Dear ASDAO Friends,

I haven’t been able to resist peeking at the San Diego weather reports. Even in the dead of winter, it’s been between 68-72 degrees F. - in the 50’s at night! June should be delightful!

There is such a huge variety of activities, there will be plenty of enjoyable events for all.

We have reserved a block of rooms at the Hampton Inn about 10 miles north of the airport and convention center for $122 night double, $128 night king plus 12% tourist fees (state and local). There is a complimentary hot breakfast, free internet, and free parking, you can reserve for earlier or latter dates also if you wish for a longer vacation. (Take note, Bob!) You may make your reservations by **Phone 1-858-292-1482** (The last day to receive the group rate is Friday, June 7). [Use the confirmation ASDAO to access this account.] Hotel accommodations in San Diego during the summer are very pricey.

The other thing that will be cost saving for most will be the purchase of a City GO Card, $199 for adults and $176 for children, Purchas your ahead of the convention. This saves up to 55% off gate prices for 49 different attractions (which include almost all the activities we have planning.) (Even Legoland California for those interested.) Once you have this card you may wish to take off for an activity different from everyone else. We are recommending that you purchase a 3 Day card, which will give discounts for the activities we have planned for Friday such as 12 of the attractions at Balboa Park. In addition to several others around town. Additional days are available, either 5 or 7 days. Google San Diego GO card.

Sabbath afternoon at Birch Aquarium at Scripps, and on Monday one of the 8 or 9 tours possible at the African Safari Park. If for some reason you do not use one of the days on your 3-day GO-Cards, you can return it for a refund. However if you do even just one attraction per day, the card is considered used for that day. Some of you may wish to add on a couple of days of vacation and purchase a 5 or 7 day card. Check our this website: www.smartdestinations.com list for specifics and by your ticket or call 866-628-9032 for customer care.

In order for us to continue planning for the convention (i.e. the banquet facilities, and Sabbath meals, etc...) we need to know if you are planning to attend. Perhaps you have attended a convention some time ago, well, as they say, **It’s time to try it again or for the 1st time!**

Each person who attends adds a bit of charm and flavor, Perhaps **YOU** are the cilantro for our salsa!

Please come and prevent us from having bland salsa!!! Convention begins at 6 p.m. June 27.

Dr. Tom & Linda Sanders
Convention hosts
Hampton Inn San Diego - Kearny Mesa
5434 Kearny Mesa Rd
San Diego, California 92111
1-858-292-1482

Reserve your room today
I have been wondering what it takes to be an active member of the Association of Seventh-day Adventist Optometrists and also the Auxiliary.

Is it just a venue to get the hours you need of CONTINUING education? There are many places closer to home where you could go to obtain the needed classes which would be much easier and with less expense.

Is it that you could not even think of not CONNECTING with your friends that you enjoy visiting with every year? Yes, sometimes it does seem like a family reunion. Those of us who continue to go every year have been seeing a change, a change that sometimes we do not like it is the aging problem. We are so thankful that we have had some young people attending lately but we do need more to come. Our friendships are precious, and the projects we do are important, but we do want this Association to continue for many years to come.

Is it that we need to be CHRIST CENTERED? Do we need the desire to be of help in assisting in the proclaiming of the gospel of Mathew 28: both by telling about what Jesus has done in our lives but also in helping others by our profession and giving to our mission projects.

What we want and what we need are CONSECRATED young people who will see the opportunities and direction that the Association and the Auxiliary could and perhaps need to go.

Can you CONCEIVE that you would be able to plan part of your vacation time to join us in San Diego this coming June. We realize that your family time is important, we really try to make the convention time a family time as well as a place to get your continuing education hours.

Carol

Looking for a young, energetic, optometrist to join our practice who shares our vision of hi-tech and compassionate care using cutting edge technology/treatments and a healthy lifestyle.

Arthur Giebel, M.D.
Lifestyle Eye Center
1017 S 2nd Ave, Ste 3
PO Box 0
Walla Walla, WA 99362
509-540-EYES (3937)
509-540-3938 Fax
855-510-2020 Toll free

The purpose of the ASDAO Auxiliary Scholarship is to recognize excellence in scholarship and encourage Seventh-day Adventist individuals with potential to complete their educational requirements in the field of Optometry.

Qualified Seventh-day Adventist students enrolled in an accredited school of optometry in either the US or Canada and completing the 2nd year are eligible and may apply for the ASDAO Auxiliary Scholarship which is given through the Association of Seventh-day Adventist Optometrists. This scholarship is for the Jr. & Sr. year. You must apply for each year.

