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GOVERNMENT MINISTER VISITS ADRA-UK & PRAISES GRASS ROOTS WORK
International Development Secretary, Justine Greening and Watford MP, Richard Harrington, visited the Adventist Development and Relief Agency (ADRA-UK) offices in Watford on Monday morning, 20 May 2013, for an extended one and a half hour tour and meeting.

The Secretary of State's visit focused on ADRA-UK's work in Myanmar (Burma) where the charity is implementing a project with funding from DFID that creates jobs and promotes income generation along with raising awareness of gender, HIV/Aids, disaster risk reduction and environmental protection activities.

Ms Greening praised the efforts of ADRA and the work they are doing at a grass roots level. She said, "It was really, really helpful because the global poverty action fund is all about going beyond working with the biggest NGOs in Britain. We are working with medium-sized NGOs such as ADRA and much smaller ones."

The visit put ADRA-UK in the spotlight and gave them an opportunity to highlight the excellent work that ADRA does around the world.

It was a first visit to the ADRA office for Mr Harrington. He expressed delight in having such a positive charity in his constituency.

"It's very different from the old type of top-down aid where wealthy countries gave money to small countries and hoped that enough filtered through", he told reporters. "This is actually funding a project at grass roots and it's helping people to set up their own business, survive themselves and build an infrastructure."

Responding for ADRA-UK, Helia Mateus, chief financial officer said: "It's very encouraging everything the secretary of state said particularly highlighting that we work at grass roots.

"We work with the most vulnerable in the communities and she particularly appreciated what we do.

"We provide them with skills so they can generate some income to support their families, especially the young people who would otherwise have to leave the villages and head to the urban centres possibly to work in factories in the Thai border and sometimes never to be heard of again."

ADRA-UK was established by the Seventh-day Adventist Church as a charity in 1999. It stands however in a long tradition of helping people in need. This year the Church in the UK is celebrating 100 years of collecting from door-to-door by our members to fund medical, educational and development work overseas.
Since its beginnings ADRA-UK has become a professional organisation focusing on long-term development and providing relief in emergencies.

On paper ADRA-UK is relatively small with just eight employees. However they are supported in the UK by over 50,000 people, young and old.

The link to the Seventh-day Adventist Church is important because not only does it give ADRA-UK the ethos for its work but also gives church members an opportunity to be involved in the wider scheme of social responsibility and humanitarian work.

According to the latest statistics ADRA as a network employs over 6,000 staff worldwide and helped 31.5 million people in 2012.

The small team here in the UK makes a significant difference, supported as it is by many thousands more and able to use the global reach of the ADRA network.

A fuller, video report of the visit is available here. Also reports in the Watford Observer and on Richard Harrington's constituency news page.

[Bert Smit, ADRA-UK CEO / BUC News]

HAPPY BIRTHDAY – SEVENTH-DAY ADVENTIST CHURCH

Tuesday, 21 May saw the 150th birthday of the Seventh-day Adventist Church, officially organised by twenty delegates on 21 May 1863. The 17 million member Church that now encompasses the globe in its mission and outreach started from very small beginnings following the collapse of a movement led by Baptist preacher, William Miller, who expected Christ to return in 1844.

Following what came to be known as 'the great disappointment', the experience led a small group of believers to restudy their Bibles in great depth, challenging every belief and doctrine. This climaxed in a series of Bible Conferences in 1848 that started to lead toward the formation of a Church that focuses on Jesus Christ as Lord and Saviour, and holds the Bible supreme as its rule of faith.
In 1863 the name 'Seventh-day Adventist' was chosen to reflect what those early believers saw as 'distinctive' from other Protestant Churches. Thus the focus on the seventh-day as the biblical Sabbath and the strong belief, still held by Adventists today, that we live at the tail-end of earth's history and that Jesus Christ will return soon. A page on the new Adventist Church website helps answer the question that many Christians ask: "Why are you different?"

Celebrations around the world were rather subdued for, as Pastor Ian Sweeney, President of the Adventist Church in the UK and Ireland states in a BUC News video report, "we didn't expect to still be here after 150 years." His continued emphasis is that church members should keep a focus on those wonderful prophecies of Christ's return, not just as a promise for themselves, but as a motivation to share the good news in their communities.

At a brief ceremony at Adventist World Church head office, Washington DC, Pastor and World President, Ted Wilson noted that "This anniversary is a call for you and for me to move forward…revived and reformed in Him, empowered by the Holy Spirit to live out the dreams and hopes of God Himself as the Holy Spirit leads us."

