor have we paid any money, made a pilgrimage, or knelt for hours on a hard floor—as a tangible “receipt” of His forgiveness.

Overcoming Doubt

Now it’s our job to dismiss the self-accusations and allegations, which Satan, the merciless accuser, whispers into our ears: “You’ve done it again! You’ll never learn! No, this time God cannot forgive you. You will never overcome. You’re a failure.”

If we believe the veracity of what Paul wrote in the letter to the Romans, we can ward off Satan’s fiery arrows. “What then shall we say to these things? If God is for us, who can be against us? He who did not spare His own Son, but delivered Him up for us all, how shall He not with Him also freely give us all things? Who shall bring a charge against God’s elect? It is God who justifies. Who is he that condemns? It is Christ who died, and furthermore is also risen, who is even at the right hand of God, who also makes intercession for us” (Rom. 8:31-34).

And if that does not help yet, then perhaps we should remember Jesus’ conversation with Peter. “How often must I forgive my brother?” asked Peter, and he thought that seven times would be more than enough (see Matt. 18:21). Jesus, however, multiplied the seven with 70—not giving us permission to be unforgiving after the 491st time, but showing us that we should always be willing to forgive others. If Jesus requires this of sinful people, how much more would this apply to our heavenly Father, who is love personified?

In those agonizing moments that guilt and shame seem to suffocate me, I tell myself that I should not treat myself worse than I would treat my best friend. Would I forgive her? Of course! Even if she made the same mistake again and again and regretted it? Oh, yes! So why should I be so merciless toward myself, even torture myself because I’m not quite as “good” as I would like to be?

The Power of Grace

At this point someone might get the idea that we could blissfully carry on sinning, because God’s mercy is never-ending, and He will always forgive when we ask for forgiveness.

However, anyone who asks for forgiveness in the form of a formula—like inserting a coin into a vending machine and out pops the desired product—has not yet understood what guilt is. Guilt causes damage, pain, worry, and grief. It not only hurts my fellow human beings—it hurts me. Even worse, God’s name is trampled underfoot when His children bring shame upon Him.

And yet He is still willing to forgive. He has paid the price for our debt. God’s grace is free, but not cheap. Quite the opposite: the loving heart of God paid the greatest conceivable price and made the ultimate sacrifice. He surrendered His Son to His enemies (Rom. 5:8-10). This is how much He values us! Not just humanity as a whole, but each individual—because Jesus would have died for a single person, including you and me.

Unfortunately this is often head knowledge—we know it all. Does it reach into our hearts? When it does, we can lift our heads again and take a deep breath: We are saved; we are free!

*Ego te absolveo means “I absolve you,” and is spoken by a Catholic priest following a confession.

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Stewardship.

Is there really a fundamental belief called stewardship? Do we know what it means to be a good steward? Besides tithe and offerings, is there anything further we need to consider? Indeed there is.

In fact, stewardship is arguably the most fundamental doctrine we have as Bible-believing Christians. It speaks to our origins, our destiny, and our purpose. There isn’t a single aspect of our lives, or any department of the church, that isn’t touched by it. Is stewardship the center of the gospel? No, Jesus is; but Jesus is also our ultimate example—in everything, including stewardship. Essentially, if I want to be a good steward, I need to follow Jesus more closely—stewardship really is discipleship!

What makes Jesus our ultimate steward example? Is He not the owner, rather than the steward?

He is the Creator Divine. It is true that He made, everything and that everything belongs to Him. Not just the earth (which we are to take care of) not just our lives and the time we have on this earth, not just our material blessings, and not just the talents entrusted to us, but even the intangibles come from Him—our intelligence, the very inflections of our natures, our joie de vivre!

Close Links

A testament to this close connection that exists between us and our Creator is found in the initial paragraphs of the book Education, penned more than a decade ago by Ellen White: “The world has had its great teachers, men of giant intellect and extensive research, men whose utterances have stimulated thought and opened to view vast fields of knowledge; and these men have been honored as guides and benefactors of their race; but there is One who stands higher than they. We can trace the line of the world’s teachers as far back as human records extend; but the Light was before them. As the moon and the stars of our solar system shine by the reflected light of the sun, so, as far as their teaching is true, do the world’s great thinkers reflect the rays of the Sun of Righteousness. Every gleam of thought, every flash of the intellect, is from the Light of the world.”*

In our humanity we are confined by the limits of language to describe eternal concepts. We have used the word “steward” to describe a creature’s responsibility to its Creator—concerning life and its ensuing gifts. And we have done well, as a steward is someone who manages the inter-
tests of the owner on the owner’s behalf. This describes our relationship to God on many levels, especially with regard to His blessings, and how we are to bless others accordingly. That’s where we take our cues. Stewardship really is a relationship!

The Ultimate Steward

How is it, though, that Jesus is our ultimate example as a steward? How does being the Creator and Owner of all things make Jesus the “ultimate steward”?

We don’t mind being obedient and faithfully returning a tithe, or being generous of spirit when we give our free-will offerings to support the mission of the church, or those in need. We don’t even mind dedicating our lives, time, and talents to Christ in mission work or ministry. Jesus, on the other hand, takes things one step further. He is not the steward who acknowledges that what He has is not His own—no, Jesus is the owner who gives up everything for the steward (Phil. 2:5-11).

Christ’s condescension, His humiliation, His sacrifice, is not something we can ever match, no matter how good a steward we might become—not even if we give our very lives. It is simply not within our power to give the way He gave. All our giving can never match what He has done for us. It is a matchless gift, and we would be at an eternal loss without it (Rom. 5:6-8).

