Greetings!

At BellaVita Lifestyle and Cleansing Program, I instruct the guests in the use of God's natural remedies or what we call God's Natural Doctors.

"Pure air, sunlight, abstemiousness (temperance), rest, exercise, proper diet, the use of water, trust in divine power--these are the true remedies. Every person should have a knowledge of nature's remedial agencies and how to apply them. It is essential both to understand the principles involved in the treatment of the sick and to have a practical training that will enable one rightly to use this knowledge." *Counsel on Health*, p. 90.

At BellaVita, where guests practice God's Natural Doctors, most diseases improve in a few days. Whether the disease is diabetes, hypertension, arthritis, or some other chronic disease, the results are quite impressive. We are just finishing our new
hour documentary called BellaVita--A Beautiful Life, which we will debut at this year's Health Crusade. On this powerful DVD you will hear first-hand the amazing healing miracles that happen at BellaVita.

At each 10-day cleansing program, we begin each day with a large glass of warm water with fresh squeezed lemon or an isotonic drink with sea water to move the bowels. After the morning lecture, the guests drink a special mixture of wildcrafted herbs to cleanse the liver, kidneys, gallbladder, bladder, and to kill parasites. An hour later they are served a hot cup of detox tea to gently cleanse the whole system, followed by a poultice drink made of bentonite clay, charcoal, psyllium, flaxseeds, and other herbs, to cleanse and remove old fecal waste and mucoid plaque from the bowel. A half hour later, we serve a morning breakfast drink with 13 super foods, fresh-juiced organic apples, ground organic golden flaxseeds and flaxseed oil. The drinks continue throughout the day with other natural remedies.

We do not diagnose, prescribe, claim to cure, or practice medicine at BV, and no drugs are used. God does all the healing! We offer a lifestyle program that follows the Biblical prescription and incorporates God’s Natural Doctors for healing and building up the immune system. Everything we serve must be fresh, live and organic, or it is not part of the BellaVita program. "Health reform is an intelligent selection of the most healthful article of food prepared in the most healthful, simplest form."

We teach our guests to keep the diet simple and to eat a variety of living foods, just as God gave them from the earth--live peaches, live apples, live carrots, live seeds and nuts, and sprouted buckwheat and broccoli seeds. We also use no grains for the 10-day session because many people are sensitive to gluten and do not know it.

Guests may also add special supplements, like Glucose Regulation for diabetes and InflamaRest for arthritis and neuropathy, which they self-administer. These custom supplements can have a profound effect in a short time. I have no problem using supplements as they were designed to be used, not as a replacement for a healthy lifestyle program, but as a supplement to the program. Many people go from pharmaceuticals to nutraceuticals depending on a bottle instead of getting their "medicine" from the
BellaVita is a wonderful place that God provided for the purpose of teaching people how they can take care of themselves without the use of drugs. We differ from other health centers because we focus on internal hygiene and recharging man's vital force with live foods. The program is also deeply spiritual. 

*Vital force* is synonymous with *life force* or *electrical energy* that God gave man when he created him. At BellaVita we feed the guests only organic, live foods and juices with the high electrical current to recharge man's life force. "Those who eat flesh are but eating grains and vegetables at second hand; for the animal receives from these things the nutrition that produces growth. The *life that was in the grains and vegetables passes into the eater*. We receive it by eating the flesh of the animal. How much better to get it direct, by eating the food that God provided for our use!" *Counsels on Diet and Foods*, p 313.

Pay close attention to this statement: "God endowed man with so great *vital force* that he has withstood the accumulation of disease brought upon the race in consequence of perverted habits, and has continued for six thousand years. This fact of itself is enough to evidence to us the strength and *electrical energy* that God gave to man at his creation. It took more than two thousand years of crime and indulgence of base passions to bring bodily disease upon the race to any great extent. If Adam, at his creation, had not been endowed with twenty times as much vital force as men now have, the race, with their present habits of living in violation of natural law, would have become extinct." 3T 138.

Man lived nearly a thousand years, even after Adam lost immortality and was driven from the Garden of Eden. Gradually this vital force diminished until we who live in this present generation have only 1/20 as much *electrical energy* or *vital force* as our father Adam. Man's voltage is running down. How important is it to learn how to stop draining your electrical energy and to recharge your vital force instead. The food you eat and the hours you keep, plus negative emotions and stress, can drain the life forces like batteries in a flashlight if you keep it on too long.

