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As you contemplate the transitions of your own life, your church can help in planning for your loved ones, and in making smooth the transition from one generation to the next. Your local conference Trust Services department is able to provide helpful estate and gift planning information with a special sensitivity to our faith. It’s not just for the wealthy or the seniors. Throughout the cycles of life, it is important to learn and understand your changing financial needs, how to build security, how to protect and care for your loved ones, and how to sustain the causes that you support and believe in during life.

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We make many excuses for not having a will: “I’m too busy,” “I don’t have many assets,” “It’s too expensive,” or “I don’t plan to die any time soon!” If you really care about your family and your loved ones, take the time to prepare a will. Those familiar with the law tell us that a will is an important component of a person’s estate planning—whether or not the person has assets at the time the will is prepared. A simple will, properly prepared and executed, is not really expensive.

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Since the Columbia Union is celebrating a centennial, we thought it fitting to highlight our 100-year-old members. In response to our appeal, we learned about 12 Seventh-day Adventist centenarians living in the eight conferences that comprise our territory.

In this issue, you’ll learn about their lives, careers, and families, how they became Adventist, how they spent their free time, and what they believe has helped them achieve longevity—everything from walking and praying every day to eating chocolate cake every day!

This month, we salute:
Laura Cheatham
Veeriah Chedalavada
Robert Crouch
Violet Greene
Geneva Hitch
Leo Hogendorp
Rebecca James
Lula Jones
Glenn Lemon
Kathryn Richardson
Bernice Robeson
Ralph Snideman

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On the Web
- Podcasts – LaVerne Henderson talks with Hamlet Carosa about the state of education and with Walter Carson, JD, about wills and trusts.
- Videos – Don’t miss “Celebrating a Century,” a documentary-style look at our history.
- Blogs – See where we go, what we do, and who we meet along the way!

www.columbiaunion.org

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New Union Vice President Elected

The Columbia Union Conference Executive Committee recently elected Frank Bondurant to serve as vice president for Ministry Development, effective this summer. In this role, recently vacated by Monte Sahlin, he will continue the work of Metro Ministries and assist conferences with church planting, lay training, evangelism initiatives, young adult ministries, and other ministry activities. “Frank brings rich experience in coordinating numerous conference initiatives in discipleship and evangelism,” says Columbia Union president Dave Weigley. Bondurant, a Columbia Union member nearly all his life, was born at Washington Adventist Hospital (WAH), in Takoma Park, Md. While completing his BA in Theology at nearby Columbia Union College, he worked as a student chaplain at WAH. Next Bondurant earned a Master of Divinity from Andrews University (Mich.). He pastored for 11 years in the Chesapeake Conference’s Baltimore First, Towson, Brooklyn, Linthicum, and Berkeley Springs churches. In 1996 Bondurant joined the conference staff as communication director, Adult Ministries, Adventist Community Services, and evangelism director. Assistant to the president was his most recent role. “I have deep roots here,” says Bondurant. “The union has made an investment in my life, and I see this as an opportunity to give back.” For 23 years he has been married to Stacey, whom he met at a Chesapeake camp meeting. They are the parents of Grace and Grant.

New Unionwide ACS Coordinator Chosen

Minnie McNeil has accepted the invitation to serve as the Columbia Union Conference coordinator for Adventist Community Services (ACS). McNeil, who will continue in her role as director of ACS, Inner City, Prison, and Women’s Ministries for Allegheny East Conference, was selected by her peers in the union’s eight local conferences. She will serve the remainder of the current five-year term, which ends in 2011. McNeil is known for her dedication to community services. She and her husband, Andrew, founded the Atkinson Memorial Center, a homeless shelter and transitional housing facility, in Coatesville, Pa. A certified ACS Disaster Response trainer, McNeil played a key role in the wake of Hurricane Katrina by helping survivors form the National Association of Katrina Evacuees. The former public health nurse also taught community services and public health seminar. “Jesus declared us to be the ‘salt of the earth,’” she says. “We must be a symbol of His presence by giving hope in an environment of hopelessness, providing comfort in the midst of daily storms, and representing His love and reconciliation.”—Monte Sahlin

Columbia Union Members Honored

William G. “Bill” Robertson, president and CEO of Adventist HealthCare, was given the American Lung Association of Maryland’s inaugural Breath of Fresh Air Award by Catherine Leggett (center), the first lady of Montgomery County, and Kathy Fowler, medical reporter for Washington, D.C.’s ABC television affiliate. “Adventist HealthCare is going all tobacco-free in November, and we felt it was fitting that with such a bold move, Bill should be our first recipient,” says Terry Weigel, director of Special Projects.

The Communication Services/Visitor staff of the Columbia Union Conference recently received three awards from the Religion Communicators Council (www.religioncommunicators.org) for the 2006 Constituency Session Report video and 56-page printed edition (pictured), as well as for the Crisis Management Guide for Adventist organizations. “This is the result of hard work and teamwork,” says Celeste Ryan Bylden, communication director and Visitor editor.

“We do our best every day, and every day we see God blessing in return.” During the past five years, the team has earned five communication awards and two art awards for Visitor magazine covers.

New Program Enables Members to Tithe Online

The North American Division (NAD) recently launched Adventist Giving, a free program that enables members to return tithes and give offerings online. “When we began setting up websites for all churches in North America in 2006, the capability for online giving was the most requested feature.”

“Money is great, but if you don’t like your job even money will not get you out of bed in the morning.”—Rennie Battle-Brooks, Columbia Union College commencement speaker, addressing the 2007 class of 111 graduates. Battle-Brooks is the assistant state attorney and chief of the Child Abuse, Sexual Assault, and Endangered Adults Unit in Maryland’s Prince George’s County.

“pread up for Adventist Giving. Stewardship was a primary impetus behind Adventist Giving, so, in conjunction with the NAD’s Stewardship Department, features include information on where and how funds are used. “Outside studies indicate that this feature will dramatically increase overall giving,” Kinsey explains. “We should see significant increases by the end of this year, and perhaps double that amount by 2008.” For more information, or to enroll your church, visit www.adventistgiving.org.

Get more news on the web.

“[The ‘dangerous dream’] that I hold up for you is that every encounter you have with a patient will be framed with the caption ‘God was here.’” —Raj Attiken, Ohio Conference president and this year’s Kettering College of Medical Arts commencement speaker, addressing the 237 graduates of the college’s largest class in its 39-year history.

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**Adventist Radio Stations**

- **WJSS 1330 AM**
  - **Owner:** Ronald Reeves, a member of the Miracle Temple Worship Center in Baltimore; features Christian news talk format and national programs

- **WPAK 1490 AM**
  - **Owner and General Manager:** Stephenson Bynum of the Farmville (Va.) church; features 3ABN programming

- **WRAR 1000 AM**
  - **Owner:** Action Incorporated Board of the Tappahannock (Va.) church; features Adventist and other Christian programming/music

- **WHMN-LP 107.3 FM**
  - **Owner:** Kingston (Pa.) church; features Radio 74 Internationale programming (www.radio74.net)

- **WBBY-LP 100.3 FM**
  - **Owner:** Berwick (Pa.) church; features Radio 74 programming

- **WXNM-LP 95.9 FM**
  - **Owner:** Erie (Pa.) church; features local and 3ABN programming

- **WMCC-LP 105.7 FM**
  - **Owner:** Spencer (W.Va.) church; Manager: Herbert Perrine; features 3ABN programming

- **WBWG-LP 99.1 FM**
  - **Owner:** Fairmont (W.Va.) church; Manager: Gary Knoll; features 3ABN programming

- **WGTS 91.9 FM**
  - **Owner:** Columbia Union College in Takoma Park, Md.; features family-friendly Christian music, sermons, and talk shows

**Adventists on the Radio**

- **“Spirit Alive” on WKTX AM 830 (Cortland, Ohio)**
  - **Hosts:** Pastor Shelvan Arunan, PhD, DD, and John and Ann Luketic of the Warren (Ohio) church; airs Tues., 2-3 p.m.; features a spiritual and psychological call-in conversation

- **“Living Waters” on WPRA Praise 1590 AM (Chester, Pa.)**
  - **Host:** Macopin church in Chester; airs Sun., 11:15-12:15 a.m.; features sermon excerpts and local church events

- **“One Truth Ministry” on WNJX 1360 AM (Philadelphia)**
  - **Hosts:** Nigel Verdell and Isaac Powell from Mizpah church in Philadelphia and Tyrone McMillan from North Philadelphia; airs daily, 8:30-10:30 p.m.; covers fundamental Adventist beliefs

- **“God Loves People More Than Anything” on WGTS 91.9 FM (Wash., D.C., area)**
  - **Host:** J. David Newman, DMin, senior pastor of the New Hope church in Fulton, Md.; airs Mon.-Thurs., 7:30 p.m.; features a two-and-a-half minute devotional with inspiring stories about God’s love for people

- **“The Watchman Media Ministries (TV and Radio) on WFBK 1590 AM (Glen Burnie, Md.)**
  - **Host:** Pastor Charlie Jenkins of the Sharon church in Baltimore; airs Sun., 2:30-3 p.m.; shares God’s last day message

- **“Ondas de Esperanza” (Waves of Hope) on Radio Continental 1930 AM (Wash., D.C., area)**
  - **Host:** Fausto Salazar, Hispanic radio ministry coordinator for Potomac Conference and pastor of the Rockville and Aspen Hill (Md.) Spanish churches; airs Mon.-Fri., 6-7 a.m.; offers comfort and spiritual nourishment

- **“Accion Adventista” (Adventist Action) on Radio Poder (Power Radio) WWGB 1030 AM (Wash., D.C., area)**
  - **Hosts:** José Esposito, Multilingual Ministries coordinator for Potomac Conference; airs Sat., 7:30-8:30 a.m.; welcomes Hispanic newcomers to the Wash., D.C., area and helps them learn about places to worship

- **“Discover the Love of Christ” on WSVG 790 AM (Mt. Jackson, Va.)**
  - **Host:** New Market (Va.) church; Sun., 1 p.m.; features church sermons

**Web Watch**

- [www.capitalthinks.blogspot.com](http://www.capitalthinks.blogspot.com)
- [www.capitalpiensa.blogspot.com](http://www.capitalpiensa.blogspot.com) (Spanish)

Washington, D.C.’s, Capital Spanish congregation created their “Daily Bread” blogs—in English and Spanish—for adults and youth to discuss the Sabbath School lesson. Another blog, “Young Bread” at [www.capitalyouth.blogspot.com](http://www.capitalyouth.blogspot.com), gives youth a place to dialogue about issues and current events. Join the conversation.