Our Response

In a moment of clarity we recognize that every aspect of our existence is a gift of grace from our generous Creator, Lord, and Savior. Along with the 24 elders in the heavenly throne room we throw down our sadly self-important crowns and cry out: “You are worthy, O Lord, to receive glory and honor and power, for you created all things, and by Your will they existed and were created” (Rev. 4:11). Stewardship really is worship!

When we recognize God’s immense gift of grace, we are sobered, and all we have left is gratitude. With thankful hearts we find acceptance of our circumstances, peace over our concerns, tolerance to those around us, and a desire to be more like Jesus, to live out His character, and to resemble His image.

I don’t know if there is anything about our modern-day way of living that is “like Jesus.” Jesus had time for children, solutions for the suffering, and compassion for outcasts (Luke 4:18, 19). He lived simply, and drew strength from His Father. When it was time to give, He gave everything, and in doing so He gave us hope (Matt. 26:39; John 3:16).

Is that what our lives are like? Possibly, but probably not quite. We can all do better. We can all improve on the way we live and give. Not to save ourselves, but in worship of our Savior, in service to others, and in support of God’s work on earth. Stewardship really is a lifestyle!

Stewardship really is worship!

We are God’s stewards, entrusted by Him with time and opportunities, abilities and possessions, and the blessings of the earth and its resources. We are responsible to Him for their proper use. We acknowledge God’s ownership by faithful service to Him and our fellow men, and by returning tithes and giving offerings for the proclamation of His gospel and the support and growth of His church. Stewardship is a privilege given to us by God for nurture in love and the victory over selfishness and covetousness. The steward rejoices in the blessings that come to others as a result of his faithfulness. (Gen. 1:26-28; 2:15; 1 Chron. 29:14; Haggai 1:3-11; Mal. 3:8-12; 1 Cor. 9:9-14; Matt. 23:23; 2 Cor. 8:1-15; Rom. 15:26, 27.)

For more information on stewardship visit www.adventiststewardship.com.


Penny Brink is an assistant director for the Stewardship Ministries Department of the General Conference, and lives with her husband, Andre, in Silver Spring, Maryland. To learn more about Christlike living, join the world stewardship online conference, September 19-21, 2014, on www.adventiststewardship.com.
The Ten Days of Prayer initiative (formerly Operation Global Rain), started in 2010, encourages church members around the world to pray for 10 days every January. The following 2014 experiences were shared with us by the General Conference Ministerial Association.—Editors.

I recently woke up on Sabbath morning with intense back pain. I looked at my wife and half-jokingly said, “If I can make it to the pulpit, I think I can hang on tight enough to preach.”

We prayed together that God would somehow provide the help I needed to make it through my three preaching appointments that day at camp meeting. Providentially a friend shared that there was a professional sports trainer on campus who would be willing to treat me. After three days of treatments I felt much better. Looking back on that experience, my wife and I are convinced that it was a direct answer to prayer. God set up a chain of circumstances for me to get the specific help I needed from a qualified professional.

What if God had not answered my prayers in such a dramatic way? What if I had to suffer through the back pain, as I’ve sometimes had to do? Would I have trusted Him any less? Would that mean that some unconfessed sin in my life was blocking His ability to answer my requests? Could it indicate that my faith was too meager to receive His special blessing? Not necessarily.

This leads to some deeper questions. How should I relate to unanswered prayer? What is the real purpose of prayer?

Adventist World Radio (AWR) invited their staff and affiliate stations around the world to join the 10-day prayer initiative, not knowing what would happen (because of the varied religious-freedom conditions under which most of their studios work). Pastor Getteh, a member of the panel, made an appeal on Radio Advent FM on Friday night during The Berean Hour Bible study program and invited the listeners to go to any Seventh-day Adventist church the next morning to worship as we ended the Ten Days of Prayer. At the same time he and the panel agreed that each church should make an altar call during the divine worship, then those who had been studying the Bible through The Berean Hour could respond. At the Lord’s doing, 85 people requested to be baptized in this one church to end the Ten Days of Prayer!

—Fred Ted, Monrovia, Liberia

The Reality of Unanswered Prayers

By Mark A. Finley
During Ten Days of Prayer 2013, I offered two requests: (1) for my daughter to be redeemed from the bondage of drug addiction; and (2) for my husband to come to the Lord. During Ten Days of Prayer 2014 I was praising God for my daughter’s ability to say that she is eight months “clean” from methamphetamines, no longer homeless, and working full-time. My husband was rebaptized and actually attended Ten Days of Prayer with me this year. All praise to God, our Father, through Jesus Christ! — Nina Herman, Modesto, California, United States

Our Ten Days of Prayer was so spirit-filled. On the night of the eighth day one of our neighbors had demonic possession. An elder and I were invited to pray for the woman. We went there, and the demon manifested himself, but the power of God was so mighty on us that God Himself prevailed. The testimony from the woman the following morning was that she didn’t just see two of us enter her house. Instead she saw the multitude of angels that accompanied us.

—Pastor Francis Aja, Stockholm, Sweden

God has moved in a mighty way in our church. We have seen former members returning and new people from the community coming to church. People got jobs, there has been an increase in prayer in our Sabbath services, and members have drawn closer to each other and to God.

—Gloria, Milton Keynes, United Kingdom

The purpose of prayer is to come into contact with the Almighty. Prayer is fellowship with God. It is placing ourselves in the atmosphere of His grace where His Spirit can speak to our hearts. The function of prayer is not to get what we want from God—it is to enter into fellowship with Him. Through prayer we experience His presence, discover His will, and learn to trust Him more.

Ellen White clarifies the issue this way: “Prayer is the opening of the heart to God as to a friend. Not that it is necessary in order to make known to God what we are, but in order to enable us to receive Him. Prayer does not bring God down to us, but brings us up to Him.”

