GREETINGS:

Dr. Mitchell Gaynor, the chief of medical oncology at the Strang Cancer Prevention Center in New York City, had a very good understanding about cancer when he completed his cancer specialty at Cornell University, but admitted he had a poor understanding in regards to diet and nutrition and their significance in the prevention and treatment of degenerative disease.

Cancer is a specific cluster of cells undergoing uncontrolled cell division and multiplication. It is the ultimate example of a degenerative disease in progress. Cancer cells are essentially parasitic and immortal. They fail to develop specific functions, they develop their own blood vessel network to siphon nourishment away from normal cells, and grow to such a state of abnormality that they kill their host. Cancer cells are not encapsulated by fiber and thus may invade nearby normal cells. If they do not invade, the cancerous growth is considered to be
localized; if they spread to other body parts, the malignancy is labeled metastasized.

The concept of angio genesis was discovered 40 years ago by the late Dr. Judah Folkman. Angio genesis means sourcing out nutriments through the growth of blood vessels. William Li presented a new way of battling cancer--anti-angiogenesis through the food we eat. An angiogenesis inhibitor is a substance that inhibits angiogenesis (the growth of new blood vessels). It can be endogenous or come from outside as a drug or a dietary component. Every solid tumor (in contrast to liquid tumors like leukemia) needs to generate blood vessels to keep it alive once it reaches a certain size. Usually, blood vessels are not built elsewhere in an adult body unless tissue repair is actively in process. More than 60 years ago, Max Gerson, M.D. (1881-1959) introduced the Gerson Therapy--a revolutionary dietary program that was far advanced for its time. There was no scientific rationale available to explain why it produced reversal of chronic and infectious diseases. The therapy was successful in curing advanced tuberculosis, diabetes, migraines, heart disease, cancer, arthritis, skin disorders, and other life-threatening disorders.

Today, science is awakening to the fact that food is good medicine. The National Cancer Society is researching the role that plants and their phytochemicals play in the prevention in cancer. Prestigious Universities and Medical Schools, such as Harvard, Cornell, and John Hopkins are researching and publishing findings regarding their discoveries on the effectiveness of plant chemicals in treating chronic disease. Dr. Mitchell Gaynor also has learned evidenced by his statement: "We've seen the future and the future is food."

Diet, nutrition, and lifestyle are the wave of the future for beating degenerative disease of all types. Numerous health institutes of Seventh-day Adventists are reputed for reversing chronic disease. Medically supervised lifestyle programs at Weimar, Black Hills, and Wildwood have, for years, successfully reversed diabetes, heart disease, and hypertension in patients. The Gerson Therapeutic Program also has proven effective for these diseases, but has the reputation to cure what the medical profession deems incurable diseases. Categories of advanced diseases like tuberculosis, rheumatoid arthritis, Lupus, and cancer without the use of drugs. On the contrary, the Gerson program only uses whole plant foods like the SDA institutes, but they recognize
that an ailing body can be regenerated and brought back to health by also flooding the patient with raw juices from organically grown produce.

The underlining nutritional concept of Dr. Max Gerson was that an oxygen deficiency in the blood contributes to degenerative diseases and treatment must invariably bring a doubling of circulatory oxygenation for the patient to heal. The therapy also stimulates metabolism, eliminates toxins, restores sluggish waste-removal functions of the liver and kidneys. "Thus, by using liberal amounts of high-quality nutrition (8 oz. of fresh, organic raw juice 13 times a day on the hour) in conjunction with natural medications and enemas the body can regenerate and heal even advanced cancer. "Thus by using liberal amounts, increasing a patient's oxygen availability, reinvigorating the entire organism with a well-functioning metabolism, and improving cellular detoxification, one's suppressed immune system, imperfect physiology, muddled mind, and dysfunctional brain and other essential organs are encouraged to regenerate toward homeostasis once again." The Gerson Therapy, p. 2.

Statistically, "chemotherapy boasts an overall remission rate on average of 12 percent (seven percent for colon cancer and one percent for pancreatic cancer), but the Gerson Therapy offers total remission success on average for up to 42% participating, largely terminal cancer patients." Ibid.