**Keeping Score**

8,000
Number of people 100 or older in the U.S. today

18 Million
Number of people expected to be 100 or older in the year 2046

**What You Bring to the Table**

- [www.capitalthinks.blogspot.com](http://www.capitalthinks.blogspot.com) or [www.capitalpiensa.blogspot.com](http://www.capitalpiensa.blogspot.com) (Spanish)

Issues and current events. Join the conversation. www.capitalyouth.blogspot.com, gives youth a place to dialogue about Sabbath School lesson. Another blog, “Young Bread” at **What’s New?**

**Books > Sabbath Reflections**

As a lifetime Sabbathkeeper, Pastor James Wibberding of the Lansdale and Souderton (Pa.) churches feels that at some point he lost sight of how to keep the Sabbath, in spite of his knowledge on why we keep it. In his second published work, Wibberding invites readers to join in a 52-week journey through Sabbath in Scripture.

“I saw a gap in my own understanding of Sabbath,” says the new father about why he wrote the book. “It started as a personal journey … and turned into a tour guide for others.” Sabbathkeeping is a way of life, he notes, but few books have explained “how to experience its richness.”

Order Wibberding’s book at any major bookstore and at most Adventist Book Centers. And keep your eye out for future works, cause he’s caught the writing bug!
Leo Hogendorp was born in Indonesia, September 18, 1906. Baptized into the Adventist Church at 17, he served as a literature evangelist, pastor, preaching evangelist, musician, and teacher before moving to Takoma Park, Md., in the 1950s. While there, he earned a Bachelor of Divinity at the Seventh-day Adventist Theological Seminary (now located at Andrews University in Berrien Springs, Mich.).

For the next 20 years, he worked for the Johns Hopkins University Paul N. Nitze School for Advanced International Studies, in Washington, D.C. While his main duties were in the language laboratory, he also taught Dutch, German, and Malay language courses. He also worked part time at Home Study International (now Griggs University & International Academy) in Silver Spring, Md., developing and grading Bible history, German, and Hebrew lessons.

While semiretired, Hogendorp embarked on another profession—making violins and violas—which he learned at a local violin shop. Today there are about 50 instruments in his personal collection.

In 2003, after 66 years of marriage and two daughters (Irene and Cindy), his wife, Tina, passed away. Now, the longtime member of the Potomac Conference’s Sligo church, in Takoma Park, Md., attends the Chesapeake Conference’s Triadelphia church in Clarksville, Md. He believes that the “signs of the times” are becoming clearer.

“Jesus will be coming sooner than we expect,” he says.

When asked about the reason for his longevity, the grandfather of five and great-grandfather of five explains, “I have been a vegetarian for the last 90 years.”—Cindy Nelson-Possinger

Census information indicates that there are about 8,000 centenarians in the United States. From the response to our appeal, we know that at least 12 are Seventh-day Adventist members in the Columbia Union territory. Who are they? Where do they live? How did they earn a living or spend their free time? What’s their story (everybody has one), and to what do they attribute their long fruitful lives? As we continue to celebrate the Columbia Union’s centennial, we thought it only fitting to celebrate our century-young members too. To them we say “Happy Birthday to you … and many more!”
last year at age 99, Veeriah B. Chedalavada walked 35 miles in one day. He did so because he wanted to exceed his 30-mile record before he turned 100.

Chedalavada’s determination to succeed is characteristic of his life’s journey. He was born January 13, 1907, in Andhra Pradesh, India, where at age 10 he started school, walking four miles each way. “We children didn’t have note-books or slates,” he recalls. “We brought ashes, spread them on the verandah, and traced the lessons with our fingers.”

Then Chedalavada attended a Seventh-day Adventist boarding school in Narsapur and was baptized. As a student, his name was changed from Veeriah B. Chedalavada to Ch.B. Williams. In 1929 he married Shandhamma and headed off to the South India Training School in Bangalore. His denominational career included teaching at his alma mater in Narsapur, eventually becoming the first Indian principal of the school. He also worked as an evangelist, served as founding editor—for 25 years—of Margadarshi (which means “Pathfinder”), a healthy lifestyle magazine in the Telugu language, and managed the cafeteria at Spicer Memorial College.

In 1975 the couple came to Washington, D.C., to visit their seven adult children: Enoch, Baburao, Ardys, Lillie, Hephzi, Edna, and Robert. They stayed, became citizens, and he changed his name back to Veeriah B. Chedalavada. He found work in construction and as an air-conditioning technician. A man of many trades, he has also worked in carpentry, masonry, watch repair, and sewing—making all of his children’s clothing when they were small.

He finally retired, at age 90, to care for Shandhamma, who had become ill. She died in 1997, after 68 years of marriage. Their legacy includes 17 grandchildren and 12 great-grandchildren.

Today this member of the Potomac Conference’s Southern Asian church in Silver Spring, Md., still lives alone and walks 5-10 miles daily. He attributes his longevity to several factors: “I always have a breakfast drink of carrot juice, ginger, and garlic,” he says. “I don’t eat between meals, and I don’t drink with my meals. I rise at 4 a.m. to read the Bible for one-and-a-half hours. And, I always keep a positive attitude.”—Tom Prasada-Rao

“Ralph Snideman, who was born in Creede, Colo., on December 22, 1906. As a 9-year-old, in 1915, he remembers seeing Ellen White’s photo on the cover of the Adventist Review and Sabbath Herald (now the Adventist Review), indicating that she had passed away. As the fifth of nine children, he credits his longevity to “watching what he eats, putting his full trust in the Lord, and paying a faithful tithe.” His family became Adventists through his grandfather’s influence. Snideman graduated from Platte Valley Academy (Neb.) and earned a certificate in business. In 1930 he married Gladys, whom he’d met at church, and they became the parents of Phyllis, Donna, and Elizabeth. He worked in construction and earned 30 cents an hour at a cereal-making company “puffing wheat.” Soon this businessman-at-heart started manufacturing plastic bags. Wanting to provide tuition income for Adventist students, he ran businesses at Campion Academy (Colo.) and Blue Mountain Academy in Hamburg, Pa.

After retiring at 65, he and Gladys volunteered at Shawnee Mission Medical Center (Kan.) and Moberly Regional Medical Center (Mo.). Snideman was volunteering so many hours that Moberly hired him, at age 80. Then he was named “Employee of the Year” at 85!

After 70 years and four months of marriage, Gladys passed away on April 24, 2000. Today Snideman, a resident of a retirement center in Orwigsburg, Pa., provides fresh produce for the staff and residents from his vegetable garden. He also exercises, reads, makes calendars, greeting cards, and bookmarks, and emails several of his seven grandchildren and 12 great-grandchildren.—Edith Galambos

PHOTO: RICHARD HERARD

PHOTO: RICHARD HERARD
Bernice Robeson

Although Bernice Robeson has no children or grandchildren, her great-nieces and -nephews find it hard to believe that she was alive when Theodore Roosevelt was president of the United States. In fact Robeson—born October 29, 1906, in Galeton, Pa.—has lived through the administrations of 18 U.S. presidents.

She’s also lived through many changes in the Adventist Church, which her parents joined when she was 9. “More people are wearing jewelry now,” she observes. “When I joined, it wasn’t allowed.” Robeson, who attended Mount Vernon Academy in Ohio, has officially been a member of that conference’s New Philadelphia church since 1919 when she was baptized.

Until her retirement in 1969, Robeson worked at the Joy Manufacturing Company, operating a blueprint machine. And that’s when things really got interesting. She learned to drive and purchased her first car—a Chevy Impala. There were other “firsts,” such as going to the movies “once” and flying in an airplane.

Though she recently quit driving, “Speed,” as she was nicknamed, still savors life. She attends church every Sabbath, says her favorite song is “Amazing Grace,” and laughs and jokes with the best of them. She also has a sweet tooth and loves chocolate cake so much that she eats it every day and even attributes it to her longevity!—Bessie Mercer

Geneva Hitch

S

he’s a world traveler, a wonderful example of entrepreneurship, and has attended every General Conference Session since her baptism,” says church elder Warwick Hill, talking about Geneva Hitch. The resident centenarian at the Allegheny East Conference’s Emmanuel-Brinklow church in Ashton, Md., hasn’t let age stop her from following her dreams and seeing the world.

“I’ve been to every continent except South America, which I hope to see very soon,” says Hitch, who started a travel agency—Gene’s Pleasure Tours—in 1985. “Coordinating different trips has allowed me to travel all over the world.”

The youngest of 12 children, Hitch was born February 22, 1907, in Baltimore where she attended cosmetology school and started her first business—Gene’s Beauty Salon—in 1935.

Sometime later she joined the Adventist Church, married Harold W. Hitch, Sr., and had two children—Marsha and Harold. She soon became involved, serving as treasurer of Baltimore’s Sharon church for some time. “The Adventist Church has made too many compromises,” she says of the changes she has witnessed over the years. “We’ve let down our standards.”

When asked about her longevity, the grandmother of four and great-grandmother of two says, “Truthfully, I really cannot say, but I’m grateful to the Lord.”—Marsha Hitch

I’ve been to every continent except South America …
Kathryn Richardson
doling out advice like a teacher in class. She’s earned the right to do so; after all, she was a schoolteacher and she recently celebrated her 100th birthday.

Born January 6, 1907, this Pennsylvania native attended Mount Vernon Academy in Ohio where she earned a teaching certificate, got baptized, and met her husband, Robert. Before marrying him in 1925, she taught elementary students in a one-room school in Reading, Pa., where it was sometimes challenging to keep the older boys in line. “Those boys were pretty big,” recalls the petite woman who also raised three children.

