HEALTH & RAW FOOD CLASSES
BELLA VITA - THE MOVIE
Vancouver, WA

Wellness Expert Danny Vierra and Raw Chef Charmaine Vierra

June 29 - July 1    Vancouver, WA
Greetings!

Come join us for a very special HEALTH WEEKEND extravaganza in Vancouver, WA! We will be offering instruction in alternative & natural healing, herbal medicine, raw food demos & sampling, juicing, sprouting, & dehydrating, knife skills, nut cheeses, raw desserts along with delicious taste samples. Special health classes will be offered for children too!

The event starts on Friday, June 29, at 7:00 PM with an exclusive showing of the alternative health documentary BellaVita - A Beautiful Life. The inspirational documentary follows the real experiences of eight people on a healing journey using natural remedies, raw foods, and juices at the renowned BellaVita Lifestyle Center.

Watch the reaction of an 86-year-old Holocaust survivor after he passed a 3-foot tapeworm. Share in the relief with the nurse who suffered years from migraines that disappeared in three days. Laugh with the new-found freedom of a prescription drug addict as he pops a wheelie celebrating his personal victory over 12 years of Oxycontin abuse. Follow the transformation of another guest as she regains the use of her hands from crippling rheumatoid arthritis. Watch as a stroke victim regains energy and balance, improves bowel function, and lowers blood pressure naturally, and a dentist beaming with renewed vitality and joy. All of these miracle healings happened without medications, drugs or physician visits.

Then on June 30, Danny Vierra, Wellness Expert and Director of BellaVita Lifestyle Center, will guide you through a series of powerful presentations documenting the dangers of the Standard American Diet (SAD) and How Attitude Affects Your Healing. His beautiful wife Charmiane, a 9-year breast
cancer survivor will give a testimony on her victory over cancer and what she is doing to stay well.

On Sunday, July 1, from 1 - 5 PM, Danny will show the healing power of a whole plant food diet and how you can get and stay well without pharmaceutical drugs. He will teach you about disease, its causes, prevention and cure. Charmaine, a graduate of the world-renown Living Light Culinary Institute, will tantalize your palates with a spectacular raw food demonstration and delicious taste samples.

These classes are for you or someone you know if you are interested in the following:

- HOW TO LIVE HEALTHY OPTIMUM LIVES
- HOW TO REVERSE DISEASE WITHOUT DRUGS
- HOW TO DO A CLEANSE AND DETOXIFY
- HOW TO BE YOUR OWN DOCTOR
- HOW TO HEAL THE WHOLE PERSON
- HOW TO USE HERBS FOR MEDICINE
- RAW FOOD INSTRUCTION
- JUICING, SPROUTING, & DEHYDRATING
- HOW TO MAKE NUT MILKS, GREEN SMOOTHIES, & SUPER DRINKS
- ALTERNATIVE HEALING METHODS
- AND MUCH MORE

SEATING IS LIMITED!

FREE ADMISSION

REGISTER HERE
If you would like to know more about this special HEALTH extravaganza, please call Modern Manna at 209.334.3868.

Thank you for your interest in this one-of-a-kind health weekend.

I hope to see you at the event,
Danny Vierra
Modern Manna (www.modernmanna.org)
danny@modernmanna.org
209-334-3868