Five British Pathfinder clubs reached out to make new friends as they flew to Switzerland to join clubs from the Inter-European Division (EUD) at their international camporee. On Sunday, 2 August, members of the Gatwick, Ashford, Brighton, Hull and North West London Portuguese clubs took the long journey to beautiful Estavayer-Le-Lac in north-west Switzerland.
Representing the British Union Conference they found themselves amongst over 2,500 other Pathfinders from countries such as France, Germany, Italy, Spain and Portugal as well as the hosts, Switzerland – with flags of many nations proudly on display during the parade at the opening ceremony led by the Gatwick Drum Corps. However, the British were not the only guests at this camporee. Other visitors came from the United States, Malaysia, Singapore and Brazil and added much to the excitement at the camp.

The grace of God shone throughout the week with the temperature reaching highs of 40°C - a stark contrast to the temperatures British Pathfinders are used to camping in back home. The good weather re- emphasised the theme of the camp, 'Surprised By Grace'.

Throughout the week, Pathfinders engaged in various honours and activities including water sports and a boat race in stunning Lake Neuchâtel. Each night they followed the story of Jonah as he journeyed his way to Nineveh on 'The Whale Way' whilst they gained an insight into the sinful lives of the Ninevites - courtesy of guest speaker, Miki Jovanovic. Engaging morning worships were led by General Conference Pathfinder director, Pastor Jonatan Tejel. He shared personal stories from his life and experience to demonstrate to the young people examples of how God always has a tendency to surprise us even when it is least expected.

The camp provided an opportunity for international friendships to be formed and allowed local Pathfinder clubs to appreciate the larger Pathfinder community that they are a part of including the vastness, versatility and diversity of the international Pathfinder movement. It was a week of discovery, fun and spiritual growth ending with the baptism of seven young people backdropped by the beauty of a Swiss sunset.

Sadly BUC Youth and Pathfinder director, Nathan
Stickland, missed the camporee due to illness. However, he sees such events as life-changing and highly encourages them. He notes that "Camporees happen throughout the year in all parts of the world", stating that "It's always a horizon extending experience to visit other countries to join with their camporee."

Next year you may find a few other countries coming to the UK as the BUC will run its quadrennial camporee somewhere in Wales. Full details will be available by the end of October at www.adventistyouth.org.uk but book your diary now for 26 July - 2 August 2016.

CLIP! Monday from Raphaël Grin on Vimeo.

A selection of photos involving some of the British Pathfinders can be seen on the Adventist Church's picture gallery. Daily video reports and more from the camporee can be viewed here: http://aycamporee.org/video-reports.

[Lindsey Mukazi]

DIAMOND CELEBRATIONS AND REVIVAL FOR CAMP HILL

A 60th anniversary is no mean feat! During the week 8-15 August 2015, members of Camp Hill Adventist church, Birmingham hosted both their Annual Morning, Noon and Night Revival and celebrated sixty years since they came into existence.

In a sense the week was Camp Hill's own mini Camp Meeting, with a daily 6:00 am morning devotion period hosted by senior pastor, Dr Patrick Herbert. These focused on the life of Joseph. Members saw this as a great start to the day, with its vibrant interactive messages, and members sharing their testimonies. They then benefited by and enjoyed a breakfast of porridge, plantain and peppermint tea!

Lunchtime lift was the next item. Here devotional messages were shared, and as this was the build-up
to Camp Hill's 60th anniversary, former Camp Hill pastors gave the messages. Pastors Rainford McIntosh, Pardon Chenjerai, Jonathan Holder, Emanuel Bran and Jeff Nicholson presided over the lunchtime lifts.

The daily climax was the evening Power Hour. All who attended bore testimony to the fact that Pastor Greg Nelson, from the Maddison Mission church, Huntsville, Alabama, delivered his nightly message with such power and pathos, that hearts were stirred and challenged. Pastor Nelson, after holding a late night Praise and Worship workshop, joined in singing his heart out alongside the Camp Hill Praise team.

Dr Herbert commented that this "was a no-frills revival, consisting of only prayer, praise and preaching.” With this formula, many reflected, "Truly a spirit of revival was felt throughout this week."

