Dear Friends:

You may not know this, but I am writing another book about health called "How to Heal Yourself God’s Way." Now that I have finished The Final Inquisition, which has sold over 16,000 copies, I can focus on my next book.

Here is a chapter from the book called Two Types of Constipation: The first type of constipation is

Greetings!

“Haiti got hammered with an earthquake. Gangs have formed and the looting has begun. New Orleans had the same situation; unprepared people forming mobs to forcibly take what they want from those unable to defend themselves, ” wrote Mike Piccioni, the editor of Guns and Patriots. "Last week's magnitude-7 quake killed an estimated 200,000 people in Haiti, left 250,000 injured and made 1.5 million homeless, according to the European Union," reported Fox News. Haiti has been rocked by 40 aftershocks with the strongest one on Wednesday -- a 6.1 magnitude. Now Japan has been hammered with a 8.9 shocker. The
infrequent elimination or when you cannot pass feces. Commonly, people suppress nature's call to evacuate because of tight schedules or other pressing matters. The Harvard Health Letter reported that the most common gastrointestinal complaint in the United States is constipation, and the national expenditure on laxatives is $400 million annually. It further reported that 52% of Americans strain to pass feces and 44% have hard stools. With stagnation the God-given sewage system of the body becomes a cesspool of toxic matter causing autointoxication or self-poisoning.

With stagnation, putrefaction, and fermentation, comes autointoxication as your own fecal matter starts poisoning you, rotting inside you, degenerating your bowels and may cause a host of problems such as bloating, indigestion, polyps, diverticulosis, colon cancer, hemorrhoids, IBS, body odor, foggy mind, poor complexion, backache, excessive weight gain, and poor appetite. Even with the millions of pounds of chemicals in the air, on our food, and in our soil and water, the greatest amount of toxicity is coming from our colons. Toxins enter the bloodstream and travel to

headlines read:

"The most powerful earthquake in over 100 years to hit Japan ripped through the nation Friday, triggering a 10-meter-high devastating tsunami, killing at least 50 people and setting off a series of tsunami alerts across four continents.

Friends, the signs are all around us that Jesus is near the door. It is high-time to make preparation physically, mentally, and spiritually. 1. Go vegan and practice the 8 laws of health. 2. Ask Jesus to heal your negative attitude & emotional pain. 3. Forgive those who hurt you 4. Surrender ALL to God right now. If you are 3% the devils, you are all of his. Remember, you can't serve two masters. I decided this week to resend this special issue of the Elijah Prophecy because the earthquakes are hitting the world in greater frequency than ever. God is mercifully trying to get our attention.

I have received a number of emails that had one thing in common -- they all spoke of God's judgments soon to strike the earth. These emails warned of fires, destruction, riots and turmoil soon to strike this country, and certain cities in particular. The emails emphasized an urgent need to make preparation both physically and spiritually, for God's judgments will soon increase in an effort to warn America to repent of her evil ways. I want to make it known, before we proceed, that mercy and justice are part of God's holiness. Please listen closely: the soon coming judgments that take place before the close of probation are part of God's mercy -- His warnings -- to save souls from the final execution of the seven last plagues, right before the second coming of Christ.

We all feel the tragedy in Haiti and sympathize with the human suffering. We, as Christians, need to pray and help the Haitians where we can. According to the CIA World Factbook, the religious makeup of Haiti is strongly Christian, with a population that is 80% Roman Catholic and 16% Protestant. Over half of the population combines vodou, known by some as voodoo (Satan worship), with Christianity and other faiths. Haitian voodoo is a combination of African, European, and native spirituality. Speaking of the consequences of
all parts of the body and adversely affect cells, tissues, and organs of the body and can be a causative factor for any disease.

Harmful bacteria also multiply due to stagnation and putrefaction. Bacterial action in the large intestine plays a major role in nutrition and digestion. John Harvey Kellogg, America's foremost pioneer of colon health, said the bacteria in the colon ideally should be 85% lactobacteria, or friendly bacteria, and no more than 15% coliform. Yet we find that the typical colon is 15% lactobacillus and 85% coliform and other types of putrefactive bacteria. This is the opposite of what it should be.