All documents must be received no later than JUNE 1. The recipient will be announced during the annual meeting of the Association of Seventh-day Adventist Optometrists held the end of June each year. The scholarship committee reserves the right to suspend the award if no candidates are judged to be outstanding in a given year.

For information contact: Dellene Meister, P.O. Box 627, Nowata, OK 74048, Phone 918-273-1280, email: lomeister@sbglobal.net

OPTOMETRIST WANTED

RECONSTRUCTED WEB SITE

ASDAO AUXILIARY SCHOLARSHIP
FOR 3rd & 4th YEAR OPTOMETRY STUDENTS

CLASSIFIED ADVERTISING AVAILABLE

Carol
**FUTURE ASDAO CONVENTION LOCATIONS**
2014 Portland, Oregon  
2015 San Antonio, Texas  (General Conference)

**MISSION REPORT**
Jeremy Beam, O.D. is planning to participate with the Far Out Missions project this March. He will be flying into Manaus, Brazil March 21, 2013. The group will consist of more than 45 adults and young people who will provide medical services, vacation Bible schools, evangelistic meetings, and building construction.

Ross Collins, O.D. is going on a trip to Zambia April 26th through May 6th 2013.

Here are some of the mission opportunities through The Quiet Hour Ministries.
- **INDONESIA**: April 17-28, 2013
- **BRAZIL**: June 12-24, 2013
- **COSTA RICA**: June 13-23, 2013
- **COLOMBIA**: June 12-30, 2013
- **ECUADOR**: June 3-21, 2013

If you are interested in going on one of these projects please contact me as soon as possible so the ASDAO can provide glasses and equipment for your mission project.

Dennis Benedict, O.D.

**FRED WRIGHT O.D. DIES IN MOTOR CYCLE ACCIDENT**
Dr. Fredrick J. Wright of Sweetwater, TN was killed in a motorcy-cle accident October 26, 2012.

We are saddened to hear about this accident. Fred was a former member of ASDAO and I am sure many of you knew him.

Our condolences go out to his entire family.

**WIFE OF MONTROSE MEMBER PASSES**
Dr. Wesley Cooper of Montrose Colorado passes this on to our ASDAO family. My dear sweet wife Joan passed away this past October. She had lymphoma which she battled hard for a year and a half doing everything known in medicine, but it got the best of her. We had been married for 48 years. Now my world is turned up-sidesdown.

**NEXT FRATERNEYESER DEADLINE**
Information deadline for the next Fraterneyeser is May 1, 2012. Please send me your information by the deadline.

Duane Curtis, O.D. Editor
wrilcurtis@rtconnect.net

**ASDAO DUES**
July 1, thru June 30, each year
- O.D. Dues 35.00
- Auxiliary Dues 10.00
- 1st Year Grad 10.00
- 2nd Year Grad 10.00
- Optometric Student 1.00

We need your support in both financial and by being active in ASDAO to help continue carrying on Gods’ work for optometry.

Also donations are needed for the mission projects and trips that the ASDAO has planned.

Send your dues and donations to: Eddye Benedict ASDAO Treasurer 156 Cigi Lane Loudon, TN 37774

**IT’S TIME TO MAKE YOUR RESERVATION**
For the 2013 ASDAO convention, you should do it TODAY. MAKE YOUR HOTEL RESERVATIONS TODAY

Hampton Inn San Diego, California  
5434 Kearny Mesa Rd  
Room block will be released June 7, 2013

Phone 1-858-292-1482  
Confirmation # ASDAO  
June 27-July 1, 2013  
Identify yourself as a member of the ASDAO
Rate $124.00 double, $ 128.00 king + 12% tax  
Deluxe Hot breakfast every morning.

**FUTURE ASDAO CONVENTION LOCATIONS**
2014 Portland, Oregon  
2015 San Antonio, Texas  (General Conference)

**AMERICAN OPTOMETRIC CONVENTION DATES**
2014 June 25-29 Philadelphia, PA  
2015 June 21-28 Seattle, WA  
2016 Possibly Las Vegas

**AUXILIARY AUCTION**
Don’t forget the Auxiliary Auction that will be held at the banquet Sunday Evening.
Bring you crafts or other thing to be auctioned off. All the money raised will be used for mission projects.
This time is the highlight of the entire convention and a lot of fun trying to out do the person next to you. Plan for a good time.

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If you are interested in going on one of these projects please contact me as soon as possible so the ASDAO can provide glasses and equipment for your mission project.

