Greetings!

As I drove down Highway 1 on the beautiful, sunny September afternoon, I prayed that God would anoint me with the Holy Spirit for Week of Prayer at Monterey Bay Academy. This was my first invitation to speak at an SDA Academy, and I was thankful that God had opened the door to bring the health message and the gospel to young people. I wondered in my humanness how the youth would receive the right arm of the gospel?

Not only was I speaking at one of the most popular SDA Academies located on the beautiful Pacific coast, but I also was scheduled to speak for Week of Prayer in the evening at Watsonville SDA Church. A double opportunity to share the health message with people of all ages. Charmaine and I would present our Lifestyle for Excellent Health series with raw food
demonstrations on Sunday from 1 PM to 5 PM. In all, I had 18 health presentations to give over the next seven days.

MBA is a beautiful school. The location and setting is breathtaking. The Christian school is surrounded by fertile, income-producing farmland. Monday morning, I was introduced to the student body by Pastor PJ and my friend and principle, Tim Kubrock. I entitled my five-day series to the youth *How to Become a Super American*. A catchy title to grab their attention. Following my successful first lecture in which I blended the physical and spiritual messages together, the chemistry and health teachers snagged me and asked if I would share in their classes. I gladly gave five presentations on the first day.

Tuesday, after sharing another spirit-filled message with the attentive students, I joined them for Project Blitz, a community work project. We dug ditches and cleaned Soquel Camp grounds and beaches. I shoveled for hours with 50 hard-working teens that looked like a chain gang. What a witness they were to me. What a way to bond with the students. Already, the rumor was circulating that Mr. Vierra was going to turn MBA vegan! One student said: “We have listened to other health speakers, but you blend the spiritual part in more.”

On Thursday morning, “The Miracle” happened. After a night of prayer and making a couple of calls for confirmation, I decided I would show *BellaVita - The Movie* to the students the next morning. I questioned if it was the right thing to do. I thought about the cleansing message, the picture of the 3-foot tapeworm wrapped around the even-longer dark stool that passed out of the 86-year-old Holocaust survivor, Nick Hope, the seawater flushes, and black poultice drinks. What would they think? Would they think I was a crack-pot or something worse? Would I undo all I had accomplished thus far?

I prayed that morning and got an answer from the Lord. He impressed me with the thought: “I gave you the movie, so why should you hesitate in showing it to the youth?” I knew for certain it was the right thing to do.

One glitch that morning was I left my power cord for my Mac laptop at Watsonville Church. The DVD of *BellaVita* would play on my computer that had little battery time left. I noticed the battery draining during the movie and prayed that God would send an angel to
lay hands on my computer and charge the battery. To my amazement, I saw the battery increase in power and stay there with no cord attached. God is awesome! When Nick's stool hit the screen, the 120 students yelled, shrieked, gasped in response to the 3-foot tapeworm. It took a few minutes before the shocked audience of young adults and teachers settled down again.

I think the fact that young people are in the movie, including my son Daniel and two of my teenage daughters, helped win the young audience's approval. Near the end of the movie, I received another impression from God: "Give an invitation for a couple of MBA students to intern at BellaVita Lifestyle Center and go through the 10-day detoxification program." I questioned in my mind if there would be any takers? Then I witnessed another miracle and outpouring of the Holy Spirit. A large group of 50 students or more rushed down and surrounded me. They all wanted to come to BellaVita and go through the cleansing program! Their faces revealed their conviction and sincerity! I was overwhelmed and broke down in tears, crying on the shoulder of one kind student who had held out her arms to me.

Tim Kubrock, the principle of MBA, was also deeply moved. He said: "I told you to speak truth to the students and you did. You spoke truth, pure truth." Some of the students had to run off for testing and did not make it to where I was standing, but the crowd stood by my side for another hour before leaving. Eric, the student-pastor, handed me a paper with 40 names of students who wanted to go through a cleanse at BellaVita and learn the medical missionary work. The Lord again whispered: "I have given you R I S E N and here are your students." It is my dream to train an army of young people for the finishing work of the gospel!

Later I learned there were more students that wanted to sign up for BellaVita but had to leave for testing. I think they were students from the sophomore and senior classes that had not had a chance to sign the paper yet. Wow, out of 120 students 40 signed up from only two classes! I wondered how many more would want to come from the other two classes?