While the Church was organised in 1863, and already had some Adventist believers in the UK by that same year, it was another decade before John Loughborough and other missionaries put significant effort into sharing the Adventist message in the British Isles. Today the Adventist Church in the UK and Ireland stands at just over 34,000 members.

More on Adventist History can be found on the ANN website, or specifically in the UK on the Adventist Church History website. In a BUC News video report, Pastor Sweeney reflects on the 150 year history of the Adventist Church.

[Victor Hulbert]

FOLLOWING THE FOOTSTEPS OF PAUL: A JOURNEY IN CHURCH PLANTING
'Mission Possible 3' saw enthusiastic church planters, from around the South England Conference (SEC), complete a journey across Greece that led them in the footsteps of the apostle Paul, from 12-19 May.

The planters' journey commenced in Thessaloniki and progressed through Kavalla, Philippi, Amphipolis, Berea, Vergina, Meteora (Kalabaka) and Athens, finally ending in Corinth. At each location, the main speaker for the week, renowned church planter Pastor Peter Roennfeldt, spoke on Paul’s example of church planting. He explained how disciples multiply in relational streams and that Paul entered into relational streams with people throughout his travels.

"We have very much enjoyed the whole trip, in particular the lectures given by Peter," responded church planter and pastor, Rafael Luz. "They were especially Biblical, practical and of great value. The guides around and visits to the archaeological sites were right to the point and really helpful in understanding Greek history."

Several main themes came out of Pastor Roennfeldt’s presentations. The first step in discipleship making is 'come and see'. This is an invitation to spend time, eat and drink together, which is both experiential and relational. He emphasised that "as soon as the people started to follow Jesus, they were called disciples; to love like God is to love unconditionally; and church planting is a journey in replication and disciple-making."

"I've appreciated the opportunity to follow in the footsteps of Paul," enthused Jennifer Williams, leader of the Grace-Linc Church Plant, in Slough. "Corinth, for example, is millennia old, yet saw challenges to spirituality, such as materialism and wealth, that are echoed in our 21st century world. I've learnt that we serve a wonderfully creative God who will empower us to reach 'the unreachable' if we let Him."

Throughout the trip, there were opportunities for sightseeing, by way of guided tours. Those that attended described the places visited as "extraordinary", "spectacular", "humbling" and "thought-provoking". The hours spent travelling from one place to another, by coach, allowed time for church planters to share ideas, learn from each other and develop friendships that will be treasured and become lasting.
"Take the courage and faithfulness of Paul," said Pastor Roennfeldt as his final words of encouragement and advice to the church planters who attended Mission Possible 3. "Constantly and proactively look for ways to share the story of Jesus and keep before you the vision of multiplication of church plants. Every church plant is to multiply."

[Jacqui Crawford]

INTEGRATION OF TECHNOLOGIES THE FUTURE FOR ADVENTIST IT MISSION

British delegates at the 2013 Global Adventist internet Network (GAiN) found they were ahead of the game. Greater integration of Internet platforms and messages was a key theme for the conference of 230 Seventh-day Adventist Church technologists and communicators who met in Dubai, United Arab Emirates, 15-19 May 2013.

Several entities are looking at developing integrated platforms for witness and the new Adventist Church website for the British Isles was noted as a positive, responsive website that helps the Church to be more effective in its witness. "The first purpose of a Church website must be to share the good news of the Adventist message with those outside our community", Pastor Victor Hulbert, BUC Communication and Media director noted. "Non-Adventists are not interested in Conferences, Missions and Unions. They are interested in finding out what makes us tick, our beliefs and our activities."

He was delighted to discover that the World Church also plans to launch an integrated website in October this year. "This will allow the Church to define its brand, to clarify its voice and move from a place of multiple different sites to becoming a network of sites", said Garrett Caldwell, assistant Communication director for Public Relations at the World Church headquarters.

This is in line with what the Germans, Australians, South Americans and British are already developing.

Pastor Ted Wilson, World President of the Seventh-day Adventist Church, challenged web professionals, communicators, church leaders and members, at the Seventh-day Adventist church in the neighbouring emirate of Ras Al Khaimah on Sabbath, 18 May to continue using all means possible to spread the Word of God.

