



# FOCUS

## The Opening!

FALL 2003 • THE ANDREWS UNIVERSITY MAGAZINE • VOL. 39 No. 4

FACULTY RESEARCH PAYS    AU @ THE CHICAGO MARATHON    20 YEARS AND COUNTING

# An Evening to Remember

Its arrival came quickly for me. Not long ago there were cranes and trucks and dozers grinding about their business just a few yards from where I write. Too close for comfort, if you ask me. But those days faded with the early summer, and before long it was clear that this new building, so widely anticipated, would soon arrive.

Oddly enough, while it was under construction, I intentionally avoided setting foot in the building.

Although checking out the Howard Performing Arts Center while it was being built qualifies as a job perk for me, I didn't cash in. Initially, it was just coincidental: I simply missed the first couple opportunities to see the beginnings of the Howard Center's construction—the foundation laid, the soundproof walls going up, the first bathroom stall driven into place (see the back cover for a sneak peak at those luxurious stalls).

And then it became a streak.

In this case, I guess you could say a "streak" is when you do something for no real reason except momentum. I built up an early burst of momentum in those initial building stages, when the construction workers were literally building stages, and found myself deciding that I'd wait to see the Howard Center when it was good and ready to host me for an evening gala.

On October 18, all was in place. And the building did not disappoint.

From the open lobby to the contemporary and elegant auditorium, the Howard Center welcomed me and some 750 others, mostly awestruck, spectators to opening night. And clearly this night, she was the star.

If and when you get the opportunity to visit the Howard Center, I'd encourage you to try a balcony seat. The spacious (and grand) dimensions of the near-perfect acoustical design are most impressive from this vantage point. And here's where you'll experience the building's rich aura. I honestly sat gape-mouthed through much of the first half of the inaugural program,

simply bathed in the ambience. Andrews is and should be proud of our latest addition.

And on that night, opening night, it was easy to forget that more money needs to be raised to pay for the building, that programming must develop quickly to truly make the place a community destination, and that while the Howard Center satisfies an important need on campus, there are other buildings, not yet built, that will address equally vital functions.

The Howard Performing Arts Center is



L-R: Margit Waern, Eike Mueller, Ethel & Carsten Waern, Ivan & Brynja Davis

*On October 18, all was in place.  
And the building did not disappoint.*

one great step forward. And we have celebrated its arrival. With this success, the university cannot rest on its laurels, or garlands, as the case may be. There are more buildings to build, more problems to solve, more students to equip.

Perhaps the musical rhythms emanating from the Howard Center will keep the university in step with the progress the building signals.

\* \* \*

In our cover story, Katie Shaw writes about the opening of the Howard Center and that magical weekend of music and

celebration. Sarah Spangler and Martin Lee provide the accompanying photos.

Of the many reasons Andrews has to be proud, the recent run on external grants awarded to AU professors and students to fund their research projects has got to be near the top of the list. Lynnette Struntz examines several of these fascinating projects, all of which speak to the quality and reputation of Andrews University as a research institution.

After a little over twenty years as senior pastor at Pioneer Memorial Church, Dwight Nelson reflects on his time at AU. He likens his experience as campus pastor to that of a marathon runner, with all the accompanying joy and pain.

Speaking of marathons, Brent Geraty takes a look at Andrews' faculty, staff and students who participated in the LaSalle Bank Chicago Marathon this October. AU runners joined nearly 40,000 marathoners cheered on by over a million spectators as they ran through the streets and neighborhoods of downtown Chicago.

And if the idea of completing a marathon isn't challenging enough, Jairo Flores writes about finishing the Ironman Wisconsin Triathlon in this issue's Student Spotlight. Jairo swam 2.4 miles, cycled 112 miles, and then ran a full marathon (26.2 miles). Oh, to be young again!

Finally, thanks to those of you who have taken our online reader survey (available at [www.andrews.edu/PR/focus/](http://www.andrews.edu/PR/focus/)). If you haven't already shared your feedback with us, please take a few minutes to complete the survey. It's simple and easy and will be invaluable to us as we think about the future direction of *Focus*.

~ Ivan Davis is assistant professor of English and the editor of *Focus*.

# FOCUS

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And you thought running a marathon was tough? This AU student recently completed the Ironman Wisconsin Triathlon.

*By Jairo Flores*

**ON THE COVER:** Martin Lee, photographer, captured the expansive interior of the Howard Performing Arts Center during the Inaugural Weekend Open House on October 19, 2003. On stage is the St. Joseph High School Symphony String Orchestra, conducted by Steve Reed.

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# LETTERS

## Love your (Iraqi) neighbor

It was great to read in *FOCUS* around the time of the invasion of Iraq the opposition to the war at the university. It was certainly in keeping with words of Christ, such as "Blessed are the peacemakers. . ." and "Love your neighbor."

I can't see Christ going out with a sword—or a weapon of mass destruction—and killing the neighbors He said to love. If we have to criticize the government and its activities, and be called "anti-American" by some, we must remember that our first allegiance is to Christ—not to the government in Washington.

*Marlin A. Field (att.)*

## The price of freedom

We have been rather slow in responding to what we believe to be a very biased article, "America's Troubled Image Abroad" in the Spring 2003 *Focus*. We have lived through the time of WWII and all its horrific events. I, personally, grew up in a family of 10 on a Wisconsin farm and was drafted into the US army at the end of the war. In the fall of 1950, I hitchhiked from Wisconsin to attend EMC and completed the course for the ministry by working every penny of my way with only the help of the Good Lord. I thank God for the wonderful wife I found at EMC and for the 51+ years He has given us together.

We have worked for 40 years in the full-time ministry of the SDA Church and continue to be active in church activities. When we attended EMC we were proud that our school placed a great deal of emphasis on the spiritual aspects of education. Our country had just gone through a very sobering and painful world war. Those of us who have served our country and church for many years feel that it takes a dedicated amount of energy to hold the "Flag of Freedom" high. It took an untold amount of sacrifice to bring freedom and peace to the world we live in.

"What America wants, America gets!" "What does President Bush want?" These statements in the Spring 2003 *Focus*, hardly

reflect the spiritual aspect of what we feel our school should stand for.

Of course we need the cooperation of "Old Europe" and the United Nations. But where was "Old Europe" and the "League of Nations" when Hitler and Mussolini and Tojo were preparing their countries and marching toward conflict and then thrusting our world into a terrible, bloodletting war?

Should our school be a part of the Neville Chamberlain philosophy? We would all be doing a "Hitler Salute" in an unbelievably oppressive police state, if this were the case. My mother was born in the middle of chaos in 1905 in Austria-Hungary and my father's people came from the Ukraine of Russia—our family values "Freedom!" Many in America take for granted the freedom which we enjoy and the price that it costs to maintain it.

Douglas McArthur once made the statement that the price of freedom is "Eternal Vigilance." Colin Powell recently stated very clearly the objectives of our nation in these words: "Over the years, the United States has sent many of its fine young men and women into great peril to fight for freedom beyond our borders. The only amount of land we have ever asked for in return, is enough to bury those who did not return."

*Al Klein (BA '54)*

## Salty provocation

Some of the letters in your Summer 2003 issue indicate that you have achieved an august status as a university publication. Such a magazine is hardly worth its salt without causing a certain amount of ire among its readers. When you provoke one to request a dismissal from the mailing list, you stir up a host of others to read and investigate the cause for themselves. Now, which of these is your greatest asset?

*Johann Thorvaldsson (BA '56, MA '58)*

## 2004 alumni group tours

**RUSSIAN RIVER CRUISE** from Moscow to St. Petersburg July 5-18 (14 days), with a precruise option to Helsinki, July 1-6, and a postcruise option to the Baltic countries of Estonia, Latvia and Lithuania, July 18-25. This tour will include a visit to Zaokski Theological Seminary.

**SOUTH PACIFIC TOUR**, September 26-October 21 (26 days in Australia and New Zealand with an optional four days in Fiji). Australia will include the Great Barrier Reef and the Sydney area with Sabbath at Avondale College. In New Zealand we will visit both the North and South Islands to include Christchurch, Queenstown, Milford Sound, Rotorua, Auckland and the Bay of Islands. In Fiji we will visit Fulton Adventist College.

**SOUTH AFRICA TOUR**, November 1-18 (18 days), will include Johannesburg, Pretoria, Kruger National Park, Swaziland and Zululand, the Garden Route from Port Elizabeth to Capetown, and four days of sight-seeing in the Capetown area, to include Helderberg College.

For detailed information or to reserve space, contact Dr. Merlene A. Ogden at 269-471-3781 or e-mail [ogden@andrews.edu](mailto:ogden@andrews.edu).

Letters to *Focus* are welcome and should be sent to Editor, *Focus*, University Relations Office, Andrews University, Berrien Springs, MI, 49104-1000 or by e-mail to: [ivan@andrews.edu](mailto:ivan@andrews.edu) with "Letter to *Focus* Editor" in the subject line. The editors reserve the right to edit for content, style and space. Opinions expressed in letters are not necessarily shared by the editors or university officers.

# ET CETERA



## YOUR OPINION MATTERS

*Focus* Reader Survey now available on Andrews website

Please take a moment to let us know what parts of our magazine are most enjoyable and useful.  
Go to: <http://www.andrews.edu/PR/focus/>

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You're just a few clicks away from connecting with former classmates and friends. Why not try it out today and see what alumni are saying?



## Focus wants to know . . . about you

Name \_\_\_\_\_

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Degree(s) received from Andrews \_\_\_\_\_

Year(s) of Graduation or years attended \_\_\_\_\_

Current Occupation/Employer \_\_\_\_\_

Location (City/State) \_\_\_\_\_

Special contributions to church or society, professional development or promotions, additional degrees or certificates, travel, hobbies, volunteer work or anything else interesting about you or your spouse.

\_\_\_\_\_  
\_\_\_\_\_

## . . . about your family

Name \_\_\_\_\_

Degree(s) received from Andrews/ \_\_\_\_\_  
Year(s) of Graduation or years attended \_\_\_\_\_

Current Occupation/Employer \_\_\_\_\_

Location (City/State) \_\_\_\_\_

Children \_\_\_\_\_ Date of birth \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Feel free to submit a snapshot or family portrait for publication. Either black and white or color is acceptable; prints will be returned upon request. Thank you for keeping us informed.

Have you also remembered your voluntary subscription support for *Focus* this year? Your \$10 gift is much appreciated. Mail to: Alumni Services, Andrews University, Berrien Springs, Michigan 49104-0950.

# CAMPUS UPDATE



**DECISIONS, DECISIONS!** *The Major Choice Career Fair, targeting undeclared students, included 21 university departments which provided a colorful array of display booths and sundae toppings. Organized by Karen Tilstra, Student Success Center, and Patricia Stewart, Career Planning and Placement, the fair enabled undeclared students to see the variety of majors AU has to offer, and to enjoy some good eats. As part of the fair, students and faculty were served lunch followed by plain vanilla ice cream. As they made their way to each booth, participants found a different topping to select for their sundae, some of which became quite elaborate.*



**LIBRARY "FUNHOUSE"?** *YOU CAN BOOK IT!* *The 3rd annual James White Library Fair was held Wednesday, September 10, 2003, from 1-7 pm. The theme for the fair was "James White Library—the World at your Fingertips." Each department within the library chose a region of the world and then proceeded to have quizzes and games relating to that area which would help participants learn how to use the library, have fun and win prizes at the same time. In addition, each department provided food samples from their chosen region. This year's library fair surpassed the attendance of all previous fairs.*

## AU nursing program scores big

The nursing department at Andrews University is pleased to announce that after much prayer and the implementation of many departmental initiatives, their students have achieved a 100 percent pass rate on their State Nursing Boards. This score is significant for three reasons.

First, this pass rate is an outcome measure of the curriculum update that occurred during the 1999-2000 academic school year. The May 2003 graduates are the first cohort of students whose degree is based solely on the new curriculum. These results let the department know that the changes made were right on target.

Second, according to Nancy Carter, the faculty member with the longest tenure in the department, this is the first time this has occurred during the past 20 years.

Third, this 100 percent board pass rate occurred with a group of students who have very diverse ethnic backgrounds and come from different countries. This is no small feat. It is easier to have great board

pass rates with students who have the same basic educational preparation and background. However, the challenge is heightened when you have the privilege of preparing students who come with a rich variety of backgrounds.

Providing well-prepared nurses for a society and community in which a massive shortage exists is one way in which the Andrews University Nursing Department is giving to the community. Another way Andrews has cared for the community is by providing an opportunity for veterans to receive primary health-care in the tricounty areas of Berrien, Cass, and Van Buren. This was done through the Benton Harbor VA Clinic, which the nursing department was responsible for initiating and operating from its inception until the summer of 2003. Veterans consistently voiced their appreciation and satisfaction with the level of healthcare they received from nursing department faculty members Arlene Saliba and Diane Ford, and staff such as Geraldine Harvey.

Other contributions from the nursing department to the community include faculty service and practice. Nancy Carter

works as a community health nurse specialist with the Benton Harbor Citizens Empowerment Committee under the direction of Mary Bethea. The committee implements initiatives for enhancing the community's health. Carter recently worked with the committee to facilitate a successful community health fair September 5, 2003.

Dr. Allen is especially proud of the 100 percent board pass rate since she was the chair when the new curriculum was implemented. "I am very excited about the work that the faculty team has done to achieve this, particularly Carol Catron, and I am thankful to God for an answer to prayer," Allen said.

# CAMPUS UPDATE

## Emergency response exercise

On Tuesday, September 9, Andrews University hosted and participated in a countywide Full Scale Emergency Response Exercise. Emergency response teams (police, fire, emergency medical technicians, etc.)



*A Berrien County Hazmat vehicle enters the disaster drill area.*

from Berrien County utilized the campus to conduct this important training event.

Organized by Berrien County Emergency Management, a division of the Berrien County Sheriff's Office, this training exercise offered participants a valuable opportunity to practice working together in the event of a full-scale emergency. The Andrews University Disaster Response Team was called into action and played an important role in this process, allowing the campus team to interface with the Berrien County emergency response teams, as well as put into play and test the university's disaster response plan.

Most of the activity for this drill took place on the Andrews University campus near the playing fields and Lamson Hall. That area

and the perimeter were marked off with yellow caution tape. All campus entrances and exits, as well as the section of Old U.S. 31 that runs along the university property, provided limited access during the first 15-25 minutes of the drill.

Sergeant Mike Bradley, commander of the Berrien County Sheriff's Department's Emergency Management Division, worked closely with Ed Wines, vice president for financial administration and director of the Emergency Operations Center for the campus, and with Dorothea Sarli, risk management advisor, to plan and execute the drill. Bradley said the training was "a whole lot more organized" than he expected. He said initial preparation meetings made him think rescue crews who had never worked together might end up in an ego competition. "Everyone paid attention to direction,"

he said. "Of course, there are always errors, but those were minor."