I stood there overwhelmed and speechless! Possibly nearly half of the student body or more may want to come to BellaVita. I told my excited young new friends
that I would do what I could to accommodate them. Teachers joined in brainstorming how we could do it. Perhaps MBA was a possible location for the program. Imagine all these students hungering to learn more about the 8 laws of health, herbal medicine, natural remedies, and health and healing lessons from the Bible while simultaneously cleansing their bodies of impurities! Some of them also shared that they did not want to eat cheese any more, but craved foods that grow in the earth! Many decided they wanted to be vegan!

A student counselor shared how many students were moved by the messages and personally told him that they wanted to become vegan. I told them that we would be back in January for a health weekend at Santa Cruz SDA Church. We are planning to rent the Rio Theater and show the BellaVita Movie to the health conscious community. Tim jumped in and said we can rally MBA to pass out fliers in the area. Santa Cruz has two Whole Foods Markets, several other large health stores, and many vegetarian restaurants. How exciting to have the students help and get involved!

My last talk was Friday morning. I gave a closing message on how attitude affects our health. The MBA students were deeply touched once again. I told them that forgiveness is the armor that sets us free from bitterness and anger. I shared Christ as the One true Healer who was touched with the feelings of our infirmities. The Bible says of Jesus Christ: “He is despised and rejected of men; a man of sorrows, and acquainted with grief. … Surely He has borne our griefs and carried our sorrows” (Isaiah 53:3, 4). I knew that many of the students at MBA have emotional pain, just like adults, and they need the grace and peace of God in their hearts just as we do. I taught them that negative emotions can cause sickness, disease, and even skin ailments. I gave them hope and trumpeted the message that forgiveness is the key to freedom.

Please pray for MBA and all the teachers too. God moved mightily for Week of Prayer and the response was beyond anything I ever imagined! I pray more doors will open in the future to reach more young people. Please pray that God continues to reach the youth with the health message and the gospel through Modern Manna Ministries.

Blessings too all,
Danny Vierra

P.S. Charmaine and I will be having a special Health class tomorrow at the Watsonville Church from 1 to 5 PM. Please pray for us!

**BELLAVEGAN RECIPE OF THE WEEK**

**Cheesy Smoked Kale Chips**

1 - 2 bunch curly kale

1. Remove the kale from its stems and place the leaves in bowl. Leave the leaves large for larger chips or tear in half for smaller ones. Leaves shrink in dehydrator.

2. Pour sauce over kale and coat leaves well using hands or tongs.

3. Spread leaves over mesh dehydrator screens and dry at 110° for 6 to 7 hours or until crisp.

**Smoked-Red Pepper Cheesy Sauce**

For more information: [SEE BELLA VITA](#)

These statements have not been evaluated by the food and drug administration. These products are not meant to diagnose, treat or cure any disease or medical condition.

The Lord is the Master Physician. The Bible says He is the One who "forgiveth all thine iniquities; who healeth all thy diseases." Ps.103:3
1 large red bell pepper
1/4 cup water
1 cup raw cashews (soaked over night and rinsed well)
3 Tablespoons nutritional yeast
1 T Raw onion
1 clove garlic
2 Tablespoons fresh lemon juice
1 heaping spoonful of Smoked Paprika
1 1/2 Teaspoons salt (I use much less salt)

Blend all ingredients in blender until smooth.

Enjoy!
Chef Charmaine

HEALTH TIP OF THE WEEK

If you are having some or all of the following symptoms - headaches, high blood pressure, joint pain, arthritis, fatigue, cramping, premenstrual pain, irregular heart rythym, poor sleep, or constipation you may want to try supplementing with magnesium. I take two Doctor's Best Magnesium before bed and I have the deepest sleep. It helps me fall asleep fast and relaxes the muscles too.

HEALTH & HEALING CRUSADE DVDS

You can now order the complete set of 12 DVDs online or by calling 800.655.3228 for the low price of $99.00.

CLICK TO ORDER
NEW - BellaVita Healing Testimonies - May 2012
NEW - BellaVita Healing Testimonies - July 2012
NEW - Alkaline PH: The Key to Prevention - Pt 2
Dr. Robert O. Young - Health Crusade 2012
BellaVita Healing Testimonies - March
Modern Manna Goes To Babylon, NY
Amazing Healing Testimonies
Woman with Lymes Disease
BellaVita Movie - Premier Results
Spiritual Digestion and Assimilation

MEDICAL MISSIONARY SCHOOL

This program is offered in a 2-part training series, which includes a distance-learning course entitled "Fundamentals of Natural Hygiene", and an intensive residential program equipping the graduate as a Certified Natural Hygiene Coach.

