Greetings!

I want to share a true story with you that happened about twenty years ago. One summer night, I was searching and praying for God to give me a clearer understanding of the word grace. I stayed up all night digging in the Bible and the Spirit of Prophecy for a more thorough definition of the word since one of the most profound promises in the Bible says: "For by grace are ye saved through faith, and that not of yourselves. It is the gift of God." Eph. 2:8. I wanted to know exactly what grace means since I am saved by it.

The traditional definition of grace is unmerited favor, mercy, pardon, and moral strength. The Bible teaches that it is by Christ's merits alone that we are saved. Grace is a free gift that Christ imparts to undeserving human beings because He loves us. Without the merits of Christ we would all be lost...
because "all have sinned, and come short of the glory of God" and "the wages of sin is death" (Romans 3:23; 6:23).

In fact, one very interesting statement in the Spirit of Prophecy says: "By disobeying the commands of God, man fell under the condemnation of His law. This fall called for the grace of God to appear in behalf of sinners. We should never have learned the meaning of this word 'grace' had we not fallen. God loves the sinless angels, who do His service, and are obedient to all His commands; but He does not give them grace. These heavenly beings know naught of grace; they have never needed it; for they have never sinned. Grace is an attribute of God shown to undeserving human beings. We did not seek after it, but it was sent in search of us. God rejoices to bestow this grace upon every one who hungers for it. To every one He presents terms of mercy, not because we are worthy, but because we are so utterly unworthy. Our need is the qualification which gives us the assurance that we shall receive this gift." *God's Amazing Grace*, p. 10.

That summer night, I relentlessly searched to find out more about God's amazing grace. I got out my Bible, *Strong's Concordance*, the *Spirit of Prophecy*, and *Webster's Dictionary* and read for hours every sentence, paragraph and Scripture I could find with the word grace in it. I read for hours comparing the information I had collected to find a clearer explanation of the word. Then I found in *Strong's Concordance* one of the best definitions: "Grace is the divine influence in the heart and its reflection in the life.* *Webster's Dictionary* implies the same and says: "The influence or spirit of God operating in man." Isn't that awesome? God's grace comes through the Holy Spirit, and not only cleanses us of our confessed sins, but furnishes the divine strength to fight the battle over self and Satan. Grace operates in us and is reflected in our hearts! I love the promise in Isaiah 59:19 that says: "When the enemy [Satan] shall come in like a flood, the Spirit of the LORD shall lift up a standard against him." God provides His divine power or grace through the Holy Spirit at the very moment we need it to have victory over the devil.

Today, I define grace as God's *spiritual energy* or *power* to perform His perfect will in fallen humanity, and this comes through the Holy Spirit and the holy angels. "Through faith, irrespective of feeling, Jesus, the Author of our salvation, the
Finisher of our faith, will, by His precious grace, strengthen the moral powers, and the sinner may reckon himself "to be dead indeed unto sin, but alive unto God through Jesus Christ. Simple faith, with the love of Christ in the soul, unites the believer to God. While toiling in battle as a faithful soldier of Christ, he has the sympathy of the whole loyal universe. The ministering angels are round about him to aid in the conflict, so that he may boldly say, 'The Lord is my helper,' 'the Lord is my strength and my shield'; I shall not be overcome.

Another wonderful lesson on grace is in the book *Christ Object Lessons* by Ellen G. White. In this book there is a short chapter entitled *Like Unto Leaven* about the parable in Matthew 13:33: "Another parable spake he unto them; The kingdom of heaven is like unto leaven, which a woman took, and hid in three measures of meal, till the whole was leavened." *Strong's Concordance* gave me the best definition of grace in a single sentence and *Christ Object Lessons* provides the best chapter explaining this miraculous gift of God: "The kingdom of heaven is like unto leaven [yeast], which a woman took, and hid in three measures of meal, till the whole [loaf of bread] was leavened." Among the Jews leaven was sometimes used as an emblem of sin. ... But in the Saviour's parable, leaven is used to represent the kingdom of heaven. It illustrates the quickening, assimilating power of the grace of God. *Christ Object Lessons*, pp. 95, 96.