*A group of local firefighters and EMT's respond to disaster drill victims.*

Ed Wines has been named the director for the Emergency Operations Center at Andrews University. The center will function in the event of any emergency involving the campus. He said, "The collaboration that occurred between university personnel and emergency services will prove invaluable in the event of an emergency."



*LEFT-RIGHT: David Hall (age 7), Victoria Ryan (age 8), 1st and 2nd grade teacher, Connie Hall, Noel Harris (age 8), technology facilitator, Hamdel Tobias, and Ryan Tauran (age 8).*

Ruth Murdoch Elementary School is among nearly 100 schools in Michigan that participated in the third annual AT&T/MACUL Student Technology Showcase on Wednesday, Oct. 8, at the State Capitol building in Lansing.

Two separate groups of students used computers and other electronic devices to show elected members of the Michigan State Senate and the House of Representatives how technology is being used in the classroom to facilitate learning. The project covered a wide variety of areas including distance learning, computer programming, curriculum integration, electronic portfolios and cooperative learning. Other areas included video production, web authoring, hand-held technologies, robotics, digital imaging, multimedia and computer-assisted design.

The students demonstrated how to use the computer to make their own original books. They showed how to type text, illustrate pictures, and add sound and music.

The Showcase was sponsored by AT&T and the Michigan Association for Computer Users in Learning (MACUL), an organization dedicated to bringing educators from all levels together to share their knowledge and concerns regarding educational use of computers and technology.

# CAMPUS UPDATE

## Enrollment continues to climb at Andrews

The 2003-2004 school year at Andrews University got off to a great start with the announcement of an enrollment increase. The total head count for the university rose by 196 students—176 additional graduate students and 20 undergraduates.

The university welcomed all new and returning students by continuing its efforts to improve the registration process. And during the week before classes began, special programs like First Stop, All Fired Up and the President's Luncheon provided a wonderful introduction, particularly for incoming freshmen, to campus life.

Steve Yeagley, local recruitment coordinator for enrollment management at the university, attributes

transfer students may receive up to \$4,000 per year based on their college GPA. The APS also financially assists students who qualify for federal grants. "Students don't have to search for obscure endowed scholarships or beg for need-based grants," said Yeagley. "They are now distributed equitably in one easy plan."



**FREE FOOD:** Following convocation on August 28, 2003, students gathered on the campus mall to enjoy refreshments provided by the Office of Student Services.



**ELEMENTARY EDUCATION MAJORS:** Left-right: Kiana Binford, Rebecca Sauer, Lindsey Harris, Catrina LeSure, Lindsay Taylor, Mira Danaiata

the rise in undergraduate numbers to three things. First, the Andrews Partnership Scholarship (APS), which is in its second year, offers from \$1,000 to \$6,000 to freshmen for each year of college, up to four and a half years. Based on a combination of students' GPAs and ACT or SAT test scores, freshmen can plan on receiving anywhere from \$4,000 to \$24,000 to help defray the cost of their education. Undergraduate

The second reason is due to Enrollment Management making a number of system changes in their department over the past year. For instance, Yeagley reports that thousands of prefilled applications have been sent to students who have either indicated an interest in the university or who the university believes might be interested in enrolling. The applications contain their names and any other information the office may have. All the student needs to do is fill in the rest of the information and return it. "There has been a tremendous response to these mailings," Yeagley said.

Finally, qualitative enrollment has played a large part in higher enrollment this year. In 2002, one of the brightest classes, based on test scores and GPA, enrolled as freshmen. This year's class has topped last year's by 2.92 points on the Andrews Partnership Scholarship rating system. The Society of Andrews Scholars has enrolled 65 freshmen in their SAGES program this year. "Success breeds success," Yeagley stated. "I attribute the growth, in part, to the difference in campus culture that

good students create."

Several parents commented to university personnel about how impressed they were with the ease of registration and the wonderful activities planned. Tom and Sietie Heslop of Cedar Lake, Mich., helped their son, Darren, a freshman engineering major, register during First Stop. Braced for the five-hour lines at Student Financial Services they had heard about before coming to campus, the Heslops were pleasantly surprised when they sailed through the process. "Andrews obviously has put much time and effort into improving the process, and it seems to have paid off," Tom Heslop said. Another parent was so impressed with the President's Luncheon, he said, "It makes me want to come back to college!" One mom said, "I really appreciated the parent meeting and all the help that was given during freshman orientation."

Although enrollment is only one indicator, the trend suggests that this will be a banner year for Andrews University. After a downward slide in the late 1990s and early 2000s, the climb in numbers over the past two years has been a boost to the university's morale. Stephen Payne, vice president for enrollment management, believes "There is incredible and widespread evidence that God continues to bless our work here together at Andrews University."



**WHAT'S COOKIN':** Bill Mutch, professor of chemistry, and Neal Boger, director of the Distance Learning Center for the School of Education, swap recipes while cooking omelettes for the Advisor's Breakfast.

# CAMPUS UPDATE

## What goes up...

Two long-time campus buildings were demolished during the month of October: the old Art Building (formerly the home for



**FUTURE EXCAVATION SITE?** *The former Horn Archaeological Museum.*

chemistry and physics) and the building housing the Horn Archaeological Museum (formerly the Lake Union office building and later, home of the Geoscience Institute).

The Horn Museum building, located on

campus near the Howard Performing Arts Center and the Seventh-day Adventist Theological Seminary, was the first to be razed. The museum, which contains a treasure

trove of ancient Middle Eastern artifacts, will be moving to a building on Old U.S. 31, the former home of Fifth-Third Bank, and next to Apple Valley Market. Because of the delicate nature of moving the artifacts and placing them in optimal locations, the museum expects to be closed for the next two years, said Dr. David Merling, museum curator.

Later in the month, a nostalgic group of 30 alumni took time to say good-bye to the old Art Building.

Built in the 1930s, the wooden structure was deemed uninhabitable by the fire marshal. The last classes in the building were held last spring.

Professor of English and campus historian Meredith Jones Gray presented a short histo-



**DECONSTRUCTING ART:** *Thirty alumni gathered in the stairwell and hallway to listen to a short program commemorating the former Art Building.*

ry of the building. Later, Bill Mutch, professor of chemistry, shared some of his memories of the building. "All the chemistry classes I took at Andrews were in that building," Mutch recalled. "The building has many fond memories, such as the old balance room in which I kissed Pat, now my wife, for the first time." The commemoration ended by walking through some of the classrooms and singing the school song.

## AU hosts business teachers conference

The school of business at Andrews University hosted its fourth biennial conference for Seventh-day Adventist collegiate business teachers June 26-28, 2003. The theme for 2003 was "Building a Community: The Dilemmas of Collaboration," and the plenary presentations focused on the collaborations business teachers have as business academics with their respective local business communities, as teachers with business students, and as academic colleagues with other academic colleagues. More than 50 business teachers from 15 SDA colleges and universities, including six schools outside of North America, came together to share their research through break-out sessions, to consider the collaboration areas in the plenary sessions, and to wrestle with specific issues faced by all during the two round-table discussion sessions.

Among the high points of the conference

were presentations by Ed Harri, assistant dean for student affairs at Willamette University College of Law, who focused on building community through town-and-



**THEY'RE ALL BUSINESS:** *Plenary session participants*

gown collaboration; Mark Mitchell, president of the Council for World Class Communities, who shared the story of the collaboration of Whirlpool Corporation and the communities of Benton Harbor and Saint Joseph, Mich., in

creating World Class Communities—a vision to build these two communities economically and socially in a way that leaves no one behind; Carolyn Callahan, professor and director of accounting doctoral studies at the University of Arkansas, who challenged the attendees to work with their students as mentors to guide them in all areas of academic growth; Loren Dickenson, professor of communication emeritus at Walla Walla College, who shared tips on communication for the classroom and for developing skills which enhance pedagogy in business disciplines; and Bill Richardson, dean of the College of Arts and Sciences at Andrews University, closed the seminar with reflections on the fraying of our moral fabric—a discussion of ethical issues in today's business world.

# CAMPUS UPDATE



**HOORAY FOR HOLLYWOOD:** *Almost Anything Goes... to the Graduate Students (pictured here).*

*This year's Almost Anything Goes was themed "Hollywood," and featured games, costumes and booths that pitted class against class in a friendly and enthusiastic competition. This year's winners, the graduate class, were first-time participants, and narrowly beat the other competitors, including the junior-senior class, the sophomores, and the freshmen.*



**SHE'S AT IT YEAR-ROUND:** *Demetra Andreassen (pictured) assembled a team of 21 AU faculty, staff, students and community members to participate in the annual Day of Caring on Oct. 9, 2003. This year's assignment was to paint the gymnasium at the Women's Community Association (formerly the YWCA) in downtown St. Joseph, Mich. Once they arrived they were actually put to work doing everything from cleaning the bottom of the swimming pool to washing windows, plus cleaning and painting the auditorium.*

## Aviation students attend flight competition

The Andrews University Flight Team joined five other universities from Michigan and Ohio to compete in the National Intercollegiate Flying Association's Annual Region III Safety and Flight Evaluation Conference.

The conference, held at Ohio University in Athens October 14-18, was a chance for the five AU flight team members to test their piloting, professionalism, and safety skills. Team members included: Justin Wagner, captain; Derrick Heisey, Gerald Paul New, Caleb Sigua, and Ryan McCausland.

Team members were tested in every area of piloting. The conference included two precision-landing events, a cross-country navigation challenge, and a message-drop event in which the pilots had to drop objects on a ground target. Ground

competitions included simulator flying, aircraft preflight inspection, an aircraft recognition challenge, and a manual flight computer accuracy test.



**AU TOP GUNS:** *L-R: Ryan McCausland, Caleb Sigua, Justin Wagner, Derrick Heisey, Gerald Paul New*

This was the third year the Andrews University Flight Team has participated in the conference. Because they are still rela-

tively new to the competition, the flight team members worked on their own, without a faculty sponsor, to prepare for the event. Although they only had two months of practice, the team went to the conference with high hopes.

On Saturday evening, the last day of competition, awards were presented. The top three teams would advance to the national conference in the spring. Despite having had little time to practice, the experienced team of pilots placed fourth overall. Individual awards were also presented. As a team, they brought home four trophies and eight medals.

When asked about plans for next year's competition, the team listed practice at the top of their list. "We would like to place within the top three next year and make it to nationals," said their captain, Justin Wagner.

Other plans include increasing the size of their team to eight-to-12 members and adding a faculty coordinator. Selections for next year's flight team will be starting soon.

# CAMPUS UPDATE

## Murphy speaks for Templeton Lectureship Series

Dr. Nancey Murphy, professor of Christian Philosophy at Fuller Theological Seminary, addressed the topic "Whatever Happened to the Human Soul?" on October 22, 2003.

Geneticist Francis Crick claims to have falsified Christianity by showing that there is no soul. In this lecture, Nancey Murphy considered the scientific evidence for a "nonreductive physicalist" account of



Nancey Murphy

human nature. She argued that this view of humans as purely physical is not, in fact, inimical to Christian teaching. It has received growing support from Christian scholars throughout the past century, and is easily reconciled with the Seventh-day Adventist concept of conditional immortality.

Dr. Murphy's book, *Theology in the Age of Scientific Reasoning* (Cornell, 1990), won the American Academy of Religion award for excellence and a Templeton Prize for books in science and theology.

## Hyveth Williams lectures on preaching



Hyveth Williams

Dr. Hyveth Williams, senior pastor of the Campus Hill Seventh-day Adventist Church and adjunct professor of religion at Loma Linda University, both in Loma Linda, Calif., was the featured speaker at the October 26-27 H.M.S. Richards Biblical Preaching Lectureship.

She presented four lectures entitled "The Miracle of Grace," "The Measure of Grace," "The Marvel of Grace," and "Grit and Grace." Prior to serving as pastor at the Campus Hill Seventh-day Adventist Church, Williams served as pastor of the Boston Temple Adventist Church and associate pastor for evangelism at the Sligo Seventh-day Adventist Church, Silver Spring, Md.

After a dramatic conversion in 1978, she abandoned a successful political career to prepare for pastoral ministry. She earned a master of divinity degree from Andrews University in 1989, and a doctor of ministry degree from the Boston University School of Theology in 1998, where she did her dissertation in the area of preaching. In 1996, Williams received a prestigious fellowship from the Episcopal College of Preachers, National Cathedral, Washington, D.C. She is also an internationally acclaimed preacher and author.

## Pearson speaks for Week of Prayer



Walter Pearson

Elder Walter Pearson, speaker for Breath of Life Television Ministries, was the featured

speaker for the Fall Week of Spiritual Emphasis, September 15-20, 2003. Pearson, speaking on the theme "Let's Be Connected," addressed issues Christians face regarding connecting with God and those around them. Using illustrations from the life of Christ, facts, and object lessons from nature, as well as humor, he held the students' attention well. Jorge Aguerro, sophomore theology major, said, "I felt the message came from God, not Pastor Pearson. God spoke to many hearts, including mine."

In an interview, Pearson said, "My main goal is to capture people's attention who are seldom serious about their relationship with Jesus. I want to talk about it enough and make it look attractive enough so that they would want to try it for themselves. I want the students to have a personal relationship with Him."



Leonabelle Berdida directs "Advent Capelle," a 17-member Filipino choir who sang at PMC on July 26, 2003. The choir members left their lives and jobs for one year to tour the United States to witness through their concerts. Their U.S. tour circuit included such events as singing at Mt. Rushmore on Memorial Day; in Washington, D.C., for the National Day of Prayer; and at the Daly Center in Chicago, Ill. They will return to the Philippines at the end of the year.

# FACULTY & STAFF

## Wilber retires after 35 years

David Wilber, director of plant administration, retired in October after working tirelessly at the university for 35 years. Dave and his wife, Luella, moved to Berrien Springs in 1968 from Washington, where he had done construction work. He was hired at Andrews on their construction crew and stayed in that position for 14 years. He then became a heavy-equipment operator with university transportation, and assumed the position of director of plant administration in 1990.

No matter where you are on campus, you can see a building that Dave has either helped build or overseen its construction. He was involved with the Howard Performing Arts Center, Ruth Murdoch Elementary, Andrews Academy, Apple Valley, Maplewood Apartments, the Science Complex, the professional building which

will be the new home of the Horn Museum, University Medical Specialties, the addition to the James White Library, the swimming pool, the addition to Marsh Hall, the Plant Service building, the Seamount Building at the airpark, Harrigan Hall, the renovation of



*Twyla Wall wishes Dave Wilber a happy retirement.*

the Information Services building, the addition to the Seminary, the restoration of the Sutherland House, and was involved in the building of Chan Shun Hall.

