Greetings!

First, I want to say the Health and Healing Crusade was a major success again for 2012. Dr. Robert O. Young thrilled the audience with his "new biology" and the power of alkaline foods to prevent and reverse disease. Everyone was awed when he said, "The cause of disease is over-acidification of the tissues, and the most healthy program is an ALKALARIAN diet! "GREENS, GREENS and more GREENS is the surest way to alkalinize the body." Next week, I will give you a link to watch one of his awesome presentations on "Alkalarianism" on youtube.

All the speakers did a wonderful job sharing the health message. Christian Berdahl gave two powerful
presentations on music and how it affects the mind. Charlotte shined once again at 91 years old. The music was beautiful with Kathy Shallert leading out and Audra accompanying her. Charmaine gave an outstanding Raw Food demonstration to kick off the health awareness weekend. Crystal and Brian prepared delicious raw meals and vegan options once again.

You can order individual DVDs ($10.00 each) or the whole set of 12 from Modern Manna for the special price of $99.00. We hope to have them online soon for your ordering convenience.

The titles of the 12 presentations are the following:

1. BellaVegan Live Food Recipes - Charmaine Vierra
2. Music Miracles, and Mayhem - Pt 1 - Christian Berdahl
3. Alkaline PH: The Key to Sustainable Energy - Dr. Robert O. Young
4. The History of Natural Hygiene - Part 1 - Danny Vierra
5. Music, Miracles, and Mayhem - Part 2 - Danny Vierra
6. The History of Natural Hygiene - Part 2 - Danny Vierra
7. Alkaline PH: The Key to Prevention of Disease - Pt 1 - Dr. Robert O. Young
8. Alkaline PH: The Key to Prevention of Disease - Pt 2 - Dr. Robert O. Young
9. Healing with Amazing Results - Charlotte Gerson
10. Where the Science of Food Meets the Taste of Health
11. Easy and Dramatic News
12. The History of Natural Hygiene - Part 3 - Danny Vierra

We are also very excited about the launching of our new medical missionary school R I S E N and the incredible response! Charmaine is being flooded with emails and a number of people have already signed up for the Fundamentals of Natural Hygiene course. Our goal is to certify Bible workers and
laymen as Natural Hygiene Coaches, and send them out to teach God's health message of complete restoration. We want to teach students how to open and operate their own Home Lifestyle Centers, and use these beacons of light to reach the world. For more info about R I S E N see block below.

The next few weeks in *The Elijah Prophecy* I will be writing about God's Natural Laws of Health which can be found in the Book of Genesis. Yes, God established laws of health at Creation to keep His creatures in perfect health.

Here are the 8 laws of Health and the Scripture references:

1. NUTRITION - Gen:1:29
2. EXERCISE - Gen. 2:15
3. WATER - Gen. 2:10
4. SUNSHINE - Gen. 1:16
5. TEMPERANCE - Gen. 2:16, 17
6. FRESH AIR - Gen. 1:8
7. REST - Gen. 2:2, 3

"Pure air, sunlight, abstemiousness [temperance], rest, exercise, proper diet, the use of water, trust in divine power—*these are the true remedies*. Every person should have a knowledge of nature's remedial agencies and how to apply them. It is essential both to understand the principles involved in the treatment of the sick and to have a practical training that will enable one rightly to use this knowledge." *Ministry of Healing*, p. 127, Ellen G. White.

Remember, you are the Lord's property, His by creation and His by redemption (*Temperance*, p. 213). So take good care of yourself. Your body is the temple of the Holy Spirit (see 1 Cor 6:19, 20).

God bless you,
Danny Vierra
BellaVita Lifestyle Center
Modern Manna Goes To Babylon, NY

Amazing Healing Testimonies

Woman with Lymes Disease

BellaVita Movie - Premier Results

Spiritual Digestion and Assimilation

MEDICAL MISSIONARY SCHOOL

This program is offered in a 2-part training series, which includes a distance-learning course entitled "Fundamentals of Natural Hygiene", and an intensive residential program equipping the graduate as a Certified Natural Hygiene Coach.

"The hygienic system teaches that disease is a remedial effort, a struggle against the vital powers to purify the system and recover the normal state. This effort should be aided, directed, and regulated if need be, but never suppressed. What is this mysterious thing called disease? It is simply an effort to remove obstructing material which we call toxic materials from the organic domain and to repair damages. Diseases is a process of purification and repair. It is remedial action. It is a power struggle to overcome obstructions and to keep the channels of circulation free." Natural Hygiene, The Puristive Way of Life.
1. **Fundamentals of Natural Hygiene** - A Prerequisite Course for the Natural Hygiene Coach Certification Program. Program launches July 2, 2012. A diploma is issued upon successful completion of course exams with accuracy of 85% or better. This training series consists of 10 components (includes 16 DVDs and required resource books) covering a broad spectrum on health and nutrition, disease, its causes, prevention and cure. Exclusive presentations on video by Charlotte Gerson, Dr. T. Colin Campbell, Dr. John McDougall, Dr. Russell Blaylock, Dr. Neal Barnard, and Danny Vierra, CNC. Graduates gain the foundation necessary for successful understanding of the purpose and function of natural hygiene and its practical application.