Here we see that the inspired writer defines God's grace as "assimilating power." This agrees perfectly with what we learned above because it happens in us. Simply put, it means God will do or perform His will in our lives -- in our mortal flesh: "For we which live are alway delivered unto death for Jesus' sake, that the life also of Jesus might be made manifest in our mortal flesh" (2 Cor. 4:11).

Ellen White continues to offer us hope: "None are so vile, none have fallen so low, as to be beyond the working of this power. In all who will submit themselves to the Holy Spirit a new principle of life is to be implanted; the lost image of God is to be restored in humanity.

"But man cannot transform himself by the exercise of his will. He possesses no power by which this change can be effected. The leaven -- something wholly from without -- must be put into the meal
before the desired change can be wrought in it. **So the grace of God must be received by the sinner before he can be fitted for the kingdom of glory.** All the culture and education which the world can give will fail of making a degraded child of sin a child of heaven. The **renewing energy** must come from God. The change can be made only by the Holy Spirit. All who would be saved, high or low, rich or poor, must submit to the working of this power. *Christ Object Lessons*, p. 96.

Friends, is your understanding of grace becoming clearer? Here E. G. White refers to God's grace as **renewing energy** -- something we receive wholly from outside because it comes from God! How much He must love us to make us partakers of His divine nature (see 2 Peter 1:3, 4). God's amazing grace pardons and saves us. Grace transforms a sinner into a saint. Yes, the Bible says "all have sinned, and come short of the glory of God," but it also reassures that we are "**justified freely by his grace** through the redemption that is in Christ Jesus." Romans 3:23, 24. Now compare these verses with Romans 5:8-10: "But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us. Much more then, being now justified [pardoned] by his blood [and grace], we shall be saved from wrath through him. For if, when we were enemies, we were reconciled to God by the death of his Son, much more, being reconciled, we shall be **saved by his life**." By Christ's death and sinless life, He saves us with His perfect righteousness. He imputes and imparts His perfect life to us by His grace or divine power. Christ's provides spiritual energy to change us from unholiness to holiness and this is the good news of the gospel.

"The work of transformation from unholiness to holiness is a continuous one. Day by day God labors for man's sanctification, and man is to cooperate with Him, putting forth persevering efforts in the cultivation of right habits. He is to **add grace to grace**; and as he thus works on the plan of addition, God works for him on the plan of multiplication. Our Saviour is always ready to hear and answer the prayer of the contrite heart, and grace and peace are multiplied to His faithful ones. Gladly He grants them the blessings they need in their struggle against the evils that beset them. ... Glorious is the hope before the believer as he advances by faith toward the
I want you to think of grace in a new way. When someone tells you that you can be saved by grace without obeying God's commandments, as if God's grace gives you a license to sin instead of providing power to have victory over sin, you can share with them what you learned in this lesson -- that God has all the spiritual energy necessary to change our vile hearts and perform His good will in us. You can then quote them the following Scripture: "What shall we say then? Shall we continue in sin, that grace may abound? God forbid. How shall we, that are dead to sin, live any longer therein?" Romans 6:1, 2.

His Grace is sufficient for thee,
Danny Vierra

P.S. We just finished construction of the new prep room at BellaVita for preparing juices and the other cleansing drinks. Thank you Raleigh Akin for all your help! The cost was only $3,500! We saved so much in labor doing the job ourselves.