Prayer lifts us into the glory of His presence. There are times when apparently unanswered prayers lead us to a deeper trust experience in God. Unanswered prayers may lead us to persistence in prayer, deeper faith, and stronger reliance upon Jesus. It is faith inspiring to trust God so much that you persist when He appears to be silent.

My Christian experience is not dependent on immediate answers to my prayers. It is the result of an ongoing relationship with God. He answers my prayers enough to let me know He personally cares for me, but not so much that I become spiritually arrogant. Looking back over my life, I see those mountain peaks of spiritual experience, those places where He acted dramatically, and I also recognize those times where my prayers seemed to go unanswered. I rejoice that “in the future life the mysteries that here have annoyed and disappointed us will be made plain. We shall see that our seemingly unanswered prayers and disappointed hopes have been among our greatest blessings.”

I’m thankful that my seemingly unanswered prayers are answered in the way heaven deems best. I praise Him that He heals aching backs, but I also praise Him for teaching me to trust Him when my back still aches.

At the time we had our Ten Days of Prayer we also held a health evangelism course. This was a blessing for the island of Curacao! People from all over the island attended and it was said—by non-Adventists—to have been the best free health service ever given on the island.

At my church, Cher-Asile Seventh-day Adventist Church, I witnessed a miraculous life transformation: a talented member became a dedicated, godly leader in music ministry. . . . We are still praying to receive funds to build a new church and for the people whose names were submitted to the prayer box to give their lives to Jesus.

—Valerie Lashley, Willemstad, Curacao

During the 10 Days of Prayer our church asked for the outpouring of the Holy Spirit. The Sabbath program was really special because we scheduled time in the morning for prayer and divine worship. The congregation was invited to earnestly seek the outpouring of the Holy Spirit. We also took part in the global fasting. I believe, in this generation, that the Lord will do great things today, tomorrow, and always.

—Pastor Sergio Molina, San José, Costa Rica

Ellen White spoke of how essential united prayer is: “The promise is made on condition that the united prayers of the church are offered, and in answer to these prayers there may be expected a power greater than that which comes in answer to private prayer. The power given will be proportionate to the unity of the members and their love for God and for one another.”*

Please join us for the worldwide Ten Days of Prayer on January 7-17, 2015, and the daily 777 united prayer opportunities. For more information, including videos and other resources, visit www.unitedprayerworks.com, www.tendaysofprayer.org, and www.revivalandreformation.org.

At our division offices we started the Ten Days of Prayer on January 8. The different ways of presentations, songs of praise, adoration, worship, confession, repentance, thanksgiving, and intercession by the different group leaders were all innovative, thus leading us all to a closer walk with God through the Holy Spirit and preparing us for the outpouring of the latter rain. On the ninth day tearful confessions of sins, hugging, embracing, and asking for and receiving forgiveness prevailed in the group. There was not a dry eye in the congregation. All of us were carried back to the upper-room experience of the early disciples while waiting for the promised power of the Holy Spirit. . . . We believe 2014 will be an even more fruitful year for the growing of God’s kingdom of grace in the Southern Asia-Pacific Division territory.

—Alberto Gulfan, Jr., Silang, Cavite, Philippines

Attendance [to our prayer event] was overwhelming! There were physical manifestations of evil spirits fleeing body temples rededicated to the Holy Spirit. Testimonies were born to the effect of instant answers to prayers. Most remarkable was the children’s participation—even babies remained awake throughout the program. It is such a wonderful experience; we hold Ten Days of Prayer two times a year.

—Emmanuel Amey Azameti, Dunkwa Central, Ghana

Creative Ways to Pray for 10 Days

The purpose for scheduling the Ten Days of Prayer in January is to encourage members to start the new year with God and saturate every aspect of their lives in prayer. Some people, however, cannot or choose not to meet during the designated days in January. They choose an alternate 10 days that work for them, and still participate in the blessing.

The Central Brazil Union Conference held their Ten Days of Prayer February 13-22, 2014. Here are some creative ways they chose to involve members and nonmembers alike:

In Juquitiba, São Paulo, Brazil, members set up a prayer tent in a public area and handed out free copies of The Great Hope. They offered to pray with people passing by, and even offered home visitations for those interested. Members at other prayer tents offered free materials and free hugs. One group even set up their prayer tent at a health fair.

The Mangueras, Tatuí, São Paulo, church, along with other churches, opened their doors for an hour at 5:00 a.m. for meditation and prayer. Then at 6:00 they conducted a prayer meeting.

In some churches prayer requests were made and placed inside balloons. The balloons were inflated and exchanged between the members to pray for each other’s requests.

Some churches decorated a prayer room where members could come and go at will.

On the last day of the Ten Days of Prayer some churches held a spiritual retreat or an evangelistic tea party.

On February 22 the Seventh-day Adventist Church in South São Paulo launched a 30-day intercessory prayer program, where members were encouraged to pray for 30 days for three people who were not part of the congregation. During that time pastors and leaders trained members on visitation, winning people to Christ, how to give Bible studies, and how to help new members remain in the church, thus empowering them in ministry.

For us, a small church plant, it was both necessary and blessed to come together to pray. We just started a process of...
How can you win people for Christ in a predominantly atheistic country where a lack of trust toward Christians prevails? It’s undoubtedly a challenge.

In the Czech Republic, however, amid the skepticism toward Christianity, I’ve also discovered a great spiritual hunger in the hearts of the people. They’re searching for meaning in their lives, for examples of positive values, and for “heroes.”