What’s her advice on parenting? “It’s important to adjust your view for the time you are living and to adjust your viewpoint to that of your children’s,” she says, dispensing more words of wisdom.

Richardson, who lost Robert after 62 years of marriage, has been a member of Ohio’s Mount Vernon Hill church for many decades. A vegetarian for most of her life, she believes that diet has a lot to do with her longevity and never being sick. Adjusting and growing are also important factors. “Change is good,” she says, sharing one more tip. “It broadens your viewpoint.”

—Beth Durbin

Robert Crouch accomplished a lot during his first century of life. The Ohio native, born January 15, 1907, grew up on a farm with three brothers and a horse and buggy. Shortly after becoming a Seventh-day Adventist, he met and married Gertrude in 1929. Their union produced two daughters, Roberta and Marolynn.

Crouch became a skilled machinist and welder, eventually running his own business. He didn’t have to enlist in World War II because he was the only welder for a 60-mile radius, and his skill was considered essential war work. He also built gas tanks for trucking companies and kept his factories running with steam lines. He became so well-known that prominent Adventist physician Harry Miller, MD, known as the “China Doctor,” asked Crouch to accompany him to China to help build a soymilk factory.

Charter members of the Norwalk (Ohio) church, he and Gertrude—affectionately known as “Grandma and Grandpa Bear”—were Pathfinder leaders during the 1960s. They took the youth to Pathfinder fairs, camporees, and even polar bear camping. “Well into his 90s, Crouch was a willing helper,” says longtime friend and Norwalk member Iverna Fallecker. He spent many hours sawing wooden craft kits for VBS and planting flowers at the church.

Today Crouch, who lost Beatrice in 1992 after 63 years of marriage, has five grandchildren and seven great-grandchildren. He attributes his longevity to a temperate lifestyle and faith in God. “I don’t eat meat, drink alcohol or coffee, and I don’t smoke,” he testifies.—Marolynn Crouch

—Marolynn Crouch
Violet Grevious Greene was born June 4, 1906, in Hillsboro, Ohio. As a young girl she was sent to a Christian boarding school in Kentucky, where she felt the presence of the Holy Spirit for the first time. From then on, prayer became an important part of her life.

Greene had her first encounter with Seventh-day Adventists when adherents came to her door collecting money. In 1945 she attended evangelism meetings and joined the Adventist Church. From then on she loved witnessing, giving out literature, and serving as a deaconess.

These days the Cincinnati resident, who worked as a seamstress and shirt maker and made her own clothes, lives in the Shiloh Adventist Garden Apartments. She attends the Allegheny West Conference’s Shiloh and Maranatha churches, and the Ohio Conference’s Clifton Avenue church. She still does her own banking and will sometimes take the city metro when her “chauf-feurs”—cousin William or friend Sharon—are not available.

What’s the secret to her longevity? “Healthy cooking,” she says. “I steam my vegetables to save the vitamins, minerals, and nutrients.” Greene also credits her simple, humble lifestyle. “I never chased after the riches of the world,” she notes.

Greene, who was married and has a daughter, Portia, has just two wishes: “The Adventist Church needs more love,” she says. “We don’t love one another. Also we need to let people know the devil is real; we don’t talk about the impact of spiritualism anymore.”—Patricia Lindsay Anderson

Rebecca Rosemond Fountain-James, born January 22, 1907, has dedicated her life to education. After completing high school in Richmond, Va., she matriculated Washington Missionary College (now Columbia Union College in Takoma Park, Md.) and Emmanuel Missionary College (now Andrews University in Berrien Springs, Mich.). She taught at several Adventist schools around the Columbia Union in Charleston, W.Va.; Dayton, Ohio; Philadelphia; Baltimore; and Norfolk, Va. Public school systems in Virginia also benefited from her expertise.

Fountain-James was baptized at 23 and married Moses Alexander James Sr. at 26. Their two sons, Moses Alexander James Jr. and Julian Pierpont James, are now deceased. The dedicated local church leader has held several offices, including Sabbath School superintendent and treasurer. As a Bible worker, she assisted many distinguished ministers such as George Rainey, Robert L. Bradford, W.A. Thompson, William C. Scales (Sr. and Jr.), and Milton Thomas with evangelistic efforts.

Today the Richmond resident and great-grandmother of eight attends the Allegheny East Conference’s Ephesus church. To satisfy her thirst for knowledge, she enjoys reading the Bible and the Richmond Times Dispatch.

Fountain-James contributes her longevity to obeying and trusting God. Each day this prayer warrior asks the Lord to use her to bless someone. “Putting faith in the Lord can bring a person through anything,” she testifies.—Rosalyn James

Putting faith in the Lord can bring a person through anything. He’s an avid reader. She enjoys solving puzzles. She loves writing and reciting poems. And at 104, this mother of four, grandmother of six, and great-grandmother of 15 sometimes rides the bus to run errands. Until recently she also volunteered at the local senior center. “I didn’t go there to play games, I went to help those old folks!” she says. “Some of them could hardly feed themselves, so I helped them, cleared away their dishes, and cleaned up afterwards.”

She is Lula Hazel Walker Jones, and they don’t call her “sunshine” for nothing. Her positive attitude is infectious and her still-sharp memory is impressive. Recently, at the birthday party for a fellow centenarian, she thrilled everyone by reciting a poem from memory.

Jones, the second of six children, was born in Chesterfield County, Virginia, on May 20, 1903. Through the years, she was employed as a factory worker, housekeeper, and home health aid. Before he passed away in 1967, Jones and her husband, Sidney, were married 40 years and had four children: Nathaniel, Sidney, Queen, and Rosa.

Today Jones, who joined the Seventh-day Adventist Church in the 1970s, still attends the Allegheny East Conference’s Ephesus church in Richmond, Va. She attributes her vitality and longevity to her love for—and deep faith in—God. “His grace and mercy have kept me all these years,” she beams. Indeed, He has.—Mike Davis and Althea Henderson

I didn’t go there to play games, I went to help those old folks!
Glenn Lemon’s ancestors emigrated from Five Mile Town in Ireland to Canada, Nebraska, and Wisconsin. The clan left such an impact in the area near Tunnel City, Wis., that is it now known as “Lemon Valley.” Today the jet setter’s love of travel has taken him across the United States, Canada, Ireland, and Europe.

“I’m a firm believer in God and following our church standards in caring for our bodies,” says Lemon. Born December 5, 1905, in Elks City, Neb., he grew up in an Adventist family of three girls and three boys.

Lemon married Lillian “Beatrice” in 1930, and they had six children—Doris, Roy, Cecil, Vivian, Duane, and Beverly. Their children were all educated at Adventist schools and remain active church members.

In 1995, just four months shy of their 65th wedding anniversary, Beatrice died. Today their family has 120 members. Lemon is the oldest, and great-great-granddaughter Madison Isabella Wade, born in March, is the youngest. Ever the joker, his hilarious stories and sense of humor keep the family in stitches.

In 1998, at age 92, Lemon married Frieda Wangerin. Although 13 years younger than Lemon, she died in February 2006.

Today he attends the Atholton church, in Columbia, Md. “In earlier years, spirituality was better and there was more reverence,” says Lemon, describing how the Adventist Church has changed. “Also, the biblical signs are more evident.” Atholton pastor Steven Jencks says two of Lemon’s greatest beliefs are “personal devotional time and Christian education.”

At Lemon’s 101st birthday celebration, President George W. Bush sent personal greetings and congratulations, as did Adventist World Church president Jan Paulsen. Don Schneider, North American Division president, and a family friend, came by with personal good wishes.—Ingrid Lemon
Profiles in Caring

Roadways of Change

The two driving forces behind the change at ADRA are: increased awareness of the need and increased support for the cause. The increased awareness has been achieved through various campaigns and initiatives that have raised awareness of the challenges faced by communities in need. The increased support has come from individuals, organizations, and governments who have contributed resources and funds to support ADRA's work.

The current situation presents both opportunities and challenges. On the one hand, the increased awareness and support provide a solid foundation for continuing the work. On the other hand, the challenges of managing the increased scale and complexity of operations require careful planning and execution.

New Business Manager
ADRA International is seeking a creative, self-motivated individual to join our Planning Team. The ideal candidate will work to find new funding opportunities through partnerships, planning, proposal development, and networking.

Apply today to join ADRA!
Juan in a Million

Four years ago, Juan M. Hernandez became the first adult renal transplant patient to receive a kidney donated from a deceased, brain-dead donor.

The Heart of the Matter

Her kidney came from a woman who died in an auto accident. The hope was that her kidney would function as long as it could.

Worth a Thousand Words

Marilyn H. Bedard, 51, has been a registered nurse for 27 years. She has worked at Adventist Medical Center for 17 years. She has been a nurse in the ICU for the past 13 years. She has worked as an RN in the Emergency Department for the past two years. She is married and has two children.

Full Circle

In December 2003, Mary L. Appel was admitted to Adventist Medical Center for treatment of breast cancer. She had undergone a mastectomy and chemotherapy. She was referred to the hospital's radiation therapy department for additional treatment. She underwent several sessions of radiation therapy, which helped reduce the size of her tumor. She is now undergoing chemotherapy to complete her treatment plan.
Baltimore Academy Breaks Ground for Gymnasium

Baltimore Junior Academy (BJA) recently hosted a groundbreaking ceremony for its new gymnasium. Guests at the ceremony included Councilwoman Sharon Middleton (6th District) and Lillian Sydnor, Park Heights Neighborhood Association president. The gymnasium project is an effort being supported by six Baltimore-area Adventist churches led by Sharon church pastor Charlie Jenkins. Each church pledged their support to the project, which—together with a loan from the Columbia Union Revolving Fund—will make it possible for the students to have an adequate physical education facility. It will also continue to facilitate community projects. BJA is also the current home to the Garden of Prayer, a new congregation formed last summer after a community evangelistic effort in its neighborhood. Since its inception in 1915, BJA has educated more than 12,000 students.