Ed Wines, vice president for financial administration, said he admires Dave's work ethic. "His unassuming willingness to put on his jeans and get his hands dirty did not go unnoticed," Wines said. "I recall him assisting in the planting of trees in the Andrews

Arboretum and the loving care spent in refinishing the pews that returned to their assigned places in the Seminary Chapel; all of these expressions of his deep interest in and care for the university were noticed and appreciated!"

Dave and Luella have one daughter, Lisa. In his retirement, Dave plans to volunteer at Andrews, do some traveling, garden, golf, and work on his old cars, including a 1930 Model A Coupe.

## Kingman retires after 32 years

Robert Kingman retired as professor and chair from the Physics Department after 32 years this past summer. A native of Phoenix, Ariz., he graduated in 1961 from Walla Walla Collage, College Place, Wash., with a bachelor's in physics. During his undergraduate studies, he attended summer courses in cosmology, astronomy, quantum mechanics, and dynamical astronomy at the University of Nebraska, Lincoln; Louisiana State University, Baton Rouge; and Stanford



*Robert Kingman*

University, Palo Alto, Calif. In 1966, he received his master's, and in 1971 he received a doctor of philosophy in physics, both from the University of Arizona, Tucson.

The title of his dissertation is: "On the Spatial Distribution of Clusters of Galaxies."

Before coming to Andrews, Kingman taught at the University of Arizona and Walla Walla College. In the early 1990s, Kingman and faculty from the math department started a Friday-night vespers called Physics on Rye, which included supper for physics and math majors and their friends, as well as fellowship and a chance to learn more about God.

He is married to Lillis Swanson Kingman. They have two sons and two daughters. In his retirement, Kingman plans to help the engineering program at Andrews University get underway, help to further develop the SmartLabs seminar taught during the summer to high school students and their teachers, teach some classes, make adjustments on the telescope in the observatory, and continue to host the Physics on Rye vespers.



# Cheapskates welcome.



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Andrews  University

# At Andrews, It Pays to Discover!

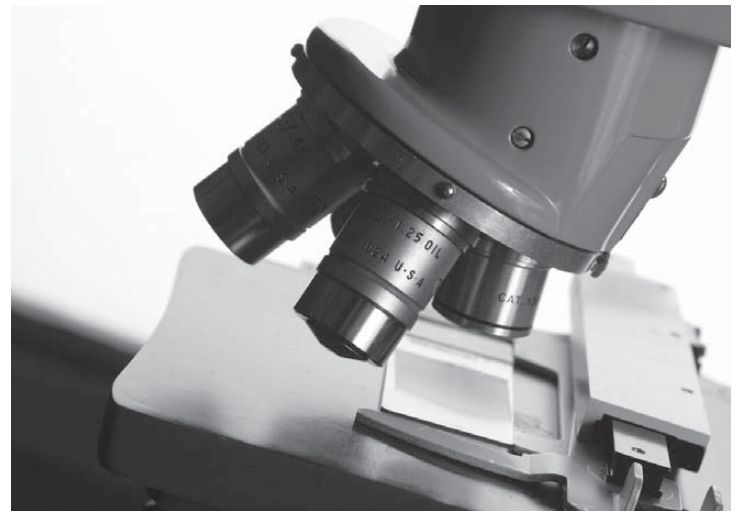
And how! In just the last six months, AU faculty and students secured 1.2 million dollars in external grants to fund their research projects. *FOCUS* takes a revealing look at what they're researching and why.

Can a math predict seabird behavior? How might color lead scientists to new ways of fighting deadly bacteria? Teachers and students at Andrews University are working together to find answers to these and many other questions. And government and research foundations are providing the means to help them make discoveries and probe other questions.

In the last six months Andrews has received more than 1.2 million dollars in grant awards to further important research by a number of professors in a variety of fields and to support innovative education in the sciences. "It's kind of a new day to get this much support over such a short time period. We are excited, to say the least," says Dr. John Stout, dean of research at Andrews. A large percentage of the funds provided to the faculty members by these new grants supports undergraduate and graduate students, involved with them in the research. Undergraduates do not have many opportunities at universities to be involved in research. Andrews is endeavoring to change that. "Students may have the opportunity to coauthor papers even before they graduate. That's rare for undergraduates", says Pat Mutch, academic vice president at Andrews. "And it's a terrific asset when students try to apply into top graduate and medical schools. We're pleased we can offer this experience to them."

For years Andrews has placed an emphasis on its professors conducting research. The university supports faculty research and creative scholarship through its Office of Scholarly Research led by the Dean of Research. Each year, through this office, funds are allocated from the university's budget to assist professors with their creative scholarship and research and support students working with them. Discoveries and preliminary results made during this research process help catch the eye of different government and research foundations that award grants. Most of these new grants grew out of research supported in this way. The new grants enable professors to extend their research, purchase necessary equipment and provide even greater student involvement. The professors' dedication in pursuing and obtaining these grants also enriches the university by enabling more resources, courses and programs to be available to students.

"These sponsored grants from the government and research foundations are indicative that Andrews is maturing as a serious



By Lynnette Aldridge Struntz

education center," says Niels-Erik Andreasen, Andrews University president. "Faculty who teach here push out the frontiers of knowledge and draw students into a more intense learning experience."

These grants give undergraduates of Andrews a head start into work they may do on the graduate level. It gets them involved in the research process while they are seeking their degrees.

It's a great honor for Andrews to receive grant awards that universities throughout the nation compete for. By receiving these grants the university has

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*"It's kind of a new day to get this much support over such a short time period. We are excited to say the least."*

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Professor Shandelle Henson and senior gulls on Protection Island, Wash.

an opportunity to step out as a leader in different research communities. "It's a very competitive process," Mutch says.

"The fact that Andrews has the ability to compete at a national basis for grant awards is a testimony of the quality work being done here. We are very proud of our professors and students."

Although professors and students are conducting research in many departments at Andrews University, the following are projects that have received awarded grants since this past summer.

## SEABIRD ECOLOGY TEAM PREDICTS ANIMAL BEHAVIOR

Dr. James Hayward, professor of biology, and Dr. Shandelle Henson, associate professor of mathematics, with their team of students and consultants, are creating mathematical models that predict how many seabirds and sea mammals will be in a specific habitat at a specific time. This is particularly important because of recent habitat losses due to human encroachment. Wildlife managers need to be able to predict the movements of animals so they can make appropriate decisions regarding remaining habitats.

"Our models predict habitat occupancy in a seabird colony," Henson

says. "This means I can sit in my office at Andrews and predict how many seabirds are going to be in a certain habitat at a certain hour next summer."

Hayward and his colleagues have worked on the behavioral ecology of seabirds since the early 1970s. "Now with the benefit of input from a mathematician," he notes, "our research is at the cutting edge of science. The prospects are exciting."

Students also express excitement about the Seabird Ecology Team, as it's now called.

"It's awesome to be studying in an area where the books haven't been written yet," says Clara Logan, a senior mathematics major and member of the team. "You don't have a textbook as an authority saying this is how to do it. It's more like writing your own textbook as you go along."

Once each week the team meets together for an hour. Research students go up to the board one at a time and explain what progress they've made and what problems they've run into. Then they get feedback from the rest of the group to keep them going. "This is a real team effort and lots of fun," says Henson. "It's also a tremendous opportunity for our students. It gives them a taste of research and

helps them get into top PhD programs. Quite a few student team members will go into research mathematics or research biology; I'm really proud of them. We have many outstanding students at Andrews."

The National Science Foundation, through a grant to Andrews University, has awarded the Seabird Ecology Team \$304,000 to further their research. The funding opens new doors for the team. It has allowed them to expand their research, purchase fast research computers and software to perform computer

simulations of mathematical models, provide financial assistance to team members, and offer extra courses to their students. These courses help the students better understand how to carry out interdisciplinary research. Two calculus courses and a mathematical modeling course are specifically designed for biology majors to learn how to use mathematics to solve biological problems.

The Seabird Ecology Team provides a collaborative interdisciplinary learning environment for everyone: mathematics, chemistry, and biology students all work together and help one another. The team is highly active in publication and speaking engagements. Henson and Hayward speak around the country at professional conferences, sharing the results of their research. Already successful at predicting the



Clara Logan count

movements of animals in one habitat on Protection Island National Wildlife Refuge, Strait of Juan de Fuca, Washington, the Seabird Ecology Team is now working on models that predict the movements of the animals among several habitats on the island.

## GENETICALLY ENGINEERED BACTERIA MAY FIGHT WEEDS

The United States Department of Agriculture, through a grant to Andrews, has awarded Dr. Robert Zdor, associate professor of biology, more than \$65,000 to further his research on a type of soil bacteria that has the ability to live around plant roots. Zdor discovered that by applying a certain type of soil bacteria around velvetleaf, a common weed often found in cornfields, the plant is harmed and growth is reduced. This type of soil bacteria also produces the toxic gas cyanide. Zdor is looking at the genetic basis for cyanide production and is going to test whether or not the cyanide is important in how the bacteria interacts with plants.

"The idea is, if cyanide is important in this interaction, and if we can optimize the cyanide production, then maybe we can optimize the harmful effect of the bacteria on the plant," Zdor explains. The first phase of the project involves constructing genetically engineered bacteria to be used in the soil. Once the genetically engineered bacteria are constructed, undergraduate students will be involved in applying the bacteria to the soil and then studying how they behave.

"It is beneficial for students to see how a science actually operates because they learn that science isn't necessarily a smoothly oiled machine. There are hurdles and things that don't work," says Zdor. "It causes them to brainstorm and problem-solve, plus it allows them to develop their creativity in terms of thinking through how to do something so they have a meaningful outcome."

The grant provides funds for purchasing new equipment, assisting undergraduates involved in the project, and presenting the findings in journals and at conferences.

Zdor hopes his research will lead to a new method of fighting weeds using a biologically based, as opposed to a chemically based, weed control.

## SERENDIPITY AND OPPORTUNITY: A TALE OF UNUSUAL COLORS

Dr. Desmond Murray, assistant professor of chemistry, recently received a \$248,500 National Science Foundation (NSF) grant and a \$50,000 American Chemical Society (ACS) grant to study boronic acid substituted flavonoids. This research branched off from a

discovery made by an Andrews clinical laboratory science major three years ago who was experimenting with chalcones under Murray's supervision. Chalcones, which belong to a class of plant pigments called flavonoids, have previously been known to have a wide range of biological activity. However, the student found that only one of the 20 chalcones she prepared inhibited growth of the bacterium

*Staphylococcus aureus*.

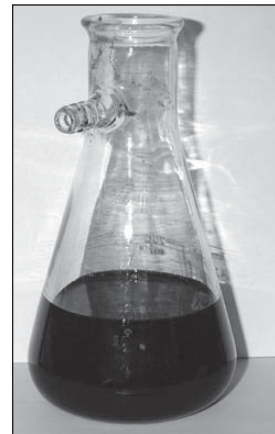
Particular strains of this bacterium are becoming increasingly drug-resistant and are leading to hospital-acquired infections that cause complications like blood and bone infections and infections

of the heart and valves that lead to toxic-shock syndrome and death. The chalcone that inhibited this bacterium contained a boronic-acid group.

The next year a freshman biology major approached Murray about wanting to do research. He decided she should focus on boronic acid-substituted chalcones. While engaged in this research they unexpectedly made a purple chalcone. "This was highly irregular," Murray says, "since both natural and synthetic chalcones are generally yellow to orange in color." This unique chalcone color fascinated them and they continued to pursue making other colored chalcones.

"By applying chemical principles to the gift of serendipity, we were able to make blue and green chalcones," Murray says. They also discovered these chalcones undergo dramatic color changes in the presence of certain molecules or solvents. These preliminary results were submitted to and piqued the interest of ACS and NSF and led to the two grant awards.

A significant part of the grant money will be used to buy new equipment, including a new \$70,000 UV-Vis-NIR instrument, computational chemistry software and new computers that will help determine more detailed color characteristics of these chalcones. The software will allow them to investigate flavonoid systems that are difficult to prepare in the lab. The equipment will also be a great addition to the department and will be an asset to the other professors in their classes and research. Grant money will also provide assistance to undergraduates involved in the research.



Purple chalcone

"This is a great opportunity for undergraduates to develop laboratory and research skills while working on new and exciting research," Murray says. "This class of compounds has never been systematically made and studied before, so the students are working at the cutting edge of their field. Students will also benefit by coauthoring publications arising from the research. I credit two Andrews undergraduates, Michelle Miller and Teresa Han, and a Benton Harbor high-school student, TaMira Jennings, for significant contributions to this research."

Murray anticipates that extending the chalcone work to other classes of flavonoids can potentially lead to applications in molecular sensing, antimicrobials and new functional materials.

## VIRTUAL REALITIES MAY CREATE BETTER TEACHERS

The United States Department of Education recently awarded five universities with an \$899,000 grant to strengthen the instruction of special-education teachers. Andrews received more than \$116,000 of the total grant award. Dr. Candice Hollingsead, associate professor of teacher education, is working on this collaborative project with four other universities to implement new methods of teaching special-education teachers through virtual-reality case-based instruction and then evaluate its effectiveness in an effort to create a new instruction model.

Using CDs with video clips that show 10 actual special-education child cases, teachers can test and strengthen their skills in a realistic environment. These CDs were created during the two previous stages of this project. The final phase, which Andrews is involved with, incorporates these elements into the teaching instruction of special-education teachers, records how the special-education teachers interact with these elements, and then evaluates the effectiveness by how the teachers incorporate learning in their own classrooms.

"We usually teach method classes using simulations like role-playing to show how to interact and help teach children with special needs," Hollingsead says. "But with this virtual-reality case-based instruction, special-education teachers don't have to role-play or pretend they are the psychologist, principal, parents or social worker; they actually get to see and hear the real specialists talking about each actual child. This enables our teachers to become proficient in their skills in a 'practice field' first."

At Andrews, this virtual-reality case-based instruction will be implemented in special-education master's degree classes. Andrews will also help Benton Harbor area schools integrate this instruction in their teacher

in-services. Although the other four universities involved in this project will also be implementing this instruction in their schools, Andrews is unique because it is the only university that is also helping integrate this instruction through the in-service setting. These results will be a vital component to the research project.

After the instruction is implemented in Andrews University and Benton Harbor schools, two Andrews' graduate students funded by the grant will track the teachers, collecting data about how they used and integrated the knowledge and tools gleaned from the virtual-reality case-based instruction in their own classrooms. The graduate



*The Science Complex at Andrews University*

students will also assist in analysis of the collected data.

"We want to see how using these real cases affect teachers in perceiving, teaching and relating to their students in special ed in an effort to provide better methods for special-education teacher instruction," Hollingsead says.

The goal of the project is to develop a new special-education teaching theory model that can be used for national emulation.