At BellaVita, our prescription is not poisonous drugs, which cause a double drain on the life force because all drugs are liver-toxic, but electrically-
charged food and organic juices, exercise in the fresh air to electrify the blood, and healing sunshine (be a human solar panel), plenty of relaxation and sleep, and pure well-water. We also cleanse and purge the guests of toxins with healing drinks and hydrotherapy, and from sins by pointing them to Jesus and His word. Yes, our goal is to lead people to the source of all healing and cleansing--Jesus Christ--Whose face is “as the appearance of lightning and His eyes as lamps of fire (Daniel 10:6).” The brightness of His glory carries a huge electrical charge!

There is a statement in the Spirit of Prophecy that inspired me to open BellaVita years ago: "Before there were any sanitariums among us, my husband and I began work in medical missionary lines. We would bring to our house cases that had been given up by the physicians to die. When we knew not what to do for them we would pray to God most earnestly, and He always sent His blessing. He is the mighty Healer, and He worked with us. We never had time or opportunity to take a medical course, but we had success as we moved out in the fear of God and sought Him for wisdom at every step. This gave us courage in the Lord. Thus we combined prayer and labor. We used the simple water treatments, and then tried to fasten the eyes of the patients on the Great Healer. We told them what He could do for them. If we can inspire the patients with hope, this is greatly to their advantage." WM 326, 327.

The guests love the cedar sauna and hydrotherapy treatments at BellaVita. Some love the coffee enemas because in 15 minutes they are pain-free or without migraines for the first time in years. The surroundings at BellaVita are breath-taking, the healing home is beautiful, and the staff are the best! I learned the blueprint on how to build the home sanitarium from the book Medical Ministry. And let me not forget--there is lots of love and laughter to go around. We sing hymns, pray and praise God, and at times cry together. There are toxins in tears, you know. God is present in every session, but the best room in the house is the coldsheet treatment room. "We always sense the Holy Spirit and angels present with each healing miracle," says Robin, my right-hand worker and spiritual sister. Daniel, my son, has been helping me ever since we opened BellaVita and also assists with the coldsheets. He is unbelievable, and, like Robin, gives a hundred percent of himself at every
What is totally amazing is that we witness improvement with different ailments in a matter of days! You can see the changes in the faces, like Daniel's in the Bible, and some even shine because the electrical currents of the body are starting to recharge. You also will notice that many experience ease in body movements--another sign that the health is improving--and less pain and quicker steps. You can see the change in the body and face in about three days. Another indicator of good health is the voice gets stronger. God healing plan is amazing!

At BellaVita, we serve only living food and eliminate all cooked or dead foods. When heating food above 115 degrees the enzymes are destroyed. Enzymes, which occur naturally in all living things, are the catalyst for every cell to do its job. Every single function that takes place within our body, including pumping our blood and the growth of new cells, requires enzymes to begin, carry out, and complete the process. Enzymes are necessary to maintain our health and proper body functions, and we get enzymes by eating live food.

For the 10-day therapeutic cleanse and healing program, we do not serve any grains, as I said before, because so many people are allergic and don't even know it. We do serve a raw pizza with a delicious raw barbecue sauce and live "cheese" made from cauliflower and butternut squash that look like the real thing on the last day. The crust is made with sprouted buckwheat that we dehydrate at 99 degrees to preserve the enzymes. Recent studies link buckwheat to lower blood sugar and cholesterol levels, making it a beneficial grain-like food for people with adult onset diabetes and high cholesterol.

Bob came to BellaVita with diabetes and neuropathy. Bob had trouble walking because of excruciating pain in his feet and hated taking the strong pain killers his doctor had prescribed. All his happiness was gone, and his wife, Manuella, hurt for her husband of 41 years. I told Bob that his diabetes would probably improve in five days and the neuropathy too. That was all he needed to hear. Bob, to our surprise, signed up for BellaVita in ten minutes, and was willing to try the program of a different Doctor.