Van Donated to Fourth Street Soup Kitchen

A new van was recently donated to the Fourth Street Friendship church in Washington, D.C., to help with the outreach efforts of the church’s soup kitchen. The donation was made by Thomas L. Blair, founder of HealthExtras and chairman of the Board of Directors of both FedMed, Inc. and United Medical Bank, F.S.B. Blair is a long-time personal friend and colleague of Jesse Reaves, soup kitchen board member and former pastor of the Fourth Street Mission. When Blair contacted Reaves to inquire about the needs of the soup kitchen, a van was mentioned. Soon Reaves and his wife, Mary, were being called to pick up the van. What they didn’t expect was that the van was not only brand new, it was also already painted with the name of their church. God surely answers all prayers.

Sharon Ministries Unite for International Day of Prayer

The Men’s and Women’s Ministries departments of the Sharon church in Baltimore recently joined forces to host the church’s first collaborative International Day of Prayer. The event was spearheaded by Women’s Ministries leader Devora Vinson, who partnered with Men’s Ministries leader Rupert McDonald to make it a reality. They led a full day of services dedicated to prayer. The program started with an early morning continental breakfast. There were hymns of praise, devotional readings, testimonies, and prayer requests. This was followed by a short season of prayer, a sermon, and closing remarks before members departed for Sabbath School. The evening program was even more spectacular. It followed the same order of service, but ended with every member holding hands as they closed out in prayer.

One blessed member said, “It was refreshing to come together like this and break bread as a family.” Another said, “We used to do this at the old church and it was nice to have it back. I think we should do it more often.”

Marcia D. Omondi
United in Christ Youth Bake Cookies With Love

Youth members of the United in Christ church in Baltimore recently took part in the 19th Annual National & Global Youth Service Day, directed by Baltimore Adventist Community Services (ACS). With assistance from adult members, the youth put their love into baking cupcakes and more than 150 cookies, which were later delivered to homebound HIV/AIDS and breast cancer patients connected with Moveable Feast, a meal delivery program in Baltimore. Baking cookies has become a ministry of the church through an idea spearheaded by members Wilhelmina Edwards and Terry Black, church ACS director, who help provide the homemade dough for such projects. The youth also baked the homemade dough into cookies last Thanksgiving for the city’s less fortunate.—Beth Michaels and Goldie Louis

Capitol Hill Celebrates Multicultural Worship

The Capitol Hill church in Washington, D.C., recently hosted a month of multicultural worship services. The event was planned and organized by Michelle Riley Jones, minister of music and worship arts. “In 2005 I read a wonderful article by J.H. Zachary in the fourth quarter Sabbath School lesson of a young Jewish girl who was baptized into the Beth-El Shalom congregation of Seventh-day Adventists (Fla.). I had no idea there were Adventist Jewish congregations, let alone 13 of them!” said Jones. The article gave rise to the idea of exploring other cultural expressions of faith and trust as they sought to build relationships with their Jewish neighbors.

During the third Sabbath, the worship cultures of Europe and Latin America. The multilingual service was presented in Spanish, Portuguese, German, and French, and featured the Brazilian Adventist Youth Choir of Hyattsville, Md. The second Sabbath heralded Jewish/Adventist traditions with a service of reading and singing the Psalms, with a special focus given to God’s gift of the Sabbath. Literature from the Institute of Jewish-Christian Studies at Andrews University (Mich.) was provided to the congregation as they sought to build relationships with their Jewish neighbors.

Black history facts in the Adventist Church were provided, and the congregation focused on its local community service work, as well as their recent mission trip to Tanzania.

The last Sabbath punctuated the rhythms of the Caribbean with a performance by the church’s steel orchestra. Members focused their attention on religious liberty with guest speaker Barry Black, chaplain for the U.S. Senate.

Correction

It was incorrectly stated in the April edition of Exposé that the Garden of Prayer church in Baltimore was born out of a four-week crusade held last summer by all of the Seventh-day Adventist churches in the city. The crusade, in fact, lasted nearly eight weeks, resulting in the baptism of 104 souls. Evangelist C.B. Gentry, senior pastor of the city’s United in Christ church, led the crusade. We regret the error.

Ramah Junior Academy Walks for Cause

Ramah Junior Academy (RJA) in Cleveland picked the best day of spring to walk for the March of Dimes, just to discover that hundreds of other Clevelanders had the same idea. Thirty-one faculty members, students, parents, and friends of the school walked the entire five miles of the downtown area. For some students, it was the first time they had an opportunity to view the beautiful Indian’s baseball stadium. For others, it was much-needed exercise for the week. For most participants, it was just wonderful sharing time with friends and loved ones, a chance to really enjoy each other’s company. The best reason for the walk was for RJA to give time and commitment back to their community. Faculty and staff appreciate everyone who helped fill the gleaners with dimes and quarters. As a result, RJA raised $155.63 for the benefit.

Next year the school leaders hope to have more participation from its six constituent churches and student body. They look forward to next year’s walk and hope to raise more for this worthy cause in Cleveland.—Mary Conwell

Church Officers Participate in Training

The mission of the Allegheny West Conference (AWC) is to “Evangelize, Empower, and Educate.” The conference administration set out to enact that mission through recent training sessions offered to its church officers. Training sessions were held in Roanoke, Va., Columbus, and at the campground in Thornville, Ohio, where the officers could receive education and resources related to their duties. Donald Burden, DMin (pictured), AWC ministerial and youth director, opened the sessions with a morning worship thought where he encouraged each leader to take on their responsibility for the glory of God.

There were several special guest presenters. Celeste Ryan Bylden, assistant to the president for communication for the Columbia Union Conference, and Beth Michaels, associate editor for Visitor magazine, shared the new and exciting features the Columbia Union is now providing on its website. They also presented workshops to church communication directors.

Damin “Chip” Dizard, co-creator of Absolute Presence, and Lorren Nelson, helpdesk technician for AdventSource, reported on the new Web initiative of the North American Division (NAD)—Adventist Church Connect. Washington Johnson II, DMin, marketing director for the Review & Herald Publishing Association in Hagerstown, Md., shared how to involve church members in Personal Ministries. His wife, Joyce Johnson, PhD, presented creative ways to involve children’s Ministries. Carol Bearce from Charleston, WV, and Cindy Washington, member of the Ephesus church in Columbus, presented much needed information on strategies to develop Health Ministries in the church. Alfred Johnson II, director of Adult Ministries for the NAD, presented ways to engage the church in Sabbath School and to develop a program everyone will want to attend.

With the training, conference leaders are now better equipped to perform their duties within the church, and to help their congregations evangelize the world.

Regina Hayden, member of the Bladenburg (Md.) church, designed this beautiful banner for the special month of multicultural worship services recently celebrated at the Capitol Hill church in Washington, D.C.

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Alpha and Omega Youth Learn Better Living

The Alpha and Omega church in Warren, Ohio, and Pastor James W. Davis recently hosted Youth and Temperance Day, giving the leadership a chance to educate their young people about better living within the community and church. Youth leader Kevin Agee and temperance leader Michael Callion organized the special day.

Fred Boseman, elder at the Glenville church in Cleveland, was the keynote speaker for the special service. His theme was “Destined for Greatness, Are You Ready?” His wife, Linda, brought her puppet ministry. Charita Boseman, assistant director of wellness for Sears and K-Mart in Chicago, educated the young members about STDs and drugs. Karen Foster, an account coordinator for Point.360 in Chicago, addressed the issues of confidence and self-esteem.

The church’s children’s choir, under the direction of Barbara Davis, as well as special guest Lauricia Jones, a Cleveland Glenville church member, provided special music for the day.

Conference Hosts Area-Wide Youth Federation

Young people from across the conference gathered in Pittsburgh at a local high school recently for Youth Federation, a day packed with spirit-filled events. During Sabbath School, the young people were engaged in thought-provoking and life-changing workshops. One was presented by Ruth-Ann Mosby, member of the Ethnan Temple church in Wilkinsburg, Pa., who discussed leadership, values, skills, and competence. Pastor Steve Valles and his wife, Carla, of Ohio’s Twinsburg and Park Street (in Oberlin) churches, divided the group by gender and shared the importance of recognizing and taking responsibility for one’s actions. The adults enjoyed a traditional Sabbath School lesson led by Pastor Brandon White of the Pennsylvania Conference. The worship service was filled with music by Pittsburgh youth, followed by the morning speaker, James Black (pictured), Youth Ministries director for the North American Division. He encouraged the youth to stay in church and stay connected with God. He challenged the adults to never give up on their children. In the afternoon, Black presented the state of our youth, pointing out the necessity for prayer conferences and events and the need to educate the young people about better living within the community and church. Youth leader Kevin Agee and temperance leader Michael Callion organized the special day.

Guest speakers Charita Boseman (left) and Karen Foster discuss drugs and self-esteem during Youth and Temperance Day.

Holy Spirit “Rains” on Conference Evangelism Rally

It was a sunny, cloudless day recently when more than 350 church members from more than 40 Chesapeake churches gathered at the Atholton church in Columbia, Md., for a conference-wide evangelism training rally. Extra seating had to be brought in to accommodate the eager crowd.

Contrary to the weather, the theme for the afternoon was, “Let The Rains Come.” Conference evangelism director and rally coordinator Frank Bondurant likened the current condition of the world to the days of Elijah. He said to attendees, “There is a great spiritual drought in our world and in our churches. We as a people are dry, and we come from dry churches, but God has promised that in the last days He will rain down His Spirit upon us. Let the downpour begin right here and now.”

The afternoon featured speaker was evangelist Ron Halvorsen, Sr. (below). He powerfully pressed attendees with three questions: Where is God? Who am I? What am I supposed to be doing? Following Halvorsen’s energetic sermon, participants joined one of six seminars. Atholton church members provided a delicious light supper. Then the crowds returned to the sanctuary to be inspired by the powerful preaching of Walter J. Pearson, Jr. (right), the director/speaker for Breath of Life Ministries and general field secretary for the North American Division. Pearson, who suffered a severe stroke a year ago, shared intimately from his own recuperation experience about God’s goodness. He powerfully brought home the fact that “We as Christians are part of the franchise that will bring people back to God. We are not ordinary people; we are ambassadors for God.”

Conference president Rob Vandeman closed the meeting with a stirring challenge to the attendees “to not be content with church as usual but to be willing to make the necessary changes locally so that our congregations will become caring and redemptive communities that transform people.” It was a day of great preaching, inspiring music, and wonderful fellowship. The attendees went home revived and recommitted to sharing the good news. Truly all could witness that the Spirit came down like rain—in a torrential downpour.