## TRANSFORMATIONAL LEARNING PAVES THE WAY FOR NEW OPPORTUNITIES

Graduates of Andrews' biology department are unusually successful compared to the national average. The facts speak for themselves: Eighty-five percent of these

graduates who apply to medical school are accepted, which is nearly double the national average. And students who graduate from the biology program, on average, score above the 90th percentile on national exit exams.

These percentages are substantially higher than would be predicted based on students' grades and SAT or ACT scores from high school, which suggests that Andrews' biology program is transformational for students. But which components in the biology program are most effective in promoting the high success of Andrews biology graduates? Dr. John Stout, dean of research, with his core team of Dr. Gordon Atkins, associate professor of biology, Dr. Shandelle Henson, associate professor of mathematics, and Dr. Duane McBride, behavioral sciences department chair, are working to find out. And the National Science Foundation is giving them the funding to do it.

The NSA has awarded Andrews a \$490,600 educational grant to help the team develop a successful new undergraduate program in Behavioral Neuroscience modeled on the very successful biology program. The new program will result from collaboration between the biology, behavioral science and mathematics departments. It is designed to give students exceptional backgrounds in understanding and evaluating human or animal behavior based on the latest advances in understanding the brain and its control of behavior.

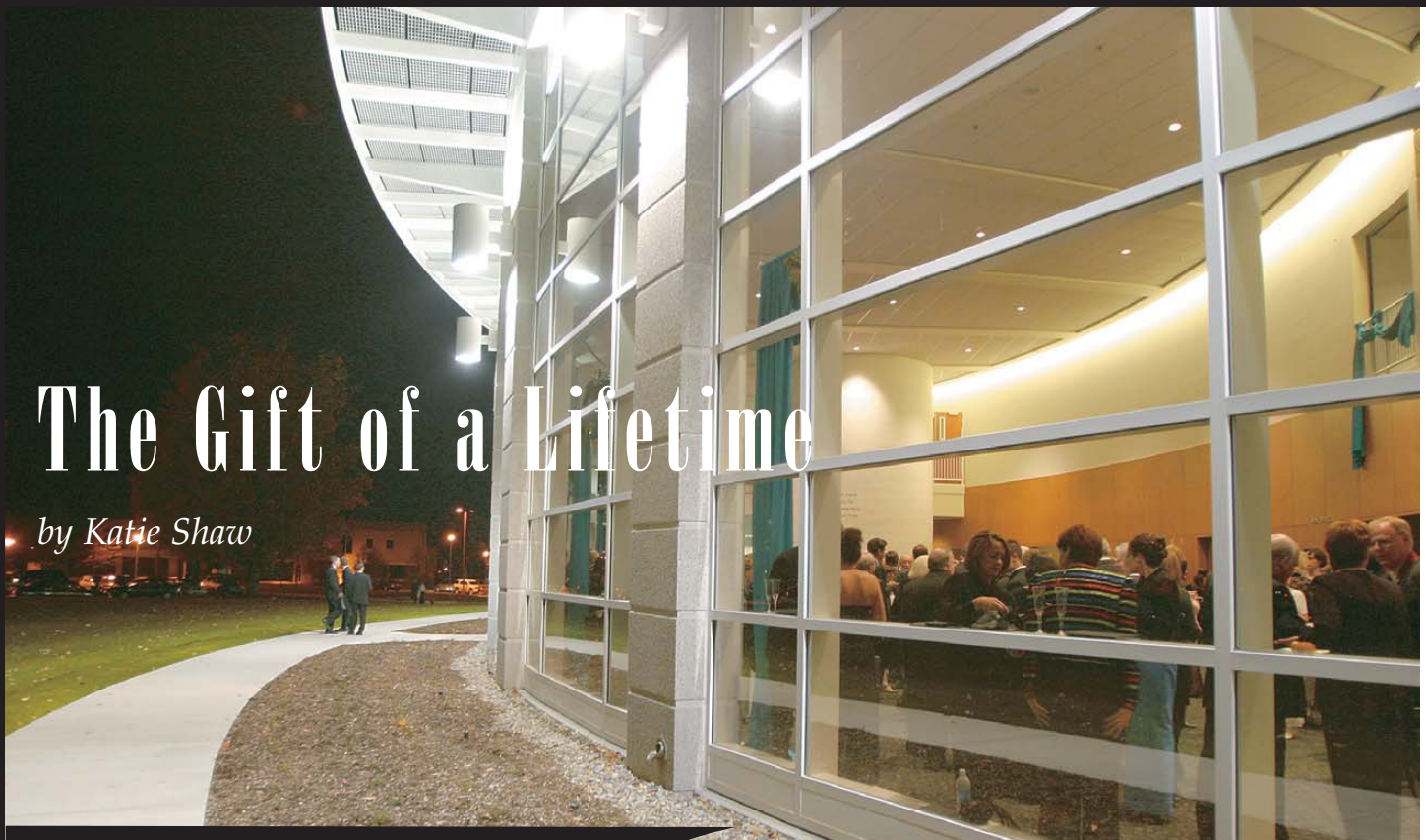
At the same time Stout and his team will carefully track each element of this new program. The results will help determine the factors that underlie the transformation of students to achieving higher levels of success than would be predicted by their entry scores. The National Science Foundation believes that the teaching model that develops from this study can be adapted for use in other disciplines or situations and provide a model for national emulation.

But it's the students at Andrews who benefit the most. The grant provides money to create this new interdisciplinary program at Andrews. It will provide new courses at Andrews, sophisticated equipment, many research opportunities for undergraduates in this discipline and give the students another choice when deciding their field of study. "Behavioral neuroscience is an area that's really growing nationally and provides tremendous opportunities", Stout says. "Our interdisciplinary program will open opportunities to successfully enter this field or go on for advanced training programs in psychology, the neurosciences or medicine. We are really excited that we can offer this great program to our students."

*Lynnette Aldridge Struntz is a graduate student in the English department and a FOCUS intern.*

# The Gift of a Lifetime

by Katie Shaw



Close your eyes for a moment. Imagine the soft light of dusk, stars just beginning to twinkle. Now imagine a crowd of men looking distinguished in dark suits and rented tuxedos, and women in the fancy dresses they never thought they would have occasion to wear again. Imagine young children in bright costumes, excitement palpable. Imagine volunteers and violinists, singers and stagehands, all with one thought: perfection. Welcome to opening night at the Howard Performing Arts Center.



*The finale featured the University Choral Union and Orchestra, conducted by Stephen Zork with Peter Cooper, pianist, performing Beethoven's Choral Fantasy, Opus 80.*

The realization of a 40-year dream at Andrews University was more than just cause to celebrate; it was cause to give thanks to God and to the generous donors, John and Dede Howard, who made this exquisite facility a reality.

The weekend of October 18-20, 2003, was a long and busy one for the hundreds of Andrews University students, faculty, and staff members, as well as community volunteers, who performed and helped everything to run smoothly. But amid the warm-ups and attention to detail, the weekend was also magical. Four hundred Ruth Murdoch Elementary, Village Elementary, Andrews Academy, and Andrews University students gave stirring performances at the two identical Inaugural Concerts Saturday and Sunday nights at 8:00 p.m. Two community ensembles



*Spectators filled the lobby during Saturday night's intermission.*



*Dave Wilber, project supervisor, left, chats with Mike Hohnstein, Fiskars foreman for the project.*



*Julia Lindsay, soprano, performed three operatic pieces accompanied by the University Orchestra, Lawrence Golan, guest conductor.*

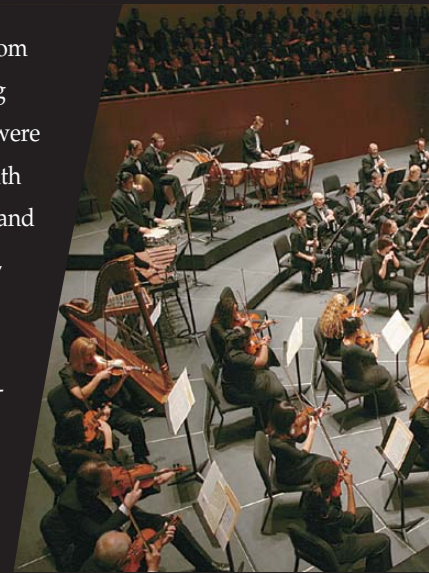
also performed, Quintessence Brass from South Bend and the Renaissance String Quartet from St. Joseph. Both concerts were followed by gala receptions complete with mini empanadas, bruschetta, fresh green and red grapes, an assortment of mini pastries, and glasses of sparkling white grape juice.

Sunday's open house from 2-6 p.m. attracted nearly 400 campus and community members. Children and adults were invited to try out different instruments at a musical petting zoo; music professor Julia Lindsay gave a demonstration on better singing in the shower; librarian Katherine Smith from the Berrien Springs Community Library displayed children's books; and local community groups performed in the hall free of charge.

Students were invited to a special opening concert just for them on Monday, October 20. Peers performed piano, vocal, string, and other selections. A hot beverage bar and biscotti were provided following the concert, and fireworks officially ended the weekend.

"One of the most important aspects of this facility," said Tami Martinez, director of University Relations, "is that it literally opens up our campus to the community. We are providing something of value—through this venue, and its programming—to our Southwest Michigan community and beyond."

The community began responding to the Howard Performing Arts Center several months ago, signing up as volunteer ushers, greeters, ticket takers, and box office staff. Nearly 60 campus and community volunteers worked to make the weekend as seamless as possible. "Volunteers are a crucial part of the whole process," said Derek Bradfield, manager of the Howard Center. "They provide a critical link to the outside world as



*The AU Symphony Orchestra and*



*Dr. Andreasen presented John & De... which included signatures of*



*they*

*The University Wind Symph*



Guest conductor, Lawrence Golan.



De Howard with a photo by David Sherwin, Andrews music students and faculty.



Concert conducted by Alan Mitchell.

involve their families, friends, and communities at large."

Niels-Erik Andreasen, Andrews University president, reflected on the acoustical experience of the performance hall. "Before the opening concert began, the performance hall was completely silent—not a sound was heard through its massive walls from the lights bulbs above or the air handlers beneath. And then the sound of music began, clean and pure, rolling out from the instruments and voices, filling the entire hall and stopping by every single seat. That is what our many guests from near and far, town and gown, church and community expressed. The Howard Performing Arts Center is a marvelous musical instrument."

Nicol Robinson, senior music education major, gave a short student response during the Saturday and Sunday evening concerts, thanking the Howards and all of the other donors for their gifts. She said, "We [the music students] were the inspiration for the design of this building that now inspires us. The generosity with which this home was given to me, to us, to all future musicians here at Andrews, makes it impossible not to strive for a higher quality and beauty in our music-making."

John and Dede Howard, generous benefactors and the buildings' namesake, feel they are the fortunate ones. "Many have expressed their gratitude, but we express our gratitude for being able to provide the impetus for this project."

More pictures of the weekend are available at [www.andrews.edu/hpac](http://www.andrews.edu/hpac).

Katie Shaw (BA '00) is a contributing editor for Focus.



The community open house, held Sunday, Oct. 19, included a musical "petting zoo" in the lobby.



Berrien Springs Children's Chorus performed Agnus Dei by Ron Kean; Stephen Zork, conductor; Lisa Jardine, pianist.



John & Dede Howard pose with excited members of the Andrews University Symphony Orchestra.



# The LaSalle Bank Chicago Marathon

by Brent Geraty

**A**dventists are known for their good health. So perhaps it is not surprising that at least 13 faculty, staff, students and alumni of Andrews University completed the Chicago Marathon on October 12, 2003. Not surprising, but no less remarkable.

But why would anyone voluntarily choose to run through a wall? The "wall" is the term used to describe the point in a marathon when the runner's body depletes its glycogen reserves. Glycogen, derived from carbohydrates in our diet, is stored in our muscles and liver and provides the primary source of fuel for our muscles. When glycogen stores are depleted, the body switches over to begin using fat stores as a source of fuel; that process, however, takes some time and the lack of

fuel will affect the athlete's performance. And this is a good thing?! Well, the physical, mental and spiritual toughness it takes to survive hitting the wall might just improve your life.

might find inspiration from the stories of some of AU's marathon participants.

Last Spring, Amy Bower, Payroll Assistant in the Human Resources Department, decided that she would train for her first marathon. The inspiration for her marathon was Fred Crowell, an AU alumnus (MDiv '84). According to Bower, Crowell ran his first marathon (Twin Cities Marathon) in October 2001 at the age of 47 and "I have been in awe of him ever since!" "That's why I'm doing this," said Bower, "to make my dad proud." Crowell is Bower's father. Shortly after she made her decision, Bower was talking to Dena Drane, the University's Coordinator of Annual Giving. According to Drane, Bower said: "Wouldn't it be fun to run a marathon?" and I said, 'Yeah,

"It is my firm belief that many, many people can complete a marathon.... All it takes is desire and time to put into training."

If you have never completed a marathon, or ever thought you could, you



Dena Drane and Amy Bower after running 26.2 miles

later and three weeks before the marathon, they ran 20 miles. Drane was enthusiastic about the emotional, as well as physical, benefits of training. "As the runs got longer, I kept being able to say to myself: 'this is the farthest I've ever run in my life!' That's cool!" At the same time, Drane stated that she was surprised at the difficulty and discipline required by the training. But it was the marathon carrot being held at the end of the training stick that pushed Drane and her training partners to run farther and farther.

Bower and Drane, who both grew up in Missouri (Bower was a close friend with Drane's sister), ran, and walked, step-for-step together for the full 26.2 miles, finishing in 5 hours and 30 minutes. "It was awesome!" Drane said of her experience in the marathon. "We ran the first eight or so miles before we even realized we were out for a run. The crowd was yelling and we were yelling back at them!"

The crowds at the big city marathons like Chicago are legendary for the support and energy that they give to the runners. On October 12, an estimated 1 million spectators lined Chicago's streets to cheer on the runners.

Some AU alums were out to run fast, not just long. Dan Reichert's (BS '84) running career began with neither speed nor endurance. Reichert started running about three years (and 50 pounds) ago when, according to Reichert, "it kind of clicked in my brain: keep yourself healthy and keep in shape." He started walking on a treadmill, then jogging, and at the beginning, "a couple of miles was about it." Reichert's brother John (BS '86) persuaded him to run a marathon and, "because I didn't want to embarrass myself," Reichert began training harder. In October 2001, at his first attempt at the distance, Reichert completed the Chicago Marathon in a non-embarrassing time of 3 hours 33 minutes and 17 seconds. A year later, Reichert completed the Chicago Marathon in 3:18:21 and qualified for the Boston Marathon (the only marathon, other than the Olympic Trials marathon, for which runners need to run a certain time to be permitted to enter the race). Reichert, who did not reach his 2003 Chicago Marathon goal of setting a PR (personal record), took 3 hours 23 minutes and 57 seconds to complete his fifth marathon (on the same day, brother John completed his third marathon). "It is my firm belief that many, many people can complete a marathon," said Reichert. "All it takes is desire and time to put into training."