God placed a strong desire in my heart to share the gospel message with the Czech people, and that well-known statement of Ellen White came repeatedly to mind: “The Savior mingled with [men and women] as one who desired their good. He showed His sympathy for them, ministered to their needs, and won their confidence. Then He bade them, ‘Follow Me.’”*

The message is clear, but not easy to put into action. Prior to 1989, religion-related outreach was not allowed in the Czech Republic under the previous regime, and it continues to be a tremendous challenge because believers are so few in number and experience virtually no growth rate. But after much prayer, a team of four of us chose to trust in God and step out in faith.

In the Beginning

We started out by organizing various community activities and programs, mingling with people, and networking with other nonprofit organizations. Meeting the practical needs of the people was a priority. Eventually we decided it was time to evangelize and offered Bible studies and spiritually based presentations. But no one came. People expressed appreciation for our friendship and help, but they didn’t want us to “talk God into them.” Jesus’ method of ministry doesn’t work, we thought. We didn’t realize that we were actually laying the groundwork for future mission.

Although discouraged, we didn’t give up. We continued...
to work the best we could in the community. Then one night in 2009 I asked God what more we should do to help the people to turn to Jesus. He said, “Pray more.” So we contacted as many church members as possible, even some overseas, and asked them to pray for us. The Lord answered those prayers, and the following year we had our first baptism—a woman who was a member of our gospel choir! And the baptisms have continued, increasing in number every year since.

**Reflecting on the Process**

Looking back, we reflected on the process and the way the Lord had led us to reach people for Him successfully.

We had begun by creating a civic association, a nongovernmental organization (NGO), through which we established community groups and activities such as family center events, adult English classes, youth and health clubs, and a gospel choir. Before we could even begin to share the gospel, the community residents had to become accustomed to a pastor, someone who cared about them and prayed for them. These were the beginning phases of our ministry.

In later phases those who belonged to our community groups began cherishing the relationships they had developed and became more open to learning about God and experiencing spiritual healing—as long as it came about in a natural, culturally relevant manner. They may not have been receptive to evangelistic campaigns, but they looked forward to Christian concerts, festivals, choir rehearsals, art sessions, watching Christian movies, and listening to Christian stories.

It was amazing to see the transformation throughout the years of so-called atheists. The gospel choir had a particularly significant impact. One young woman named Kathy attended our English class and also was among the first gospel singers. Today she works as a court judge and continues to be actively involved in the choir as a conductor. As resistant as she was to “church,” she now expresses gratitude for the spiritual leadership we have provided.

“Being part of this group has shaped my life,” Kathy says.

Another person who joined the choir several years ago still claims to be an atheist, but she recently thanked us for the spirituality and loving warmth she has experienced.

“Atheist or not, I would be totally ignorant if I did not feel your spiritual leadership . . . [and I now] desire to be a better person,” she says. There are dozens of similar stories.

**National Marriage Week**

In 2007, during the initial phase of our ministry, we organized a National Marriage Week campaign in the Czech Republic to promote healthy marriages and highlight the importance of developing good relational skills. We launched it via a media press conference and involved local politicians and celebrities in Prague as well as other community centers, clubs, and churches.

Since then National Marriage Week has been promoted annually throughout the country and has grown in popularity. This successful campaign helped to strengthen our ministry and expanded our outreach to other nearby cities. We gained credibility and the confidence of local authorities and other influential people. All our community programs began to grow, eventually resulting in hearts won to Jesus and His church.

**Success Comes by Patience**

Jesus’ method truly does bring success, but it often requires much prayer, Bible study, time, and patience. Even though reaching hearts for Jesus in challenging regions may be a long-term process, it’s certainly worth it. By His grace souls are won for His kingdom.

May the Lord send forth even more laborers to His fields of service.

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**Petr Číčala, Ph.D.,** is an assistant professor of world mission and director of the Institute of Church Ministry at Andrews University in Michigan, United States.
Ellen G. White (1827-1915) is undoubtedly the most influential Seventh-day Adventist to have ever lived. Her prophetic guidance informed the formation and later development of the church. After her death on July 16, 1915, White’s writings continued to “provide for the church comfort, guidance, instruction, and correction.” Today she is one of the most translated female writers in the entire history of literature, and “the most translated American author of either gender.”

The centennial of her death is approaching, and many people are asking what the church is planning to do in 2015 in regard to her prophetic legacy. This article highlights a few endeavors at the global, regional, and local levels. All such efforts are aimed at strengthening our confidence in and commitment to God’s prophetic guidance in these last days of human history.

The focus of next year’s activities is not so much about Ellen White herself as on the blessings that her writings have brought to our church corporately—and to us individually—for more than 100 years. We want to emphasize more the messages than the messenger.

Globally Speaking
Many significant publications, releases, and projects are being planned and developed for the benefit of the worldwide church. Already published are the 1,465-page The Ellen G. White Encyclopedia (2013) and the 986-page Ellen G. White Letters and Manuscripts With Annotations, Volume 1: 1845-1859 (2014). Publications by Ellen White are now available online in more than 50 languages (egw.writings.org).

The main Ellen G. White Estate Web site (ellenwhite.org) hosts the document “The Ellen G. White Estate Announces Plans for 2015 Centennial Commemoration of Ellen White’s Life and Ministry.” This document mentions, for example, the plan to publish online, in 2015, all of White’s letters and manuscripts, as well as some of the most significant correspondence she received from other church members and leaders.

At the 2015 General Conference session in San Antonio, Texas, a special centennial commemoration program will take place on July 10, the last Friday evening of that assembly. Also, a major academic symposium, “The Gift of
Prophecy in Scripture and History,” will occur at Andrews University on October 15-18, 2015, with representatives from different parts of the world.

Regional Plans
Our church is an international denomination with a presence in more than 200 countries of the world, each with its own needs and challenges. Sensitive to the condition of their own territories, several of the church’s organizational divisions, unions, and local conferences/missions are developing specific plans for 2015 to promote Ellen White’s writings more effectively within their local fields.