"The hygienic system teaches that disease is a
remedial effort, a struggle against the vital powers to purify the system and recover the normal state. **This effort should be aided, directed, and regulated if need be, but never suppressed.** What is this mysterious thing called disease? It is simply an effort to remove obstructing material which we call toxic materials from the organic domain and to repair damages. Diseases is a process of purification and repair. It is remedial action. It is a power struggle to overcome obstructions and to keep the channels of circulation free.” *Natural Hygiene, The Puristine Way of Life.*

1. **Fundamentals of Natural Hygiene** - A Prerequisite Course for the Natural Hygiene Coach Certification Program. Program launches July 2, 2012. A diploma is issued upon successful completion of course exams with accuracy of 85% or better. This training series consists of 10 components (includes 16 DVDs and required resource books) covering a broad spectrum on health and nutrition, disease, its causes, prevention and cure. Exclusive presentations on video by Charlotte Gerson, Dr. T. Colin Campbell, Dr. John McDougall, Dr. Russell Blaylock, Dr. Neal Barnard, and Danny Vierra, CNC. Graduates gain the foundation necessary for successful understanding of the purpose and function of natural hygiene and its practical application.

2. **Natural Hygiene Coach Certification** - A 14-Day Residential Program located at the BellaVita Lifestyle Center. Onsite program begins OCTOBER 18 through NOVEMBER 1, 2012. Certification is issued upon successful completion of residential program at BellaVita Lifestyle Center. Enjoy the beauty and relaxing atmosphere of the BellaVita Lifestyle Center as you train to become a Certified Natural Hygiene Coach during the premiere 14-day intensive program. Come and learn while you engage in the complete 10-day cleansing, detoxification, and regeneration program with additional education in the following:

- Raw Food Instruction (20 hours)
- Extensive Instruction in Natural Hygiene
- Live Juices for Cleansing and Rebuilding
- Hydrotherapy including Coldsheet Treatments
- Massage
- Practical Application of Herbal Medicine
Natural Hygiene Coach Certification (NHC) provides cutting-edge curricula and training to individuals desiring to direct and operate a lifestyle education home and support individuals through the process of cleansing and detoxification of the seven elimination organs/systems of the body and regeneration of the whole person. NHC graduates are licensed to use BellaVita Lifestyle Center Teacher's Manual and programmatic materials (including 26 instructional DVDs) for individualized detoxification sessions. Prospective applicants to the NHC Certification MUST HAVE COMPLETED Fundamentals of Natural Hygiene with a score of 85% or better. Internship for Certified Natural Hygiene Coaches - NHC graduates may apply for an internship at BellaVita Lifestyle Center's 10-day detoxification program.

"Pure air, sunlight, abstemiousness, rest, exercise, proper diet, the use of water, trust in divine power—these are the true remedies. Every person should have a knowledge of nature's remedial agencies and how to apply them. It is essential both to understand the principles involved in the treatment of the sick and to have a practical training that will enable one rightly to use this knowledge." *Ministry of Healing*, p. 127, Ellen G. White. In fact, this prolific author wrote much about the necessity of removing impurities from the body, and supported the Hygienic reform movement.

Here are the links for more information:

**Fundamentals of Natural Hygiene Basic Plan**

**Fundamentals of Natural Hygiene Complete Plan**
(Includes all required textbooks)

For additional information, please contact: Charmaine@modernmanna.org

**Coming Events & Speaking Engagements** -
Call 800-655-3228 for more information

SUNDAY 5:30 PM (PST)
AMAZING FACTS TV
Adventures in Health

September 10-16
Week of Prayer
BellaVita - A Beautiful Life, Health Lectures, & Raw Demos
Watsonville, CA

September 23 - October 2
BellaVita Lifestyle Center
10-Day Cleansing Program
Lodi, CA
209.334.3868

October 12-14, 2012
Tabernacle SDA Church
26 SW Condor Way
Portland, Oregon
503-223-0623

November 9-11
Slavic and Yugoslavian Church
Sacramento, CA

January
Santa Cruz SDA Church
1024 Cayuga St
Santa Cruz, CA 95062-2422
831-429-1442

One Final Note

I would greatly appreciate your prayers. Time is short and Jesus is coming soon. The signs are all around us.

Please help Modern Manna reach the world with the health message and the gospel. Donations can be made online at www.modernmanna or just drop me a note at danny@modernmanna.org or call 1-800-655-3228. Perhaps we can encourage one another.

God bless you,