Ron Du Preez (MA '78, '88, MDiv '85, DMin '93) is another alum who ran fast. What makes Du Preez's run amazing is not just his speed, but the fact that he is running at all. Five years ago, when he and his wife were missionaries in Zimbabwe, Du Preez fell 15-20 feet onto a concrete driveway when a tree branch gave way. The fall resulted in a crushed right heel, two broken toes, two broken wrists, compressed vertebrae in his back and a cracked sternum.

A short time later, Du Preez almost died when some bone marrow seeped out of his poorly-set bones and formed clots; these clots filled up his lungs and sent him into adult respiratory distress syndrome. Du Preez was flown to Switzerland for extensive surgery where he was told he might not ever

it would be fun!" I had no idea what I was getting myself into."

Bower and Drane, neither of whom considered themselves to be "runners," formed a training group with Rochelle Browne and Karen Nelson, two AU graduate students, and Michelle Stanley, a Berrien Springs resident whose family is friends with Bower's family. The five women modified a well-known marathon training program to fit their schedules, sometimes running together and sometimes running on their own. They started by running one and one-half miles and slowly increased the distances to the point when, four months

"As the runs got longer, I kept being able to say to myself: 'this is the farthest I've ever run in my life!' That's cool!"

Among the runners who were buoyed by the crowd support were PMC Senior Pastor, Dwight Nelson (MDiv '76, DMin '86), and *Focus* Editor, Ivan Davis (MA '92).

walk again, except perhaps on flat ground. When asked about how he ever conceived of running a marathon, Du Preez responded that he began his training "on crutches around the hospital." He moved from crutches to cycling and then to walking. Approximately one year ago, Du Preez decided "to pursue his dream to see if he could run the Chicago Marathon again," twenty years after he first ran the Chicago Marathon. Four years removed from major surgery, Du Preez began to run and, when he developed knee problems, abandoned running completely (except for weekend road races) in favor of serious cross-training methods that were easier on his knees. With titanium plates still in his foot, Du Preez ran a blistering first half of the marathon in 1 hour and 28 minutes before settling down for a two-hour second half.

Like Reichert and Du Preez, Isaiah Santos (BS '01, MS '02) was moving faster than most of us could. The Chicago Marathon was Santos's first attempt at the distance. Santos thinks some additional training will allow him to improve on his time of 3 hours and 31 minutes and he would like to come back to the Chicago Marathon next year perhaps prepared to break 3 hours.

In addition to being a citywide festival, the Chicago Marathon is a truly international event. The marathon is almost as international, in fact, as Andrews University. Runners from 96 countries registered for the 2003 Chicago Marathon, whereas students from 98 countries registered at Andrews University for the Fall Semester 2003. Three AU students from Japan completed the marathon. Shishin Miyagi, a runner and triathlete, accompanied his girlfriend, Nozomi Shimabukuro, during her first

marathon. Miyagi and Shimabukuro finished a little more than one hour after their countrywoman, Motoko Moriya.

Serious marathoners learn about, and talk about, running economy, fartleks, LSDs, Yasso 800s, gels, max VO<sub>2</sub>, tempo runs, base building, strides, MP, pronation and hydration. If you are thinking about running a marathon,

marathon training programs involve 4-5 shorter runs per week and one long-distance weekend run.

In *The Joy of Running*, Thaddeus Kostrubala wrote: "From the most dim glimmerings of prehistory . . . we hear the clear statement that man's body and soul are related to each other. This is encapsulated in the Latin saying 'mens sana in corpore sano'—a healthy mind in a healthy body. There seems to have

been no question in the perceptions and concepts of our ancestors that physical and mental health were clearly interrelated. But somewhere in our more recent past, we in the Occident have lost this synthesis of body and mind. Today we are left with a troubled way of looking at our states of being, dividing them uncomfortably into the artificial groups of body and mind."

At Andrews University, the spiritus is added to the corpus and mens. Perhaps not everyone needs to be a runner to discover a synthesis of body, mind and spirit, but the marathoners among us are able to testify to the benefits of a stronger heart, muscle toning, mental discipline, decreased "bad" cholesterol, spiritual discovery, lower blood pressure, increased energy, stronger lungs, weight loss, and emotional stability. If you like those things.

With titanium plates still in his foot, Du Preez ran a blistering first half of the marathon in 1 hour and 28 minutes before settling down for a two-hour second half.



*The crowds at the big city marathons like Chicago are legendary for the support and energy that they give to the runners.*

however, it can start much more simply: Buy a good pair of running shoes and start running.

Nearly all of the runners who ran the Chicago Marathon began their running careers by going a short distance. Run a mile, slowly, three times a week. Do that for several weeks. Then run one and one-half miles, then two, then three. Start running four days per week rather than three. Running too far too quickly, without allowing your body to prepare itself for the rigors of distance running, can lead to injuries and burnout. Most

*Brent Geraty (MA '91) is general counsel for Andrews University, a contributing editor for FOCUS, and completed the 2002 Chicago Marathon in 3 hrs and 51 min.*

# Confessions of a Rookie Marathoner:

*Reflections on a Twenty-year Pastorate*

By Dwight K. Nelson

In just a few days (God willing, of course) the starting gun will sound, and I'll join 40,000 other runners in the twenty-sixth running of the Chicago Marathon. It will be my first (and perhaps last!) marathon—26.2 miles of nonstop running through the Windy City. The champions will race it in two hours and eight to 10 minutes—I'm just praying to complete it... between four and half and five hours!

But as I've ruminated over my assignment to write a piece for *Focus*, reflecting on our twenty-year pastorate here at Pioneer Memorial Church and Andrews University, it has occurred to me that long-term pastorates are very much like marathons. (And I don't mean that you collapse in a heap at the end either!) So let me share with you what it's been like for us running through these past twenty years.

The starting gun went off on April Fools' Day, 1983, when Charles Keymer, the Michigan Conference president, phoned Karen and me in Salem, Ore., with the invitation to come east at the age of 31 and begin a new pastorate on the campus of Andrews University. And I can assure you, we've been running ever since! We thought it would be just another professional sprint a few miles down life's road—never dreaming that it would become the long and winding marathon that it has.

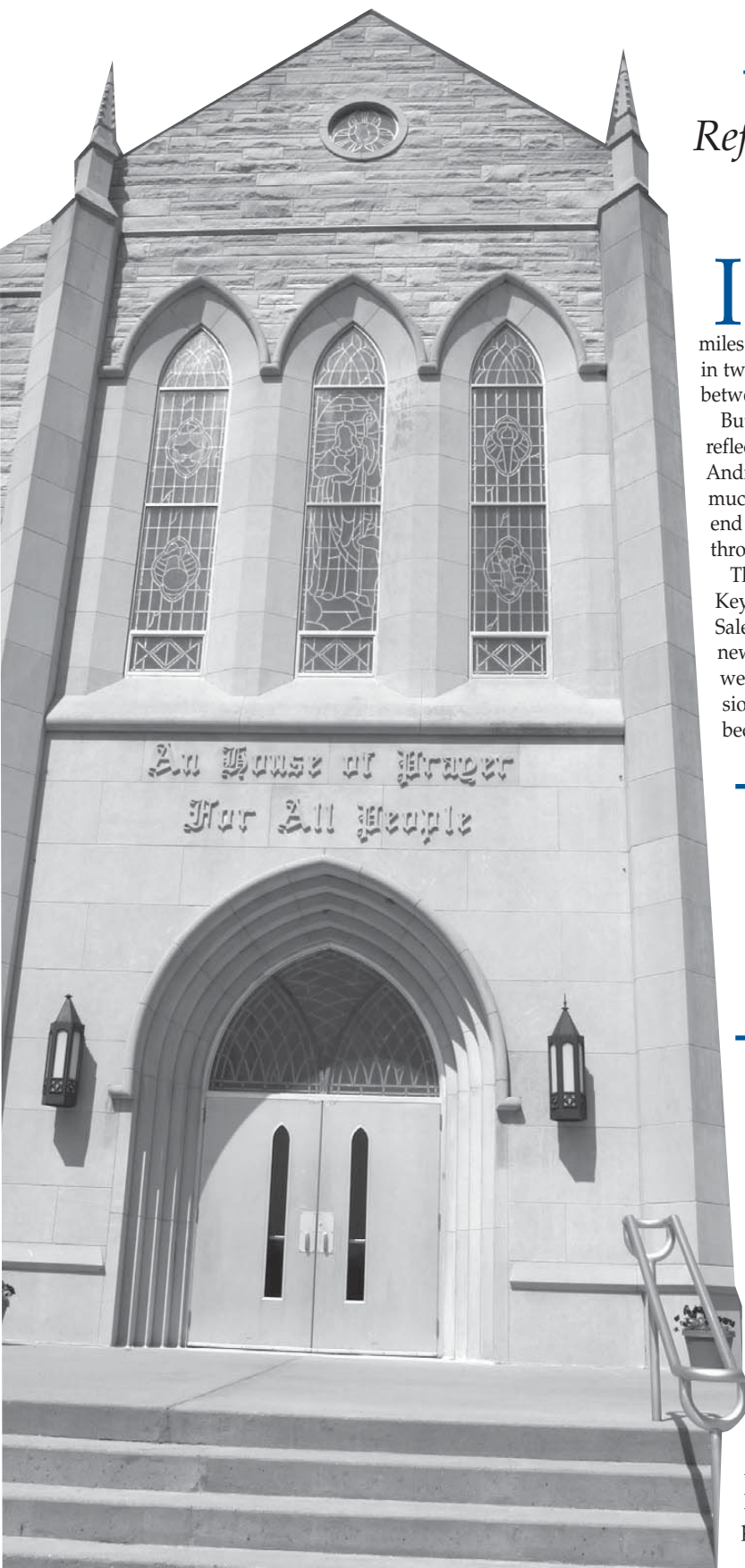
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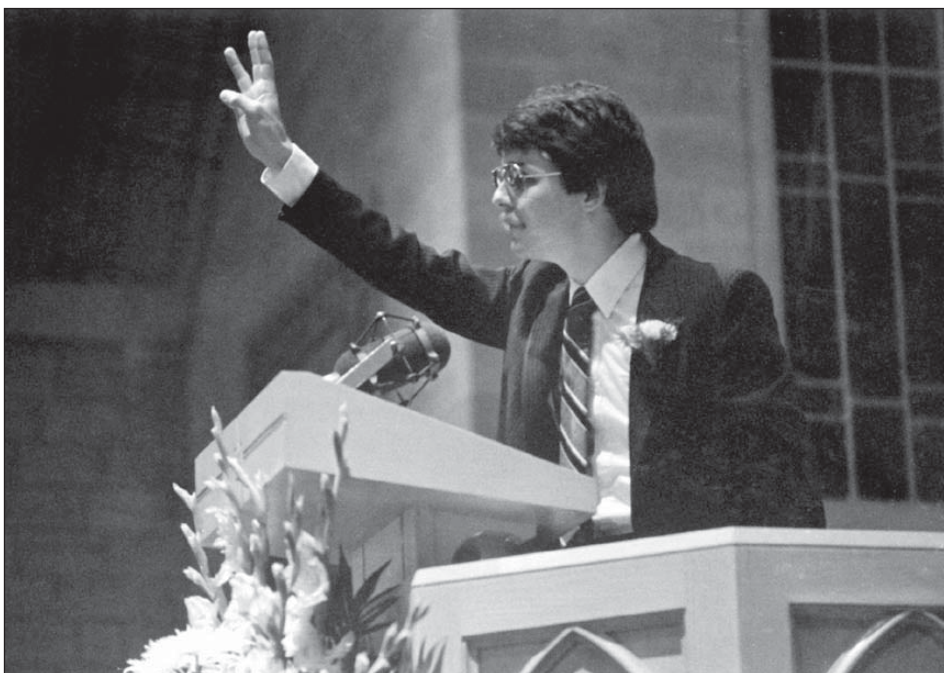
*I walked out of that cabin strangely affected—  
a vision of God's calling  
ignited deep within as never before.  
A world, a generation that must be reached.*

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But we've been blessed and exhilarated by every bend and mile! And I don't want to go a word farther before expressing our heartfelt gratitude to God and to the students and faculty and community members and pastors of Pioneer and Andrews for granting us the high honor of running this marathon with them. When you run beside someone for that long and that far, your hearts become inextricably bound up in ways no other human experience can imitate. And so to God who issued the call and to this campus and congregation who opened the door, we say Thank you from the bottom of our hearts. Even if the marathon should end tomorrow, it will remain deep within our souls as the most satisfying and fulfilling run of our lives!

Over these past 20 years of miles, the scenery has certainly changed! (Which is one of the joys of marathon pastoring—you don't keep running the same three-mile strip.) I've watched five cycles of freshmen and freshwomen run their four-year races across campus. In the beginning, hair was bushy, sideburns and bangs longish, clothes outlandish. Ten years later we males had to grow a goatee to prove our place in the GenX pantheon. But now in the third millennium, hair is





*A youthful Dwight Nelson, circa 1983, preaches from the old PMC pulpit.*

back to clean-cut (even though sometimes shaded blue or green or violet). And jeans, once verboten, rule—student fashion ever shifting with the times. But then, what goes round, comes round (which is why I'm still hanging on to all those narrow ties).

Look at the scenery on campus, if you want to talk about change! When we arrived, James White Library had a giant field beside it (no Chan Shun Hall in sight), nobody had ever heard of Harrigan or Howard, the seminary looked just like the Ad building, Pioneer was a long skinny sanctuary with children's Sabbath Schools meeting in university classrooms all over campus, and the gymnasium—well, some good things never change and neither has the gym.

The metaphor of life and ministry as a marathon means that you have the privilege of intersecting your race with the marathons of others.

Which, of course, keeps changing the scenery, too. During these past 20 years, it's been an honor to serve three university presidents (Grady Smoot, Richard Leshner and Neils-Erik Andreasen), four union presidents, three conference presidents, two Berrien Springs chief of police and a handful of Campus Safety Directors—the latter being individuals in power I've sought most carefully to obey!

In this marathon I never cease to be delighted at how the generational scenery keeps changing. One of the joys of a long-term pastorate is that you get to journey with young adults who fall in love, get married, graduate,

become parents and then bring their babies for dedication, then for baptism, then for graduation, and then for a wedding. And on and on.

