The Elijah Prophecy

Modern Manna

Issue 95

January 28, 2011

The Magic Mirror

In This Issue

THE GRADUAL CHANGE OF THE 4TH COMMANDMENT

BELLAVITA LIFESTYLE CENTER MARCH 20 -29

THE MAGIC MIRROR

SPEAKING ENGAGEMENTS FOR DANNY VIERRA

The Gradual Change of the 4th Commandment

Greetings!

Twenty-five years ago, I made the decision to follow Jesus Christ. As a boy, I was raised a Roman Catholic and attended Catholic schools for twelve years. I remember having more of a relationship with the Virgin Mary than with her Son, Jesus. I would often pray to the Virgin Mary at the Cathedral of the Annunciation where I attended church and served as an altar boy for two years. I went to Mass almost every Sunday and to confession regularly. Everyone said, "You are a good Catholic boy."

But, as God's providence would have it, the first time I ever attended a Protestant church (I was 30 years old) I heard a message on Bible prophecy, the end times, and the mark of the beast. I was shocked when the young Protestant minister in his sermon alluding to the Catholic Church, the only church I knew at the time, as the "little horn" coming out of the fourth beast of Daniel 7. How could this be?

Dear Friends:
I have been conducting cleansing programs at BellaVita for 10 years now. There are many healing testimonies that I can share that are truly amazing, but, today, I want to write about something that happens when you cleanse the
elimination organs of the body that may surprise many of you. It certainly surprised me the first time I saw it happen until I read “The Miracle of Fasting” by the late Paul Bragg.

The story is about the healing reaction that is evident on a person’s tongue when he or she cleanses the body of toxins. This does not always show up in every case, but I did have a BellaVita session where four of the guests had a thick white coating on the tongues after a few days of cleansing and fasting.

Paul Bragg says in his book: “Your tongue--your inside magic mirror--reveals how much toxic material is stored in the cells and vital organs of your body. The tongue is the mirror of the stomach and entire membrane system.

“"In your body there is a hose-like tube that averages 30-feet long, extending from the mouth to the anus. It has the body heat of 98.6 degrees, plus body moisture. Through this tube

The confident, young minister, holding the Bible in his hand, stated: "There is yet another identifying feature of the little horn that must be addressed--that He would "think to change times and laws." (Daniel 7:25). I will never forget the day I learned that the Roman Catholic Church and the papal power were foretold in the Bible prophecy. The prophecies of Daniel 7 reveal the four great world powers that would successively rule the world. These four monolithic empires were Babylon (the lion, verse 4), Medo-Persia (the bear, verse 5), Greece (the leopard, verse 6), and Rome (the fourth beast, dreadful and terrible, verse 7). He then explained that out of the fourth beast, Rome, which is "the fourth kingdom upon earth" (verse 23), would come a “little horn” (verse 8), who "shall speak great words against the most High, and shall wear out the saints of the most High, and think to change times and laws: and they shall be given into his hand until a time and times and dividing of time" (verse 25).

"Now how did the papal power think to change times and laws," he asked the class, "and what laws would Satan specifically target in his attack?" "The most likely answer would be the law of God-the Ten Commandments," he said. The shocker came to me when the young minister began to explain how the Roman Catholic Church did, indeed, just that. "They took out the second commandment, which says: 'Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth,'" he said. Immediately I thought about the images of Mary, Baby Jesus, and the Saints in the Cathedral of the Annunciation. How I revered the statues, especially the ones of Mary. I remember wondering, as I listened to the minister speak, why there were statues in the Cathedral, anyway, when the second commandment forbade image worship. Either the statues were a violation of God's law, or the second commandment, as the young minister insisted, had been changed! What about the bleeding icons and the weeping statues? Would God work miracles through graven images which He forbade?

Eager to learn more, I continued to listen closely to what the young minister had to say about the "little horn" power of Daniel 7. "Not only did the Pope 'think' to change the second commandment," he continued, "but he moved the rest of the other nine commandments up one number [number three was now number two, and number four was now number three, etc.], and then he divided number ten in half, making two commandments out of the one, so that there would still be ten
passes all the food you eat. Now, different foods take different times to pass through the tube or GI tract. Sad facts—most people eat an unhealthy, refined, concentrated, acid-forming diet. They eat large amounts of refined white flour, white sugar, salt and saturated fats. Most of these commercial foods lack sufficient bulk, moisture and lubrication to pass quickly through the 30-foot tube.

"I believe that there is a common factor that precedes or is coexistent with most body ills that afflict us. This common denominator is constipation. Definitions may differ but it is logical that if outgo does not equal intake—either in terms of quantity or in frequency—then constipation will occur and it can be the beginning of more serious physical problems.