"Share God's love; share the Three Angels' Message as to how God is preparing people for His soon coming", Wilson said.
Wilson challenged technologists to explore ways to help in a comprehensive integrated media approach for reaching the hearts of people through various outreach initiatives.

Participants were also shown the new Creation film series that will be completed and distributed around the World Church later this year. Wilson appealed to conference participants to collaborate in innovative ways to showcase the films in churches and special venues in every community.

During the GAiN conference, successful Adventist Internet ministries were highlighted, along with effective initiatives and strategies to assist the Church in social media impact. This particularly impressed North England Conference representative, Arunas Klimas. "This was a springboard and encouragement for me. I've seen good examples of social media in the secular world, but to see some of what was happening in South America and other parts, not just posting but being able to mobilise people – it was very impressive." Networking with various delegates during the conference means he believes he can help the Church in the NEC and throughout the British Isles develop social media in a more positive and strategic direction.

South England Conference Communication director, Kirsten Øster-Lundqvist, shared how the SEC Media Academy is improving a range of skills across the Church. Together with Victor Hulbert she also provided delegates with lessons learned, and tips on how to prepare for a major event like the Olympics. The Brazilian participants certainly took an enthusiastic interest.

A highlight for Kirsten was hearing from Delwin Finch, the webpastor at Forest Lake church. He has inspired her to use a Bible app for pastors to share sermon notes live. Jason Castons's 'i-church method' also helped her take the concept of the integrated church to another level. When Arunas asked him a question on budget the response that 20 to 25% of a ministries budget should be spent on digital ministry both challenged and inspired him to look at things from a new perspective.

Mirjana Kicusic, Network Developer & Marketing Manager for the Trans-European Division, attended the GAiN event for the first time: "The participants had an unforgettable opportunity to learn new things in their areas and were able to hear great reports from other Divisions and Unions", she said.

And Jones Masimba, Central Kenya Conference Treasurer, said the event "has been an eye-opener for me. It has been a great experience, showing us the many opportunities that are available for service, and to reach out to the community. Things are changing fast today and GAiN is helping us keep current."

"Connecting with other professionals from around the globe exposes us all to different approaches to media and technology", Kirsten concludes. "It does motivate people to action. I've seen lessons learned and taken ideas on board from previous events. It does make a difference."

GAiN's 2014 meetings are scheduled to be held in India. Information on that event can be found online at http://gain.adventist.org/.

[Article condensed and adapted from Adventist Review]

[Libna Stevens, Inter-American Division / Adventist Review / BUC News]
CARDIFF NORTH CHURCH HITS CITY CENTRE

On Sabbath, 18 May 2013 Cardiff North Seventh-day Adventist members took to the streets for Community Evangelism Day. On a fine, sunny day, Queens Street in Cardiff city centre attracts large crowds of people who usually stroll the street or meet to socialize with friends and relations.

Akin to the biblical command to go into the highways and alleyways, volunteers from the church led by Pastor Asiamah joined the social activity by displaying a variety of literature around a central statue.

Soon after Sabbath School, the Personal Ministries director, John George, reminded the church about the importance of witnessing as Christians and urged members to "put away all notions and pessimisms that can discourage you as witnesses for Christ." The enthusiasm of volunteer witnesses was without measure. There were some from the Muslim faith who were also interested in knowing what God said we should remember. Merchants on the streets also asked for copies. Naturally, some people were not so enthused about religious matters but members look forward to more and better evangelistic strategies in Wales.

In the view of one volunteer: "It has always been refreshing when we go out to witness as a church."

Visit the Cardiff North website for more pictures and details of this vibrant church.

[Theophilus Gokah]

COMPLETING YOUR HEALTH WITH CHIP

Rebranded the Complete Health Improvement Project (CHIP), exciting times are ahead for the CHIP programme in the UK. The global rights for the programme have been acquired by the South Pacific Division and are administered by Sanitarium Health Food Company, Australia's premier health food provider and producers of the 'So Good' brand in the UK. Personnel from Sanitarium have been in discussion with the Adventist CHIP Association UK & Ireland (ACA), and Directors from the Trans-European Division and the British Union Conference regarding the future administration of the programme in the UK.

A meeting took place at the BUC offices on Friday, 12 April, when Kevin Jackson, CEO of Sanitarium and Cathy McDonald, Managing Director of Sanitarium's Health & Wellbeing
Services gave a stimulating overview of the totally revised Complete Health Improvement Project. The updated programme includes new online video sessions and literature.