With continual impaction of feces, a ballooning of the colon can also occur which can put pressure on nearby organs affecting their function. Associated problems can occur such as pressure to the prostate causing prostate problems, pressure to the uterus causing female problems, and pressure to the nerves and the spine causing even backache and sciatica. Impaction can also cause herniation in the intestinal wall creating pockets in the colon, a disease called diverticulosis.

No wonder Dr. Bernard Jensen said, "Poor bowel

Haitians' purported agreement with the devil, well-known evangelist Pat Robertson elaborated on his belief that the people of Haiti have misguided spiritual beliefs: "Haiti is in desperate poverty ... [Haitians] need to have, and we need to pray for them, a great turning to God. And out of this tragedy, I'm optimistic something good may come."

Meeting with a voodoo high-priest on February 4, 1993, during his visit to Benin, John Paul II gave the rationale to justify voodoo worship according to the principles of Vatican II. It is the first time in History that a pope praised a worship that explicitly worships the Devil. Pope John Paul II was encouraged the practitioners of voodoo in Benin, Africa to remain in their cult of demon worship and ritual sacrifice, by declaring that Voodoo contains the "Seeds of the Word"! (Cf. L'Osservatore Romano," 10 February 1993). Thanks to John Paul's recognition of the "Seeds of the Word" in Voodoo, three years after his visit, the government of Benin conferred upon Voodoo the status of "an officially recognized religion." (cf. Associated Press dispatch, January 11, 1996). Regardless of what the late pope did, the majority of Haitians need to turn to the true God.

Friends, it will not be long before America will be brought to her knees as well, as evidenced by the tremors felt on Wallstreet in the collapse of 2007, and the billions of tax-payers money lost to crippled financial institutions like AIG, Citibank, and General Motors. God's Judgments of mercy will soon strike not only Wallstreet, but major cities throughout this county, for America's cup of iniquity is nearly full. Investment company's are luring you back into the stockmarket, but wise men are fearing the worst is right around the corner and risky people will lose more.

Does America need "a great turning to God?" Quoting from my new book The Final Inquisition: "Sexual promiscuity, immorality, and greed have run rampant like a contagious plague for too many years. Hollywood movies are filled with promiscuity, spiritualism, and the occult. The battle over Proposition 8 and gay marriages and abortion, as an alternative contraceptive, have made this country a modern-day Sodom and Gomorrah. Will God humble the people of this great nation in mercy, to turn their hearts from sin unto repentance, before the seven last plagues are poured out?
management lies at the root of most people's health problems. Dr. John Harvey Kellogg agreed and said: "90% of diseases of civilization are due to improper function of the colon."

Furthermore, The Royal Academy of Physicians of Great Britain reported: "90% of all disease and discomfort is directly or indirectly related to an unclean colon due to impacted fecal matter."

"Long term constipation is also linked to psychological distress, anxiety, depression, insomnia, and sexual dysfunction." Journal of Gastroenterology and Hepatology, 2003. That is why you can experience healing in many different areas when you clean out your colon. Hypertension, diabetes, depression, and other diseases often improve with diet therapy and a therapeutic cleansing program. I have often said, "When you do God's program, what needs to heal heals, because with it comes physical, mental, and spiritual regeneration.

With the aid of God's divine power, I have witnessed many healing miracles in a very short time. One woman's cholesterol reduced by 100 points in just seven days. An 80 year-old woman with diabetes, who used insulin injections for
12 years, normalized her blood sugar in days! I have seen surgeries cancelled because body organs were restored and functioning optimally again. In just ten days, by God's grace, I have seen tumors shrink, precancerous pap-smears normalize, radiation damage and burns heal, enlarged spleens shrink, abnormal liver and kidney panels normalize, as well as colon polyps disappear. I have seen autoimmune diseases also respond quickly like rheumatoid arthritis and fibromyalgia. On average, people can lose between six and twelve pounds, mostly feces, but I have seen some people lose nearly 20 lbs. in just ten days. And praise God, many have also eliminated their need for anti-depressant drugs!

The other type of constipation of which most people are unfamiliar is when the colon wall becomes encrusted with hardened mucus and fecal matter narrowing the aperture of the colon and resulting pencil-like stools. This is called mucovicidosis or intestinal mucin. When we eat too many acid-forming foods, the body secretes excess mucus to protect the intestinal wall from being damaged since mucus neutralizes acid. But when mucus continues to be produced in excessive amounts due to a wrong diet it layers on

HAPPEN. IT IS GOING TO BE SO FRIGHTENING, WE ARE ALL GOING TO TREMBLE--EVEN THE GODLIEST AMONG US.

