HEALTH & RAW FOOD CLASSES
CHILDREN'S PROGRAMS

Wellness Expert Danny Vierra and Raw Chef Charmaine Vierra

BELLAVITA - THE MOVIE
May 4 - 6   GRASS VALLEY, CA
Greetings!

Come join us for a very special HEALTH EXTRAVAGANZA in Grass Valley, CA. Learn about natural healing, herbal medicine, raw food, juicing, sprouting, & dehydrating, nut cheeses, raw desserts, & delicious taste samples.

On Friday, May 4, at 7:00 PM, exclusive showing of the documentary BellaVita - A Beautiful Life. The inspirational documentary follows the real experiences of eight people on a healing journey using natural remedies, raw foods, and juices at the renowned BellaVita Lifestyle Center.

Watch the reaction of an 86-year-old Holocaust survivor after he passed a 3-foot tapeworm. Share in the relief with the nurse who suffered years from migraines that disappeared in three days. Laugh with the new-found freedom of a prescription drug addict as he pops a wheelie celebrating his personal victory over 12 years of Oxycontin abuse. Follow the transformation of another guest as she regains the use of her hands from crippling rheumatoid arthritis. Watch as a stroke victim regains energy and balance, improves bowel function, and lowers blood pressure naturally, and a dentist beaming with renewed vitality and joy. All of these miracle healings happened without medications, drugs or physician visits.

Then on May 5, Danny Vierra, Wellness Expert and Director of BellaVita Lifestyle Center, will guide you through a series of powerful presentations documenting the dangers of the Standard American Diet (SAD) and How Attitude Affects Your Healing. His beautiful wife Charmiane, a 9-year breast...
**Driving Directions**

**When:**
Movie - May 4, at 7:00 PM

Health Classes
May 5 at 11AM, 2:30 &4PM

Health & Raw Classes
May 6 at 1-5 PM

Add to my calendar

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cancer survivor, will give a testimony on her victory over cancer and what she is doing to stay well.

On Saturday & Sunday, Charmaine, Daniel Jr. and George Hope will have a special health program for children, making this an incredible health weekend for the whole family. The children will learn colors in diet. It will be both fun and educational.

On Sunday, May 6, Danny will show the healing power of a whole plant food diet and how you can get and stay well without pharmaceutical drugs. He will teach you about disease, its causes, prevention and cure. Charmaine, a graduate of the world-renown Living Light Culinary Institute, will tantalize your palates with a spectacular raw food demonstration and delicious taste samples.

These classes are for you or someone you know if you are interested in the following:

- HOW TO LIVE HEALTHY OPTIMUM LIVES
- HOW TO REVERSE DISEASE WITHOUT DRUGS
- HOW TO DO A CLEANSE AND DETOXIFY
- HOW TO BE YOUR OWN DOCTOR
- HOW TO HEAL THE WHOLE PERSON
- HOW TO USE HERBS FOR MEDICINE
- RAW FOOD INSTRUCTION
- JUICING, SPROUTING, & DEHYDRATING
- HOW TO MAKE NUT MILKS, GREEN SMOOTHIES, & SUPER DRINKS
- ALTERNATIVE HEALING METHODS
- AND MUCH MORE

**FREE ADMISSION**

REGISTER HERE
Thank you for your interest in this one-of-a-kind health weekend.

I hope to see you at the event,

Danny Vierra
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