Greetings!

"After these things I saw four angels standing on the four corners of the earth, holding the four winds of the earth, that the wind should not blow on the earth, nor on the sea, nor on any tree, ... till we have sealed the servants of our God in their foreheads" (Rev: 7:1).
It has been labelled a "Frankenstorm or Monster Storm" -- an appropriate name for Hurricane Sandy that struck the East Coast just a couple of days before Halloween! The similarity between the deadly super storm and the "high day" on the Satanic calendar is that they are both part of the devil's plot to deceive and destroy both young and old! While the devil is having his party of destruction where 17 people lost their lives, the good news is that Jesus is at the door!

"The restraining Spirit of God is even now being withdrawn from the world. Hurricanes, storms, tempests, disasters by sea and by land, follow one another in quick succession. The signs thickening around us, telling of the near approach of the Son of God, are attributed to any other than the true cause" (Maranatha 175).

Hurricane Sandy was a super hybrid-storm unlike any others:

- 80-90 mph sustained winds killed at least 17 people in seven states
  - cut power to more than 6 million homes and businesses
  - billions of dollars in damage
  - more than 13,500 flights had been canceled for Monday and Tuesday
  - an unprecedented 13-foot surge of seawater -- 3 feet above the previous record -- gushed into lower Manhattan, inundating tunnels, and subway stations
  - President Barack Obama declared a major disaster in New York and Long Island

"Calamities will come -- calamities most awful, most unexpected; and these destructions will follow one after another. If there will be a heeding of the warnings that God has given, and if churches will repent, returning to their allegiance, then other cities may be spared for a time. But if men who have been deceived continue in the same way in which they have been walking, disregarding the law of God and presenting falsehoods before the people, God allows them to suffer calamity, that their senses may be
Dear friends, Jesus warned us 2,000 years ago that wars and natural disasters would increase right before His coming.

"And ye shall hear of wars and rumours of wars: see that ye be not troubled: for all [these things] must come to pass, but the end is not yet. For nation shall rise against nation, and kingdom against kingdom: and there shall be famines, and pestilences, and earthquakes, in divers places. All these are the beginning of sorrows. Then shall they deliver you up to be afflicted, and shall kill you: and ye shall be hated of all nations for my name's sake. And then shall many be offended, and shall betray one another, and shall hate one another. And many false prophets shall rise, and shall deceive many. And because iniquity shall abound, the love of many shall wax cold. But he that shall endure unto the end, the same shall be saved" (Matthew 24:6-13).

Did you notice that persecution immediately follows the afore mentioned signs? The Bible says: "Then shall they deliver you up to be afflicted, and shall kill you!"

What can we expect in the near future? As the wars and natural disasters increase and magnify, "Satan puts his interpretation upon events, and they [leading men] think, as he would have them, that the calamities which fill the land are a result of Sunday-breaking. Thinking to appease the wrath of God, these influential men make laws enforcing Sunday observance. They think that by exalting this false rest-day higher, and still higher, compelling obedience to the Sunday law, the spurious sabbath, they are doing God service. Those who honor God by observing the true Sabbath are looked upon as disloyal to God, when it is really those who thus regard them who are themselves disloyal, because they are trampling under foot the Sabbath originated in Eden" (Maranatha 176).

"Through the two great [papal] errors, the immortality of the soul, and Sunday sacredness, Satan will bring the people under his deceptions" (GC 588).

"As men depart further and further from God, Satan is permitted to have power over the children of disobedience. He hurls destruction among men. There is calamity by land and sea. Property and life are destroyed by fire and flood. Satan resolves to charge this upon those who refuse to bow to the idol which he awakened" (Maranatha 175).
has set up. His agents point to Seventh-day Adventists as the cause of the trouble. 'These people stand out in defiance of law,' they say. 'They desecrate Sunday. Were they compelled to obey the law for Sunday observance, there would be a cessation of these terrible judgments'” (Ibid).