Electronic and social media have been utilised to promote the programme, and registration and purchasing participants' materials can now be done via the Internet.

Stephen Cooper, TED Health Ministries director; Sharon Platt-McDonald, BUC Health Ministries director, Rose and Ismael Gomez, Director and Secretary of the ACA were joined by Elsie Staple, Health Ministries director for the SEC and Lil and Irving Saunders, Health sponsors for the Welsh Mission.

Those present at the meeting were very excited about the changes that have taken place and the potential for the new programme. The next stage is the training of facilitators, scheduled for September 2013. Pilot programmes will then be run through to spring 2014 prior to rolling out the programme across the UK.

However, you don't have to wait until then to catch a glimpse of the new CHIP. Check out a website packed full of testimonials from people whose lives have been turned around, and behind the scenes film clips of the 'making of CHIP'! View

List address: bucnews_pdf@adventist.org.uk
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and download the videos or send the link to share with your friends.

[Irving Saunders, Welsh Mission Health Sponsor / Rose Gomez, ACA UK Director]

LATEST MESSENGER ONLINE

’Gospel choir steals judges' hearts' is the headline for the 24 May Messenger, the official journal of the Seventh-day Adventist Church in the UK and Ireland. Discover what Pope Francis means by 'living with fraud', learn the positive side of 'Fulfilling prophecy', view the latest Megapixels collection, and enjoy a double spread of baptisms and another of witnessing activities. Pick up a copy at your local Adventist church or read it online.

[Julian Hibbert]

TV SELECTIONS FOR THE WEEK
Programme highlights for the coming week include:

On Revelation TV (Sky 581 or Freesat 692): **The Journey: Giants.** Thursday 23 May, 8:30 pm, repeated Sunday 26 at 1:00 pm. Cornish fables lead to thoughts on the Great Controversy. Next week, on Thursday 30 May, repeated Sunday 2 June, is **losing your glasses** the worst thing that can happen to you?

For internet radio listeners: Fridays at 8:00 pm, 'My Song' with Mike Johnson, online at [www.lightfm.net](http://www.lightfm.net). Two hours of your favourite songs from across the decades. Send your requests/dedications to radio@lightfm.net.

**On Hope TV** you can watch a wide variety of programmes on the satellite and website. Next week's schedule includes the following UK produced programmes among its much larger international output:

Friday 24 May: 8:00 pm: The Journey: **When disaster strikes,**
8:30 pm: FaithTalks: **Why is Christianity so divisive?**
Midnight: The Journey: When disaster strikes
Sabbath 25 May: 9:00 am & 7:00 pm: The Journey: When disaster strikes,
7:30 pm: FaithTalks: Why is Christianity so divisive?,
8:00 pm: Viewpoint: **Is technology good or bad?**
Monday 27 May: 12:30 pm: In Conversation: [John Ferguson](#) – Telecoms to 'telling Christ',
9:30 pm: Viewpoint: **Christians and Finance**
Wednesday 29 May: 8:00 am: Viewpoint: Christians and Finance,
11:00 pm: In Conversation: **Jacques Venter** – Church and lifestyle conflicts
Friday 31 May: 8:00 pm: The Journey: **The Sanctuary,**
8:30 pm: FaithTalks: **Is religion good for children?**
Midnight: The Journey: The Sanctuary
Sabbath 1 June: 9:00 am & 7:00 pm: The Journey: The Sanctuary,
7:30 pm: FaithTalks: Is religion good for children?,
8:00 pm: Viewpoint: **Organ donation**

[Victor Hulbert]

**COMING EVENTS**

For a full listing of Coming Events please visit [http://adventist.org.uk/events](http://adventist.org.uk/events)

This weekend: **Welsh Mission Family Camp** at Brecon, Montserratians and Friends Day of Fellowship, **All Night Prayer, Praise & Worship** at Walthamstow, **West of Ireland Day of Fellowship**, Ministry of Healing and Prayer (MOHAP) **Day Retreat**, Love, Sax and all that Jazz at the Globe, Reading, **Jumble Sale** at Willesden church, **SEC Lone Parent Family Camp**, **ABC Book Sale**, John Loughborough School, **ADRA Charity Auction** – Hampstead. **The Nigerian**
**Annual Believers' Convention** starts on Wednesday 29 May, while on Thursday, 30 May you can hear a **lecture on Prostate Cancer** at Stanborough Park church.