We also need a new washer and dryer for BellaVita. The old ones are too small and inefficient. By God's grace we will make BellaVita Lifestyle Center more functional than ever! We are also in desperate need of two more bathrooms (I am sure you can imagine why) at BellaVita Lifestyle Center. Please prayerfully consider helping us with the new additions to the center by making a tax-deductible donation today online or by calling 209.334.3868!
Pear Napoleon with Pistachio Crumble & Persimmon Jam

2 pears
½ cup Pistachios
2 Tbsp. agave
1 pinch salt

Persimmon Jam
½ cup dried persimmons, soaked for 1 hour
½ tsp. pumpkin spice

1. Place pistachios in food processor with agave and salt, process with "S" blade until forms crumbles.
2. Place persimmons in blender or food processor add spice, blend into thick jam-like mixture, leave somewhat chunky or textured.
3. Slice pears.
4. Assemble stacking pears with layers of persimmon mixture and pistachios.

Eat immediately, makes a delicious breakfast or gourmet dessert!

Enjoy!
Chef Charmaine

HEALTH TIP OF THE WEEK
Twenty years ago I noticed a blockage in my head and knew something was interfering with the clarity of my mind. I prayed to God for an answer and He responded in four ways in quick succession. First, I received a dream that a dentist was working in my mouth doing some intense work. Second, after I gave a series of health messages in Montana that same week, a wholistic dentist approached me and took me to his office where we talked for an hour about the process of removing mercury fillings. Third, when I got home a friend called and told me that he had all his amalgams removed recently. And fourth, a strange woman from another town walked into my health food store unannounced and said: "God sent me here!" He said to tell you to read 'It's all in Your Head' by Hal Huggins on the dangers of mercury fillings! I read the book and had 11 mercury fillings removed the right way! My mind immediately cleared and I praised God for His blessing me and answering my prayer! In closing, here is an interesting paragraph in the Spirit of Prophecy to ponder on: "Mercury, calomel, and quinine have brought their amount of wretchedness, which the day of God alone will fully reveal. Preparations of mercury and calomel taken into the system ever retain their poisonous strength as long as there is a particle of it left in the system. These poisonous preparations have destroyed their millions, and left sufferers upon the earth to linger out a miserable existence. All are better off without these dangerous mixtures. Miserable sufferers, with disease in almost every form, misshapen by suffering, with dreadful ulcers, and pains in the bones, loss of teeth, loss of memory, and impaired sight, are to be seen almost everywhere. They are victims of poisonous preparations, which have been, in many cases, administered to cure some slight indisposition, which after a day or two of fasting would have disappeared without medicine. But poisonous mixtures, administered by physicians, have proved their ruin"
HEALTH & HEALING CRUSADE DVDS

You can now order the complete set of 12 DVDs online or by calling 800.655.3228 for the low price of $99.00.

CLICK TO ORDER

NEW - BellaVita Healing Testimonies - May 2012
NEW - BellaVita Healing Testimonies - July 2012
NEW - Alkaline PH: The Key to Prevention - Pt 2
Dr. Robert O. Young - Health Crusade 2012
BellaVita Healing Testimonies - March
Modern Manna Goes To Babylon, NY
Amazing Healing Testimonies
Woman with Lymes Disease
BellaVita Movie - Premier Results
Spiritual Digestion and Assimilation

MEDICAL MISSIONARY SCHOOL
This program is offered in a 2-part training series, which includes a distance-learning course entitled "Fundamentals of Natural Hygiene", and an intensive residential program equipping the graduate as a Certified Natural Hygiene Coach.

"The hygienic system teaches that disease is a remedial effort, a struggle against the vital powers to purify the system and recover the normal state. This effort should be aided, directed, and regulated if need be, but never suppressed. What is this mysterious thing called disease? It is simply an effort to remove obstructing material which we call toxic materials from the organic domain and to repair damages. Diseases is a process of purification and repair. It is remedial action. It is a power struggle to overcome obstructions and to keep the channels of circulation free." *Natural Hygiene, The Puristine Way of Life.*