For a low price, some divisions are planning to distribute either the 10-volume “Connecting With Jesus” set (see www.connectingwithjesus.org) or a new set of White’s books. Several fields are working with their respective publishing houses to translate and publish specific Ellen White titles not yet available in their own languages. In various places of the world, audio versions of her books are being made accessible for illiterate populations.

Many Adventist universities and colleges around the globe are planning special events for 2015. Those events may include academic symposiums, Weeks of Prayer, roundtable discussions, student contests, dramatizations, etc. Held in academic settings, such events are aimed to engage as many faculty members and students as possible. The main purpose is to strengthen the Adventist identity of a new generation.

A few divisions decided to promote the establishment of Ellen G. White mini-centers at local Adventist schools and churches in their territory.6 Even with most of Ellen White’s writings now available online, the mini-centers can still provide an excellent opportunity for people to come together to study the Bible, to study the writings of Ellen G. White, and to research local Adventist history. As a result, those places become actual centers of Adventist culture.

Closer to Home
Several supportive strategies and plans for 2015 are being developed at various levels of the church’s organizational structure. But for them to become truly effective they should make a positive impact on our local churches, our families, and our own lives. The crucial question is: What could be done at the local level to make 2015 a real blessing for all of us?

There are many things that our local churches can do. For example, the preaching calendar could include some sermons and perhaps even a Week of Prayer on the nature and purpose of the gift of prophecy. Youth programs could feature some dramatizations of specific aspects of White’s life and ministry. If the church has an active Ellen G. White mini-center, it could promote seminars on the Spirit of Prophecy, followed by roundtable discussions.

Creative ideas can also be implemented within the home circle. I once met an Adventist couple who, after giving many toys and other presents to their children, decided to build a personal Ellen White library for each family member. At evening family worships they read and discussed together the content of a specific book, everyone with his or her own copy that could be marked. This may be a good model to follow in 2015!

Regardless of what will take place at our local churches and homes, we should develop a personal plan for 2015 that includes reading and studying of the Bible and the writings of Ellen White. Some may even decide to combine them into a single reading plan.

Whatever the plan might be, we feel it’s important to set apart a daily devotional time. As somebody once said: “Not to have time for God means to live a time-wasted life.”

And as we approach 2015 we should avoid the extremes of venerating Ellen White or simply ignoring her. We should always remember that her writings are not an end in themselves, but rather a valuable resource to bring us closer to Christ and His Word.

White’s writings are not an end in themselves, but rather a valuable resource to bring us closer to Christ and the Scriptures.

Alberto R. Timm is an associate director of the Ellen G. White Estate.

1 Seventh-day Adventist Church Manual, 18th ed. (Silver Spring, Md.: General Conference of Seventh-day Adventists, 2010), p. 162.
6 More details about the Ellen G. White Mini-Center Project are available at www.whiteestate.org.
Liv Olsen, 82, has a passion for children, especially children at risk. When Olsen, from Moss, Norway, was 78 years old, she traveled from Norway to Chiang Rai, Thailand, to visit the newly constructed Keep Girls Safe shelter, which she helped finance through ADRA Norway in cooperation with ADRA Thailand.

“I haven’t really grasped everything that has happened yet,” Liv said at the time. “Imagine, being able to be a part of this work. It feels unreal, like a dream! The greatest thing about this journey is being able to meet the children and to see with my own eyes this wonderful building. In this home children are surrounded by care, and they can feel safe. They get a bed to sleep in and healthful, good food. The people working here are wonderful, qualified persons.”

The Tragedy of Trafficking
Thailand ranks among the highest in terms of countries where human trafficking takes place. An estimated 40 percent of girls and young women who are engaged in prostitution worldwide come from northern Thailand. It also has high levels of poverty. Often parents are told about employment opportunities in Bangkok, or one of the country’s other large cities, and are presented with an amount almost equal to a year’s salary. Although their children are promised good jobs as waiters, actors, or musicians, they often end up being forced into prostitution.

Over many years Liv Olsen has saved money to be able to give poor
BACK FOR A VISIT: Two years after Liv Olsen first visited the Keep Girls Safe Shelter, she returned to track its progress.

SAFE AND SECURE: Children who benefit from the Keep Girls Safe Shelter can look forward to a future that won’t be marred by the prospect of human trafficking.

An estimated 40 percent of girls and young women who are engaged in prostitution worldwide come from northern Thailand.

Girls in northern Thailand a home. To be able to do that she has, for example, ridden a bike instead of taking the bus to get around town. “But the Lord has blessed me,” Liv says. “Probably because of all the bicycling, I’m the only one in my family without a heart condition.” Olsen grew up in Norway’s Lofoten Islands, at the time far from schools and shopping. She knows a lot about working hard to survive.

The girls at the Keep Girls Safe shelter are all from extremely poor families, most of them from different villages in the hills and jungles of Northern Thailand. The shelter is able to accommodate up to 40 girls, most of whom have come from difficult backgrounds caused by sickness, death, drugs, abuse, and lack of care and education. These and other factors may lead to human trafficking, which is prevalent in this area of Southeast Asia. Reports say that girls as young as 8 years old are forced into prostitution, but others are exported to developed countries in Asia, North America, and Europe, where they are forced to do menial tasks with little or no pay, work long hours, and receive no benefits or medical care.

Making a Difference

In collaboration with ADRA Norway and ADRA Thailand, Liv Olsen has contributed to great changes in the lives of the girls. The girls in the Keep Girls Safe shelter have a safe home. From the shelter they go to school every day, and they help out with daily tasks of cooking, watering the garden, doing laundry, and other tasks similar to the activities they would do in the villages where they come from. Older girls receive vocational training, and are helped to find suitable jobs.