Next weekend: 1 June: Join the Sydenham Seventh-day Adventist church for their "Sanctuary Seminar". Learn about 'Intelligent Design' with the experts, share a **weekend of prayer for children at risk**. On Sunday, 2 June Newbold College of Higher Education celebrates student achievements with an **awards ceremony**. Members in Scotland invite you to support ADRA in the **Scottish Challenge**.

For more details and a larger selection of events both this weekend and in the future please visit the [Coming Events website](http://adventist.org.uk/events) where events are continuously updated online. Select your region for events nearest to you. You can also share events important to you on your Facebook or social media profile. You can also submit your event at the same location.

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**SMALL ADS**

**JULY/AUGUST ACCOMMODATION REQUEST.** Ruth Tolón, a 25-year-old Adventist Spanish lady would like to spend one to two weeks living with a family in order to practise her English. She would be happy to pay for food and accommodation and her dates are flexible in July or August. Her mother is also interested in accompanying her. For further information email helen-zgz@hotmail.com.

**LONDON UNDERGROUND ADVENTURE.** This year marks the 150th anniversary of the London Underground Railway. It is also the 100th anniversary of ADRA-UK as a concept (although the name ADRA itself is more recent). To celebrate these milestones, Kelvin Watson, John Wilson and David Vincent will be attempting the ADRA Tube Challenge on Wednesday, 29 May. This involves travelling by train to all 270 stations on the London Underground system in just one day! Please help us raise vital funds for ADRA by sponsoring us on this adventure: [www.justgiving.com/ADRA-Tube-Challenge-2013](http://www.justgiving.com/ADRA-Tube-Challenge-2013) or by text: TUBE55 £1 to 70070.

**THE SMALL PRINT**

BUC News is a weekly news bulletin produced by the British Union Conference of the Seventh-day Adventist Church, and edited by the Communication Department. Victor Hulbert, director; Mary Kapon, secretary. Items for inclusion should be sent to bucnews@adventist.org.uk and need to be received by 6.00 pm on Wednesday, preferably as simple email text or submitted online. All unattributed stories written by the editorial team. Coming Events should be kept short and preferably be submitted via the on-line form at: [http://adventist.org.uk/events](http://adventist.org.uk/events). Small ads should be sent by email. The editor reserves the right to modify articles received to make them suitable for inclusion. The views expressed by individuals cited in this bulletin do not necessarily reflect the views of the Seventh-day Adventist Church, though we try to ensure that they do. You are free to re-print any portion of this bulletin without the need for special permission. However, we kindly request that you identify BUC News or other sources whenever you publish these materials. Back issues are available on our archive website at [http://www.adventistnews.org.uk](http://www.adventistnews.org.uk).

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Minister praises work of organisation that helps poor

9:20am Tuesday 21st May 2013
By Ben Endley

A government minister has heaped praise on a Watford-based organisation providing support and assistance to some of the world’s poorest people.

Justine Greening, Secretary of State for International Development, spoke to representatives of Adventist Development and Relief Agency (ADRA) at their St Albans Road base yesterday morning (Monday).

She was joined by Watford MP Richard Harrington to discuss the organisation’s work in remote regions of Burma, which is partly funded by the Department for International Development (DfID).

Ms Greening said: “It was really, really helpful because the global poverty action fund is all about going beyond working with the biggest NGOs in Britain. We are working with medium-sized NGOs such as ADRA and much smaller ones.

"So to get a chance to meet up and hear about their project that we have helped fund is fantastic, and also to hear about how they find working with DfID.

"It’s really common sense development because it’s about helping people to be in a better position to generate their own economic livelihood both as an individual and as a community.

"The effects of this will last long after this project is finished and that is one of the reasons why it has worked so well.”

"It is fantastic for Watford, it means there is a skill set here locally that a lot of other communities would love to have.”

Mr Harrington added: "It’s very different from the old type of top-down aid where wealth countries gave money to small countries and hoped that enough filtered through.

"This is actually funding a project at grass roots and it’s helping people to set up their own business, survive themselves and build an infrastructure.

"It’s not a short term fix though.”

The programme run by ADRA is designed to lift people out of poverty with training in food-processing and start up skills to help with job creation.

Helia Mateus, chief financial officer at ADRA, said: "It’s very encouraging everything the secretary of state said particularly highlighting that we work at grass roots.

"We work with the most vulnerable in the communities and she particularly appreciated what we do.