That revival set the tone for an invigorating climax. The church was full to the brim on Sabbath for the church's 60th anniversary combined with Homecoming Day. Members past and present came from all parts of the country along with a small number from abroad. Throughout the day members and visitors learnt or were reminded of Camp Hill's historical journey.

Camp Hill began with approximately ten members and was originally known as the South Birmingham SDA church. The original church was over a butcher's shop on the Stratford Road. The church members worshipped in various venues and as the membership grew the members sought a larger venue in which to worship.

A vacant church was purchased and as a result needed renovating, cleaning and decorating. The members worked diligently and the doors of Camp Hill were opened on 2 April 1955 and was officially dedicated on 14 May 1955. Thirty-two years later on 5 January 1987 this building was gutted by fire. For five months and five days members worshipped at St John's Church of England church, then the doors to the 'new' Camp Hill were opened – now the home church of over 600 members.

Camp Hill is a family church which encourages the development of the members through various clubs and activities.

Within divine service the diverse nature of the church was demonstrated by representatives from 12 of its language groups reading in their mother tongue Psalm 133:1. A chuckle was raised by one reader, a native of Jamaica, expressively reading from the Patois Bible.
Pastor Masih was guest of honour, bringing greetings and briefly sharing his memories. Pastor Masih served as Camp Hill's minister for two separate terms, making him the longest serving pastor. He was presented with a commemorative plaque for his service. Pastors McIntosh, Chenjerai, Holder, Bran, Nicholson and Layland, who served in the past decade, were also recognised for their service to the Lord.

Herline Simons led members in a contextual evangelist Sabbath School focusing on how Camp Hill can be more effective in reaching out to the community. Annette and Wendy organised the engaging trip down memory lane.

The day would not have been complete without the church recognising the service of its senior members. Under the guidance of Elder Vivia Selcedo, an extensive list of worthy recipients was compiled and Dr Herbert, along with his wife Ann-Marie, had the privilege of presenting carefully prepared commemorative certificates.

Pastor Nelson closed off the day with one last vibrant captivating message. Even though the hour was late the congregation tarried. Finally he joined a seven-member Praise team to bring a climactic rendition of Richard Smallwood's Total Praise.

[Natalie Sutherland]

RIP DIABETES TALK IMPACTS LOCAL STEVENAGE COMMUNITY

Reports in the national press this week highlight that diabetes cases have soared by 60 per cent in the past decade and that over three million people in the UK suffer from the disease. That number is set to rise to five million by 2025. Stevenage Seventh-day
Adventists decided it was time to take action.

Dr Chidi Ngwaba, a regular medical expert for ITV's Good Morning Britain and Men's Ministries coordinator for the South England Conference, was invited to present an invaluable and much anticipated talk on 'RIP Diabetes' – how to reverse and prevent diabetes.

There was a buzzing atmosphere as over seventy people from the local community filled the hall of a local community centre, an event organized by the Adventist church as part of its community outreach programme, ACTS (Adventists in the Community Together in Service). Those who attended the lecture on Sunday, 9 August, came eager to learn about how to improve and also prevent the onset of Type 1 diabetes as well as how to reverse Type 2 diabetes.

With five percent of the town's population being recorded as diabetic, Dr Chidi shared a lot of sage advice and methods from scientific research on how you can change your lifestyle to combat the disease. Promoting a plant-based diet with no refined food, he also mentioned that diet wasn’t the only important factor. Exercise is also essential. He recommended a 30-60 minute walk after each meal. People from all backgrounds came looking for some hope. They were captivated by the gems of healthy living that they discovered. There were many questions after the talks where people shared their experiences and learnt from each other. Attendees left encouraged, excited and generally hopeful about changing their lifestyle.

To tie in with the topic, free health checks for blood sugar and pressure were taken advantage of and a delicious array of vegetarian food (such as vegan cashew nut cheese) was thoroughly enjoyed and enthused over amongst attendees who now want to learn how to make it all – demonstrating how tasty a vegetarian diet can be!

Having been able to successfully reach out to those in their community who have a genuine health need, and due to the positive response, members are now planning a four-session series on Diabetes from January to April 2016.
SUMMER TEENS CONCERT
A FIRST FOR SEC

Adventist teens are bursting with talent! On Sabbath evening, 15 August they shared that talent to the glory of God as Newbold church, Binfield, filled with over 400 people for the first ever South

England Conference Summer Teen Concert.

