Greetings!

Before I share a very special letter to a struggling soul in prison, I have several announcements to make:

1. Dr. Caldwell Esselstyn will not be joining us for our Annual Health crusade for 2013. He discovered he had another commitment and apologized deeply for any inconvenience.

2. We still have room for a few more guests for BellaVita’s cleansing program, January 20-29.

3. Lastly, please try to join us for the Special Health Weekend, January 11-13, at Fresno Central Valley SDA Church (see information below).

Now to the letter. I have a dear cousin who has spent 10 years in Federal prison for possession and the
sale of drugs, in addition to a weapons charge. We actually grew up together, and I have a special place in my heart for him. He is scheduled to be released in 6 months and is very discouraged right now because he is in a special drug program and learning many things about himself. In fact, he sent me a very sad letter last week questioning the existence of God and wanting to give up. I want to share my reply, and ask that you will say a special prayer for him after reading my letter.

Dear Cousin:

I know it is very hard to trust when you have gone through so much in life. I, too, get very discouraged at times, but have learned from experience that the trials of life strengthen my faith.

You said you feel like giving up, but the good news is you haven’t. This should encourage you. When I feel like giving up, I ask myself the question: “Give up to what?” Drugs, alcohol, and a life of more pain and sorrow. That is not the place to run for comfort. I have made many mistakes in life, and my past is like school. We learn from our mistakes, and, hopefully, will make better choices in the future. Please understand that it is the devil that is discouraging you. He wants you to fail again. God is allowing you to be tried to the core.

You raised the question, “Why all the bad when there is supposed to be a God of love out there?” Let me answer your question the best I can.

1. There is also a devil out there.
2. We are free moral agents and God gives us the right to make our own choices.
3. Heaven was a perfect place. The devil challenged God’s government, and there was war in heaven. The devil was cast down to this earth, and now we see the fruit of his work. Crime, pain, suffering, sickness, and death are everywhere, and God gets blamed for what Satan does.
4. The best way for God to reveal His ways are best is to let events take their full course. In the end, it will be clearly seen that the devil’s ways bring only sin, death, and destruction.
5. God's ultimate goal is that sin will never raise its ugly head a second time, and the universe will be secure forever.
6. If God wiped out evil people then we might worship Him out of fear.
Dear cousin, Satan has deceived you most of your life, and now he is turning up the heat just before you are released. This is your opportunity to find true freedom. I can speak frankly because you have shared with me your weakness and sins. I love you, but look hard in the mirror and let the process God is allowing you to go through to set you free once and for all. Do not fight back, justify your past actions, or resist the working of the Holy Spirit. Let God clean you up so He can fill you with His love and goodness.

You can deny God and continue trying to fix things yourself, or you can surrender your heart to the Lord right now. I have led many to Jesus for healing. You had a difficult start in life with your mom and dad. I understand your pain and disappointment. The battle is not easy, for sure. I have learned when the going gets really tough, to go to the Bible. Yes, the BIBLE! Why? Because there is true power there. The Word helps me find peace and strength to endure when I fear I cannot any longer. It gives me hope -- hope to trust in God and not in myself. His grace is sufficient and will strengthen me in my time of need.

You will be released in six months and the Lord is completing the work He began in you (Phil. 1:6). I love you and God loves you. He has given you the right correctional counselor before you are released to point out your defects of character. Do not be afraid. Nobody likes to see himself and what he has done to hurt others. "Be strong and of a good courage, fear not, nor be afraid of them: for the LORD thy God, he it is that doth go with thee; he will not fail thee, nor forsake thee (Deut. 31:6). God wants to set you free from prison and the prison house of sin, never to return.

In closing here are some promises I claim when I am in trouble. Go to Jesus like a friend and quote His promises back to Him. It impossible for God to lie.

"When the enemy shall come in like a flood, the Spirit of the LORD shall lift up a standard against him" (Isaiah 59:19).

"And call upon Me in the day of trouble: I will deliver thee, and thou shalt glorify Me" (Psalms 50:15).

"The name of the LORD is a strong tower: the righteous runneth into it, and is safe" (Proverbs 18:10).
"There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it" (1 Corinthians 10:13).

"Submit yourselves therefore to God. Resist the devil, and he will flee from you. Draw nigh to God, and He will draw nigh to you. Cleanse your hands, ye sinners; and purify your hearts, ye double minded" (James 4:7, 8).