Look at the Possibilities

When Jesus asked the man at the pool of Bethesda (John 5) if he wanted to be healed, the man immediately began to complain about his sad situation. Little did he realize that the One who could change his situation was standing at his side. The man was judging the present by the past.

Nothing paralyzes our lives like the attitude of “things can never change.” We need to remind ourselves that God can change things! God can forgive sin and put new power into lives that seem to be utter failures. God can send revival to a church that everybody thinks is dead. God can move into a difficult situation and turn seeming failure into triumph. God makes the difference.

Too often we focus on the problems rather than on the possibilities. We see what we don’t have rather than what we do have. Whether we like it or not, outlook determines outcome. We all have situations that we would like to have changed. What would you do if Jesus stood at your side and asked if you would like to have it made whole? Would you respond with a complaint or an excuse and miss the miracle? Or would you look at the possibilities and, by faith, be made whole?
Training Refreshes Children’s Ministries Leaders

More than 56 children’s Sabbath School and Vacation Bible School (VBS) leaders from churches in the Chesapeake, Allegeny East, and New Jersey conferences gathered recently for a training event. Held at the Chesapeake Conference office, the event was led by Candy DeVore, Children’s Ministries director at the Review & Herald Publishing Association in Hagerstown, Md.

The first part of the training was geared toward Sabbath School leaders of Beginners through Youth divisions. After receiving instruction on the multiple learning styles that children and youth can possess, DeVore divided the attendees into groups. Each group was instructed to demonstrate specific biblical principles in a manner that is consistent with a particular learning style.

The second part of the training focused on VBS leadership. DeVore presented two programs by Group Publishing: “Avalanche Ranch” and “Galilee by the Sea.” Her presentation included step-by-step instructions on how to do each program, including helpful suggestions about using crafts, decorating, creative costing, and songs and music.

“I was pleased by the wonderful turnout of enthusiastic people who are committed to Children’s Ministries,” said Stacey Bondurant, conference Children's Ministries director and coordinator of the event.

For more information on Children’s Ministries and local training events, visit www.childmin.com.

Baltimore Churches Consecrate Community Evangelism

Maryland church members of the Baltimore First, Pikesville, and Dundalk churches recently assembled at the White Marsh church for an afternoon consecration service. Ben Bogess, pastor of Baltimore First; Roosevelt Marsden, pastor of Pikesville; and Sedley Johnson, pastor of Dundalk, along with more than 200 of their members, gathered to dedicate themselves and to spiritually prepare their churches for upcoming evangelistic meetings.

The featured speaker for the special service was Jim Ayer (pictured), vice president for advancement at Adventist World Radio. Ayer challenged attendees to seize the current unique opportunities for soul winning created by world events.

One of the highlights of the service was a graduation ceremony for more than 90 church members who completed the seven-session Evangelism 101 classes taught by Chesly Jourdan, Bible worker coordinator for the General Youth Conference (GYC). Jourdan and the four Bible workers who were hired to follow up with interests generated from the recent GYC presented certificates to the graduates. These workers and their students also shared experiences and testimonies of God’s goodness to them during their work for Him.

Chesly Jourdan (second from right), Bible worker coordinator for the General Youth Conference, poses with Bible workers (left to right) Wendy Granados, Simone Flynn, Kari Bulbs, and Holly DaCosta.

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Faculty Members Given President’s Awards for Service

During the recent graduation ceremony Commencement Service, president Randal Wisbey, DMin, recognized four outstanding faculty members for their commitment to students.

Assistant communication professor Tami Shipovich Hoyt (pictured) accepted the award for her dedication to first-year students as director of the First-Year Experience. The program is designed to help first-year students make the transition from high school to college smoothly, both academically and socially.

Bradford Haas (pictured), assistant professor of English and Honors Program director, received an award for the leadership and direction he has given students in the Honors Program.

Professor Joan Francis, PhD (pictured), is well known around campus for her passionate support of student activities. Wisbey cited her support of several campus organizations and for devotions read before each class. Francis is chair of the Department of History and Political Studies.

Weiss Library director Margaret van Hake (pictured) was recognized for her tenured service to the college. A room in the library will be named in her honor. According to Wisbey, this distinction is well deserved, “for her unwavering belief in this school.” —PR Staff

CALENDAR

June
7-29 Summer Session I
11 Final Exam
24 Placement Testing
25 Early Registration
July
2-27 Summer Session II
4 Independence Day—No Classes, Offices Closed
23-27 Capital Summer Session
Aug. 9

Second Chance Academy (HVA) has top-notch academic, spiritual, and social programs, and I’m committed to giving this educational opportunity to as many young people as possible. I love what it says in 3 John 4, “I have no greater joy than to hear that my children are walking in the truth” (NIV).

I would like to once again encourage readers to think about students you may know who are not currently planning to attend an Adventist academy. Take a moment to pray for them, and take the initiative to talk to them about the possibility of attending HVA. Trust me, you’ll be helping to change lives and shape futures!

Potential Students Encouraged to Visit

Any potential students who are considering attending HVA are welcome and encouraged to visit the campus this summer. They can meet some of the faculty and staff, view the beautiful campus, and learn more about programs offered. For an appointment, please call (301) 739-8480, ext. 221. The faculty is happy to accommodate evening or weekend appointments if necessary.

An admission packet can also be requested and additional information about the school can be accessed at www.highlandviewacademy.com. Applications for the 2007-08 school year are now being accepted, and an entrance fee discount is available to students who register before July 1.
Students Fast for World Hunger

A group of 32 students and faculty recently participated in the 30-Hour Famine, a program sponsored by World Vision. The event is designed to raise money to help combat world hunger and to raise awareness of this global problem.

Participants started the fast on a Friday afternoon and continued until Saturday evening. Students stayed overnight in the HVA gymnasium and spent time praying, learning, and supporting each other for the event’s duration. In addition to fasting, students participated in a variety of activities to learn more about world hunger. In one activity students drew stick figures to represent the 27,000 people dying each hour from hunger.

“Seeing the enormity of paper it took just to draw tiny stick-figure people that would die from hunger in the next few hours really had an impact on the students,” said Stephen Her, Campus Ministries director and event organizer.

Students Spend Break Experiencing the World

Highland View Academy strives to offer exciting opportunities for students who wish to do something different during their spring break. This year the options were a mission trip to Honduras or an educational tour to England and Scotland. Students who traveled to Santa Barbara, Honduras, worked at the REACH International Children’s Orphanage. They ministered to the orphans and helped in some reconstruction projects by painting rooms, building sidewalks, and doing other maintenance projects.

Chad Banks, HVA senior and first-time mission trip participant, said, “The best part of the trip for me was spending time with the kids. I loved feeling like I made their day better.” Students reported that trip highlights included taking some of the children on a hike into the rain forest and cheering them on at a National Park Camporee. The group also donated funds for several area projects: breast cancer treatment for a local woman; a multipurpose pavilion for the local high school; and two small houses for families in need. Trip participants were so affected by the great needs of the village that they “emptied their pockets” at the end of the trip and left another $465 for miscellaneous school supplies.

Another student group headed for Europe, an educational tour organized by English teacher Jennifer Payne. It was designed to bring alive the literature and history students learned about in the classroom.

“My goal was to give students an opportunity to see the world from a different perspective by experiencing a different culture,” says Payne.

Some of the sites visited were Edinburgh, Newbold College, London’s National Gallery, and the Globe Theatre. Students were also fortunate to attend a Good Friday evening vespers program, Evensong, at St. Paul’s Cathedral.

Will You Heed His Call?

The rain and recent events in the Mountain View Conference have led me to reflect on the following thoughts.

Based on Zechariah 10:1 and the spirit of prophecy, rain symbolizes the outpouring of the Holy Spirit just before Jesus returns. “The outpouring of the Spirit in the days of the apostles was the ‘former rain’ and glorious was the result. But the latter rain will be more abundant” (Testimonies, Vol. 8, p. 21).

“Then we have entire, wholehearted consecration to the service of Christ, God will recognize the fact by an outpouring of His Spirit without measure …” (Review & Herald, July 21, 1896).

God is at work in Mountain View. His people are taking possession of the mission and message of the church. We estimate that by camp meeting, nearly 500 members will have committed their time and talents in a united effort to enlarge God’s kingdom in our territory. Outreach leadership teams have been organized in nearly every congregation, each with the number-one priority to reach their community for Christ.

Each team understands that, “It is in working for others that they will keep their own souls alive” (Christian Service, p. 22). A lay revival movement is sweeping over Mountain View, and with this heaven-born movement, the reviving showers of the latter rain are beginning to fall on every active participant in God’s service. The call has sounded forth to Mountain View members, “Who will go now?” In the widening response to His call around the conference, many are laying plans to preach the gospel in their hometowns. The question is, will you heed the call?

Members Encouraged to “Share Him”

Jesus is coming soon—let’s all share the good news as widely, efficiently, appealingly, and speedily as we can,” proclaimed Robert Folkenberg, Share Him Ministries director for the Carolina Conference, at a recent event held at the Spencer (W.Va.) church. The Share Him program is being used to help equip every willing conference member to do the work of an evangelist. “It’s my business to make sure that you have no excuses for not evangelizing,” he preached, “sweeping away lazy excuses for shirking our part in carrying the great gospel commission. With the unanimous and enthusiastic commitment of conference pastors, each congregation heard its minister describe the essential features and advantages of Folkenberg’s well-honed training program that enables every Adventist with a burden for souls to proclaim the three angels’ messages successfully. Pastors gave a call for all interested members who are fully committed to devoting their time, talents, and resources to evangelism to come forward and be introduced to the congregation as its committed evangelists. These volunteers then attended one of four Share Him rallies held this spring in various districts.