Organised by Joy Kiriamti, Cheryl Singo and the South England Conference Teens department, the event gave acts such as Luke Windett the chance to minister in a gospel concert. The audience was blessed with talented vocalists such as Miriam Louise who performed a beautiful rendition of Cece Winan's Alabaster Box. Reading West church delighted and thrilled with their humorous drill team, led by Cheryl Singo. Croydon & South East London Choirs shared wonderful music that warmed and blessed us for more than just the evening. Newbold's own talented youth choir also performed.

Antionette Young states, "My first teen concert was amazing. I felt that it showed the talent of the teens and youth well. I was pleased to see that so many people turned up to show up to support their fellow teens." Miriam Louise was impressed not just by the talent but by the diversity. "Not only does it highlight the gifts God has given our young people, but it also brings them together! I see people from different countries and cultures working together and praising God, and it gives me hope that the future of our Church will have no problem in working together to glorify God!"

Mica Williams has a strong passion for music so she loved the fact "that as teens we have an
opportunity to express our love for God especially as the teens/youth are mostly seen as being 'misbehaving' and 'rebellious'.” She added, "I feel that as teens we are sometimes pressured and questioned regarding our faith, but the teens' sector of the SEC allows us to show how we really feel about our faith through music."

Nathaniel Opoku-Mensah was also impressed by the variety. "The pieces produced and performed by the various artistes were quite interesting with individuals such as CJ and Robert performing their own compositions. There were even a few twists with some people performing classical pieces and Daniella Bernard performing her arrangement of various hymns which was received with a standing ovation from the crowd."

Nathaniel's only disappointment was that the concert came to an end! "In my opinion there should have been more time as people still wanted to stay and worship and express themselves in song and music." However, sometimes it is good to close with people still wanting more!

Simone Meisha and Regina Vanriel both saw the night as "overall a great success" and expect that "next year should be an even bigger turnout."

The great King Solomon entreaties us to train up our young people in ministry, for when they grow it will not depart from them neither will it depart from it. [Proverbs 22:6]

The SEC Teens department's vision is to consistently hold similar events with the aim of developing teens to be Godly musicians and performers, and also with the vision of them leading our Church's Music department for the next generation.

See more photos and enjoy video clips on the SEC Teen Ministries Facebook page.

[George Osei-Bonsu]
HEALTHY STUDENTS FIRST TO GAIN HEALTH AND WELLNESS CERTIFICATE

Students enrolled in this summer's Certificate in Health and Wellness at Newbold College celebrated the conclusion of this year's programme at a special dinner with lecturers and other guests on Wednesday, 12 August. For five of the fifteen students, the event was also a celebration of their completion of the two consecutive summers' worth of formal class sessions required for the certificate.

Modules within the Certificate in Health and Wellness were delivered by renowned Adventist health professionals. The summer 2015 programme included Dominique Wakefield (Director for University Health and Wellness at Andrews University), Daniel Seniuc (Health director for the Romanian Union), Dr Per de Lange (adjunct teacher in public health, nutrition, and nursing at the University of Agder, Norway, and former Health director in the Norwegian Union), and Dr Fred Hardinge (Associate Health Ministries director at the General Conference) who each also delivered a free health and lifestyle lecture for the public as part of the summer programme.

Dominique Wakefield, who is also a certified personal trainer, taught a summer module in Fitness Enhancement and gave a free seminar on 'The Sitting Disease: Cause, Effect and Cure' in which she discussed the effect that sitting for long periods of time has on our bodies. "The joints, muscles and every part of our body is built to enhance movement", she said. Wakefield also went on to explain the link between sedentary behaviour and diabetes, heart, liver, kidney diseases, premature death, asthma, arthritis, some cancers, and poor general health.

Daniel Seniuc taught a module in Natural Therapies and also presented on the topic 'Depression: Treatment and Prevention through Lifestyle Medicine'. Seniuc highlighted the success of lifestyle medicine in treating depression, a process that involves good nutrition, exercise, fresh air, good thoughts, not sitting too long, enough sleep, use of natural therapies and living a hopeful life.

