Greetings!

July is off to a blazing start. Charmaine and I will be traveling to Rochester, NY, tomorrow for a weekend of health meetings and raw demonstrations at the Bayknoll SDA Church. Charmaine recently graduated as an associate chef and instructor from Living Light--the premier raw culinary school in the country. I will be presenting my new Learn How to Be Well Series that teaches Americans how to avoid and reverse the major chronic diseases that are killing millions of Americans. We return for a July 17-26, 10-day cleanse program at BellaVita (session is full), and then on the road again for Friday, Sabbath, and Sunday health meetings at the Templeton, CA., SDA
Church, July 29-31, at the invitation of Ivor and Atonte Myers.

We are receiving many calls to churches to teach medical missionary work, health evangelism, raw food demonstrations, and simple natural remedies. There is an awakening like I have never seen before. God has provided power natural remedies in nature that can heal, instead of drugs that never heal. Take for instance a emergency call I received from a friend, Pastor Steven Allred, from the Sacramento Central Church. He called for a friend who was in the hospital and scheduled for gallbladder surgery the next day. She wanted the recipe for the liver/gallbladder flush. Her husband was bringing her the ingredients that evening, and she was anxious to try the simple remedy lying right there in the hospital bed. We all prayed for a positive outcome.

My mother, mother-in-law, an hundreds of other people have used this remedy with success. I passed a number of stones myself when I drank the flush years ago. I saw a number of green, pea-like stones in the toilet the next morning. In fact, my mother-in-law had a stone blocking the bile duct that was knocked loose after she drank the lemon and olive oil flush.

I do not prescribe. I simply share the story of what my mother did to save her gallbladder and avoid surgery. I have heard only one time (in thousands of cases) where someone got a stone blocking the duct after the taking the drink and had to have surgery. In case you have a large stone, do use precaution. If a stone is already blocking the duct and you are scheduled for surgery what harm can it do?

My mother did the following:

- Drank fresh apple juice 3 times a day for 2 days prior to the flush.
- Took 2 to 3 teaspoons of Epson Salts (high in magnesium) in warm water with a TBSP of fresh lemon juice each morning for two days. The magnesium can move the bowels and relax the bile duct making stones easier to pass.
- On the 3rd EVENING not morning, she took 2 Teaspoons of Epson salts in warm water with 2 TBSP lemon juice 2 hours before the flush. Say around 7 or 8 PM.
- 2 hours, at 9 or 10 PM, after the Epson Salts, she drank 5 oz. of fresh squeezed lemon juice and laid on her right side for 15 minutes.
- Then she drank 5 oz. of organic cold-pressed
virgin olive oil straight down and laid on her right side and went to bed for the night.

- This can be repeated the next night or a week later if so desired. You may see small pea-like round balls in the toilet the next day.
- In many cases where large stones are NOT indicated, I have seen the person drink 4 ounces of lemon juice and lay on right side for 15 minutes, and then follow with 4 oz. of virgin olive oil lay on right side and go to bed. Success the next morning. Remember, you must drink these right down...no sipping!

Steven's friend texted me the next morning and said she was having no pain, felt better, liver enzymes were dropping, and the doctor was releasing her from the hospital without surgery. She said there may have been a stone blocking the duct and driving up the liver enzymes. Praise God for this simple home remedy.

To God be the glory,
Danny Vierra

HEALTH TIP OF THE WEEK

HEALTH TIP OF THE WEEK: Years ago I had bloating, gas, diarrhea, depression, weakened immune function, & every time I ate I got the runs. I was ready to check into the ER & prayed. I had received a newsletter called THE GLUTEN CONNECTION & read it on the toilet. I quit wheat, rye, oats, barley, soy, took anti-fungals for Candida, a secondary problem, & B-12 injections. In 72 hours all changed! I was a HAPPY CAMPER!

Speaking Engagements - Call 800-655-3228 for more information

July 9 &10
Bayknoll SDA Church
Rochester, NY
585.467.2722

July 17 - 26, 2011
BellaVita Lifestyle Center
10-Day Cleansing Program
Medical Missionary Training
209.334.3868

July 29-31 - Fri. 7 PM, Sat. 10:45 AM, 2:30 & 4:00 PM
Sunday 10:00 AM
Templeton SDA Church
930 Templton Hills Rd.
Templeton, CA
805-434-1710

September 18 - October 9, 2011
R I S E N - Remedial & Integrated School of Evangelism & Naturopathy
21-Day Medical Missionary Course Plus Cleanse
800.655.3228

October 22 - 23, 2011
Sunnyvale SDA Church
653 West Fremont Avenue
Sunnyvale, CA
(408) 732-4080

Medical Missionary Training Weekend
Lodi Grape Festival Grounds
(Planning stages, TBA)

November 5 - 6, 2011
SDA Bilingual Church
Visalia, CA

Coming Engagements:
Mountain View SDA Church
Hollister SDA Church

BELLA VITA LIFESTYLE CENTER
JULY 17 - 26
Call 1-800-655-3228

Join Danny Vierra for the next therapeutic cleansing program at beautiful BellaVita. The unique 10-day session includes instruction in the 8 Laws of Health and Health Disciple Training Program.

Take a tour of BellaVita by clicking on the link below.
**BellaVita Lifestyle Center**

---

**One Final Note**

I would greatly appreciate your prayers. Time is short and Jesus is coming soon. The signs are all around us.

Please help Modern Manna reach the world with the health message and the gospel. Donations can be made online at [www.modernmanna](http://www.modernmanna) or just drop me a note at danny@modernmanna.org or call 1-800-655-3228. Perhaps we can encourage one another.

God bless you,

Danny Vierra

Modern Manna

---

**Past Issues**

**THE ELIJAH PROPHECY**
Young Graduate

Graduation Party

For more information:
SEE BELLAVITA

These statements have not been evaluated by the food and drug administration. These products are not meant to diagnose, treat or cure any disease or medical condition.

The Lord is the Master Physician. The Bible says He is the One who “forgiveth all thine iniquities; who healeth all thy diseases.” Ps.103:3
Not spam
Forget previous vote