The Charleston (W.Va.) church, the location for the first of these rallies, was crowded with about 200 members from churches in the southwestern portion of the conference. Attendees were all ready and primed for the practical training that Folkenberg presented with high energy and enthusiasm. Those who signed up as active participants in the program received the materials they will need to share the gospel anywhere in the world. Mountain View is fully on board with this streamlined, low-cost, and high-commitment approach to evangelism. For more information, visit www.ShareHim.org. To view the Columbia Union Conference’s video about the initiative, visit www.columbiaunion.org.
Sanctuary Lessons Portrayed in Spencer

Robbed in a reproduction of the high priest of Israel’s attire, as he stood beside a beautiful scale model of the Hebrew sanctuary, Darwin Whitman (pictured) started a three-day seminar at the Spencer (W.Va.) church.

For the past several decades Whitman, who lives in Dayton, Tenn., has devoted himself to presenting the rich correlation between the Levitical sanctuary service and the New Testament teachings of the gospel linked with prophecy. His special emphasis on the ministry of Christ as our High Priest, Advocate, and Judge in the heavenly sanctuary gives timely appeal and force to his presentations.

Members and visitors appreciated Whitman’s practical applications to the typological significance of the participants, rituals, furniture, and special services held in Israel’s ancient sanctuary. Holy living, reverence in the house of worship, effective intercessory prayer, ministry to our children, and healthful living were some of the key topics Whitman brought forth from the lessons conveyed in “Tabernacle in the Wilderness.”

Most of the audience heartily responded to Whitman’s closing call for single-minded commitment to God in these final hours of Earth’s history. Whitman left a gift DVD copy of his complete sanctuary series for the church’s future evangelistic use. His time at Spencer completed a tour through other parts of the Columbia Union—Jane Lawaty.

Leadership Training Empowers Mountain View Women

For years Peggy Koch, member of the Charleston (W.Va.) church, cherished a deep longing to serve the Lord full time. Last year the time arrived to fulfill that aspiration. After much prayer and study, Koch felt led to become equipped for evangelism. More than that, she was convicted to help other women achieve the same objective.

Stepping forward in faith, Koch intensively studied materials that enabled her to launch into presenting a comprehensive course in women’s leadership training. Registered participants were required to meet weekly for more than seven months. Among the topics covered in the syllabus for Level I training were communication skills, needs assessments in the local church, problem solving and more. Graduates of this level training were communication skills, needs assessments in the local church, problem solving and more. Graduates of this level training were communication skills, needs assessments in the local church, problem solving and more. Graduates of this level training were communication skills, needs assessments in the local church, problem solving and more.

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Women’s Ministries, budget and finance, principles of counseling, producing newsletters, small group ministries and support groups, reclaiming former members, working with committees and boards, and more. Graduates of this level were Becky Deal, Katherine McCormick, Pamela Phannachitta, Crystal Farmer, and Joyce Yeager. These ladies are all dedicated to conducting public as well as personal evangelism until Jesus comes. Koch will soon conduct an evangelistic series in Point Pleasant, W.Va., to model the way for more sisters and co-laborers in the faith.

Students Challenged By Week of Prayer Speaker

It is no secret that we live in a world that has given itself over to sin. The pursuit of gain and service to self are the motivating factor in so many of Earth’s inhabitants. Adventist academies, Mount Vernon Academy (MVA) included, have been set up, in part, to counteract the negative influence of the world on our children. They also must provide a place for students to be nurtured and grown in a spiritual environment.

But even in this haven, it is of great benefit to have a time to refocus our thoughts and energies heavenward.

To this end, MVA recently conducted its annual Spring Week of Prayer with guest presenter Herb Montgomery (pictured), speaker and evangelist for Light Bearers Ministry. Pastor Montgomery challenged the students to correct their view of God. He explained that with a true understanding of God’s intense love for humanity, with a right concept of His relationship with His creation, and with a correct perception of His attitude of forgiveness, humanity can experience the joy, peace, and love that He offers us.

Student response to the event was overwhelmingly positive. Freshman Michaela Stevenson said, “I really, really liked it. It was nice that he didn’t talk about how to act, but about how to see.” The power was in the simplicity. The students were drawn to a real picture of a God who loves them. The “dots were connected.” Students got the message “that if we focus on how we see God, then our behavior and attitudes will change,” concluded junior Hail Rutambaha.
Mount Vernon Academy extended an invitation to students in grades 7 and up to visit the campus for our annual Academy Days. Visitors were given the opportunity to experience the different aspects of life at MVA. Upon arriving, the guests were organized into small teams and assigned two MVA student ambassadors to assist them throughout their two-day stay.

Students experienced “going to class” where they met the teachers. They also participated in planned activities where they earned points. During the final assembly, the top three teams were awarded prize money for their efforts.

Students were excited about the variety of activities provided, such as a scavenger hunt, an academic bowl featuring a number of mind bender questions. Students in grades 7 and up to visit the campus are quieted. I am to live a life where people can see Him, not me. Through the indwelling of His love and grace within all of us—an invitation to be in His presence. Through the calming surroundings, God brought the outdoors in, with the lake lapping at your toes. I was so drawn to this place that here, too, I found myself in reverent prayer. Calmness, acceptance, and reassurance entered my tired soul. 

“Smart Love,” attracted 15 youth from the church and from other denominations. Both events were a success.—Bob Jackson
Toms River congregation has named their pastor, J. Wayne Hancock, EdD, as “Pastor of the Year.” The church leaders,感动于他在神的召唤下所做的事，认为他的话语有权威，总是给人向上看的天意希望。他鼓励我们把日常经验与神的福音联系起来，帮助我们应用那些强有力的教导。每周他的布道会都吸引许多人，——评论道，“我们只是想让他清楚他所做的事是。”他回头说，“这就是我们要你明白的事，这就是我今年的教训。”

South America was the first to recognize Hancock’s leadership. People to People and Uncommon Men honored him with a bronze medallion for his work in the field of Cognitive Retraining and Uncommon Leadership. People to People and Hancock Foundation. The former leader of China, Deng Xiaoping, presented him with a bronze medallion for his work in the field of Cognitive Retraining and Uncommon Leadership. People to People and China were the first to recognize him as a world-class speaker.

Toms River church head elder Nicasio Alteros, Sr. (far left) presents the appreciation plaque to Pastor J. Wayne Hancock, EdD, (far right), while some church members show their support.

New Staff Welcomed
Monte Sahlin (right) joined the leadership team of the Ohio Conference as director of Research and Special Projects. Coming from the Columbia Union Conference, where he served as vice president for Creative Ministries, Sahlin is a nationally recognized researcher and resource specialist and the Adventist denomination’s leading consultant on community and humanitarian ministries. He has served on the boards of several federal, state, and local agencies, including FEMA and Voluntary Organizations Active in Disaster.

Sahlin has authored more than 20 books and over 50 research reports and articles. He and his wife, Norma, have two married daughters. The consulting services that he will make available to Ohio churches will be a tremendous asset to congregations seeking to have a stronger presence and ministry in their communities.

Andrew Taber (left) also recently joined the conference as technical intern. Taber is a 2005 graduate of Mount Vernon Academy (MVA) with a long-time interest in computers. His understanding of technology was instrumental in his being hired by the technology teacher to help with the computers on MVA’s campus. During his senior year he was placed in charge of all campus computers and the academy website. During his summers, Taber assisted with the video and sound systems at Ohio camp meetings. He was also hired by Camp Moheaven and Timber Ridge Camps to produce videos of the camp seasons. Last summer Kenyon College in Gambier, Ohio, hired Taber to work in their computer department doing website management and developing a new site for the biology department.

For the past two school years, Taber attended Columbia Union College in Takoma Park, Md., and recently graduated with an associate’s degree in general studies. He plans to continue his college studies, working toward a degree in Interactive Media Design.

Lakewood Church’s First Community Breakfast
The Lakewood church recently hosted the first of four community breakfasts they have scheduled for the year. The idea was initiated by the Board of Elders and is organized by member Anita Curtin with the help of volunteer members. A free, all-you-can-eat pancake breakfast with juice and milk is open to the community. Church members greet, serve, and spend time with the visitors, making sure that no one eats alone. Although the weather was chilly, approximately 30 visitors—mostly 30 visitors from the community attended. The church members praise God for the response and positive reaction they received from total strangers who have now become their new friends. —Cliff Wright

Hamilton Spanish Crusade Yields Baptisms
The Hamilton (Ohio) Spanish Mission company recently held a weeklong evangelistic crusade themed “The Last Decision.” Guest speaker for the outreach event was Oswaldo Magana (pictured), pastor of the Cleveland Hispanic church district.

Approximately 40 visitors, in addition to regular church members, attended each night. Attendees were blessed with beautiful music, the Word of God, and many answered prayers. But the most wonderful experience of the event was on the last Sabbath, when 12 people rendered their lives to Jesus through baptism and profession of faith. God’s Word—which He promises will never return empty—was fulfilled.

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Pennsylvania

JUNE 2007

Called to Rescue the Broken

Recently I found myself making small talk with a tow truck operator on the way to a garage as he towed my car. I asked him how he liked his job. "It’s okay," he replied, "but I would rather be doing what I was several months ago." He explained that he had been serving as a soldier in Iraq and that he wished he was still there. When I asked why, he responded, "Because there I had a job to do and was entrusted with the responsibility to do it right. I knew that if I didn’t do my job someone might die."

Friends, each of us lives today in a battle zone. We each have a job to do, and we need to do it in the way that only we can with our gifts and talents. If we don’t, someone may die—eternally. God places each of us in the paths of others who we alone can reach for Christ. If we don’t share the good news, who will?

God sent us to rescue others from the broken down places on Earth. Will you join me in living the mission every day—at work, in your neighborhood, in your home, and in your church?

Equipping University Teaches Community Outreach

In cooperation with the North American Division Evangelism Institute’s (NADEI) ChurchWorks training team, the conference recently held an Equipping University training event. It was the first in a series of scheduled events designed to equip churches with reaching their communities. More than 315 people from across Pennsylvania participated.

"Our goal for the weekend was to equip and key church leaders come together as a team and prayerfully plan how they will be responsible as a district to reach their entire territory for Christ," explained conference president Ray Hartwell.

When Kuranga first started collecting, he was arrested three times for trespassing. Now, however, the police see how helpful he is and will actually call him when there is a trash-strewn lawn, garbage cans, fire pits, etc.