Dr Per de Lange, who taught the module Wellness Programmes this summer also gave a free
presentation on 'Sustainable Development, Lifestyle, and Health'. During this lecture Dr de Lange shared the history of the deterioration of our environment due to man's self-destructive tendencies. "It is devastating to see great amounts of grain, which could potentially feed the whole world, being fed to animals in order to meet the global consumer market", he said. Dr de Lange also discussed the cruelty practiced by meat producers in their efforts to meet the demand, and suggested that the audience might like to consider becoming vegetarian for this reason as well as for health reasons.

Dr Fred Hardinge, who is also a registered dietitian, taught a module on Health and Fitness Evangelism. Dr Hardinge's free lecture was on 'Rest, Sleep and your Health' and highlighted the importance of sleep. He explained how sleeping for eight to nine hours a day can improve performance, mental health, and reduce the risk of diabetes, obesity and a short lifespan. Dr Hardinge also shared ways to help sleep better. "Learn to value sleep, have a regular sleeping routine, a comfortable but firm bed, keep it cool and dark, exercise appropriately every day, and put your trust in God", he advised.

The five students who completed this programme in the summers of 2014/15 are now equipped to return to their churches and communities to share the Adventist lifestyle, including the benefits of a vegetarian lifestyle and of regular health and fitness.

One of the five, Pastor Jonathan Barrett, who ministers at the Stevenage and Welwyn Garden City Community churches, said that for him the highlight of this summer's programme was the Health and Fitness Evangelism module with Dr Hardinge. "I learnt so much about what works and what doesn't", he said. "I feel much more equipped to minister in the area of health as a result."

"I am delighted to mark the culmination of two summers' work by the first cohort of students completing the full certificate", said Dr John Baildam, Newbold College Principal. He now looks forward to a 2016 welcome for the ten who started the programme this summer as well as brand new participants. "This is such a valuable resource for our Church and I encourage everyone to benefit from it", he stated.
Newbold's Certificate in Health and Wellness runs for four weeks every summer, and can be completed over two consecutive summers. Find out more and apply online at www.newbold.ac.uk/health-and-wellness.

[Judith Makaniankhondo]

LONDON GHANA ROOTED IN COMMUNITY

The London Ghana Adventist church organised a route march within the surrounding area of their church to draw the attention of local residents to both the existence and activities of the church. The march which covered a distance of about two miles took members one-and-a-half hours.

Accompanied by brass band music, over four hundred members of the church led by the two pastors, Joojo Bonnie and Fergus Owusu-Boateng, and along with members of the choir, the singing band, the youth, Pathfinders, and even the aged, marched on Sabbath, 8 August.
Residents could be seen peeping through their windows as the loud sounds from the members approached their area. Others enthusiastically joined with the group in the march. Tracts and Adventist literature was distributed to over 100 homes and members also engaged in conversation with some of the residents, sharing the Word of God with them. They were also taken through the activities of the church and were invited for worship and fellowship.

Speaking after the event, the second time it has happened, Pastor Owusu-Boateng hinted that it is likely to become an annual event, reminding residents of the activities provided by the church. He strongly believes that "the church cannot be isolated in the community in which it is situated." He commended the members for their participation.

That thought was put into practice a week later as the church organised a health expo for the residents. This also attracted a large number of people within the catchment area of the church. Residents both received health screenings by health professionals within the church, but also had an opportunity to enjoy music and sample food from around the globe, while also having an opportunity for prayer.

[Nana Sifa Twum]

SEC SESSION REPORT BOOK NOW ONLINE

With only two weeks to go before delegates from across the South England Conference gather together at Warwick University for their quadrennial session, the report book which has already been distributed to delegates, has now been made available online.
If you want a glimpse into the work and mission of the SEC over the past four years, a look at growth statistics, or the views of outgoing president, Pastor Sam Davis, then enjoy the online report, *A Waiting World, A Willing Church*. If you have comments on the report, you may even want to talk them through with the delegates from your local church as they prayerfully prepare to focus on the mission of the SEC, 3-6 September 2015.

[SEC Communications]

**ANIMAL ENCOUNTERS**

Tune into Revelation TV or visit the Hope TV website or Roku for Animal Encounters, back by popular demand. Watch Adventist programming every Thursday night at 8:30 pm or Sunday lunchtime at 1:00 pm. Coming this week:

**Thursday 20 August 8:30 pm (repeated Sunday 23 August 1:00 pm).** Animal Encounters. Part 8: Gabi, Kezia and Cassila experience God's creation first-hand as they take a second visit to the world of big cats.