Dear reader, the sure word of prophecy warns us that natural disaster will increase. Hurricane Sandy is but a taste of what is to come. Are you prepared? What if you were one of the 375,000 that were told to evacuate in Manhattan with no power, no flights, no subways, and no trains out? Do you have water, food, and backup power? Thousands were running to stores to buy food and water. There were reports of near panic as people fought for jugs of water in local stores.

"Four mighty angels are still holding the four winds of the earth. Terrible destruction is forbidden to come in full. The ... winds will be the stirring up of the nations to one deadly combat, while the angels hold the four winds, forbidding the terrible power of Satan to be exercised in its fury until the servants of God are sealed in their foreheads ... The signs of the times give evidence that the judgments of heaven are being poured out, that the day of the Lord is at hand” (Maranatha 175).

Undoubtedly, someone will write me and ask, "Why are you writing about these things instead of health? You are scaring me!" It is because I love you that I warn you and write about Bible prophecy. Cyclone Sandy is a major wake up call from a merciful God! He is pleading with sinners to turn to Him before the world is destroyed by fire! Remember, Sunday laws are coming! If you would like to know more about what is soon to happen in America regarding your religious freedoms, you can read my latest book, The Final Inquisition online.

THE FINAL INQUISITION

Maranatha, the Lord is coming,
Danny Vierra

P.S. Next week I will report on RISE and the incredible 14-day program! It was more than we ever expected! God is good!
Organic Juices

For more information: SEE BELLAVITA

These statements have not been evaluated by the food and drug administration. These products are not meant to diagnose, treat or cure any disease or medical condition.

The Lord is the Master Physician. The Bible says He is the One who "forgiveth all thine iniquities; who healeth all thy diseases." Ps.103:3

TROPICAL LASAGNA
with Peach Sauce

This amazing layered fruit dish contains a thinly sliced layer of fresh pineapple on the bottom followed by:

- fresh sliced kiwi
- fresh mango spears
- fresh banana spears

Top with another layer of thinly sliced pineapple and sprinkle with shredded coconut.
To achieve thinly-sliced pineapple use a mandoline. The delightful fruit lasagna rests in fresh peach sauce. Garnish with fresh spearmint leaves.

Check out and "Like" Charmaine's New Facebook page, BellaVegan. Here is the link to BellaVegan.

Enjoy!
Chef Charmaine
HEALTH TIP OF THE WEEK

God established eight laws of health at Creation. My new booklet, *God’s Health Plan*, is soon to be released. The content is about God’s Health Plan.

- **NUTRITION** (Gen:1:29)
- **EXERCISE** (Gen. 2:15)
- **WATER** (Gen. 2:10)
- **SUNSHINE** (Gen. 1:16)
- **TEMPERANCE** (Gen. 2:16, 17)
- **FRESH AIR** (Gen. 1:8)
- **REST** (Gen. 2:2, 3)
- **TRUST IN DIVINE POWER** (Gen. 1:27-29)

"You are the Lord's property—His by creation and His by redemption" (Temperance, p. 213). Take good care of yourself and start practicing God's laws of health today.

Your body is the temple of the Holy Spirit (1 Cor 6:19, 20).

You may want to share this wonderful new book and my other new one *Can Attitude Affect Your Healing?* with your friends and family. **25 copies for less than $20.00.**
HEALTH & HEALING CRUSADE DVDS

You can now order the complete set of 12 DVDs online or by calling 800.655.3228 for the low price of $99.00.

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Modern Manna Goes To Babylon, NY
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MEDICAL MISSIONARY SCHOOL
This program is offered in a 2-part training series, which includes a distance-learning course entitled "Fundamentals of Natural Hygiene", and an intensive residential program equipping the graduate as a Certified Natural Hygiene Coach.

The hygienic system teaches that disease is a remedial effort, a struggle against the vital powers to purify the system and recover the normal state. This effort should be aided, directed, and regulated if need be, but never suppressed. What is this mysterious thing called disease? It is simply an effort to remove obstructing material which we call toxic materials from the organic domain and to repair damages. Diseases is a process of purification and repair. It is remedial action. It is a power struggle to overcome obstructions and to keep the channels of circulation free."

