When, after his sin in deceiving Esau, Jacob fled from his father’s home, he was weighed down with a sense of guilt. Lonely and outcast as he was, separated from all that had made life dear, the one thought that above all others pressed upon his soul was the fear that his sin had cut him off from God, that he was forsaken of Heaven. In sadness he lay down to rest. . . . As he slept, . . . the divine voice was heard in a message of comfort and hope. Thus was made known to Jacob that which met the need and longing of his soul—a Savior” (Steps to Christ, pp. 19, 20).
Use this code to make a generalization and classify a person from each of these occupations according to their honesty: AH (Absolutely, 100 percent honest in every way, never compromising); MH (Mostly honest, the majority of the time except for the occasional “white lie”); OH (Occasionally honest, but not always); RH (Rarely honest).

___ A rock star  ___ A pharmacist
___ A pastor  ___ A lawyer
___ A teacher  ___ A farmer
___ A priest  ___ A police officer
___ A veterinarian  ___ A magician
___ A used-car salesman  ___ The president of the United States

How would you classify yourself? Where would you put Jacob on the honesty scale? What about Esau? Isaac? Rebekah?

One of the most meaningful Jewish celebrations is the Feast of Sukkoth. It commemorates the 40 years of the Jews wandering in the wilderness. Although it was only 200 miles from Egypt to Canaan, it took God’s people 40 years to make the trip!

The Feast of Sukkoth reminds us of the importance of time in spiritual life. Good things cannot be hurried. It was during the wilderness wanderings that the Israelites received the Ten Commandments, the pattern for the tabernacle, and the necessary character to enter the Promised Land. The Feast of Sukkoth reminds us that selling a long-term birthright for short-term gratification is foolish. God’s blessings come to those who understand the value of delayed gratification.

“Rebekah said to her son Jacob, . . . ‘Go out to the flock and bring me two choice young goats, so I can prepare some tasty food for your father, just the way he likes it. Then take it to your father to eat, so that he may give you his blessing before he dies.’”

“He went to his father and said, ‘My father.’

‘Yes, my son,’ he answered. ‘Who is it?’

“Jacob said to his father, ‘I am Esau your firstborn. I have done as you told me.’”

“Then he said, ‘My son, bring me some of your game to eat, so that I may give you my blessing.’”

“After Isaac finished blessing him and Jacob had scarcely left his father’s presence, his brother Esau came in from hunting.”

“Isaac trembled violently and said, ‘Who was it, then, that hunted game and brought it to me? I ate it just before you came and I blessed him—and indeed he will be blessed!’”

“Fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God. Consider him who endured such opposition from sinners, so that you will not grow weary and lose heart. In your struggle against sin, you have not yet resisted to the point of shedding your blood” (Hebrews 12:2-4, NIV).

“The integrity of the upright guides them, but the unfaithful are destroyed by their duplicity” (Proverbs 11:3, NIV).

“Listen, my son, and be wise, and set your heart on the right path” (Proverbs 23:19, NIV).

“So God led the people around by the desert road” (Exodus 13:18, NIV).

“If you don’t live it, it won’t come out of your horn.”—Charlie Parker, 20th-century U.S. jazz saxophonist.

“Since the invention of push buttons, we have grown accustomed to instant gratification. We get instant meals. . . . Instant entertainment. . . . We don’t even have to ‘roll’ the windows up in the car anymore. . . . We are forgetting the concepts of delayed gratification. God Himself has to have long patience. It is hard to persuade a person who gets almost everything he or she wants within a moment’s notice that the things of eternity and of the Kingdom of God only come through LONG PATIENCE.”—Ken Raggio, current U.S. pastor.
Sabbath
Complete the What Do You Think? activity at the beginning of the lesson and reflect on the experiences you have had personally or have witnessed from a distance that prompted you to generalize the way you did. Which occupation was the easiest to generalize about? Which was the most difficult to generalize?

Solomon says, “The integrity of the upright guides them, but the unfaithful are destroyed by their duplicity” (Proverbs 11:3, NIV). Where would you rank on the scale of personal integrity? Think about the different experiences you have had in your life in which you chose the path of integrity as opposed to the path of compromise. How did you feel about your choices? Why do you think a life of integrity is often so hard to live?

Sunday
Read the Into the Story section about the ethical drama between Jacob and Esau and answer the study questions provided in Out of the Story. As you read this story, what elements emerge that you had not thought of before? What do you think God is trying to say to you about your life today in this story?

Monday
Read the Key Text found in Genesis 25:21-23 and commit this passage to memory or write it down and place it someplace where you will see it on a daily basis. Have you ever wondered about the awesome truth that God knows what is ahead and is ultimately in control of the big events of history? The prophet Isaiah said, “For the Lord Almighty has purposed, and who can thwart him? His hand is stretched out, and who can turn it back?” (Isaiah 14:27, NIV). Talk to God today specifically about His will for your life and convey your willingness to trust in His will, no matter what compromises might confront you.

Tuesday
Read the quote in the Flashlight section and reflect on the weight of Jacob’s sin and how it burdened him with guilt. What did Jacob need to see? What did he finally see in this season of guilt and shame? In what way are you like Jacob wrestling with guilt? Do you see your need of a Savior, or do you simply get overwhelmed with remorse? Who do you know who responds to their mistakes in life with a deep gratitude for their Savior, Jesus Christ? How have they modeled true repentance to you in the way they respond to shortcomings?

Wednesday
Read carefully and thoughtfully through the Punch Lines provided in this week’s lesson and choose one verse that speaks pointedly to your life today. Why does this passage stand out to you now? Think of the people you have influence with (friends, younger siblings, or younger people at church) and consider how you could share this passage with them in a way that will deepen their commitment to God. List them by name and invite God to lead you to them this week.

Thursday
Take some time today to read chapter 16 in Patriarchs and Prophets, noting the insights the prophetic eye reveals. What does Ellen White say about integrity and delayed gratification? What Bible passages does she highlight or lead you to study? What principle emerges from this chapter that will apply to any generation, any season in the journey of life? Write that principle out in your own words below.

Principle:

Friday
The author of the book of Hebrews had it right in saying, “Fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scoring its shame, and sat down at the right hand of the throne of God. Consider him who endured such opposition from sinners, so that you will not grow weary and lose heart. In your struggle against sin, you have not yet resisted to the point of shedding your blood” (Hebrews 12:2-4, NIV).

The point of this passage captures Jacob’s experience well. How does it capture your experience? When you look at Jacob’s journey (dishonesty and mistakes; struggles with guilt, shame, God, and repentance), where are you in your journey? What is the next step for you that moves you closer to God?


this week’s reading*
Patriarchs and Prophets (or Beginning of the End), chapter 16.

*Beginning of the End is a special adaptation of Patriarchs and Prophets, created for you by the Ellen G. White Estate and Pacific Press. Get more information about it at www.cornerstoneconnections.net/article/191/about-us/conflict-of-the-ages-compan ion-books#.URlhF1b80s. By following the weekly reading plan, you will read at least one book of the Conflict of the Ages Series each year.