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When Kuranga first started collecting, he was arrested three times for trespassing. Now, however, the police see how helpful he is and will actually call him when there is a trash-strewn lawn, garbage cans, fire pits, etc.
Eleven “amazing women” received special recognition during the recent conference women’s retreat, applauded for their positive impact on others and through making a difference for Christ. Nominated by family and friends, each lady was surprised by the acknowledgment.

Despite a heart attack and dependence on a cane, Paulette Alexander of the Waynesboro church has made a difference in the lives of children for the past 30 years through her leadership of different Sabbath School classes. A member of the Hanover church, Karen Ball was nominated for her consistent Christian support and encouragement to those around her—no matter what trials she is facing.

With a heart for families, Pam Carbaugh was recognized for her leadership in Family Ministries and the Adopt-a-Child Program at the Chambersburg church. Nominated by her husband, Margaret Christian is a busy English professor at Penn State University, but is still active at the Blue Mountain Academy church. “Always smiling” were words used to describe her. Diaz of the Lawndale church who opens her home to others and shares Jesus’ love through her actions and words.

Charlene Eby of the Millfountain church has risen above health problems and developed a ministry at a local nursing home, which continues to thrive. Known for her outgoing personality and smiling face, Leslie Freeman, nominated by her husband, has impacted the lives of children in her home day care for the past two decades. A member of the Harrisburg church, Freeman’s husband writes, “I believe her positive impact on our community lies in the future of the children she watches and the contributions they make as tomorrow’s adults.”

Gettysburg church member Kay Stahl was nominated for “making an impact on her family, church, and work place.” Her courage while battling lymph node cancer and still handling her daily responsibilities, including counseling families with their finances, has been an inspiration to those around her. A member of the Chambersburg church, Dolen Staley was nominated for her courage and perseverance in the way she turned personal struggles into opportunities to impact the lives of others.

Christine Waring from the Hanover church was nominated by her father-in-law who wrote, “Christine is a person of intelligence and integrity, sympathetic, and safe with confidences. Often in prayer for all within her sphere of influence, she exemplifies God’s grace in her life and relationships.” Angie Weems from the Pleasant View church has brought “joy, new life, and enthusiasm” into many of the programs at her church.

Angie Waring died a few days after attending the women’s retreat in 2006. Involved in all aspects of church life at the Hanover church, she was known for her laughter and passion for Christ. “Angie truly revealed Christ to others through her life’s activities. She radiated the light of Jesus in all that she did,” said loved ones who recognized her posthumously.

The lives of each of these women show that its not the “big things” that we do that make the most difference, but the way we live our lives for Christ each day.

**Amazing Women** Acknowledged

**What’s happening**

**June**
- 15-23 Camp Meeting, Blue Mountain Academy

**July**
- 1-8 Adventurer and Family Camp, Laurel Lake Camp
- 5-11 Senior Camp, Laurel Lake Camp
- 8-15 Junior Camp, Laurel Lake Camp
- 10-30 Uganda Evangelism Mission Trip
- 15-22 Teen Camp, Laurel Lake Camp
- 22-29 Teen Camp, Laurel Lake Camp

**August**
- 3-5 Young Adult Rafting Trip
- 8-12 Union Patrfinder Camporee, Atapasco State Park, Md.
- 12 Church Planting Summit

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**Pennsylvania Pen**

**Potomac People**

Eleven women received certificates and roses at the recent conference women’s retreat. They were recognized as “amazing women” for the way they live and impact others for Christ.

**Waynesboro Youth Member Shares Gospel in Brazil**

Sixteen-year-old Kaylin King (pictured with Adrianne), Waynesboro (Va.) church member, could not have been more excited and apprehensive at the same time as she boarded the plane with her parents and brother for Amazonas, Brazil. King was the youngest of nine teens at three venues to preach in Brazil. Although she was to present only one sermon, this was no easy task for someone who had never preached before. “I was completely out of my comfort zone,” she shared, “and was given the monumental task of condensing an hour-long sermon down to 20 minutes.”

Thanks to the help of several pastors and staff members, King was finally ready to preach her sermon about the second coming. She was nervous but prayed that her words would bring people to Christ. With all the transportation issues they faced at her site, it was evident the devil was working hard. But on the night King preached, the church was full.

“I have never seen so many miracles and have never seen God work so personally in my life,” she said. “I preached completely from my heart, and two people made the decision to be baptized. This experience has changed my life forever and made me realize how God can use even me to bring people to Christ.”—Jeanie Allen

**Mission Team Builds Structures, Changes Lives in Brazil**

Potomac Conference Youth Ministries director Denny Grady knows all too well that sometimes the best laid plans don’t happen as anticipated. In the weeks leading up to this year’s Far Out Missions trip, many obstacles surfaced including uncertainty that the materials would be available for the building projects. Even after the 51 participants arrived in Amazonas, Brazil, transportation challenges occurred. “Sometimes our expectations are not in His plans and we need reminding that God is ultimately in control,” said Grady. This year’s trip was unusual because the participants went to the same location as last year.

“It was wonderful to see the seeds we planted a year ago, God had watered and caused them to grow—evidenced by how the people incorporated the songs we taught them into their daily lives,” said Cindy King, a Waynesboro (Va.) church member and previous mission trip participant.

The participants, representing 10 states, serviced three communities and completed a school and church, and started construction on another church. The three VBS teams provided daily programming to more than 200 community children. The medical team, including five doctors and two nurses, made 8 excursions by boat to the surrounding communities and provided many people with free medical and dental care.

This year the youth led out in all of the evening evangelistic meetings. The Lord blessed and 29 precious souls were baptized, including two mission trip participants.—Jeanie Allen

**Potomac People**

JUNE 2007
New District Pastor Welcomed
Dean Waterman, an Illinois native, recently accepted the pastoral position for the Chesapeake district in Virginia, which includes Chesapeake and Portsmouth churches, and Redeeming Grace Fellowship company. Waterman previously served as a pastor in the Minnesota Conference. He and his wife, Jody, a nuclear medicine technologist, have two children: Joseph (5) and Andrea Rose (2) (photographed). Waterman envisions his members understanding God’s will for His church, discovering how to reach their full potential, resulting in renewed passion for mankind and growth through one-on-one outreach.—Jeanie Allen

New Hispanic Coordinator Appointed
José Esposito, former Hispanic Ministries evangelist for Potomac Conference and pastor of the Fairfax (Va.) and Wheaton (Md.) churches, accepted a call to serve as the conference’s Hispanic Ministries coordinator. Esposito succeeds Rubén Ramos, new assistant to the president for Multilingual Ministries at the Columbia Union Conference.

“I am looking forward to working with the Hispanic church initiatives in relation to outreach and evangelism. With the acquisition of the new Adventist Training and Evangelistic Productions Center, I hope to see continued membership growth,” says Esposito, who assumed the position on April 8.

Esposito and his wife, Carmen (photographed), a kindergarten teacher at John Nevins Andrews School in Takoma Park, Md., have three children: Pablo (21), Romy (16), and Melissa (13).—Jeanie Allen

Community Praise Center Receives 2006 eChurch Award
The Community Praise Center (CPC) in Alexandria, Va., was recently awarded the 2006 eChurch Award of the Year. Each year the NAD Office of Communication presents the award to the congregation hosting what is considered by the judges to be the year’s best website within the Seventh-day Adventist community.

CPC’s Web developers are excited about future prospects, including an emphasis on website member interaction, acts of service, networking, and evangelism. Senior pastor Henry Wright remarked how the emergence of websites takes the tape ministry much further than ever imagined. “It is now possible for people to embrace the Adventist message through our web ministry and never step foot in a Seventh-day Adventist church,” he said. “Only eternity will tell how many people we touched.”—Jeanie Allen

New Community Fellowship Marks Third Anniversary
New Community Fellowship (NCF) celebrated its third anniversary to a nearly packed facility at Silver Spring, Md. The event included a free concert by the 220-voice National Christian Choir (photographed), under the direction of C. Harry Causey, DMA. It was four years ago that Pastor Terry Johnson dreamed of launching an evening worship experience for community members searching for a spiritual home, and to offer an alternative style of worship for lost members in need of spiritual renewal. What began as an informal gathering of five people, on a Saturday night in 2004, has grown to a joyful worship celebration with about 400 attendees.

NCF’s newest initiative for 2007 is the Friday evening “home small groups,” strategically located so no one has to drive more than five miles. Bring a friend and expect to be blessed!—Jeanie Allen

POTOMAC PEOPLE
NEWS

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New Year Touts Enhanced Program, Advanced Teachers
Shenandoah Valley Academy (SVA) will provide greater breadth and depth to its curriculum and teaching faculty for the 2007–08 school year. Course offerings will be expanded in virtually every subject area, and 75 percent of our teachers will have completed a master’s degree. Approximately 60 semester hours of college credit will be available on our campus.

We will continue to focus on our number-one objective of spirituality. Seven religion classes, including two that can be taken for college credit through the dual credit program with Columbia Union College, will be available. Three full-time religion teachers/chaplains will be involved in teaching classes and leading in the outreach and inreach spiritual programs. Two new faculty members will join Pastor Tim Harley in the Religion Department: Pastor Bob Van Ornam and Rebecca Lee, MDiv. The English curriculum will be expanded with one new class for dual credit, along with classes and personal assistance for students with learning disabilities. Most students will benefit from our new, full-time special education teacher Jenny Song. She will assist students with improved study skills, tutoring, reading and writing labs, and other academic assistance. Kuniko Maeki will be responsible for our expanded English as a Second Language (ESL) program. Erik Brown will join Deborah White in teaching our traditional English classes.

Mathematics, physics, and science classes will continue to be taught by Tom McNelis and Jonathan Borne. Three classes will be available for dual credit, including College Calculus, Marvin Brauer, MD, a local physician, will teach the anatomy and physiology class for dual credit.

Four new classes, three for dual credit, will expand the social studies program. Don Scolum will teach in this department part-time and devote the balance of his time as guidance and career counselor. Gabrielle Griffin will teach nearly full-time in social studies, and I will teach Personal Economics for dual credit. Business education classes will continue to be taught by Dorenda Dodge, including two for dual credit. She will also be our registrar.