Look to the cross, my friend. Jesus died for you! I remember the day I saw my life in light of the cross. I saw a love that I had never known possible. Jesus dying for His enemies, and I was one of them. If you will get on your knees and surrender your heart to Him, He will reveal Himself to you. You may not get your answer tonight, but be patient. I am praying for you, and requesting that others will pray for you, too.

I love you,
Cousin Danny

Seasoned Pumpkin Seeds

Chef Charmaine
Enjoy some seasoned seeds as a healthy snack or on top your favorite soup or salad!!

Soak pumpkin seeds or sunflower seeds 4-6 hours. Add seasonings such as: tamari or coconut aminos, onion powder, garlic powder, cayenne, herbs of choice.

Dehydrate at 115° for 8 hours or until crunchy!

Tasty dreams to you all, from my heart to yours,

_Chef Charmaine_

"Like" my New Facebook page, BellaVegan, and enjoy more wonderful and amazing recipes. JOIN HERE

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2 New Health Booklets by Danny Vierra

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For more information: SEE BELLAVITA

These statements have not been evaluated by the food and drug administration. These products are not meant to diagnose, treat or cure any disease or medical condition.

The Lord is the Master Physician. The Bible says He is the One who "forgiveth all thine
HOT OFF THE PRESS

My two new health booklets just arrived and are wonderful gift ideas for the holidays.

Can Attitude Affect Your Healing? - It has been said that nine-tenths of diseases have their origin in the mind. Learn how negative emotions and stress weaken the immune system, cause low thyroid, and many autoimmune diseases. God has the answer on how you can have love, joy, and peace back in your life. How does the word freedom sound to you? An excellent book on emotional healing. To order online just click on title above. Bulk price link is under the price online.

God's Health Plan - God's wants you to be healthy! This booklet is perfect for sharing God's eight natural remedies with anybody. The easy-to-read booklet is packed with information on nutrition, exercise, water, sunlight, temperance, fresh air, and trust in God. The attractive health booklet is both thorough and inexpensive. Now you can easily share vital health information to restore the sick back to health. To order online just click on title above. Bulk price link is under the price online.

Special $1.00 each
(Discounts on 25 or more)
or call Modern Manna at 209.334.3868

Other Sharing Titles Available

The Power of Fasting and Prayer

In this booklet, I list the health and spiritual benefits of fasting. Read about my experience doing a 21-day juice fast. Learn the simple recipe for a 3-day cleansing drink that will help you gain the victory over appetite. Learn why and when God's people fasted from the Holy Bible. ($1.00)

Diet of the Most Simple Kind

This is a powerful book on the healing benefits of God's original diet in Genesis 1:29. The information is compelling, and will motivate the reader to adopt a whole plant-based diet with lots of living plant foods from the garden. The book also includes some eye-opening information on the dangers of eating pigs and other unclean meats! ($1.00)

Coming Events & Speaking Engagements -
Call 800-655-3228 for more information

January 11-13
Natural Remedies and Raw Food Workshop
and PCRM's Children's Health Program
Fresno Central Valley SDA Church
3901 Clinton Ave
Fresno, CA
559.438.5433

September 13, 2001
Santa Cruz SDA Church
1024 Cayuga St
Santa Cruz, CA 95062-2422
831-429-1442

Modern Manna's Health and Healing Crusade 2013
Charlotte Gerson
Christian Berdahl
Pastor Arthur Brenner
Charmaine Vierra
Danny Vierra

HEALTH TIP OF THE WEEK
HAPPY NEW YEAR! If you are struggling with addictions-
drugs, alcohol, tobacco, or sugar--take a few minutes
and watch this exciting new healing video from
BellaVita Lifestyle Center. It might be the motivation
you need to kick off a healthier lifestyle for 2013. Yes,
"We can do all things through Christ who strengthens
us" (Phil 4:13.)

Healing Testimony - November 2012

New Healing Testimonies - November 2012
NEW - R I S E N PROMO (2-Minutes)
NEW - R I S E N Graduates Give Their Testimonies
BellaVita Healing Testimonies - May 2012
I would greatly appreciate your prayers. Time is short and Jesus is coming soon. The signs are all around us.

Please help Modern Manna reach the world with the health message and the gospel. Donations can be made online at www.modernmanna or just drop me a note at danny@modernmanna.org or call 1-800-655-3228. Perhaps we can encourage one another.

God bless you,
Danny Vierra
Modern Manna
Spam
Not spam
Forget previous vote