At the graduation ceremony, Manuella shared: "On a promise of a ten-minute appointment, we packed
our bags and headed to BellaVita. Bob could not walk without pain, but in five days at BellaVita, not only was his blood sugar normal without medication, but Bob walked three and one-half miles. I witnessed a miracle in five days, and with no pain killers either! Bob would pant just walking across the street. Everyday of life was mingled with pain. He was not happy and needed a miracle. I know there is a God and Jesus. I loved the baptism the most. BellaVita was God's gift to us. The staff were incredible and Danny's zeal and passion moved us."

Bob, in tears, added: "I was angry when I came. I have lived with pain 24/7, but BellaVita has given me back my happiness. And Danny, you are the most unselfish man I have ever met. I love you." The hug he then gave me was truly from his heart." "I love you too," I answered. "I knew I had met a life-long friend. Bob also could not put down my new book--The Final Inquisition, and took copies to pass out to others. I spoke to Bob recently and he told me he is continuing on the vegan diet and his blood sugar is fine. "I am not taking any medication," he said, "and I have lost 82 lbs." You can't go wrong when you listen to God's Natural Doctors and follow His amazing healing program!

God bless,
Danny Vierra

ANNOUNCEMENT: We desperately need more volunteers for the Health & Healing Crusade. We offer a free DVD for the meetings you miss. There will be free admission and free camping for this year's Health and Healing Crusade. The food will be prepared by the Maui Vegetarian chefs, Crystal DuBoyce and Brian Igarta. The cost for the delicious, healthy meals is only $7.00 each. Meal tickets may be purchased online at VEGAN MEALS. If you would like posters and postcards to help us announce the event, please contact Daniel Jr. at 209.334.3868.

REMEMBER: We are taking only 12 candidates for our first medical missionary school. If you would like to attend our first R I S E N program, July 17 to August 7, please send an email to R I S E N SCHOOL and include the following:

- Biography and picture
New Cedar Sauna

Coldsheet Treatments

Young Graduate

Graduation Party

HEALTH TIP OF THE WEEK

HEALTH TIP OF THE DAY: When I was going through an extreme trial 7 years ago, I was on the cell phone far too much. I got three red skin tags near the right temple on my head where I held the cell phone. I applied Can-X Black Salve & it activated & a tumor came out about the size of a nickel and twice the thickness. Agatha Trash did the pathology & said "abnormal tissue but no malignancy." Wow, the power of herbs! Please watch those cell phones friends. The WHO confirmed they cause brain tumors.

Speaking Engagements - Call 800-655-3228 for more information

May God bless you in health,
Danny Vierra
Modern Manna Ministries
BellaVita Lifestyle Center
R I S E N Medical Middionary School

June 4 & 5, 2011
Milpitas SDA Church
1991 Landess Ave,
Milpitas CA 95035
Phone: 408-263-7626

Consult your physician before using any
natural remedy. These statements have not been approved by the Food and Drug Administration.

The Lord is the Master Physician. The Bible says He is the One who "forgiveth all thine iniquities; who healeth all thy diseases." Ps.103:3

June 17 - 19, 2011 - Health & Healing Crusade
Speakers: Charlotte Gerson, Cherie Calbom, Nathan Renner, Dave Westbrook, Danny Vierra, Giana Vierra, & Charmaine Daniels. Free Tent Camping
Lodi, CA
Phone: 800.655.3228

July 9 &10
Bayknoll SDA Church
Rochester, NY
585.467.2722

July 17 - August 7
RISE N - Remedial & Integrated School of Evangelism & Naturopathy
21-Day Medical Missionary Course Plus Cleanse
209.334.3868

September 3
Campbell SDA Church
(planning stages)

September 18 - 27, 2011
BellaVita Lifestyle Center
10-Day Cleansing Program
Medical Missionary Training
800.655.3228

October 2011
Sunnyvale SDA Church
(planning stages)

November
SDA Bilingual Church
Visalia, CA
(planning stages)

BELLA VITA LIFESTYLE CENTER
September 18 -27
Call 1-800-655-3228

Join Danny Vierra for the next therapeutic cleansing program at beautiful BellaVita. The unique 10-day session includes instruction in the 8 Laws of Health and Health Disciple Training Program.
Take a tour of BellaVita by clicking on the link below.

BellaVita Lifestyle Center

One Final Note

I would greatly appreciate your prayers. Time is short and Jesus is coming soon. The signs are all around us.