The first wedding I conducted at Pioneer was for biology professor Jack and Helena Stout's only daughter, Lynn, who was marrying a young premed biology major, Dan Reichert—who, after graduation at Andrews and Loma Linda and a stint as a medical officer with the U.S. military, returned to Pioneer with Lynn and the children to join the medical practice of the Hamel twins, Loren and Lowell

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*One of the joys of a long-term pastorate is that you get to journey with young adults who fall in love, get married, graduate, become parents and then bring their babies for dedication, then for baptism, then for graduation, and then for a wedding.*

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(also hometown boys), at the University Medical Clinic. And their own marathon (Dan, an experienced marathon runner, will also be in the Chicago Marathon, way ahead of me) continues.

Just like the Zygowiecs. Kristopher and Lois were in grad school when we arrived in 1983. Our boy Kirk and their son Krystian were both three. Kris then graduated from Andrews. The family headed into the world on their own pastoral marathon. But as fate

would have it, a few years later they returned to Andrews as faculty and staff, raised their boys here through three graduations and a marriage this past summer for Krystian, an Andrews aviation grad. Oh, the joy of a long-term pastorate—the scenery keeps changing.

But there are sorrows in such marathoning, too. And here it is better that I not mention names. For the pain of the loss, though years ago, is still fresh. And when I walk with reverence through the fields of flowers and tombstones at Rosehill Cemetery, the stories all return. The memories. The tears. For children and young adults in the blossoming prime of their youth, their own marathons just beginning. But tragically, inexplicably cut short. Just a few paces into what was promising to be a winning race. And not only the young. But the middle-aged, too. And the elderly. It is the sacred but protested honor that befalls a pastor who journeys down "the long and winding road" of life and death.

And it is because the finish line keeps ending in death far too many times that my own pastoral soul has increasingly over these two decades felt the deepening weight and burden of Christ's call to "look forward to the day of God and speed its coming" (*II Peter 3:12*, NIV).

I'll never forget that Sabbath morning, July 17, 1987. We four Nelsons (Kristin was born three years into our marathon here) were crammed into a campmeeting cabin (we called ours the Tiltin' Hilton) up at Grand Ledge, and I was having my private worship ("private" being a euphemism in those quarters). Something I read in Acts, coupled with a Walter Scragg comment in the lesson quarterly, triggered an avalanche of thoughts and broodings. And when the Spirit was through, I walked out of that cabin strangely affected—a vision of God's calling ignited deep within as never before. A world, a generation that must be reached. And just like that—astounding pieces began falling into place.

Roy Naden, professor of religious education at our School of Education, approached me with the idea of shooting a television pilot during Pioneer worship.

Which led to a television studio down in South Bend and a program called "Perceptions." Then along came a new Adventist satellite network called 3ABN—and before long, a very homegrown, student- and campus-staffed worship production, "New Perceptions," began its ministry.

And then out of the blue, ABC television and the National Council of Churches were inviting Pioneer and Andrews to host the 1994 ABC Christmas Eve special that we named "A New Noel." Four and a half million viewers

nationwide came into the sanctuary of Andrews and Pioneer that Christmas.

And then, just as much out of the blue, the church in North America and the General Conference asked Pioneer and Andrews to host what would become the only simultaneous global evangelistic satellite series of our community of faith (to 100 nations in 40 languages), and arguably the most comprehensive evangelistic satellite series in the history of Christianity—something we all came to call NET98 or "The NeXt Millennium Seminar." After those five weeks in October and November 1998, how could any of us at Andrews really be the same again?

Why would God run our corporate and congregational marathon straight through the heart of such overt efforts to communicate the "everlasting gospel" of the Three Angels? The answer is simple, really. Because God—more than any of us—is living for the finish line. It's all He dreams of anymore.

Which is why I'm privately rejoicing these autumn days of this new school year—because I've never seen a class of students so eager and ready to be mobilized on behalf of Jesus' kingdom! Two weekends ago, 800 university students roamed through 63 ministry booths at Pioneer, signing up for volunteer mobilization. Benton Harbor, the inner city in the nation's headlines this past summer, is our neighbor. And our Andrews students have caught the vision. Science majors mentor inner-city kids in a new Socrates project. Music students fund-raise for inner-city violins. Students of every discipline pile into a bus and vans and cars every Sabbath afternoon for Benton Harbor.

I have never been more optimistic for a single generation than this one! They are ready to be motivated, mentored and mobilized. And this time I believe Andrews and Pioneer are ready, too. I keep hearing the words, "With such an army of workers as our [young] rightly trained, might furnish, how soon the message of a crucified, risen, and soon-coming Saviour might be carried to the whole world!" (*Education* 271).

No matter what lies around the next bend of this pounding marathon, the mobilization of God's young is the racer's edge that will propel this global movement through its final lap and across the finish line.

Because, in the end, it really is all about the finish line. Every marathoner knows that. You can be certain that God, the greatest Marathoner of all, has been living and running for the finish line for a very long time!

Scott Moncrieff, chairman of the English

Department here at Andrews, and a marathoner, told me once that crossing the finish line of a marathon is "the closest thing to heaven I've ever experienced." The long, long, grueling race is nearly over. Crowds of well-wishers are cheering at the top of their lungs

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*I have never been more optimistic for a single generation than this one! They are ready to be motivated, mentored and mobilized.*

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*On October 4, 2003, Nelson led a dedicatory "blessing of the runners" prior to the Detroit and Chicago marathons.*

when you round the last corner toward that finish line. And somewhere in the crowd are the dearest people on earth to you—your family, a few friends—people who believed in you when you began the tedious and interminable training months and months ago—people who believed in you even when you didn't. Above the welcoming roar, you hear their voices—calling your name. Your name. And when you hear your name, something happens to you. As if adrenaline were mainlined into your aching limbs, your feet sprout wings. And you run now with every last

ounce of energy. No, now you fly! Across the finish line. In a burst of wild joy. You have finished the race!

"It's the closest thing to heaven."

"Do you see what this all means—all these veterans who blazed the way, all these veterans cheering us on? It means we'd better get on with it. Strip down, start running—and never quit! No extra spiritual fat, no parasitic sins. Keep your eyes on Jesus, who both began and finished this race we're in" (*Hebrews* 12:1, 2, *The Message*).

For at the finish line of this marathon there He'll be. Above the welcoming roar, calling your name. And mine. Which is why as marathoners we must run with the end in mind. The finishline ending. Never lose that vision.

And when that day comes, I'm praying that I'll have the joy of crossing the finish line with 3000 students and 30,000 alumni. It's that vision that has kept me running all these years.

Twenty years closer now to the finish line. With Jesus. And you.

*While his ministerial marathon continues at Pioneer Memorial Church, Dwight K. Nelson (MDiv '76, DMin '86) finished the Chicago Marathon in four hours, 58 minutes and 27 seconds.*

# ALUMNI NEWS

## April 15–17, 2004, Alumni Homecoming Weekend

It's not too early to lay your plans to be a part of Homecoming 2004. In addition to the wonderful fellowship of reunions for the honored classes of 1994, 1984, 1979, 1974, 1964, 1954, 1944, and the Golden Hearts Club, we are planning a Grand Reunion of all department of music ensembles. This is planned as a part of the inaugural year of the Howard Performing Arts Center, giving our alumni opportunity to enjoy performing in this long-awaited facility. So if you are an alumnus of a choral ensemble, the orchestra, band, or Wind Symphony, spread the word and start practicing.

## Young alums gather to star-gaze

On a beautiful late summer evening in August, approximately 30 young alumni gathered on the deck of the Alumni House to enjoy the sunset, the evening breezes, the company of each other, and—yes—cheesecake!



*Local Berrien Springs young alums.*

Later in the evening Mickey Kutzner, professor of physics, set up a large telescope so that young alumni could get a "guided tour" of the planet Mars, while the CD player was softly playing "Fly Me to the Moon." While Mars-viewing was the feature of the event, young alums agreed we shouldn't wait another 300 years until Mars passes through to get together again.

## Fall bonfire lights up the sky

Fall rains delayed the annual Fall Bonfire for Local Alumni by one day, but Sept. 22 was a perfect evening for this yearly event. Children and adults enjoyed making s'mores at the blazing fireside. The event provided a chance to relax and visit with friends, including Dr. and Mrs. Andreasen.

Retired physics professor, Dr. Roy Kingman, kindly set up the telescope for this group of alumni because Mars was still in good viewing position. Many alums had a chance to look and ask questions about the heavens before the clouds rolled in to obscure the view.

## Family fun alumni event in Washington, D.C.

Caryn (Brion) Wooster (BBA '91 and Cheryl Toscano organized the first-ever "Family Friendly Fall Frolic" for young alumni families living in the Washington,



D.C. area on Sunday, November 9. Caryn promised to cook a wonderful Italian lunch for all those who promise to send their children to Andrews University in the future. Cheryl had plenty of kids' activities to occupy the children so the alumni could have a chance to catch up with their adult friends. The energy level and noise level among the children was not for the faint of heart! Those young alumni desiring a quieter evening met, sans children, at Maggiano's restaurant on Monday evening, November 10.

## Marie L. Kibble Robinson honored

The University of Illinois at Chicago recently recognized the outstanding contributions of Marie L. Kibble Robinson (BS '58, former board member) by naming a building after her. Robinson began her career at the University of Illinois at Chicago as an instructor in the department of social work and later became an assistant professor of social work in women's and children's health in 1979. In 1988, Robinson was appointed acting head of medical social work and a year later, an associate dean of the College of Applied Health Sciences. In 1992, she became UIC's second vice chancel-

lor for student affairs.

Robinson also served on the National Diabetes and Digestive and Kidney Diseases Council, on the boards of Thorek and Hinsdale hospitals, on the Chicago Dept. of Health AIDS advisory council, and on the Cook County Hospital infant care review committee, as well as the March of Dimes advisory committee. Dr. Robinson had a private practice in individual, marital, and family therapy; was a member of the Institute for Clinical Social Work in Chicago; and was an ordained elder of the Seventh-day Adventist Church. She died in 1994.



*Marie L. Kibble Robinson*



*Leong Koh and his wife, Rowena Manalo, Maylin Warda, Mark Menes, and Bryan and Leslie (Springer) Cassagneres were among the happy group of Portland young alums who gathered for lunch at the Old Spaghetti Factory on November 2. Special thanks to Adam & Charissa Rose for their initiative in getting this group together.*

*Thank you to everyone who participated in the 2004 Alumni Directory Project. The layout is almost complete and the presses at Harris Publishing will be rolling soon. For those of you who ordered a directory, look for your copy the very early part of January.*

# ALUMINATI

MELPHINE PONNIAH HARRIOTT (BS '98) is the fourth subject of *Aluminati*—a Q&A column featuring a randomly selected Andrews University alumnus.



Melphine Ponniah Harriott & Alwyn Harriott

**MELPHINE PONNIAH HARRIOTT** graduated from Andrews in 1998 with a degree in clinical laboratory science (CLS). She now teaches various clinical microbiology and immunology classes at Andrews University.

**FOCUS:** Tell us about yourself and your family.

**MELPHINE PONNIAH HARRIOTT:** I was born in India but moved to Berrien Springs when I was 3 years old and have lived here for 20 years. A few years ago, I left Berrien Springs to pursue a graduate degree and vowed never to return. But Berrien Springs seems to pull people back, and I am now teaching in Andrews' department of clinical and laboratory sciences.

My husband, **ALWYN** (BSCLS '98), is a fourth-year medical student at Wayne State University in Detroit who hopes to practice surgery. We were married on August 31, 2003, so we are newlyweds, but unfortunately we have to be apart since he's in Detroit.

Although I am away from my

husband, I am blessed to live near my family. In fact, my entire family has at least one degree from Andrews. My father, Melchizedek, has an MDiv and a PhD from AU. My mother, Josephine, has a BS and MS in nursing and an MA in education, and my younger sister, Meline, is currently a senior CLS major and my student—very strange!

**FOCUS:** What do you do for fun?

**PONNIAH HARRIOTT:** Being a second-year teacher, I don't have much time for fun. I enjoy reading and am a "hard core" exerciser. My new love is scuba diving.

**FOCUS:** What other interesting things have you done since graduating from Andrews?

**PONNIAH HARRIOTT:** I worked as a medical technologist in Watervliet, Mich., and later moved to the Detroit area where I completed a master's in basic medical science and worked as an MT in a clinical microbiology laboratory. I also contract-taught in the CLS program at Wayne State University and participated in a research project on genetic diversity in the betaglucuronidase gene of *E. coli*.

**FOCUS:** What do you find most fulfilling in your life?

**PONNIAH HARRIOTT:** Doing my job to the best of my ability. I take my job as a clinical laboratory scientist very seriously. Clinicians depend on the laboratory to make accurate diagnoses. When I do my job well, I feel fulfilled.

**FOCUS:** What made you choose

the field you are in?

**PONNIAH HARRIOTT:** I took a CLS class the summer after my freshmen year and did really well. But not only was I good at it, I actually enjoyed it. I especially enjoy microbiology because I love solving puzzles. Each day brings new pathogens to identify. Each organism has its own characteristics, just like humans. It's like finding "Waldo" amidst the crowd.

**FOCUS:** How does it feel to be teaching at your alma mater? What is most fulfilling?

**PONNIAH HARRIOTT:** It's a bit intimidating to teach with your former teachers. But I feel privileged because they have confidence in me and have given me the opportunity to teach here. What I enjoy most about teaching here is that it is a Christian university. I love being able to start classes with devotions. If at least one student is blessed by something I've said during devotions then I've done my job, and I find that fulfilling.

God has a purpose for each one of us. Sometimes His purposes aren't what we have in mind, but His ways are always the best. I never thought I would be teaching at Andrews, but here I am, and I absolutely enjoy it!

**FOCUS:** What is your goal as a teacher? What impact do you want to make on students?

**PONNIAH HARRIOTT:** My goal is to make clinical microbiology fun and easier to learn. It doesn't matter to me if the student doesn't like the subject; if they walk away with an appreciation for the subject and have learned something they think is cool, then my goal has been accomplished. The great thing about the laboratory is they don't have to work in microbiology if they don't want to.

My goal is also to prepare them to be witnesses in the workplace. I want them to learn that work is not just about completing the task well; it's about the interactions and friendships with coworkers, patients and others.

The ultimate impact I want to make on students is that being a Christian is fun. Sometimes Christianity, especially Adventism, is portrayed as "do's" and "don't's". Being close to the age of many of my students, I want them to see that you can have fun and be a Christian, too.

**FOCUS:** What are your fondest memories of Andrews?

**PONNIAH HARRIOTT:** My fondest memories of Andrews include studying at the library with friends, working at Food Service, and my clinical/senior year in the CLS program. One of my best memories is my sophomore year when four of my cousins also attended Andrews. Every Sabbath we would get together at my parents' house and have the most entertaining and enjoyable Sabbaths.