The Keep Girls Safe program consists of three components: The home for vulnerable girls; educational support for girls who remain in their villages; and value-based awareness campaigns and training for parents and adolescents that seeks to warn them about the dangers of human trafficking and exploitation.

In addition ADRA provides support for rural development projects in several villages in cooperation with local government and village leaders. ADRA contributes to systems for clean, safe, drinking water; health maintenance; education; and improved agriculture methods. The longer children stay in school, the more remote is the chance that they will leave home.

For a 82-year-old, traveling all the way to Chiang Rai, Thailand is not something one does without careful consideration. From Norway it is a long, tough journey that includes a time zone difference of six hours. It also means different foods and cultures. “But it’s worth it,” says Liv. “There are so many who say that it is no use, that it does not help with these ‘tiny drops in the ocean.’ ”

But have a look at these girls! It certainly works for them, focusing on one life at a time.

Gry Haugen lives near Oslo and works for ADRA Norway in communications, public relations, and marketing. She loves singing and is music coordinator for the Norway Union Conference.
I will limit my comments to the use of the phrase “filled with the Holy Spirit,” which is only used in the Gospel of Luke and in Acts. The Greek verb is παντελείμονε ("fill up, make full"), but we also find the adjective πλήρος ("full") associated with the Spirit. The verb is used in a literal way (Luke 5:7; 1:23), but we will concentrate on the metaphorical usage of the verb.

1. **Filled With Emotions:** Humans are emotional creatures, and their emotions can overtake them. After listening to Jesus, people in Nazareth were furious ("filled with wrath" [θυμός, Luke 4:28]), and tried to kill Him. Jesus healed a man during the Sabbath, and Jewish leaders were furious ("filled with rage" [ἀνοία, Luke 6:11]) and began to plan what to do to Him. They also saw the work of the disciples and were filled with jealousy ("indignation" [ζῆλος]) accompanied by hostility (Acts 5:17) and arrested them. In Ephesus a riot broke out, and the whole city was in uproar ("filled with confusion" [Acts 19:29]).

At other times people were filled with good emotions. Jesus healed a paralytic and everyone was awed ("all amazed" or reverential fear [φόβος, Luke 5:26]). Peter healed a crippled beggar and people were filled with fear ("wonder" [θαμβοία]) and astonishment ("amazement" [ἐκστάσις, Acts 3:10]).

These examples suggest that when humans are filled with an emotion it controls them and leads them to particular actions. The stimulus comes from outside and changes their inner state and outward behavior. With the exception of the riot in Ephesus, the different emotions were provoked by the proclamation of the message of Jesus and His disciples. The gospel seeks to fill the inner life with that which is good, but if rejected it is filled with hostility and self-destructive emotions. Reactions of awe and amazement keep the door open for being filled with the Spirit.

2. **Filled With the Spirit:** Zacharias was told that his son, John the Baptist, “will also be filled with the Holy Spirit” from the womb of his mother (Luke 1:15)—expressing ideas of election, guidance, and service. Eliza-
H ave you ever been through an experience in life when your hope for a positive outcome has faded? Have circumstances at times seemed grim? Has the outlook for the future appeared dark? You are not alone. Millions of people have faced similar circumstances. Some of them have eventually been crushed by these unfortunate life experiences. But others have not only survived—they have thrived. They have discovered how to be hopeful in life’s toughest times. In this month’s Bible lesson we will discover the source of strength as an anchor in any storm you might face.

But beyond this we will discover that there is hope to not only get through the storm, but there is incredible hope beyond the storm.

1. **Read Romans 15:13.** How does the apostle Paul describe God? And what word is used to describe the hope available to us through the Holy Spirit? An all-knowing, all-powerful God is the source of our hope. When our hope fades, God is full of hope. Looking to Him rather than the difficulties we face, we can “abound” with hope. The apostle Paul mentions hope 41 times in his letters. Hope is desire accompanied by anticipation. It has to do with our inner longings for something better than we are experiencing, with the confident expectation that God will bring about that desire.

2. **How does hope impact our attitudes? Read Psalms 16:9; 31:24; and 71:5, 6, and list the effects of hope on our outlook.**


4. **What counsel did the apostle Paul give regarding discovering hope in God’s Word? Read Romans 15:4.** As we read the stories of Bible characters, we discover that they faced many of the same challenges we face today. They experienced health challenges, family problems, economic difficulties, misunderstandings, and a host of other difficulties that also trouble us. These men and women of God were not plastic saints in ivory towers immune from this world’s heartaches. Through it all they learned to trust God. Their hearts soared in hope, and ours can too.

5. **What attributes of the hope that finds its source in God does the apostle Paul outline in Romans 5:2, 5?** As he faced his own challenges, how did Paul describe Jesus to his young colleague Timothy in 1 Timothy 1:7? Although Paul experienced shipwrecks, beatings, stonings, death threats, and imprisonment, He could still write to Timothy of Jesus, his hope. For Paul, and all the apostles, focusing on Jesus, not on their trials, gave them a supernatural strength that buoyed their spirits, encouraged their hearts, and provided them with hope. This hope was not some superficial, emotional experience. It was the result of a bedrock faith in Jesus Christ.

6. **What does the Bible point to as our ultimate, eternal hope? Read the following texts. Each of them provides a unique insight on Christians’ ultimate hope: 1 Corinthians 15:19; 1 Thessalonians 4:13-18; Titus 2:13; and Hebrews 7:19.** We Christians are filled with hope. Christ living within our hearts is well able to handle anything we must face in life. His strength is ours. His healing grace is ours. Salvation in Christ is ours. And beyond this life we look forward to the “blessed hope,” when these “mortal bodies” will be “clothed with immortality” and we will live in a land of hope forever.
Letters

Dear Friend . . .
I’m writing in response to Roland Karlman’s article “Dear Friend . . .” (July 2014), which introduces the newly published Ellen G. White Letters and Manuscripts With Annotations, Volume 1 (1845-1859). My reaction? This is good news! I am so happy that this scientifically critical edition has been published! I wonder: Why after 100 years?