"Most people are brainwashed to believe there is no harm in eating almost anything, as often as they desire it....The average person believes that commandments!" I remember the day I looked in a Catholic Catechism to verify this for myself and gasped. The second commandment was gone, the fourth commandment, which says: "Remember the Sabbath day, to keep it holy. Six days shalt thou labour and do all thy work: But the seventh day is the Sabbath of the Lord thy God" was now the third and simply said: "Remember that thou keep holy the Sabbath." Number nine said, "Thou shalt not covet thy neighbor’s wife." And number ten said, "Thou shalt not covet thy neighbor’s goods." What authority did the Roman Catholic Church have, anyway, to change the law of God, I wondered? The young minister continued with his lecture by challenging my lifelong beliefs even further when he asked the question, "How did the little horn think to change ‘times’?"

Before I answer that question, I first want to tell you a little more about my life as a young Catholic boy. Every Sunday I was required to attend 9:00 A.M. Mass at the Cathedral of the Annunciation. If I missed a Sunday, I was required to bring a note from my parents explaining why I had missed Mass that day, or I would have to stay after school for detention. It was a law!-a "Sunday Law"! In fact, it is a mortal sin to miss Mass on Sunday, according to the doctrines of the Roman Catholic Church. Therefore, I was quite surprised when the young minister began to question Sunday-keeping. He began by stating that nowhere in the Bible is Sunday regarded as a "holy day." In fact, A Doctrinal Catechism, by Rev. Stephen Keenan, page 174 says:

"Question - Have you any other way of proving that the church [Roman Catholic] has power to institute festivals of precept?

"Answer - Had she not such power, she could not have done that in which all modern religionists agree with her—she could not have substituted the observance of Sunday, the first day of the week, for the observance of Saturday, the seventh day, a change for which there is not Scriptural authority."

"The Catholic church, by virtue of her divine mission, changed the day from Saturday to Sunday." (The Catholic Mirror, official organ of Cardinal Gibbons, Sept. 23, 1893).

Again the question is asked of them in still another catechism:
if they have one good bowel movement a day, usually in the morning, that they are free of constipation. One full bowel movement is not sufficient to remove all the food material these people are stuffing into their intestinal tracts. As a consequence, this rotten, putrefying, morbid, waste is undischarged in the intestine, where it goes enzymatic and bacteriological changes that often cause severe physical problems.

"The human body is basically strong and can take a lot of abuse from over-stuffing, plus eating unhealthy meals. It is most difficult to tell these people who eat incorrectly and have only one bowel movement a day that they are constipated and thus are inviting serious troubles later. But there is one warning signal--an unhealthy tongue--that can tell these people that they are carrying a cesspool within their bodies.

"If these people fasted for 2 to 3 days on distilled water exclusively, their

"Question - Which is the Sabbath day?

"Answer - Saturday is the Sabbath day.

"Question - Why do we observe Sunday instead of Saturday?

"Answer - We observe Sunday instead of Saturday because the Catholic Church, in the Council of Laodicea, (A.D. 336), transferred the solemnity from Saturday to Sunday." (The Convert's Catechism of Catholic Doctrine, p. 50, Third Edition, 1913, a work which received the "apostolic blessing" of Pius X, Jan. 25, 1910).

After the young minister's lecture, which both shocked and disturbed me, I ran out of the church and remember looking for one of the Catholic priests that had taught me "the truth." It so happened that the very next evening I was going to a party to which I had been invited the week before. And whom do you think I ran into there? It was one of the priests from the Cathedral of the Annunciation! Talk about Providence! With a cocktail in one hand and a cigarette in the other, the priest seemed pleased to see me after so many years. My mind was racing, and it wasn't long before I sprung the unexpected question upon him: "Which is the Sabbath day?" I asked. With an interesting look in his eye, he answered cautiously, "Saturday!" I then probed him further as to how God's holy day (Isaiah 58:13), the Seventh-day Sabbath, got changed from Saturday to Sunday? With raised eyebrows, and the smell of liquor and tobacco on the "holy" man's breath, he answered, and I kid you not, "the pope changed the day!" I then asked him if the Catholic Church had indeed killed millions of Christians during the Dark Ages? He reluctantly answered, while looking into his glass, "We would like to forget that." And to think that I used to confess my sins to these "reverend men of God," who buy pornographic literature, smoke cigarettes, and get drunk in public!

So it was all true. The young minister had spoken the truth that Saturday morning! The "little horn" of Daniel 7 and "the leopard-bodied beast" of Revelation 13 is the Roman papacy, who thought to change "times and laws." Satan had succeeded through his earthly agent, the pope of Rome, to change the time we are to worship the Creator-from the seventh day to the first day of the
"Magic Mirror" tongue would tell them quite plainly that they are carrying a horrible mass of fermenting poison inside their intestines. A few days of fasting will coat the tongue with a thick, white, toxic material that has a strong odor [just like the 4 people at BellaVita]. This heavy coating can be scraped off and examined. In fact, you can scrape the tongue clean, but, in a few hours the toxic coating usually returns. This is an indication of the amount of putrefying toxic filth, mucus and other poisons that are accumulated in the body's cells that are now being eliminated from the inside surface of the stomach, intestines, organs, and from all parts of the body.