Hippocrates said: "Leave the drugs in the chemist's pots if you can heal your patients with food." Whole food and juicing programs like Gerson's make sure the patient's body is also flooded with key nutrients in nature's most perfect form for absorption. Elevated levels of minerals, enzymes, beta carotene, Vitamins A and C, and other antioxidants from produce that is free from all pesticide and fungicides are fed to the patients. Dr. Gerson believed that patients suffered from a severe imbalance of sodium and potassium. Potassium-rich juices, with added potassium iodine and compounds, are fed to the patient's to reestablish sodium/potassium balance.

Science and research have substantiated that plant substances called phytochemicals play a significant role in defending our cells against free radicals and stimulating our immune system. Sulforaphane, a chemical in cruciferous vegetables, boosts the body's production of phase II enzymes that cart off dangerous residues of procarcinogens, those cancer-causing precursors capable of damaging cellular DNA. Sulforaphane has
been shown to have anti-tumor activity. Cruciferous vegetables such as broccoli, Brussels sprouts, cabbage, cauliflower, and kale all contain sulforaphane.

Phase II enzymes are important antioxidants produced in the body and sulforaphane turns them on. Phase II enzymes detoxify carcinogens and turn them into water-soluble substances that can be excreted by the cell. According to Dr. Dr. Bob Arnot, "Scientists have long known that all phase II enzymes are important and that the loss of even one can raise your risk of cancer.

GSTP1, or glutathione S-transferase, is a Phase II enzyme that is universally absent in prostate cancer cells but present in normal prostate tissue. GSTP1 is very good at detoxifying carcinogens. However, prostate cancers, breast cancers, and liver cancers all seem to inactivate GSTP1, says William Nelson, M.D., Ph.D., oncologist and antioxidation expert at John Hopkins University.

There is a lot of evidence that you can turn on Phase II enzymes. All indications are that sulforaphane, a compound found in broccoli and other cruciferous vegetables, is the most potent compound for turning on Phase II enzymes. Medical experts believe that if we can raise the level of Phase II enzymes, you would establish a resistance to cancer.

Here is an impressive lecture promoting phytochemical- and antioxidant-rich foods that can slow down angiogenesis. Yes, we can prevent and starve cancer! Enjoy the presentation by William Li on ANTIANGIOGENESIS.

To be continued.

God Bless You,
Danny Vierra
Modern Manna
BellaVita Lifestyle Center

www.modernmanna.org

Speaking Engagements for Danny Vierra

Next Saturday & Sunday Charmaine Daniels and I will be speaking and demonstrating at the Visalia SDA Church. Love to see you there.
February 28 - Soup & Bread at 5:30
Health & Healing Lessons from the Bible
Health Ministry House
Columbia, CA
209.206.2440

March 5 & 6, 2011
Visalia SDA Church
Visalia, CA

March 7 - Soup & Bread at 5:30
Health & Healing Lessons from the Bible
Health Ministry House
Columbia, CA
209.206.2440

March 11 - 13, 2011
6800 West Oakland Park Blvd.
Sunrise, Florida 33313
Phone 954-742-7515

March 20 - 29, 2011
BellaVita Lifestyle Center
10-Day Cleansing Program
Medical Missionary Training

April 25 - Soup & Bread at 5:30
Health & Healing Lessons from the Bible
Health Ministry House
Columbia, CA
209.206.2440

April 10, 11, 12, & 14 - Four Night Lectures & Demos
Cleansing, Juicing, & Live Foods for Optimum Health
Sonora SDA Church 209.206.2440
Health & Healing Lessons from the Bible
Health Ministry House
Columbia, CA 209.206.2440

May 15 - 24, 2011 BellaVita Lifestyle Center
10-Day Cleansing Program
Medical Missionary Training

June 17 - 19 Modern Manna’s Health and Healing Crusade
Speakers: Charlotte Gerson, Cherie Calbom, Nathan Renner, Dave Westbrook, Danny Vierra, Giana Vierra, & Charmaine Daniels. Free Tent Camping
Lodi, CA
For more information: **SEE BELLAVITA**

Consult your physician before using any natural remedy. These statements have not been approved by the Food and Drug Administration.

The Lord is the Master Physician. The Bible says He is the One who "forgiveth all thine iniquities; who healeth all thy diseases." Ps.103:3

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**BELLAVITA LIFESTYLE CENTER**

March 20 - 29  
May 15 - 24  
Call 1-800-655-3228

Join Danny Vierra for the next therapeutic cleansing program at beautiful BellaVita. The unique 10-day session includes instruction in the 8 Laws of Health and Health Disciple Training Program.

Take a tour of BellaVita by clicking on the link below.

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