I have a great desire for truth—and I pray for the publisher of the E.G.White Letters and Manuscripts With Annotations, Volume 1 (1845-1859).

Dark P. Green
Stuttgart, Germany, Europe

Breast Cancer
The World Health article “Breast Cancer Diagnosis” (June 2014) was an excellent summary of the risk factors for breast cancer. Recent evidence, out in June 2014, makes a strong case for red meat being another important risk factor. This should interest Adventists who advocate a meat-free diet. I quote from an authoritative source (The New England Journal of Medicine’s Journal Watch, June 11, 2014): “High red meat consumption in early adulthood is associated with increased risk for breast cancer, according to longer-term follow-up from the Nurses Health Study II, published in the British Medical Journal [BMJ] 2014;348:g3437].”

The authors conclude: “Consistent with the American Cancer Society guidelines, replacement of unprocessed and processed red meat with legumes and poultry during early adulthood may help to decrease the risk of breast cancer.”

Peter Tung
Hamilton, Victoria, Australia

Reverence Needed
Barry Gowland’s June 2014 letter “Immanence!” struck a chord with me. I want, and need, to worship in an environment of Christ-centered calm where, in some sort of liturgy, I can state my faith and sing praises, and be assured of salvation through a glorious Lord.

I have grown increasingly aware of the “pop concert with a veneer of religiosity” type of worship that seems to be pervading Seventh-day Adventism. I have also seen it as resembling a political rally, or an hour of superficial entertainment where a host of performers appear, where little children are given the awesome responsibility of representing the congregation in the main prayer to the Most High Creator God; where preachers shout and stamp about. It saddens me deeply.

Mary Trim
New South Wales, Australia

Especially Inspiring
Although I always enjoy Adventist World, I found the April 2014 edition especially inspiring. It was filled with

Prayer & Praise
I am divorcing my wife, who has been unfaithful. We have been married for 26 years, and I’ve suffered greatly from this situation. Thank you for praying for my children and me.

Mario, Guadeloupe

I am a first-year student pursuing a degree in electrical engineering. Join me in praying for good placement for my colleagues and me in the industry; we will be apprenticing from August to December. Also pray for the spiritual, financial, and physical challenges I am meeting daily.

Yves, Malawi
educating, informative, and thrilling material. It was great to read how the church is working in so many countries, thus hastening the return of Jesus.

Donald E. Casebolt
College Place, Washington, United States

Thank You
Greetings in the name of our Lord and friend, Jesus Christ! Thank you for the great work you do through Adventist World.

Gift Dorcus
Uganda

Correction
Adventist World omitted giving credit to Spencer Freeman of Florida Hospital for the photography of Dr. Jeff Kuhlman on the back page of our July 2014 edition. We thank Freeman for letting us use his work, and apologize for the omission.

Letters Policy: Please send to: letters@adventistworld.org. Letters must be clearly written, 100-word maximum. Include the name of the article and the date of publication with your letter. Also include your name, the town/city, state, and country from which you are writing. Letters will be edited for space and clarity. Not all letters submitted will be published.

The number of species of bees in the world. But only seven species make honey.

Source: The Rotarian

Put Down the Remote
Watching more than two hours of television a day has been shown to increase the risk of heart disease by 125 percent.

Source: Men’s Health

I ask for your intercessory prayers for God to heal me, for His glory and honor.

Adriana, Mexico

I married an Adventist, but he has left the church. During our first year of marriage things were fine. Friends easily influence him, and the marriage fell apart slowly over eight years. Now he is angry and tense. I suspect that he is seeing another woman. We are not on speaking terms—I am afraid for my life. Please pray for him to change.

Virgie, Philippines

The Place of Prayer: Send prayer requests and praise (thanks for answered prayer) to prayer@adventistworld.org. Keep entries short and concise, 50 words or less. Items will be edited for space and clarity. Not all submissions will be printed. Please include your name and your country’s name. You may also fax requests to: 1-301-880-6636; or mail them to Adventist World, 12901 Old Columbia Pike, Silver Spring, MD 20904-6600 U.S.A.
On September 25, 1908, Riley Russell (above, back row, center) and his wife arrived in Sunan, Korea (now North Korea). People who were sick, hearing about his arrival, were waiting for him at the railroad station. He treated his first patients on the porch of the mission house.

Russell received a nursing diploma from Battle Creek Sanitarium in 1902, and a medical degree from George Washington University in 1908. In 1909 he established a medical clinic in Sunan in a 103-year-old thatch-roofed building that measured two by seven meters (eight feet by 24 feet) and cost only US$20.

In 1913 a Washington, D.C., newspaper carried a story with the headline: “Twenty Thousand Patients Treated in a Twenty Dollar Building.” That same year a Thirteenth Sabbath Offering made it possible to build a brick dispensary measuring seven by 11 meters (24 feet by 36 feet).

During World War II the denomination lost control of the clinic.
OBITUARIES

Cable, Agnes Mary Ula (nee Stevens), born 8.11.1925 in Berry, NSW; died 20.6.14 in Opal Raffin Place aged care facility, Calamvale, Qld. On 10.5.1951, she married Ronald Winston Cable in Perth, WA, who predeceased her. Ula was a teacher who taught in a number of schools and TAFE colleges. From 1986 to 2013 she prepared and published, an independent newsletter for TAFE and college students. She lived for the coming of Jesus.