"For ten years I have been warning about a thousand fires coming to New York City. It will engulf the whole megaplex, including areas of New Jersey and Connecticut. Major cities all across America will experience riots and blazing fires-such as we saw in Watts, Los Angeles, years ago. There will be riots and fires in cities worldwide. There will be looting-including Times Square, New York City. What we are experiencing now is not a recession, not even a depression. We are under God's wrath. God is judging the raging sins of America and the nations!"

I understand that David Wilkerson has made prophecies in the past that have not come true, and many of his predictions have failed, but I do believe he also senses something huge is coming, just as many of us do. We will have to wait and see if his predictions about the coming calamities in New York City will be fulfilled. But there are prophecies about destruction in New York City seen in vision by a woman named Ellen G. White, who I believe had the true gift of prophecy. In 1909, she wrote:

"The cries of starving humanity are coming up before God, while by every species of oppression and extortion men are piling up colossal fortunes. On one occasion, when in New York City, I was in the night season called upon to behold buildings rising story after story toward heaven. These buildings were warranted to be fireproof, and they were erected to glorify the owners and builders. Higher and still higher these buildings rose, and in them the most costly material was used. Those to whom these buildings belonged were not asking themselves: 'How can we best glorify God?' The Lord was not in their thoughts. The scene that next passed before me was an alarm of fire. Men looked at the lofty and supposedly fire-proof buildings and said: 'They are perfectly safe.' But these buildings were consumed as if made of pitch. The fire engines could do nothing to stay the destruction. The firemen were unable to operate the engines. I am instructed that when the Lord's time comes, should no change have taken place in the hearts of proud, ambitious human beings, men will find that the hand that had been strong to save will be strong to destroy. No
the colon wall forming, over time, a thick, rubber like substance.

TO BE CONTINUED:

Remember, I am not a doctor and cannot prescribe. But I can share what I do for myself or what my children do for themselves.

Consult your physician before using any of these remedies and watch him laugh, or better yet, the Master Physician "Who forgiveth all thine iniquities; who healeth all thy diseases." Psalms:103:3.

If you need any of the items in this article, call us at 800-655-3228.

Friends, I have applied the above prophecy to the destruction of the Twin Towers on September 11, 2001, on a number of occasions. Yet, I do not know for sure if the prophecy was describing that specific crisis or written regarding a future crisis in New York City. I believe it is very probable that the inspired words will have a more climatic fulfillment in the not too distant future.

E. G. White, like Jesus, prophesied about destruction by earthquakes, as we have recently seen in Haiti, where thousands upon thousands will be killed: "The earthquakes will come; the floods will come," she said, and accurately predicted the 1906 earthquake in San Francisco a mere two days before the horrific event:

"While at Loma Linda, California, April 16, 1906, there passed before me a most wonderful representation. During a vision of the night, I stood on an eminence, from which I could see houses shaken like a reed in the wind. Buildings, great and small, were falling to the ground. Pleasure resorts, theaters, hotels, and the homes of the wealthy were shaken and shattered. Many lives were blotted out of existence, and the air was filled with the shrieks of the injured and the terrified." (Country Living, p. 8).

Wikipedia, the online encyclopedia, says: "Shaking was felt from Oregon to Los Angeles, and inland as far as central Nevada. The earthquake and resulting fire is remembered as one of the worst natural disasters in the history of the United States. The death toll from the earthquake and resulting fire, estimated to be above 3,000, is the greatest loss of life from a natural disaster in California's history." "A study completed by Yuri Fialko of Scripps Institution of Oceanography at the University of California, San Diego, has demonstrated that the San Andreas Fault has been stressed to a level sufficient for the next 'big one,' as it is commonly called, that is, an earthquake of magnitude 7.0 or greater. The study also concluded that the risk of a large earthquake may be increasing faster than researchers had previously believed. Fialko also emphasized in his study that, while the San Andreas Fault had experienced massive earthquakes in 1857 at its central section and in 1906 at its northern segment (the great San Francisco earthquake).