Please help Modern Manna reach the world with the health message and the gospel. Donations can be made online at www.modernmanna or just drop me a note at danny@modernmanna.org or call 1-800-655-3228. Perhaps we can encourage one another.

God bless you,
Danny Vierra
Modern Manna

Past Issues
THE ELIJAH PROPHECY

HEALTH & HEALING CRUSADE 2011

A thousand or more will gather at Lodi’s Grape Festival Grounds for Modern Manna’s 13th Annual Health & Healing Crusade on June 17-19, 2011. This year’s event will feature Charlotte Gerson, Cherie Calbom, Nathan Renner, Dave Westbrook, Giana Vierra, Charmaine Daniels, and Danny Vierra.
Charlotte Gerson, now 89, is daughter of Dr. Max Gerson and co-founder of the famous Gerson Therapy. Charlotte has gained much of her experience from working with those who the medical profession labeled "incurable." Since 1977 this world-famous speaker trains and provides consultation to physicians. For the past 30 years, she has lectured widely all over the U.S., Canada, Mexico, Europe and Australia. She will travel to Lodi, once again, as she teaches the public on how to live a long, healthy life and one that is free from disease.


Cherie earned a Master of Science degree in whole foods nutrition from Bastyr University. She has appeared on numerous shows including CNN, Fox News, and Martha Stewart Living Radio. She also was featured in Woman's World Magazine with Dr. Oz.

Pastor Nathan Renner serves as the senior pastor of the Seventh-day Adventist Church in Sonora California. He was called to ministry shortly after his conversion in January of 1997, and soon began working as a Lord has opened many opportunities for him to preach around the world, which he has done tirelessly. Nathan was the co-founder of ARISE with David Asscherick. He and his wife Becky had two young children, Levi and Laurel, and they all enjoy getting out in God's great outdoors.
Dave Westbrook, is the director of the documentary film "America's Cities: The Coming Crisis". The movie takes viewers on a journey from the streets of America's cities to personal interviews with leading experts who reveal the disturbing truth about what lies ahead for the nation's metropolitan areas. In making the film Dave spoke with members of congress, authorities from leading universities, military, and disaster planning agencies including a former high ranking FEMA official. Dave is also an author and international speaker and has hosted rallies in major cities in the United States and Canada to raise awareness of the threats facing urban areas and what families can do to prepare for what's coming.

Giana Vierra is an expected graduate this June from Loma Linda University with her master's in Marriage and Family Therapy. Giana is currently fulfilling her internship requirements for licensure at the County of San Bernardino in the Department of Behavioral Health, counseling children and adolescents that have faced severe trauma in their lives. Through the various experiences God has been leading Giana through, she is using her education and God-given talents to seek out her passion of bringing relief to the suffering.

Charmaine Daniels is an 8 year cancer survivor, trained through the Physicians Committee for Responsible Medicine as a Food for Life Nutrition & Cooking Class Instructor, Stanford Prevention Research Center as a Stanford Healthy Lifestyle Program® Facilitator, as well as a CHIP® Facilitator. She is a highly motivating speaker and offers innovative programs to help individuals make positive dietary and behavioral lifestyle changes. Charmaine is attending and will receive her Associate Chef certificate from Living
Light Culinary Arts Institute, the world's premier organic raw vegan chef training school. She will be demonstrating the delicious BellaVita's live food menu at the crusade.

Danny Vierra is the Director of Modern Manna Ministries and BellaVita Lifestyle Center. He is a dynamic, international speaker who specializes in detoxification programs, alternative therapies, and natural medicine. Through his Health and Healing Crusades, radio and TV appearances, lectures, and blockbuster infomercial The Almighty Cleanse, Danny has helped thousands with his nutritional knowledge and expertise. His latest 14-Part DVD series Adventures in Health has appeared worldwide and continues to motivate individuals to make healthy lifestyle changes.

Last year we had some problems with the youth being unsupervised so we are planning meetings for both children and youth this year, and asking parents to help supervise their children.

Brian Igarta and Crystal DuBoyce, the Maui Vegetarians will be preparing food for the crusade this year. The delicious vegan meals will sell for the reasonable price of $7.00 each. Free admission and free camping again this year. You can register online at CRUSADE 2011. See you there!

Danny Vierra
BellaVita Lifestyle Center