VEGAN eCookbook
"The Holmes Sisters"

Adventist Heritage Center

From: F.O.C.U.S. Ministries <FOCUSMinistries=aol.com@mail71.atl11.rsgsv.net> on behalf of F.O.C.U.S. Ministries <FOCUSMinistries@aol.com>
Sent: Tuesday, April 15, 2014 3:59 PM
To: Adventist Heritage Center
Subject: VEGAN Recipes just in Time for EASTER: "The Holmes Sisters" eCookbook
A collaboration of Delicious VEGAN Recipes shared among sisters. Eating Healthy isn't only a Passion it is a Lifestyle.

We would love to come to a venue near you and give a Cooking Class, Seminar or a Musical Concert.

Click on the "Order Here" option to order "The Holmes Sisters" eCookbook or Musical CD.

SPREAD the WORD!!

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