"If such an earthquake were to occur, Fialko's earthly power can stay the hand of God." (9T, 11-13).
study stated, it would result in substantial damage to Palm Springs and a number of other cities in San Bernardino, Riverside and Imperial counties in California, and Mexicali municipality in Baja California. Such an event would be felt throughout much of Southern California, including densely populated areas of metropolitan Los Angeles, Orange County, San Diego and Tijuana, Baja California. 'The information available suggests that the fault is ready for the next big earthquake but exactly when the triggering will happen and when the earthquake will occur we cannot tell,' Fialko said. 'It could be tomorrow or it could be 10 years or more from now,' he concluded in September of 2005. (1906 San Francisco Earthquake; San Andreas Fault--wikipedia.com).

E. G. White did predict future judgments of God for San Francisco: "Through the liquor traffic Satan is at work to corrupt with his deceiving policies the rulers and the people. As this work is carried on from city to city, the guilt of the whole world will be made manifest, and it will be plainly seen why God permits His judgments to fall on the earth. Because of the pride of the heart, the falsehood, the dishonesty, the profanity that is manifest, the Lord will soon come out of His place to punish the inhabitants of the earth for their iniquity: the earth also shall disclose her blood, and shall no more cover her slain. The people of San Francisco must answer at the judgment bar of God for the reopening of the liquor saloons in that city. O that our cities might reform! (Signs of the Times, December 4, 1907 par. 10).

She also prophesied: "Scenes that would soon take place in Chicago and other large cities also passed before me. As wickedness increased and the protecting power of God was withdrawn there were destructive winds and tempests. Buildings were destroyed by fire and shaken down by earthquakes.

"Some time after this I was shown that the vision of buildings in Chicago ... and their destruction, was an object lesson for our people, warning them not to invest largely of their means in property in Chicago, or any other city....A similar caution was given in regard to building in Los Angeles. Repeatedly I have been instructed that we must not invest means in the erection of expensive buildings in cities." (Last Day Events, p. 113).

One interesting observation is that while in
Loma Linda on July 5, 1906, three months after the San Francisco Earthquake, Ellen White refers again to the vision: "It was while we were still at Loma Linda, the second night after the dedication of the sanitarium, that there passed before me an awful scene of buildings shaken down and destroyed, with great loss of life. I have already described this scene, in the article, 'The San Francisco Earthquake.'" (RH, July 5, 1906, par. 1). I make no predictions, nor did she confirm it, but I find it interesting that she had this vision while in Loma Linda, and since she wrote about the coming destruction of buildings in Los Angeles, I wonder if the vision will have another application in the future? Again, we will have to wait and see.

Now, please, notice the underlined words of E. G. White's in the following statement regarding the judgments of God: "Those who choose to remain disloyal must be visited in mercy with judgments, in order that, if possible, they may be aroused to a realization of the sinfulness of their course." (RH, July 5, 1906 par. 2). Will Haitians listen?

Friends, the judgments of God are part of His mercy! Did not God send warning after warning of coming judgments to the wicked cities to repent and ward off the impending doom, as with Moses and Egypt, Daniel and Babylon, and Jonah and Nineveh? Which one repented and thwarted His judgments?

Ellen White continues: "The cities must be worked. The millions living in these congested centers are to hear the third angel's message. This work should have been developed rapidly during the past few years. A beginning has been made, for which we praise God. Outpost centers are being established, from whence, like Enoch of old, our workers can visit the cities and do faithful service." (RH, July 5, 1906 par. 8).

"Out of the cities; out of the cities!"--this is the message the Lord has been giving me. The earthquakes will come; the floods will come; and we are not to establish ourselves in the wicked cities...The Lord desires that we shall have clear spiritual eyesight. We must be quick to discern the peril that would attend the establishment of institutions in these wicked cities. We must make wise plans to warn the cities, and at the same time live where we can shield our children and ourselves from the contaminating and demoralizing influences so prevalent in these places." (Country
"Before the overflowing scourge shall come upon the dwellers of the earth, the Lord calls upon all who are Israelites indeed to prepare for that event. To parents He sends the warning cry: Gather your children into your own houses; gather them away from those who are disregarding the commandments of God, who are teaching and practicing evil. Get out of the large cities as fast as possible." “My warning is: Keep out of the cities. Build no sanitariums in the cities. Educate our people to get out of the cities into the country, where they can obtain a small piece of land, and make a home for themselves and their children.”