Dennis Benedict, O.D.
Dear Dr Meister

Here are the objectives of the trip:
1. On sight visit of the eye facilities in the division to see if they are operating according to the standards and philosophy of the church
2. Assess the different clinics whether they are consistent with Optometry/Ophthalmology practice. Are we keeping up with the current trends?
3. How we can improve our services in terms of betterment of equipment and personnel. One of the goals of the SID is to make our eye clinics self-reliant. How can we help them achieve self-reliance and sustainability? Perhaps you can come up with suggestions on how you have made your own practice self-reliant.
4. How do our eye clinics contribute to the over-all mission of the church? What can it do to reach out to the community so the church presence becomes visible making the Lord’s love real.
5. Is there a way you can assist with the sourcing of donors or organizations that could help in the improvement of our clinics

These are some of my thoughts but perhaps you can come up with other ideas.

Here are the places which we are hoping to visit

1. Lilongwe, Malawi- Has an Optometry clinic which is run by a non-SDA. The Optometrist is paying a rent to the Adventist Health Center in Lilongwe. The clinic has dental and medical services and a small hospital. Would it be possible for this clinic to have its own Optometry clinic. In the past, we had one but due to the poor finances, it closed and then the space was leased.
2. Blantyre, Malawi- Same situation as in Lilongwe. The clinic is leased to a non-SDA but we hope to have our own.
3. Lusaka Eye Hospital in Zambia- We have an Ophthalmologist by the name of Dr Janie Yoo graduated from Loma Linda (her medical degree). It has an Optical shop and also dispense glasses. Owned by the church.
4. Lesotho- Maluti Hospital has a very active eye program with an Ophthalmologist Dr Eustace Pennicook. The eye department/hospital is able to sustain itself. Also has an optical shop.
5. Swazi Eye Services in Manzini Swaziland. This is the only medical work in Swaziland with Dr Joy Padilla as Optometrist. The equipment used are old and out dated. This clinic is not financially stable and sustainable. I had recommended in the past that this clinic be shifted into a dental or medical.

It is my intention to go with you in all of these places but I may have problems with visas for Malawi and Lesotho. For Zambia and Swaziland, they are easy to obtain but the other two countries it takes some time and as a result of my many travels, I may not be able to accompany you all the way. But be assured there will be someone to go with you or meet you.

I am residing here in Johannesburg not in Zimbabwe.

You arrival on the 9th is all right with me and we can go immediately to Swaziland by car. Please give me your exact time of arrival into Johannesburg and then your departure so I can map out the place we are going to visit.

I can make the bookings from here. I suggest that you just buy the ticket to get to Johannesburg and return and then I will do the rest. I will get the tickets if not travel by road. Lesotho is reachable by road by Zambia and Malawi we need to fly. We then will charge the GC for all your air transport but I need an authorization from you. You can pay for your hotel bills by credit card or else we can pay for you and then pass the charges to the GC.

I look forward to this trip.

Alexis Llaguno

Dear Dr Meister

Thank you that you are able to come to visit SID.

You are right on the authorization. Dr Handysides has the authority to give permission for SID to pass the charges to the GC. I pray Dr Handysides will authorize your trip so that you do not have to dip into your personal finance. Your time and expertise spent here is already a great contribution.

This is the tentative plan I have for your coming

April 9 if you arrive in the morning in Johannesburg then we can proceed to Swaziland by car the same day, but if you arrive late, we can leave early morning April 10
April 10 Wednesday-Travel early morning to Swaziland by road. We should get there by 2pm and have a chance to check on the clinic
April 11 Thursday mid morning travel back to Johannesburg
April 12 Friday flight to Malawi
April 13 Sabbath in Malawi
April 14 Sunday in Malawi still
April 15 Monday travel to Lusaka Zambia
April 16 Tuesday visit the Lusaka Eye Hospital. Fly back to Johannesburg 8pm flight
April 17 Wednesday Travel to Lesotho by car and see the Maluti Eye Hospital or by flight. I may not be able to join you in this trip
April 18 Thursday return to Johannesburg and then fly back to the USA in the evening flight. If not you can also fly back to the USA on the 19th of April.

This is the tentative schedule. Once I have your arrival into Joburg and departure date from Joburg, I will have a more definite schedule including flights.

Praying for the success of this endeavor for the glory of God.
When you come to Ecuador, will you do a vision clinic?” This was the opening line of an email I received in January of last year. My children’s school does a mission trip every other year and I was preparing to go along. I had been on the previous two trips and had artfully avoided doing much with eyes. I would remove foreign bodies kids acquired on the site, treat an eye infection or two, but that was all. The kids were there to build a church and I wanted to be in the thick of construction. Put down the ophthalmoscope and pick up a trowel for a couple of weeks. That was my plan.