1. **Fundamentals of Natural Hygiene** - A Prerequisite Course for the Natural Hygiene Coach Certification Program. Program launches July 2, 2012. A diploma is issued upon successful completion of course exams with accuracy of 85% or better. This training series consists of 10 components (includes 16 DVDs and required resource books) covering a broad spectrum on health and nutrition, disease, its causes, prevention and cure. Exclusive presentations on video by Charlotte Gerson, Dr. T. Colin Campbell, Dr. John McDougall, Dr. Russell Blaylock, Dr. Neal Barnard, and Danny Vierra, CNC. Graduates gain the foundation necessary for successful understanding of the purpose and function of natural hygiene and its practical application.
2. **Natural Hygiene Coach Certification** - A 14-Day Residential Program located at the BellaVita Lifestyle Center. Onsite program begins OCTOBER 18 through NOVEMBER 1, 2012. Certification is issued upon successful completion of residential program at BellaVita Lifestyle Center. Enjoy the beauty and relaxing atmosphere of the BellaVita Lifestyle Center as you train to become a Certified Natural Hygiene Coach during the premiere 14-day intensive program. Come and learn while you engage in the complete 10-day cleansing, detoxification, and regeneration program with additional education in the following:

- Raw Food Instruction (20 hours)
- Extensive Instruction in Natural Hygiene
- Live Juices for Cleansing and Rebuilding
- Hydrotherapy including Coldsheet Treatments
- Massage
- Practical Application of Herbal Medicine
- Square-foot Gardening Method
- How to Operate Your Own Lifestyle Education Home
- Church-based Health Outreach & Evangelism
- Blending the Health Message with the Gospel & more

Natural Hygiene Coach Certification (NHC) provides cutting-edge curricula and training to individuals desiring to direct and operate a lifestyle education home and support individuals through the process of cleansing and detoxification of the seven elimination organs/systems of the body and regeneration of the whole person. NHC graduates are licensed to use BellaVita Lifestyle Center Teacher's Manual and programmatic materials (including 26 instructional DVDs) for individualized detoxification sessions. Prospective applicants to the NHC Certification MUST HAVE COMPLETED Fundamentals of Natural Hygiene with a score of 85% or better. Internship for Certified Natural Hygiene Coaches - NHC graduates may apply for an internship at BellaVita Lifestyle Center's 10-day detoxification program.

"Pure air, sunlight, abstemiousness, rest, exercise, proper diet, the use of water, trust in divine power--these are the true remedies. Every person should have a knowledge of nature's remedial agencies and how to apply them. It is essential both to understand the
principles involved in the treatment of the sick and to have a practical training that will enable one rightly to use this knowledge." *Ministry of Healing*, p. 127, Ellen G. White. In fact, this prolific author wrote much about the necessity of removing impurities from the body, and supported the Hygienic reform movement.

Here are the links for more information:

**Fundamentals of Natural Hygiene Basic Plan**

**Fundamentals of Natural Hygiene Complete Plan**
(Includes all required textbooks)

For additional information, please contact: Charmaine@modernmanna.org

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**Coming Events & Speaking Engagements -**

**Call 800-655-3228 for more information**

SUNDAY 5:30 PM (PST)
AMAZING FACTS TV
Adventures in Health

September 10-14
Week of Prayer
Monterey Bay Academy
Monterey, CA

September 10-16
Week of Prayer
BellaVita - A Beautiful Life, Health Lectures, & Raw Demos
Watsonville, CA

September 23 - October 2
BellaVita Lifestyle Center
10-Day Cleansing Program
Lodi, CA
209.334.3868

October 12-14, 2012
Tabernacle SDA Church
26 SW Condor Way
Portland, Oregon
One Final Note

I would greatly appreciate your prayers. Time is short and Jesus is coming soon. The signs are all around us.

Please help Modern Manna reach the world with the health message and the gospel. Donations can be made online at www.modernmanna or just drop me a note at danny@modernmanna.org or call 1-800-655-3228. Perhaps we can encourage one another.

God bless you,
Danny Vierra
Modern Manna

Past Issues
THE ELIJAH PROPHECY