"The actual amount of toxic material the average person carries around with them is almost unbelievable! In my opinion, many physical problems are the result of this clogging of the 30-foot GI tube.

"The toxic tongue tells the faster that his body week--and, as a consequence, many Christians are keeping, most of them unknowingly, mind you, the "commandments of men." Did not Christ warn us: "But in vain they do worship me, teaching for doctrines the commandments of men?" (Matt. 15:9). Friends, Satan in his efforts to usurp the throne of God and sit in the sides of the north ( Isa. 14:13, 14) as God Himself, has changed "times" by changing the day the Bible says we are to worship the Creator! By this apparent change, the creature Satan, through his human agents, has claimed the authority of the Creator, and millions and millions of people all over the world are unknowingly paying homage to the "father of lies" by worshipping at his commandment on the first day of the week--the venerable day of the sun-Sunday!

The detector of error having been removed, Satan worked according to his will. Prophecy had declared that the papacy was to 'think to change times and laws.' Daniel 7:25. This work it was not slow to attempt. To afford converts from heathenism a substitute for the worship of idols, and thus to promote their nominal acceptance of Christianity, the adoration of images and relics was gradually introduced into the Christian worship. The decree of a general council finally established this system of idolatry. To complete the sacrilegious work, Rome presumed to expunge from the law of God the second commandment, forbidding image worship, and to divide the tenth commandment, in order to preserve the number.

The spirit of concession to paganism opened the way for a still further disregard of Heaven's authority. Satan, working through unconsecrated leaders of the church, tempered with the fourth commandment also, and essayed to set aside the ancient Sabbath, the day which God had blessed and sanctified (Genesis 2:2, 3), and in its stead to exalt the festival observed by the heathen as 'the venerable day of the sun.' This change was not at first attempted openly. In the first centuries the true Sabbath had been kept by all Christians. They were jealous for the honor of God, and, believing that His law is immutable, they zealously guarded the sacredness of its precepts. But with great subtlety Satan worked through his agents to bring about his object. That the attention of the people might be called to the Sunday, it was made a festival in honor of the resurrection of Christ. Religious services were held upon it; yet it was regarded as a day of recreation, the Sabbath being still sacredly observed.

To prepare the way for the work which he designed to accomplish, Satan had led the Jews, before the
contains toxic poison. The characteristics of tissue construction, especially of the powerful, vital internal organs—such as the kidneys, liver, and all the glands—are like those of a sponge. Imagine a sponge filled with a putrefying mass of thick paste. I have supervised thousands of fasts and only a person with my long experience knows the great amount of toxins that are stored in the body of the average person who is trying to survive on the standard American diet.

"Think of a simple illustration, for instance, of someone with the common cold. Have you ever stopped to think how much phlegm passes out of the body through the nose and throat? This is also how the vital organs such as the lungs, kidneys and bladder are passing out poisons during this cleansing crisis.

"So start right now to learn more about yourself by fasting and closely watching your tongue. The tongue is a spongy organ whose surface

advent of Christ, to load down the Sabbath with the most rigorous exactions, making its observance a burden. Now, taking advantage of the false light in which he had thus caused it to be regarded, he cast contempt upon it as a Jewish institution. While Christians generally continued to observe the Sunday as a joyous festival, he led them, in order to show their hatred of Judaism, to make the Sabbath a fast, a day of sadness and gloom.

In the early part of the fourth century the emperor Constantine issued a decree making Sunday a public festival throughout the Roman Empire. The day of the sun was reverenced by his pagan subjects and was honored by Christians; it was the emperor's policy to unite the conflicting interests of heathenism and Christianity. He was urged to do this by the bishops of the church, who, inspired by ambition and thirst for power, perceived that if the same day was observed by both Christians and heathen, it would promote the nominal acceptance of Christianity by pagans and thus advance the power and glory of the church. But while many God-fearing Christians were gradually led to regard Sunday as possessing a degree of sacredness, they still held the true Sabbath as the holy of the Lord and observed it in obedience to the fourth commandment.

The archdeceiver had not completed his work. He was resolved to gather the Christian world under his banner and to exercise his power through his vicegerent, the proud pontiff who claimed to be the representative of Christ. Through half-converted pagans, ambitious prelates, and world-loving churchmen he accomplished his purpose. Vast councils were held from time to time, in which the dignitaries of the church were convened from all the world. In nearly every council the Sabbath which God had instituted was pressed down a little lower, while the Sunday was correspondingly exalted. Thus the pagan festival came finally to be honored as a divine institution, while the Bible Sabbath was pronounced a relic of Judaism, and its observers were declared to be accursed.