2. **Natural Hygiene Coach Certification** - A 14-Day Residential Program located at the BellaVita Lifestyle Center. Onsite program begins OCTOBER 18 through NOVEMBER 1, 2012. Certification is issued upon successful completion of residential program at BellaVita Lifestyle Center. Enjoy the beauty and relaxing atmosphere of the BellaVita Lifestyle Center as you train to become a Certified Natural Hygiene Coach during the premiere 14-day intensive program. Come and learn while you engage in the complete 10-day cleansing, detoxification, and regeneration program with additional education in the following:

- Raw Food Instruction (20 hours)
- Extensive Instruction in Natural Hygiene
- Live Juices for Cleansing and Rebuilding
- Hydrotherapy including Coldsheet Treatments
- Massage
- Practical Application of Herbal Medicine
- Square-foot Gardening Method
- How to Operate Your Own Lifestyle Education Home
- Church-based Health Outreach & Evangelism
- Blending the Health Message with the Gospel & more

Natural Hygiene Coach Certification (NHC) provides cutting-edge curricula and training to individuals desiring to direct and operate a lifestyle education home and support individuals through the process of cleansing and detoxification of the seven elimination organs/systems of the body and regeneration of the body.

These statements have not been evaluated by the food and drug administration. These products are not meant to diagnose, treat or cure any disease or medical condition.

The Lord is the Master Physician. The Bible says He is the One who “forgiveth all thine iniquities; who healeth all thy diseases.” Ps.103:3
whole person. NHC graduates are licensed to use BellaVita Lifestyle Center Teacher’s Manual and programmatic materials (including 26 instructional DVDs) for individualized detoxification sessions. Prospective applicants to the NHC Certification MUST HAVE COMPLETED Fundamentals of Natural Hygiene with a score of 85% or better. Internship for Certified Natural Hygiene Coaches - NHC graduates may apply for an internship at BellaVita Lifestyle Center’s 10-day detoxification program.

"Pure air, sunlight, abstemiousness, rest, exercise, proper diet, the use of water, trust in divine power--these are the true remedies. Every person should have a knowledge of nature's remedial agencies and how to apply them. It is essential both to understand the principles involved in the treatment of the sick and to have a practical training that will enable one rightly to use this knowledge." Ministry of Healing, p. 127, Ellen G. White. In fact, this prolific author wrote much about the necessity of removing impurities from the body, and supported the Hygienic reform movement.

Here are the links for more information:

**Fundamentals of Natural Hygiene Basic Plan**

**Fundamentals of Natural Hygiene Complete Plan**  
(Includes all required textbooks)

For additional information, please contact:  
Charmaine@modernmanna.org

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**HEALTH TIP OF THE WEEK**

The term for salvation, *soteria* and the verb form *sozo*, are used over 150 times to mean "to save, cure, heal, preserve, rescue from danger, deliver, to save from peril, injury or suffering to make whole from physical death by healing, and from spiritual death by forgiving sin and its effects." Mark 6:56, Acts 4:9, James 5:15, 16. Jesus saves us from our sins and diseases by His death on the
cross. The Bible says: "I will forgive their iniquity, and I will remember their sin no more" (Jer. 31:34). "That it might be fulfilled which was spoken by Esaias the prophet, saying, Himself took our infirmities, and bare our sicknesses" (Matthew 8:17). Praise His Holy Name!!! God can heal us completely.

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**Coming Events & Speaking Engagements -**

**Call 800-655-3228 for more information**

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**SUNDAY 5:30 PM (PST)**
AMAZING FACTS TV
Adventures in Health
Every Sunday and Monday morning

July 22-31
BellaVita Lifestyle Center
10-Day Cleansing Program
Lodi, CA
209.334.3868

August 24-26
54th St. SDA Church
1973 W. 54th St.
Los Angelas, CA
323.292.2762 Ext. 10

August 2012
BellaVita Lifestyle Center
Lodi, CA
209.334.3868

September 10 - 14
Week of Prayer
Monterey Bay Academy
Monterey, CA

September 23 - October 2
BellaVita Lifestyle Center
10-Day Cleansing Program
Lodi, CA
209.334.3868

October 12-14, 2012
Tabernacle SDA Church
26 SW Condor Way
Portland, Oregon
503-223-0623

November 16-18
Stonetower SDA Church
3010 Holladay St.
Portland, Oregon
503.232.6018

January
Santa Cruz, CA

One Final Note

I would greatly appreciate your prayers. Time is short and Jesus is coming soon. The signs are all around us.

Please help Modern Manna reach the world with the health message and the gospel. Donations can be made online at www.modernmanna or just drop me a note at danny@modernmanna.org or call 1-800-655-3228. Perhaps we can encourage one another.

God bless you,
Danny Vierra
Modern Manna

Past Issues
THE ELIJAH PROPHECY
Spam
Not spam
Forget previous vote