Our foreign language classes will include four years of Spanish, two of which will be available for dual credit. Edgardo Ulrich will teach two Spanish classes and act as boys’ dean.

The Music Department will add two new full-time teachers: Melissa Anderson and Marc Elysee. Anderson will be responsible for our choral program and will provide voice lessons. Elysee will lead our strings ensemble and conduct our orchestra. He has an undergraduate degree in violin and a graduate degree in orchestral conducting. Van Ornam will direct our concert band and teach lessons on a variety of band instruments. Cynthia Coston will continue with our handbells ensemble and Connie Twomley will continue teaching piano and organ lessons. All music lessons at SVA are given without additional charges.

We invite you to check out the new and improved SVA. If everyone does their fair share, we will work out a financial plan that will make it possible for any Adventist student to attend our school. To arrange for a visit, please call Tim LaPierre at (540) 740-2210.

Dale E. Twomley, PhD
Principal

New Year Touts Enhanced Program, Advanced Teachers
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Principal
Keep Open Communication With Students

What a blessing it is to see young people grow in their relationship with the Savior. It is vitally important that we encourage our youth to “taste and see that the Lord is good” (Ps. 34:8) for themselves. One student recently told me he was disappointed that his parents would not openly discuss standards with him. Instead they wanted to tell him what to do. I know it is easier for parents to say “just do as I say,” yet if we want our children to have a relationship with God, we must allow them the opportunity to talk openly about their church. Is it tough? Absolutely. But the young people that grow amid openness with their parents, teachers, and church will always be stronger in their relationship with Jesus.

Students Explore Spain

Recently 25 students and staff from Takoma Academy (TA) took the long flight to Spain as part of the school’s biennial foreign language trip. Current and former Spanish teachers Erica Chavez and Orlando Mastrapa, respectively, led the group from Madrid, to Granada, to Toledo, to Seville, and finally to Torremolinos. The students had a wonderful time exploring other cultures, and many are already planning to participate in the 2009 trip to Greece.

Events Promote Responsibility, Peer Fellowship

A number of recent events have allowed TA students to fellowship with peers from other Adventist schools, and to experience responsibility to the world around them:

- The South Lancaster (Pa.) Academy singing group (right) and Sacramento (Calif.) Academy band, bells, and choir recently came to share their talents with TA students.
- Calendar
  - June
  - 1: Last Day of School
  - 1-3: Graduation Weekend
  - 4-7: Post School for Teachers

TA Today is published in the Visitor by Takoma Academy 8120 Carroll Ave., Takoma Park, MD 20912.
Phone: (301) 434-4700 • Principal, C. Dunbar Henri • www.ta.edu
ADVERTISING Guidelines and Rates

The Columbia Union Visitor accepts classified advertising as a service to its members. Announcements for Adventist church-sponsored events, legal notices, and obituaries will be printed without charge on a space-available basis. The Columbia Union Visitor editors reserve the right to refuse or discontinue advertisements at any time and may edit classified ads to comply with editorial policies. The Visitor also does not guarantee the integrity of any product or service advertised.

First-time advertisers who are members of the Seventh-day Adventist Church must submit a letter of recommendation from their pastor or conference leader. First-time advertisers who are not members of the Adventist church must submit letters of recommendation from business members of their community or small business.

Payment must accompany all advertisements. We do not bill for classified or display advertising and checks and money orders are accepted. Make checks payable to Columbia Union Visitor and mail together with classified advertisement and recommendations (if applicable) to: Sandra Jones, Columbia Union Visitor, P.O. Box 911, Columbia, MD 21045-0911, and display advertising to Beth Michaels at the same address.

Rates for classified advertising are calculated on a per insertion basis in our 12 issues. Minimum charge is $45 for 50 words or less for ads originating within the Columbia Union Conferences, and $50 for all others. Additional words cost 50 cents each for 1-5, 75 cents for 6-14, 1 dollar for 15-20, and so on, with a 10 percent discount for six insertions, and a 5 percent discount for three insertions. A column ad classified in a box is $110 inside the union and $125 outside the union, with a maximum word count of 75. Ads must be placed a minimum of four weeks before the issue date, which is the first of every month.

Word count is based upon the spaces between words in normal usage.

Display Advertising: For rates and information, go to www.columbiaunion.org or call (988) 4-VISITOR and ask for Beth Michaels at ext. 282.

EMPLOYMENT

MEMORIAL HOSPITAL: an Adventist Health System 65-bed acute care facility located in beautiful Southeastern Kentucky’s Daniel Boone National Forest, has various openings for registered nurses, licensed practical nurses, and child care professionals. For current postings, call our professional recruiting team at (800) 872-8616. Resumes and applications may be faxed to (606) 599-2506. Contact Joe Smith, staffing director, or call (606) 599-2300, ext. 246. Fax cv to prhr@christianrecord.org.

GLENDALE ADVENTIST MEDICAL CENTER seeking a director of Critical Care and Emergency. Opening June 2007—new parking garage, new 9-story, 450-bed hospital, new trauma tower, including a 36-bed ED, additional 12 ICU beds, dedicated cardiac interventional and neuro kiss-down beds. Will help with relocation. Apply online: www.glenadeladventist.com. For more information, please contact Beth, (602) 488-0981, email beth@christianrecord.org.

GLISHADELPHIA ADVENTIST MEDICAL CENTER seeking a director of Critical Care and Emergency. Opening June 2007—new parking garage, new 9-story, 450-bed hospital, new trauma tower, including a 36-bed ED, additional 12 ICU beds, dedicated cardiac interventional and neuro kiss-down beds. Will help with relocation. Apply online: www.glenadeladventist.com. For more information, please contact Beth, (602) 488-0981, email beth@christianrecord.org.

TEACHER/PRINCIPAL VACANCIES: The Lake Region Conference has several vacancies for teaching positions—(1) preschool-kinder in (11) for grades 1-5, and (2) for grades 6-12 (6); additional positions—(1) K-8 Chicago Region Conference, c/o Edward Woods Jr., Director of Education, 3111 South State Street, Chicago, IL 60619. Supervises four persons. Responsible for writing 18-plus books and other material, and budgeting. College certification required, with a strong emphasis in drama. Qualifications include experience in play conference leadership. Church must submit a letter of recommendation from their pastor or call (540) 489-5000. Contact Pastor Kevin Powell, P.O. Box 226, Overton, VA 22644-0226, email overtonle@yahoo.com. We have the labor force and the space to work for you!

THE GULF STATES CONFERENCE is looking for a task force worker willing to commit one year to work at Camp Alamein. Position pays a monthly stipend plus room and board. Applicant should be knowledgeable and willing to work in grounds and on facilities. Please contact Jeff waist at jeffwaist@gmail.com or call the conference office at (251) 377-2078 or toll-free (888) 441-7689.

MISCELLANEOUS

PREPARED PHONE CARDS: Multiple types and rates for the Continental United States and international countries. Multiple types ranging from 1 cent to 1.5 cents per minute (no connection fee). Consider using these for your missionary endeavors, for students, or travel. Call LJ Plus (770) 441-8022 or toll-free (888) 441-7689.

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CHRISTIAN RETREAT. A beautiful weekend of fasting, second annual retreat. Beautiful Pocohontas Mountain Resort in southwestern Pennsylvania, August 3-5. Learn how to add years to your life. Learn to make gourmet raw meals such as raw pasta with balsamic herb crust and raw cheese, raw apple pie, raw cream, etc. Featuring Theodore Watkins, MD and Gloria Watkins, MD—natural health practitioner. Massages, relaxation, and much more! For more information, please call (761) 699-2019.

JUNE 2007 | 11
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SLIGO BY THE SEA 2007

June 30  
Steve Chavez  
July 7  
William Johnson

July 14  
Kermit Netteburg  
July 21  
Terry Johnson

July 28  
Dave Wesley  
August 4  
Alicia Patterson

August 11  
Fred Kinsey  
August 18  
Ron Halverson Jr.

August 25  
Gaspar Colon  
September 1  
William Loveless

Services held at  
St. Peter’s Lutheran Church  
10301 Coastal Hwy., Ocean City, Md.  
(410) 524-7474

Sabbath School: 10 a.m. — Worship Service: 11 a.m.  
Causal dress is appropriate.

The Secret to Longevity

A backwards peak into the lives of these centenarians reveals that their secrets to living a century or more are no secrets at all. The lifestyles they advocate are simple health habits we have known for years: eat wisely, be physically active, stay connected to others, live tem- perately, express gratitude, and enjoy a trusting relationship with God.

Yet despite knowing (and teaching) this health message, I find myself instead caught up in the American fast pace and fast food way of living. The result? Skipped devotional times, longer work hours, too much junk food, feeling winded climbing stairs, a growing pants size, and no energy or time for relaxing with friends and family. A look around at my fellow church members shows me I’m not the only Adventist that struggles with integrating the health message with the demands of everyday life. More than 60 percent of Americans are overweight, and rates of diabetes, high blood pressure, and depression are reaching epidemic proportions. How can we live the health message that we know will not only prevent disease and add years to our life, but also open doors for us to share the gospel with others? Is it relevant today?

IT’S NO ACCIDENT

Perhaps the secret to longevity lies in what the centenarians didn’t say. “What we didn’t say,” one might say. “It was an accident, really. Everything just sort of worked out for me to live a long, healthy life.” Sure, genetics plays a role. But genes are only 30 percent responsible for how long we live and how we age. The rest is pure lifestyle—an intentional lifestyle.

God tells us in Deuteronomy 30:19, “It is I who have set before you life and death, blessings and curses. Now choose life, so that you and your children may live” (NIV). Living an intentional lifestyle means to live on purpose. It means counting the costs, choosing to live healthfully, and then renewing that decision often (like when we’re tempted to grab a candy bar at the checkout, or “veg” in front of the TV instead of taking a walk). It involves applying scripture to strengthen our resolve and encourage us along the way.

So live intentionally—and enjoy a long, healthful life.

Lilly Tryon, MSN, RN, is program director and wellness coach for Adventist WholeHealth Lifestyle Medicine Center in Reading, Pa.
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