Our mission trip director, Ruth, was conducting a site visit to plan our accommodations, transportation, and activities in Ecuador. When she spoke to the local congregations she would ask, “How can we best serve you while we are here?” The overwhelming reply was, “We would love for you to bring glasses so our people could read the Bible.” Thus, her email to me. UGH.

Why was my instant reaction negative? FEAR. I had never been on a VOSH trip or assisted on one with our group. I didn’t know Spanish. I didn’t have a supply of glasses and medicines. My autorefractor was as big as my youngest child. It was the last minute and I didn’t have time to gather everything I needed. I had lots of excuses. In reality, however, I was afraid of failure. I told our director we would talk about it when she returned, fully planning to have my list of reasons for saying, “No”. But God had other plans.

First I called Dennis Benedict who is in charge of the ASDAO mission clinic kit. The kit was promised to someone else for the dates of my trip. He had some glasses, but not enough. He also reminded me that the Lion’s club has glasses for this purpose, but they needed a couple months to process our orders. All this was secretly good news to me…two excuses for me to tell Ruth.

Unfortunately, that’s when things began to turn around. When she emailed me, Ruth had also emailed Mike who would head up construction for our project. He had some glasses, but not enough. He also reminded me that the Lion’s club has glasses for this purpose, but they needed a couple months to process our orders. All this was secretly good news to me…two excuses for me to tell Ruth.

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Unfortunately, that’s when things began to turn around. When she emailed me, Ruth had also emailed Mike who would head up construction for our project. Mike works for the eye bank in our area in conjunction with Lion’s club. He offered to track down their hand-held autorefractor and expedite our getting as many glasses as possible. He also arranged to have them all hand-delivered to us rather than having us pay for shipping. Ruth also let me know that she had a parent ask at the last minute to be added to our group. This woman was an ophthalmic tech who knew some Spanish. Finally, the building project was much smaller than we were used to on our mission trips, so Ruth needed some other activities for the kids to do. All my excuses were gone.

Thus started the adventure of my first vision clinic mission. I trained students to assist. We saw about 100 people each day. I didn’t kill anybody. I found a retinal detachment and sent the person to the city to have it looked at. We were able to give glasses to most of the people who needed them. It was fun.

Now I’m glad I didn’t let fear get in the way. I would have missed out on a great experience and there would be a few more old ladies struggling to read the Bible.

As you look toward the new year, are there fears that are holding you back? Perhaps you have the same attitude I did about mission trips. We have several coming up—India, Peru, Cuba, and the Amazon to name a few. Perhaps you want to expand your business or learn a new skill. Whatever it is I suggest you jump off the cliff.
## ASDAO 2012-2013 Officers

### President

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- **bshb3@earthlink.net**

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### Important Registration Form

**ASDAO CONVENTION JUNE 27-July 1, 2013**
San Diego, California

**Name ________________________ Spouse ___________________________ Children name and age ____________**

**Home address _________________________ City ______________________ State _____ Zip_________**

Telephone # ________________________ e-mail address ___________________________

I am planning on attending the ASDAO Convention in San Diego, CA. Estimated time of arrival ___________

Air ________ Driving _________ Other ___________ Estimate time leaving ___________

Do you need transportation from the Airport to the Hotel? ______________

Recreational Vehicle campgrounds close by if you so desire. ________ I will be staying in a RV ________

Hotel reservations call the Hampton Inn Phone # 1-858-292-1482 identify yourself as a member of ASDAO. Make reservations confirmation # 1001854885 as early possible. Room block will be released on June 7, 2013.

This is **IMPORTANT** that you send this in so we can make the reservations for special events:
Mail to: Dr. Tom Sanders, 3434 Constitution Dr. Yuba City, CA 95993 or email to: and3camels@hotmail.com

Please list any dietary needs or considerations and we will try to accommodate.

---

### Auxiliary Officers

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- **H:** 250-979-1440

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#### RV Campgrounds

- **Mission Bay RV Park** is 6.5 miles from the Hampton Inn. Phone 1-858-270-4300
- **Santa Fe Park Trailer & RV Pk** is 6.7 miles from the Hampton Inn. Phone 858-272-4051
- **KOA San Diego Metro** is 14.4 miles from Hampton Inn in Chula Vista. Phone 1-619-427-3601 or 1-800-562-9877 There are others in the area, check it out on the internet if interested.