**FOCUS:** Is there anything you'd change about your Andrews experience, given the chance?

**PONNIAH HARRIOTT:** I would have probably relaxed more, met more people—increased my social circle. I was a community student and didn't attend many social functions. At one time I was working three jobs while attending school full-time; I didn't have much "play" time.

# CLASS NOTES

## 1940s

**KEN (BA '45) & Ruth (Anderson-Butzer) Engelbert** live in Yucaipa, Calif., and have been married 26 years. They



*Ruth & Ken Engelbert*

went to school together at Broadview, and then met again 52 years later, both widowed, and got reacquainted. They are both 94 years old, in good health and believe the Lord brought them together for their retirement years. Ken and his first wife, Irene (Butler), worked as educators in Niles, Mich., Hawaii, and Calif. Ken has one son and one daughter and four granddaughters.

## 1950s

**WARREN BECKER** (former faculty), organist, played for a vespers program on Sabbath, June 21, at the Carmichael, Calif. Adventist Church to commemorate his 80th birthday. His two sons, Steve, teacher at Mesa Grande Academy, and Harold, CIO of Adventist Health for Central California, welcomed a large group for the occasion. During the program Becker's favorite hymn, "Guide Me, O Thou Great Jehovah" was sung and the local pastor, Davis Osborne, gave a special homily. Many former students from PUC attended, as well as students from subsequent years of his teaching at Andrews University 1959-95. A beautiful reception prepared by his sons' wives, **DONNA** (BS '75) and Gloria, followed. A large Memory Book

with cards, letters and pictures made by Donna was displayed, in addition to a mounted collection of photos from various periods of Dr. Becker's life and teaching career. Among the memorabilia was a framed "Pedagogical Lineage" tracing the teacher-student relationship from Johann Sebastian Bach down to Joseph Bonnet, a teacher of Harold Gleason, a teacher of Becker. Becker is the organist for the Carmichael church, and he and his wife, Sophie (Andross), have retired in Rocklin, Calif. They have five grandchildren and three great-grandchildren. One daughter, Lynda, is deceased.

## 1960s

**DWAYNE** (BD '68, DMin '87) and his wife, Janet Toppenberg, moved December 2002 from Watsonville, Calif. and now live in Memphis, Tenn. They are happy to be within driving distance of their children and two young grandchildren. They enjoy the ministries of their new church family, and have created a CD with profits to benefit Global Mission.

**EDWIN ZACKRISON** (MA '64, MDiv '66, PhD '84) is a trained theologian who has articulated the gospel as a church pastor



*Edwin, Dolcelyn & Eddie, Jr. Zackrison*

and a university religion professor. As an accomplished clarinet-

ist he soon saw the value of the arts in communicating the great biblical themes. Through formal training at a variety of universities Edwin became a prolific producer and director of musical theater, much of which was based in the moral values of scripture. As the son of a printer he brings clarity and precision to these creative writings. A transplanted Californian, he now lives in Ringgold, Ga., with his wife and son. His recent book is titled *Interactive Readings for Christian Worship*.

## 1970s

**KELVIN KRANTZ** (BS '79) writes: "Since graduating late 20th century I have managed to stay one step ahead of the law, keeping below the radar to avoid telemarketers and AU telethons. I've owed back taxes, bought used cars, saved for a new roof. Witnessed Dumb and Dumber in the 2000 elections, protested an unjust and illogical war and have committed in '03 to send George Bush packing to Crawford. All in all, the life of the majority of Americans and AU grads not given to fits of self-aggrandizement."

## 1980s

**DEBORAH (BENNETT) BEREZ** (BS '88), partner in the law firm of



*Deborah Berez*

Berez and Klawiter, PLC in St. Joseph, Mich., has been elected

Chair of the Alternative Dispute Resolution (ADR) Section of the State Bar of Michigan. The section's almost thousand members work to advance the use and understanding of mediation and other alternatives to litigation. Berez previously served on the executive council as treasurer, secretary and chair-elect of the section. Berez's work with the section requires frequent travel to Lansing where efforts to continue in both the legislature and Supreme Court Administrative Office to incorporate ADR opportunities in the service of resolving disputes.

**TIM COOK** (MA '89) was recently named chief executive officer of the LaGrange Memorial Hospital in LaGrange, Ill., on Oct. 6. LaGrange Hospital is part of Adventist Health. Tim brings eight years of experience from Hinsdale Hospital, where he spearheaded many programs. Before joining the staff of Hinsdale Hospital in 1995, Tim was executive director at a nonprofit community service organization in southwestern



*Tim Cook*

Michigan. Tim is married to **VIVIAN (RIVERA)** (BS '89). They have three children, Jacob, Justin and Julia.

**WASHINGTON JOHNSON II** (MDiv '87), pastor of the Berean Adventist Church in Jackson, Miss., his wife, **JOYCE** (PhD '03), and church members were hon-

# CLASS NOTES

ored to have Mississippi Governor Ronnie Musgrove spend the entire worship service with them on Sabbath, September 6, 2003. The Governor's visit was a direct result of a personal invitation from Pastor Johnson. Gov. Musgrove graciously received a set of the *Conflict of the Ages Series* books presented by Joyce Johnson. During his heartfelt message of gratitude Gov. Musgrove referred to the day of worship as "the Sabbath," and shared inspirational thoughts regarding his desire to see the people of Mississippi succeed, referencing Matthew 25:40. The Berean congregation has taken seriously its role in the community and city. In 2002, the *Great Controversy* was distributed to every member of the Mississippi State Senate and House and to black mayors from around the US who attended the National Conference of Black Mayors held in Jackson. During the past three and a half years the church has had among its spe-

also has a food-distribution program where a diligent crew of Community Service workers performs a seamless operation distributing food to more than 300 families monthly. The church has been in existence for more than 100 years.

## 1990s

**ALTHEA ELLIOTT** (BS '99) is an elementary-school teacher in Anderson, Ind. She has one daughter, Ann Marie, born September 2003.

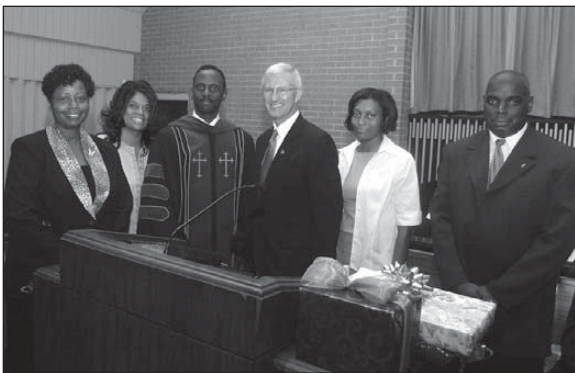
**STEPHEN RICHARDSON** (BA '96) and **ANDREA CIESIELSKI** (BSD '02) were married December 29, 2002, in the Flint, Mich., Adventist Church. **WILLIAM RICHARDSON** (BA '59, MA '60, MDiv '70, PhD '83), father of the groom and current dean of the College of Arts & Sciences, performed the ceremony. Stephen, a Lieutenant in the Navy, has had two shipboard deployments, and is currently stationed in Honolulu. Andrea and



**THE RICHARDSON FAMILY:** Back row, l-r: Roy Schmidt, Emily Leffler (coming to AU), Justin Schmidt (coming to AU), Ken Leffler (att.). Middle row, l-r: Melissa Leffler, Cindy Schmidt (att.), Bill Richardson (BA '59, MA '60, MDiv '70, PhD '83), Andrea Ciesielski (BSD '01), Steve Richardson (BA '96), Sandra Richardson (Dp '60), Cheri Leffler (BA '85). Front row, l-r: Jenny Leffler, Nicholas Schmidt, Michelle Leffler

## 2000s

**TIMOTHY** (BS '00) and **KARLA (GOULART) NEWBOLD** (BA '00) were married in Evanston, Ill., by professor Keith Mattingly in July 2003. Tim is in law school and Karla is in medical school in Chicago.



*Left-right: Timetta Wilson, Joyce Johnson, Pastor Washington Johnson II, Governor Ronnie Musgrove, Youlander Clark, Gregory Thompson*

cial guests U.S. Representative Bennie Thompson, former Governor William Winter, former Secretary of Agriculture Mike Espy, Jackson Mayor Harvey Johnson and many other members of the Miss. Senate and House. The church

Steve will enjoy the Hawaiian environment for at least two years while Steve is serving as an assistant to the Inspector General of the Pacific Fleet.

# LIFE STORIES

## Births

To **SHEILA (LAVALLEE)** (AS '84, BS '86) and **DAVID KIPP** (BS '89, MSPT '90), Berrien Springs, Mich., a boy, Andrew David, Jan. 3, 2003.

To **REBEKAH** (BSW '98) and Wayne **MORRISON**, a boy, Kyle Evan, March 4, 2003.

**NATALIE (HOOK)** (BS '99) and **DARIN PATZER** (MBA '97), a girl, Kyrie Eleis, April 2, 2003.

To **NANCY (RIEMANN)** (former staff) and **COREY SHEPLER** (former staff), Romeoville, Ill., a boy, Tristan Gareth, May 15, 2003.

To **KIM (MEDINA)** (BS '88, MSPT '89) and **COREY KNOWLTON** (MS '93), San Bernardino, Calif., a boy, Javan Corey, May 19, 2003.

To **KATIE (FREEMAN)** (AS '00, current staff) and Jody Johnson, Berrien Center, Mich., a girl, Anna Leigh, July 4, 2003.

To **KELLY (CRAWFORD)** (BA '95) and **JERRY HILL** (AT '95), a boy, Cameron Nathanael, July 20, 2003.

To Chana (Sleeth) and **JIM MILKS** (MS '99), a boy, Mathew James, Aug. 18, 2003.

To **KRISTINA (KORTE)** (BFA '91) and David Mack, a boy, Jack Liam, Sept. 24, 2003.

To **LAURA YOO** (BS '95) and **TIMOTHY MOHN** (BFA '94), a boy, Elias Yung Jin Mohn, Sept. 29, 2003.

## Weddings

**ALICIA LEMON** (att.) and **CHRISTOPHER JAMES** (MDiv '03) were married March 16, 2003, and reside in Lansing, Mich.

**JOCELYN WEISS** (BA '03) and **JOEL BENNETT** (BSELED '03) were married May 25, 2003.

**CARISSA HERNANDEZ** (current student) and **RYAN GOODEN** (current student) were married June 22, 2003, and reside in Berrien Springs, Mich.

Carolina Chinchilla and **HENRICK LABRO** (BA '00) were married July 13, 2003, and reside in Fontana, Calif.

**NOELIA MODAD** (BS '03) and **NICHOLAS ZORK** (BA '03) were married July 20, 2003, and reside in South Bend, Ind.

**HEIDI (SABNANI)** (BA '98) and **ROBERT ZEGARRA** (MDiv '99) were married Oct. 12, 2003, in Brunswick, Maine, and reside in Centerville, Ohio.

## Deaths

**JOYLIN MAY CAMPBELL-YUKL** (BA '68, MA '69) died Sept. 13, 2003, in Denver, Colo., following a three-year battle with pancreatic cancer. She was born Sept. 26, 1946, in Edmonton, Alberta, Canada.

Joylin graduated from high school at Canadian Union College in 1964. She completed her music education at the University of Missouri in Kansas City and graduated with a Doctor of Organ Performance degree in 1973. In 1998, Joylin obtained a Master of Divinity degree from Iliff School of Theology.

Joylin served as an organist in several churches throughout the United States, including Kansas, Nebraska, Minnesota, and finally in Denver, Colo., where she and her husband lived for the past 17 years. Most recently she had worked as a chaplain at the Presbyterian/St. Luke's Hospital in Denver.

Joylin is survived by her mother, Margaret Campbell; her

husband, **RICHARD YUKL** (BA '67); a sister, Voni Flemmer; two nieces, Britta and Nicole, and a great nephew, Braeden.

**DENNIS D. SCRANTON** (BS '83) died on Aug. 10, 2003, in a motor vehicle accident. He was born on June 17, 1957, in Olney, Ill.

Dennis obtained his medical degree at Loma Linda University in 1987, and completed a family practice residency in 1990 at Hinsdale Hospital. Dr. Scranton practiced family medicine in Hinsdale, Ill., until 1993, when he relocated to Fairfield in southern Illinois to join a primary-care practice.

As an active member of the Noble Seventh-day Adventist Church, he was involved in lay ministry, and was working to start a church in Fairfield at the time of his death. He was active in youth ministry for the Illinois Conference, leading out in backpacking and wilderness camping for youth. He enjoyed Bible study, fishing, bird-watching, camping, hiking, backpacking and gardening.

Dennis Scranton is survived by his wife, Tracy, and three daughters, Sarah Barnfield of Fairfield, Ill.; Laura of Carbondale, Ill.; and Corinne at home; and two grandchildren. Also surviving are his mother and stepfather, Juanita and Ellis Penrod; his father and stepmother, Kenny and Geri Scranton; two brothers, **KENNETH** (Cert. '74) and Kevin Scranton; and one half-sister, Kendra Priddy.

**DOROTHY JEAN (KRANER) HILL WOOLEVER** (former staff) died October 21, 2003, in Montoursville, Pa. She was born April 1, 1928, in Lansing, Mich.

The daughter of Gus and Pearl Kraner, Dorothy graduated from Eastern High School in Lansing. In 1951, Dorothy married Leonard E. Hill, and in 1952, they welcomed their

daughter, Deborah. Dorothy and her family continued to live in Lansing until 1955, where Leonard was the principal of Lansing Junior Academy. Between 1955 and 1961, the Hills served the Michigan Conference of Seventh-day Adventists at both Adelphian Academy and Southfield Junior Academy.

In 1961, the Hills were called to Andrews, where Dorothy would work for some 26 years. At Andrews, Dorothy served as an executive secretary for two Deans of Students and two Vice Presidents of Advancement. During her time at Andrews, Dorothy was particularly well known for making students feel welcome and valued, and, in return, students enjoyed visiting with her.

Andrews faculty members were also recipients of Dorothy's care and support. As executive secretary in the Advancement Office, she helped plan faculty-staff picnics, and as a member of the University Social committee, she delighted in planning and decorating for Faculty, Staff, Board Banquets.

Dorothy was also known as a role model and mentor among her colleagues on the third floor of the Administration Building, where she willingly gave advice, shared the university history, and provided friendly help. Her coworkers recall that Dorothy always had a compliment or an encouraging word to share with them.

Following Leonard's death in 1983, and her retirement in 1987, Dorothy married Don Woolever in 1993, and moved to Montoursville, Pa. Dorothy and Don had many happy times together, including many trips to Florida, and a cruise in Norway. This past August, Don and Dorothy made their final trip together to Berrien Springs, where Dorothy was able to visit with her family.