The great apostate had succeeded in exalting himself 'above all that is called God, or that is worshipped.' (2 Thessalonians 2:4). He had dared to change the only precept of the divine law that unmistakably points all mankind to the true and living God. In the fourth commandment, God is revealed as the Creator of the heavens and the earth, and is thereby distinguished from all false gods. It was as a memorial of the work of creation that the seventh day was sanctified as a rest day for man. It was designed to keep the living God ever before the minds of men as the source of being
and the object of reverence and worship. Satan strives to turn men from their allegiance to God, and from rendering obedience to His law; therefore he directs his efforts especially against that commandment which points to God as the Creator.

Protestants now urge that the resurrection of Christ on Sunday made it the Christian Sabbath. But Scripture evidence is lacking. No such honor was given to the day by Christ or His apostles. The observance of Sunday as a Christian institution had its origin in that 'mystery of lawlessness' (2 Thessalonians 2:7, R.V.) which, even in Paul's day, had begun its work. Where and when did the Lord adopt this child of the papacy? What valid reason can be given for a change which the Scriptures do not sanction?" (The Great Controversy, pp. 51-54). What does the fourth commandment actually say: "Remember the Sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: But the seventh day [Saturday] is the Sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the Sabbath day, and hallowed it." (Exodus 20:8-11).

Does the Catholic Church acknowledge that there is no command in the Bible for the sanctification of Sunday? "You may read the Bible from Genesis to Revelation, and you will not find a single line authorizing the sanctification of Sunday. The Scriptures enforce the religious observance of Saturday, a day which we never sanctify." (Faith of Our Fathers, p. 111).

Does Revelation 12:17 make more sense to you now? "And the dragon was wroth with the woman, and went to make war with the remnant of her seed, which keep the commandments of God, and have the testimony of Jesus Christ." Revelation 14:12 also adds: "Here is the patience of the saints: here are they that keep the commandments of God, and the faith of Jesus"; and Revelation 22:14 concludes: "Blessed are they that do His commandments [not Satan's], that they may have right to the tree of life, and may enter in through the gates into the city." The Apostle John also penned the following words while under inspiration: "And hereby we do know that we know Him, if we keep His commandments. He that saith, I know Him, and keepeth not His commandments, is a liar, and the truth is not in him." (I John 2:3, 4). After all, Christ Himself said: "If you love me, keep My commandments....even as I have kept my Father's commandments, and abide in His
sore painful fissured tongue can indicate a Vitamin B3 or niacin deficiency; a sore burning tongue and lips and peeling of lips can indicate a Vitamin B2 or riboflavin deficiency; a swollen tongue with lateral teeth indentations can be caused by food intolerance; a painful sore tongue with a smooth appearance can be a folic acid deficiency; and a pale fissured tongue a iron deficiency.

I am sure you will never look at your tongue the same again.

The statements in this newsletter have not been approved by the FDA. Consult your physician before using any of the natural and safe. Or consult the Master Physician "Who forgiveth all thine iniquities; who healeth all thy diseases." Ps.103:3

---

Is the Virgin Mary Dead or Alive?

The above article was taken from Chapters 9 and 10 of "Is the Virgin Mary Dead or Alive?" by Danny Vierra.

Read the whole book at: [http://www.virginmarybook.com](http://www.virginmarybook.com)

---

Upcoming Speaking Engagements

March 5 & 6, 2011
Visalia SDA Church
Visalia, CA

March 11-13, 2011
6800 West Oakland Park Blvd.
Sunrise, Florida 33313
Phone 954-742-7515

March 20 -29, 2011
BellaVita Lifestyle Center
10-Day Cleansing Program
Medical Missionary Training

May 15 -24, 2011
BellaVita Lifestyle Center
10-Day Cleansing Program
Medical Missionary Training

June 17 - 19
Modern Manna’s Health and Healing Crusade
Lodi, CA

July 9 &10

---

love.” (John 14:15; 15:10).
Bayknoll SDA Church
Rochester, NY
585.467.2722

July 17 - 26, 2011
BellaVita Lifestyle Center
10-Day Cleansing Program
Medical Missionary Training

R I S E N - Remedial & Integrated School of Evangelism & Naturopathy
21-Day Medical Missionary Course Plus Cleanse
Planning for the month of September

BELLA VITA LIFESTYLE CENTER
March 20 -29

Call 1-800-655-3228

Join Danny Vierra for the next therapeutic cleansing program at beautiful BellaVita. The unique 10-day session includes instruction in the 8 Laws of Health and Health Disciple Training Program. Price has been discounted for July.

Take a tour of BellaVita by clicking on the link below.

BellaVita Lifestyle Center
Not spam
Forget previous vote