Andre van Rensburg

Harker, Joyce Margaret (nee Piez), born 12.3.1939; died 23.6.14. She was married to Len Harker and they were faithful members of the Eight Mile Plains church, Qld, for more than 50 years. Joyce happily served in most areas of church life. She is lovingly remembered and survived by her husband; and the families of Greg and Sue Harker, Carolyn and Mike Hale, and Jenny and Darryl Land; and seven grandchildren. We wait for the sunrise of the resurrection morning.

Andre van Rensburg

Masters, Ray, born 26.8.1924, died 20.5.14. He is survived by his brothers, Max (his twin) and Gordon; sons, Thanet and Greg, and their wives, Ann and Sannia; grandchildren, Bheralee, Ryan, Rebecca and Stephanie; and four great-grandchildren. Ray served in the Royal Australian Air Force during World War II, and then attended Avondale College where he studied ministry. While studying he worked part-time in the engineering department at Sanitarium and due to his skill in this field he was called to assist Jack Radley in the marine workshop at Rugen Harbour, New Britain, PNG. It wasn’t long before he had full control of the maintenance of the entire mission fleet of the Bismarck–Solomons Union Mission. After 15 years in PNG the family returned to Australia, where Ray managed the Sanitarium engineering department until his retirement. Ray was a true saint of God. He was loved and admired by all who knew him. Horrie Watts

Murray, Albert, born 28.9.1926 in Stanford Merthyr, NSW; died 10.12.13 in Narrabri. He is survived by his wife, Betty (Narrabri); and his children, Brian Lawty (Melbourne, Vic), Debbie Steele (Wodonga), Robert Lawty and Michael Lawty (both of Brisbane, Qld). Albert will be remembered for his love of life—demonstrated by the sparkle in his eye and the smile on his face. He stepped into his role of stepfather after the tragic death of the children’s dad. The love of horses and tennis were indicative of Albert’s affinity for the wide open spaces and sporting activities. Albert appreciated Betty’s faith in her Lord and in time affirmed his faith in Jesus. His smiling face and unquenchable laughter will be treasured and missed.

Alan Saunders

Nilsson, Rodney Vernon (Bud), born 28.11.1926; died 28.6.14. Rodney was the beloved husband of Shirley for 62 years; and loved father and father-in-law of Carol and Doug, Stuart and Michelle, and Diane; granddad to four grandchildren; and three great-grandchildren. Bud was a dedicated worker for the Lord and he served in Pathfinders and church leadership. He enjoyed teaching and preaching God’s Word and took every opportunity to witness to neighbours and friends. He had a handshake and smile that we will never forget. Bud will be sadly missed.

Rex S Jackson

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“Stand Up”—men’s gathering. Featuring guest speakers Grenville Kent, Alex Royes, Eddie Hypolite, Mark Craig, Kayle de Waal, Loma Rome Ulaia and Nimrod Maua. October 11 and 12, 2014. The Big House, Avondale College Church. For more information visit <collegechurch.org.au> or email <collegechurch@avondale.edu.au>.

Next Adventist World
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Law firm in Melbourne: McMahon Fearnley Lawyers Pty Ltd. Areas of law include the sale and purchase of property, litigation, commercial transactions (including shareholder and partnership agreements, franchising and leasing), wills, estates and probate applications. Adventist lawyers include Lloyd McMahon and Michael Brady. Please call (03) 9670 0966 or email <mb@mcmahonfearnley.com.au>.

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Making Disciples
Planting Churches
SPD church planting conference
January 27-29, 2015

What is It?
The 2015 SPD Church Planting Conference is for those serious about Adventist Mission.
This conference will:
• Examine Adventism’s unique heritage as a disciple making, church planting movement.
• Empower and equip individuals, teams, churches and conferences to plant churches.
• Show how to facilitate a church planting movement in our conferences.
• Explore the challenges and growing potential in making disciples in an increasingly post-Christian world.

Who Should attend?
Church members, pastors, church leaders, administrators . . . anyone who is passionate about making disciples and church planting. We particularly hope that teams of potential church planters will attend. Maybe you want to be inspired, maybe you want to be equipped and empowered, maybe you want teachings, or resourcing - whatever the reason, this Conference is for you!

With overseas and local speakers, plus sixteen workshops to choose from, this SPD Church Planting Conference, with the Holy Spirit’s leading, promises to be a unique opportunity to be inspired, empowered and equipped to join God in His mission on earth.

Avondale College will be the venue for the conference. Accommodation and meals can be booked via the registration process.

International Guest Presenters

Dr Kleber Goncalves
Director, Global Mission Centre for Secular and Postmodern Studies, General Conference
Kleber planted the New Seed Seventh-day Adventist church in Sao Paulo to reach young professional postmoderns and today has around 1000 in attendance, in multiple services. Areas of particular interest to him are urban missiology, postmodernism, church planting, leadership, and discipleship.

Dr Tom Evans
Associate Director, Evangelism Institute
North American Division
Tom is director for the SEEDS church planting conferences, with twelve locations in North America annually. During his leadership in Texas, 114 new churches were planted over a period of nine years. A model of member led church planting was pioneered which allowed for more rapid expansion of God’s work.

Dr Gerson Santos
Director, Global Mission, Urban Missions Centre
General Conference
Gerson is a successful church planter, with a passion for reaching people in the cities. Based in New York City, he is trying new methods to reach this huge urban metropolis. He directs the Mission to the Cities initiative for the General Conference.

Avondale College will be the venue for the conference. Accommodation and meals can be booked via the registration process.

https://events.adventist.org.au/Registration/Event/496

For more details contact Maryanne | maryannejakovac@adventist.org.au | 9847 3275 or Wayne Krause | waynekrause@adventist.org.au | 0414 435 314

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