AH 139; CL 10.

Another email I received this week, shared three dreams that also foretold of coming disasters in the U.S. Here is the letter I received:

"Greetings Brethren!

"I want to share something with you that I think is very important. It has to do with 3 dreams from 3 different people in 3 different years. I verified with my friend the validity of them and she has assured me they are real and that she knows or has spoken to those who can witness the account of these dreams. I felt the contents of the dreams were too interesting and important not to share. What if these dreams come to pass? Are you ready?

"The first dream takes place in the mid 80's from a pastor in California who ran an SDA end time/prophecy training center. His name was elder Jack Darnall. He is now deceased. One night he sponsored a Bible study at his home and as the guests were leaving, he pulled one of the men aside and told him that he was impressed to tell him an impressive dream that he had. "It was the time when Jesus returned to earth in power and great glory. America had an African-American president when Jesus returned. He was tall and thin, had close-cropped hair, and large ears. When elected, at first, he was greatly beloved by the people, but then he became a terrible dictator. The dream was not widely discussed, because at this time they could not see a black man being voted in as president with so much prejudice in the country still." Friends, I made a call to Patti, the woman mentioned in the third dream to confirm the first dream was true. Patti said, "Yes, it is true. Elder Darnall told his wife, a
friend, and a neighbor about the dream. His wife and friend had the exact same story and they perfectly matched. I checked it out myself. He also said there would be **one more pope after John Paul II.** That would mean Pope Benedict XVI--the pope of the Inquisition!

The letter continued: [The] **Second dream**

 took place last **June 2008.** A 16-year-old, Romanian-American boy in Florida had a sudden heart attack. He was hospitalized and the prognosis was not good. He had gone into a coma for 3 days. He was operated on and it was successful but he was slow to recover his speech from the coma. His name is Andrew. Andrew told his mother about the impressive dream he had but she did not take it serious at first because his memory was also affected, but every time he spoke to someone different about the dream, his words became clearer and more details were described. The nurse that was on duty and became close to the family shared the dream with a medical staff member at the Wildwood Lifestyle Center in Ga. From there, the story spread via Internet. In the dream, Andrew was taken in the presence of Jesus in heaven. There he saw the tree of life and the fruits which were huge and beautiful. Jesus told him it was time to get out of the cities for they were about to fall. Andrew said he then saw what appeared to be like a panoramic view of a news broadcast that showed the city of **Atlanta, Georgia** in ruins. Andrew also felt he wasn’t worthy to have been in His presence, and did not take Jesus seriously enough before. He was to tell his story to as many people as possible to get the message out that it was time to **flee the cities** and have a place in the country for destruction was about to come-the judgments of God. Now there’s more detail, but you get the overall picture.

The **third dream** actually comes from a neighbor of my friend, Patti, in the Oklahoma ministry that puts out a quarterly newsletter that printed the above accounts. She quotes: ‘My neighbor, who is a humble, God fearing soul, just had a dream where someone came to him and said, ‘Something very big (of gigantic proportions) is about to happen in the **Southeast United States.**’

"Now, I don't know how many of you keep up with **Alex Jones at www.infowars.com** or even know him, but he reported literally thousands of **black plastic coffins** outside a fenced in area near **Atlanta.** And those who are blow the whistles
about FEMA also report training for mega disasters in big cities. Can you say martial law?? [And what about the "concentration camps" being built in the U.S.?] No wonder the government wants Americans to register their purchases of ammunition for hand guns. The Marxist Muslim president of the United States won't stop until he disarms the militia and controls their guns!

"You might be shaking your heads and murmuring right now, but let me share a few words of wisdom from the prophet Joel, in the last days of the earth as we know it, with you:

"Blow ye the trumpet in Zion and sound an alarm in My holy mountain [God's people]; let all the inhabitants of the land tremble for the Day of the LORD cometh, for it is nigh at hand.....And it shall come to pass afterward, that I will pour out My Spirit upon all flesh [of His people] and your sons and your daughters shall prophesy, your old men shall dream dreams, your young men shall see visions: and also upon the servants [prophets] and upon the handmaids [prophetesses] in those days will I pour out My Spirit. And I shall shew wonders in the heavens and in the earth; blood, and fire, and pillars of smoke. The sun shall be turned into darkness, and the moon into blood, before the great and the terrible day of the Lord come." (Joel 2:1, 28-31).