Natural Hygiene, The Puristin Way of Life.

1. **Fundamentals of Natural Hygiene** - A Prerequisite Course for the Natural Hygiene Coach Certification Program. Program launches July 2, 2012. A diploma is issued upon successful completion of course exams with accuracy of 85% or better. This training series consists of 10 components (includes 16 DVDs and required resource books) covering a broad spectrum on health and nutrition, disease, its causes, prevention and cure. Exclusive presentations on video by Charlotte Gerson, Dr. T. Colin Campbell, Dr. John McDougall, Dr. Russell Blaylock, Dr. Neal Barnard, and Danny Vierra, CNC. Graduates gain the foundation necessary for successful understanding of the purpose and function of natural hygiene and its practical application.
2. **Natural Hygiene Coach Certification** - A 14-Day Residential Program located at the BellaVita Lifestyle Center. Onsite program begins OCTOBER 18 through NOVEMBER 1, 2012. Certification is issued upon successful completion of residential program at BellaVita Lifestyle Center. Enjoy the beauty and relaxing atmosphere of the BellaVita Lifestyle Center as you train to become a Certified Natural Hygiene Coach during the premiere 14-day intensive program. Come and learn while you engage in the complete 10-day cleansing, detoxification, and regeneration program with additional education in the following:

- Raw Food Instruction (20 hours)
- Extensive Instruction in Natural Hygiene
- Live Juices for Cleansing and Rebuilding
- Hydrotherapy including Coldsheet Treatments
- Massage
- Practical Application of Herbal Medicine
- Square-foot Gardening Method
- How to Operate Your Own Lifestyle Education Home
- Church-based Health Outreach & Evangelism
- Blending the Health Message with the Gospel & more

Natural Hygiene Coach Certification (NHC) provides cutting-edge curricula and training to individuals desiring to direct and operate a lifestyle education home and support individuals through the process of cleansing and detoxification of the seven elimination organs/systems of the body and regeneration of the whole person. NHC graduates are licensed to use BellaVita Lifestyle Center Teacher’s Manual and programmatic materials (including 26 instructional DVDs) for individualized detoxification sessions. Prospective applicants to the NHC Certification MUST HAVE COMPLETED Fundamentals of Natural Hygiene with a score of 85% or better. Internship for Certified Natural Hygiene Coaches - NHC graduates may apply for an internship at BellaVita Lifestyle Center’s 10-day detoxification program.

"Pure air, sunlight, abstemiousness, rest, exercise, proper diet, the use of water, trust in divine power-- these are the true remedies. Every person should have a knowledge of nature’s remedial agencies and how to apply them. It is essential both to understand the
principles involved in the treatment of the sick and to have a practical training that will enable one rightly to use this knowledge.” *Ministry of Healing*, p. 127, Ellen G. White. In fact, this prolific author wrote much about the necessity of removing impurities from the body, and supported the Hygienic reform movement.

Here are the links for more information:

**Fundamentals of Natural Hygiene Basic Plan**

**Fundamentals of Natural Hygiene Complete Plan**  
(Includes all required textbooks)

For additional information, please contact:  
Charmaine@modernmanna.org

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**Coming Events & Speaking Engagements**

**Call 800-655-3228 for more information**

AMAZING FACTS TV  
Adventures in Health

November 9-11  
Slavic and Yugoslavian Church  
Sacramento, CA

January 11-13  
Santa Cruz SDA Church  
1024 Cayuga St  
Santa Cruz, CA 95062-2422  
831-429-1442

**One Final Note**

I would greatly appreciate your prayers. Time is short and Jesus is coming soon. The signs are all around us.

Please help Modern Manna reach the world with the health message and the gospel. Donations can be made online at [www.modernmanna](http://www.modernmanna) or just drop me a note at danny@modernmanna.org or call 1-800-655-3228. Perhaps we can encourage one another.
God bless you,
Danny Vierra
Modern Manna

Past Issues
THE ELIJAH PROPHECY