**Thursday 27 August 8:30 pm (repeated Sunday 30 August 1:00 pm).** Animal Encounters. Part 9: Fish.

[Victor Hulbert]

**COMING EVENTS** For a full listing of Coming Events please visit [http://adventist.org.uk/events](http://adventist.org.uk/events)

**Continuing to Sunday 23 August:**
[Health Campaign with Dr Chidi Ngwaba](http://adventist.org.uk) at Peckham Seventh-day Adventist church.

**Sabbath 22 August:**
[Rugby Youth Day](http://adventist.org.uk). A day of drama, music, food, games and worship. Rugby Seventh-day Adventist Church, 40 Hilmorton Road, Rugby, CV22 3LB.
'The One' – Qualities to look for in a potential spouse. Time: 16:30 - 19:00. Venue: Blessed Hope SDA Church, Priory Hill, Dartford, Dartford, DA1 2ES.

Sacrifice, Service and Praise. An ADRA fundraising concert at the Advent Centre, Brendon Street, London, W1H 5JE. Tickets £5.00. Early bird offers online.

Sunday 23 August:
Area 7 Sports Day. Registration Form: http://goo.gl/forms/TqHFGf5lNJ. Check link for full details. Time: 13:00 - 18:00. Venue: Stockwood Park Athletics Centre, London Road, Luton, LU1 4LX.


Wednesday 26 - Sabbath 29 August:

Sabbath 29 August:
Final Call Productions fundraiser in conjunction with Kennington Fellowship.

Thursday 3 September:
Vegucated – London showing of a film that is part comedy, part educational, looking at the lives of 3 meat and cheese-loving New Yorkers who choose to go vegan.

Thursday 3 - Sunday 6 September:
SEC Session 2015. The 62nd Session of the South England Conference will take place at Warwick University. The Session Report Book can be downloaded here in PDF format.

Friday 4 September:
Children of Ishmael and Adventist Relations. Friday night seminar at Newbold College. Additional presentations on Sabbath 5 September during worship services.

Sabbath 5 September:
Ziulini School – making the dream a reality. Fundraising concert based in Birmingham.

Sunday 6 September:
Sabbath School teaching and training certificate, part 1. Part of the Newbold Centre for Christian Leadership training programme.

I am getting there. A musical comedy with a positive purpose. How would your journey to heaven be if you were on that special train? (Repeated Sunday 13 September.)

ALSO: Book your diary and reserve your seat for a very special ADC 70th Anniversary Day of Fellowship, Sabbath, 26 September 2015 at The Gaumont State Theatre, 197-199 Kilburn High Road, London, NW6 7HY.

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SMALL ADS

THE LONDON VEGAN EDUCATION MEETUP group has been specially created to reach the unchurched with the health message (the right arm of the gospel). The group is free to join and is also open to church members. Join this group now at http://meetu.ps/2LMXjs. The group will have lots of events including: Vegan cooking demonstrations, film screenings, food information seminars, vegan parties and vegan business owners networking. For more information contact
Susanne Kirlew at susannekirlew@icloud.com.

AU PAIR OPPORTUNITY. Vanessa, a 20-year-old girl from Denmark, is looking for a family where she can be an au pair starting this autumn, preferably working with children aged 5+. She is also happy to help with housekeeping duties. For more information contact Vanessa.Hansen@outlook.dk.

JOB VACANCY. Librarian needed, Stanborough School. 1 year temporary position. Closing date, 2 September 2015. For more information about this and other jobs, please visit the Job vacancies page.

BUC News is a weekly news bulletin produced by the Communication Department of the British Union Conference of Seventh-day Adventists. Items for inclusion should be sent to <bucnews@adventist.org.uk> and need to be received by 6.00 pm on Wednesday. Coming Events should be submitted via the on-line form at: http://adventist.org.uk/events. The editor reserves the right to modify articles received to make them suitable for inclusion. The views expressed in this bulletin do not necessarily reflect the views of the Seventh-day Adventist Church, though we try to ensure that they do. You are free to re-print any portion of this bulletin without the need for special permission. However, we kindly request that you identify BUC News or other sources.

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