"I looked up in the Hebrew text, the meaning of "pillars of smoke." The Hebrew word is Temar. It means smoke 'shaped' like a palm tree. What kind of weapon of mass destruction are we all too familiar with that rises up like a palm tree?

"We don't know what kind of destruction is coming or how it is to come about from these dreams. Atlanta could fall from the mighty earthquake that scientists are predicting is overdue in the Tennessee region, since the last one happened in the early 1800's and changed the course of the Mississippi river. But I would think many cities would be affected greatly, not just Atlanta.

"I shared this with you, because if it came from God, and God's Word is true and faithful, you will know that you were warned ahead of time...If we make it through the Obama regime after 8 years (?) and new presidents are elected, then we know it was a false dream."

Friends, we will have to wait and see whether or not the dreams above come true, but I want to continue to urge everyone reading The Elijah
Prophecy to prepare both physically and spiritually for what is soon coming. In quick succession, to our cities. In the meantime, here are some other prophecies by E. G. White that further warn of God's judgments to come to cities as a means of arousing men and women to repent:

"The time is at hand when there will be sorrow in the world that no human balm can heal. The Spirit of God is being withdrawn. Disasters by sea and by land follow one another in quick succession. How frequently we hear of earthquakes and tornadoes, of destruction by fire and flood, with great loss of life and property! Apparently these calamities are capricious outbreaks of disorganized, unregulated forces of nature, wholly beyond the control of man; but in them all, God's purpose may be read. They are among the agencies by which He seeks to arouse men and women to a sense of their danger. (Prophets and Kings), p. 277.

"Calamities will come--calamities most awful, most unexpected; and these destructions will follow one after another. If there will be a heeding of the warnings that God has given, and if churches will repent, returning to their allegiance, then other cities may be spared for a time. But if men who have been deceived continue in the same way in which they have been walking, disregarding the law of God, and presenting falsehoods before the people, God allows them to suffer calamity, that their senses may be awakened. (Country Living, p. 7).

I expect many of you will turn a deaf ear to the dreams and prophecies I have shared in this issue of The Elijah Prophecy as pure speculation, and will continue to live in the "wicked cities." Many of you will call me an alarmist, and some of you will write to me and say: "God is too merciful to destroy." They will dismiss God's justice and focus only on His mercy. Well, let me save you the trouble of writing by quoting again my answer: "Those who choose to remain disloyal, must be visited in mercy with judgments, in order that, if possible, they may be aroused to a realization of the sinfulness of their course. (RH, July 5, 1906). The judgments are part of His mercy, because a God of love is warning us, while probation is yet open, to turn from our evil ways and reform! We have this window of opportunity to sound the message of repentance and draw close to our Savior Jesus Christ while time lingers a little linger.
You can be certain that the judgments will soon increase, because we have "a more sure word of prophecy." (2 Peter 1:19).

One last point: "The plea may be made that a loving Father would not see His children suffering the punishment of God by fire while He had the power to relieve them. But God would, for the good of His subjects and for their safety, punish the transgressor. God does not work on the plan of man. He can do infinite justice that man has no right to do before his fellow man. Noah would have displeased God to have drowned one of the scoffers and mockers that harassed him, but God drowned the vast world. Lot would have had no right to inflict punishment on his sons-in-law, but God would do it in strict justice. (Last Day Events, 241). And if ye will receive [it], this is Elias [the Elijah message], which was for to come. He that hath ears to hear, let him hear." Matthew 11:14, 15. Prepare, beloved, prepare!

May God help us to trust in Him,
Danny Vierra

Speaking Engagements - Call 800-655-3228 for more information

This Saturday & Sunday Charmaine Daniels and I will be speaking and demonstrating at the Sunrise SDA Church in Ft. Lauderdale, FL. Love to see you there.

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One Final Note

I would greatly appreciate your prayers. Time is short and Jesus will be coming soon. The signs are all around us.

You can now make donations online at www.modernmanna.org, or just drop me a note at danny@modernmanna.org or call 1-800-655-3228. Perhaps we can encourage one another.

God bless you,
Danny Vierra
Modern Manna

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THE ELIJAH PROPHECY