# LIFE STORIES



**GLADYS "ELAINE" GIDDINGS** (BA '31) was born in Fargo, N.D., to Orlo Giddings and Mayme McTaggart Giddings. Elaine lived a joyous and varied life. Described sometimes as "feisty" by those who disagreed with her or "enthusiastic" by those whose views she shared, Elaine possessed a ready

wit, endless curiosity, and a probing, logical mind. She abhorred sloppy thinking. She was a spirited communicator and possessed an unusually expressive voice for oral reading and speaking. She lived and traveled in many parts of the world, and brought a perceptive understanding of world cultures to her richly-varied career. As a teacher, she expected excellence from her students, challenged their thinking, and perfected their written and oral efforts. She had similar high expectations for administrators and faculty members and was fearless in expressing her reactions when she sensed shoddy performance or behavior.

After attending the academy at Emmanuel Missionary College, Elaine graduated from Cedar Lake Academy in 1925. Her undergraduate education included two years at Spion Kop College in South Africa, one summer at the University of Geneva, one year at the Adventist college in Collonges, France, and graduation from Emmanuel Missionary College in 1931 with a major in English and minors in French and Education. Partway through college, she took a year off to teach elementary school in what was then the Belgian Congo.

After college, Elaine taught in small church schools in northern Minnesota and in Georgia, followed by a year as an English and Bible teacher at Greater New York Academy in 1937. From 1938 to 1944, she was head of the English Department at Helderberg College in South Africa, where she also taught Physical Education.

As early as 1935, Elaine did postgraduate work at George Peabody College in Nashville, Tenn., followed by courses at the University of Cape Town in 1941. In 1945, she completed the MA in Speech and English at the University of Southern California. She then became head of the English and speech department at Southern Missionary College from 1945 to 1951. While at Southern Missionary College, she began doctoral study at the

University of Michigan and completed her PhD in Speech (Public Address) in 1949 with a dissertation entitled *Rhetorical Analysis of the Speeches of Field Marshal Jan Christian Smuts Relating to World Peace, in England, America, and on the Continent*.

She left teaching in 1951 to become scriptwriter and production assistant for the fledgling Faith for Today television program based in New York City. During her time at Faith for Today, together with Grace Fields, she authored more than 150 scripts and rehearsed actors from local churches for the live telecasts. While in New York City, in the summer of 1954, she participated in the NBC Television Workshop.

Elaine returned to her alma mater, Emmanuel Missionary College, as chair of the speech department in 1956. While chair, she oversaw the department's change to a communication department and directed various stage productions on campus. She wrote film scripts for the General Conference Sabbath School Department and for the Andrews University School of Graduate Studies and Theological Seminary. She took further graduate course work in group leadership and persuasion at the University of Michigan as well as a number of courses in linguistics at Georgetown University. Her interest in teaching oral English to speakers of other languages helped to establish what is today known as the Center for Intensive English Programs at Andrews University.

Elaine officially retired from full-time employment at Andrews University in 1972, but she continued to teach courses in retirement. She also coauthored a textbook for teaching English to Japanese students. In 1973, she was named Teacher of the Year; in 1981 she was an Honored Alumna. Andrews University recognized her richly varied and influential career in Seventh-day Adventist education and television with an honorary doctorate (the LHD) in 1996. She was recognized as one of the 100 Outstanding Women Alumni of Andrews University in 2002.

For over three decades, from its establishment until her death, Elaine was a forceful and faithful member of the Faculty Lounge Sabbath School discussion group. She often was asked to read the opening scripture, and she read the chosen passages with expression and meaning from her beloved Jerusalem Bible. Members counted on her to keep the lesson teacher alert and away from a lecture mode. She was an enemy of gloom and sadness. Her comments and questions were pointed and specific but made with joy and a smile. The Sabbath before her death she continued to emphasize how Christians can be joyful and happy. She saw heaven as filled with laughter! Her zest for life and penetrating insights, even amid the trials of diminished energy, will continue to be an example for all her friends.

Along with her husband, Don, Dorothy is survived by her daughter and son-in-law, **DEBORAH** (BA '74) and Richard **BURLINGAME** of St. Joseph, Mich.; her stepdaughter, **JUDY ZIMMERMAN** (att.) and her husband, Bruce, of Berrien Springs; her stepson, **KENDALL HILL** (BS

'59, former staff) and his wife, **MARYLIN** (att.), also of Berrien Springs; her stepson Mark Woolever and his wife, Delores, of Montoursville, Pa.; her stepson, Glenn Woolever and his wife, Melanie, of Arvada, Colo.; eight grandchildren and 11 great-grandchildren; one broth-

er, **DOUGLAS KRANER** (BA '49) of Gobles, Mich; and numerous nieces and nephews.

Send birth, wedding, and funeral announcements and daytime telephone number to Life Stories, Focus, Andrews University, Berrien Springs, MI, 49104-1000. Or e-mail the information to: <ivan@andrews.edu>.











# CAMPUS CACHE

Variety is the spice of life. Really, it is *the* spice? The CC is nothing if not ready to challenge an aphorism. According to "Spices, Etc.," a company that—stay with me now—sells spices, ground spices generally retain freshness for about one year while whole spices generally last up to three years. No matter how you shake it, spices don't last forever. A well-seasoned life, then, must be renewed from time to time.

Enter the Sabbath. God worked and then rested on, and hallowed, the seventh day. God's followers are commanded to observe the Sabbath, a weekly period of renewal. The CC is not a theologian, but it just plain makes sense that God's plan includes constant life freshening; the freshening that takes place during and through our worship of, and relationship with, God. Variety certainly is *a* spice, but the Sabbath is *the* spice of life. Live richly.

## Campus Craze—Eclectic Edition

"It is human nature to take delight in exciting admiration. It is what prompts children to say 'smart' things, and do absurd ones, and in other ways 'show off' when company is present. It is what makes gossips turn out in rain and storm to be the first to tell a startling bit of news." -- Mark Twain. A fitting introduction to the eclectic edition.

<b>Building Razing</b>		All kids like to knock things down and, as many have observed, the CC has never grown up.
<b>Sam's Chicken</b>		It makes every "top ten list" produced on campus. Enough already! Now, if it were called "Bennett's Chicken," the love fest for this tasty treat could continue!
<b>Andrews Partnership Scholarship</b>		Sure, more bright students have been attracted to AU. Sure, the level at which classes are taught has been raised. Sure, it makes a Christian education even more affordable throughout the full college experience. But now it's hard to find an empty study carrel at the library....
<b>Student Parking Complaints</b>		The CC's "peeps"—a/k/a, the East Coast and West Coast alumni—are thinking: "What, people are complaining about free parking?!"
<b>"Parking" Complaints</b>		These complaints are on the decrease, as are complaints about "necking," "pecking" and "nibbling." "Petting" complaints are up a little, but only from the cows at the dairy.
<b>2004-05 Tuition Hike</b>		It's hard to be enthusiastic about higher tuition, even if the increase is below the national norm, but the CC thinks that AU employees deserve their 1% raise after a couple of years of frozen salaries.
<b>County-Wide Disaster Drill</b>		You can never be too ready for when the cafeteria runs out of Sam's, er, Bennett's Chicken.
<b>Howard Center</b>		Even with all the hype and hoopla, the CC is impressed with "The House." Sometimes, even high expectations are exceeded.
<b>Faculty Research Grants</b>		The increased dollars supporting campus research are wonderful. Students will benefit by being connected to, and taught, cutting-edge research. The CC is not persuaded, however, that faculty researchers will ever discover a good restaurant in Berrien Springs.
<b>Adventist Filmmakers</b>		As long as they are making "documentaries."

## Fun-da-mental Facts

- More than 1,500 families have contributed money for the building of the Howard Center. It's a wonderful start, but fundraisers would like to say "Y2K" ("Yes, 2000 contributors!")
- According to the Campus Safety web site, the fine for parking while "blocking roadway" is \$30, while the fine for parking in a "restricted lot" is \$35. Apparently, for a person who lives in the University apartments, a bigger fine would result from parking in the Seminary parking lot than from parking across, and blocking, Seminary Drive.
- Fifty-eight percent of the 303 alumni who have completed the on-line Focus Reader Survey ([www.andrews.edu/PR/focus/](http://www.andrews.edu/PR/focus/)) are male. Unless you female readers are ready for "Tool Time with Laun Reinholz," you might want to get on-line and have your voice heard.

### A Frowzy Fallacy

(or a silly syllogism)

Girls are made of sugar, spice and everything nice.

Sugar causes tooth decay.

Therefore, everything nice can be summed up in two words: Spice Girls.



## Speaking of ...

*"If there is a question that Christian students are asking themselves here and everywhere, it is: 'What am I going to do with what I know?'"*

Steven Garber, Fellow and Lilly Faculty Scholar at Calvin College, in his guest lecture to the AU faculty entitled "To See, To Hear, To Feel the World as God Does: A Christian Spirituality of Learning" at the General Faculty Meeting on August 25, 2003.

*"We're going to ask God to give us wings for feet."*

Dwight Nelson, during the "Blessing of the Runners" at Pioneer Memorial Church on October 4, 2003.

*"When troubled by the outside world we stand strong in our faith with the hope that our faith will be strong enough to hold till the end."*

Ellis Merritt, in his column "I Am Ready For the Trials," published in the November 12, 2003 edition of the *Student Movement*.

# Making a Difference

## —a “feel good” experience!

**R**ebekah Wang Cheng graduated from Andrews University in 1974 with a behavioral science degree and minor in music. Her plan was to become a clinical psychologist like her father, James, who along with her mother, Anna, operated a nursing home and health retreat center in Knoxville, Ill.

Instead, Becky became a physician, receiving her MD from Loma Linda University in 1979, and completing her internal medicine residency there in 1982. She has followed her family’s example, though, in focusing on preventive health education throughout her career.

Though her primary role is single parent to three sons, her medical career has included: associate professor of medicine at the Medical College of Wisconsin-Milwaukee; healthful living/medical questions columnist for the *Milwaukee Sentinel* (column was entitled “Dear Dr. Becky”); and co-host (with Dan Mathews) of the Faith for Today program, “Lifestyle Magazine.” Today, Dr. Becky has a private practice in St. Helena, Calif.

Dr. Wang Cheng has served her church as an elder, musician, and church board member and her alma mater as a member of the Board of Trustees for Andrews University for 10 years.

“It was a great learning experience for me,” she says. “I discovered firsthand how boards can work in conjunction with the administration to help the University stay true to its mission, to be creative, to take risks, and to venture out in new directions to improve the learning and spiritual life of students. This was truly an exciting opportunity.”

Another way Dr. Becky has assisted her alma mater is by including the University as a beneficiary in her trust. Not long after her father’s death, Becky was impressed to contact the Planned Giving & Trust Services Department to request assistance in setting up an estate plan. Becky said, “As a single parent, I was so busy that I didn’t think much about estate planning until I read about the services of the Planned Giving & Trust Services department. That got me thinking! Now I am so pleased to have my personal house in order.”

Did you know that the Planned Giving & Trust Services Department is available to assist board members, faculty, staff, alumni and other friends of Andrews University who wish to include the university in their estate plan? Why not give them a call today? Like Dr. Becky, you will feel good about making a difference.



PLANNING FOR THE

*Cycle  
of  
Life*

Andrews  University

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Web: [www.andrews.edu/TRUST](http://www.andrews.edu/TRUST)

This article was adapted from a story written by Jeffrey K. Wilson, now Director of Trust Services for the General Conference of the Seventh-day Adventist Church, that appeared in the Summer 1999 *Legacy* newsletter published by the Planned Giving & Trust Services Department.

The purpose of this article is to provide accurate and authoritative information of a general character only. Neither the author nor this organization is engaged in rendering legal or tax advisory service. State laws govern wills, trusts and charitable gifts made in a contractual agreement. For advice or assistance in specific cases, the services of an attorney or other professional advisor should be obtained.

## Iron-Willed

"Wow! You finished an Ironman? You mean *the* Ironman? Why go through that? Sounds crazy!"

Personally, I blame Adventist education and its "stay off drugs" and "be good to your body" philosophies for this craziness of mine. I graduated from a day academy, Cascade Christian Academy, located in Wenatchee, Wash. In seventh grade, I met one of my best friends, Mike Kyle. Like most kids around us, we were looking for something, anything, to do to keep us busy and out of trouble. That was when we discovered the existence of these "toys" people refer to as mountain bikes. Soon, our bikes became an essential part of our lives. The city of Wenatchee is in a valley surrounded by mountains which provides a perfect location to practice this sport. There are some very nice trails about two miles from the school, so every afternoon and on the weekends we would go out and do what, by then, seemed the most natural thing: mountain biking.

A few months later, we became bored and wanted to add a little more action and challenge to the sport. So we registered to participate in a mountain bike race. After our first race, we were introduced to a whole list of new and exciting sports such as road cycling, triathlons, and marathons. I clearly recall my algebra teacher, Monty Saxby, telling us stories in class about running marathons. I remember thinking that running 26.2 miles was insane but, at the same time, very impres-

sive. Inspired by him and other athletes, I completed my first sprint distance triathlon at the age of 15. Having watched Ironman Hawaii on television a number of times, I knew that completing an Ironman was definitely a goal I wanted to achieve.

On Sept. 7, 2003, I had the opportunity of treading water in Lake Monona, Wis., along with more than 1800 athletes a few minutes before the start of the Ironman Wisconsin Triathlon. The race takes place in Madison, Wis., and consists of a swim course of 2.4 miles, followed by a bike course of 112 miles, ending with a full

take a person physically and mentally to places that you would never dream of. Such a race makes you dig into your soul like you never have before.

After many bottles of Gatorade and water, over 15 PowerGels, five or six PowerBars and loads of bananas, I finally crossed the Ironman finish line in 14 hours, 49 minutes, and 15 seconds. It was hard, extremely hard. Even though I may not remember every minute of the race, the last two or three minutes, the last few hundred yards into the finish line, are unforgettable. What an amazing feeling! I will never forget those moments.

I am very grateful to God for giving me a healthy body that can handle the sport. Yes, I guess now I can call myself an Ironman, but more important than that I am grateful to God for the family He gave me who is very supportive and, among other things, also believes in Adventist education. I can't wait for the day when I get to run (or even fly!) the last few hundred yards into heaven. Sometimes it is hard for me to imagine that day, but I know for certain that it will be immensely more exciting than crossing the Ironman finish line.



Jairo Flores (Erin Heldstab, photographer).

*I knew this was merely the beginning of what could well be the hardest day of my life.*

marathon of 26.2 miles. At 7 a.m. sharp, the gun went off, and I knew this was merely the beginning of what could well be the hardest day of my life. All triathlons, but especially an Ironman triathlon,

*Jairo Flores is a senior technology major and has already registered for next year's Ironman Wisconsin.*

