Natural Remedies & Raw Foods
Mountain View Central SDA Church

Wellness Expert Danny Vierra and Raw Chef Charmaine Vierra

March 8 - 10 Mountain View, CA
Greetings!

Come join us for a very special HEALTH WEEKEND in natural healing, herbal medicine, raw food demos & sampling, juicing, sprouting, dehydrating, knife skills, nut cheeses, and desserts. Special health classes will be offered for the children too!

The event starts on Friday, March 8, at 7:00 PM with BellaVita - A Beautiful Life. The inspirational documentary follows eight people on a healing journey using natural remedies, raw foods, and juices at the renowned BellaVita Lifestyle Center.

Watch the reaction of an 86-year-old Holocaust survivor after he passed a 6-foot tapeworm. Share in the relief with the nurse who suffered years from migraines that disappeared in three days. Laugh with the new-found freedom of a prescription drug addict celebrating his personal victory over 12 years of Oxycontin abuse. Follow the transformation of another guest as she regains the use of her hands from crippling rheumatoid arthritis. Watch as a stroke victim regains energy and balance, improves bowel function, and lowers blood pressure naturally, and a dentist beaming with renewed vitality and joy. All of these miracle healings happened without medications, drugs or physician visits.

Then on March 9, Danny Vierra, Wellness Expert and Director of BellaVita Lifestyle Center, will guide you through a series of four powerful presentations on the benefits of a whole-plant food diet, the dangers of the Standard
Health Classes
March 9
11AM, 2:30PM & 4PM

Health & Raw Classes
March 10
1-5 PM

American Diet (SAD), How Attitude Affects Your Healing, Natural Hygiene, and more. His beautiful wife Charmiane, a 10-year breast cancer survivor will give her incredible testimony on her victory over cancer and what she is doing to stay well.

On Sunday, March 10, from 1 - 5 PM, Danny will teach you the natural hygiene message, how to cleanse your body, and how you can be well without pharmaceutical drugs. He will teach you about disease, its causes, prevention and cure.

Charmaine, a graduate of the world-renown Living Light Culinary Institute, will tantalize your palates with a spectacular raw food demonstration and delicious taste samples.

Classes Incude:

- HOW TO LIVE HEALTHY OPTIMUM LIVES
- HOW TO REVERSE DISEASE WITHOUT DRUGS
- HOW CLEANSE AND DETOXIFY
- HOW TO BE YOUR OWN DOCTOR
- HOW TO HEAL THE WHOLE PERSON
- HOW TO USE HERBS FOR MEDICINE
- RAW FOOD INSTRUCTION
- JUICING, SPROUTING, & DEHYDRATING
- HOW TO MAKE NUT MILKS, GREEN SMOOTHIES, & SUPER DRINKS
• ALTERNATIVE HEALING METHODS
• AND MUCH MORE

SEATING IS LIMITED!

FREE ADMISSION

REGISTER HERE

For more info call Modern Manna at 209.334.3868.

I hope to see you at the event,
Danny Vierra
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