"We provide them with skills so they can generate some income to support their families, especially the young people who would otherwise have to leave the villages and head to the urban centres possibly to work in factories in the Thai border and sometimes never to be heard of again.”

Back

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Government Minister Visits Watford Charity


Tuesday, 21 May, 2013

Richard Harrington MP was joined yesterday by Justine Greening, Secretary of State for International Development, at the headquarters of Adventist Development and Relief Agency (ADRA) on St Albans Road. Ms Greening and Mr Harrington spoke with representatives of ADRA about the fantastic work being done to tackle global poverty.

The Watford-based organization provides greatly needed support and assistance to some of the world’s poorest communities in the poverty-stricken regions of Burma. The programme is structured to provide a long term solution to impoverished communities by providing training, advice and skill sets, which will in turn lead to infrastructure, job creation and sustainable economic growth.

The Government Minister praised the efforts of ADRA and the work they are doing at a grassroots level, which is partly funded by the Department for International Development (DfID).

Ms Greening said: "It was really, really helpful because the global poverty action fund is all about going beyond working with the biggest NGOs in Britain. We are working with medium-sized NGOs such as ADRA and much smaller ones.

"So to get a chance to meet up and hear about their project that we have helped fund is fantastic, and also to hear about how they find working with DfID."

In turn, Mr Harrington added: "It’s very different from the old type of top-down aid where wealth countries gave money to small countries and hoped that enough filtered through.

"This is actually funding a project at grass roots and it’s helping people to set up their own business, survive themselves and build an infrastructure."
Why we are different

What is distinctive about Seventh-day Adventists?

Adventists have much in common with all Christians, including the important truths that salvation is only through Jesus Christ, and that the Bible is God's inspired revelation.

For Adventists, these things are central and important. They come at the top of list in our 'core beliefs'. Yet there is a package of beliefs that equally makes Adventists distinctive, perhaps unique.

These include celebrating our origin with the Creator God, in our observance of the Seventh-day Sabbath, and the beauty of the world as intended. Throughout our lives we anticipate in hope the return of Jesus Christ (the advent) as promised throughout the gospels.

This is summarised in our name: 'Seventh-day Adventist'.

Seventh-day. We are grateful for the invitation of Jesus, "Come to me and rest". Spiritual and physical rest is something God introduced right from Creation, and is highlighted as a privilege within the Ten Commandments. Adventists see resting on the seventh-day as a picture of the eternal rest that God promises for His people.

In taking the Sabbath emphasis of the Bible at its face value, Adventists worship from sunset Friday until sunset Saturday. We spend time in worship, relax with family and friends, and often spend time in nature. Adventists often use the time purposefully visiting or...
helping neighbours and friends. [Find out more on the joy of the Sabbath by watching two programmes, "Celebrating the Sabbath", and "Rest"]

**Adventist.** We rejoice in the hope that was brought to the world through the first Advent of Jesus Christ. As God become man, fully human yet fully divine, the Jesus revealed in the Gospels gives us the clearest picture of God's immense love for us.

That love is not just a past promise, but a present reality and a future hope. Adventists strongly believe that Jesus is coming again. Consistently promised throughout the New Testament, we believe His Second Advent will be literal, personal, visible, and world-wide.

**Prophecy.** Adventists love the Bible – all 66 books. In studying the prophetic books, especially those of Daniel and Revelation, we have come to better understand the cosmic conflict between Christ and Satan. These books give hope, showing Christ as the victor – even in times of difficulty and suffering.

The prophecies of the Bible speak to our time, but we also value the fact that God can also speak with us in our time. We see that in the writings of one of the co-founders of our church, Ellen Gould White. Her books, such as 'Steps to Christ', 'The Desire of Ages', and 'The Great Controversy', have helped many people on their faith journey, pointing people toward the Bible and the Christ of the Bible. The Adventist Discovery Centre offers a number of free Bible Courses on understanding prophecy – particularly the books of Daniel.
and Revelation.
Health. If you meet an Adventist you will often meet a smiling happy person. That is because we believe God is interested in every part of our lives, social, physical and spiritual. Research shows that those following the Adventist lifestyle tend to live a longer, healthier life. This is partly due to belonging to a caring faith community, partly due to many members enjoying a predominantly plant-based diet, and partly from avoiding alcohol, tobacco and non-prescription drugs.

The interest in caring and health also means you will find many church members working in the caring professions. You may well find church members providing healthy food samples and various health checks at community fairs, in your high street or park, or perhaps at a county shows.